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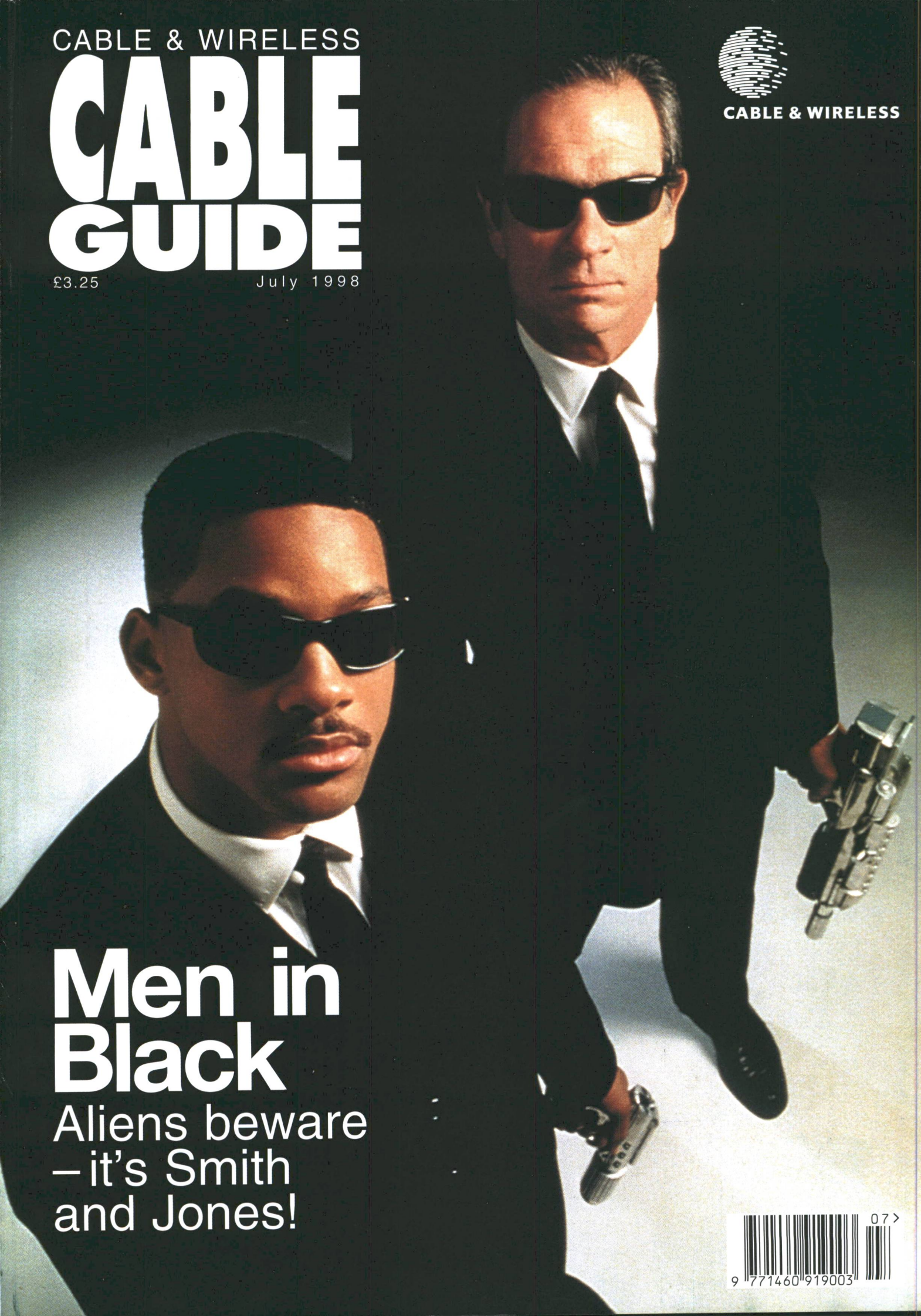
CABLE GUIDE

£3.25 July 1998



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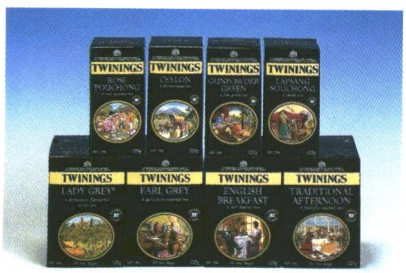

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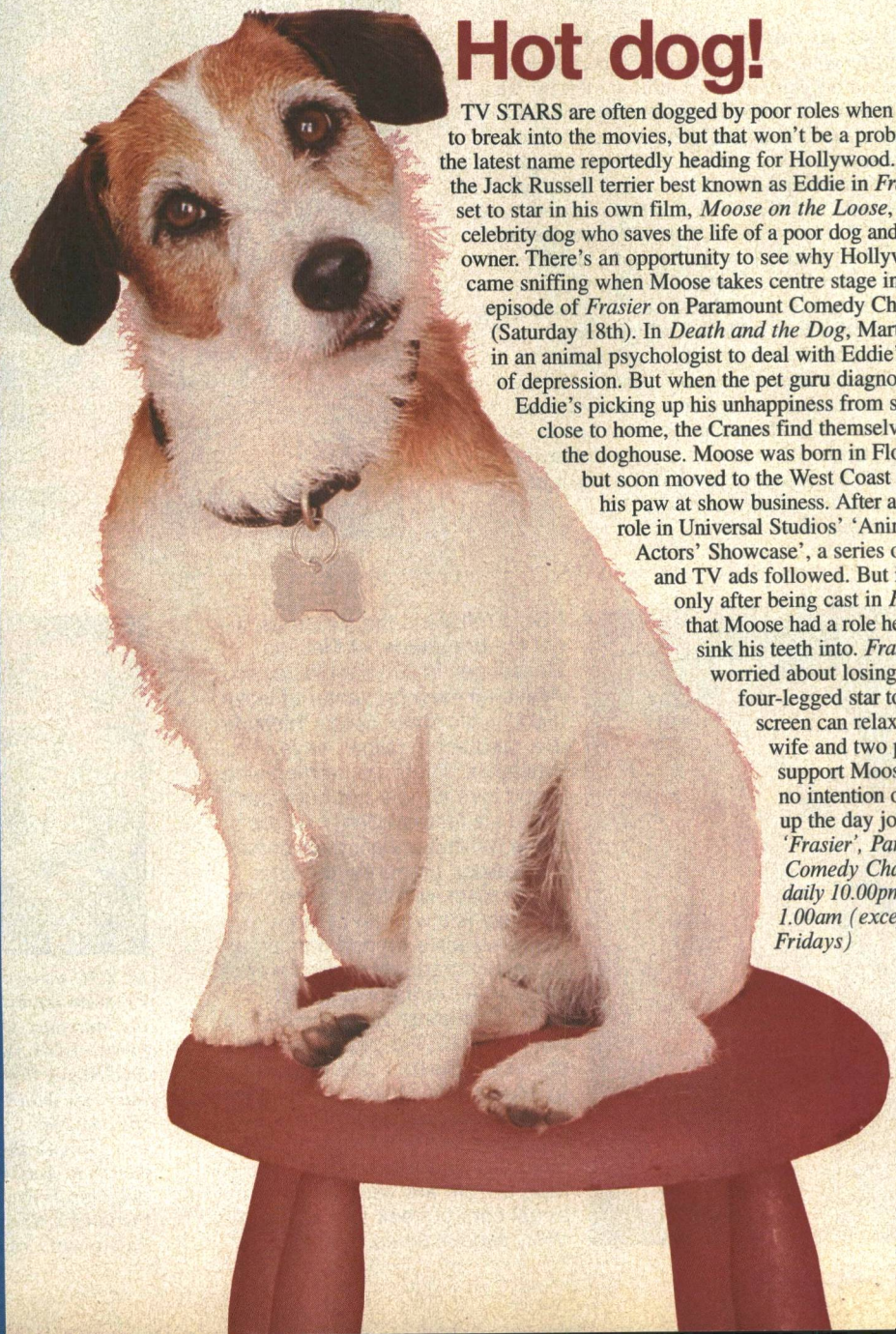


Hot dog!

TV STARS are often dogged by poor roles when they try to break into the movies, but that won't be a problem for the latest name reportedly heading for Hollywood. Moose, the Jack Russell terrier best known as Eddie in *Frasier*, is set to star in his own film, *Moose on the Loose*, as a celebrity dog who saves the life of a poor dog and its owner. There's an opportunity to see why Hollywood came sniffing when Moose takes centre stage in an episode of *Frasier* on Paramount Comedy Channel (Saturday 18th). In *Death and the Dog*, Martin calls in an animal psychologist to deal with Eddie's bout of depression. But when the pet guru diagnoses that Eddie's picking up his unhappiness from someone close to home, the Cranes find themselves in the doghouse. Moose was born in Florida, but soon moved to the West Coast to try his paw at show business. After a starring role in Universal Studios' 'Animal Actors' Showcase', a series of print and TV ads followed. But it was only after being cast in *Frasier* that Moose had a role he could sink his teeth into. *Frasier* fans worried about losing the four-legged star to the big screen can relax: with a wife and two pups to support Moose has no intention of giving up the day job yet.

'Frasier', Paramount Comedy Channel, daily 10.00pm, 1.00am (except Fridays)

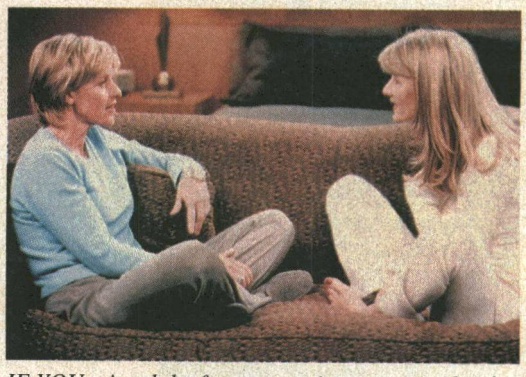
Words: Brian Viner

Motorway madness, a new spice

THE FINAL episode of the NBC comedy series *Seinfeld*, transmitted on 14 May in America, is now estimated to have attracted 75 million viewers. That makes it America's third most-watched television programme of all time, excluding one-off events such as Superbowls and the Oscars, which explains the record-breaking advertising rates of $2million per 30-second slot. Ahead of *Seinfeld* in the all-time list are the final episode of *M*A*S*H*, watched in 1983 by more than 100 million people, and the 1980 Who Shot JR? episode of *Dallas*, which attracted an audience of 83 million. But considering the strong growth of cable TV, which many Americans now favour over the major networks, *Seinfeld*'s achievement is unprecedented. And the show's actors are still being energetically wooed by film and TV producers, on the assumption, says Jason Alexander (who played George Costanza), 'that whatever project we work on next will be sprinkled with the same fairy dust.'
Sky One, Thursdays, 8.30pm

DRAG queen Foo Foo Lamar hosts *Foo Foo's Party Night*, an outrageous new series filmed in Foo Foo's Palace, his/her nightclub in Manchester. The series represents another milestone in an amazing life, literally a story of rags to riches, for Foo Foo's alter ego, Frank Lamar, is the son of a humble Manchester rag'n'bone man. He now owns three clubs in the city and drives a Rolls-Royce. Moreover, he has lots of starry friends, including Liz Dawn, *Coronation Street*'s Vera Duckworth, and *EastEnders'* Barbara Windsor, who rather enigmatically says, 'Of all the special moments in my life, the best were in Frank's company at Foo Foo's Palace.'
Granada Men & Motors, Fridays 11.00pm

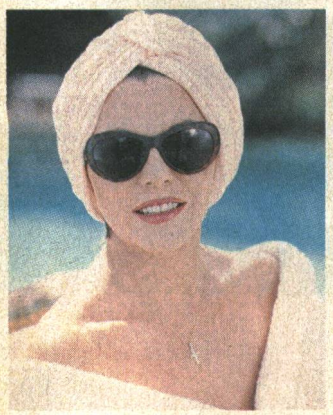
FOLLOWING in the footsteps, if not the bra straps, of Melinda Messenger, is 25-year-old Jessica Whittaker, new presenter of late-night music show *Spice*. 'Melinda is a hard act to follow,' says Whittaker. 'There are women who would love to hate her but I can't – she's a fantastic lady.' All the same, Whittaker considers herself a 'cheekier' presenter than her predecessor, with more 'edge'. She certainly is a woman of many parts – she's a trained dancer, a university graduate and a lover of karate. Of her ambitions she says, 'I fantasize about having Jo Whiley's job' [she presents music shows on Radio 1 and Channel 4]. Music is in Jessica's veins, for her father is the singer Roger Whittaker. 'He's still very active in Germany and America,' she reports. 'We are very alike. He is a real control freak and so am I.'
VH1, various times, see listings



IF YOU missed the famous coming-out episode of Ellen *on terrestrial TV, you can catch up now as the landmark fourth series of the American sitcom makes its British cable debut. Just to recap, Ellen DeGeneres first outed herself as a lesbian in an interview with* Time *magazine. Shortly afterwards, she outed her TV alter ego and namesake Ellen Morgan in an episode that attracted over 40 million viewers in America. And watch out for Laura Dern, kd lang, and Oprah Winfrey, who make guest appearances in the landmark episode (Friday 3rd, 9.30 pm).*
Paramount Comedy Channel, weekdays, 9.30pm

PHOTOS: SCI-FI CHANNEL, VH1, CARLTON SELECT, JOHN SWANNELL/CAMERA PRESS, PARAMOUNT, BSKYB, GRANADA MEN & MOTORS, LIVE TV

king of the hill and girl – on cable in July

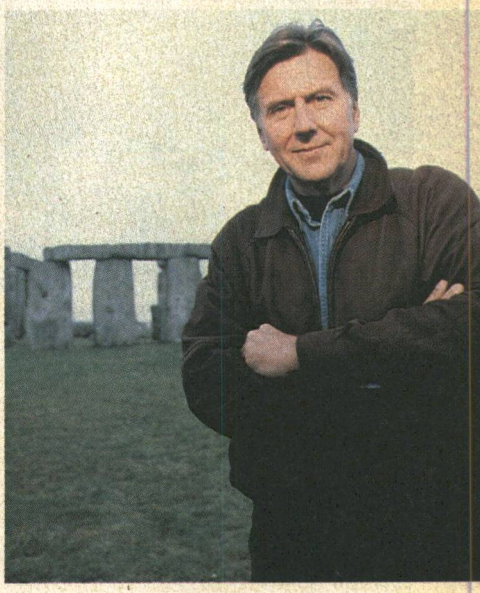


IN A free-ranging interview, Joan Collins talks about her life and loves, which nearly included Francis Albert Sinatra. Collins first met Sinatra at a party in Hollywood, recalling that his 'brash charm, sex appeal and supreme self-confidence scared me to death. He was fooling around with Humphrey Bogart. They took great delight in teasing "the limey broad", as they referred to me, by pulling at the elastic on my off-the-shoulder blouse in a display of macho flirtation.' Later, Collins met Sinatra again, on the set of a Bob Hope/Bing Crosby road movie. 'His way with women was at its irresistible zenith ... and I finally made up my mind to take the plunge.' Unfortunately, or perhaps fortunately, she was pipped at the post by a fellow starlet.
Granada Breeze, Wednesday 29th, 11.00am

BELYING his image as layabout landlord Rigsby in *Rising Damp*, the late Leonard Rossiter was in fact a brilliant sportsman who nearly became a professional footballer and was a formidable squash player. Geoffrey Palmer, his co-star in *The Fall and Rise of Reginald Perrin*, told me that Rossiter once played squash against six members of the cast and crew in succession 'and wiped the floor with us all, including a very fit youngster who was no mean player himself.' But it is probably as Rigsby, seedy, self-styled lord of bedsitter land, that the rest of us remember Rossiter. Rigsby, Rossiter once said, made 'Alf Garnett look like a chairman of the Race Relations Board.' And *Rising Damp* is also worth remembering as a rare ITV contribution to the sitcom hall of fame. It was written by Eric Chappell, who has lived all his life in the Lincolnshire town of Grantham, which means that Rigsby was conceived in the same place as Margaret Thatcher.
Carlton Select, from Saturday 13th, 7.00pm

THE M6 around Birmingham is Europe's busiest stretch of road. Anything can happen there and very often does, much of it faithfully recorded by fly-on-the flyover series *Motorway*. For instance, in a single evening, a truck driver is threatened by a transvestite motorist with a gun, a car full of women and children somersaults over a crash barrier, and police chase a car doing 130mph. And video footage from an unmarked police patrol vehicle shows that an alarming number of drivers use mobile phones at high speeds ... often with both hands off the steering wheel.
Carlton Select, from Tuesday 23rd, 8.30pm

JUDY SHEINDLIN, presenter of US TV show *Judge Judy*, has published a book, improbably titled *Don't Pee on My Leg and Tell Me It's Raining*. In it, the former family court judge argues that the American judicial system is inherently flawed, rewarding delinquent children with professional attention and excellent facilities, while leaving good children to languish in broken-down schools. And Sheindlin is similarly direct in her show, in which she presides over actual cases conducted on TV with the agreement of the participants, who are bound by her ruling. In one recent case she found in favour of former Sex Pistol John Lydon, who was being sued for breach of contract and assault by drummer Robert Williams. But she also gave Lydon a stern reprimand for his disrespectful courtroom behaviour. Not many people could make the former Johnny Rotten look chastened, but Judge Judy managed it.
L!VE TV, daily, see listings pages



NOSTRADAMUS was a French astrologer who became a prophet in about 1547. He published two volumes of his famous Centuries, *a collection of predictions expressed in verse. The book won him a great reputation, but it was only after his death that his predictions could be tested, which was a brilliant stroke in itself. Some of his forecasts have been close to the mark, but we don't yet know about the Big One, his insistence that civilization would end on 8 September 1999. In the first of four* Sightings *programmes about the future, presenter Tim White (above) looks into the prophet's claim that we are on the brink of annihilation.*
Sci-Fi Channel,
from Monday 6th, 12midnight

HANK HILL, assistant manager of the Strickland Propane company in Texas, is an unlikely TV hero, but that's what he has become, rivalling Homer Simpson as an animated icon for the Nineties. Hank is the undoubted star of the brilliant *King of the Hill*. Co-stars include his wife Peggy, son Bobby, and dimwitted friends Bill, Dale and Boomhauer, to whom Hank pontificates from on top of his lawnmower – generally on the subject of sport and barbecues.
Sky One, from Sunday 19th, 7.00pm

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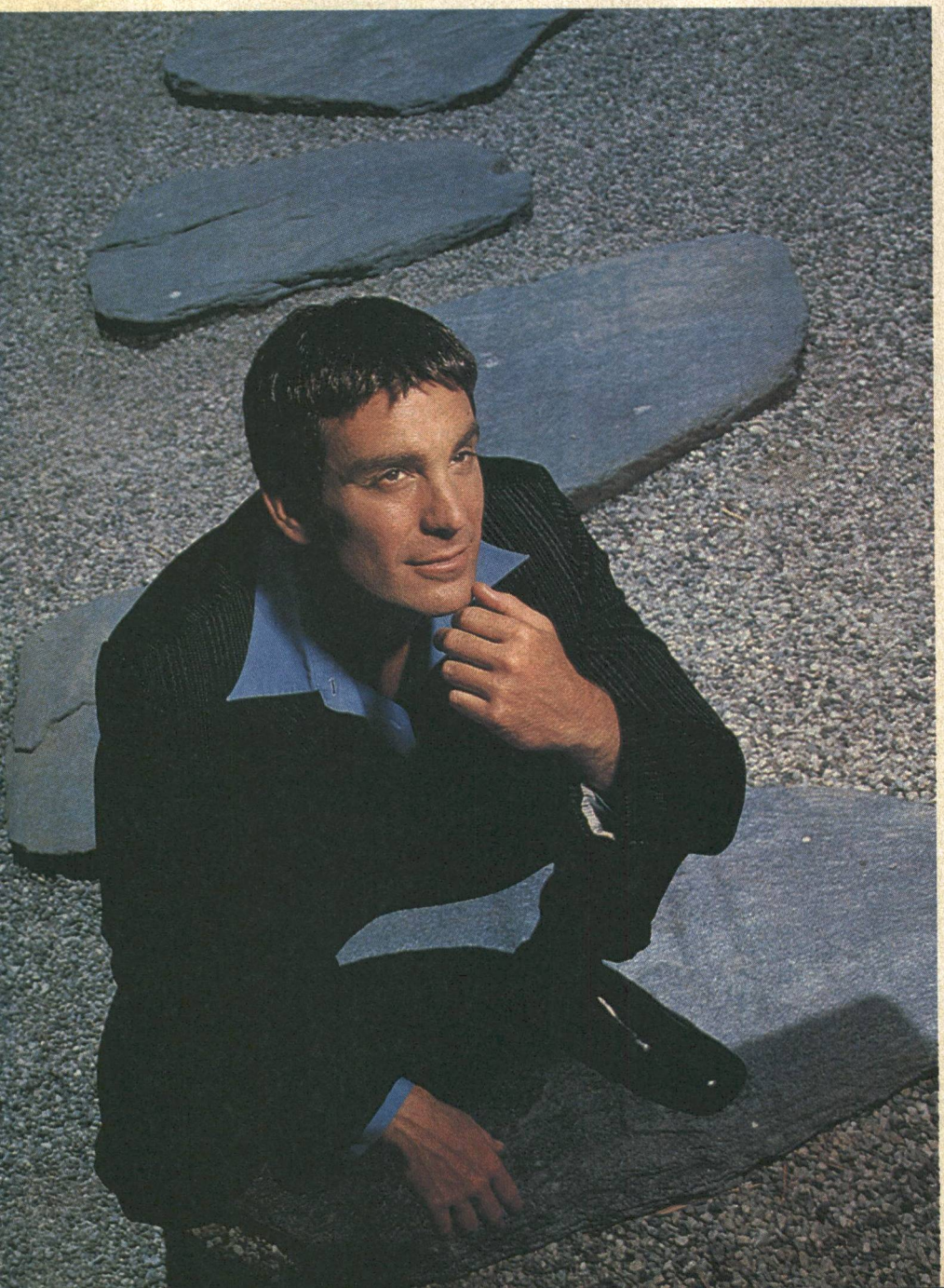
PHOTOS: NBC

One step ahead

'The Pretender' is back on the run in a new series on Sky One. **Patrick Holm** reports



Sky One

The Pretender
Starts Sunday 19th 8.00pm

HAVE you ever had the feeling that the person you've just met seems to have been around forever? That, far from being someone who should only be starting to get to know you, they're not just one step ahead, but about three miles in front? According to Sky One's series *The Pretender*, there are people who are born like that.

'There are pretenders among us,' its opening voiceover intoned during early episodes. 'Geniuses with the ability to become anyone they want to be.'

One such 'pretender'is Jarod (played by American soap opera star Michael T Weiss), who was kidnapped as a young child by the shadowy Centre, a US research facility. There he was trained to use his talents to try to solve mysteries, such as how President Kennedy was really killed. However, he managed to escape from the Centre and went on the run, trying to find out exactly who he was and where he came from.

While he's doing this, he arrives in communities and uses his 'pretender' skills to insinuate himself into various jobs and situations so he can help others. It means that each episode stands alone – Jarod can be anything from a cop or a lawyer to a racing car driver or a fireman – but there is an ongoing storyline that builds each week.

'The show's creators really have discovered a unique hybrid of TV – it's a blend of many different kinds of genres that has become one new one,' says Weiss, whose career includes roles in the US daytime soap *Days of Our Lives* and the 1995 film comedy *Jeffrey*.

One of the series' offbeat pleasures is in seeing Jarod experience things which were denied him as a child – his first ice-cream or his first hamburger. But there's also a darker side to him: he is constantly pursued by agents from The Centre, including Miss Parker (Andrea Parker), who is sometimes helped or hindered by Broots (Jon Gries), a Centre tech worker, and Sydney (Patrick Bauchau), a psychiatrist and twins expert who raised Jarod in The Centre.

Weiss enjoys the dual nature of the role. 'We consciously made a choice that he's still going to be naive on certain subjects, but he's going to be much savvier in other areas,' he says. At the same time, Jarod is 'highly dysfunctional. It's great fun to play those darker moments when he's really not a happy man. He hasn't developed like other people have.'

With more exciting situations and revelations about his past promised in upcoming weeks, *The Pretender* delivers the real goods.

The real thing: Michael T Weiss (left) stars in 'The Pretender'as Jarod, with Andrea Parker (top) as Miss Parker

Minnie

Her role in 'Sleepers' has made her Hollywood's hottest new star, but Minnie Driver confesses she was once a shy, gawky teenager. Words: **Ivan Waterman**

How her dream came true in 'Sleepers'

PREMIERE

Sky Movies Screen 2

Sleepers
Saturday 4th 10.00pm

HEADS turn as Minnie Driver walks through the hotel lounge. She doesn't have to do much to get attention. Wearing a cream Nicole Farhi trouser suit, she looks like a sleek Beverly Hills model. She oozes confidence and, at 5'10", cuts an Amazonian figure.

It seems an age since she played an innocent girl trying to capture Chris O'Donnell's heart in *Circle of Friends*. Yet that was only three years ago. Now she's the red-hot starlet who, along with Kate Winslet and Ewan McGregor, is leading the British charge in America.

Her on-screen characters have a habit of letting the fellas slip through their fingers. She enjoyed an on-off romance with her high school sweetheart, played by John Cusack, in *Grosse Pointe Blank*. And there was another troubled love affair to follow, this time with Matt Damon, in *Good Will Hunting*.

So what about her real-life romances? She reportedly had brief relationships with both Cusack and Damon, and is now said to be dating rock star Taylor Hawkins from the band Foo Fighters.

But the way she tells it, she wasn't always so popular. As a teenager, she explains, it was her sister Kate, a successful model who now works as her PA, who caught the boys' eyes, while she was an ugly duckling with low self-esteem.

'Kate was exceptionally beautiful, really lovely, with blonde hair and green eyes,' 27-year-old Minnie says. 'She was incredibly slim and tall, whereas I was very tall, big and gawky. I didn't fit into my clothes at all.

'I was so self-conscious I could barely live in my skin. I also had this terribly big mouth, which I tried to cover up by looking down all the time or putting my hands up when I spoke. It was ridiculous.

'I remember the agony of going out with Kate and having boys come up to me and thinking, "He's going to ask for a date with *me*," but they just wanted an introduction to her. The usual line was, "Has she got a boyfriend at the moment?"

'I got this terrible sinking feeling, but I couldn't hold what was happening against her. I cried a lot, I smiled and then I cried a lot again. I am like her in that I am an emotional roller coaster. I am highly over-emotional, over-sensitive and over-passionate.'

Minnie (her real name is Amelia) was brought up in Barbados and Hampshire. Her parents – wealthy financial tycoon Ronnie Driver and former model Gaynor Churchward – parted when she was seven and she was sent to board at Bedales, quite close to the family's countryside home in Petersfield.

She was 'polished off' at an establishment in Grenoble before going to the Webber-Douglas Academy of Dramatic Art in London, where boys finally started to notice her. In her third year, she had a torrid affair with a 'much older man'. He was 28 and she was 20. This was her first real learning experience with the opposite sex. She was cruelly dumped.

'He patted me on the head and sent me on my way after six months,' she recalls. 'It was as if he had been giving me some sort of instruction by saying, "That was lovely, now off you go." I couldn't get out of bed for weeks. I have now discovered that the biggest problem with men is that they continually shift the goalposts … and you are the one watching the ball travelling past you.'

Her career, however, soon went into orbit. She amassed an impressive list of small screen credits, from *Mr Wroe's Virgins*, with Jonathan Pryce, to having phone sex with a womanising MP, played by Trevor Eve, in Paula Milne's award-winning sex frolic *The Politician's Wife*.

It was the small-scale Irish romance, *Circle of Friends*, that finally provided her movie breakthrough. And within months of the film opening in America, she was packing her bags to start work across the Atlantic.

The Americans liked her cheek. She was signed up by director Barry '*Rain Man*' Levinson for *Sleepers* after totally fooling him with her American accent at the audition. The controversial story tells of four reform school chums in New York who are abused by a warden, played by Kevin Bacon.

Her cameo role as Brad Pitt's girl in the £30million drama, based on Lorenzo Carcaterra's supposedly autobiographical novel, established her as a Hollywood name. Suddenly she was being featured in *People* magazine alongside Gwyneth Paltrow and Jennifer Aniston in their top '30 under 35' line-up.

Though working with Barry Levinson, Dustin Hoffman, Robert De Niro and Kevin Bacon enthralled her, she was the only woman in a tight clique of young male egos, headed by Pitt and Jason Patric. That experience was not so memorable, especially off-camera.

'If I could base my career on anybody,' she reveals, 'it would be Meryl Streep or Robert De Niro. He is an education.' Then she pauses and comments on Pitt and Co. 'Working with them showed me that being on Hollywood's 'A' list doesn't necessarily mean that it makes you a happy, good or contented human being.

'But it was a tremendous break for me. One minute I was unemployed in England, and the next I'm playing an American with De Niro and Dustin Hoffman. It doesn't get much better than that.'

Minnie's name has subsequently featured regularly in gossip columns. First there was a reported affair with her *Grosse Pointe Blank* co-star John Cusack. Then she fell for new Hollywood golden boy Matt Damon on the set of *Good Will Hunting*. That affair came to an abrupt end shortly before Christmas.

She is still 'terribly fond' of Damon, who played her screen lover in the Oscar-winning drama, but says she isn't concerned about finding a husband at this busy stage in her life. 'I don't even think about it any more,' she says. 'There are just too many things to do.'

PHOTOS: DIEGO UCHITEL/TOTAISH GROUP/KATZ PICTURES; POLYGRAM/PICTORIAL PRESS

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Weekdays at 7am. Weekends at 4pm.

THE SUMMER IS JUST FOR KIDS

What's red, hot and coming to a town near you this summer? Don't miss Nickelodeon's summer roadshow, the **Red Hot Lobster Tour** from 27th June!

Mike McClean

Nickelodeon's very own presenters **Mike McClean** and **Lisa Brockwell** will be taking the lead and getting kids on stage at each event. See right for a list of just some of the roadshows that are close to you.

Lisa Brockwell

For full details tune-in to Nickelodeon, or check out the website at www.nickelodeon.co.uk and Nicktext page 210.

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The closing date is 31/07/98. See below for Competition Rules.

SOME EVENTS IN AND AROUND YOUR AREA

Saturday 27th June
Windsor Carnival, Alexandra Park, Windsor, Berkshire. From 11am.

Sunday 28th June
Milton Keynes Festival, Campbell Park, Milton Keynes, Bedfordshire. From 11am.

Sunday 19th July
Lambeth Country Show, Brockwell Park, London. From 11am.

Sunday 26th July
Blackpool Kidz MegaFest, Princess Parade, near North Pier, Blackpool, Lancashire. From 11am.

Sunday 2nd August
Nottingham Riverside Festival, Victoria Embankment, Nottingham. From 12 noon.

Saturday 15th August
Hartlepool Town Show, Grayfields Recreation Ground, Hartlepool, Teesside. From 11.30am.

Sunday 16th August
Macclesfield Family Fun Day, West Park, Macclesfield, Cheshire. From 10am.

Wednesday 19th August
Weymouth Carnival, Weymouth Esplanade, Weymouth, Dorset. From 10am.

COMPETITION RULES

1. Competition is open to all Cable & Wireless residential customers. No purchase necessary. **2.** The closing date for entries is 31/7/98. **3.** Ten winners will be randomly selected from all correct entries received after the closing date. **4.** Winners will be notified within 14 days. **5.** 1st Prize: for a group of four people (2 Adults, and 2 Children under 16): a return Travelcard each from your nearest home town BR station to a suitable BR station in London. A guided Tour of Nickelodeon's Studios at 15-18 Rathbone Place, London, W1P 1DF. Lunch at Planet Hollywood in London's Leicester Square up to a maximum £100 - including drinks, but excluding alcohol. An exclusive Red Hot Lobster goody-bag each. **6.** Nine runners-up will each receive a Nickelodeon goody-bag and 4 free tickets to Alton Towers theme park. Travel expenses to the theme park are not included. **7.** There are no cash alternatives. **8.** The judges' decision is final. **9.** No employee of Cable Guide, Nickelodeon or related companies and their families is eligible to enter. **10.** Cable Guide/Nickelodeon accept no responsibility for entries lost, damaged, mislaid or unidentified. **11.** Proof of postage is not proof of delivery. **12.** Winners may be asked to take part in publicity concerning the Red Hot Lobster Tour. **13.** Entry implies acceptance of these rules.

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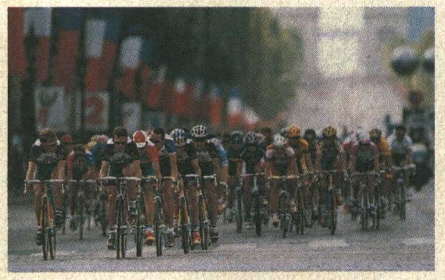
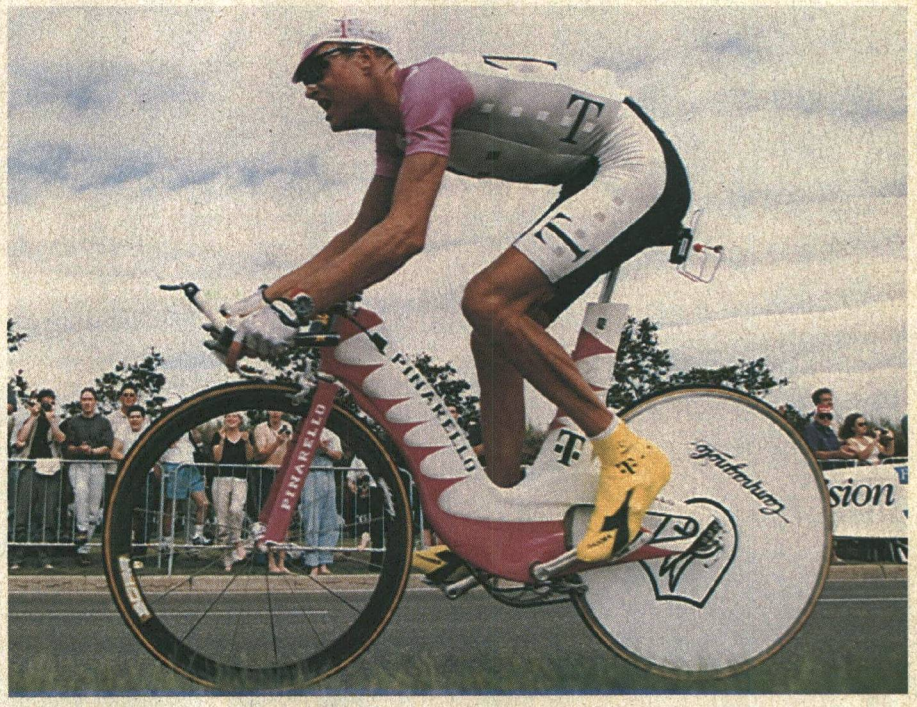
Tubular hell!

Eurosport

Tour de France
From Saturday 11th 4.30pm

Thin-tubed frames have helped to make the modern racing cycle more efficient. But human endurance and teamwork still mean that this month's gruelling Tour de France is one of the great sporting spectacles. Words: **Ross Biddiscombe**





PHOTOS: EUROSPORT

THE difference between your 1100cc Ford Fiesta and a McLaren Formula 1 racing car is easy to understand. If you normally drive the Fiesta to work, you wouldn't expect to be able to handle the McLaren through the local one-way system without a bump or two. It's harder to imagine the same problems in riding your average racing bike, as opposed to the kind of state-of-the-art machine that propels riders in the Tour de France at an average speed of over 30mph.

Between 11 July and 2 August, up to 189 riders will attempt to cover the 3850 kilometres of the race, in the hottest temperatures and up the steepest hills. There may be tougher bike races than the Tour de France, but none are as renowned.

The sport of cycling has undergone fundamental changes since the 1980s, when bike technology began to really take off.

A modern racing bike weighs about 18lbs. Thin tubing on the frame helps keep the weight down, as does the construction material, which could be titanium, carbon fibre, aluminium or an alloy mixture.

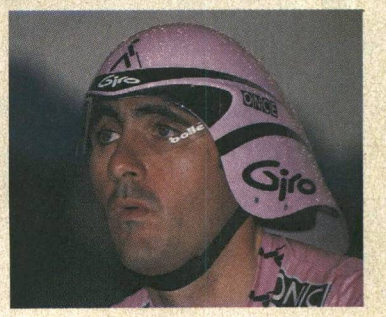
There may be more gears on a street bike (21) than a competition bike (18), but the gear ratios are so high that you or I would have difficulty pushing a pedal, even in the lowest racing gear, on a Tour bike. Even sitting on one is difficult, because your body position is adjusted to provide a better 'entrance' into the airflow, while the seat is further forward.

If you did manage to get the bike moving, it would still feel kind of twitchy – like riding a bucking bronco – because any inadvertent handlebar movement tells the bike to scoot in another direction: it's much more sensitive than a normal bike.

Then there are the brakes. These are more powerful than anything you've squeezed before and could send you over the handlebars in no time at all. Your tyres are slick, so you've got very little road grip, and you're shoe-horned into a Lycra bodysuit decorated in all the colours of the rainbow. All in all, it's a different world.

Despite all the changes, though, there are some things that stay the same. Most bicycles are still made in Italy, with Pinarello and Colnago still leading the way. In fact, Pinarello has provided the bikes which have won the Tour de France for the past six years.

Of course, all the technology in the world is useless without the skills of the rider. Teams to watch include the French team Festina, which includes current world champion Laurent Brochard, Swiss hope Alex Zülle and last year's runner-up, Richard Virenque. Last year's winner, Jan Ullrich, and the 1996 winner, Bjarne Riis, ride for the German team Telekom. Local hero Laurent Jalabert, who rides for Spanish team ONCE, carries the hopes of France, while Britain's best hope, Olympic gold medal winner Chris Boardman, will be riding for the French team Gan.



Hi-tech bikes (above) have changed the face of cycling. Sensitive handlebars (left) leave no room for error. Laurent Jalabert (right) wears the latest headgear

Tour de force

This year's Tour de France is the 85th time the race has been run since starting in 1903. To commemorate the Irish involvement in previous Tours (Stephen Roche, for example, won the race in 1987), this year's event starts in Ireland. The full list of this year's stages is:

Date	Stage	Destination	Distance
11 July	Prologue	Dublin	5.7km
12 July	Stage 1	Dublin - Dublin	180km
13 July	Stage 2	Enniscorthy - Cork	200km
14 July	Stage 3	Roscoff - Lorient	171km
15 July	Stage 4	Plouay - Cholet	248km
16 July	Stage 5	Cholet - Châteauroux	227km
17 July	Stage 6	La Chatre - Brive-la-Gaillarde	210km
18 July	Stage 7	Meyrignac l'Eglise - Corrèze	58km (Time Trial)
19 July	Stage 8	Brive-la-Gaillarde - Montauban	189km
20 July	Stage 9	Montauban - Pau	227km
21 July	Stage 10	Pau - Luchon	197km
22 July	Stage 11	Luchon - Plateau de Beille	170km
23 July	Rest day		
24 July	Stage 12	Tarascon-sur-Ariège - Le Cap d'Agde	221km
25 July	Stage 13	Frontignan La Peyrade - Carpentras	191km
26 July	Stage 14	Valréas - Grenoble	185km
27 July	Stage 15	Grenoble - Les Deux Alpes	189km
28 July	Stage 16	Vizille - Albertville	204km
29 July	Stage 17	Albertville - Aix-les-Bains	149km
30 July	Stage 18	Aix-les-Bains - Neûchatel	218km
31 July	Stage 19	La Chaux-de-Fonds - Autun	238km
1 Aug	Stage 20	Montceau-les-Mines - Le Creusot	53km (Time Trial)
2 Aug	Stage 21	Melun - Paris	147km

Hostage to middle age

'I am starting to get pretty haggard and wrinkled on the screen,' Mel Gibson admits as he looks forward to more true-to-life roles of the kind he plays in 'Ransom'. Interview: **Garth Pearce**

MEL GIBSON wears faded blue jeans and blue shirt over white tank top underwear. A black leather jacket is draped over his chair, from which he gets a pack of Marlboro. He taps one cigarette on a table for a full five minutes, before finally lighting up. 'The tobacco is more dense this way,' he explains. Gibson still manages to carry the manner and style of every ordinary man who has ever dreamed of being an actor. The kind of guys who still slap him on the back when they see him around at home in Australia. Yet his world could not be more different to theirs. At work, he wins Oscars. Homes include a vast ranch near Sydney and a well-guarded estate in Los Angeles. Film companies call and court his favours. A Gibson film, if not always a huge box office success, will consistently win attention.

Ransom was no different. This time, Mel sheds his casual on-screen image to wear designer suits as a middle-aged wealthy airline boss whose son is kidnapped. At first, he tries conventional methods to retrieve him. But after the police make a mess of inquiries, he turns on the kidnappers in a phone call and threatens them. Instead of paying them a fortune, he offers the money as a bounty for their capture.

'He is far from being a totally straight guy,' says Gibson of his character. 'He's damaged a little bit. Power corrupts, you know. And he has fallen into that trap. For me, it made it a far more compelling story because he is not always an infallible decision-maker.

'He screws up, too, so you think he could be screwing up again with this crazy idea. Will he ever see his son alive again? He's playing a percentage game, which is horrible when dealing with your own flesh and blood. What an awful decision to have to make. A terrible dilemma.'

Could Mel, a father of six children with wife Robyn, totally disassociate himself from the role? When the questions get personal he becomes edgy. The cowboy boots he is wearing suddenly seem to start tapping with a life of their own.

'Not wholly,' he says. 'I mean, during the filming, yeah. But in considering the premise and all that ... you think about it.' And did he ever think how he might tackle such a situation himself? 'I don't know,' he replies. 'It's not a question I would ever ask myself anyway when acting a part. The only question in my mind is about the character, why he does certain things and how it serves the story.'

It is when discussing details that Gibson betrays the tough honesty that has got him so far in Hollywood. '*Ransom* was not a good script when I first got hold of it,' he says. 'I rejected it completely.

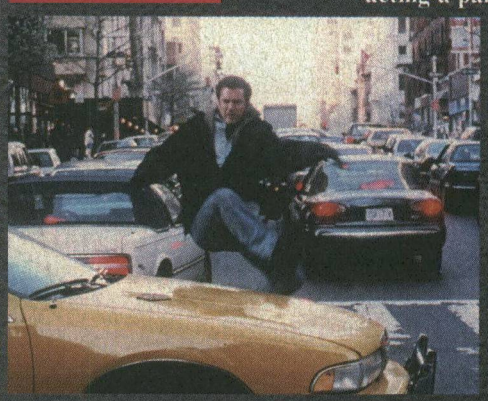
'All we had to work on at first was a premise and a really bad execution. I read it and thought, "They're kidding." I mean, it sounded like a good idea, but the characters weren't developed. They were not real people. They were nothing. Then the director, Ron Howard, who I'd always wanted to work with, got hold of it and turned it around. I have never seen a script go through so many changes.'

Ransom proved a hit for Gibson and gave him the confidence to change direction slightly. 'What the whole film and role have given me is the wish to play in more real life-like situations,' he says. 'You'll see less of me playing those wacky kind of guys.'

At the age of 42, he also faces the fact that his days of being Mad Mel are perhaps over. 'Oh dear,' he says, when that prospect is suggested. 'I suppose if I was really worried about it, I wouldn't be smoking. I am starting to get pretty haggard and wrinkled on the screen – and I was noticing that on *Ransom*. I was like, "Wow, what is going on here?" For the first time I look like a really middle-aged guy. But I think, "Okay, let it happen." '

Since we spoke to Mel, he's been busy shooting *Lethal Weapon 4*, which opens in America this month and in the UK in September. The third instalment in the series was supposed to be the last – perhaps it was the temptation of a $20million pay cheque that changed his mind. Whatever the reason, there is a feeling that this will be the last time we see him shooting from the hip. He needn't worry. Judging by his performance in *Ransom*, which is packed with action, middle age holds no fears.

PREMIERE



PHOTOS: JEFFREY THURNHER / OUTLINE / KATZ PICTURES . BSKYB

Sky Movies Screen 2

Ransom
Saturday 25th
10.05pm

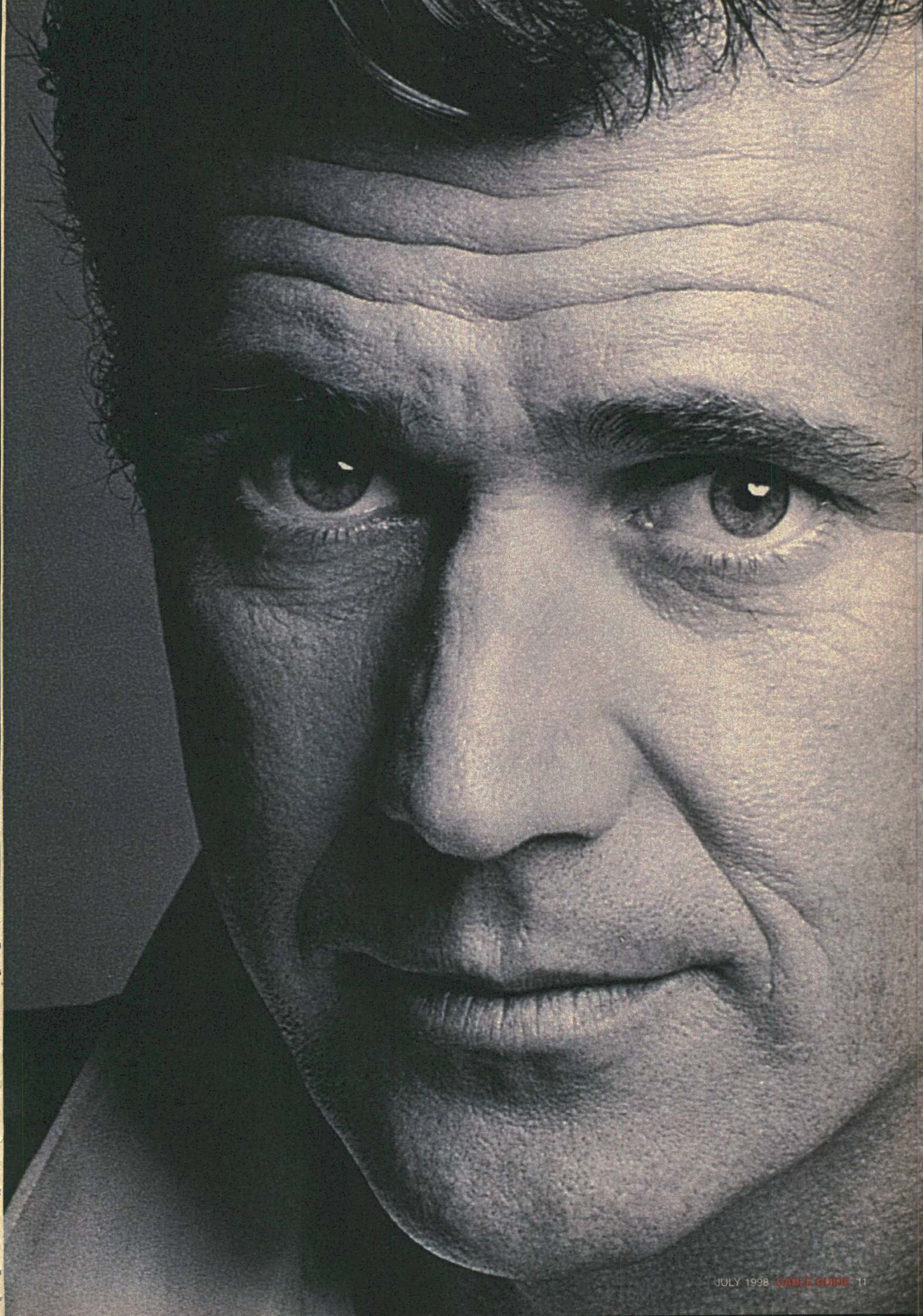


PHOTO: CNN

Steve with co-presenter Brooke Alexander

Steve Wright
Man of the world

He's been playing music on the airwaves for nearly two decades now, so Steve Wright is the perfect choice to co-host CNN's new global music show.

Words: **Pauline McLeod**

CNN International

World Beat
Saturdays 7.30pm

STEVE Wright has just arrived back home from New York – and he is seriously jet lagged.

But he has an interview to do with a movie star – 'That girl who bared her breasts' (Drew Barrymore, it turns out) – then one with two survivors of a hijacking who have written a book.

Finally, he has to hop off to the south of France for a few hours to talk to superstar Elton John. And he still manages to squeeze in a chat with *Cable Guide*.

He likes to be the one in charge, does Mr Wright; it's what he's used to, asking the questions. He squirms self-consciously at being the interviewee for a change.

He's a reporter first, he says, as well as a radio network advisor, disc jockey, TV and radio personality and chief of his own production company.

Still, he can be forgiven for the hint of self-congratulatory pride that sneaks into his voice when he talks about his new 'gig': London correspondent for CNN International's *World Beat*.

With a global audience of more than 200 million people in 210 countries, it's being heralded as the world's first international music show. Recorded only 48 hours before going to air, the show has a strong 'news look' and a primetime Saturday evening slot, with repeats on Sunday and Tuesday.

Steve's irrepressible style and strong sense of irony have been banging around the BBC radio airwaves for nearly two decades.

'I think I'm seen as part of the furniture and, actually, I like being at that stage, but to be able to work for CNN is great,' he says.

'Being asked to do this magazine programme is a real challenge and very exciting because it's the chance to do something different for once. And I'm greatly amused to be doing it, because I don't look like a news anchor – I don't wear a wig and I don't have one of those voices.'

Actually, he has an entire repertoire of voices to draw on but, since leaving Radio One, he's repositioned himself as a 'grown-up broadcaster'.

'Brooke Alexander is the New York anchor and I will be running around here in Europe,' explains Steve.

'Although the show is from an American outlet, it has to appeal to people in France, the Czech Republic, Japan, Australia, people in Swindon – otherwise it won't work. And, in keeping with the nature of CNN, naturally it's got to be topical.'

Which also means the global top ten album chart being updated weekly, a job carried out by the Media Research and Information Bureau in London, which gathers data from 35 countries.

The programme will have a companion website, with a fuller version of the chart, the top 30 albums, plus music news, global tour itineraries, artist biographies, interviews and up-to-the-minute info about new album releases.

It's an ambitious concept, considering the diversity of the world music scene. And Steve's role of keeping an eye on what's happening in Europe should be more than enough to keep him busy.

That he has a passion for music goes without saying, but the 44-year-old father of two is professional enough to put his own musical tastes to one side when he's working.

But he does draw the line at certain things.

'I don't like English folk music or anything, I repeat, anything, with accordions,' he says.

PREVIEW

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Wednesday 22 July 9.30pm

Rain Forest
Thursday 23 July 12 midnight

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Well, somebody's got to save the world

It's been a rocky ride for Will Smith, but 'Men in Black' saw his career go out of this world. The actor talks to **Garth Pearce** about success, aliens and the pressures of saving the human race

Sky Box Office 2
This is a movies on-demand service. For ordering details, see pages 18-19

Men in Black
Starts Wednesday 29th

FOR some reason, which he can't quite explain, Will Smith has been called up yet again to fight aliens. Just two years ago he was blasting them out of the sky as a fighter pilot in *Independence Day*. Now he's got two feet very firmly on the ground – well, as firmly as possible with a film like this – as a police officer turned reluctant alien exterminator in *Men in Black*.

This time, 29-year-old Will, like partner Tommy Lee Jones, is sharply dressed in a black suit, narrow black tie, with a black and silver watch and Ray-Bans shades in this bizarre, exciting and refreshingly funny movie version of a little-known comic book series. Jones plays agent K, a world-weary founding member of the MiB team; Smith is his new partner, J, who doesn't quite know what he has let himself in for.

It's certainly like nothing we have seen before from Smith and Jones as these ice-cool agents in sharp suits tackle aliens with a mixture of human strength and unusual technology. The film surprised critics and audiences alike last summer with its sparkling originality, and it became a big hit.

The idea is disarmingly simple. Aliens have already been on Earth for years, but disguised as humans. Their favourite city is New York, where they can easily blend in because most people there seem like aliens themselves. The secret is kept by the team from MiB headquarters, because they do not want to alarm the city or the world to the point of mass panic. So they keep the aliens under control, sometimes having to kill them off if they get out of hand.

It seems that Will has spent the last three years of his life devoting himself to roles in which he deals with alien forces: 'Somebody's got to save the world,' he shrugs, modestly. 'It may as well be me.'

It is yet another twist in a remarkable career that began at 17 as the rap star Fresh Prince, half of the duo called DJ Jazzy Jeff and the Fresh Prince. He made a fortune, bought a total of six cars, flew friends across America on private jets and moved in to a house that was too big for him. Within two years, he was almost broke.

He has now reinvented himself as a film star. He still sings – indeed, he performs the title track for *Men in Black* – but he is known by a new generation of fans as an actor. His role two years ago in *Bad Boys* established him as one to watch. Now he has earned £7.5 million from *MiB* and has rebuilt his bank balance and his pride.

'I have been given a second chance,' he says. 'I did some foolish things with money before. If you are given too much too soon, it can be a mind-blowing experience.

'It goes to your head and you can think you are the most important person around. But filming is about hard work and dedication. The money really comes second – honestly!'

The experience has left Will with a split family. He and wife Sheree Zampino, with whom he has a five-year-old son, Willard, have separated. But Smith has moved on, and only late last year he married his girlfriend, actress Jada Pinkett.

He always had confidence in *MiB*: 'This is a straight-out comedy,' he says. 'From the start, it's fun and I never had any doubts that people were going to fall over themselves to see it. To try and get an original movie is one hell of a job. Most of the big films are repeats on what we've already seen.

'Films like *Star Wars*, *Alien*, *Terminator* or the TV series *Star Trek* were originals and I loved them all.

'Steven Spielberg is my hero because he always looks at films from a completely different point of view. So we actually put a line in *MiB* that Steven is really a secret alien.

'Our director, Barry Sonnenfeld, was sitting around one day talking about great movies and said: "I admire Steven. But he's cheating. He is an alien." So we stuck that in the script, because there is no way he could work so hard, be so brilliant and still be human.'

Although Spielberg is executive producer of the film, he didn't know that he was being named as a being from outer space until after the scene was completed.

'There was such a fun atmosphere on set, he didn't mind at all,' says Will. 'There were lots of crazy things. The director, Tommy Lee and me would do things like shoe-kicking contests. We would set up a trash can 30 yards away, slide off our shoes and then try and kick them into the can. At least, that was the idea. Tommy was the champion. He hit the target every time.'

Despite the fun and comedy, there was still the serious business of making an expensive, highly complicated film: 'The most difficult scene was when I delivered an alien baby in a car,' relates Will. 'A tentacle comes out of the car and wraps around my waist.

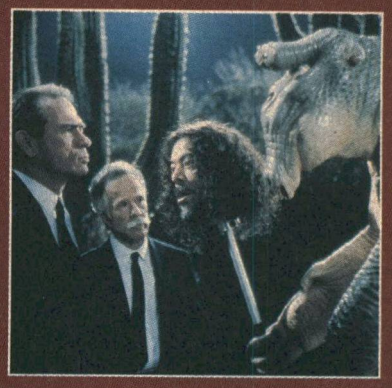
'I had to be harnessed up and did the whole scene with wires, which pulled me into the car, on top of the car, and even through the windows. I spent hours and hours being slammed and smashed and thrown. I was covered in bruises. I needed to look as if I was unconscious – and I very nearly was.

'We also had to be covered by goo in a scene in which we shot an alien to bits. That was even worse – it was disgusting, nasty stuff that got in your nose and mouth.'

So, after all this, does Will Smith actually believe in aliens?

'Until you see them for yourself, you can't really know,' he reasons. 'But there has to be something out there. Who knows? They might be saying: "He's the one doing all those alien movies, being disrespectful."'

Will Smith laughs out loud. After *Men in Black*, he knows his future is so bright he's going to have to wear shades.



The magic of 'Men in Black'

The unique world of *Men in Black* comes alive through a combination of creature puppets designed by Rick Baker, live action and computer-generated effects by the award-winning company, Industrial Light & Magic.

'It's not an easy task,' observes Baker. 'Since every film wants gimmicks and people on screen that no one has ever seen before. But I knew that the first alien to be seen would be the most important. It sets the style for the whole movie.'

Baker won the best make-up Oscar for *Men in Black* – the fifth time he's picked up an Academy Award. His other films include *Star Wars*, *An American Werewolf in London* and *The Nutty Professor* and he says his hobby is 'making really cool toys that I get to play with'. For *Men in Black* he came up with Mikey, a space creature who hides inside the body of a short, stout Mexican while attempting to illegally cross the border into the US (pictured above).

The sequence required months of preparation by Baker's team, who designed and created a foam latex vinyl body suit for British actor John Alexander to bring to life.

'The suit allowed John to do almost anything except be comfortable,' laughs Baker. 'It took us one hour to fit him into what amounts to a torture device. He can't really see out of it and he must breathe through a small gill-like slit in the latex neck.'

The 150lb Mikey Suit included stilt-like leg extensions, mechanical arm extensions and a mechanical head with a backpack of electrical controls that operate flippers around the body. Each of the flippers needed to operate independently but also on cue to support the order from K (Tommy Lee Jones) when he says: 'Put up your hands – and all your flippers.'

The sequence then involved visual effects from Industrial Light & Magic, who also produced dinosaurs for *Jurassic Park* and *The Lost World*. 'Rick's team could not get Mikey to get angry and roar,' recalls director Barry Sonnenfeld. 'So that particular shot was computer generated.'

PHOTOS: COLORFIC; BSKYB; WILLIAM RUTTEN/DOLS

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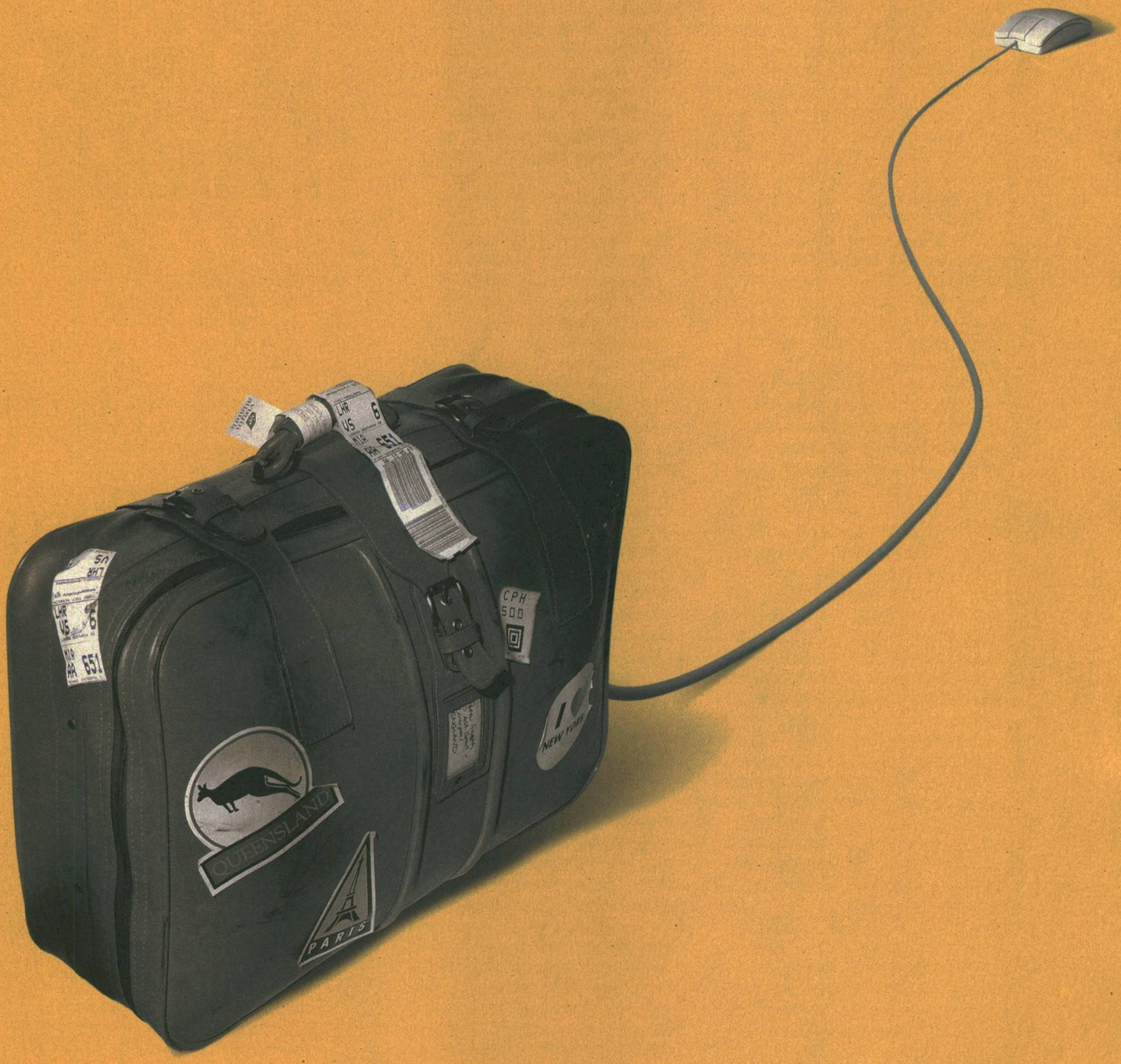

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PHOTO: ANNIE LIEBOVITZ / CONTACT/COLORFIC

From left: Larry Hagman, Victoria Principal, Charlene Tilton, Ken Kercheval, Steve Canaly, Patrick Duffy and Linday Gray

BIGGER THAN TEXAS

A legend in its own air time, 'Dallas' kept Ken Kercheval busy for all of its 13-year run. Even today, the actor says there's still a little bit of Cliff Barnes left in him. Words: **Hilary Bonner**

UK Gold

Dallas
Weekdays 11.00am, 2.00pm

DALLAS was the TV show that dominated the world through the Eighties, pulling in audiences of a staggering 300 million in 90 different countries. The famous Who Shot JR? episode was watched by 83 million viewers in the States and 24 million viewers in the UK alone, made ITV's *News at Ten* and the BBC's *Nine O'Clock News* and attracted more than £50,000 worth of bets in British betting shops.

Not surprisingly, *Dallas* became a legend in its own air time and made superstars of its cast. Only two actors stayed in the series throughout its 13-year run – Larry Hagman and Ken Kercheval, who played JR's rival Cliff Barnes.

Ken, now 63, trained as a singer and was a New York theatre actor when he auditioned for the role of Ray Krabbs in 1978 before finally landing the part of Cliff. Understandably, Ken didn't think he was going into anything special. Only five episodes were made in the first season and *Variety* magazine famously described *Dallas* as 'a limited series with a limited future'.

'When I knew I had the job I thought, "That's nice, four weeks of paydays," ' recalls Ken now. 'After all, the original idea was that *Dallas* was going to be a mini series. Then I was asked if I'd like to do seven weeks more and so it went on.

'But in the beginning it never crossed my mind that *Dallas* would turn into anything like it did.'

Dallas had great escape value, indeed, its departure from reality reached some dizzying heights – the pinnacle being when Bobby Ewing was brought back from the dead in 1986.

Bobby was murdered in 1985 when the actor who played him, Patrick Duffy, decided to leave the show. But ratings fell and Patrick's attempt to forge a new career did not bring him the success he'd hoped for. He returned in the notorious scene in which Bobby Ewing stepped out of a steamy shower and it was proclaimed that his death – and everything that had happened afterwards – had all been just a dream.

Patrick Duffy was not the only actor to find *Dallas* a hard act to follow. Ken Kercheval has built a whole new life for himself since the series ended in 1991. The father of three grown up children has married for the third time and likes to spend time with his five-year-old daughter, Maddy.

But although Ken has continued to work in theatre and made guest TV appearances since *Dallas* ended, he has failed to make a big hit in any other area and admits: 'The level of identification with a character you have played for as long as I played Cliff Barnes is a difficult thing to get over. Cliff still lives on.'

Back in 1978, Ken, who had recently won a battle against alcoholism, could not believe the difference his role in *Dallas* made to him.

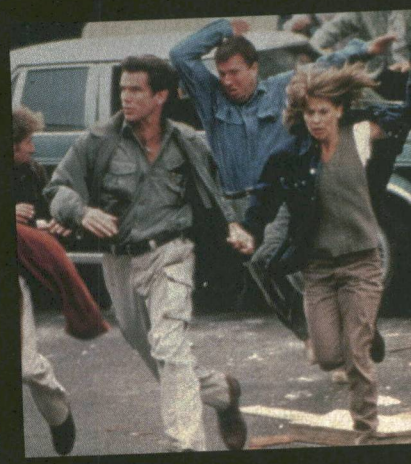
'Because my life was in New York with the theatre I had no idea really what a leading role in a top TV series meant. It's most actors' dream, but it hadn't really occurred to me. Then *Dallas* took off so fast I was just amazed.'

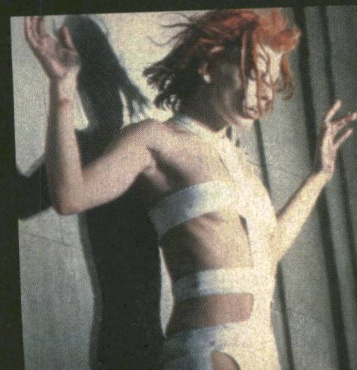
The money, too, changed Ken's life. The stars of *Dallas* earned half-a-million pounds an episode. Advertisers paid up to £300,000 a minute for space in the commercial breaks, making CBS TV £1.5m profit per hour.

Even today, *Dallas* is still a hard act to follow.

This month's films from Sky Box Office – a movies on-demand service

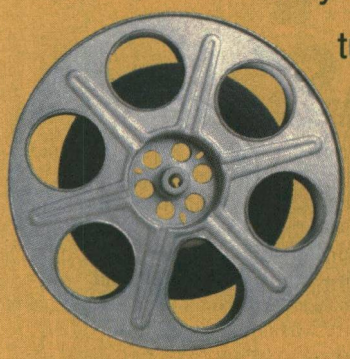
This month's line-up includes Will Smith and Tommy Lee Jones in the sci-fi spoof *Men in Black*. Plus there's prehistoric terror in *The Lost World*, action with Pierce Brosnan in *Dante's Peak*, romance with George Clooney and Michelle Pfeiffer in *One Fine Day* and outrageous comedy with the cartoon teenagers in *Beavis and Butt-head Do America.*





Each movie costs just £2.95 and this is simply added to your monthly bill.

How to order. To order a movie, follow the steps on your folding booking instruction card or tune into **Channel 50**, or **Teletext 500** for full details. For further information, please contact the TV on-demand helpline on FreeCall 0500 60 10 50.



Remember – you don't need to subscribe to Sky Premium Channels to take advantage of Sky Box Office!

This service is not yet available in the South Herts, New Ash Green and Millharbour areas.

Terms and Conditions 1. To purchase the event you must be a current subscriber to the Residential Cable & Wireless cable television service. 2. The price of the event will be added to your monthly bill. 3. Once ordered, no refunds or cancellations are accepted. 4. You will be responsible for payment for all events ordered, whether or not booked without your knowledge and/or consent. 5. Cable & Wireless reserves the right to cancel the event for technical reasons or other reasons beyond our reasonable control, in which case the purchase price will be refunded. 6. Purchase of the event will entitle you to receive only the event and no other Sports or Programmes. 7. You must not redistribute or re-broadcast the event or any part of it for any reason whatsoever (including for the purposes of reporting the event) or exhibit the event to the public (whether or not any charge is made for admission). 8. Different terms apply to pubs, clubs, hotels, cinemas and other establishments. 9. The event is subject to change for reasons beyond our reasonable control. 10. Purchase of the event is for a single converter box. Additional purchases will be charged separately. 11. Purchase of the event is for the converter box upon which it has been purchased. It is not possible to transfer purchase from one converter box to another. 12. In addition to the above, standard terms and conditions of your Cable & Wireless television agreement shall apply. Cable & Wireless Communications Services Ltd. Registered office address 26 Red Lion Square, London WC1R 4HQ. Registered in England No: 3403985.

CABLE & WIRELESS

Men in Black (Sky PG, V)
Stand by for the sci-fi spectacular that's taken the galaxy by storm! Will Smith stars as Agent J, the newest recruit to the secretive Men In Black, and with old hand Agent K (Tommy Lee Jones), he must find and stop an intergalactic terrorist who's arrived in New York. Also starring: Linda Fiorentino, Vincent D'Onofrio, Rip Torn. Directed by Barry Sonnenfeld.

Beavis and Butt-head Do America (Sky 12)
America's most-feared teenagers are back for a hysterical adventure that takes them on a mayhem-filled trip around America as they chase the crooks who have stolen their beloved TV set. Featuring the voices of Mike Judge, Robert Stack, Cloris Leachman. Directed by Mike Judge.

Dante's Peak (Sky 12, L)
Pierce Brosnan faces torrents of deadly lava when a volcano erupts in this stunning disaster movie. He plays a vulcanologist whose predictions of major seismic activity in the town of Dante's Peak are proven to be shockingly accurate. Also starring: Linda Hamilton, Charles Hallahan. Directed by Roger Donaldson.

Star Trek: First Contact (Sky 12, V)
The deadly Borg are the enemies of the *Enterprise* crew in this spectacular sci-fi adventure. Patrick Stewart is back as Jean-Luc Picard, who must lead his crew on their most perilous mission so far – saving planet Earth from an unthinkable alternative fate. Also starring: Jonathan Frakes, Levar Burton, Michael Dorn, Marina Sirtis. Directed by Jonathan Frakes.

One Fine Day (Sky PG)
Touching romantic comedy set in the Big Apple. George Clooney and Michelle Pfeiffer are busy executives and single parents trying to cope with their children while juggling their careers at the same time. One day their lives collide – with major consequences. Also starring Mae Whitman. Directed by Michael Hoffman.

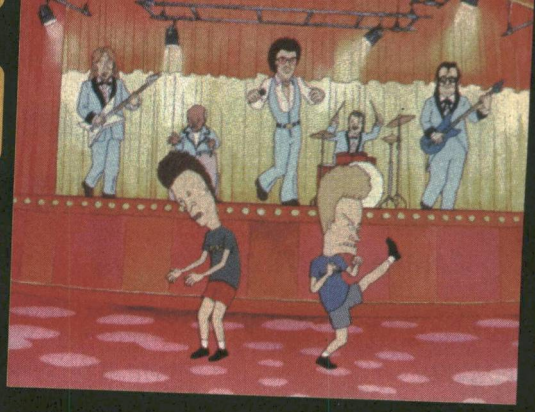
Murder at 1600 (Sky 15, L, V, S)
This nail-biting political thriller stars Wesley Snipes as a homicide detective reluctantly partnered with a Secret Service agent (Diane Lane) to investigate the murder of a woman within the White House. But can he really trust anyone? Also starring: Alan Alda, Daniel Benzali, Dennis Miller, Ronny Cox. Directed by Arnold Kopelson.

The Lost World (Sky 12, V)
The stupendous sequel to *Jurassic Park* which reveals that there was a second dinosaur island that until now has been left untouched. A team of scientists lands on the island where new species have evolved, but someone else is after the creatures too … Starring: Jeff Goldblum, Julianne Moore, Richard Attenborough. Directed by Steven Spielberg.

Private Parts (Sky 18, L, S)
America's most notorious radio 'shock-jock' Howard Stern plays himself in this comical tale of his rise from obscurity to notoriety, thanks to his outrageous behaviour on his own radio show – and his private life is equally as controversial! Also starring: Robin Quivers, Fred Norris, Gary Dell'Abate, Jackie Martling, Kelly Bishop. Directed by Betty Thomas.

The Fifth Element (Sky PG, V)
Bruce Willis stars in this epic sci-fi thriller as a New York cab driver in the future who finds himself responsible for the safety of a beautiful young woman who holds the key to the universe's future. Gary Oldman is the villain who is out to stop them. Also starring: Milla Jovovich, Ian Holm, Luke Perry. Directed by Luc Besson.

For screening details, see the daily listings pages.
L = Strong language M = Mature themes
S = Scenes of a sexual nature V = Violence



SKY box office
JUST THE TICKET

CABLE & WIRELESS

FILM PLAN

ANIMATION

BAD BABY 12 Disney SUBTITLED ★★
BALTO 3 SM Screen 1 LAST PLAY ★★★
THE DRAGON WHO WASN'T (OR WAS HE?) 8, 20 SM Screen 2 ★★★
A GOOFY MOVIE 26 Disney PREMIERE ★★★
JAMES AND THE GIANT PEACH 12, 28 SM Screen 1 SUBTITLED ★★★★
THE LAND BEFORE TIME II: THE GREAT VALLEY ADVENTURE Voice of Linda Gary 14 SM Screen 1 ★★★
OFF ON A COMET 11, 19, 22 SM Screen 2 ★★★
THE PEBBLE AND THE PENGUIN Voice of Martin Short 12 SM Screen 2 ★★
THE RETURN OF JAFAR 4, 29 Disney SUBTITLED Voice of Don Castellaneta ★★★
ROBIN HOOD 3, 22 Disney SUBTITLED ★★★★
THE SWAN PRINCESS 31 SM Screen 2 ★★★
SWORD IN THE STONE 5, 15 Disney ★★★★
A TROLL IN CENTRAL PARK 26 SM Screen 2 ★
WILLY FOG – 20,000 LEAGUES UNDER THE SEA 1, 5, 9, 10, 13, 18, 24, 26 SM Screen 2 ★★★

COMEDY

ABBOTT AND COSTELLO MEET THE INVISIBLE MAN Arthur Franz 24 SM Screen 2 ★★★
ACE VENTURA: WHEN NATURE CALLS Jim Carrey 26 SM Screen 2 SUBTITLED LAST PLAY ★★
ADAM'S RIB 6 TNT ★★★★
THE ADVENTURES OF FORD FAIRLANE Andrew Dice Clay 17 SMG DS ★★
AIRPLANE II – THE SEQUEL Robert Hays 18 SMG ★★★
ALMOST AN ANGEL Paul Hogan 8 SM Screen 1 ★★★
AMANDA & THE ALIEN 4 SM Screen 1 ★★
ARRIVIDERCI, BABY Tony Curtis, Rosanna Schiaffino 4, 16, 29 SM Screen 2 ★★★
ARSENIC AND OLD LACE Cary Grant 5 TNT ★★★★★
AVANTI! 2 SMG ★★★
BABY BOOM Diane Keaton 3 SMG DS ★★★
BACHELOR IN PARADISE Bob Hope 9 TNT ★★★
BACHELOR PARTY Tom Hanks 7 SMG ★★★
BED OF ROSES Christian Slater 13 SM Screen 1 SUBTITLED ★★★
BEVERLY HILLS COP Eddie Murphy 1 SMG ★★★★
BIG 24 SMG ★★★★
BIG BULLY 24 SM Screen 1 SUBTITLED ★★
BILLY MADISON Adam Sandler 10, 20, 29 SM Screen 1 PREMIERE ★★★
BOEING BOEING Tony Curtis, Jerry Lewis, Dany Saval, Thelma Ritter 2 SM Screen 2 ★★
BUDDY BUDDY Jack Lemmon, Walter Matthau 12 TNT ★★★★
BULL DURHAM Kevin Costner 16 SMG DS ★★★★
THE BURBS 28 SMG ★★★
THE CABLE GUY Jim Carrey 5, 13, 30 SM Screen 1 SUBTITLED ★★★
CANADIAN BACON 19 SM Screen 1 LAST PLAY ★★★
CANNON BALL FEVER Melody Anderson 4, 10, 21, 30 SM Screen 1 ★★
CAUGHT IN THE DRAFT Bob Hope 21 SMG ★★★
CELTIC PRIDE 19 SM Screen 1 SUBTITLED ★★★
THE CHEROKEE KID Sinbad, James Coburn 9, 20 SM Screen 2 DS ★★★
COMING TO AMERICA Eddie Murphy 9 SMG DS ★★
CRAZY PEOPLE Dudley Moore 30 SMG ★★★
CROSS MY HEART 3, 15, 30 SM Screen 1 ★★★
CROSSING DELANCEY Amy Irving 19 SMG ★★★★
DANGEROUS CURVES 16, 27 SM Screen 1 ★★
MY DATE WITH THE PRESIDENT'S DAUGHTER 16 Disney SUBTITLED ★★★
DEAD SILENCE 22 HVC ★★
DONOVAN'S REEF John Wayne 31 SMG ★★★
DOWN PERISCOPE Kelsey Grammer 10 SM Screen 1 SUBTITLED ★★★
DRACULA: DEAD AND LOVING IT Leslie Nielsen 3, 18, 30 SM Screen 1 PREMIERE ★★★
THE DREAM TEAM Michael Keaton 24 SMG ★★★
DROP SQUAD Eriq LaSal 31 SM Screen 1 ★★★
EARTH GIRLS ARE EASY Geena Davis 15 SMG ★★★
EASY LIVING Jean Arthur, Ray Milland 1 SM Screen 2 ★★★
THE EGG AND I Claudette Colbert 1 SMG ★★★
EMANON 6 HVC ★★
ERIK THE VIKING Tim Robbins 13 SMG SUBTITLED ★★★
ERNEST GOES TO AFRICA 12 Disney PREMIERE ★★★
ERNEST GOES TO SCHOOL 21 Disney SUBTITLED ★★★
ERNEST RIDES AGAIN 14 Disney SUBTITLED ★★★
EVERY GIRL SHOULD BE MARRIED 5 SMG ★★★
THE FAMILY JEWELS Jerry Lewis 3, 14 SM Screen 2 ★★★
FATAL BEAUTY Whoopi Goldberg 14 SMG DS ★★★
FATE 24 HVC ★★★
FATHER OF THE BRIDE PART II Steve Martin 27 SM Screen 1 SUBTITLED ★★
FERRIS BUELLER'S DAY OFF 21 SMG ★★★★
THE FIRST WIVES CLUB Goldie Hawn, Bette Midler 25 SM Screen 1 ★★★★
FOR BETTER OR WORSE 5, 16 SM Screen 1 ★★★
FRENCH KISS Kevin Kline 5, 15 SM Screen 1 SUBTITLED LAST PLAY ★★★
FUNNY BONES Oliver Platt, Lee Evans 10, 25 SM Screen 1 SUBTITLED LAST PLAY ★★★
GARBAGE PICKING 30 Disney ★★★
GENTLEMEN PREFER BLONDES Marilyn Monroe, Jane Russell 25 SMG ★★★★★
GET SHORTY John Travolta, Gene Hackman 12, 30 SM Screen 2 SUBTITLED ★★★
GETTING AWAY WITH MURDER Harvey Miller 17, 29 SM Screen 1 PREMIERE ★★★
GHOST DAD Bill Cosby 18 SM Screen 2 DS ★★
GHOSTBUSTERS II Bill Murray 29 SMG ★★★
A GIRL MUST LIVE 5, 13, 24 SM Screen 2 ★★★
GOING BERSERK John Candy 31 SM Screen 1 ★★★
GOING UNDER Bill Pullman 12 SM Screen 1 ★★★
HAIL THE CONQUERING HERO Eddie Bracken 20 SM Screen 2 ★★★★★
HEARTBURN Meryl Streep, Jack Nicholson 31 SMG ★★★
HOME FRONT Jon Cryer 6, 19 SM Screen 1 ★★★
HOT NUMBERS Jason Lessiner 25 HVC ★★★
HOW TO MARRY A MILLIONAIRE Marilyn Monroe, Betty Grable 25 SMG ★★★
HURT PENGUINS Michele Muzzi 29 HVC ★★★
I MET HIM IN PARIS Melvyn Douglas 11 SMG ★★★
INVISIBLE MOM 7, 18, 29 SM Screen 2 ★★★
JEFFREY Steven Weber 3, 15 SM Screen 1 SUBTITLED ★★★★
JINGLE ALL THE WAY Arnold Schwarzenegger 12, 19, 27 SM Screen 2 PREMIERE ★★★
JOHNNY DANGEROUSLY Michael Keaton 12, 20 SM Screen 1 ★★★
THE JUDGE STEPS OUT 12, 29 SM Screen 2 ★★★
K-9 James Belushi, Mel Harris 16 SMG ★★★
KIDS IN THE HALL: BRAIN CANDY David Foley 24 SM Screen 1 PREMIERE ★★★
KING RALPH John Goodman, John Hurt 5, 15, 28 SM Screen 1 ★★★
KINGPIN 2, 8, 18 SM Screen 1 SUBTITLED ★★★
THE LAST SUPPER Cameron Diaz 22 SM Screen 2 ★★★
LES PATTERSON SAVES THE WORLD Barry Humphries 9, 29 SMG ★★★
LITTLE GHOST Kristina Wayborn 8, 20 Disney ★★★
LITTLE MISS MILLIONS Love Hewitt 14 HVC ★★
LITTLE SHOP OF HORRORS Rick Moranis, Ellen Greene 8, 30 SM Screen 1 ★★★★
LIVING IN OBLIVION Steve Buscemi 5, 13, 21 SM Screen 2 LAST PLAY ★★★★
LOVE AND DEATH Woody Allen 12 SMG ★★★★
M.A.S.H Donald Sutherland 23 SMG ★★★★
MAGIC STICKS George Kranz 16, 29 SM Screen 1 ★★★
MAJOR LEAGUE Tom Berenger 20 SMG DS ★★★
MANNEQUIN 21 SMG ★★★
MARRIED TO THE MOB Michelle Pfeiffer 28 SMG ★★★
THE MATCHMAKER Janeane Garofalo 1 SM Screen 2 ★★★
MIGHTY APHRODITE Woody Allen 23 SM Screen 1 SUBTITLED ★★★
A MODERN AFFAIR Stanley Tucci 17 SM Screen 2 ★★★
MONKEY BUSINESS Cary Grant 25 SMG ★★★★
MONTE CARLO OR BUST 25 SM Screen 1 ★★★★
MR WRONG Bill Pullman 31 SM Screen 1 PREMIERE ★★★
MRS WINTERBOURNE 4, 14 SM Screen 2 ★★★
MY FAVOURITE YEAR Peter O'Toole 27 TNT ★★★
MY FAVOURITE BLONDE Bob Hope 22 SMG ★★★
MY FAVOURITE WIFE Cary Grant 9, 20 SMG ★★★
NATIONAL LAMPOON'S SENIOR TRIP 4, 28 SM Screen 1 ★★★
A NIGHT AT THE OPERA Groucho Marx 1 TNT ★★★
OFF LIMITS Bob Hope 24 SMG ★★★
ONLY A BUCK 8 HVC ★★★
PTHE PALEFACE Bob Hope, Jane Russell 23 SMG ★★★
THE PALM BEACH STORY 23 SM Screen 2 ★★★★★
PARENTHOOD 14 SMG ★★★
PARENTS 15 SMG DS ★★★
PARTY CAMP Andrew Ross 9 SM Screen 1 ★★★
PEE-WEE'S BIG ADVENTURE Paul Reubens 31 SMG ★★★★
THE PRESIDENT'S ANALYST 3 SM Screen 1 ★★★
PROJECT: ALF Miguel Ferrer 28 SM Screen 2 ★★★
RETURN OF THE SHAGGY DOG 6, 23 Disney SUBTITLED ★★★
REVENGE OF THE PINK PANTHER Peter Sellers, Herbert Lom 4 SMG ★★★
RHINESTONE 2, 22 SM Screen 1 DS ★★★
ROAD TO SINGAPORE Bing Crosby, Bob Hope, Dorothy Lamour 20 SMG ★★★
ROAD TO UTOPIA Bob Hope, Bing Crosby 11 SMG ★★★
A ROBOT CALLED GOLDDIGGER 27 HVC ★★★
ROCK AND ROLL FANTASY Kim Little 1 SM Screen 1 ★★★
SAFETY PATROL 10 Disney ★★★
SAY ANYTHING John Cusack, Ione Skye 9 SMG ★★★
SCARED STIFF 6, 15, 30 SM Screen 2 ★★★
SCROOGED 13 SMG DS ★★★
SEA DEVILS Ida Lupino 11 SM Screen 2 ★★★
THE SECRET OF MY SUCCESS James Booth, Shirley Jones 10, 17 TNT DS ★★★
SEE NO EVIL, HEAR NO EVIL 5 SMG ★★★
SHE'S BACK Carrie Fisher 18 SM Screen 1 DS ★★★
SHE'S HAVING A BABY Kevin Bacon 6 SMG DS ★★★
SHE-DEVIL Roseanne Barr, Meryl Streep 7 SMG DS ★★★
SILVER STREAK Gene Wilder 5, 15 SM Screen 1 ★★★
SLAM DUNK ERNEST 28 Disney SUBTITLED ★★★
SPY HARD Leslie Nielsen 3, 22, 28 SM Screen 1 SUBTITLED ★★★
STOLEN HEARTS 28 SM Screen 1 ★★★
STRIPES 10 SMG ★★★
THE STUPIDS 21 SM Screen 1 SUBTITLED ★★★
A THIN LINE BETWEEN LOVE AND HATE Martin Lawrence 7, 17, 26 SM Screen 2 PREMIERE DS ★★★
THREE BLIND MICE Loretta Young 26, 31 SMG ★★★
THREE MUSCATELS Richard Pryor 20 HVC ★★★
TO WONG FOO, THANKS FOR EVERYTHING, JULIE NEWMAR 18 SM Screen 1 SUBTITLED LAST PLAY DS ★★★
TOM, DICK AND HARRY 8 SM Screen 2 ★★★
TOMMY BOY Chris Farley 11 SM Screen 1 SUBTITLED LAST PLAY ★★★
TRAIL OF THE PINK PANTHER 1 SMG ★★★
THE TRUTH ABOUT CATS & DOGS Ben Chaplin 21 SM Screen 1 SUBTITLED DS ★★★
UHF 'Weird Al' Yankovic 8 SMG ★★★
UP YOUR ALLEY Linda Blair, Ruth Buzzi 15 HVC ★★
WALK LIKE A MAN Howie Mandel 18 SM Screen 1 ★★★
THE WAR OF THE ROSES Michael Douglas, Kathleen Turner 19 SMG SUBTITLED ★★★★
WELCOME TO THE DOLLHOUSE Matthew Faber, Heather Matarazzo 19, 27 SM Screen 1 PREMIERE ★★★★
WHEN THE CAT'S AWAY 15, 23 SMG WIDESCREEN ★★★
WHERE THE SPIES ARE David Niven 8 TNT ★★★
WHO'S HARRY CRUMB? John Candy 2 SMG ★★★
WISE GUYS 11 TNT ★★★
WORKING GIRL Melanie Griffith 29 SMG ★★★

DOCUMENTARY

U2 – RATTLE & HUM 17 SMG DS ★★★
WOODSTOCK Joan Baez 25 SMG ★★★★

DRAMA

THE ACCUSED Jodie Foster 2 SMG DS ★★★★
ACTION JACKSON 22 SMG SUBTITLED DS ★★★
ACTS OF LOVE Dennis Hopper 12, 29 SM Screen 2 ★★★
AFTER JIMMY Meredith Baxter 7 SM Screen 2 ★★★
ALASKA Thora Birch 2, 11, 20 SM Screen 1 SUBTITLED ★★★
ALFRED THE GREAT David Hemmings 23 TNT ★★★
ALL THE RIGHT MOVES 20 SMG SUBTITLED ★★★
AMERICANSKI BLUES 1, 17 SM Screen 1 ★★★
THE ANGRY HILLS Robert Mitchum 29 TNT ★★★
AT RISK 7 HVC ★★★
AUGUST Anthony Hopkins 1, 9, 17, 28 SM Screen 2 ★★★
THE BABY-SITTERS CLUB Ellen Burstyn 6, 19, 30 SM Screen 1 ★★★
THE BANDIT OF SHERWOOD FOREST 3, 11, 22 SM Screen 2 ★★★
BARB WIRE 21 SM Screen 2 SUBTITLED ★★★
THE BATTLE OF THE BULGE 9 SMG ★★★
THE BENIKER GANG 22 SM Screen 1 ★★★
BIG TROUBLE IN LITTLE CHINA 23 SMG DS ★★★
BILOXI BLUES Matthew Broderick 15 SMG DS ★★★
BLONDE HEAVEN Julie Strain, Raelyn Saalman 17, 30 SM Screen 1 PREMIERE ★★★
BLUE CITY 19 SMG ★★★
BLUE RODEO Ann-Margret 4, 29 SM Screen 1 ★★★
BLUME IN LOVE George Segal 25 SMG ★★★
BOOM TOWN Clark Gable, Spencer Tracy 4 TNT ★★★
BORN FREE: A NEW ADVENTURE 7 SM Screen 1 SUBTITLED ★★★
THE BORROWERS Eddie Albert 4, 27 SM Screen 1 ★★★
BOSTON KICKOUT John Simm 6, 14 SM Screen 1 ★★★
BOUNTY HUNTERS Lisa Howard 10 SM Screen 2 ★★★
THE BOY IN THE BUSH PART 1 Kenneth Branagh 2, 23 SM Screen 1 ★★★
THE BOY IN THE BUSH PART 2 Sigrid Thornton 9, 25 SM Screen 1 ★★★
BRIDGE TO THE SUN Carroll Baker 28 TNT ★★★
BRIGHT LIGHTS, BIG CITY 1, 13 SMG DS ★★★
BRIT PACK 6 HVC ★★★
THE BROKEN CHAIN Eric Schweig 15 TNT ★★★
BROTHERLY LOVE Peter O'Toole 31 TNT ★★★
BRUBAKER 2 SMG ★★★
BUTTERFIELD 8 30 TNT WIDESCREEN ★★★
CABIN IN THE COTTON Bette Davis 28 TNT ★★★

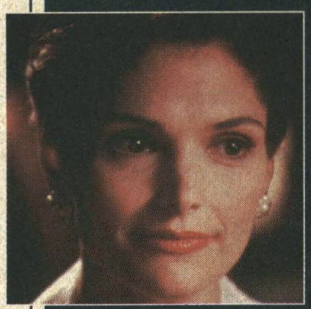
NER

Here's our alphabetical at-a-glance planner to July's films on Sky Movies Screen 1, Sky Movies Screen 2, Sky Movies Gold, TNT, Disney and HVC. For full details and times, please refer to the daily listings. **PREMIERE:** first showing on British TV. **WIDESCREEN:** a film shown in letterbox format. **LAST PLAY:** last showing on the channel indicated. **SUBTITLES:** a film subtitled on Page 888 of SKYTEXT. **DS:** Dolby Surround. Figures denote date of the month.
★★★★★ Unmissable ★★★★ Good ★★★ Quite good ★★ Average ★ Awful

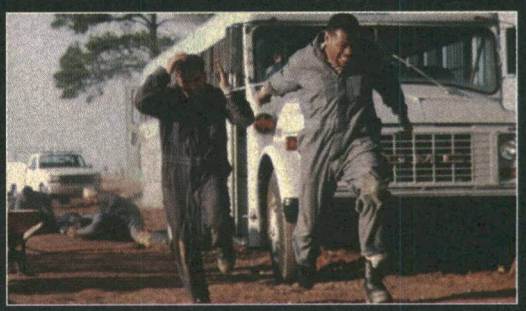
CALLING BULLDOG DRUMMOND 24 TNT ★★★
CALM AT SUNSET 19 SM Screen 2 ★★★
CAPTAIN BLOOD Errol Flynn, Lionel Atwill 23 TNT ★★★
CAPTAIN HORATIO HORNBLOWER Gregory Peck, Virginia Mayo 13 SMG ★★★★
CAPTAIN NEMO AND THE UNDERWATER CITY Robert Ryan 7 TNT WIDESCREEN ★★★
CARRIE 1 SM Screen 2 ★★★
CASINO Robert De Niro, Sharon Stone 6 SM Screen 2 SUBTITLED LAST PLAY DS ★★★★
CHALLENGE THE WIND Mark Whittington 17 HVC ★★★
CHE! 10 SM Screen 1 ★★★
CHILDREN OF A LESSER GOD 2 SMG ★★★
CHRISTMAS EVERY DAY 29 SM Screen 2 ★★★
CITIZENS BAND 1, 13, 21, 29 SM Screen 1 ★★★
CLARA'S HEART Whoopi Goldberg 23 SMG ★★★
CLASH OF THE TITANS Laurence Olivier 5 TNT WIDESCREEN ★★★★
CLEOPATRA 26 SMG ★★★
CO-ED CALL GIRL 3, 16 SM Screen 2 LAST PLAY ★★★
COBRA 6 SMG ★★★
THE COLOR PURPLE Whoopi Goldberg 26 SMG ★★★★
THE COMEDIANS Richard Burton 6 TNT ★★★
COMMANDO Rae Dawn Chong, Dan Hedaya 10 SMG DS ★★★
CONAN THE BARBARIAN 7 SMG ★★★
THE CONQUEROR John Wayne 28 SMG DS ★★★
CORNERED Dick Powell 9 SM Screen 2 ★★★
COURAGE UNDER FIRE Meg Ryan 5 SM Screen 2 SUBTITLED ★★★
CRAZY HORSE 2, 17 SM Screen 1 LAST PLAY ★★★
CRITICAL CHOICES 3, 18 SM Screen 1 ★★★
THE CRYING CHILD 5 SM Screen 2 ★★★
THE CURE Joseph Mazello 7, 19 SM Screen 1 ★★★
D DAD Jack Lemmon, Ted Danson 3 SMG ★★★
DALLAS: JR RETURNS 20 SM Screen 1 ★★★
DAVID COPPERFIELD Robin Phillips 12, 23, 31 SM Screen 1 ★★★
DAYS OF THUNDER Tom Cruise 5 SMG DS ★★★
DEAD MAN WALKING Sean Penn 31 SM Screen 2 SUBTITLED ★★★
DEATH FALLS Rip Torn 11 HVC ★★★
DEMETRIUS & THE GLADIATORS Victor Mature 19 SMG ★★★
DESPERATE Steve Brodie 13, 23 SM Screen 2 ★★★
A DIFFERENT KIND OF CHRISTMAS Shelley Long 2, 20 SM Screen 2 ★★★
DINER 1 TNT ★★★
DIRTY DANCING Patrick Swayze 9 SMG ★★★
DIRTY MARY, CRAZY LARRY 15 SMG ★★★
DO THE RIGHT THING Danny Aiello 21 SMG DS ★★★★
THE DOLLMAKER Jane Fonda 30 SM Screen 1 ★★★
DOWN, OUT & DANGEROUS 3, 15 SM Screen 2 ★★★
DRAGONHEART Dennis Quaid 4 SM Screen 2 ★★★
DYING TO BE PERFECT: THE ELLEN HART PENA STORY Crystal Bernard 28 SM Screen 1 PREMIERE ★★★

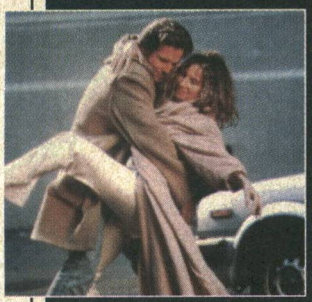
JULY PREMIERES

Keanu Reeves adopts a hands-on approach with Cameron Diaz in 'Feeling Minnesota': Sky Movies Screen 1 Sunday 5th 10.00pm

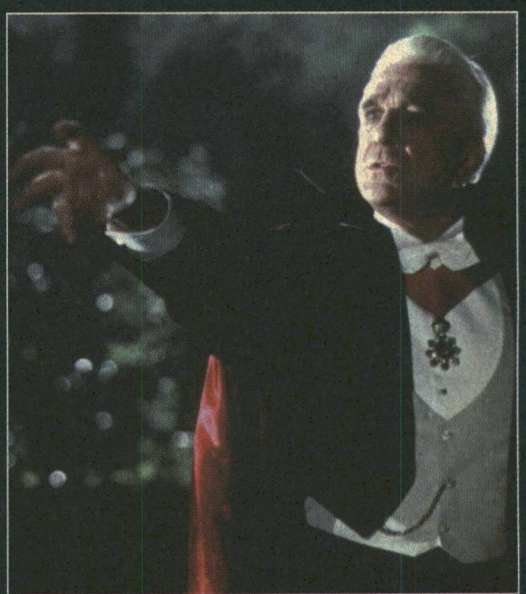


Left: Mary Elizabeth Mastrantonio gets 'Three Wishes': Sky Movies Screen 2 Sunday 5th 7.00pm. Right: Stephen Baldwin and Laurence Fishburne go on the run in 'Fled': Sky Movies Screen 2 Saturday 18th 10.00pm





Left: Jeff Bridges and Barbra Streisand find 'The Mirror Has Two Faces': Sky Movies Screen 2 Saturday 11th 10.00pm. Right: Leslie Nielsen is 'Dracula: Dead and Loving It': Sky Movies Screen 1 Friday 3rd 9.00pm. Below: Jason Patric and Robert De Niro in 'Sleepers': Sky Movies Screen 2 Saturday 4th 10.00pm



EAST SIDE, WEST SIDE James Mason 2 TNT ★★★
EASY LIVING Jean Arthur, Ray Milland 1 SM Screen 2 ★★★
EAT A BOWL OF TEA Cora Miao 16 SM Screen 2 ★★★
EBIRAH – HORROR OF THE DEEP 18 SMG ★★★
THE EFFECTS OF GAMMA RAYS ON MAN-IN-THE-MOON MARIGOLDS Nell Potts 24 SM Screen 1 ★★★
EIGHT MEN OUT John Cusack 19, 31 SM Screen 1 ★★★
THE EIGHTH DAY Daniel Auteuil 25 SMG ★★★
ELKE Shauna O'Brien 31 SM Screen 1 ★★★
EMMA Gwyneth Paltrow, Jeremy Northam 11, 27 SM Screen 1 SUBTITLED ★★★★
EMPIRE OF THE SUN Christian Bale 11 SMG ★★★
ERNEST HEMINGWAY'S ADVENTURES OF A YOUNG MAN 21 SM Screen 1 ★★★
EXCEPTION TO THE RULE Kim Cattrall 22 SM Screen 1 PREMIERE ★★★
EYE FOR AN EYE 27 SM Screen 2 SUBTITLED ★★
FTHE FACE 2, 27 SM Screen 2 ★★★
THE FALLEN SPARROW 14, 22 SM Screen 2 ★★★
FEELING MINNESOTA Keanu Reeves 5, 13 SM Screen 1 PREMIERE ★★★
FIVE DAYS ONE SUMMER 12, 28 SM Screen 1 ★★★
THE FIXER 10 TNT ★★★
FLED Laurence Fishburne 18 SM Screen 2 PREMIERE ★★★
FLESH + BLOOD Rutger Hauer 22 SMG DS ★★★
FORBIDDEN TERRITORY: STANLEY'S SEARCH FOR LIVINGSTONE 5, 21 SM Screen 2 ★★★
FORGOTTEN PRISONERS – THE AMNESTY FILES Ron Silver 5 TNT ★★★★
FORGOTTEN SINS William Devane 7 SM Screen 2 ★★★
THE FOXES OF HARROW 9, 18, 27 SM Screen 2 ★★★
FUNNY CAR SUMMER Jim Dunn 19, 29 HVC ★★★
GGARDEN OF EVIL 13, 26 SM Screen 2 ★★★
GARDENS OF STONE James Caan 8 SMG DS ★★★
GARGANTUA Adam Baldwin, Julie Carmen 19, 22 SM Screen 2 PREMIERE ★★★
GERONIMO 15 TNT ★★★
GHOST 12 SMG ★★★
THE GLASS KEY Brian Donlevy 9 SMG ★★★
THE GLASS MENAGERIE Jane Wyman 11 SMG ★★★
GLORY Matthew Broderick 26 SMG ★★★
THE GODDESS Kim Stanley 12 SM Screen 2 ★★★
THE GOOD OLD BOYS Sissy Spacek 19 TNT ★★★
THE GOODBYE BIRD 27 Disney DS ★★★
GRAND PRIX 24 TNT ★★★
GREAT DAY Eric Portman, Flora Robson 11 SM Screen 2 ★★★
THE GREAT WHITE HOPE 28 SM Screen 2 ★★★
GREED 27 TNT ★★★
GUESS WHO'S COMING TO DINNER 12 SMG ★★★★
THE GUNS OF NAVARONE Gregory Peck 4, 15 SMG ★★★
THE GYPSY MOTHS Burt Lancaster 25 TNT ★★★
HHANUSSEN Klaus Maria Brandauer 18 SMG ★★★
HARD TO KILL 12 SMG ★★★
HART TO HART: HARTS IN HIGH SEASON Robert Wagner 20 SM Screen 2 ★★★
HATARI! 30 SMG ★★★
HAWK'S VENGEANCE Gary Daniels 29 SM Screen 1 PREMIERE DS ★★★
HEART OF DARKNESS Tim Roth 2 TNT ★★★
HEART OF FIRE Patrick Duffy 10, 25 SM Screen 2 ★★★
HEARTS ADRIFT 3, 18 SM Screen 2 DS ★★★
HELL HUNTERS 1 HVC ★★
HELL TO ETERNITY 2, 10 SM Screen 2 ★★★
HIGH STAKES Cynthia Gibb 15 SM Screen 1 ★★★
THE HILL Sean Connery 12 TNT WIDESCREEN ★★★
A HOLIDAY AFFAIR Robert Mitchum 12 SMG ★★★
HOLLYWOOD CAVALCADE Alice Faye 8, 16, 27 SM Screen 2 ★★★
HOLLYWOOD COP Jim Mitchum 28 HVC ★★★
HOME INVASION Veronica Hamel 23, 29 SM Screen 1 PREMIERE ★★★
HOMEWARD BOUND II: LOST IN SAN FRANCISCO 26 SM Screen 2 ★★★
HONKYTONK MAN Clint Eastwood 1 SMG ★★★
HOTEL SORRENTO 21, 30 SM Screen 2 ★★★
HTHE HUNCHBACK OF NOTRE DAME Charles Laughton 26 SMG ★★★
THE HUSTLER 19 SMG ★★★
IIF... Malcolm McDowell, David Wood 14 SMG ★★★★
IN LIKE FLYNN 6, 17 SM Screen 1 ★★★
IN THE LINE OF DUTY: SMOKE JUMPERS Adam Baldwin, Lindsay Frost 3, 14, 30 SM Screen 2 ★★
THE INDIAN IN THE CUPBOARD 7, 29 SM Screen 1 SUBTITLED ★★★★
INSIDE OUT Telly Savalas 7, 18 SM Screen 1 ★★★
INVISIBLE DAD Karen Black 1, 25 SM Screen 1 ★★
JJACK 2, 23 SM Screen 1 SUBTITLED ★★★
JANE EYRE William Hurt, Charlotte Gainsbourg 5, 22 SM Screen 1 SUBTITLED ★★★
JET PILOT 29 SMG ★★★
THE JOURNEY 7 TNT ★★★
JULIA Jane Fonda 6, 17 SM Screen 1 ★★★
JUMANJI 17 SM Screen 1 SUBTITLED ★★★
JUST IN TIME 13 Disney SUBTITLED ★★★
KKANSAS 3 SM Screen 1 LAST PLAY ★★★
THE KARATE KID Ralph Macchio 13 SMG DS ★★★
THE KARATE KID PART II 14 SMG ★★★
KID COP Alexandra Paul 12, 31 SM Screen 2 ★★★
THE KILLING SECRET Ari Meyers, Soleil Moon Frye 7, 18 SM Screen 1 ★★★
KING'S ROW Ann Sheridan, Ronald Reagan 30 TNT ★★★
KNIGHTS OF THE ROUND TABLE 27 TNT ★★★
THE KRAYS Gary Kemp, Martin Kemp 27 SMG DS ★★★
LTHE LADY EVE Barbara Stanwyck 8 SMG ★★★★★
LADY L Sophia Loren, Paul Newman 9 TNT ★★★
LADYHAWKE Rutger Hauer 1, 7, 18 SM Screen 1 ★★★
LAST DANCE Sharon Stone 3, 22 SM Screen 2 ★★★
THE LAST ELEPHANT John Lithgow 30 TNT ★★★
THE LATE SHIFT 1, 11, 23 SM Screen 1 LAST PLAY ★★★
LEAN ON ME Morgan Freeman, Beverly Todd 4 SMG ★★★
LET ME CALL YOU SWEETHEART Meredith Baxter 11 SM Screen 2 ★★★
LETHAL COWBOY Blake Adams 20 HVC ★★
THE LIGHTHORSEMEN Peter Phelps 10 SMG ★★★
LILLIAN RUSSELL Alice Faye, Don Ameche 7, 28 SMG ★★★
LITTLE BIGFOOT 2: THE JOURNEY HOME Stephen Furst 15 SM Screen 1 ★★★
A LITTLE PRINCESS Eleanor Bron 31 SM Screen 1 ★★★
THE LONG SHIPS Richard Widmark 11 SMG ★★★
THE LONG WALK HOME 10 SM Screen 1 ★★★
THE LONGEST DAY John Wayne 10 SMG ★★★
LOST TREASURE OF DOS SANTOS David Carradine 10 SM Screen 1 LAST PLAY ★★★
LUST FOR LIFE 22 TNT ★★★
MMAD LOVE Chris O'Donnell 7 SM Screen 1 ★★★
MADE IN HEAVEN Timothy Hutton 9 SMG ★★★
MAGIC ISLAND 13 SM Screen 1 LAST PLAY ★★★
MAGNIFICENT OBSESSION 25 SM Screen 2 ★★★★★
THE MAN WHO CAPTURED EICHMANN 16, 28 SM Screen 2 PREMIERE ★★★
THE MAN WHO WOULD BE KING 25 SMG ★★★
MARGIN FOR MURDER Kevin Dobson 10, 28 SMG ★★★
MATERNAL INSTINCTS Delta Burke, Beth Broderick 12, 21 SM Screen 1 PREMIERE ★★★
MERLIN'S SHOP OF MYSTICAL WONDERS 8, 18 SM Screen 2 ★★★
MERRILL'S MARAUDERS Ty Hardin 19 SMG ★★★
MIAMI BEACH COPS Frankie Maldonatti 4 HVC ★★★
MIRACLE AT MIDNIGHT 11 Disney ★★★
THE MIRROR HAS TWO FACES Barbra Streisand 11, 24 SM Screen 2 PREMIERE ★★★
MOBY DICK Patrick Stewart 7 SM Screen 2 ★★★
MOGAMBO 2 TNT ★★★
MOONLIGHT AND VALENTINO Elizabeth Perkins 20 SM Screen 1 ★★★
MOONSHINE HIGHWAY 20 SM Screen 2 PREMIERE ★★★
A MOTHER'S INSTINCT 5, 15 SM Screen 2 ★★★
MR SKEFFINGTON Bette Davis 21 TNT ★★★
MY GHOST DOG 3, 9, 24 SM Screen 1 ★★★
MY UNCLE THE ALIEN 26 SM Screen 2 ★★★
MYSTERY MONSTERS 18 Disney PREMIERE ★★★
NNADJA 6 SM Screen 1 WIDESCREEN ★★★
NAKED SOULS Brian Krause 27 SM Screen 2 ★★★
NELLY ET MONSIEUR ARNAUD Emmanuelle Beart 15 SM Screen 1 ★★★
NICO 29 SMG DS ★★★
NIGHT OF THE GRIZZLY 9 SM Screen 1 ★★
NO WAY BACK Russell Crowe, Helen Hunt 2, 12, 21 SM Screen 1 PREMIERE ★★★
NORTH STAR James Caan, Christopher Lambert 15, 25 SM Screen 2 PREMIERE ★★★
NOW AND THEN 4, 30 SM Screen 1 SUBTITLED ★★★
NOWHERE TO HIDE Rosanna Arquette 29 SM Screen 2 ★★★
OOLD GRINGO Jane Fonda 16 SMG DS ★★★
OLD MAN Jeanne Tripplehorn 30 SM Screen 2 ★★★
ON SEVENTH AVENUE 2, 18 SM Screen 2 ★★★
ORDINARY HEROES Valerie Bertinelli 1 SM Screen 2 ★★★
THE ORGANIZATION Sidney Poitier 24 SMG ★★★
ORIGINAL GANGSTAS 6, 17, 30 SM Screen 2 ★★★
ORPHEUS DESCENDING Anne Twomey 9 TNT ★★★
THE OTHER SIDE Robert Z'Dar 16 HVC ★★★
OUR MOTHER'S HOUSE Dirk Bogarde 1 TNT ★★★
OUT FOR JUSTICE Steven Seagal 19 SMG DS ★★★
OUTRAGE! Robert Preston 11 SM Screen 1 ★★★
PPARADISE ALLEY Lee Canalito 22 SMG ★★★
THE PASSWORD IS COURAGE 3 TNT ★★★
PAYBACK Edward Asner 26 SM Screen 2 ★★★
PERFUME 5 HVC ★★★
THE PHOENIX AND THE CARPET 24 Disney ★★★
PLACES IN THE HEART Sally Field 27 SMG ★★★
THE POSEIDON ADVENTURE Gene Hackman 5 SMG ★★★★
PRETTY IN PINK Molly Ringwald 22 SMG ★★★
PRINCE OF THE CITY Treat Williams 5 SMG ★★★
THE PRINCESS BRIDE 16, 22 SM Screen 1 ★★★
THE PRISONER OF SECOND AVENUE 1 SMG ★★★
THE PRIZE 20 TNT ★★★
PROJECT X Matthew Broderick 5, 14, 25 SM Screen 1 ★★★
THE PROTECTOR Ed Marinaro 9 SM Screen 2 ★★★
THE PUMPKIN EATER Anne Bancroft 6 SMG ★★★
RRACE THE SUN 9, 17 SM Screen 1 ★★
RAINBOW Bob Hoskins, Terry Finn 26 SM Screen 2 ★★★
RATTLED 11 SM Screen 1 ★★
THE RECKLESS MOMENT James Mason 3, 28 SMG ★★★
THE ROAD TO GALVESTON 15 SM Screen 1 ★★★
ROCKY IV Sylvester Stallone, Talia Shire 10 SMG DS ★★★
ROMEO AND JULIET Norma Shearer 22 TNT ★★★
THE ROSE AND THE JACKAL 21 TNT ★★★
ROSEANNE: AN UNAUTHORIZED BIOGRAPHY 16, 26 SM Screen 1 SUBTITLED ★★★
ROUGH MAGIC Bridget Fonda, Russell Crowe 8, 31 SM Screen 2 PREMIERE ★★★
ROUGHCUT 17 HVC ★★
RUNAWAY CAR 1, 14, 26 SM Screen 1 ★★★
RUNNING WILD 25 Disney PREMIERE ★★★
SSACRED HEARTS Kelly Fritz 12 HVC ★★★
SAHARA Brooke Shields 9 SM Screen 1 ★★★
SALT WATER MOOSE Timothy Dalton 6, 16, 25 SM Screen 2 LAST PLAY ★★★
SAN FRANCISCO Jeanette MacDonald 29 TNT ★★★
THE SAND PEBBLES Steve McQueen 20, 31 SMG ★★★
THE SCARLET FLOWER Ekaterina Temnikova 12, 23 SM Screen 2 ★★★
SEA DEVILS Ida Lupino 11 SM Screen 2 ★★★
THE SEA WOLVES Gregory Peck 17, 22 SMG ★★★
SECRET OBSESSION Julie Christie 26 HVC ★★★
SEDUCTION IN A SMALL TOWN Melissa Gilbert 9 SM Screen 2 ★★★
SENSE AND SENSIBILITY Emma Thompson, Kate Winslet, Hugh Grant 12, 20 SM Screen 1 SUBTITLED ★★★
SHANGHAI EXPRESS Marlene Dietrich, Warner Oland 19 SM Screen 2 ★★★
SHEPHERD OF THE HILLS John Wayne 22 SMG ★★★
SHOOT THE MOON Albert Finney 25 TNT ★★★
SHOWGIRLS Elizabeth Berkley 9 SM SCREEN 1 ★★
SIROCCO 27 SMG ★★★
SKATEBOARD KID 2 5, 15, 30 SM Screen 2 ★★★
SLEEPERS Brad Pitt, Kevin Bacon 4, 15, 23 SM Screen 2 PREMIERE ★★★
SLITHER 6 TNT ★★★
SOME MOTHER'S SON Helen Mirren 30 SM Screen 2 PREMIERE ★★★★
SOMEBODY UP THERE LIKES ME 4 TNT ★★★
SOMETIMES A GREAT NOTION 27 SMG ★★★
SOUL OF THE GAME Delroy Lindo 14 SM Screen 1 ★★★
SOUTH OF RENO Jeffrey Osterhage 28 HVC ★★★
SPLIT INFINITY 2 HVC ★★★
SQUANDERERS 27 HVC ★★
STAGE DOOR Katharine Hepburn 25 SMG ★★★
STAR 80 Mariel Hemingway 8, 19 SM Screen 1 ★★★
THE STAR CHAMBER Hal Holbrook 5 SMG DS ★★★
A STAR IS BORN Fredric March 26 SMG ★★★
THE STARS FELL ON HENRIETTA Robert Duvall 24 SM Screen 2 ★★★
STEAL BIG, STEAL LITTLE 14, 25 SM Screen 1 ★★★
STEEL MAGNOLIAS 16 SMG SUBTITLED ★★★
STOLEN INNOCENCE 5, 11 SM Screen 1 ★★★
STOLEN WOMEN Janine Turner 27 SM Screen 2 PREMIERE ★★★
STONE COLD 30 SMG ★★★
STREET WARRIORS Haskell Phillips 25 HVC ★★★
A SUMMER'S TALE Melvil Poupand 4, 19, 30 SM Screen 1 LAST PLAY ★★★
SUNSET PARK Rhea Perlman, Fredro Starr 21 SM Screen 1 PREMIERE ★★★
SURE FIRE 10 HVC ★★★
TTAKEN AWAY 19 SM Screen 2 ★★★
THE TAKING OF FLIGHT 847: THE ULI DERICKSON STORY 25 SMG ★★★
THE TAKING OF PELHAM ONE TWO THREE Walter Matthau 12 SMG ★★★★
TALL TALE: THE UNBELIEVABLE ADVENTURES OF PECOS BILL 17 Disney ★★★
TAPS 18, 30 SMG ★★★
TARZAN THE APE MAN Neil Hamilton 22 TNT ★★★
TERM OF TRIAL 5 SMG ★★★
TERMINATION MAN 10 SM Screen 2 ★★★
THREE WISHES Patrick Swayze 5, 14, 25 SM Screen 2 PREMIERE DS ★★★
THROUGH THE OLIVE TREES Mohamad Ali Keshavarz 20 SM Screen 1 ★★★
TIGER HEART 21 HVC ★★★
TIME TO SAY GOODBYE 8 SM Screen 1 ★★★
TIN CUP Kevin Costner 27 SM Screen 1 SUBTITLED ★★★
TO DIE, TO SLEEP Charles Napier 19 HVC ★★★
TO FACE HER PAST Patty Duke 8 SM Screen 1 ★★★
TO SIR, WITH LOVE II Sidney Poitier 19 SM Screen 1 ★★★
TOM AND HUCK 9, 31 Disney SUBTITLED ★★★
TOOTHLESS 19 Disney SUBTITLED ★★★
A TOUCH OF ZEN 3, 26 SMG WIDESCREEN ★★★
TOURIST TRAP Daniel Stern 2 Disney ★★★
THE TRAIL OF THE LONESOME PINE Fred MacMurray 6 SMG ★★★
TRAPPER COUNTY WAR Robert Estes 10 HVC ★★★
TRIP WITH THE TEACHER Zalman King 8 HVC ★★★
THE TURN OF THE SCREW 7, 23 SM Screen 2 ★★★
THE 25TH HOUR Anthony Quinn 31 TNT ★★★
TWO FOR THE ROAD Audrey Hepburn 19 SMG ★★★
UUNDER THE VOLCANO Albert Finney 11 SMG ★★★
UNDERGROUND 2, 12 SMG WIDESCREEN ★★★
THE UNDERWORLD Kevin Pollak 8 SM Screen 2 ★★★
UNE FEMME FRANCAISE 4 SMG WIDESCREEN ★★★
URBAN WARLORDS 14 HVC ★★★
VTHE VIKING SAGAS 25 SM Screen 2 DS ★★★
WWALL STREET Michael Douglas 31 SMG DS ★★★
A WALTON EASTER 23, 31 SM Screen 1 ★★★
THE WAR LOVER 16 SM Screen 2 ★★★
THE WAY TO DUSTY DEATH 23 SM Screen 1 ★★★
WHAT THE DEAF MAN HEARD 11, 23 SM Screen 2 SUBTITLED DS ★★★
WHEN SATURDAY COMES Sean Bean 1, 11, 22, 31 SM Screen 1 SUBTITLED LAST PLAY DS ★★★
WHEN TOMORROW HITS Tracy Fraim 18 HVC ★★★

WHITE DWARF Paul Winfield, Neal McDonough **13, 22 SM Screen 2** PREMIERE DS ★★★
WHITE NIGHTS Mikhail Baryshnikov **1 SMG** DS ★★★
A WOMAN SCORNED 2 Tane McClure **24 SM Screen 1** ★★
THE WONDERFUL WORLD OF THE BROTHERS GRIMM **28 TNT** WIDESCREEN ★★★
THE YOUNG LIONS Marlon Brando **5 SMG** ★★★
YOUNGBLOOD **10 SMG** ★★★
ZORBA THE GREEK Anthony Quinn, Alan Bates **4, 12 SMG** ★★★

EROTIC DRAMA

ANGEL OF PASSION Sue Jones **24 HVC** ★★★
ANIMAL INSTINCTS – THE SEDUCTRESS **9 SM Screen 2** ★★★
BARE EXPOSURE Ashlie Rhey **3 HVC** ★★★
BIKINI ISLAND **4 HVC** ★★
BOUND Jennifer Tilly **26 SM Screen 1** PREMIERE ★★★
CONFESSIONS OF A LAPDANCER Blake Pickett **10 SM Screen 1** ★★★
DESIRES OF INNOCENCE Gabriella Hall **16 SM Screen 2** ★★★
EMMANUELLE 5 **23 SM Screen 2** ★★★
GRETTA Meredith Hayes, Rick Barnes **11 HVC** ★★★
IN TOO DEEP Hugo Race, Samantha Press **13 HVC** ★★
INDECENT BEHAVIOR 3 **2, 25 SM Screen 1** ★★★
INDECENT BEHAVIOR 4 Shannon Tweed **2, 25 SM Screen 2** ★★★
INTIMATE OBSESSION Jodie Fisher **4 SM Screen 2** ★★★
MARRIED PEOPLE, SINGLE SEX II **3, 13, 23 SM Screen 1** ★★★
MIDNIGHT BLUE Annabel Schofield **20, 29 SM Screen 1** PREMIERE ★★★
SIREN'S KISS **30 SM Screen 2** ★★★
SIRENS OF SEDUCTIONS Tane McClure **3 HVC** ★★★
UNDERCOVER **11 SM Screen 2** ★★★

HORROR

THE BLACK CAT **20 SM Screen 1** ★★★
CANDYMAN Virginia Madsen **14 SMG** SUBTITLED DS ★★★
CASTLE FREAK Jeffrey Combs **7 SM Screen 1** ★★★
THE CRAFT Fairuza Balk **6 SM Screen 1** ★★★
THE CROW: CITY OF ANGELS Vincent Perez **9, 19 SM Screen 2** ★★★
DAMIEN: OMEN II William Holden **19 SMG** ★★★
FRIDAY THE 13TH Betsy Palmer **20 SMG** ★★★★
FRIGHT NIGHT William Ragsdale **7, 29 SMG** ★★★
HALLOWEEN IV: THE RETURN OF MICHAEL MYERS **23 SMG** ★★★
THE HAND **16 SMG** ★★★
HIDEAWAY Jeff Goldblum, Christine Lahti **12 SM Screen 2** SUBTITLED ★★★
HOUSE OF USHER Oliver Reed **15, 24 SM Screen 2** ★★★
JAWS III Dennis Quaid, Bess Armstrong **3 SMG** DS ★★
KING KONG Fay Wray, Bruce Cabot **12 SMG** ★★★★
MAD LOVE Peter Lorre, Colin Clive **8, 20 TNT** ★★★
THE MASQUE OF THE RED DEATH Adrian Paul, Clare Hoak **9, 22 SM Screen 2** ★★★
MYSTIC 7 **18 HVC** ★★★
A NIGHTMARE ON ELM STREET PART 2: FREDDY'S REVENGE Mark Patton **16 SMG** ★★★
976 EVIL 2 **30 HVC** ★★★
PHANTOM OF THE OPERA Robert Englund **14, 24, 27 SM Screen 1** ★★★
POLTERGEIST II: THE OTHER SIDE JoBeth Williams **28 SMG** SUBTITLED DS ★★★
POLTERGEIST III Tom Skerritt **29 SMG** DS ★★★
SNAPSHOT **30 HVC** ★★★
THE 13TH FLOOR Lisa Hensley **23 HVC** ★★★
TOXIC ZOMBIES Charles Austin **2 HVC** ★★★
TROLL 2 **7 HVC** ★★★
THE UNHOLY Ben Cross **13 SM Screen 1** ★★★
WARLOCK MOON Laurie Walters **9 HVC** ★★★
WAXWORK Zach Galligan **12 SM Screen 2** DS ★★★
WORKING STIFFS Beverly Epstein **16 HVC** ★★

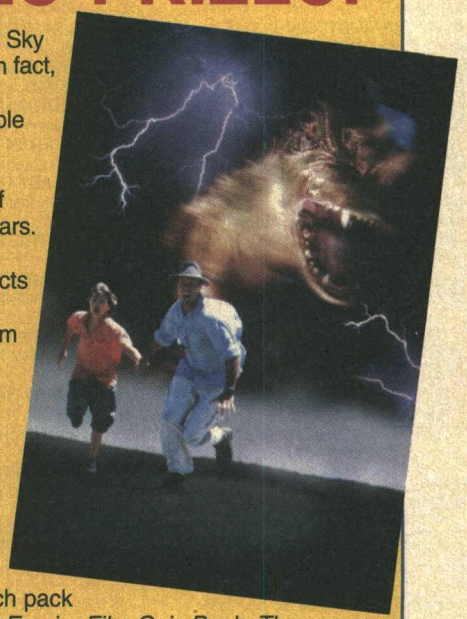
MUSICAL

ANCHORS AWEIGH Gene Kelly **4 TNT** ★★★★
BLUE SKIES Fred Astaire, Bing Crosby **11 SMG** ★★★
CHITTY CHITTY BANG BANG **1 Disney** SUBTITLED ★★★
EVITA Madonna, Antonio Banderas **7, 10, 21 SM Screen 2** ★★★
FIDDLER ON THE ROOF **11, 16 SM Screen 1** ★★★
FLASHDANCE Jennifer Beals, Michael Nouri **24 SMG** DS ★★★
42ND STREET **4 TNT** ★★★
FRENCH LINE Jane Russell **7, 17, 30 SM Screen 2** ★★★
THE GAY DIVORCEE Fred Astaire **7 SMG** ★★★
GREASE John Travolta, Olivia Newton-John **4 SMG** ★★★★
HIGHER AND HIGHER **4, 13, 22 SM Screen 2** ★★★
JESUS CHRIST SUPERSTAR Ted Neeley **21 SM Screen 2** ★★★
LAMBADA – FORBIDDEN DANCE Laura Herring **2, 22 SM Screen 1** ★★★
LET'S DANCE **21 SMG** ★★★
MR MUSIC Bing Crosby, Nancy Olson **11 SMG** ★★★
PURPLE RAIN Prince, Morris Day **8 SMG** ★★★
THE ROCKY HORROR PICTURE SHOW Tim Curry **24 SMG** ★★★
SINGIN' IN THE RAIN Gene Kelly **21 TNT** WIDESCREEN ★★★★★
SPINOUT **29 TNT** ★★★
STAR! Julie Andrews **2, 18, 27 SM Screen 1** ★★★
SWEET CHARITY **5, 26 SM Screen 1** ★★★
THREE SMART GIRLS Deanna Durbin **31 SM Screen 2** ★★★

MYSTERY/ THRILLER

ANOTHER 48 HRS Nick Nolte **3 SMG** DS ★★★
THE APOCALYPSE WATCH Patrick Bergin **4, 15 SM Screen 2** ★★★
L'AVVENTURA **13 SM Screen 1** WIDESCREEN ★★★
BAD COMPANY Ellen Barkin **5, 15, 21 SM Screen 2** SUBTITLED LAST PLAY ★★★
BEAR ISLAND **14, 26 SM Screen 1** DS ★★★
BERLIN EXPRESS Robert Ryan **18 SMG** ★★★
BLUE STEEL Jamie Lee Curtis **23 SMG** DS ★★★
BODY OF INFLUENCE 2 **18 SM Screen 2** ★★★
CHAIN REACTION Keanu Reeves **28 SM Screen 2** SUBTITLED ★★★
CHINA GIRL Sari Chang **13 SM Screen 2** ★★★
CODE NAME: WOLVERINE Antonio Sabato Jr **1, 17, 28 SM Screen 1** PREMIERE ★★★
THE COLD LIGHT OF DAY Richard E Grant **11 SMG** ★★★
COMA **12 TNT** ★★★
COMPELLING EVIDENCE **12, 22 HVC** ★★★
CONTAGIOUS Lindsay Wagner, Tom Wopat **9, 26 SM Screen 1** PREMIERE ★★★
COOL BREEZE **20 TNT** ★★★
COPYCAT **17, 28 SM Screen 2** SUBTITLED ★★★
CRACKERJACK **4, 29 SM Screen 2** ★★★
CRIMINAL PURSUIT David Chokachi **14, 26 SM Screen 1** PREMIERE ★★★
CRUISING Al Pacino, Paul Sorvino **13 SMG** ★★★★
CYCLO Tony Leung Chiu-Wai **19 SM Screen 2** LAST PLAY ★★★
DARK ANGEL Eric Roberts, Ashley Crow **16, 25 SM Screen 1** PREMIERE ★★★
DEAD BANG Don Johnson **14 SMG** DS ★★★
DEAD COLD **13, 30 SM Screen 1** LAST PLAY ★★★
DEAD PRESIDENTS Larenz Tate, Keith David **12 SM Screen 1** SUBTITLED PREMIERE DS ★★★
DEADLOCKED: ESCAPE FROM ZONE 14 Esai Morales **4, 23 SM Screen 2** ★★★
DEADLY PURSUITS **3, 19 SM Screen 2** ★★★
DEATH HUNT Charles Bronson, Lee Marvin **30 SMG** ★★★
DESTINY TURNS ON THE RADIO Dylan McDermott **18 SM Screen 2** ★★★
DIABOLIQUE Sharon Stone **8 SM Screen 2** SUBTITLED ★★
DIE HARD Bruce Willis, Alan Rickman **17 SMG** DS ★★★★
DON'T BOTHER TO KNOCK Marilyn Monroe **25 SMG** ★★★
ED MCBAIN'S 87TH PRECINCT: HEATWAVE Dale Midkiff **6, 14 SM Screen 2** LAST PLAY ★★★
THE ENTITY **20 SMG** DS ★★★
EVIL HAS A FACE Sean Young **26 SM Screen 2** ★★★
EXIT IN RED Mickey Rourke **10, 20 SM Screen 2** ★★★
EXOTICA **4, 24 SM Screen 1** SUBTITLED ★★★
EYES BEYOND SEEING Harry Hibbits **31 HVC** ★★★
FAIR GAME William Baldwin **16 SM Screen 1** SUBTITLED ★★★
FATAL ATTRACTION Michael Douglas **24 SMG** ★★★
FEAR Mark Wahlberg **10 SM Screen 2** ★★★
THE FIRST DEADLY SIN Frank Sinatra **21 SMG** ★★★
FROM HOLLYWOOD TO DEADWOOD **9 HVC** ★★★
GET CARTER **8 TNT** WIDESCREEN ★★★★
GIRLS ON THE ROAD Diane Hull **26 HVC** ★★★
THE GLIMMER MAN Steven Seagal **13 SM Screen 2** SUBTITLED ★★★
THE GROTESQUE Alan Bates **4, 28 SM Screen 1** ★★★
HACKERS Jonny Lee Miller, Angelina Jolie **11 SM Screen 2** SUBTITLED ★★★
HART TO HART: TILL DEATH DO US HART Robert Wagner **6 SM Screen 2** ★★★
HART TO HART: TWO HARTS IN 3/4 TIME Stephanie Powers **27 SM Screen 2** ★★★
HEAT Robert De Niro, Al Pacino, Jon Voight **2, 14 SM Screen 2** SUBTITLED ★★★★
HIGH SIERRA **25 TNT** ★★★
HIT MAN **10 TNT** ★★★
JADE **1, 13, 24 SM Screen 2** SUBTITLED ★★★
JEOPARDY Barbara Stanwyck, Barry Sullivan **24 TNT** ★★★★
KANSAS CITY Jennifer Jason Leigh **7, 27 SM Screen 1** ★★★
THE KREMLIN LETTER Bibi Andersson, Richard Boone **12 SM Screen 1** ★★★
LADY IN THE LAKE Robert Montgomery **3 TNT** ★★★
LETTER TO MY KILLER **11 SM Screen 1** ★★★
THE LIQUIDATOR Rod Taylor, Trevor Howard **3 TNT** ★★★
THE LONG KISS GOODNIGHT Geena Davis **20 SM Screen 2** SUBTITLED DS ★★★
LYING EYES Cassidy Rae, Vincent Irizarry **4, 14, 26 SM Screen 1** LAST PLAY ★★★
THE MALTESE FALCON Humphrey Bogart, Mary Astor **31 TNT** ★★★★
MAN ON FIRE Scott Glenn **11, 20 SM Screen 2** DS ★★★
MARKED FOR DEATH Steven Seagal **11 SMG** ★★★
MASQUERADE Rob Lowe, Meg Tilly **28 SMG** DS ★★★
MAXIMUM SECURITY Paul Michael Robinson, John Lazar **9, 25 SM Screen 1** ★★★
MCQ John Wayne, Eddie Albert **8 SMG** ★★★
MURDEROUS INTENT Lesley Ann Warren **16, 22 SM Screen 1** LAST PLAY ★★★
MY COUSIN RACHEL Olivia de Havilland, Richard Burton **6, 21 SM Screen 2** ★★★
NORTH BY NORTHWEST Cary Grant, Eva Marie Saint **26 TNT** WIDESCREEN ★★★★★
THE NURSE Lisa Zane **8 SM Screen 1** ★★★
THE OSTERMAN WEEKEND Rutger Hauer, John Hurt **21 SMG** ★★★
THE PACKAGE Gene Hackman **28 SMG** ★★★
PANIC IN THE SKIES! **4, 13 SM Screen 1** LAST PLAY ★★★
POWER **17 SMG** ★★★
PREDATOR Carl Weathers **6, 31 SMG** DS ★★★
PRESCRIPTION FOR MURDER Adam Baldwin **11, 22 SM Screen 2** ★★★
RANSOM Mel Gibson **25, 31 SM Screen 2** PREMIERE ★★★

WIN SKY MOVIES EXCLUSIVES PRIZES!



You see films first on Sky Movies Exclusives. In fact, you get to see them before they're available on video and even before they're out at the cinema! Exclusives delivers a great selection of movies featuring the world's biggest stars. This month sees the screening of *Gargantua*, a big budget, special effects spectacular that receives its British premiere on Sunday 19 July at 9.00pm on Sky Movies Screen 2. Set on a tropical island resort, *Gargantua* is a tale of man versus nature, as monsters cross a deadly path with civilisation. Adam Baldwin stars as a marine biologist in this gripping movie. To celebrate this exciting new development, *Cable Guide* has teamed up with Sky to offer ten readers a **fantastic movie pack**. Each pack contains a movie soundtrack CD, the *Empire Film Quiz Book*, *The Sunday Times 1000 Makers of the Cinema*, popcorn and your very own director's chair. To have a chance of winning one of these fabulous prizes, just answer the following question on a postcard, to reach us by 31 July:

WHEN AND WHERE CAN YOU SEE *GARGANTUA*?

Send your entry to: EXCLUSIVES Competition, *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ. The first ten correct entries drawn at random will win. Usual rules apply.

REVENGE IS MY DESTINY Chris Robinson 1 HVC ★★★
RIDERS OF THE PURPLE SAGE Ed Harris 2, 10 SM Screen 2 PREMIERE ★★★
THE ROCK Sean Connery, Nicolas Cage 23, 29 SM Screen 2 SUBTITLED DS ★★★
SEALED WITH A KISS C Thomas Howell 15, 24 SM Screen 1 PREMIERE ★★★
THE SECRET PARTNER Stewart Granger 26 TNT ★★★
THE SEVENTH SIGN Demi Moore 13 SMG ★★★
SHARON'S SECRET 8, 27 SM Screen 2 LAST PLAY ★★★
SMOOTH TALKER Joe Guzaldo 23 HVC ★★
A SOLDIER'S STORY Howard Rollins 27 SMG ★★★
STRANGE DAYS 16, 31 SM Screen 2 SUBTITLED ★★★
SUSPICION 19 SMG ★★★★
TEMPTRESS Chris Sarandon 8 SM Screen 1 ★★★
TRACKS OF A KILLER 7, 24 SM Screen 2 LAST PLAY ★★★
TRUE BELIEVER 6 SMG ★★★
TWO MINUTE WARNING Charlton Heston 16 SMG ★★★
UNDER OATH Jack Scalia 8 SM Screen 2 ★★★
UNLIKELY SUSPECTS 21 SM Screen 1 ★★★
THE VELVET TOUCH Rosalind Russell 28 SM Screen 2 ★★★
VIRTUOSITY 24 SM Screen 2 SUBTITLED ★★★
WHEN THE CRADLE FALLS 6, 29 SM Screen 1 ★★★
WHITE ANGEL Peter Firth 29 SM Screen 2 ★★★

SCIENCE FICTION/ FANTASY

THE ABYSS Ed Harris 15 SMG ★★★
ALIEN NATION James Caan 8, 17 SMG ★★★
ALIEN NATION: BODY AND SOUL 6 SM Screen 1 ★★★
ALIEN NATION: MILLENNIUM 16 SM Screen 1 ★★★
THE ARRIVAL 3, 14 SM Screen 2 SUBTITLED ★★★
BACK TO THE PLANET OF THE APES 6, 20 SM Screen 1 ★★★
THE BLUE BIRD Patsy Kensit 3, 22 SM Screen 1 ★★★
BRAINSTORM 7 TNT ★★★
COCOON: THE RETURN 1, 24 SM Screen 1 ★★★
DESTROY ALL MONSTERS Akira Kubo, Jun Tazaki 18 SMG ★★★
DOOM RUNNERS Lea Moreno 7 Disney ★★★
ELIMINATORS Andrew Prine 13 HVC ★★★
ESCAPE FROM L.A. Kurt Russell 18, 29 SM Screen 2 SUBTITLED ★★★
FAREWELL TO THE PLANET OF THE APES 9, 31 SM Screen 1 ★★★
FORGOTTEN CITY OF PLANET OF THE APES 7, 24 SM Screen 1 ★★★
GENERATION X Matt Frewer 1, 28 SM Screen 2 LAST PLAY ★★★
GODZILLA VS GIGAN Minoru Takashima 18 SMG ★★★
GODZILLA VS MEGALON Katsuhiko Sasaki 18 SMG ★★★
ICEMAN Timothy Hutton 6 SMG DS ★★★
INVASION OF ASTRO MONSTER 18 SMG ★★★
IT CAME FROM OUTER SPACE II 13, 24 SM Screen 2 SUBTITLED LAST PLAY ★★★
LIFE LIBERTY AND THE PURSUIT OF HAPPINESS ON THE PLANET OF APES 8, 28 SM Screen 1 ★★★
MTHE MACHINE Gérard Depardieu 4 SMG ★★★
MIND BREAKERS 15 SM Screen 1 ★★★
MYSTERY SCIENCE THEATER 3000: THE MOVIE 19 SM Screen 2 ★★★
OUT THERE Bill Campbell 23, 31 SM Screen 2 ★★★
PHASE IV Nigel Davenport 3, 10 SM Screen 1 ★★★
RAVAGER 23 SM Screen 1 PREMIERE ★★★
ROBOCOP 27 SMG ★★★★
SINBAD AND THE EYE OF THE TIGER Patrick Wayne 26 SM Screen 1 ★★★
SON OF GODZILLA Tadao Takashima 18 SMG ★★★
SPECIES 8 SM Screen 2 SUBTITLED LAST PLAY ★★
STAR TREK III: THE SEARCH FOR SPOCK William Shatner 7 SMG DS ★★
STAR TREK IV: THE VOYAGE HOME William Shatner 30 SMG DS ★★★★
THE SWORDSMAN Lorenzo Lamas 5, 15 HVC ★★★
TERROR OF MECHAGODZILLA Ai Tomoko 18 SMG ★★★
THEM! James Whitmore 10, 20 SM Screen 2 ★★★
2001: A SPACE ODYSSEY 11 TNT WIDESCREEN ★★★★
W.E.I.R.D. WORLD Dana Ashbrook, Marshall Bell 1 SM Screen 2 ★★★
WESTWORLD Yul Brynner 11 TNT ★★★★
WHEN TIME EXPIRES Richard Grieco 6, 17, 28 SM Screen 2 PREMIERE ★★★
WITHIN THE ROCK 10 SM Screen 1 ★★★

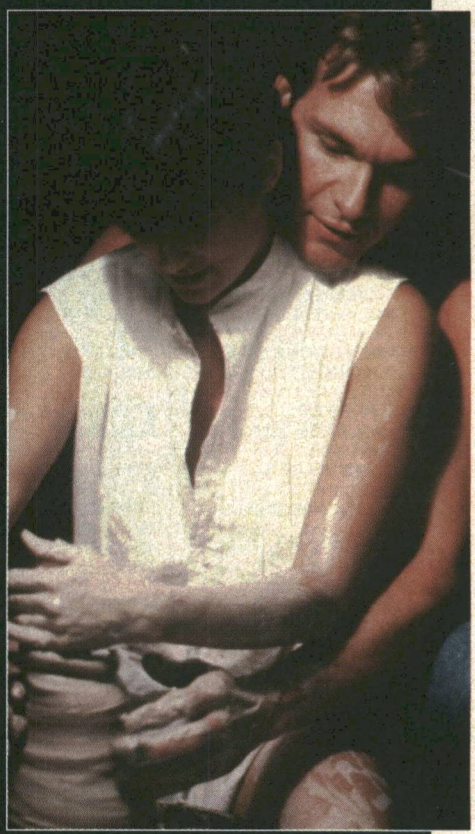
WESTERN

BAD DAY AT BLACK ROCK 26 TNT ★★★★
THE BALLAD OF CABLE HOGUE Jason Robards 24 SM Screen 1 ★★★
BILLY THE KID Robert Taylor, Brian Donlevy 16 TNT ★★★
THE BRAVADOS Gregory Peck 14 SMG ★★★
CATLOW Yul Brynner, Daliah Lavi 18 TNT ★★★
CIMARRON 16, 19 TNT ★★★
CONAGHER 14 TNT ★★★
DESPERATE TRAIL Sam Elliott 19 TNT ★★★
DODGE CITY 13 TNT ★★★
DRAW! Kirk Douglas 2, 11, 23 SM Screen 2 ★★★
ESCAPE FROM FORT BRAVO 14 TNT ★★★
FTHE FASTEST GUN ALIVE 19 TNT ★★★
GORE VIDAL'S BILLY THE KID 16 TNT ★★★
GUNS FOR SAN SEBASTIAN Anthony Quinn 18 TNT ★★★
HHELLER IN PINK TIGHTS Sophia Loren 4 SMG ★★★
LTHE LAST HARD MEN Charlton Heston 8, 26 SM Screen 1 ★★★
LAST OF THE DOGMEN 21 SM Screen 1 ★★★
PPAT GARRETT AND BILLY THE KID James Coburn 17 TNT ★★★★
RIDE THE HIGH COUNTRY Randolph Scott 17 TNT ★★★
RINGO AND HIS GOLDEN PISTOL 18 TNT ★★★
THE ROUNDERS Henry Fonda 16 TNT ★★★
SHE WORE A YELLOW RIBBON John Wayne 27 SMG ★★★
SILVER RIVER Errol Flynn, Ann Sheridan 13 TNT ★★★
STAGECOACH Ann-Margret 8, 17 SM Screen 1 ★★★
TECUMSEH Lawrence Bayne 15 TNT ★★★
TERROR IN A TEXAS TOWN Sterling Hayden 1, 17 SM Screen 2 ★★★
THEY DIED WITH THEIR BOOTS ON 13 TNT ★★★
WELCOME TO HARD TIMES 18 TNT ★★★
WESTWARD THE WOMEN 14 TNT ★★★
WILD ROVERS 14 TNT ★★★
YOUNG GUNS Emilio Estevez 8 SMG ★★★

SCREEN TRENDS

Hollywood has always believed in life after death, especially when its films have died at the box office. IVAN WATERMAN is haunted by some of this month's movies …

GHOST



OK, let's get romantic. With a little bit of help from the Righteous Brothers, the coupling of Patrick Swayze and Demi Moore rocked the box office to its foundations in 1990. In Jerry Zucker's comedy/thriller, the hero of the piece gets murdered by accident and tries to protect his true love against a killer. Watch out for Whoopi Goldberg, who won an Oscar (Best Supporting Actress) playing a fake medium who realises she *has* got what it takes.
SKY MOVIES GOLD SUNDAY 12TH

GHOST DAD

Director Sidney Poitier may wish he'd stuck to acting after serving up this film. Sitcom star Bill Cosby enters the fray as a widowed workaholic family man who is prematurely killed, but finds a way back from the dead to help his children find their feet. Our Bill walks through doors, walls and other solid objects … all for the alleged sake of comedy. The late, great Henry Mancini supplied the music and Scottish acting giant Ian Bannen puts in a cameo performance.
SKY MOVIES SCREEN 2 SATURDAY 18TH

MADE IN HEAVEN

Here's one to get you sobbing into your hankies. Two lost souls in heaven fall in love, but must find each other after being re-born on Earth if they are to remain eternal soulmates. Nice guy Mike, played by Timothy Hutton, returns as jazz musician Elmo, in search of beautiful Annie, alias Kelly McGillis. Fab guest stars include Maureen Stapleton, Mare Winningham and Amanda Plummer, plus there's a host of cameos from the likes of rock legends Neil Young and Tom Petty, Ellen Barkin and Debra Winger.
SKY MOVIES GOLD THURSDAY 9TH

DRACULA: DEAD AND LOVING IT

You may not have thought there'd be too many jokes surrounding the undead, but trust director Mel '*Young Frankenstein*' Brooks to try. Leslie Nielsen stars as the Prince of Darkness, who moves to London from Transylvania in search of a better nightlife and a fresh supply of blood. And soon he's trying to get his teeth into a couple of English roses, played by Lysette Anthony and Amy Yasbeck. Not as funny as another vampire spoof, Polanski's *Dance of the Vampires*, but it's Brooks's best film for a while.
SKY MOVIES SCREEN 1 FRIDAY 3RD

GHOSTBUSTERS II

If *Poltergeist* showed us what a house built in the wrong neighbourhood can do, the sequel to the highly successful *Ghostbusters* suggests you should be careful where you place your cities – here, New York is atop a river of gelatinous evil. All of your favourites from the original are here (Bill Murray, Dan Aykroyd, Rick Moranis, Sigourney Weaver, Harold Ramis), but somehow the magic isn't. The special effects were good for their time, however. Ghostbusters III is mooted for next year.
SKY MOVIES GOLD WEDNESDAY 29TH

SECTION ONE

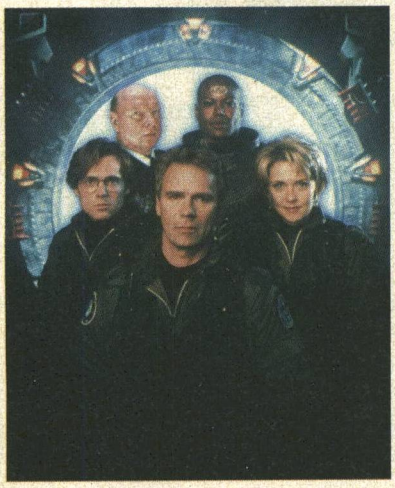
Wednesday 1 July – Friday 10 July

BLOOD AND BLUNDER

FANGS are definitely not what they used to be when Leslie Nielsen stars as Dracula in Mel Brooks's horror spoof, *Dracula: Dead and Loving It*. The star of the *Naked Gun* series gives a new meaning to the term blood clot when he plays the Prince of Darkness, relocating to London from Transylvania in search of fresh blood. He wastes no time in making an impression on two young ladies, Mina and Lucy.
Sky Movies Screen 1 Friday 3rd 9.00pm

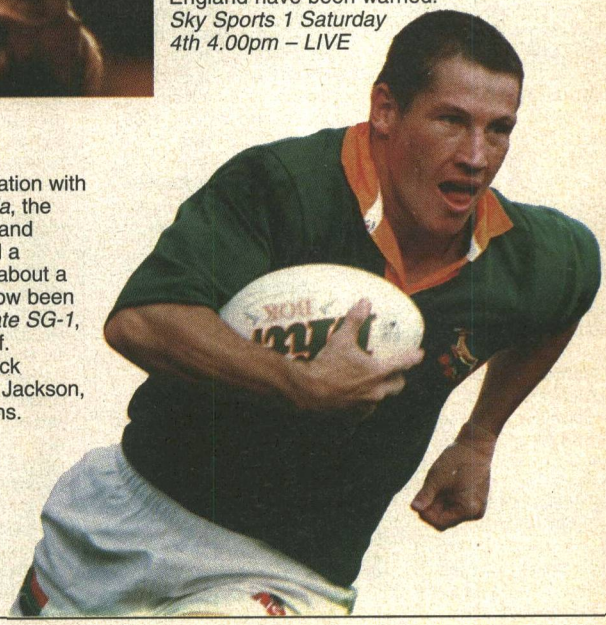
SMALL TALK

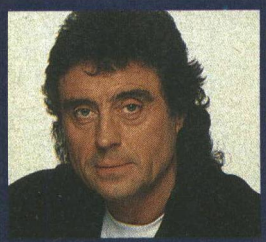
ONE MAN who won't go down without a fight when South Africa face England is controversial winger James Small. The Springboks' most capped player has developed a reputation as the bad boy of South African rugby, even getting involved in a brawl with one of his own team-mates. England have been warned!
Sky Sports 1 Saturday 4th 4.00pm – LIVE



GOLDEN GATE

BEFORE they enjoyed world domination with *Independence Day* and now *Godzilla*, the movie production partnership of Roland Emmerich and Dean Devlin enjoyed a surprise hit with *Stargate*. The film, about a gateway to another universe, has now been followed by a popular series, *Stargate SG-1*, which picks up where the film left off. Richard Dean Anderson stars as Jack O'Neill and Michael G Shanks is Dr Jackson, battling against enemy Gou'ald aliens.
Sky One Thursdays 8.00pm





LOVEJOY NIGHT
Sunday 5th July
5.00pm - 2.00am

ROMANIA v URUGUAY
OR
LADY JANE v LOVEJOY?

CARLTON SELECT

FOOTBALL FREE ZONE
DURING JUNE AND JULY

AVAILABLE ON CABLE AND COMING SOON ON DIGITAL TV

Wednesday 1 July

SKY MOVIES SCREEN 1

MORNING

6.00am Citizens Band
1977, rating Sky PG, 92 mins
8.00 Ladyhawke
Rutger Hauer
1985, rating Sky PG, 115 mins
10.00 Runaway Car
Judge Reinhold, Nina Siemaszko
1997, rating Sky PG, 87 mins
11.30 Invisible Dad
1997, rating Sky U, 86 mins
1.00pm Citizens Band
1977, rating Sky PG, 92 mins

3.00 Cocoon: The Return
Don Ameche, Wilford Brimley, Hume Cronyn, Jack Gilford,
Science fiction sequel in which a group of senior citizens who left earth with some friendly aliens return for a four-day stop-over to visit their old friends. Now they must decide whether or not to spend their final years among their own kind. *1988, rating Sky PG, 110 mins*

5.00 Invisible Dad
Karen Black, Russ Tamblyn
Family adventure about a young boy named Doug Bailey whose father's new machine renders him invisible. It is now up to Doug to try and reverse the process before his father is doomed to spend the rest of his life being unseen. *1997, rating Sky U, 86 mins*

7.00 Runaway Car
Judge Reinhold, Nina Siemaszko, Brian Hooks
Action thriller, based on a true story, about a woman who finds herself in a speeding car with no way of stopping. The authorities are soon alerted to the danger but, with a minefield of obstacles for the driver to avoid, time is rapidly running out. *1997, rating Sky PG, 87 mins*

9.00
Code Name: Wolverine
Antonio Sabato Jr, Traci Lind, Danny Quinn, Richard Brooks
PREMIERE Action-packed thriller about an ex-navy SEAL whose family is kidnapped by drug traffickers. *1996, rating Sky 15, 87 mins*

10.30
When Saturday Comes
Sean Bean, Emily Lloyd, Craig Kelly, Pete Postlethwaite
Sports drama in which a brewery worker with no future gets the chance to fulfil his dream of becoming a professional footballer. **Text** *1995, rating Sky 15, 94 mins*

12.15am Rock and Roll Fantasy
April Lerman, Avalon Anders
1992, rating Sky 15, 88 mins
1.50 The Late Shift
Kathy Bates, John Michael Higgins
1996, rating Sky 15, 91 mins
3.30-5.30am Americanski Blues
1994, rating Sky 15, 93 mins

SKY MOVIES SCREEN 2

6.00am Easy Living
Jean Arthur, Ray Milland
1937, rating Sky U, 84 mins
8.00 Terror in a Texas Town
1958, rating Sky PG, 77 mins
10.00 August
Anthony Hopkins, Kate Burton
1995, rating Sky PG, 89 mins
12noon Carrie
Jennifer Jones, Laurence Olivier
1952, rating Sky U, 114 mins
2.00pm Terror in a Texas Town
Sterling Hayden, Carol Kelly, Sebastian Cabot, Ned Young
Western about a sailor who arrives home in Texas to find that the locals are being terrorised by a greedy property developer. *1958, rating Sky PG, 77 mins*

4.00 Easy Living
Jean Arthur, Ray Milland, Edward Arnold, Luis Alberni, Mary Nash, Franklin Pangborn
Screwball comedy about a menial office worker whose life changes hilariously when a discarded fur coat lands on her head and as a result she is mistaken for a famous Wall Street speculator's mistress. *1937, rating Sky U, 84 mins*

6.00 August
Anthony Hopkins, Kate Burton, Leslie Phillips, Gawn Grainger
Drama about an ageing alcoholic who is visited by a professor. Initially he enjoys the company, but it becomes clear there is a purpose behind the visit. *1995, rating Sky PG, 89 mins*

7.30
E! News Week in Review
All the latest Hollywood news.

8.00 The Matchmaker
Janeane Garofalo, David O'Hara, Denis Leary, Milo O'Shea, Jay O Sanders, Paul Hickey, Olivia Caffrey
Romantic comedy about a political aide who arrives in Ireland hoping to trace her client's ancestry. During her search she makes friends in the community and falls in love. *1997, rating Sky 15, 94 mins*

10.00 Jade
David Caruso, Linda Fiorentino, Chazz Palminteri, Michael Biehn
Thriller about an assistant district attorney who runs into an ex-girlfriend while investigating a murder. During his investigation he discovers that the case involves powerful political figures as well as his old flame. **Text** *1995, rating Sky 18, 91 mins*

11.40 W.E.I.R.D. World
Dana Ashbrook, Marshall Bell
1995, rating Sky 15, 86 mins
1.15am Generation X
1995, rating Sky 15, 87 mins
2.50 Ordinary Heroes
1986, rating Sky 15, 88 mins
4.25-5.45am Willy Fog – Journey to the Centre of the Earth
1995, rating Sky U, 75 mins

Emily Lloyd and Sean Bean star in 'When Saturday Comes': Sky Movies Screen 1 10.30pm

SKY MOVIES GOLD

4.00pm The Prisoner of Second Avenue
Jack Lemmon, Anne Bancroft, Elizabeth Wilson, Gene Saks, Florence Stanley, Maxine Stuart, Ed Peck, Ivor Francis
Comedy drama about a middle-aged couple who are forced to cope when the husband unexpectedly loses his job and has a nervous breakdown. *1974, rating Sky PG, 94 mins*

6.00
Trail of the Pink Panther
Peter Sellers, Joanna Lumley, David Niven, Herbert Lom
The last comic adventure involving Inspector Clouseau. The film was made after Sellers' death and uses unseen footage from earlier movies plus new appearances by regular members of the cast. *1982, rating Sky PG, 91 mins*

8.00 Honkytonk Man
Clint Eastwood, Kyle Eastwood, John McIntire, Alexa Kenin, Verna Bloom, Matt Clark
Drama about the ups and downs of a dying country singer during the Great Depression. Clint Eastwood stars as the consumption-stricken singer who arrives in Nashville for an all-or-nothing audition. *1982, rating Sky 15, 118 mins*

10.00 Beverly Hills Cop
Eddie Murphy, Judge Reinhold, John Ashton, Lisa Eilbacher
Action comedy starring Eddie Murphy as Detroit cop Axel Foley, who causes mayhem when he arrives in Los Angeles in pursuit of the killer of one of his colleagues. *1984, rating Sky 15, 101 mins*

11.50
Bright Lights, Big City
Michael J Fox, Kiefer Sutherland
1988, rating Sky 18, 103 mins
1.40am White Nights
Mikhail Baryshnikov, Gregory Hines
A Soviet dancer tries to defect.
1985, rating Sky 15, 131 mins
3.55-5.40am The Egg and I
Claudette Colbert, Marjorie Main
1947, rating Sky U, 103 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00 Diner
Steve Guttenberg, Daniel Stern, Mickey Rourke, Kevin Bacon
Acutely observed rites-of-passage movie about five young Baltimore men in 1959 for whom the local diner is more than just a place to hang out and talk – it is the world. But as they celebrate Christmas, they all have to face up to adulthood. *1982, 105 mins*

11.00 A Night at the Opera
Groucho Marx, Harpo Marx
Comedy classic in which the Marx Brothers become involved in the opera business. *1935, 88 mins*

12.45am Our Mother's House
Dirk Bogarde, Margaret Brooks
When a mother dies, her children hide her death to escape being separated in a orphanage.
1967, 101 mins
2.45-5.00am Diner
Steve Guttenberg, Daniel Stern
Teenage drama. *1982, 104 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons **Text** **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** **Text** **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
I Want to Face My Lover's Ex
On today's show, a woman comes face to face with her husband's mistress – but how will she react?

4.00
The Oprah Winfrey Show
Letters from Parents
A review of parenting advice given on past shows, plus viewers's suggestions.

5.00 Star Trek: Voyager
Prime Factors
The crew encounters a race who may be able to help them return home. But cultural differences cause problems. **Text**

6.00 The Nanny
A Star is Born

6.30
Married... With Children
The Wedding: Repercussions
Bud runs for cover. **Text**

7.00 The Simpsons
Rosebud
Mr Burns wants his teddy. **Text**

7.30 The Simpsons
Homer and Apu
Apu needs Homer's help. **Text**

8.00 Stargate SG-1
Hathor
A Gou'ald who has taken on the persona of the Egyptian sex goddess Hathor casts her spell over the Stargate men.

9.00 The Outer Limits
To Tell the Truth
A scientist's efforts to save a space colony from destruction are stifled by political interference and lies.

10.00 Friends
The One with Two Parties
Rachel has a birthday party.

10.30 Friends
The One with the Chicken Pox
Phoebe catches Chicken Pox.

11.00 Star Trek: Voyager
Prime Factors
The crew encounters a race who may be able to help them return home. But cultural differences cause problems. **Text**

12midnight Nash Bridges
Home Invasion
Nash Bridges takes on a group of cut-throat gangsters who form their own outlaw gang and terrorise Chinatown and its residents. **Text**

1.00-7.00am Long Play
A VJ-free zone that brings you more of the music you want to see.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
PREMIERE Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
PREMIERE Big-screen animated adventure for the idiotic, teenage MTV dudes. With the voice of Mike Judge. *1996, rating Sky 12, 78 mins*
PLAYS AT 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
PREMIERE Sci-fi adventure sequel starring Patrick Stewart. *1996, Sky 12, 106 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
PREMIERE America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his incredible rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas ● FEATURE: page 17 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Normal Behaviour
CID targets a young, known offender after an old lady is violently robbed.

3.25 The Bill
Charity and Beating

3.55 Pride and Prejudice
Darcy is pleased to introduce Elizabeth to his sister, Georgiana, and to welcome her and her aunt and uncle to Pemberley.

4.55 EastEnders
Another vintage episode of the popular soap.

5.30 Wowfabgroovy
Gameshow where celebrities battle it out in a nostalgic news and views quiz.

6.00 All Creatures Great and Small
Breath of Life
Siegfried discovers that a gift given in good faith can deal out death.

7.00 Last of the Summer Wine
The Flag and Further Snags
Comic adventures with the three old men of the Dales.

7.40 Waiting for God
Diana has financial problems and moves in with Tom.

8.20 Butterflies
Sitcom about a woman torn between her husband and her handsome, unpredictable friend.

9.00 One Foot in the Grave
I'll Retire to Bedlam
Victor and Margaret are trapped in their garden shed.

9.40 FILM: The Fourth Protocol
Michael Caine, Pierce Brosnan, Joanna Cassidy, Ned Beatty, Ray McAnally, Ian Richardson.
Spy thriller about a British agent who uncovers – and attempts to foil – a Russian plot to set off a nuclear bomb near a US air base on British soil and destroy Anglo-American relations. *1986*

11.55 The Bill
Normal Behaviour

12.25am The Bill
Charity and Beating

12.55 Paul Merton – The Series
Surreal comedy with Paul Merton.

1.25 Spitting Image

1.55 The Equalizer
Out of the Past

2.45-7.00am Shopping at Night
Home shopping feature.

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Living Issues 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Daily lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly a star of *The Cosby Show.*

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.

7.00 Rescue 911
Real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles
Baffling stories and events.

8.00 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff and paramedics tackle critical emergency medical situations.

9.00 FILM: In My Daughter's Name
Donna Mills, John Getz, Ari Meyers, John Rubinstein, Lee Grant, Ron Frazier
Drama in which the parents of a raped and murdered teenage girl embark on a long fight to bring her killer to justice. When the legal system fails and the man is acquitted, the mother takes matters into her own hands. *1992*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Return of the Saint 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Cuckoo Waltz 1.30 The Army Game 2.00 Within These Walls

3.00 Dempsey & Makepeace
Make Peace – Not War
Dempsey goes undercover as a member of a dangerous drugs ring.

4.00 Hawaii Five-0
Full Fathom Five
McGarrett is assigned by the governor of Hawaii to break up a confidence racket targeting rich widows for their fortunes.

5.00 Return of the Saint
Vicious Circle
Death casts a cloud over Italy's world of fashion – the loss of a beautiful top designer's husband and a former car-racing idol.

6.00 Emmerdale
Soap opera serial set in the heart of the Yorkshire Dales.

6.30 Classic Coronation Street
Brian gets the sack.

7.00 Doctor at Large
Mother and Father Doing Well
Michael helps a nervous friend.

7.30 Doctor on the Go
For Your Own Good
Gascoigne's father turns up.

8.00 Dempsey & Makepeace
Make Peace – Not War
Dempsey goes undercover as a member of a dangerous drugs ring.

9.00 The Professionals
Weekend in the Country
A farmhouse siege.

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Noddy's Electric Ladyland
Eccentric pop quiz.

11.30 V.P.L.
A saucy late night offering, presented by Glen Campbell.

12midnight Sunny Hotspots and Girls

12.30 Studs

12.50 Lord Lust's Lovelies

1.00 E! Gossip

1.30 E! Mysteries and Scandals
Buddy Holly

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Lamb Chops Play-Along 6.30 Jungle Cubs 7.00 Football Fever 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Microscopic Milton 10.05 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle 12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 New Adventures of Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
Craziness on the African plains.

3.30 Brand Spanking New Doug
Doug Gets a Roommate
Ned Cauphee comes to stay.

4.00 Pepper Ann
Pepper Ann wants to be cool at all costs. Text

4.30 Recess
Animated series from the creators of *Rugrats.* Text

5.00 Smart Guy
Teenage troubles.

5.30 Student Bodies
Goop
An accident in the lab could make Edison High famous. Text

6.00 Teen Angel
Marty Buys the Farm Text

6.30 Boy Meets World
This Little Piggy
Cory is caught between Shawn, Topanga and a pig. Text

7.00 FILM: Chitty Chitty Bang Bang
Dick Van Dyke, Sally Ann Howes, Lionel Jeffries
Musical fantasy about an eccentric inventor who rescues a decrepit car, restores it and gives it magical powers. The children who own it are thrilled, and with some assistance from the delightfully named Truly Scrumptious, they all set off on an adventure. With the car's help they manage to overthrow a wicked government in a country that hates children. *1968*

9.15-10.00pm Touched by an Angel Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Feasts of the World 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm A Year at Ballymaloe 1.00 Food for Thought 1.30 From the Ground Up 2.00 Travels à la Carte 2.30 Food Network Daily 3.00 Vin Ordinaire 3.30 Coxon's Kitchen College 4.00 New Chefs on the Block 4.30-5.00pm Red Hot 'n' Smokin'
The Nosh brothers are at The Griffin Inn in Sussex.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
Angel's problems move closer to home.

6.30 My Two Wives
Jack the Hacker
Sitcom about a lawyer.

7.00 London Bridge
Sam deflects Ravi's questions about why Ant might have left.

7.30 Desmond's
Calypso
Desmond meets a ghost.

8.00 Switch On
Entertainment magazine featuring news and views.

8.30 Goodnight Sweetheart
Someone to Watch Over Me

9.00 The Orchid House
Joan
Mr Lilipoulala, the opium pusher, is found dead, and Stella is told to return to the States just as her younger sister arrives.

10.00 The Darling Buds of May
A Season of Heavenly Gifts
It seems to be Pop's lucky day. Stars David Jason.

11.00 Tales of Sherwood Forest 12midnight Just a Gigolo 12.30am-1.00am The Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE by Ross Biddiscombe

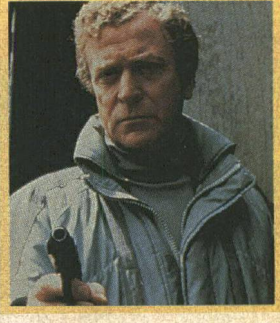
FILM

The Lawnmower Man
Sci-Fi Channel 10.00pm
Pierce Brosnan stars as a scientist who's worked out how to accelerate the intelligence of monkeys by connecting them up to virtual reality simulations. When his employers hear of his discovery, he chooses his gardener to experiment on and unwittingly unleashes a nightmare.

GENERAL

Emmerdale
Granada Plus 9.30am, 12.30pm, 6.00pm
Lovers of life on the Yorkshire Dales can re-live the stories of this tight knit community. Launched in 1972, the programme really started to hit the headlines in 1989 when it was re-named and became a place of sex and scandal, to the joy of a whole new generation of viewers.

ADVERTISEMENT



UK GOLD

THE FOURTH PROTOCOL 9.40PM

Michael Caine and Pierce Brosnan star in this classic spy thriller. Tension mounts as they try to prevent the Russians from releasing a nuclear bomb.

Wednesday 1 July

EUROSPORT

6.00am World Cup Premiere
6.30 World Cup Premiere
7.00 World Cup Premiere
7.30 World Cup – Le Mix
9.00 World Cup – Le Mix
11.00
Rendezvous France 98
Highlights of recent *matches.*
12noon
World Cup – Le Mix
2.00pm World Cup – Le Mix
Another chance to see a match from yesterday.

4.00 Rendezvous France 98
Highlights of yesterday's games, interviews, reports and analysis.

5.00 Motorsports
Speedworld magazine featuring highlights from the Porsch Super Cup in Monaco, NHRA Winston Drag Racing in Chicago, aquabiking from the USA and Switzerland's Grand Prix from Geneva. With analysis and interviews from behind the scenes of motorsport.

7.00 Tractor Pulling
All the highlights from tractor pulling competitions throughout Europe, including the European Cup from Bernay, France.

8.00 World Cup
Highlights from the World Cup after the second stage games, with coverage of the matches along with analysis.

9.00
Boxing
Another chance to see a recent top bout.

10.00 Darts
Highlights of the 13th American Darts World Championship, held in Chicago.

11.00-12.30am
Motorsports
Speedworld magazine.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 The Pavilion End
8.15 Sky Sports Centre
8.30 Racing News
9.00 Aerobics Oz Style
9.30 Fastrax
10.00 Pool: Embassy World 8 Ball Championships
12noon Aerobics Oz Style
12.30pm Motor Racing: NASCAR Lysol
2.30 The Pavilion End
Presented by Charles Colvile

3.30 Rugby League Academy
Take a glimpse at the Rugby League stars of the future with action from the under-19s tournament that mirrors the Super League.

4.30
European Tour Weekly
A weekly summary of all the European golf action.

5.00 Cricket: Warwickshire v Lancashire – LIVE
Ball-by-ball action from the AXA Life League as Warwickshire entertain Lancashire at Edgbaston. This match brings together Mike Atherton and Brian Lara for the first time since they captained their sides during the winter tour of the Caribbean. Lara gained the upper hand during that series but, with Atherton fighting to secure his place in the Test side this summer, Lara and his side must keep a close eye on the former England captain. Presented by Mark Nicholas and commentary from Ian Botham, Bob Willis and Paul Allott.

10.00 World Cup Phone-In
Football fans have their say about France 98.
10.45
Sky Sports Centre
11.00
Dr Martens Premiere League Snooker: Doherty v Davis
Ken Doherty meets former world champion Steve Davis in this latest clash from Northamptonshire.
1.00am Sky Sports Centre
All the major headlines from the world of sport.
1.15 World of Super League
3.15 World Cup Phone-In
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Fastrax
8.45 Sky Sports Centre
9.00 Fish TV
9.30 Fish TV: Fly Fishing
10.00 The Pavilion End
11.00 Sportraits
11.30 LPGA Golf: Shoprite Classic
1.30pm Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and comprehensive roundup, including the Women's Open preview.

4.30
Dr Martens Premier League Snooker: Doherty v Davis
Ken Doherty meets former world champion Steve Davis in this latest clash from the home of Rushden and Diamonds Football Club in Northamptonshire.

6.30 The Winning Post: Kempton and Yarmouth – LIVE
Jeff Stelling presents live horse racing action as coverage from Kempton and Yarmouth takes you towards the winning post. The races from Kempton are at 6.40pm, 7.10pm, 7.40pm and 8.10pm and the Yarmouth races are at 6.55pm, 7.25pm and 7.55pm.
8.30 Pool: Embassy World 8 Ball Championships
Coverage of the team final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool. Last year, the English side beat their French rivals to claim the crown and they are determined not to relinquish the trophy.
10.30 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive roundup.

1.30am-2.00am
European Tour Weekly
The European Tour roundup that previews the forthcoming golf events and reviews events over the past week. Plus profiles and features.

SKY SPORTS 3

12noon
Rugby League Academy
1.00pm Fish TV
1.30 Fish TV: Gone Fishing
Fishing fanatic Mike Sakamoto goes on an exotic fishing trip.
2.00 Superbouts: Monzon v Valdes
Another chance to relive classic fight between Carlos Monzon and Rodrigo Valdes.

3.00 Rugby Union Classics: Wales v Australia
Classic action from 1984.
3.30
Major League Baseball
Sporting action from across the pond with one of the Major League's games of the week, plus playing tips, news, results and interviews with the leading players.

5.30
Watersports World
The show that gives the viewer a comprehensive insight into a number of watersports, from sailing to jetskiing.
6.30 European Tour Weekly
European golf news.
7.00 Fish TV: Fishing Tales
Fishing travel and tips.
7.30 Fish TV: Americana Outdoors
Hosted by David West.
8.00 World of Super League with Eddie and Stevo
The show that features every try scored over the past week, plus a preview of the forthcoming action with special guests discussing the topical issues in the game. With Eddie Hemmings and Mike Stephenson.
10.00 Greatest Moments in Sport
Enduring images of sport from across the decades.
10.30-11.30pm
Dickie Davies's Sporting Heroes: David Hemery
Dickie Davies conducts an in-depth one-to-one interview with Olympic hurdler David Hemery.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Chester-based soap about a group of teenagers.
2.30 It's in the Jeans
Line Dancing
Teenagers go on blind dates.
2.45 On the Make
Makeover show.

3.00 Sweat
Drama series about a group of young athletes.
3.30 Ready or Not
A Canadian teen drama that tackles growing up.
4.00 Fresh Prince of Bel Air
American sitcom.
4.30
Saved by the Bell: The College Years
5.00 Hollyoaks
Chester-based soap.
5.30
California Dreams
American comedy series about a rock 'n' roll band.
6.00 Hang Time
US teen comedy drama set in Paris.
6.30 Blast
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Double Heat
The team is hired to find the kidnapped daughter of a man who has to testify against the mob.
9.00 Real Stories of the Highway Patrol
Real-life drama.
9.30 Cops
Fly-on-the-wall police documentary series.
10.00 Italian Stripping Housewives
10.30 World Cup Undercover
Football magazine focusing on the World Cup fans.
11.00 FILM: Phoenix the Warrior
Kathleen Kinmont
Fantasy set in a post-apocalyptic future where only two humans survive.
1.00am
Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Highway Patrol
2.30 Cops
3.00 FILM: Behind Convent Walls
Salacious drama. *1977*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Ray Bradbury Theatre 2.00 Miracles

3.00 The Six Million Dollar Man
Rollback
Steve Austin becomes a roller derby star to get a lead on a burglary.
4.00 Swamp Thing
Future Tense
4.30
My Secret Identity
A Life in the Day of Dr J
Dr J has a birthday bash.
5.00 Amazing Stories
Welcome to My Nightmare
5.30 Inside Space
The fact and fantasy of space travel for viewers of all ages.
6.00 C/Net Central
All the latest computer and technology news.
6.30 The New Edge
A programme that takes a look at the future today.
7.00 Buck Rogers in the 25th Century
A Blast for Buck
Buck undergoes a mind probe to help stop a villain threatening Earth.
8.00 Quantum Leap
Goodnight, Dear Heart
Sam leaps back to 1957, where he becomes an undertaker determined to solve a murder.
9.00 PSI Factor – Chronicles of the Paranormal
The Endangered
The OSIR investigates a Yeti attack.
10.00 FILM: The Lawnmower Man
Pierce Brosnan, Jeff Fahey, Jenny Wright
Visually impressive science fiction thriller about a science researcher who uses a mentally disabled gardener for ill-advised virtual reality experiments in inducing mental development. *1992*
12midnight Sightings
Tim White introduces extraordinary real-life stories about the supernatural.
1.00am
Battlestar Galactica
2.00 Friday the 13th
3.00
Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Team Pool
Sky Sports 2 8.30pm
There's lots of pool on Sky Sports this month. To start off with, why not watch the team final from the Embassy World 8 Ball Championships? The top table action comes from the Stakis Hotel in Blackpool, which might not sound quite as grand as snooker's Crucible Theatre, but it'll do. Amazingly, England beat France to take the trophy last year, so don't expect to see Minnesota Fats-lookalikes wobbling around the table downing slugs of whisky – this is a game for young 'uns who have their eyes on big prize money.

TELEVISION X

12midnight The Ten Minute Free View
12.10am ... Go Lightly
12.20 The Best of Fantasy Night Calls
1.00 The Five Minute Free View
1.05 Programme continues
1.20 FILM: Sex II
2.30 FILM: Hot Scalding
Erotic adult feature.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am FILM: The Skin Game
What goes on behind the scenes and in the boardrooms of an adult film company is often more exciting than what ends up on the screen.
1.30 Members Only
Hosted by Linzi Drew.
1.50 Hometown Girls
Adult feature.
2.45-4.00am Gold Diggers

HVC

CABLE EXCLUSIVE

8.00pm FILM: Revenge is My Destiny
A Vietnam vet returns home to find himself caught up in a bizarre mystery.
9.30 Short Cuts: Once in Time
10.00 FILM: Hell Hunters
11.30-12midnight
Raw Adventures – Pacific Ocean

Wednesday 1 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/ What's in the Box 11.00 Judge 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why Files 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
Exercise show.
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Relationship advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
6.30 Dial-a-Doc
Phone-in advice.
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
Financial advice.
8.30 Judge Judy
9.00 The Fashion Show
Hemline headlines.
9.28 Big City Tips
Financial advice.
9.30 Serial Killers
10.00 Topless Darts
10.02 Odds on Sport
10.28 Big City Tips
Financial advice.
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
Financial advice.
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
Fast-moving quiz hosted by William G Stewart.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
Win big prizes.
10.00 3-2-1
Arabian Knights
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided if the contestants are to win.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities attempt to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
Atomic Shakespeare
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am Inside Hollywood
11.30 Cinema, Cinema, Cinema 12.30pm The A to Z of Food 1.30 Junior Choir Competition 2.30 The Album Show
Classic rock from legendary artists.
3.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
4.30 American Chart Show
Stateside chart action.
5.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
6.30 The Album Show
Classic rock from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
8.30 The Catwalk Show
The world's most beautiful models strut their stuff as they display the latest designs from the top fashion houses.
9.30 Cybernet
All the latest computer and internet news.
10.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
11.30 The Album Show
Classic rock from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Non-Stop Hits Live Birthday Special
A rollercoaster of hits presented by all of MTV's regular hosts.
2.00pm MTV UK 1st Birthday Special
The most exciting two hours of highlights from the past 12 months of MTV entertainment.
4.00 Select MTV Birthday Edition
Make MTV your personal video jukebox on this special day. If we've got it, we'll play it and be sure to check out all the suprise star guests. Presented by Donna Air.
6.00 MTV UK 1st Birthday Special
The most exciting two hours of highlights from the past 12 months of MTV entertainment.
7.00 The Lick R&B Chart Birthday Edition
The hottest R&B videos in the UK presented by Trevor Nelson.
8.00 Hot Birthday Edition
Happening news, videos and gossip with Ben Norris.
9.00 Up for It Birthday Special
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris.
10.00 MTV UK 1st Birthday Special
The most exciting two hours of highlights from the past 12 months of MTV entertainment.
11.00-6.00am All Night Partymix
Join MTV as we take you through the night in true MTV party style.

TRAVEL

CABLE EXCLUSIVE

12noon Reel World
12.30pm On the Horizon
1.00 On the Loose in Wildest Africa
1.30 North of Naples, South of Rome
2.00 On Tour
2.30 The Great Escape
Hyderabad and Chitwan National Park
3.00 Innocent Abroad
Rome, Naples and Capri
Hannah Hauxwell visits the Vatican City.
3.30 Oceania
Western Samoa
4.00 Whicker's World
Venice
Alan visits the famous Harry's Bar.
4.30 Floyd on Oz
Sydney
5.00 On the Loose in Wildest Africa
Kings Camp – South Africa
5.30 Worldwide Guide
U.S.A – West Coast
6.00 North of Naples, South of Rome
Church, Art and Homemade Pasta
6.30 On Tour
Gran Canaria
7.00 Reel World
Papua New Guinea
7.30 On the Horizon
The Philippines
A visit to the flamboyant city of Manila.
8.00 Go Portugal
The Algarve
8.30 The Flavours of France
Epernay
Food and wine magazine.
9.00 Transasia
Iran
NEW SERIES A journey of discovery through the truly fascinating and diverse continent of Asia.
10.00 The Great Escape
Hyderabad and Chitwan National Park
10.30 Floyd on Oz
Sydney
11.00 Worldwide Guide
U.S.A – West Coast
11.30-12midnight Oceania
Western Samoa

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 Style Wars 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Model 12noon The View 1.00pm The Good Housekeeping Show 1.30 Style Wars 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
My Kid is out of School and out of Control
Audience participation talk show from America.
5.00-6.00pm Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion and the home.

NATIONAL GEOGRAPHIC CHANNEL

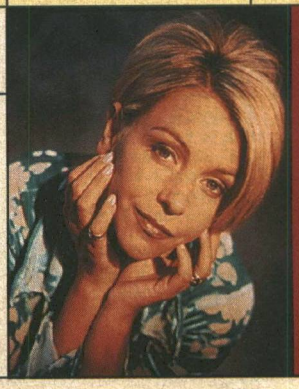
7.00pm Snakebite
Discover the outcome of fangs meeting flesh.
7.30 Earthquake
The devastating 1989 San Francisco earthquake.
8.00 Lions of the African Night
Featuring spectacular footage filmed over three years in Africa's immense Kruger National Park.
9.00 Invaders in Paradise
How indigenous New Zealand wildlife has been destroyed as a result of the arrival of settlers.
10.00 Valley of Ten Thousand Smokes
The story of the Katmai region of Alaska, which was decimated by a volcano 82 years ago.
11.00 Eternal Enemies: Lions and Hyenas
A look at the ancient war between African lions and hyenas.
12midnight Mystery of the Neanderthals
Follow scientists to sites of archaeological finds in an attempt to solve this mystery.
12.30am-1.00am Out of the Stone Age
The Hagahai, a small stone age tribe in New Guinea.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

A nostalgic blast of power pop from 'Blondie – Live at the Beatclub': VH1 10.00pm

VH1

7.00am Power Breakfast
9.00 Pop-Up Video
9.30 VH1 Upbeat
12noon Ten of the Best: Trevor Sorbie
1.00pm Mills 'n' Tunes
2.00 Jukebox 3.00 Toyah and Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 Blondie Live at the Beatclub 11.00 VH1 Country 12midnight The Nightfly 1.00am Soul Vibration 2.00-7.00am VH1 Late Shift



Leslie Ash test runs all the latest gizmos for the home in 'The Good Housekeeping Show': Granada Breeze 7.00am, 1.00pm

Wednesday 1 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 A Cook's Journey 1.30 Furniture on the Mend 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

DISCOVERY

3.00 PM

4.00pm Rex Hunt's Fishing Adventures II

4.30 Zoo Story
At London Zoo there is housework to do for the pygmy hippos.

5.00 PM

5.00 First Flights
Tail-First Flying: The Canard

5.30 History's Turning Points
Zulus at War

6.00 PM

6.00 Animal Doctor
Following the work of doctors from the RSPCA.

6.30 Wild, Wild Reptiles
Wild Discovery
A chance to stare into the jaws of a crocodile.

7.00 PM

7.30 Disaster
Holiday Horror
A look at what caused a Boeing 737 to catch fire.

8.00 PM

8.00 Animal X
Examining unexplained occurences.

8.30 Arthur C Clarke's Mysterious World
The Missing Apeman

9.00 PM

9.00 Ultimate Guide
Bears
A comprehensive guide to the world of bears from the polar bear to the tiny sun bear from Southeast Asia.

10.00 PM

10.00 The Barefoot Bushman
Kissing Crocodiles
A look at how people stay enthusiastic when working with dangerous animals.

11.00 PM

11.00 Outlaws
Girlz 'n' the Hood
A look at LA gangs, where some 11,000 women are involved in shooting, stabbing and drug dealing.

12.00

12midnight First Flights
Tail-First Flying: The Canard

12.30am Disaster
Holiday Horror

1.00-2.00am The Problem with Men
Why will most men refuse to go near a doctor?

NIGHT TIME

SKY SOAP

Battleline: Poland
4.30 Men in Crisis: Castro v Isolation
5.00 The Changing Face of Britain: City Transport
6.00 Ancient Mysteries: The Curse of the Goddess Pele
7.00-8.00pm Biography
Joseph Stalin
A profile of one of the most feared dictators the world has ever seen.

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Scooby-Doo Mysteries 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Flintstones kids 9.30 Blinky Bill 10.00 Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
More canine crime-busting with the Scrappy and his Uncle Scooby.

3.30 Taz-Mania

4.00 Beetlejuice
Ghoulish animation.

4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

5.00 Johnny Bravo
Animated fun with the superhero with a superego.

5.30 Cow and Chicken

6.00 La Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.

8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.

8.30-9.00pm The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
A dog is on the loose during the lambing season.**4.00pm**

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/Mr Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
More classic animation from the archives.

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Pippi Longstocking

4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.

5.00 Sister Sister
Domestic disharmony with Tia and Tamera and their respective single parents.

5.30 Kenan & Kel

6.00 Sabrina

6.30-7.00am Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister

7.30 Roseanne
David is determined to find a job.

8.00 Grace Under Fire
Grace and one of the plant's scientists strike up a little chemistry.

8.30 Caroline in the City

9.00 Cybill
Starring Cybill Shepherd.

9.30 Ellen
Ellen is tired of her parents using both her and her house.

10.00 Frasier
Frasier gets obsessed with beating his father at chess.

10.30 Cheers
Frasier is up to no good while Lilith is away.

11.00 Monty Python's Flying Circus
Vinage surreal humour.

11.30 Barry Welsh is Coming
Spoof chat show.

12midnight Nurses
Medical comedy drama.

12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.

1.00 Frasier

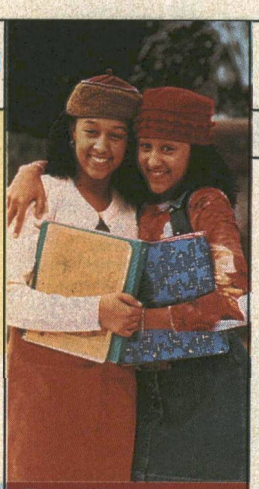
1.30 Cheers
Celebrated US sitcom starring Ted Danson.

2.00 Caroline in the City

2.30 Barry Welsh is Coming
Comedian John Sparkes spoofs the chat show formula when he stars as Barry Welsh, the host who asks the daftest questions of his guests.

3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.

3.30-4.00am Cybill
Comedy about a struggling actress and twice-divorced mother.



Tia and Tamera Mowry are the stars of the sibling sitcom 'Sister Sister': Paramount Comedy Channel 7.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Wednesday Concert
A performance of Shostakovich's Symphony No 10 conducted by Sir Georg Solti.

8.30 Artsweek Interviews
Opera director David Freeman.

9.00 Arts Council Showcase
A look at the life and work of the architect Frank Lloyd Wright. Introduced by Lord Gowrie.

10.15 Opera: Attila
A performance of the tale of the hun with a heart. Verdi's early opera stars Russian bass Evgeny Nesterenko as Attila. Maria Chiara sings his murderous love, Odabella, and Silvano Carroli his arch enemy, the Roman general Ezio. A production from the Verona Arena.

12midnight-1.00am Midnight Blues
BB King
The legendary blues artists fronts the Philip Morris Big Band for a sensational concert.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon American Adventurer
12.30pm Getaway
1.00 Discover Your World
1.30 Walker's World
Peru: The Inca Trail
2.00 Independent Travellers' Guide
3.00 Globetrotter
Charleston, Mexico and Africa
3.30-4.00pm Way of Life

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 8.30 Showbiz Today 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 World Report 12.30pm Your Health 1.30 Business Asia 2.30 Newsroom 3.30 World Sport 4.30 Style 5.00 Larry King 6.45 American Edition 7.30 Business Today 8.30 Q&A 9.30 Insight 10.00 Business Today 10.30 Sport 11.00 World View 12.30am Moneyline 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News 2.30 Sky Business Report 3.30 Reuters Reports 4.30 CBS Evening News 5.30-6.00am ABC World News

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Journal du Mondial 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Courants d'Art 9.30 Obsidienne 10.00 TV5 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Le Journal du Temps 12noon Débat de Société 2.00pm Fiction 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un livre, un Jour 6.30 Journal 7.00 Conférence Mondiale 9.00 Journal 9.30 Envoyé Spécial 10.00 Journal du Mondial 10.30 Le Billard à l'Étage 11.55-12midnight Le Journal

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Cine Express 12.30pm Irvail Oru Pagul 1.00 Subah 1.30 FILM 4.00 Turning Point 4.30 Take 2 5.00 Dooriyan 6.00 Community Focus 6.30 Aur Aap 7.00 Subah 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Shanti 12.30am Aur Aap 1.00 FILM 4.00 Hello Bombay 4.30 Subah 5.00 Music Challenge 5.30 Vinod Khanna Starsearch 6.00 Turning Point 6.30 News 6.45 Business News 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Amar Tumi 6.30 Kajager Bao 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 News 8.30 Buniyaad 9.00 Manabi 9.30 Out & About 10.00 Tara 11.00 Low Cal 11.30 Kurukshetra 12noon FILM: Sangam 3.00pm Hum Aapke Hain Woh 3.30 Daraar 4.00 Campus 4.30 Liberty 5.00 Chalo 5.30 Mr Mintoo 6.00 Banegi 6.30 Hits 7.00 Yehi Hai Zindagi 7.30 Baat Ban Jaye 8.00 News 8.30 Dastaan 9.00 Sahab Bahadur 10.00 Business News 10.30 Amaanat 11.00-12midnight Purush Kshetra

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Brighton and Redcar with Simon Holt and Martin Harris.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Ray McCauley 5.30 7 a Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Another Day of Victory 9.00 Let the Fire Burn/Revival Now 9.30 Life in the Word 10.00 Today with Marilyn/Iverna Tompkins 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons 2.00pm Europe This Week 2.30 The Commons 11.00-12midnight Questions from the House

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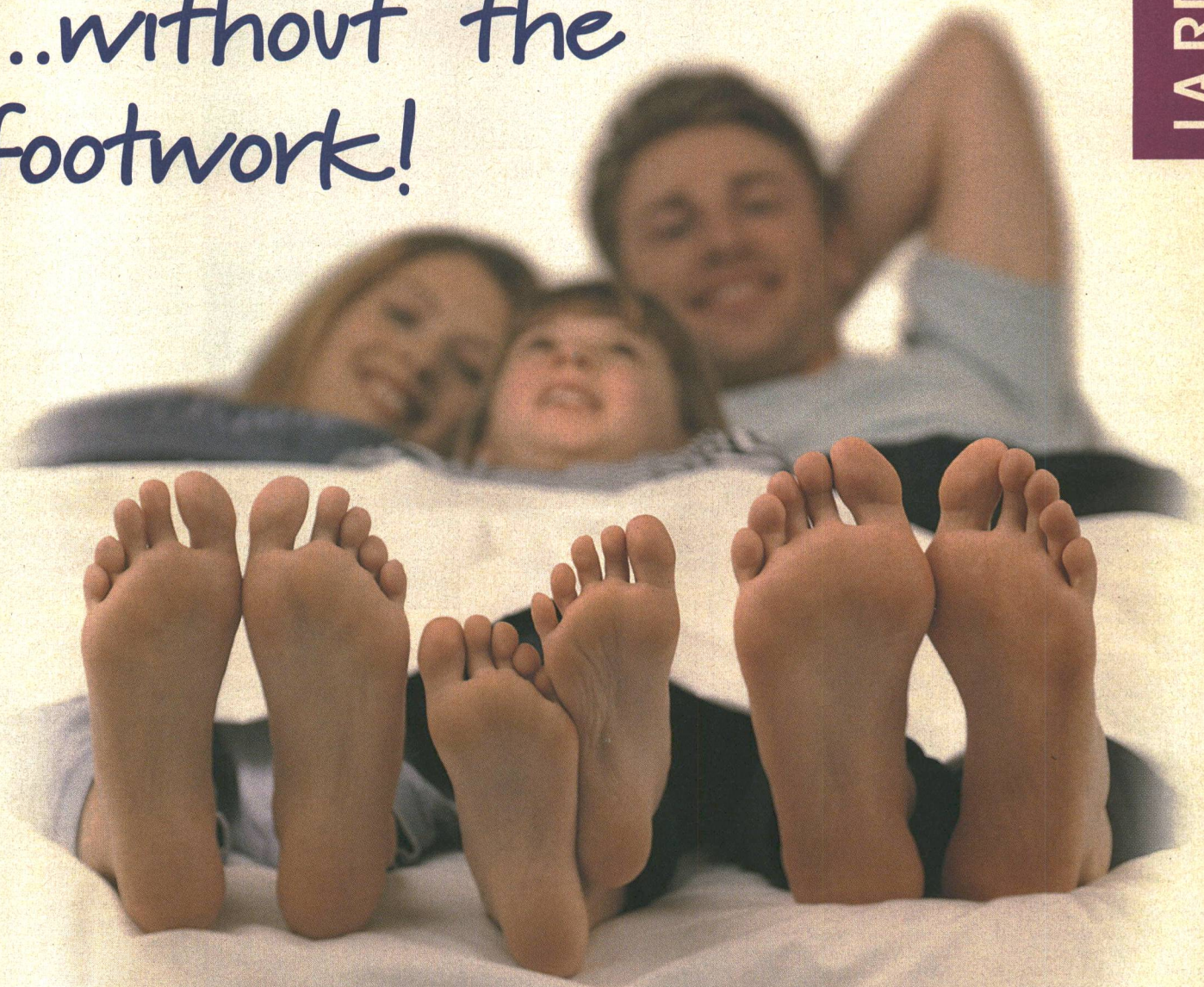

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Thursday 2 July

SKY MOVIES SCREEN 1

MORNING

6.00am Star!
Julie Andrews, Richard Crenna 1968, rating Sky PG, 162 mins
9.00 Alaska
Thora Birch, Vincent Kartheiser
Text *1996, rating Sky PG, 104 mins*
11.00 Jack
Robin Williams, Diane Lane
Text *1996, rating Sky PG, 108 mins*
1.00pm The Boy in the Bush Part 1
Kenneth Branagh, Sigrid Thornton 1983, rating Sky PG, 103 mins

3.00 Rhinestone
Sylvester Stallone, Dolly Parton, Richard Farnsworth, Ron Leibman, Tim Thomerson
Musical comedy. A slow-witted cab driver becomes the object of a bet between nightclub singer Jake Ferris and her boss – the wager being that she can train anyone to become a successful singer. *1984, rating Sky PG, 107 mins*

5.00 Alaska
Thora Birch, Vincent Kartheiser, Dirk Benedict, Charlton Heston, Gordon Tootoosis
Children's adventure about a family which moves to Alaska to start life afresh. They become caught up in the plight of a baby polar bear who is being hunted by a brutal poacher named Perry. Text *1996, rating Sky PG, 104 mins*

7.00 Jack
Robin Williams, Diane Lane, Brian Kerwin, Bill Cosby
Comedy drama about a 10-year-old boy with an ageing disease. Until now he has been sheltered from the world by his parents. However, now Jack wants to go to experience the world outside and go to school with other children his age. Text *1996, rating Sky PG, 108 mins*

9.00 Kingpin
Woody Harrelson, Randy Quaid, Vanessa Angel, Bill Murray
Comedy lunacy about a pair of down-on-their-luck bowlers, one Amish, the other a faded bowling champion, who aim for the big time. If they can overcome their obvious differences and work together they stand a chance of making it to the big time. Text *1995, rating Sky 15, 109 mins*

11.00 No Way Back
Russell Crowe, Helen Hunt
PREMIERE Action drama about an FBI agent who is required to join forces with the boss of the Japanese Yakuza to combat a common enemy. *1996, rating Sky 18, 87 mins*

NIGHT TIME

12.35am Crazy Horse
1996, rating Sky 15, 89 mins
2.10 Lambada – Forbidden Dance
Laura Herring, Richard Lynch 1990, rating Sky 15, 93 mins
3.50-5.35am Indecent Behavior 3
1995, rating Sky 18, 92 mins

SKY MOVIES SCREEN 2

6.00am Draw!
1984, rating Sky PG, 93 mins
8.00 A Different Kind of Christmas
Shelley Long, Barry Bostwick 1996, rating Sky PG, 88 mins
10.00 Boeing Boeing
Tony Curtis, Jerry Lewis 1965, rating Sky U, 98 mins
11.50 Hell to Eternity
Jeffrey Hunter, Vic Damone 1960, rating Sky PG, 123 mins
2.00pm Draw!
Kirk Douglas, James Coburn, Graham Jarvis, Alexandra Bastedo
Lighthearted Western filmed in Alberta, Canada in which a feisty outlaw, nearing retirement, is pursued by an alcoholic sheriff. *1984, rating Sky PG, 93 mins*

4.00 Boeing Boeing
Tony Curtis, Jerry Lewis, Dany Saval, Thelma Ritter
Comedy. A newspaperman and his friend set up a Parisian pad. Much to the annoyance of their housekeeper, they manage to keep several air hostesses on the go at the same time, thanks to a clever scheduling of flights into and out of Paris. *1965, rating Sky U, 98 mins*

6.00 A Different Kind of Christmas
Shelley Long, Barry Bostwick
Family drama in which a female lawyer's father believes that he is Santa Claus. When she runs for mayor, he risks becoming a serious embarrassment. *1996, rating Sky PG, 88 mins*
7.40 US Top Ten
The most popular 10 films currently on release in America.

8.00 Riders of the Purple Sage
Ed Harris, Amy Madigan, Henry Thomas
PREMIERE Romantic thriller about a defiant woman's struggles to keep control of the land she has inherited. A mysterious drifter arrives to help her in her fight and before long a romance blossoms. *1996, rating Sky 12, 93 mins*

10.00 Heat
Robert De Niro, Al Pacino, Jon Voight, Val Kilmer, Tom Sizemore
Cop thriller about an LAPD detective who is determined to nail an elusive thief and his gang. Both men are highly trained professionals with respect for each other. But events are leading towards a confrontation in which only one man can survive. Text *1995, rating Sky 15, 163 mins*
12.50am Indecent Behavior 4
Shannon Tweed, Christian Noble 1996, rating Sky 18, 90 mins
2.25 The Face
Yasmine Bleeth, Robin Givens 1996, rating Sky 15, 90 mins
4.00-5.30am On Seventh Avenue
1996, rating Sky 12, 84 mins

Robin Williams stars in the comedy 'Jack': Sky Movies Screen 1 11.00am, 7.00pm

SKY MOVIES GOLD

4.00pm Avanti!
Jack Lemmon, Juliet Mills, Edward Andrews, Clive Revill
Dark comedy about a wealthy man who heads for Italy to collect the body of his father who has died on holiday. He discovers that his father had a mistress who also died in the accident. He meets her grieving daughter and as they struggle against Italian bureaucracy they end up having a romance which changes both their lives. *1972, rating Sky PG, 138 mins*
6.30 Who's Harry Crumb?
John Candy, Jeffery Jones
Comedy about a pompous, incompetent and accident-prone private detective, who tries to solve the kidnapping of a millionaires daughter in the face of opposition from his boss. *1989, rating Sky PG, 86 mins*

8.00 Children of a Lesser God
William Hurt, Marlee Matlin, Piper Laurie
Drama about an idealistic teacher at a school for the deaf, who falls in love with one of the establishment's hearing-impaired former students. Marlee Matlin gives an Oscar-winning performance as the deaf woman. *1986, rating Sky 15, 114 mins*

10.00 The Accused
Jodie Foster, Kelly McGillis, Bernie Coulson, Leo Rossi
Harrowing drama about a young woman who, after being raped in a bar, has trouble bringing her attackers to justice. Foster gives an Oscar-winning performance as the victim who finds that the legal system is unsympathetic. *1988, rating Sky 18, 106 mins*
11.50 Brubaker
Robert Redford, Yaphet Kotto
Drama about a prison warden in America's Deep South. *1980, rating Sky 15, 125 mins*
2.00-4.45am Underground
Miki Manojlovic, Lazar Ristovski
Epic Yugoslavian drama.
Widescreen *1995, rating Sky 15, 163 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Heart of Darkness
Tim Roth, John Malkovich, James Fox, Patrick Ryecart, Peter Vaughan, Iman
Made-for-TV adaptation of Joseph Conrad's classic novella. An employee of a colonial ivory concern is sent into the African jungle to locate a local manager who is feared to have succumbed to madness. *1994, 101 mins*

11.00 Mogambo
Clark Gable, Ava Gardner, Grace Kelly, Donald Sinden
Action-packed romance in which a safari leader in Africa is torn between an American showgirl and a married British zoologist. *1953, 112 mins*
1.00am East Side, West Side
Barbara Stanwyck, James Mason
Relationship drama. *1949, 104 mins*
3.00-5.00am Heart of Darkness
Tim Roth, John Malkovich
Brooding jungle drama. *1994, 101 mins*

SKY ONE

MORNING

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text 12.30pm M*A*S*H Text 1.00 Geraldo 2.00 Sally Jessy Raphael

3.00 Jenny Jones
Exploring Near Death Experiences
People share their dramatic and inspiring stories in this studio-based discussion show.

4.00 The Oprah Winfrey Show
Viagra Tales
Doctors assess the safety of the new pill to treat impotence, hailed as a wonderdrug.

5.00 Star Trek: Voyager
State of Flux
Voyager responds to the distress calls of a Kazon warship, only to discover that they may be the cause of the ship's problems. Text

6.00 The Nanny
Fran Lite Text

6.30 Married... With Children
The Proposition
Peggy is propositioned. Text

7.00 The Simpsons
Bart Star
Bart becomes a quarterback. Text

7.30 The Simpsons
Bart Gets Famous
Bart gets on telly. Text

8.00 America's Dumbest Criminals
Real life stories of US crime.

8.30 Seinfeld
The Pothole
Hit US comedy.

9.00 Friends
The One with Barry and Mindy's Wedding

9.30 Friends
The One with the Princess Leia Fantasy

10.00 Friends
The One Where No One's Ready

10.30 Friends
The One with The Jam
Joey falls for Monica's jam.

11.00 Star Trek: Voyager
State of Flux
Voyager responds to the distress calls of a Kazon warship, only to discover that they may be the cause of the ship's problems. Text

NIGHT TIME

12midnight Nash Bridges
Skirt Chasers
As a result of a pension dispute, Joe Dominguez is forced to rejoin the force, and he and Nash track down a heroin dealer. Text

1.00-7.00am Long Play
Tune in to a variety of rock, indie, R&B and dance tracks.

SKY box office
JUST THE TICKET
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Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis and Gary Oldman. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes. With the voice of Mike Judge. *1996, rating Sky 12, 78 mins*
PLAYS AT 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
Science fiction adventure sequel starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill *Nearest and Dearest*

3.25 The Bill
Mother's Ruin
Boyden receives a letter telling him he's a father.

3.55 Pride and Prejudice
Dramatisation of Jane Austen's classic story of social mores. Elizabeth sees Wickham in his true colours when she meets him again after his elopement.

4.55 EastEnders
The latest events among the residents of Albert Square.

5.30 Wowfabgroovy
Celebrities battle it out in a nostalgic news and views quiz presented by Russ Williams.

6.00 All Creatures Great and Small
James is faced with the task or performing an unfamiliar operation on a pedigree bull and all three vets treat Mrs Bond's cats.

7.00 Last of the Summer Wine
The Flag and Further Snags
Comedy adventures with the old men in the Yorkshire Dales.

7.40 Waiting for God
Tom and Diana find that it is necessary to install a swear box while adjusting to living together.

8.20 Butterflies
Bittersweet suburban sitcom starring Wendy Craig.

9.00 Bugs
The Revenge Effect
The hunt is on for Kitty McHaig, who has plans to kill the reclusive Duchess of Fortezza and assume her identity.

10.05 Bottom
Bottom's Up
While minding their landlord's shop, the lads are soon at odds with the local community.

10.45 The Comic Strip Presents...
A Fistful of Traveller's Cheques
Miguel and Carlos go to Spain to live out their Spaghetti Western fantasy.

11.35 The Bill
12.05am The Bill *Mother's Ruin*

12.35 Live at Jongleurs
Stand-up comedy showcase.

1.05 The Equalizer
Dead Drop

1.55 The Equalizer
Wash-up

2.40-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifestyle magazine show featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
American talk show in which Jerry Springer and his guests engage in lively discussion.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly a star of *The Cosby Show.*

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Jerry Springer and his guests engage in lively, and sometimes heated, discussion about relationship issues.

7.00 Rescue 911
Stories of real-life rescues hosted by William Shatner.

7.30 Mysteries, Magic and Miracles
With Patrick Macnee.

8.00 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward where staff tackle critical medical situations and specialise in the evacuation of disaster areas.

9.00 FILM: Sins of the Mother
Elizabeth Montgomery, Talia Balsam, Dale Midkiff, Heather Fairfield
Melodrama about an outwardly normal and successful man who has a hidden urge to commit rape in reaction to the stranglehold of his extremely domineering and possessive mother. *1991*

11.00-12midnight Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Return of the Saint 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Cuckoo Waltz 1.30 The Army Game 2.00 Within These Walls

3.00 Dempsey & Makepeace
Hors de Combat
Two rival underworld gangs set up a severe test for Dempsey and Makepeace.

4.00 Hawaii Five-0
One Day We Shall Be Strangers
A mysterious woman, a man with a briefcase and a millionaire industrialist are pieces of the puzzle in Five-O's investigation.

5.00 Return of the Saint
The Murder Cartel
An assassination attempt on a powerful oil sheik precipitates Simon Templar's undercover work for the CIA.

6.00 Emmerdale

6.30 Classic Coronation Street
Ivy tries, but fails to get Brian his job back, and Len finally fixes Emily's door.

7.00 Doctor at Large
Joke's a Joke
Stuart-Clark takes revenge.

7.30 Doctor on the Go
Bunny Makes the World Go Round

8.00 Dempsey & Makepeace
Hors de Combat
Two rival underworld gangs set up a severe test for Dempsey and Makepeace.

9.00 Mission: Impossible
The System
IMF investigate a killing.

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Max Power
Britain's biggest selling monthly car magazine comes to the air with the latest in tuning, styling and in-car entertainment.

11.30 Motor Week

12midnight 4 Wheels Good 12.30am Rally World
Eric Michell presents a round up of the best rallying action from locations around the globe.

1.00 The E! True Hollywood Story
Examining the life and career of actor Robert Downey Junior.

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Lamb Chops Play-Along 6.30 Jungle Cubs 7.00 Football Fever 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Microscopic Milton 10.05 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle 12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 New Adventures of Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
Fun with the crazy characters from *The Lion King.*

3.30 Brand Spanking New Doug
Doug Gets Booked Text

4.00 Pepper Ann
Pepper Ann copes with the perils and pitfalls of teenage life. Text

4.30 Recess
Animated series from the creators of *Rugrats.* Text

5.00 Smart Guy
Don't Do That Thing You Do
Marcus reluctantly allows TJ to join the band. Text

5.30 Student Bodies
Victor in Love Text

6.00 Teen Angel
Honest Abe and Popular Steve
Marty makes Steve popular. Text

6.30 Boy Meets World
City Slackers
Cory and Shawn take a trip. Text

7.00 FILM: Tourist Trap
Daniel Stern, Julie Hagerty
When a workaholic dad finally decides enough is enough, he vows to take off with his family in search of the full story about his ancestor who he thinks was a hero in the American Civil War. But things don't turn out quite as he imagines. *1997*

8.30 The Wonder Years
Faith Text

9.00-10.00pm Touched by an Angel
Monica, the modern angel inspires people facing adversity to change their lives before it's too late. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 World of Herbs 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Caribbean Light 1.00 Food for Thought 1.30 Ideal Home Cooks 2.00 Chef on a Shoestring 2.30 Food Network 3.00 A Year at Ballymaloe 3.30 Coxon's Kitchen College 4.00 From the Ground Up 4.30-5.00pm Travels à la Carte
Norway
With Sophie Grigson.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm-12.30am Goodnight Sweetheart Night
5.00 *Rites of Passage*
5.30 *Fools Rush In*
Starring Nicholas Lyndhurst.
6.00 *Is Your Journey Really Necessary?*
6.30 *The More I See You*
Ron agrees to print Gary's identity papers for 1940 if he takes him back in time with him.
7.00 *I Get Along Without You Very Well*
Yvonne decides to spend more time with Gary.
7.30 *In the Mood*
Ron makes Gary a tempting offer.
8.00 *Don't Get Around Much Anymore*
Ron persuades Gary to return to 1940 for one last big deal.
8.30 *I Got It Bad and That Ain't Good*
9.00 *Just One More Chance*
Gary is due to appear in court.
9.30 *Who's Taking You Home Tonight?*
Both Yvonne and Phoebe expect Gary for dinner.
10.00 *Wish Me Luck...*
Yvonne is due for promotion.
10.30 *As You Wave Me Goodbye*
11.00 *Would You Like to Swing on a Star?* 11.30 *Nice Work if You Can Get It*
12midnight *Let Yourself Go*
12.30am-1.00am Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

FILM

Riders of the Purple Sage
Sky Movies Screen 2 8.00pm
Romantic thriller in which Jane Withersteen (Amy Madigan) inherits her late father's estate and finds herself engaged in a war of wits and violence with the men who want to steal her profitable land. The mysterious Jim Lassiter (Ed Harris) appears, to offer her assistance.

GENERAL

The Great Escape
Travel 12noon, 7.00pm
Deepak Chopra hits the Buddhist trail in Sri Lanka, where 2000 years ago a young prince called Gautama Siddhartha decided that he should wander for six years to find the knowledge about life and rebirth. Later, Deepak goes on to Udaipur to visit some spectacular palaces.

ADVERTISEMENT

BUGS 9.00PM
UK GOLD

Action adventure series set in the world of high-tech crime and surveillance. After Kitty McHaig nearly murders Ed, she assumes a new identity. The Bugs team must crack the code on Ed's plaster in order to find her. Featuring Leslie Ash.

Thursday 2 July

EUROSPORT

6.00am World Cup
Highlights from yesterday.
7.00 World Cup: Le Mix
9.00 Motorcycling
Coverage of the Dutch Grand Prix from Assen.
11.00 World Cup
Highlights from recent matches.
12noon World Cup: Le Mix
2.00pm
World Cup: Le Mix
A repeat of a recent World Cup match.
4.00 Olympic Games
Olympic magazine with a feature on football.
4.30 Mountain Bike
Grundig/UCI World Cup action from the USA.
5.00 Strongest Man
More action from the event held to find the world's strongest man.
6.00
Beach Soccer – LIVE
Coverage of an international tournament from France bringing together four national teams and many international football stars.
8.00 World Cup
Highlights of the first of the eight knock-out matches along with analysis, news and views.
9.00 Boxing – LIVE
Another chance to see a recent top bout.
11.00 Touring Car
Action from the British Touring Car Championship from Donington Park.
12midnight-12.30am
Olympic Games
Olympic magazine programme.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 Watersports World
8.15 Sky Sports Centre
8.30 Racing News
9.00 Aerobics Oz Style
9.30 Futbol Mundial
10.00 Pool: Embassy World 8 Ball Championships
12noon Aerobics Oz Style
12.30pm Watersports
1.30 European Tour Weekly
2.00 Euro Tour Golf: Murphy's Irish Open – LIVE
Coverage of the Murphy's Irish Open from the Druids Glen Golf Club in Dublin. On day one, some of the finest golfers on the European Tour, including Ernie Els, Colin Montgomerie and José Maria Olazabal, are determined to make a good start and lead the pack.
6.00
Sky Sports Centre
All the latest sports news.
6.30 Futbol Mundial
Football coverage from around the globe.
7.00
Trans World Sport
Sports news and competitions from around the world, featuring rare footage and interviews.
8.00 Cricket: England v South Africa
The pick of day one action from Old Trafford where England take on South Africa in the third Test of the series. With Mark Nicholas and commentary from Ian Botham, Bob Willis and Paul Allott.
10.00 World Cup Phone-In
Football fans have their say on France 98.
10.45
Sky Sports Centre
11.00 Formula 3
Coverage of a Formula 3 competition.
11.30 Futbol Mundial
Football coverage from around the world.
12midnight
Sky Sports Centre
Up-to-the-minute sports reports from the Sky team.
12.15am Trans World Sport
1.15 Tight Lines
2.15 World Cup Phone-In
3.00-3.15am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 European Tour Weekly
8.45 Sky Sports Centre
9.00 Fish TV
9.30 Fish TV: Fishing Tales
10.00 European Tour
10.30 Golf Extra
1.30pm Dr Martens Premier League Snooker: Doherty v Davis
Ken Doherty meets former world champion Steve Davis.
3.30 Formula 3
Action from the very latest stage of the Formula 3 championship.
4.00 World of Super League with Eddie and Stevo
Sky's established pairing of Eddie Hemmings and Mike Stephenson provide expert analysis of the latest news and views from the JJB Sports Super League. This is the essential show for all Super League supporters.
6.00 Ford Golf USA: Canon Greater Hartford Open – LIVE
Coverage of professional golf from the USA, where the world's best golfers compete for substantial prize money.
8.00
Ford Golf USA: US Women's Open – LIVE
Ball-by-ball coverage of day one from the Blackwolf Run Golf Resort in Kohler, Wisconsin. Current title holder Alison Nicholas from Yorkshire returns to defend her title.
12midnight Euro Tour Golf: Murphy's Irish Open
First day highlights from the Murphy's Irish Open.
1.30am-2.00am
Rebel Sports
High adrenaline sports coverage, including anything from sky diving to snowboarding.

SKY SPORTS 3

12noon Formula Three
12.30pm Futbol Mundial
1.00 Fish TV: Fly Fishing
1.30 Fish TV: The Ultimate Fishing Show
2.00 Greatest Moments in Sport
2.30 Dickie Davies's Sporting Heroes: David Hemery
The legendary television smoothie Dickie Davies conducts an in-depth interview with Olympic hurdler David Hemery.
3.30
Watersports World
Watersports action including anything from sailing to surfing. Including news and chat.
4.30 Futbol Mundial
Reviewing football action from the world game.
5.00
Trans World Sport
Bringing the latest sports stories from across the world, including anything from motorsport to tennis.
6.00 Rebel Sports
Off-the-wall coverage of maverick sports stars.
6.30 Formula 3
Coverage of Formula 3 competition.
7.00 Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.
8.00 Petrolheads
Motorsport in its many forms, including Formula 1, rallying, Indycar racing and touring cars.
9.00 Formula 3
The very latest action from the Formula 3 championships.
9.30
Irish Showjumping
10.00-11.30pm
Bobby Charlton's Football Scrapbook: Frank Worthington
Former football maverick Frank Worthington joins Bobby Charlton and Dickie Davies – legends from the world of sport and broadcasting – to look back at some of the key matches in his career.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
Hard-hitting drama series about a Sydney inner-city high school.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
2.30 Blast
3.00 Sweat
Teenage drama series about a group of athletes.
3.30 Ready or Not
Teen drama that tackles the fears of growing up.
4.00 Fresh Prince of Bel Air
4.30
Saved by the Bell: The College Years
US college sitcom.
5.00 Hollyoaks
Chester-based teen soap.
5.30
California Dreams
American comedy about a young rock 'n' roll band.
6.00 Hang Time
Teen comedy.
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm
Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Trouble on Wheels
The A-Team is called in to thwart a stolen auto-parts scam operated by a violent group of criminals.
9.00 Real Stories of the Highway Patrol
Real-life police drama.
9.30 Cops
Fly-on-the-wall police documentary series.
10.00 Italian Stripping Housewives
10.30 World Cup Undercover
Behind-the-scenes at France 98.
11.00 FILM: Erik the Viking
Tim Robbins, Terry Jones
Offbeat historical satire about a Viking who becomes disillusioned. *1989*
1.00am
Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Millennium *1989*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Ray Bradbury Theatre 2.00 Miracles
3.00 The Six Million Dollar Man
Dark Side of the Moon
Steve Austin discovers that a scientist has changed the moon's orbit.
4.00 Swamp Thing
A Most Bitter Pill
4.30
My Secret Identity
My Other Secret Identity
Andrew cross-dresses.
5.00 Amazing Stories
The Greibble
A book comes to life.
5.30 Inside Space
The fact and fantasy of space travel.
6.00 C/Net Central
Computer news, reviews and tips.
6.30 The New Edge
A programme that takes a look at the future today.
7.00 Buck Rogers in the 25th Century
Ardala Returns
Buck falls into the clutches of Princess Ardala, who has a sinister plan.
8.00 Quantum Leap
Pool Hall Blues
Sam leaps into the body of a legendary Chicago pool player who is about to face a challenge.
9.00 PSI Factor – Chronicles of the Paranormal
The Egress
Action drama about a team of paranormal experts.
10.00 FILM: Xtro II – The Second Encounter
Jan-Michael Vincent
Sci-fi horror tale in which a secret experiment causes a fearsome creature to be unleashed. A special team is called in to deal with the menace – with gruesome results. *1991*
11.45
SF Scene Special
12midnight
Roswell: Cover-Ups and Close Encounters
1.00am The Bionic Woman
2.00 Friday the 13th
3.00
Tales of the Unexpected
The Memory Man
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

US Women's Open – LIVE
Sky Sports 2 8.00pm

When Britain's Alison Nicholas won the title last year, the press in this country failed to appreciate the magnitude of the victory. The women's golf circuit is now a competitive world and Alison, the smallest woman on the professional circuit, was magnificent in securing the title ahead of the top Americans and her own Solheim Cup teammates, including Laura Davies. So let's hope her title defence at the Blackwolf Run Golf Resort in Wisconsin can be another stunning success. Either that or another Brit wins it instead!

TELEVISION X

12midnight The Ten Minute Free View
12.10am The Omar Show
12.20 Sorority Sex Kittens
12.45 FILM: Sexual Highway
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Vice World
2.20 FILM: Adult Feature
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am
Fräulein Debutantes
Hot first timers do a sensational strip.
12.25 Babewatch
12.50 Girls About Town
1.05 FILM: Night Tales
Erotic art provides some sensuous results.
2.30-4.00am FILM: My Baby Got Back
A girl sets out to fulfil her boyfriend's fantasy.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Split Infinity
Drama about a young girl who is transported back in time.
9.30 Short Cuts: Green
10.05 Shadow Theatre
10.25-12midnight
FILM: Toxic Zombies
When a group of dopeheads get sprayed by an untested defoliant, they turn into bloodthirsty ghouls.

Thursday 2 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
Fast-moving quiz hosted by William G Stewart.
7.45 Prize Time
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
Win big prizes.
10.00 3-2-1
Las Vegas
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided if the contestants are to win.
11.00 Prize Time
11.15
Through the Keyhole
Celebrities compete to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
The Straight Poop
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River: The McGregor Saga
3.50 Jeux Sans Frontières
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion Show 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/What's in the Box 11.00 Judge 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why Files 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30
What's in the Box
3.45 BodyHeat
Brand new exercise show.
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Useful advice about relationship difficulties.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
Catwalk news.
6.30 Dial-a-Doc
6.45
What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
Financial advice.
8.30 Judge Judy
9.00 Dog Night L!VE
Racing action from Walthamstow and Wolverhampton.
10.00 Topless Darts
10.02 Odds on Sport
10.28 Big City Tips
Financial advice.
10.30 The Sex Show
Erotic discussion.
11.00 Big City Tips
Financial advice.
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am American Chart Show 11.30 The Catwalk Show 12.30pm Cybernet 1.30 Inside Hollywood 2.30 The Album Show
Classic rock from legendary artists.
3.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
4.30 Junior Choir Competition
London junior schools compete for the choir of the year title.
5.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
6.30
The Album Show
Classic rock from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
8.30
The A to Z of Food
A gastronomic rove through the alphabet, including everything from avocados to zucchinis.
9.30 Cinema, Cinema, Cinema
Sneak previews from the sets of the latest movies, plus interviews and discussions with the stars and directors.
10.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
11.30
The Album Show
Classic rock from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
The liveliest mix of music videos to start the day.
9.00 MTV Mix
New music, hits and surprises.
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm So 90s
The greatest hits of the decade with comedians Armstrong and Miller.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 An Audience with Mariah Carey
NEW Exclusive interview from MTV's London studio.
6.30 Daria
The new series.
7.00 European Top 20
The biggest-selling hits from across Europe.
8.00 Hot
Happening news, videos and gossip with Sara Cox.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00
The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.
12midnight
Beavis and Butt-head
Adolescent animation.
12.30am Banned at Bedtime
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm On the Horizon
1.00 Ridge Riders
1.30 The Rich Tradition
Cork – Ireland
2.00 On Tour
Madeira
2.30
Scandinavian Summers
Sweden
3.00 The People and Places of Africa
Mozambique
3.30 Whicker's World
Thai Sports
Games fromThailand.
4.00 Destinations
West Indies – French Antilles
The beaches of Martinique draw visitors from all over the world.
5.00 Ridge Riders
Across Southern England
5.30
The Friendship Drive
Hanoi and Through China to Heng Shan
6.00
The Rich Tradition
Cork – Ireland
6.30 On Tour
Madeira
Holiday magazine.
7.00
The Great Escape
Sri Lanka and Udaipur
7.30 On the Horizon
Northern India
A visit to the Amber Palace.
8.00 Go Portugal
Madeira
8.30 The Flavours of France
Ile de France
Food and drink magazine.
9.00 Destinations
West Indies (French Antilles)
The beaches of Martinique draw visitors from all over the world.
10.00 Scandinavian Summers
Sweden
10.30
The Food Lovers' Guide to Australia
11.00
The Friendship Drive
Hanoi and Through China to Heng Shan
11.30-12midnight Whicker's World
Thai Sports

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Mysteries and Scandals 7.00 Cook's Garden 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Mysteries and Scandals 12noon The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 thirtysomething

3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
My 14-Year-Old Wants to Be a Mother
Audience-participation talk show from America.
5.00-6.00pm Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm The Day of the Swallow
The birds's migration to Western Europe.
7.30 Blues Highway
How the blues evolved.
8.00 Lions in Trouble
The story of Nairobi National Park in Kenya.
8.30
Island Eaten by Rats
Trouble near New Zealand.
9.00 Journey Through the Underworld
9.30 Living Ancestors
A report about new species in the ancient forests of Madagascar.
10.00
Return to Everest
Sir Edmund Hillary visits other climbers who have scaled the unimaginable heights of Everest.
11.00
Keepers of the Wild
Allison Argo films individuals who devote their lives to preserving the precious animal kingdom.
12midnight-1.00am Egypt: Quest for Eternity
A look at major archaeological projects that are uncovering and preserving the spellbinding legacy of the pharaohs and their quest for eternal life.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Who lives in a house like this? David Frost and Loyd Grossman keep us guessing in 'Through the Keyhole': Challenge TV 11.15pm

VH1

7.00am Power Breakfast
9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Lisa Stansfield 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah and Chase 5.00 Five@Five
5.30 Pop-Up Video
6.00 Hit for Six
7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00 American Classic
11.00 Talk Music
12midnight The Nightfly
1.00am VH1 Spice
2.00-7.00am VH1 Late Shift

Sultry R&B songstress Mariah Carey waxes lyrical in an exclusive interview in 'An Audience with Mariah Carey': MTV 6.00pm

Thursday 2 July

MORNING

DISCOVERY HOME & LEISURE

6.00 AM
9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 A Cook's Journey 1.30 Furniture on the Mend 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

DISCOVERY

3.00 PM

4.00 PM
4.00pm Rex Hunt's Fishing Adventures II
4.30 Zoo Story
At London Zoo, the gorillas take lessons in the etiquette for eating yoghurt.

5.00 PM
5.00 First Flights
Flying Wings
5.30 History's Turning Points
The Russian Revolution
The fight for control.

6.00 PM
6.00 Animal Doctor
Following the work of doctors from the RSPCA.
6.30 Hunters
Eye of the Serpent: Wild Discovery

7.00 PM
7.30 Disaster
Drawn to Danger
Was an accident off the Pembrokeshire coast caused by pilot error or by an unusual tide?

8.00 PM
8.00
Non-Lethal Weapons
Science Frontiers
Scientific research is being used to create weapons to keep peace and fight wars.

9.00 PM
9.00 Flightline
Brendan O'Brien and Celia Kench present this topical aviation magazine show.
9.30 Ultra Science: Ultracop NEW

10.00 PM
10.00
Forensic Detectives
Double Helix
A look at how microscopic cells can place a murderer behind bars.

11.00 PM
11.00
The Professionals
Rattlesnake Man
NEW Barney Tomberlin pursues the rattlesnake in the deserts of Arizona.

12.00
12midnight First Flights
Flying Wings
12.30am Disaster
Drawn to Danger
1.00-2.00am
The Barefoot Bushman
Kissing Crocodiles

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Can Seth save his friendship with Jackie?

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas 6.45 Magic Roundabout 7.00 New Scooby Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
More canine crime-busting with Scrappy and his Uncle Scooby.
3.30 Taz-Mania
4.00 Beetlejuice
Ghoulish animation.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Animation featuring the superhero with a superego.
5.30 Cow and Chicken
6.00 La Toon 98
A cartoon spin on the World Cup offering a selection of animated classics.
8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
8.30-9.00pm The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

4.00pm Battleline: Dunkirk
4.30 Men in Crisis: Grant v Lee
5.00 Weapons at War: Marines Corp Aviation
6.00 Ancient Mysteries: Life and Death in Britain's Ancient Theatres
7.00-8.00pm Biography
Henry VIII – Part I
A profile of the king renowned for his six wives and for founding the Church of England.

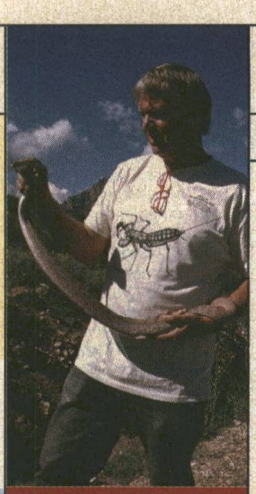
NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/ Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30
Children's BBC on Nickelodeon
Classic animation from the BBC archives.

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
David and Darlene discuss living together.
8.00 Grace Under Fire
8.30 Caroline in the City
Lea Thompson stars as Caroline Duffy, the New York cartoonist.
9.00 Cybill
Starring Cybill Shepherd.
9.30 Ellen
Ellen volunteers to help at the hospital and looks after a burns victim.
10.00 Frasier
Niles and Frasier take opposing sides in a court battle over the competency of an eccentric millionaire.
10.30 Cheers
11.00 Monty Python's Flying Circus
Vintage surreal humour.
11.30 Festival of Fun
Comedy series hosted by Lee and Herring.
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Frasier
Niles and Frasier take opposing sides in a court battle over the competency of an eccentric millionaire.
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
Lea Thompson stars as Caroline Duffy, the New York cartoonist.
2.30 Festival of Fun
Comedy series hosted by Lee and Herring.
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill



'Rattlesnake Man' Barney Tomberlin in this premiere of 'The Professionals': Discovery 11.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Vienna Philarmonic Orchestra
A performance of Mozart's 23rd Piano Concerto.
7.30 Great Arias
8.00 Virtuoso
A profile of Schubert's Trout Quintet combining documentary and performance. Featuring Du Pre, Barenboim, Perlman, Zukerman and Mehta in one of the most famous concerts ever filmed.
9.15 Classic Century
The Roaring Twenties
9.30 Dance
Baryshnikov Dances Balanchine
Mikhail Baryshnikov performs *Apollo* and *Who Cares?* with the American Ballet Theatre.
11.00 Blues Extra
BB King
The legendary blues artist fronts the Philip Morris Big Band for a sensational concert.
12midnight-1.00am Jazz Greats
Charlie Parker
A look back at the career of the seminal, troubled alto saxophonist Charlie Parker.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon American Adventurer
12.30pm Getaway
1.00 Discover Your World
1.30 The Great Escape
2.00 Travel Tips
3.00 Globetrotter
Amsterdam, US and Canada
3.30-4.00pm
Walker's World

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Science and Technology 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel Guide 5.00 Larry King 6.45 American Edition 7.30 Business Today 8.30 Q&A 9.30 Insight 10.00 Business Today 10.30 Sport 11.00 World View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz Today 4.30-5.00am World Report

SKY NEWS

New on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News 2.30 Sky Business Report 3.30 Global Village 4.30 Evening News 5.30-6.00am ABC World News

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal 7.35 Journal du Mondial 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Forts en Tête 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Journal 12noon La Vie a l'Endroit 1.30pm Check Up 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Les Silences du Palais 9.00 Journal 9.30 Envoyé 10.00 Journal du Mondial 10.30 Francofolies de Montréal 11.25am Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Bakcibt 12.30pm Khiladi 1.00 Badalte Rishte 1.30 FILM 4.00 Ghatan 4.30 Lahu Ke Phool 5.00 Nasal 6.00 Mumkin 6.30 Dard 7.00 Badalte Rishte 7.30 News 8.00 Dekh Bhai Dekh 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Dekh Bhai Dekh 1.00 FILM 4.00 Show Theme 4.30 Lahu Ke Phool 5.00 Classical Music 6.00 Sunhere Pal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Sona Hindona Rupa Bedlu 6.30 Narsaiyo 7.00 Jaagran 7.30 Pakistan Business Update 8.00 News 8.30 Buniyaad 9.00 Jeevan Jyoti 9.30 Filmi Bateein 10.00 Amar Bail 11.00 Pot Luck 11.30 Kurukshetra 12noon FILM: Aajeeb Dastan He Yeh 3.00pm Chasme Badoor 3.30pm Dastaan 4.00 Campus 4.30 Vikraam Aur Bentaal 5.00 Aur Ek Minute 5.30 Fairdeal Antakshari 6.00 Banegi Apni Baat 6.30 Lollywood 7.00 Dam Dama Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.00 Hasratein 10.00 Shotgun Show 10.30 Thursday Suspense 11.30-12midnight Horror Show

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
From Catterick, Haydock and Yarmouth.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 The Commons 11.00-12midnight Questions from the House

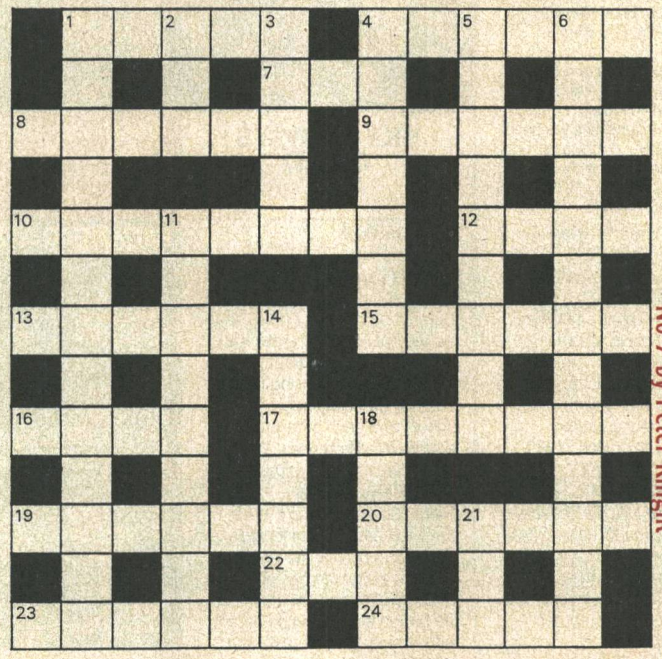
FOR MORE BRAINTEASERS, TUNE INTO CHALLENGE TV NIGHTLY FROM 5.00PM

Prize Crossword

SPONSORED BY CHALLENGE TV

Challenge tv

Your crossword know-how could win you a fabulous Hitachi television! When you've completed the puzzle, send it to us with your name and address by 20 July. The first correct entry drawn wins.



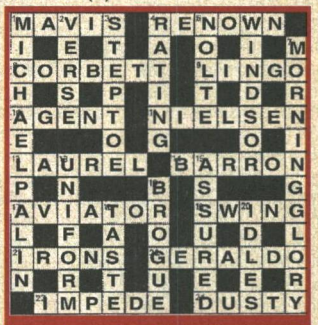
No 7 by Peter Knight

Across

1. Sort of TV ABC put out with the French (5)
4. The lowest pitch she'd reached with physical training (6)
7. Christopher coming between Jamie and Curtis (3)
8. The senior Steptoe with a square in *EastEnders* (6)
9. Mr Beadle might jeer at my ending (6)
10. Creaming off of a European type (8)
12. This will signify the Machine Burt Reynolds starred in (4)
13. One lasting the course set Ray in a whirl (6)
15. Dusty may have been right in being resolute (6)
16. Sort of exam set in the *Moral Maze* (4)
17. Dead-beats could be without a thing to lie on (8)
19. Telephone with Arthur as Captain Mainwaring in British Rail (6)
20. Boy Don turned out was someone of no importance (6)
22. Sarah's Dad in *EastEnders* was in most editions (3)
23. The all-round sound of Nikam (6)
24. Mr Welles soon turned right round (5)

Down

1. Sue Cook gives those who acquire things everything (10,3)
2. An extra needed in Dolby experiment (3)
3. Mr John in college when about 50 (5)
4. Casts down, but chorus-leader jested about it (7)
5. A channel of uppermost importance? (9)
6. *The Good Life* in the afternoon making a singular magazine (4,3,6)
11. Month Fowler might have taken to ship Pilgrim Fathers out (9)
14. Mr Alagna, the fourth tenor, giving Mr Duvall nothing (7)
18. Jill taking a holiday from reading the news (5)
21. Coach will Stop for Marilyn Monroe (3)



June's Solution

Send completed crosswords (only one per household) to: Prize Crossword No 7, CABLE GUIDE, 172 Tottenham Court Road, London W1P 0JJ

● Congratulations to May's TV winner, Mr Philip Ebbans of Walsall, West Midlands

The first correct entry drawn at random wins. There is no cash alternative to the prize. If the prizewinner cannot take up the prize, *Cable Guide* reserves the right to award it to a runner-up. The Editor's decision is final. No employees of *Cable Guide*, Challenge TV or associated companies are eligible to enter.

CABLE CHANNEL CONTACTS

Don't be shy! Write to your favourite cable channel

THE ADULT CHANNEL
PO Box 308, Hayes, Middlesex UB3 4XB

ASIANET LTD
PO Box 291, Unit 1 Endsleigh Industrial Estate, Endsleigh Road, Southall, Middlesex UB2 5QR

BBC NEWS 24
80 Wood Lane, London W12 0TT

BLOOMBERG INFORMATION TELEVISION
Citygate House, 39-45 Finsbury Square, London EC2A 1PQ

THE BOX
Imperial House, 11-13 Young Street, London W8 5EH

BRAVO
160 Great Portland Street, London W1N 5TB

CARLTON SELECT, CARLTON FOOD
45 Foubert Place, London W1V 2DN

CARTOON NETWORK
18 Soho Square, London W1V 5FD

CHALLENGE TV
160 Great Portland St, London W1N 5TB

CHANNEL ONE
60 Charlotte Street, London W1P 2AX

THE CHRISTIAN CHANNEL EUROPE
Television Centre, PO Box 232, Sunderland SR1 1YJ

CNBC
4th Floor, 3 Shortlands, London W6 8BX

CNE
Marvic House, Bishop's Road, London SW7 3LY

CNN INTERNATIONAL
Cnn House, 19-22 Rathbone Place, London W1P 1DF

DISCOVERY CHANNEL & HOME & LEISURE
160 Great Portland St, London W1N 5TB

DISNEY CHANNEL
Beaumont House, Kensington Village, Avonmore Road, London W14 8TS

EURONEWS
60 Chemin des Mouilles, 69130 Ecully, France

EUROSPORT UK
55 Drury Lane, London WC2B 5SQ

GSKYB: GRANADA PLUS, GRANADA BREEZE, MEN & MOTORS
Franciscan Court, 16 Hatfields, London SE1 8DJ

THE HISTORY CHANNEL
6 Centaurs Business Park, Grant Way, Isleworth, Middlesex TW7 5QD

HOME VIDEO CHANNEL (HVC)
PO Box 308, Hayes, Middlesex UB3 4XB

THE LANDSCAPE CHANNEL
Landscape Studios, Hye House, Crowhurst, East Sussex TN33 9BX

LIVE TV
24th Floor, One Canada Square, Canary Wharf, London E14 5AP

LIVING
160 Great Portland Street, London W1N 5TB

MTV
17-29 Hawley Crescent, London NW1 8TT

NATIONAL GEOGRAPHIC CHANNEL
6 Centaurs Business Park, Grant Way, Isleworth, Middlesex TW7 5QD

NICKELODEON
15-18 Rathbone Place, London W1P 1DF

PARAMOUNT COMEDY CHANNEL
15-18 Rathbone Place, London W1P 1DF

THE PARLIAMENTARY CHANNEL
160 Great Portland Street, London W1N 5TB

PERFORMANCE – THE ARTS CHANNEL
60 Charlotte Street, London W1P 1LS

PLAYBOY TV
160 Great Portland Street, London W1N 5TB

QVC
Marcopolo House, Chelsea Bridge, Queenstown Road, London SW8 4NQ

THE RACING CHANNEL
Satellite House, 17 Corsham Street, London N1 6DR

RAPTURE
Hardwick House, Norwich NR1 3LW

THE SCI-FI CHANNEL
77 Charlotte Street, London W1P 2DD

SKY MOVIES 1 & 2, SKY MOVIES GOLD, SKY ONE, SKY NEWS, SKY SOAP, SKY SPORTS 1, 2 & 3, SKY TRAVEL
6 Centaurs Business Park, Grant Way, Isleworth, Middlesex TW7 5QD

SONY ENTERTAINMENT TELEVISION ASIA
34 Fouberts Place, London W1V 2BH

TELEVISION X: THE FANTASY CHANNEL
PO BOX 7302, London E14 9EH

TNT
18 Soho Square, London W1V 5FD

TRAVEL
66 Newman Street, London W1P 3LA

TROUBLE
160 Great Portland Street, London W1N 5TB

TV5 EUROPE
15 Rue Cognacq-Jay, 75007 Paris, France

TV TRAVEL SHOP
Customer Services, Enterprise House, 29-41 Homesdale Road, Bromley, Kent BR2 9LY

UK GOLD, UK ARENA, UK STYLE, UK HORIZONS
160 Great Portland St, London W1N 5TB

VH1
17-29 Hawley Crescent, London NW1 7EP

VISION NETWORK
27 Victoria Road, Swindon SN7 3AW

Friday 3 July

SKY MOVIES SCREEN 1

6.00am The Blue Bird
1976, rating Sky U, 93 mins
8.00 The President's Analyst
1967, rating Sky PG, 98 mins
10.00 My Ghost Dog
1997, rating Sky U, 87 mins
11.30 Spy Hard
Leslie Nielson
Text *1996, rating Sky PG, 78 mins*
1.00pm Phase IV
Nigel Davenport, Lynne Frederick
1973, rating Sky PG, 80 mins

3.00 Kansas
Patricia Wettig, Matt Craven, Bethel Leslie, Scott Paulin
A woman returns to the Kansas ranch where she was born to care for her sick father. When he dies she is left the ranch with her sister. Last Play *1995, rating Sky PG, 90 mins*
4.45 My Ghost Dog
Russ Tamblyn, John Phillip Law
Family drama about a boy's dog which returns from beyond the grave to help him and his father fight the evil plans of the boy's aunt. The woman wants custody of the boy because she knows he's the heir to a fortune.
1997, rating Sky U, 87 mins
6.15 Balto
Voice of Kevin Bacon
Animated adventure, set in Alaska, about a half-husky, half-wolf who has become the town's outcast because of his mixed breeding. Last Play *1995, rating Sky U, 74 mins*
7.30 Spy Hard
Leslie Nielsen, Charles Durning
Agent Dick Steele sets out to stop the evil General Rancor from blowing up the world using a colossal weapon. To do this, Steele must team up with a beautiful KGB agent. Text *1996, rating Sky PG, 78 mins*
9.00 Dracula: Dead and Loving It
Leslie Nielsen, Peter MacNicol, Amy Yasbeck, Lysette Anthony
PREMIERE Mel Brook's comedy re-telling of the Dracula story. In this spoof version, the Count is clumsy and accident prone. *1995, rating Sky PG, 86 mins*
10.30 Movie Show
The latest cinema news.
11.00 Married People, Single Sex II
Kathy Shower, Craig Stepp, Liza Smith, Sam Schueler
Adult drama about three couples with various sexual problems.
1994, rating Sky 18, 100 mins
12.45am Jeffrey
Steven Weber, Michael Weiss Text
1995, rating Sky 15, 90 mins
2.20 Critical Choices
Betty Buckley, Pamela Reed
1996, rating Sky 15, 85 mins
3.50-5.35am Cross My Heart
1987, rating Sky 18, 87 mins

SKY MOVIES SCREEN 2

6.00am
The Bandit of Sherwood Forest
1946, rating Sky PG, 83 mins
8.00 In the Line of Duty
1996, rating Sky PG, 88 mins
10.00 The Family Jewels
1965, rating Sky U, 96 mins
12noon Hearts Adrift
Sydney Penny, Scott Reeves
1996, rating Sky PG, 89 mins
2.00pm
The Bandit of Sherwood Forest
Cornel Wilde, Anita Louise, Jill Esmond, Henry Daniell
Robin Hood Jr continues the good work of his father in this fast-moving sequel to the story of Britain's most popular outlaw. *1946, rating Sky PG, 83 mins*

4.00 The Family Jewels
Jerry Lewis, Donna Butterworth, Robert Strauss, Sebastian Cabot, Milton Frome
Comedy in which the accident prone Lewis plays seven different characters. The story revolves around a young heiress of several million dollars who must find a new guardian among her five uncles. *1965, rating Sky U, 96 mins*
6.00 Hearts Adrift
Sydney Penny, Scott Reeves, Kathleen Noone, Nicolas Coster, Don Murray
Drama in which a daughter and her mother are both invigorated by a trip to stay with an old family friend. *1996, rating Sky PG, 89 mins*
7.30 UK Top Ten
The most popular ten films currently on release in Britain.
8.00 The Arrival
Charlie Sheen, Ron Silver, Lindsay Crouse, Teri Polo
Science fiction thriller in which a scientist battles to convince the authorities of an imminent alien attack. When sacked from his job due to cutbacks, the scientist joins forces with a colleague to prove that aliens have plans to invade. Text *1996, rating Sky 12, 110 mins*
10.00 Last Dance
Sharon Stone, Rob Morrow
Drama about a woman on Death Row whose case is championed by a crusading lawyer. Cindy committed the murders she was convicted for, but her background of abuse was ignored at her trial and few seem interested in saving her life.
1996, rating Sky 18, 99 mins
11.45 Co-Ed Call Girl
1995, rating Sky 15, 90 mins
1.20am Deadly Pursuits
1995, rating Sky 12, 90 mins
2.55am Down, Out and Dangerous
1996, rating Sky 15, 87 mins
4.30–6.00am In the Line of Duty: Smoke Jumpers Action drama.
1996, rating Sky PG, 88 mins

Mel Brooks stars in the premiere of 'Dracula: Dead and Loving It': Sky Movies Screen 1 9.00pm

SKY MOVIES GOLD

4.00pm Dad
Jack Lemmon, Ted Danson, Olympia Dukakis, Kathy Baker
Funny and moving tale about an estranged father and son. When his mother dies, the grown-up son moves into the family house to look after his grieving father. The two gradually begin to understand each other and resolve old differences. *1989, rating Sky PG, 113 mins*
6.00 Baby Boom
Diane Keaton, Harold Ramis, Sam Shepard, Sam Wanamaker
One of the best of the late Eighties 'baby' movies. A New York advertising executive finds life far too busy to be bothered with raising a child – until she inherits a 12-month-old girl named Elizabeth from her cousin. *1987, rating Sky PG, 106 mins*
8.00 Jaws III
Dennis Quaid, Bess Armstrong, Simon MacCorkindale, Lea Thompson, Louis Gossett Jr, John Putch
Monster movie sequel, in which a terrifying great white shark causes havoc on the loose into a new marine theme park in Florida. Originally released in 3-D. *1983, rating Sky 15, 94 mins*
10.00 Another 48 Hrs
Nick Nolte, Eddie Murphy, Brion James, Kevin Tighe, Ed O'Ross
Thriller sequel set on the streets of San Francisco. Suspended from duty for using unnecessary force in his pursuit of a drug barron, a police detective is given 48 hours to come up with some evidence or face jail. *1990, rating Sky 18, 91 mins*
11.35
Lenny Live and Unleashed
1989, rating Sky 15, 93 mins
1.15am A Touch of Zen
Hsu Feng, Shih Chun, Pai Ying
Action movie. Widescreen *1969, rating Sky 12, 170 mins*
4.10-5.45am
The Reckless Moment
1949, rating Sky PG, 79 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm WCW Nitro on TNT
Two hours of the latest WCW wrestling action from the USA.

11.00 The Liquidator
Rod Taylor, Trevor Howard, Jill St John, Wilfrid Hyde-White
Spy adventure about a playboy who is lured into carrying out a covert mission. *1966, 100 mins*
1.15am Lady in the Lake
Robert Montgomery, Audrey Totter
Raymond Chandler whodunnit.
1946, 105 mins
3.05-5.00am
The Password is Courage
Dirk Bogarde, Maria Perschy
World War II prison drama.
1963, 111 mins

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Updating the Lives of Cheating Men
A man wants to marry his pregnant mistress while remaining married to his wife.
4.00
The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show hosted by the queen of the chat shows with a live studio audience.
5.00 Star Trek: Voyager
Heroes and Demons
The Ship's holographic doctor must overcome his limitations to confront an alien life force threatening the crew. Text
6.00 The Nanny
Everybody Needs a Bubby Sometimes
6.30
Married... With Children
Al gets tickets for a game. Text
7.00 The Simpsons
Homer the Vigilante
Homer is tough on crime. Text
7.30 The Simpsons
Marge on the Lam
Marge has an adventure. Text
8.00
Highlander: The Series
Band of Brothers
Warning comes from MacLeod's old friend Darius that one of his students has turned bad.
9.00 Walker, Texas Ranger
Full Contact
Walker steps in to help his friend Johnny Prado, a champion kickboxer wrongly accused of murder. Text
10.00 Friends
The One with the Metaphorical Tunnel
10.30 Friends
The One with Frank Jr
Phoebe meets her half-brother.
11.00 Star Trek: Voyager
Heroes and Demons
The ship's holographic doctor must overcome his limitations to confront an alien life force threatening the crew. Text
12midnight Nash Bridges
The Javelin Catcher
Nash must find a lethal weapon before it is put to a deadly use. Text
1.00-7.00am Long Play
A variety of rock, indie, R&B and dance tracks, as well as the week's top 20 singles and top ten albums.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis and Gary Oldman.
1997, rating Sky PG, 123 mins
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes. With the voice of Mike Judge. *1996, rating Sky 12, 78 mins*
PLAYS AT 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
Science fiction adventure sequel starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame.
1996, rating Sky 18, 106 mins
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 3 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill *Russian Doll*

3.25 The Bill
Mitigating Circumstances
Jack Meadows gets the chance to catch an old adversary.

3.55 Dangerfield
Dangerfield comes under pressure to get an officer off a brutality charge, and one of Joanna's patients dies in suspicious circumstances.

4.55 EastEnders
More vintage soap drama with the familiar faces of Albert Square.

5.30 Wowfabgroovy
DJ Russ Williams presents the celebrity gameshow.

6.00 All Creatures Great and Small
Attendant Problems
Disturbing events take place when a flock of sheep is worried by a stray dog at lambing time.

7.00 Last of the Summer Wine
Deep in the Heart of Yorkshire
Comic adventures with the three old men of the Dales.

7.40 Waiting for God
Tom and Diana have problems living together, so Diana moves to London to stay with her niece.

8.20 Butterflies
Bittersweet suburban sitcom with Wendy Craig.

9.00 Whatever Happened to the Likely Lads?
I'll Never Forget Whatshername
Terry tries to track down some of his old flames.

9.40 Minder
Looking for Micky
When 'Mad Micky' goes on the run, Terry has to look after him.

10.45 Rising Damp
Sitcom about a cantankerous landlord and his tenants. Stars Leonard Rossiter

11.20 The Bill
Russian Doll
Croft and Deakin investigate a basement.

11.50 The Bill
Mitigating Circumstances
Jack Meadows gets the chance to catch an old adversary.

12.20am The Jack Dee Show 12.50 Canned Carrott 1.25 FILM: Eat the Rich *Lanah Pellay, Ronald Allen* Comedy. *1987* 2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Mysteries, Magic and Miracles 12.05pm Jimmy's 12.35 Living Issues 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up! Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in discussion about relationship issues.

7.00 Rescue 911
The series featuring the stories of real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations and paramedics evacuate disaster areas.

9.00 FILM: Nightmare
Victoria Principal, Paul Sorvino, Jonathan Banks, Danielle Harris, Christopher Wynne
Thriller in which a single mother, feeling increasingly threatened by the dangers of city life, moves with her young daughter to the suburbs, only to find her life shattered when the child is kidnapped by a dangerous killer. *1991*

11.00-12midnight Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 The Cuckoo Waltz 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Nadine
King's search for inspiration for his new book leads him to Greece where he meets a very beautiful girl named Nadine.

4.00 Hawaii Five-0
Tiger by the Tail
A kidnap hoax by a young Rock'n'Roll star backfires when his father offers a huge ransom for his return.

5.00 Hart to Hart
Pandora Has Wings
Jennifer races to save Jonathan, who is serving as radar operator aboard a jet rigged by a saboteur to explode during its mission.

6.00 Emmerdale
Soap set in the Yorkshire Dales.

6.30 Classic Coronation Street
Elsie crosses swords with Karen's father.

7.00 Doctor at Large
Pull the Other One
Paul, Michael and Dick clash over their attitudes to women.

7.30 Doctor on the Go
Loftus the Terrible

8.00 Dempsey & Makepeace
Given to Acts of Violence
A gang leader plans the perfect crime, complete with an ingenious way of disposing of the money.

9.00 The Professionals
Wild Justice
Bodie encounters Hell's Angels.

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Foo Foo's Party Night
A night of outrageous cabaret.

11.30 Studs
Football fanzine.

11.50 Lord Lust's Lovelies

12midnight Bikini Babes 12.30am Bigger Better Battling Babes 1.00 E! In Focus *Las Vegas Showgirls* 1.30 E! In Focus *Playmates of the Seventies* 2.00-6.00am The Box Music through the night.

DISNEY CHANNEL

6.00am Lamb Chops Play-Along 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Microscopic Milton 10.05 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle 12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
Fun with those two crazy characters from *The Lion King*.

3.30 Brand Spanking New Doug
Minor Catastrophe Text

4.00 Pepper Ann
Pepper Ann wants to be cool at all costs – but her family seems determined to thwart her. Text

4.30 Recess
School-break mayhem. Text

5.00 Smart Guy
More classroom comedy with the Ten-year-old student who should be in a special school.

5.30 Student Bodies
Date-a-Rama Text

6.00 Teen Angel
Sings Like an Angel
Marty turns his friend Steve into a modern-day Sinatra. Text

6.30 Boy Meets World
Rave On Text

7.00 FILM: Robin Hood
Voices of Sir Peter Ustinov, Roger Miller
Disney has breathed new life into an old favourite by re-telling the legend of Robin Hood through the eyes of the animals of Sherwood Forest. *1973*

8.30 The Wonder Years
The Unnatural
Kevin learns to appreciate his baseball success. Text

9.00-10.00pm Touched by an Angel
Another tale involving Monica, the beautiful and wise angel. Starring Roma Downey and Della Reese. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 A Taste of England 10.30 What's Cooking? 11.00 Worrall Thompson Cooks 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Slice of Life 1.00 Food for Thought 1.30 Cooking with Mosimann 2.00 Alive and Cooking 2.30 Food Network Daily 3.00 Caribbean Light 3.30 Coxon's Kitchen College Baked mackerel. 4.00 Ideal Home Cooks 4.30-5.00pm Planet Nosh

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
Angel finds herself trapped, Patsy leads a search, and Dale has a gripping time.

6.30 My Two Wives
Musical Beds

7.00 London Bridge
Kim impresses Freddie, while Lucy wonders whether Cliff might really have killed Nick.

7.30 Desmond's
The Kid

8.00 Blue Heelers
Brotherly Love – Part II
There's festive frustration for the team as it struggles to outwit a vicious criminal. Stars Lisa McCune and Martin Sacks.

9.00 Love Hurts
Time to Go Home
Frank's inability to understand how important the Ethiopian project is for Tessa leads to a momentous decision.

10.00 Safe and Sound
Dougy plans to expand the garage into a car emporium.

10.30 Strongman
Documentary.

11.00 Tales of Sherwood Forest 12midnight Big One 12.30am Comedy Company 1.00-2.00am Free Frenchman

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

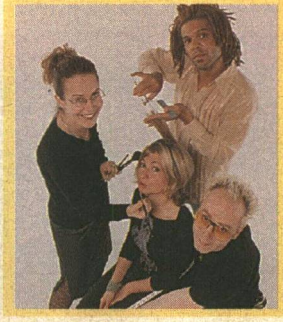
FILM

Dracula: Dead and Loving It
Sky Movies Screen 1 9.00pm
Leslie Nielsen is Dracula, Prince of Darkness, in this premiere by Mel Brooks. He's everything Dracula shouldn't be: clumsy and accident-prone. The Count comes to London in pursuit of an English maiden and eventually meets his match in Dr Van Helsing (played by Brooks).

GENERAL

Ellen
Paramount Comedy Channel 9.30pm
This classic episode has Ellen (Ellen DeGeneres) coming out of the closet and declaring herself a lesbian. She's in love with Susan (Laura Dern) and asks her therapist, played by Oprah Winfrey, to help her come to terms with it. The second part is on Monday.

ADVERTISEMENT



ON THE MAKE 2.45PM

Trouble

Sizzle into summer with some top fashion and beauty tips from Trouble's very own makeover show. Join the lovely Lucie and our top stylists as they transform both boyz and babes into stylish teenagers.

Friday 3 July

	EUROSPORT	SKY SPORTS 1	SKY SPORTS 2	SKY SPORTS 3	TROUBLE	SCI-FI
6.00 AM MORNING	**6.00am World Cup** Second round highlights. **7.00 World Cup: Le Mix** **9.00 Sports Car** **10.00 Modern Pentathlon** **11.00 World Cup** Second round highlights. **12noon Motorsports** **1.00pm Motorcycling – LIVE** **2.00 Motorcycling – LIVE** Action from the British Grand Prix from Donington Park.	**7.00am Sky Sports Centre** **7.15 Petrolheads** **8.15 Sky Sports Centre** **8.30 Racing News** **9.00 Aerobics Oz Style** **9.30 Trans World Sport** **10.30 Sports Unlimited** **11.30 Formula 3** **12noon Aerobics Oz Style** **12.30pm Petrolheads** **1.30 Futbol Mundial** **2.00 Euro Tour Golf: Murphy's Irish Open – LIVE** Coverage of the second day's play from the Murphy's Irish Open. The Druids Glen Golf Club in Dublin is the venue for this year's tournament and one of the best golfers in the world, Colin Montgomerie, returns to defend the crown he captured 12 months ago.	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 V-Max** **8.45 Sky Sports Centre** **9.00 Tight Lines** **10.00 Ford Golf USA: US Women's Open** **2.00pm Rebel Sports** Wild and madcap sports. **2.30 Watersports World** From powerboating to water-skiing and canoeing, a guide to action on the water. **3.30 Trans World Sport** Sports news and competitions across the globe from the past week. With features and footage. **4.30 Sports Unlimited** An action-packed guide to alternative high adrenaline sports, from mountaineering to sky diving. **5.30 Gillette World Sport Special** A roundup of current developments in sport.	**12noon Trans World Sport** **1.00pm Tight Lines** Fishing news and tips. **2.00 Bobby Charlton's Football Scrapbook: Frank Worthington** Former football maverick Frank Worthington joins Bobby Charlton and Dickie Davies – legends from the world of sport and broadcasting – to look back at some of the key matches in his career. **3.30 Petrolheads** The ultimate racing show that informs and educates as well as entertains the country's racing clubs. **4.30 Fastrax** A look at the lives and performances of competitors in the fast lane. **5.00 V-Max** An insight into the world of high speed sport. **5.30 Wild Spirits** Extreme sports events from around the world.	**12noon Sweat** **12.30pm Heartbreak High** Hard-hitting drama series about a Sydney inner-city high school. **1.30 Echo Point** **2.00 Hollyoaks** Chester-based soap about a group of teenagers. **2.30 It's in the Jeans** *Snowboarding* **2.45 On the Make** **3.00 Sweat** Teenage drama about a group of talented athletes. **3.30 Ready or Not** *What's Yours is Mine* Canadian teen drama. **4.00 Fresh Prince of Bel Air** Comedy with Will Smith. **4.30 Saved by the Bell: The College Years** **5.00 Hollyoaks** Chester-based soap about a group of teenagers. **5.30 California Dreams** *Mop and Pop* **6.00 Hang Time** Teen comedy. **6.30 Blast** Chart show. **7.00 USA High** **7.30-8.00pm Fresh Prince of Bel Air**	**7.30am Bloomberg Television 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers 10.00 The Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Ray Bradbury Theatre 2.00 Miracles** **3.00 The Six Million Dollar Man** *Dark Side of the Moon* A mad scientist forces Steve Austin to apply his bionic powers. **4.00 Swamp Thing** *Fear Itself* Swamp Thing hallucinates. **4.30 My Secret Identity** *Pirate Radio* **5.00 Amazing Stories** *Go to the Head of the Class* **5.30 Inside Space** The fact and fantasy of space travel. **6.00 The Web** Take a trip into cyberspace and explore the latest websites. With the latest hot tips, news and interviews. **7.00 Buck Rogers in the 25th Century** *Twiki is Missing* Three all-powerful females are despatched by the evil Kerk Belzak. **8.00 Quantum Leap** *Leaping in without a Net* Sam Beckett is jolted back to 1958 as a trapeze artist who must prevent his sister from a fatal fall. **9.00 PSI Factor – Chronicles of the Paranormal** Action drama series following a team of paranormal experts. **10.00 FILM: Xtro III – Watch the Skies** *Sal Landi, Robert Culp, Andrew Divoff* An expedition to an abandoned island after World War II uncovers the remains of a military base. As the team falls prey to an unseen terror, evidence is discovered of an alien presence. *1995* **12midnight Roswell: Cover-Ups and Close Encounters** **1.00am The Six Million Dollar Man** **2.00 Friday the 13th** **3.00 Tales of the Unexpected** *A Man with a Fortune* **3.30-4.00am Dark Shadows**
3.00 PM	**3.15 Motorcycling – LIVE** Coverage of the British Grand Prix from Donington Park in the East Midlands.					
4.00 PM	**4.30 Motorcycling** Offroad motorcycling magazine.					
5.00 PM	**5.30 Four Wheels Drive** Formula 4x4 off road action from Reykjavik.					
6.00 PM	**6.00 World Cup** Coverage of the first quarter-final, from Saint-Denis.	**6.00 Sky Sports Centre** All the latest sports news. **6.30 Irish Showjumping** Highlights from Enniskerry.	**6.00 Ford Golf USA: Canon Greater Hartford Open** Highlights from the second day's play at the Canon Greater Hartford Open. The TPC at River Highlands in Cromwell, Connecticut, is the venue for this year's event.	**6.00 Petrolheads** Motorsport in its many forms, including Formula One, rallying, Indycar racing and Touring cars.		
7.00 PM		**7.00 Gillette World Sport Special** Hosted by David Jensen. **7.30 Super League – LIVE** Explosive action from the latest JJB Sports Super League encounter. Both the Wigan Warriors and the Leeds Rhinos have made excellent starts to the campaign and the other clubs must keep up with the pace they have set. Presented by Sky's rugby league partnership of Eddie Hemmings and Mike Stephenson.		**7.00 The Winning Post: Haydock and Hamilton – LIVE** Jeff Stelling presents horse racing action with coverage from Haydock and Hamilton.	**BRAVO**	
8.00 PM	**8.00 Tractor Pulling** Highlights from the European Cup in Bernay, France.		**8.00 Ford Golf USA: US Women's Open – LIVE** Ball-by-ball coverage of day two from the Blackwolf Run Golf Resort in Kohler, Wisconsin, venue of this year's US Women's Open. Competitors are chasing a share of the $1,300,000 prize money and Lisleotte Nuemann, who currently leads the US money charts, is one of the favourites to win.		**8.00pm The A-Team** *The Island* A young boy from a remote island asks the Team to help his people fight evil drug pushers.	
9.00 PM	**9.00 Motorcycling** Highlights from the struggle for Sunday's pole position at the British Grand Prix.			**9.00 Cricket: England v South Africa** The pick of the day two action from Old Trafford, where England take on South Africa in the third Test of the series. With Mark Nicholas and commentary from Ian Botham, Bob Willis and Paul Allott.	**9.00 Real Stories of the Highway Patrol** Real-life police drama. **9.30 Cops** Fly-on-the-wall police documentary series.	
10.00 PM	**10.00 World Cup: Le Mix** Another chance to see a crucial match.	**10.00 World Cup Phone-In** Experts and fans discuss France 98. **10.45 Sky Sports Centre**			**10.00 Italian Stripping Housewives** **10.30 World Cup Undercover** A behind the scenes look at France 98.	
11.00 PM	**11.00 World Cup** Action from the second quarter-final from Nantes.	**11.00 WWF – Raw** Jim Ross, Kevin Kelly and Michael Cole present the spectacle that is World Wrestling Federation Raw. With celebrity guests, match classics and the meanest fighters around.		**11.00 Irish Showjumping** Highlights from Enniskerry. **11.30-12midnight Wild Spirits** Featuring alternative sports.	**11.00 FILM: Slave Girls from Beyond Infinity** *Elizabeth Clayton, Cindy Beal, Brinke Stevens* Sexy sci-fi film. *1987*	
12.00 NIGHT TIME	**1.00am-1.30am World Cup** Highlights of recent matches.	**1.00am Sky Sports Centre** All the major sports news. **1.15 World Cup Phone-In** Football fans have their say. **2.00 Super League** **4.00-6.00am World Wrestling Federation – Raw**	**12midnight Euro Tour Golf: Murphy's Irish Open** **2.00am Sky Sports Centre** **2.15 Cricket: England v South Africa** *Repeat from Sky Sports 3* **4.15 Sky Sports Centre** **4.30 Trans World Sport** **5.30-6.00am Irish Showjumping**		**1.00am Beverly Hills Bordello** **1.30 FILM: The Outdoorsters** *1985* **3.30 Twisted** **4.00 Beverly Hills Bordello** **4.30 Italian Stripping Housewives** **5.00-6.00am The A-Team**	**12midnight Roswell: Cover-Ups and Close Encounters** **1.00am The Six Million Dollar Man** **2.00 Friday the 13th** **3.00 Tales of the Unexpected** *A Man with a Fortune* **3.30-4.00am Dark Shadows**

CABLE CHOICE

SPORT

World Cup Quarter-Finals
Eurosport 6.00pm, 11.00pm

Things are starting to get very tense in the World Cup. The two quarter-finals today are played in St-Denis and Nantes and, if things have gone to form, the home team from France are likely to be playing in the afternoon. There are no easy games at this level, with today's games being the acid test for potential champions. Reckon on Italy, Brazil and Spain to be heavily involved in the action as well, and any one of those four teams is capable of going all the way. Let's hope that Scotland are still involved too.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Suburban Tales
12.20 ... Malone
12.45 FILM: Adult Feature
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Northern Exposer
2.25 FILM: Wicked Waxx Worxxxs
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Ice Castings Beautiful girls get raunchy.
12.25 Girls About Town A group of sexy girls risk everything.
12.40 French Teaser
12.50 FILM: Journey Through My Heart A pretty young gardener is given a shot at stardom.
2.15 Electric Blue
3.15-4.00am Adult Feature

HVC

CABLE EXCLUSIVE

8.00pm FILM: Sirens of Seductions The last men's private club in a town comes under threat when the manager stands his ground against a bunch of young thugs.
10.00 Wild Planet
10.35-12midnight FILM: Bare Exposure Erotic film.

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.15 Prize Time
6.30 Sale of the Century
Keith Chegwin hosts the general knowledge quiz.
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the general knowledge quiz.
7.45 Prize Time
7.55 The Crystal Maze
Richard O'Brien hosts the programme featuring an eclectic collection of games and challenges set in a giant fantasy world.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow offering huge cash prizes.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, assisted by his two kimonoed helpers, puts more contestants through torturous games.
10.50 Prize Time
11.10 Jools Holland's Name That Tune
Jools Holland and his orchestra invite guests to identify musical numbers.
11.40 Prize Time
12midnight Karaoke Challenge
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River: The McGregor Saga
4.00 Motormouth
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat 9.00 Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/Box 11.00 Judge 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
Exercise programme.
4.00 Living Room Legends
Talent spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Relationship advice for troubled souls.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00 The Fashion Show
A look at the hemlines.
6.30 Dial-a-Doc
6.45 What's in the Box
Phone-in guessing game.
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Courtroom verdicts.
9.00 Dog Night L!VE
A day at the races in Walthamstow and Wolverhampton.
10.00 Topless Darts
10.02 Odds on Sport
Exploring the British passion for gambling.
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Erotic programme.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers
4.00 The Fashion Show
4.30 Agony 5.00 Lie Detector
5.30 BodyHeat 5.45-6.00am What's in Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am The Catwalk Show 11.30 Real Gardening Show 12.30pm Movies, Games & Videos 1.30 Cinema, Cinema, Cinema 2.30 London School Choirs
A competition to find London's best school choir.
3.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
4.30 The Catwalk Show
All the latest news from the world of fashion.
5.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
6.30 The Album Show
Terrific tracks from classic albums from the likes of Bob Dylan and Oasis.
7.30 PDQ – The One-Stop-Shop
Products are delivered to your door with this home shopping service.
8.30 The Real Gardening Show
Green-fingered tips for the horticulturalist.
9.30 The Catwalk Show
The world's most beautiful women display the latest fashion designs.
10.30 PDQ – The One-Stop-Shop
Products are delivered to your door with this home shopping service.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick off the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises.
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm Dancefloor Chart
The coolest club cuts presented by June Sarpong.
3.00 Ultimate Top 10 Soundtrack Videos
As more and more songs from blockbusters make it into the charts, MTV has chosen the best of them.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
5.30 MTV News Weekend Edition
What's new in showbiz.
6.00 Dancefloor Chart
The latest club tracks presented by June Sarpong.
7.00 Partyzone
The latest club music and news with Simone Angel.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Hot
Happening news, videos and gossip with Justin Lee Collins.
11.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
12midnight Singled Out
12.30am Loveline
1.00 Club Mix
3.00 Partyzone
The latest club music and news with Simone Angel.
5.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Travel Live: Stop the Week
1.00pm Pathfinders
San Juans
1.30 NEW SERIES Origins with Burt Wolf
The Yukon Territory
2.00 On Tour
2.30 Wild Ireland
Connemara
3.00 Of Tales and Travels
Patagonia
Featuring breathtaking forests, fjords, lakes, volcanoes and glaciers.
4.00 The Great Escape
Jaisalmer and Punjab
4.30 Cities of the World
La Valette
5.00 Pathfinders
San Juans
5.30 Travel Trails
Norwich
Sarah Cameron takes part in a duck race in Norwich.
6.00 NEW SERIES Origins with Burt Wolf
The Yukon Territory
6.30 On Tour
Northern Florida
An alternative to Miami.
7.00 Travel Live Stop the Week
Presented by Judi Spiers and Gareth Davis, with the latest insider tales from the travel world.
8.00 Go Greece
Shimmering Coastlines
A look at ancient ruins.
8.30 The Flavours of France
Burgundy
9.00 NEW SERIES Going Places
South Africa
A look at the latest hot tourist spot, which provides attractions to suit all tastes.
10.00 Wild Ireland
Connemara
With Dermot Somers.
10.30 Floyd on Oz
Tasmania
A visit to the island state.
11.00-12midnight Travel Live Stop the Week
Insider travel tips presented by Judi Spiers and Gareth Davis.

GRANADA BREEZE

6.00am E! Celebrity Profile 7.00 Roddy Llewellyn's Indoor Garden 7.30 Young Chefs 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Celebrity Profile 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 The Fast Food Show 2.00 thirtysomething
Pilgrims
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
What You Wear Embarrasses Me
American talk show with lively discussion.
5.00-6.00pm Livetime
Magazine covering health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

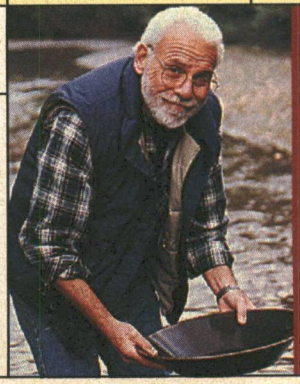
7.00pm Clan of the Crocodile
A journey to Papua New Guinea.
7.30 Light! Camera! Bugs!
8.00 Jerusalem: Within These Walls
Jerusalem has survived for 3000 years, helping to keep alive a multitude of hopes and dreams.
9.00 Gaston and the Truffle Hunters
How pigs are used to locate these delicacies.
9.30 The Great Return
Conservation projects.
10.00 Give Sharks a Chance
A cure for shark phobia.
10.30 Dead On Arrival – The Wild Parrot
11.00 Wild Horses of Namib
An African desert herd.
11.30 The Day of the Swallow
12midnight-1.00am Night Wild: Serengeti Diary
In a wilderness of grassland and woodland, lying just south of the equator, the ecological success of the Serengeti unfolds.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Another contestant is 'Singled Out' in the dating game with a difference: MTV 12midnight

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Noddy Holder 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Party Hits 10.00 Ten of the Best: Cyndi Lauper 11.00 Around and Around 12midnight Friday Rock Show 12.05am Brian May – Another World 2.00 Lou Reed and John Cale – Songs for Drella 3.00-7.00am VH1 Late Shift



Globetrotter Burt Wolf delves into the history of Canada's Yukon Territory and charts its changes since the Klondike Gold Rush of the 1890s in 'Origins with Burt Wolf: The Yukon Territory': Travel 1.30pm, 6.00pm

Friday 3 July

MORNING

6.00 AM

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture on the Mend 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House

3.00 PM

DISCOVERY

4.00pm Rex Hunt's Fishing Adventures II
4.30 Zoo Story
A look at the day-to-day dramas and comedies at London Zoo.
5.00 First Flights
Flight Control – Wing Warping to Fly-by-Wire
5.30 History's Turning Points
The Battle of Tsushima
6.00 Animal Doctor
Following the work of doctors from the RSPCA.
6.30 Tortoise and Turtle
Wild Discovery
7.30 Disaster
Black Wave
How tragedy befell a school in Wales.
8.00 Crocodile Hunter
Return to the Wild
Steve Irwin searches for an injured crocodile which is terrifying the locals.
9.00 Forensic Detectives
Faces of Tragedy
How forensic sculptors can place a face on an unidentified corpse.
10.00 Extreme Machines
Supersight
How new technology is advancing the way in which our eyes can see.
11.00 The Century of Warfare
Documentary charting conflict in the 20th century. The Allies were victorious, but revolution was a threat.
12midnight First Flights
Flight Control – Wing Warping to Fly-by-Wire
12.30am Disaster
Black Wave
1.00-2.00am Forensic Detectives
Double Helix

NIGHT TIME

SKY SOAP

11.00am Take the High Road 11.30 Emmerdale 12noon Emmerdale 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale 3.30-4.00pm Emmerdale
Mrs Bates wants the police to investigate the shooting of her dog.

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Scooby Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
Canine crime-busting with Scrappy and his Uncle Scooby.
3.30 Taz-Mania
4.00 Beetlejuice
Ghoulish animation.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More animated antics with the superhero with the superego.
5.30 Cow and Chicken
6.00 La Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.
8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
8.30-9.00pm The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

4.00pm Battleline: Invasion of Norway 4.30 Men in Crisis: Halsey v Yamamoto 5.00 Modern Marvels: Gothic Cathedrals 6.00 Ancient Mysteries: Secret Life of King Ramses II 7.00-8.00pm Biography
Katharine Hepburn
A profile of the legendary actress.

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/Mr. Men/ Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
Classic animation from the BBC archives.

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Roseanne is invited to be a TV commentator.
8.00 Grace Under Fire
Libby enters a child beauty pageant.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cybill
Starring Cybill Shepherd.
9.30 Ellen
Ellen comes to terms with her sexuality, through the help of her therapist.
10.00 Mr Don and Mr George
10.30 Cheers
Sam and the gangs' lives are threatened by a heavy hitter in the mob.
11.00 Monty Python's Flying Circus
Vintage surreal humour.
11.30 Food Fight
Saucy food quiz starring Sara Cox.
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Mr Don and Mr George
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
Comedy starring Lea Thompson as a New York cartoonist.
2.30 Food Fight
Saucy food quiz starring Sara Cox.
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Starring Cybill Shepherd.

'Jazz Greats: Charlie Parker' profiles the influential saxophonist known as 'The Bird': Performance 8.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Inside Hollywood
7.30 European Concert
Bernstein
8.00 Jazz Greats: Charlie Parker
A look back at the career of the jazz musician, mixing documentary with classic performances.
9.00 American Masters: John Hammond
Exploring his work with contributions from Bruce Springsteen and Bob Dylan.
10.00 Arts Council Showcase: Frank Lloyd Wright
A look at the life of work of the architect. Introduced by Lord Gowrie.
11.15 John Denver with the Boston Pops Orchestra
John Denver plays with the acclaimed Boston Pops Orchestra.
12midnight-1.00am Midnight Jazz: Dizzy Gillespie
Featuring jazz, rock and classical.

SKY TRAVEL

11.00am The American Trail 11.30 Globetrotter 12noon American Adventurer 12.30pm Getaway 1.00 Discover Your World 1.30 Great Houses of Europe 2.00 Travel Tips 3.00 Globetrotter
Russia, Japan and Disney World
3.30-4.00pm Sky Destinations

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 World Report 12.30pm Earth Matters 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American Edition 7.00 World News 7.30 Business Today 8.30 Q&A 9.00 Perspectives 10.00 Business 10.30 Sport 11.00 World View 12.30am Moneyline 1.30 Q&A 2.00 Larry King 3.00 7 Days 3.30 Showbiz 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal 7.35 Journal du Mondial 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Viva 9.45 7 Jours en Afrique 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Journal 12noon Le Billard a l'Étage 2.00pm Temps Présent 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Faites la Fête 9.00 Journal 9.30 L'Hebdo 10.00 Journal 10.30 Pour la Gloire 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Music Challenge 4.30 Fauji 5.00 Nashaib 5.30 Shaque 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 Edit 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 Fauji 4.30 Swabinaan 5.00 Cultural Heritage 6.00 Music Time 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Bemisal 6.30 Lollywood 7.00 Jaagran 7.30 Aap Ki Adalat Aap Ka Faisla 8.00 News 8.30 Buniyaad 9.00 Bharat Ek Khoj 10.00 Red Card 11.00 Zauje Ka Safar 11.30 Kurukshetra 12noon FILM: Farishtey Ya Qatil 3.00pm Hasratein 4.00 Campus 4.30 It's My Choice 5.00 Zee Zone 6.00 Banegi Apni Baat 6.30 Fun Filmi Style 7.00 Chasme Hasme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Parampara 9.00-12midnight FILM: Sunny Deol Jeet

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Market Rasen, Sandown and Warwick.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Winning Ways 5.00 Chronicles of Revival 5.30 Good News 6.00 River of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Jack Hayford/ Derek Prince 9.30 Life in the Word 10.00 In Times Like These 10.30 John Avanzini 10.40-11.00am Good Morning Europe

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons Live 3.00pm This Week in the Lords 11.00-12midnight Business Statement

Power Cable

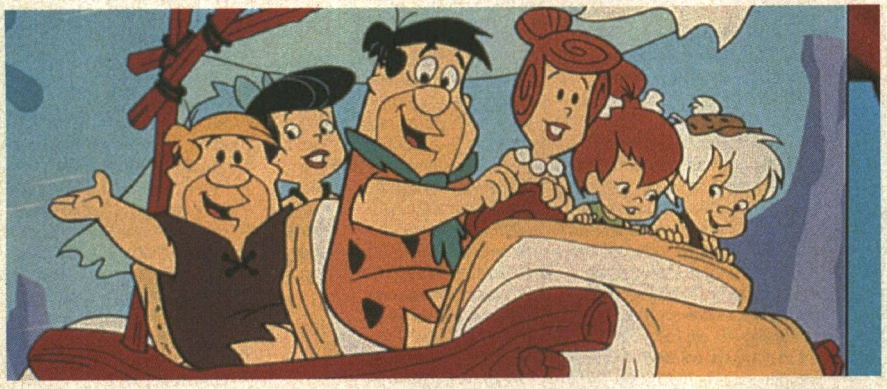
The young person's guide to what's on *Words: Martin Philp*

ONE HUNDRED AND WONDERFUL!

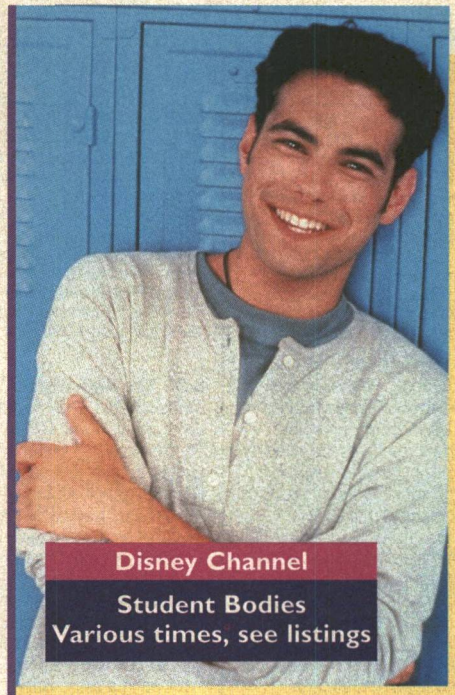
You've read the book, you've seen the films, and now you can enjoy a regular spot of canine comedy by tuning in to the dotty antics of *101 Dalmatians: The Series*. The new cartoon updates the original story, with plots that mix madcap humour with issues that affect young people today, such as bullying. Jim Jinkins, of Jumbo Pictures Inc, worked with Disney to develop the show. He says villainess Cruella de Vil will be hatching plenty of dastardly capers. 'But she won't be wearing any fur coats or trying to skin dogs,' says Jim. 'We've had to drag her bawling and screaming into the modern world.'

Disney Channel

101 Dalmatians, Daily 8.30am Weekdays 4.00pm



PHOTOS: DISNEY CHANNEL, TROUBLE, CARTOON NETWORK



Disney Channel

Student Bodies
Various times, see listings

COMIC BOOK HERO

As Cody in *Student Bodies*, he's the cartooning genius behind Edison High's comic book. But 22-year-old actor Jamie Elman confesses he's hopeless when it comes to artistic ability. 'I can barely write my own name,' Jamie says. He more than makes up for it in other ways – he's a dedicated musician, songwriter and, of course, the star of the Disney Channel series, which centres on a group of kids who put together their own comic about the characters in their school. On top of all that Jamie is studying for an English degree at McGill University in his hometown of Montreal, where the show is filmed. He says he has fond memories of his own high school days. 'But they weren't as interesting as they are for the characters in *Student Bodies*. 'Cody doesn't take school as seriously as I took it. You see him flirting with his love interest or hanging out with his buddies. I was a bit more consumed with my studies, but I still had a good time.' The show is about to go into production for a second series, so look out for lots more great episodes.

REV IT UP!

Cartoon Network are hitting the road with Toon Trax – a summer tour of Britain that's bringing fun and games to a town near you. The show will stop at nine locations around the UK in July and August and will include the Toon Trax Grand Prix – your chance to get behind the wheel of your favourite cartoon car, including the Flintstones Stone Age Jalopy! These are the Toon Trax dates for July:

4, 5 July – Bradford Festival Mela
18, 19 July – Lambeth Show, London
31 July-2 August – St Helens Show, Merseyside

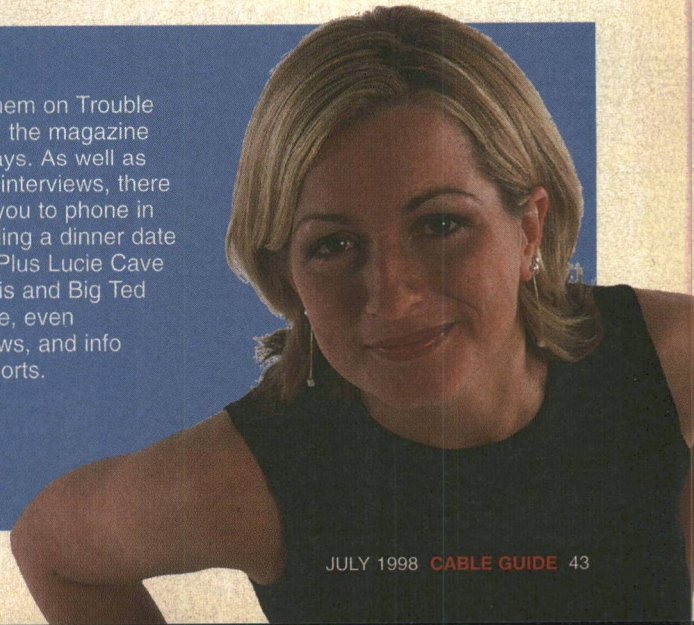
We'll bring you the Toon Trax tour dates for August in next month's Power Cable.

TIME FOR T

There's madness and mayhem on Trouble this month with *The T Spot*, the magazine show for the summer holidays. As well as the latest and greatest pop interviews, there will also be the chance for you to phone in and win a top prize – including a dinner date with a famous heart-throb! Plus Lucie Cave (right), Jason Bradbury, Ortis and Big Ted will be bringing you hot style, even hotter celebrities, movie news, and info on computer games and sports.

Trouble

The T Spot Daily from Monday 27th 4.00pm



Saturday 4 July

SKY MOVIES SCREEN 1

6.00am A Summer's Tale
1996, rating Sky U, 109 mins
8.00 Cannon Ball Fever
1989, 92 mins
9.40 Panic in the Skies!
1996, rating Sky PG, 90 mins
11.40 Blue Rodeo
1996, rating Sky PG, 87 mins
1.40pm The Borrowers
Eddie Albert, Judith Anderson, Barnard Hughes, Tammy Grimes
1974, rating Sky U, 77 mins

3.00 Panic in the Skies!
Kate Jackson, Ed Marinaro
Thriller about a flight which is placed in jeopardy when the aircraft's three pilots are killed by bolts of lightning. As several hundred passengers on board learn of their plight, the authorities are faced with either shooting the plane down or waiting for it to crash? *1996, rating Sky PG, 90 mins*

5.00 Blue Rodeo
Ann-Margret, Kris Kristofferson, Corbin Allred, Jade Herrera
Bittersweet drama about a mother who blames herself for her son's deafness. Margaret Yearwood feels responsible for the accident which left her teenage son Peter deaf, and she struggles to rebuild their relationship. *1996, rating Sky PG, 87 mins*

7.00 Now and Then
Demi Moore, Melanie Griffith, Rosie O'Donnell, Rita Wilson
Drama about four women who meet up and reminisce back to the days when they were carefree 12-year-olds. They begin to have doubts about the future of their friendship, but the bond of the past proves stronger than they thought. Text *1997, rating Sky PG, 98 mins*

9.00 National Lampoon's Senior Trip
Matt Frewer, Valerie Mahaffey
Comedy in which a group of kids are asked for their thoughts on the education system by the American President. The stunt is actually a plan hatched by the President's rival, but it backfires when the scheme takes off. *1995, rating Sky 15, 87 mins*

10.45
Amanda and the Alien
Comic adventure in which a sassy young girl befriends an alien who is on the run from the authorities. *1995, rating Sky 15, 90 mins*

12.20am Lying Eyes
Cassidy Rae, Vincent Irizarry
1996, rating Sky 15, 87 mins
1.55 The Grotesque
Alan Bates, Theresa Russell
1995, rating Sky 18, 98 mins
3.40-5.45am Exotica
Bruce Greenwood, Mia Kirshner
Text *1994, rating Sky 18, 99 mins*

SKY MOVIES SCREEN 2

6.00am Arrividerci, Baby
1966, rating Sky U, 96 mins
7.45 The Apocalypse Watch
1995, rating Sky PG, 144 mins
10.15 Dragonheart
1996, rating Sky PG, 99 mins
12noon Arrividerci, Baby
Tony Curtis, Rosanna Schiaffino
1966, rating Sky U, 96 mins
1.45pm Higher and Higher
Frank Sinatra, Michele Morgan
1943, rating Sky U, 90 mins

3.30 The Apocalypse Watch
Patrick Bergin, Virginia Madsen, John Shea, Glynis Barber
Thriller based on Robert Ludlum's novel. US secret agent Harry Latham infiltrates a neo-fascist group, only to be captured and later assassinated. When Drew Latham assumes his brother's identity and continues the investigation with the help of fellow secret agent, Karin de Vries, he uncovers a sinister plot and becomes involved in a race against time to prevent disaster. *1995, rating Sky PG, 144 mins*

6.00 Dragonheart
Dennis Quaid, David Thewlis, Pete Postlethwaite, Voice of Sean Connery
Fantasy adventure about a knight who teams up with a dragon to rid the land of an evil king and restore the Old Code of truth and honour. However, victory over King Einon may require the ultimate sacrifice. *1996, rating Sky PG, 99 mins*

8.00 Mrs. Winterbourne
Ricki Lake, Shirley MacLaine, Brendan Fraser
A young, pregnant and penniless woman leaves the man who doesn't love her and boards a train to a new life. The train crashes and in a twist of fate her life changes very much for the better. But will her past come back to claim her? *1996, rating Sky 12, 102 mins*

10.00 Sleepers
Brad Pitt, Jason Patric, Kevin Bacon, Robert De Niro, Minnie Driver
PREMIERE This powerful drama follows the fate of four young boys in Sixties New York, who suffer unimaginable abuse at the hands of a sadistic guard in a reform school. Years later they exact revenge, but must face the consequences of their actions. *1996, rating Sky 18, 141 mins*
● Feature: pages 6-7
12.30am Intimate Obsession
Jodie Fisher, James Quarter
1996, rating Sky 18, 90 mins
2.05 Crackerjack
1994, rating Sky 18, 97 mins
3.50-5.45am Deadlocked
1992, rating Sky 15, 89 mins

SKY MOVIES GOLD

11.00am Heller in Pink Tights
Sophia Loren, Anthony Quinn, Margaret O'Brien, Edmund Lowe
Drama about a theatrical troupe
1960, rating Sky PG, 96 mins
12.45pm Zorba the Greek
Anthony Quinn, Alan Bates, Lila Kedrova, Irene Papas
A life-affirming tale set on a Greek island about a young British writer who befriends a peasant. *1964, rating Sky PG, 136 mins*

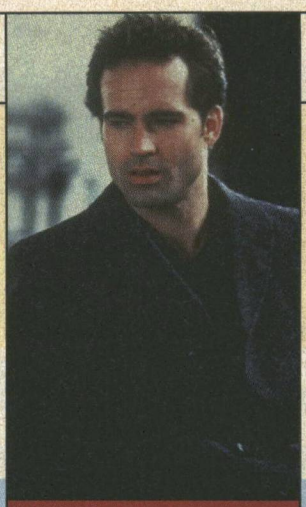
3.15
The Guns of Navarone
Gregory Peck, David Niven, Anthony Quinn, Stanley Baker, Anthony Quayle, James Darren
Action classic, based on a novel by Alistair MacLean and set during World War II, following a group of Allied soldiers as they attempt to neutralise some strategic German weaponry. The winner of an Oscar for best special effects, as well as a nomination for best film. *1961, rating Sky PG, 150 mins*

6.00 Revenge of the Pink Panther
Peter Sellers, Herbert Lom, Dyan Cannon, Robert Webber
The last Pink Panther movie before the death of star Peter Sellers, the fifth episode in the comedy series finds the hapless Inspector Clouseau investigating a failed assassination attempt on his own life. *1978, rating Sky PG, 95 mins*

8.00 Grease
John Travolta, Olivia Newton-John, Eve Arden, Stockard Channing, Frankie Avalon
Currently re-released hit musical, set in the Fifties, following a high school romance between a well-to-do girl and a ne'er do well boy. Songs include *You're the One That I Want, Summer Nights* and *Greased Lighting.* *1978, rating Sky PG, 106 mins*

10.00
Une Femme Francaise
Daniel Auteuil, Emmanuelle Beart
French drama set during World War II in which a woman waits for her husband's return from war. She is tempted into several affairs, but hopes that their life will be back to normal on his return. Widescreen *1995, rating Sky 18, 94 mins*

11.40 Lean on Me
Morgan Freeman, Beverly Todd
Classroom drama. *1989, rating Sky 12, 104 mins*
1.30am The Machine
Gérard Depardieu, Nathalie Baye
1994, rating Sky 18, 91 mins
3.05-5.35am
The Guns of Navarone
1961, rating Sky PG, 150 mins



Jason Patric stars in the premiere of the revenge drama 'Sleepers': Sky Movies Screen 2 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Anchors Aweigh
Gene Kelly, Kathryn Grayson, Frank Sinatra, Jose Iturbi
Colourful musical about two sailors who find love while on shore leave in Hollywood. One falls for a young actress who dreams of stardom, the other is delighted to meet a girl from Brooklyn, his home town. Gene Kelly was famously paired with Jerry the mouse in a charming scene combining animation and live action. *1945, 134 mins*

11.30 Somebody Up There Likes Me
Paul Newman, Pier Angeli, Everett Sloane, Eileen Heckart.
Tough film biography of middleweight boxer Rocky Graziano. *1956, 109 mins*
1.30am Boom Town
Clark Gable, Spencer Tracy
Oil drama. *1940, 114 mins*
3.30-5.00am 42nd Street
Warner Baxter, Bebe Daniels
Musical. *1933, 86 mins*

SKY ONE

7.00am Delfy and His Friends
7.30 Ultraforce
8.00 Wild West Cowboys
8.30 Superhuman Samurai Syber-Squad
9.00 What-a-Mess
9.30 Double Dragon
10.00 Games World Omnibus
11.00 Tarzan
12noon WWF – Live Wire
1.00pm WWF – Shotgun
2.00 Kung Fu

3.00 Star Trek: The Next Generation
Encounter at Farpoint
The crew of the Enterprise is put on trial for the crimes of humanity by Q.

4.00 Star Trek: Deep Space Nine
Facets
Jadzia Dax prepares for her Zhian'tara, the Trill Rite of Closure. Text

5.00 Star Trek: Voyager
Cathexis
Tuvok is attacked by aliens who take over his mind, and Chakotay must fight to save the crew's life and his own. Text

6.00
Xena: Warrior Princess
Cradle of Hope
A child king is found by Xena and Gabrielle, who struggle to protect the helpless infant.

7.00 Hercules: The Legendary Journeys
Mummy Dearest
Hercules must recover a stolen mummy before it begins killing innocent people. Text

8.00
Buffy the Vampire Slayer
Phases
Buffy and her friends discover secrets about themselves as they battle a werewolf.

9.00 Cops
Fly-on-the-wall US police series.
9.30 Cops
Las Vegas
Officers respond to the attack of a woman.

10.00 Friends
The One with the Flashback
10.30 Friends
The One with the Race Car Bed
Joey sees Chandler's date kissing her ex-husband.

11.00 Showbiz Weekly
In-depth coverage of film, music, TV and the biggest name celebrity interviews.
11.30 The Movie Show
All the latest cinema news.
12midnight VR.5
Parallel Lives
Duncan wakes up to find himself in another life.
1.00am Dream On
Flight of the Peddlebee
1.30 Dream On
Am I Blue?
2.00-6.00am Long Play

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
PREMIERE Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
PREMIERE Big-screen animated adventure for the idiotic, teenage MTV dudes. With the voice of Mike Judge. *1996, rating Sky 12, 78 mins*
PLAYS AT 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
PREMIERE Sci-fi adventure sequel starring Patrick Stewart. *1996, Sky 12, 106 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
PREMIERE America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his incredible rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am The Sullivans Omnibus
The story of an Australian family during the war years.
9.00 Dr Who Omnibus
Vintage black and white episodes featuring the Daleks.

12.30pm EastEnders Omnibus
More everyday drama with the cockney folk of Walford's Albert Square.

3.30 The Bill Omnibus
A roundup of the week's crimes. Quinnan and Jarvis pursue a fraudulent doctor, a mummified body is found, and Datta confronts a young woman after her violent boyfriend's cremation. Plus, Tosh Line discovers that a school bully is still up to his old tricks, but has he graduated to murder? The CID targets a young, known offender after an old lady is violently robbed. His mother has an alibi ready and waiting but appears to be protecting someone.
6.00 FILM: Buddy's Song
Roger Daltrey, Chesney Hawkes, Sharon Duce, Michael Elphick, Liza Walker
Rock music melodrama about a burnt-out performer giving his teenage son's band a helping hand on the road to success. The boy's troubled home life provides a source of inspiration as he tries to keep the family together. *1990*
8.00 The Brittas Empire
Sitcom about the manager of a sports centre.
8.40 Blackadder II
Money
Edmund is visited by a debt-collecting bishop armed with a red-hot poker.
9.20 One Foot in the Grave
The Eternal Quadrangle
Victor takes up drawing at a life class.
10.00 Bottom
Accident
The saddest man on earth has a birthday. Can it get any worse?
10.40 Red Dwarf
Confidence and Paranoia
Lister contracts a mutated form of pneumonia.
11.20
Norbert Smith – A Life
Harry Enfield stars in this pseudo-documentary on the life of a grand old thespian.
12.20am Chelmsford 123
Poison
Comedy series set in Chelmsford in the year AD 123.
12.55 Ironside
Detective drama series starring Raymond Burr.
2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Cheap Chic
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempestt
12.40pm Rolonda
1.30 Living it Up!
2.30 I Dream of Jeannie
Jeannie for the Defence

3.00 FILM: Picking up the Pieces
Margot Kidder, David Ackroyd, James Farentino, Herb Edelman, Ari Meyers, Tom Heaton, Betty Phillips
Drama. A woman struggles for self-esteem after her wish for a simple divorce goes wrong when her vindictive husband closes the bank account and strips the house of furniture. *1985*
5.05 Hart to Hart
Rhinestone Harts
Jennifer discovers that the stunning outfit she borrowed from a rhinestone cowgirl is decorated with stolen diamonds.
6.00
FILM: A Strange Affair
Judith Light
Drama about an unconventional relationship between a woman and the two men in her life. After the woman's husband of 23 years has a stroke, she is determined to nurse him back to health. All goes well until she meets another man and falls in love. *1995*
8.00 Animal Rescue
More animal saving.
8.30 Rescue 911
William Shatner hosts the series with stories of real-life rescues by US emergency services.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.50-12midnight
The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 The Cuckoo Waltz
8.30 The Piglet Files
9.00 The Saint
10.00 Hart to Hart
11.00 E! Extreme Close-Up
11.30 Raffles
12.30pm The Saint
2.30 Emmerdale
Yorkshire soap.

3.00 Emmerdale
Soap opera serial, set in the heart of the Yorkshire Dales.
3.30 Emmerdale
Soap opera serial, set in the heart of the Yorkshire Dales.
4.00 The Escapades of Eddie Yeats
Classic episodes from the *Coronation Street* archives.
4.30 The Escapades of Eddie Yates
5.00 The Escapades of Eddie Yates
Eddie is on the run from the police.
5.30 The Escapades of Eddie Yates
6.00 The Escapades of Eddie Yates
Eddie is using an ice cream round as a cover to sell alcohol.
6.30 The Escapades of Eddie Yates
7.00 Hawaii Five-0
Reunion
A businessman is accused of being a former Japanese officer responsible for extreme cruelty to US World War II PoWs.
8.00 Mission: Impossible
The Princess
The team is called in to assist with the protection of the prince and princess of a European principality.
9.00 The Professionals
The Gun
Bodie's girlfriend discovers information about drug smugglers.
10.00 The Comedians
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS

11.00pm V.P.L.
A look at sexy male and female fashions. Presented by Glen Campbell and Emma Steadman.
11.30
Noddy's Electric Ladyland
12midnight Babewatch UK
Jo Guest reports from her country house, displaying her nurses outfit.
12.30am Bikini Babes
1.00 E! Talk Soup
The most compelling moments from America's biggest chat shows.
1.30 E! Uncut
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Audubon's Animals 6.30 Jungle Cubs 7.00 Aladdin 7.30 Mighty Ducks 8.00 Men in Black 8.30 Ned's Newt 9.00 Recess 9.30 Brand Spanking New Doug 10.00 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm Honey, I Shrunk the Kids: the TV Show 1.10 Woof 1.35 Flash Forward 2.00 Double Dinosaurs

3.00 The Wonder Years Double Bill
Daddy's Little Girl/Moving
Kevin gets caught up in his sister's battle for independence from her parents. Text
4.00 Home Improvement Double Bill
Sisters and Brothers/ Tool Time After Dark – Part II
Jill's sister's visit turns into a long stay. Text
5.00 Honey, I Shrunk the Kids: the TV Show
Honey, We've Been Swallowed by Grandpa Text
5.45 Smart Guy
Being clever isn't easy.
6.10 Teen Angel
Wrestling with an Angel
Marty helps Steve get in the wrestling team. Text
6.35 Boy Meets World
Truth and Consequences Text
7.00
FILM: The Return of Jafar
Animated sequel to *Aladdin*. The genie returns to find trouble brewing after Abis Mal discovers the lamp and accidentally sets free the evil Jafar. *1994* Text
8.10 The Wonder Years Double Bill
Night Out/Faith
Kevin and Winnie go to their first party together. Text
9.00-10.00pm
Second Noah
God's Last Laugh
The children's reactions to Jesse's news range from elation to anger. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Rustie's Real Cooks 10.30 Restaurant Show 11.00 Ross's Foreign Assignment 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Chef on a Shoestring 1.00 Alive and Cooking 1.30 Tessa Bramley's Seasonal Kitchen 2.00 Slice of Life 2.30 Food Network Daily 3.00 Ross in Thailand 3.30 Coxon's Kitchen College 4.00 A Year at Ballymaloe 4.30-5.00pm Caribbean Light
More exotic delights.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Switch On
Presented by Katie Razzall.
5.30 Robin of Sherwood
Seven Poor Knights from Acre
The outlaw band is terrorised by seven knights returning from the Holy Land.
6.30 Men of the World
The Big Fight
Lenny and Kendle's evening in front of the TV is disturbed by a road accident outside.
7.00 Get Back
I Don't Want to See You Again
Bernie falls out with Lucy and moves back into his old flat.
7.30 Birds of a Feather
Keeping Up Appearances
8.00 Pie in the Sky
Gary's Cake
When there's an armed raid at Pie in the Sky, sloppy Detective Sergeant Stringer is put on the case.
9.00 Billy Joel Live
A two-hour concert special which captures rock superstar Billy Joel on his European *River of Dreams* tour. Featuring numerous hits from the singer's long career, including *River of Dreams, Lullaby, Piano Man, A Matter of Trust* and *An Innocent Man.*

11.30 Rude Health
12midnight-2.00am
FILM: Mr Wrong *1985*

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Sterling Silver Jewellery at 4.00pm.

SATURDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Sleepers
Sky Movies Screen 2 10.00pm
Four teenage boys are severely abused by guards after a childish prank sends them to a reform school. As adults, two of them kill a sadistic guard (Kevin Bacon) and are put on trial. All four are brought together and must persuade their priest (Robert De Niro) to help them.

GENERAL

On the Town
Performance 9.00pm
It's Stars & Stripes weekend, and so we're in the company of Leonard Bernstein for a swinging concert performance of this classic. The all-star cast includes conductor Michael Tilson Thomas, Tyne Daly and Cleo Laine, with the London Symphony Orchestra.

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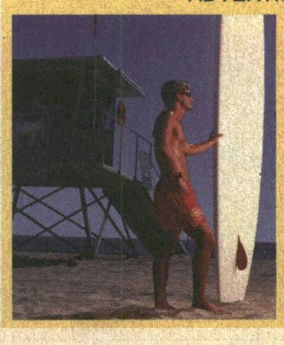


GET REAL: L.A. LIFEGUARDS 9.00PM

bravo

Bravo's documentary season continues. This one spends a summer with several lifeguards on the Los Angeles county beaches, following their personal stories. Narrated by *Baywatch* star Mike Newman.

Saturday 4 July

EUROSPORT

6.00am World Cup Premiere
6.30 World Cup Premiere
7.00 World Cup Premiere
7.30 World Cup: Le Mix
9.00 World Cup: Le Mix
11.00 Rendezvous France 98
Yesterday's highlights.
12noon Tractor Pulling
1.00pm Motorcycling – LIVE
2.00 Motorcycling – LIVE
World Championship action from the 500cc qualifying practice of the British Grand Prix at Donington Park.
3.15 Motorcycling – LIVE
Further action from the British Grand Prix at Donington Park.
4.30 Touring Car
Coverage of the Super Tourenwagen Cup from Norisring, Germany, where top touring car drivers compete.
5.30 Rally
Action from the FIA World Rally Championship.
6.00 World Cup
Coverage of the third quarter-final from Marseille.
8.00 Boxing
More blow-by-blow action from a recent European bout.
9.00 Motorcycling
Highlights and analysis from the qualifying practice for the British Grand Prix, including interviews with the champions.
10.00 World Cup: Le Mix
Another chance to see a game from yesterday.
11.00 World Cup
Action from the last quarter-final in Lyon.
1.00am-1.30am World Cup
Highlights from France.

SKY SPORTS 1

6.00am Watersports World
7.00 Sky Sports Centre
7.15 Wild Spirits
7.45 Aerobics Oz Style
8.15 Sky Sports Centre
8.30 Racing News
9.00 Petrolheads
10.00 Super League
12noon Ringside – LIVE
1.30pm Gillette World Sport Special
2.00 Superbikes: South Africa – LIVE
Coverage of races one and two of the championship at the Kylami circuit in South Africa. Can Britain's Carl Fogarty capture the title?
4.00 International Rugby Union: South Africa v England – LIVE
Coverage of England's international rugby union encounter against world champions South Africa in Cape Town. After winning the Triple Crown, England are determined to mould a side capable of making an impact at next year's World Cup.
6.30 Ringside: Bugner v Smith
Another chance to see today's boxing action from the Carrara Indoor Stadium, Australia, featuring two legends of the ring, Joe Bugner and James 'Bonecrusher' Smith.
8.00 Cricket: England v South Africa
Highlights of the third day's play from the third Test at Old Trafford between England and South Africa. Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis and Paul Allott.
10.00 World Cup Phone-In
Football fans have their say about France 98.
10.45 Ringside: Bugner v Smith
Another chance to see today's boxing action from Australia between Joe Bugner and James 'Bonecrusher' Smith.
12.15am Powerboat and Jetsport World
Watersport action.
12.45 Euro Tour Golf: Murphy's Irish Open
Repeat from Sky Sports 3
3.45 World Cup Phone-In
4.30-6.00am Superbikes: South Africa

SKY SPORTS 2

6.00am Gillette World Sport Special
6.30 Fastrax
7.00 Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Sky Sports Centre
8.45 Sky Sports Centre
9.00 Soccer AM
12noon Ford Golf USA: US Women's Open
Second day highlights.
3.00pm World Motor Sport
All the latest motor racing news and views from the sport that never takes its foot off the accelerator.
6.30 Cycling: National Bike Week
Coverage of the Halford's National Bike Week.
7.00 Rebel Sports
Off-the-wall coverage of maverick sports stars.
7.30 Inside the Senior PGA Tour
Behind the Senior Tour.
8.00 Ford Golf USA: US Women's Open – LIVE
Action from the third day's play of the US Women's Open. The Blackwolf Run Golf Resort in Kohler, Wisconsin, stages an event recognised as the biggest and most prestigious on the LPGA Tour.
11.00 Ford Golf USA: Canon Greater Hartford Open
Highlights from the third day's play.
1.00am International Rugby Union: South Africa v England
Repeat from Sky Sports 3
3.00 Australian Rules Football
5.00 Cycling
5.30-6.00am Powerboat and Jetsport World

SKY SPORTS 3

12noon The Max
Exciting sports action.
12.30pm Australian Rules Football
2.30 Wild Spirits
The programme that encompasses reports from extreme sports events around the world, plus interviews and comment.
3.00 Euro Tour Golf: Murphy's Irish Open – LIVE
Third day coverage of the Murphy's Irish Open from the Druids Glen Golf Club in Dublin, where some of the finest golfers on the European Tour, including Ernie Els, Colin Montgomerie and José Maria Olazábal, are determined to win the coveted trophy.
6.00 Powerboat and Jetsport World
Offshore watersports from around the world.
6.30 The Winning Post: Nottingham and Wolverhampton – LIVE
Jeff Stelling presents horse racing action with coverage from Nottingham and Wolverhampton.
8.30 International Rugby Union: South Africa v England
Coverage of England's latest rugby union encounter against world champions South Africa in Cape Town. After winning the Triple Crown, England are determined to mould a winning team for next year's World Cup.
10.30-12midnight Superbikes: South Africa
Highlights of the championship race from the Kylami circuit in South Africa. Presented by Keith Huewen with pit side reports from Suzi Perry.

TROUBLE

12.30pm On the Make
12.45 It's in the Jeans
Pottery
1.00 Saved by the Bell: The College Years
2.00 USA High
The Duelling Elliots
Mr Elliot's brother, a spy for the British government, comes to visit.
2.30 Fresh Prince of Bel Air
American sitcom with Will Smith.
3.30 Echo Point
Teenage soap.
4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.
5.00 Blast
Chart music.
5.30 California Dreams
Diss-Honoured
Sam is elected president.
6.00 Hollyoaks
Chester-based soap about the lives of a group of young people after their GCSEs.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life highway drama.
8.30 Rab C Nesbitt
Savage rhetoric from the Scottish sage.
9.00 Get Real...
LA Lifeguards
Documentary series.
10.00 Twisted
The Test
Another strange tale.
10.30 Red Shoe Diaries
Girl on a Bike
11.00 FILM: Venus in Furs
Laura Antonelli, Renate Kasche, Ewing Lauren
Erotic drama in which a couple explore the sexual dynamics of their relationship. *1968*
1.00am Beverly Hills Bordello
1.30 FILM: Slave Girls from Beyond Infinity
3.30 FILM: The Dark Wind
Thriller. *1992*
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare 8.00 The Bionic Woman 9.00 The Six Million Dollar Man 10.00 Tenchi Muyo 10.30 Moldiver 11.00 Roswell Revisited: Contact 11.30 Roswell Revisited: Sightings
12noon Roswell: Cover-Ups and Close Encounters
2.00pm Nova
Kidnapped by UFOs
3.00 Mystery Science Theatre 3000
Hobgoblins
A sci-fi B-movie with asides from characters who view the film and periodically appear to continue their own *Python*-esque antics.
5.00 FILM: Invaders From Mars
Karen Black, Hunter Carson, Timothy Bottoms
Remake of the classic Fifties film about a young boy who stumbles across aliens trying to take over the Earth. When he tries to alert adults, he finds that they too have been turned into aliens. *1986*
7.00 Nightmare Cafe
Drama series about the inhabitants of a cafe where the real, the unreal and the surreal collide.
8.00 Quantum Leap
Maybe Baby
Sam is sent back to 1963 as a nightclub bouncer who is helping a stripper to kidnap her baby girl.
9.00 Sleepwalkers
Counting Sheep
A serial killer's life is at risk when he is shot by police. The team must explore his dreams to find his victim.
10.00 Dark Skies
Hostile Convergence
John and Jesse investigate a UFO sighting in New Mexico, while Kim sneaks away to a wedding.
11.00 The Hunger
Menage à Trois
11.30 SF Scene
A guide to the week's sci-fi entertainment, including interviews.
12midnight Mystery Science Theatre 3000
Hobgoblins
2.00am Planet Mirth
2.30 Jason of Star Command
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows
Gothic soap.

CABLE CHOICE

SPORT

World Cup Quarter-Finals
Eurosport 6.00pm, 11.00pm

If England are still in the World Cup, they'll be up against tough opposition in one of today's quarter-finals from Marseille or Lyon. This will be the fifth game of the tournament for all sides, so who knows how many red cards will have been issued.

The teams with the best disciplinary records should prosper, so let's hope Paul Ince, Tony Adams and Co can keep out of trouble. If you want a prediction, it's for England to face Germany and the three lions to triumph in Lyon. It's sure to be a tremendous occasion, no matter what.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Adult Feature
12.20 Adult Feature
12.45 FILM: Perversions
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Three Musketeers
The Musketeers romp their way through all comers.
2.25 FILM: Arizona Gold
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File – Audition
A gorgeous babe is filmed auditioning. Will she have what it takes to be a star?
12.35 Lap it Up
A special night out at table dancing clubs.
12.50 Over the Top
2.10 The Love Potion
2.35-4.00am FILM: What's Up, Tiger Pussy
Erotic feature film.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Miami Beach Cops
9.30 Ladies Club – Poker Night
A ladies club gets together for poker and to swap stories of their sexual escapades.
10.00 FILM: Bikini Island
Erotic thriller.
11.25-12midnight Love Under Fire

Saturday 4 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/Body Heat 6.30 What's in the Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why Files 12.30pm Fashion 1.00 Lie 1.30 Agony 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 BodyHeat
Exercise programme.
4.00 Judge Judy
The feared American judge presides over another case in her own inimitable style.

5.00 Agony
Advice for the troubled at heart.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00
The Fashion Show
A look at what's hip.
6.30 Dial-a-Doc
6.45
What's in the Box
7.00 Odds on Sport
7.28
Tiffani's Big City Tips
7.30 Agony
Advice for the troubled at heart.
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
Saucy finance update.
8.30 Judge Judy
9.00
The Fashion Show
9.28 Big City Tips
Saucy finance update.
9.30 Serial Killers
Explores psychotic minds.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.30 The Sex Show
More late night chat in the naughty show.
11.00 Big City Tips
Saucy finance update.
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
3.30 Serial Killers
4.00 The Fashion Show
4.30 Agony
5.00 Lie Detector
5.30 Body Heat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Whittle
Tim Vine hosts the audience participation quiz show.
5.30 Prize Time
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
Win great prizes.
6.30
Sale of the Century
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and challenges in a fantasy world, aiming to win a prize in the Crystal Dome.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, assisted by his two kimonoed helpers, puts more contestants through torturous games.
10.50 Prize Time
11.10 Jools Holland's Name That Tune
Jools and his Rhythm and Blues Orchestra play the music for contestants.
11.40 Prize Time
12midnight Karaoke Challenge
12.30am McKenna
1.30 Christy
2.30 Mighty Jungle
3.00 FILM: Savannah Smiles
Mark Miller, Donovan Scott
Drama. *1982*
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, sport, travel, weather and features on the hour, every hour, plus the following features: 9.30am The Catwalk Show 10.30 Junior Choir Competition 11.30 Gillette World of Sport 12.30pm American Chart Show 1.30 Inside Hollywood 2.30 The Album Show

3.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
4.30 Movies, Games and Videos
Reviews of the latest releases on the market.
5.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
6.30 Junior Choir Competition
London's junior schools compete to be named the choir of the year.
7.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
8.30
The Catwalk Show
Beautiful models strut their stuff as they display the latest designs from the top fashion houses.
9.30 Inside Hollywood
All the latest news and gossip from Tinseltown.
10.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
11.30
The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

7.00am Kickstart
The liveliest mix of music videos.
9.00 So 90s
The greatest hits of the decade with comedians Armstrong and Miller.
10.00 European Top 20
Top hits from across Europe.
12noon Now That's What I Call Music
1.00pm Select MTV
3.00 Hit List UK
The UK singles chart with Cat Deeley.
5.00 MTV News Weekend Edition
5.30 MTV Live
6.00
The Lick R&B Chart
A roundup of the biggest R&B hits with Trevor Nelson.
7.00 Dancefloor Chart
The latest club cuts with June Sarpong.
8.00 Dance Anthems
Classic club sounds.
9.00 Ultimate Top Ten: American Artists
Celebrate the 4th of July by taking a look at some of the best talent stateside.
10.00 Hot
Happening news, videos and gossip with Sara Cox.
11.00 Beavis and Butt-head
More mad antics from the adolescent anti-heroes.
11.30 Big Picture Parties Special
3.00am Chill-Out Zone
5.00-6.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon Aspects of Life
12.30pm Cities of the World
1.00 A Fork in the Road
1.30 The Food Lovers' Guide to Australia
Cheese-Making in Perth...
2.00 The Flavours of France
Dijon
2.30 Go Portugal
Where the Land Ends
3.00 Great Australian Train Journeys
Three Trains North/ Spirit of the Outback
Travels through the most isolated Savannah regions.
4.00 Ribbons of Steel
Rails to Riches
Heads to Toronto.
4.30 Ridge Riders
Across Southern England – Part 2
5.00 The People and Places of Africa
Mozambique: The Roots of Niassa Lake
5.30 On Tour
Cape Town
6.00
The Food Lovers' Guide to Australia
Cheese-Making in Perth & Persian Tea Party
6.30 Go Portugal
7.00 Travel Live Stop the Week
All the latest insider tales from the travel world, plus celebrities sharing some of their holiday secrets.
8.00
Dominika's Planet
New York
Dominika goes on trip to the Big Apple, with a visit to the Twins Restaurant.
9.00 From the Orinoco to the Andes
Deep Caves and Vast Steppes
Explore the tropics of South America.
10.00 Aspects of Life
Land of Mist and Fire
In the Cape Floral Kingdom.
10.30
A Fork in the Road
New York
11.00 Ridge Riders
Across Southern England
11.30-12midnight The People and Places of Africa
Mozambique: The Roots of Niassa Lake

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 The Good Housekeeping Show 10.30 Style Wars 11.00 Roddy Llewellyn's Indoor Garden 11.30 Young Chefs 12noon The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 E! Special

3.00 Livetime
Magazine programme covering all aspects of health, beauty, fashion, gardening and the home.
4.00
Sally Jessy Raphael
My Daughter's Boyfriend is Dangerous
Parents express concerns for their daughters' welfare.
5.00-6.00pm Livetime
Magazine programme covering health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

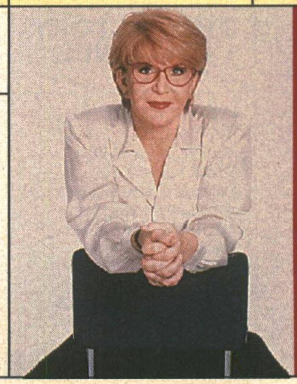
7.00pm
Reef Fish: Where Have They All Gone?
Explore how communities around the world are being over-fished.
8.00 Treasure Hunt: Titanic
Experience the events leading up to and during the tragic sinking of this magnificent vessel.
9.00 Nature's Fury: Born of Fire
Looks at some of the most spectacular natural phenomena earth has to offer.
10.00 Predators: The Eagle and the Snake
Journey to the waters of the South China Sea.
10.30
Predators: Snakebite
11.00 Kiwi: A Natural History
Discover the lifestyle and environmental threats to the Kiwi birds of New Zealand.
12midnight-1.00am Diamonds
A film that looks at the history, processing, collecting, and shopping of these objects of desire.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Quentin Crisp gives Dominika the lowdown on life in New York in 'Dominika's Planet 2': Travel 8.00pm

VH1

7.00am American Hits 10.00 Saturday Brunch 12noon American Classic 1.00pm Greatest Hits of... Madonna 2.00 The Clare Grogan Show 3.00 American Classic Marathon 8.00 VH1 American Disco Party 10.00 Mills 'n' Tunes American Special 11.00 VH1 Spice 12midnight Midnight Special 12.30am Bruce Springsteen: Live in New York City 1.00Songs for America Farm Aid 1996 2.00 VH1 Divas Live 4.00-7.00am American Hits



More lively chat and heated debate with the adored American talk show host in today's editions of 'Sally Jessy Raphael': Granada Breeze 9.00am, 4.00pm

Saturday 4 July

MORNING

DISCOVERY HOME & LEISURE

9.00am Rex Hunt's Fishing World 9.30 Salmon Run with Jack Charlton 10.00 Wilson's World NEW SERIES 10.30 This Old House with Steve and Norm NEW SERIES 11.00 This Old House 11.30 In the Workshop 12noon Doing it Up 12.30pm The Close Guide 1.00 Home Savvy 1.30 Home Again with Bob Vila 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00-4.00pm Campaigns in History

3.00 PM

DISCOVERY

4.00 PM
4.00pm Wings: Strike Force: Sukhoi
Looks at the most feared of Soviet war planes, from the early wooden fighters to the Sukhoi Fulcrum.

5.00 PM
5.00 Battlefields
The Battle of France
Examines Hitler's Western offensive which saw the first large-scale airborne operation of World War II.

6.00 PM
6.00 Battlefields
The Battle of France
Looks at how Hitler's secret war plans brought conflict to Western Europe after an uneasy peace.

7.00 PM
7.00 Navy SEALS – Warriors of the Night
A look at the gruelling training programme of the US Navy's elite fighting force.

8.00 PM
8.00 Chasers of Tornado Alley
Meet the storm chasers from around the globe who gather each spring to track the deadly twister.

9.00 PM
9.00 Adrenalin Rush Hour! The Terror Technicians
Talks to John Wardley, former special effects creator for Bond films.

10.00 PM
10.00 A Century of Warfare
Documentary series charting worldwide conflict, here focusing on the rise of dictators in Europe.

11.00 PM
11.00 Arthur C Clarke's World of Strange Powers
11.30 Arthur C Clarke's World of Strange Powers

12.00 NIGHT TIME
12midnight Battlefields
The Battle of France – Part I
Looks at Hitler's Western offensive, code-named Case Yellow.
1.00-2.00am Battlefields
The Battle of France – Part II
Examines how Hitler's plans brought conflict to Europe.

SKY SOAP

11.00am Emmerdale
Amos prepares a meal for Annie and the Rev. Hinton.
11.30 Emmerdale
12noon Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm Take the High Road

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Blinky Bill 7.30 Real Story of 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 Mask 11.30 Tom and Jerry 11.45 Road Runner 12noon Flintstones 12.30pm Bugs and Daffy 1.00 Batman

3.00 Taz-Mania
Antipodean antics.
3.30 Scooby-Doo
Scooby and the gang investigate more ghostly happenings.
4.00 Sylvester and Tweety
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Fun with the superhero with the superego.
5.30 Cow and Chicken
Fun with the siblings.
6.00 La Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.
8.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
8.30-9.00pm The Flintstones
Prehistoric fun.

THE HISTORY CHANNEL

4.00pm The Great Ships: The Tugboats
5.00 Weapons at War: Attack Aircraft
A look at how aeroplanes can now fly 'low and slow'.
6.00 Ancient Mysteries: The Sacred Waters of Lourdes
Examining the French mountain village of Lourdes.
7.00-8.00pm Biography
Al Capone

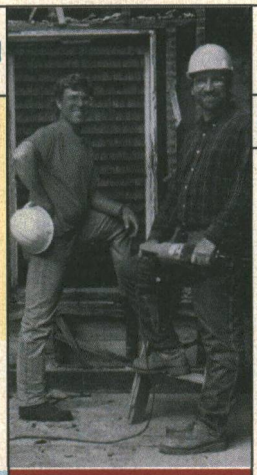
NICKELODEON

7.00am Tales from the Cryptkeeper 7.30 Extreme Ghostbusters 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Ren & Stimpy 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 2.00 Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Renford Rejects
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sister Sister
Tia and Tamera and their parents all try to get along.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Domestic strife.
7.30 Diff'rent Strokes
Fun with the Drummonds.
8.00 Wings
Comedy focusing on the offbeat regulars of a small airport on Nantucket Island.
8.30 Cosby
Sitcom starring Bill Cosby.
9.00 Due South
Comedy with the smooth talking, moralistic Canadian Mountie Benton Fraser, who has joined a Chicago police department.
10.00 Frasier
Frasier tries to help his new boss's fiancée.
10.30 Cheers
Starring Ted Danson and Kelsey Grammer
11.00 Monty Python's Flying Circus
Classic comedy with the surreal team.
11.30 This is David Harper
12midnight Kids in the Hall
Offbeat Canadian comedy.
12.30am It's Garry Shandling's Show
Eighties comedy series about bachelordom.
1.00 Frasier
Cheers-spin-off about a phone-in psychiatrist. Stars Kelsey Grammer.
1.30 Cheers
Celebrated US sitcom starring Ted Danson and Kelsey Grammer.
2.00 Due South
The show which transposes Mountie tracking and trapping skills to the streets of the modern city.
3.00 Sister Sister
Tia, Tamera and their folks try to live together.
3.30-4.00am Cosby
Retirement comedy based on *One Foot in the Grave.*



Inspired renovation in 'This Old House with Steve and Norm': Discovery Home & Leisure 10.30am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Saturday Ballet
A selection of short dances recorded live from the San Francisco Opera House with some of the best dancers from the American Ballet Theatre.

9.00 Leonard Bernstein's On the Town
Leonard Bernstein's New York comes to London's Barbican Centre in this swinging concert performance. The London Symphony Orchestra is conducted by Bernstein's protégé, Michael Tilson Thomas.
11.00 Tony Bennett with the Boston Pops Orchestra
Tony Bennett croons through some of his classic songs.
12midnight-1.00am Midnight Jazz: Eartha Kitt
Enjoy sounds from the woman Orson Welles once referred to as: 'the most exciting woman in the world'.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 9.30 UK Direct 10.00 News 10.30 Food Watch 11.00 News 11.30 Simpson's World 12noon News 12.30pm Science 1.00 News 1.30 Face in the Crowd 2.00 Sportsday 6.00 Newsday 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson's World 9.00 News 9.30 Face in the Crowd 10.00 News 10.30 Book Review 11.00 News 2.30am Simpson's World 3.00 News 3.30 Science Review 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Face in the Crowd

CNN INTERNATIONAL

News throughout the day, plus: 5.00am World News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.30 Report 2.30 Travel 3.30 Sport 4.30 Pro Golf 5.00 Larry King 5.30 Larry King 6.30 Inside Europe 7.30 World Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.30 Global View 12.30am 7 Days 1.30 Diplomatic License 2.00 Larry King 2.30 Larry King 3.30 Both Sides 4.30-5.00am Evans & Novak

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Entertainment Show 10.30 Fashion TV 11.30 Week in Review 12.30pm ABC Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Fashion TV 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline Extra 12.30am Westminster Week 1.30 Fashion TV 2.30 Century 3.30 Week in Review 4.30 Newsmaker 5.30-6.00am Entertainment Show

INTERNATIONAL

3SAT 5.50am 7 Tage Anders 6.00 Hablamos Espanol 6.30 Spanien 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Slowenien 9.15 Euro-City: Wien 9.45 Der Report 10.30 Vor 30 Jahren 11.10 Offen 11.15 Quer 12.15pm Schlagerkarussell 1.00 Computer Show 1.30pm Sphinx 2.15 Frauensache 2.40 Straßen-Bekanntschaften 2.55 Aufstand in Sidi Hakim 4.35 Tips and Trends 5.00 Kuckuck-Kleber und Pleitegeier 5.30 Ausland 6.00 Heute 6.20 Kino Kino 7.00 Tagesschau 7.15 Festspielsommer 10.00 Am Anfang 10.30 Alex 11.30 Seitenblicke 11.55-12.25am Projekt X

TV5 5.00am Journal 5.15 Grand Tourisme 5.30 Outremers 6.30 Horizon 7.05 Journal 7.30 Journal 7.35 Journal 8.00 Bus et Compagnie 9.05 Magellan 9.30 Branché 10.05 Découverte 10.30 Funambule 11.05 Les Belges du Bout 11.33 Journal France 3 11.55 Journal 12.05pm Gourmands 12.35 Jardins et Loisirs 12.55 Itinéraire Bis 1.20 Saveurs 1.45 Télétourisme 2.10 Cap Aventure 2.25 Autant Savoir 2.50 Journal 3.00 Journal 3.15 Génies en Herbe 3.45 L'Ecole des Fans 4.35 Jardin des Bêtes 5.00 Questions 5.30 Journal 6.00 Sport Africa 6.30 Journal 7.00 Thalassa 8.00 Outremers 9.00 Journal 9.30 Grand Tourisme 10.00 Journal 10.30 Espérance 11.55-12midnight Journal

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 FILM 11.30 News 12noon Subah 12.30pm Community Focus 1.00 Edit 1.30 FILM 4.00 Dekh Bhai Dekh 4.30 Thekikaat 5.00 Aashiana 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Gehra Paani 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am HINDI FILM: Dancer 7.00 Jaagran 7.30 Shabads 8.00 News 8.30 Fat or Fit 9.00 Entertainment Express 9.30 Out & About 10.00 Geet Gaata Chal 10.30 Cinemagic 11.00 Khana Khazana 11.30 Business 12noon HINDI FILM: Khuddar 3.00pm Video Countdown 4.00 Chunni 4.30 Dekh Bhai Dekh 5.00 Your Zindagi 5.30 Filmi Baatein 6.00 Ladkiwale Ladkewale 6.30 Sa Re Ga Ma 7.30 Midsummer Hungama 8.30 News 9.00-12midnight FILM: Sanam

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
From Beverley, Chepstow and Haydock with Robin Gray, Richard Hoiles and Jonathon Turner.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 700 Club 6.30 Terry Jones/Peter Youngren 7.00 Ulf Ekman 7.30 Marilyn Hickey 8.00 KIDZ Club 8.30 Secret Adventures 9.00 Edges/Standing on the Rock 9.30 Jesse Duplantis 10.00 Jam 10.30-10.45am This is Your Day – Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords
1.00pm Questions from the House
5.00-6.00pm Statement from the House

I ♥ NEW YORK!

New York, New York - so good they named it twice. But what would you do if you were given the freedom of America's most exciting city? This month on the ***Travel Channel***, **Dominika** finds out what's happening in Manhattan. And if you're the lucky winner of our fabulous New York competition, you could be following in her footsteps, including having dinner at the famous ***Twins Restaurant.***

Dominika's Planet - New York
Saturday 4 July, 8pm

Dominika's guide to the Big Apple

Visit Twins Restaurant. Where you get a double order of waiters and waitresses!

Hob-nob at a society bridal shower. Will it be third time lucky for wife-to-be Harriet?

Work that body with Boris. Fitness Russian-style - no pain, no gain!

Hang out at the Beauty Bar. The perfect cocktail - a drink and a manicure!

Play ball. Throwing a few baskets with the city's young talent.

Go roller-blading. Central Park's the spot for a work-out on wheels.

plus lots more!

WIN A NEW YORK WEEKEND!

Enter our exclusive competition for Cable and Wireless subscribers and you could be trying out some of **Dominika's** suggested Big Apple activities. The superb prize on offer is a weekend for two in New York, including return flights from Heathrow, Manchester or Birmingham, and room only accommodation for 3 nights (Friday-Sunday) at the 3* superior Metro Hotel, centrally located just one block from the Empire State Building. Also included is dinner for two at ***Twins Restaurant.***

To enter, simply answer the following question:-

"What is New York's nickname?"

A. The Big Apple B. The City of Angels C. The Windy City

Send your answer on postcard, with your name, address and daytime telephone number, to ***Travel Channel,*** **New York Competition (CWC), PO Box 2451, London W1A 2UL** to arrive by the closing date of **31 July 1998.**

Competition open to Cable and Wireless subscribers only. Holiday prize must be taken before **15 December 1998.** The winner must agree to be bound by the terms and conditions of the tour operator. Accommodation is subject to availability, and in case of non-availability, accommodation will be provided at a similar standard property. No purchase necessary. Dinner at Twins will be to a maximum value to be advised, reimbursed against a receipt from the restaurant.

travel
TV THAT TAKES YOU THERE

Sunday 5 July

SKY MOVIES SCREEN 1

6.00am Silver Streak
1976, rating Sky PG, 109 mins
8.00 Project X
1987, rating Sky PG, 103 mins
10.00 King Ralph
1991, rating Sky PG, 92 mins
11.35 Silver Streak
1976, rating Sky PG, 109 mins
1.35pm Sweet Charity
Shirley MacLaine, Ricardo Montalban, John McMartin
Musical about a dancer in a run-down Manhattan nightclub who falls in with a humble insurance worker. Amusing complications arise from the fact that he does not know that she was once a prostitute. *1969, rating Sky PG, 142 mins*

4.00 King Ralph
John Goodman, John Hurt, Peter O'Toole, Richard Griffiths
Comedy about a Las Vegas entertainer who becomes heir to the British throne after the entire Royal Family is killed in a freak accident. The loveable slob must quickly learn the airs and graces of royalty, but does he have what it takes to be king? *1991, rating Sky PG, 92 mins*

6.00 Jane Eyre
William Hurt, Charlotte Gainsbourg, Joan Plowright,
Drama based on the classic Charlotte Brontë novel. A young orphan girl is given work in Fornfield Hall for the distant Mr Rochester. As Jane grows up she begins to understand the dark secrets of Fornfield Hall. **Text** *1996, rating Sky PG, 116 mins*

8.00 The Cable Guy
Jim Carrey, Matthew Broderick, Leslie Mann
Dark comedy about a manic cable installer who befriends Steven, whose girlfriend has just left him. The manic workman proves a good friend, but Steven gets tired of the friendship and tries to end it – with disastrous results. **Text** *1996, rating Sky 12, 92 mins*

10.00 Feeling Minnesota
Keanu Reeves, Cameron Diaz
PREMIERE A bittersweet comedy romance about two brothers whose sibling rivalry deepens when they fall for the same woman. As one brother is due to marry the girl, the other elopes with her, leading to a bloody showdown. *1997, rating Sky 18, 95 mins*

11.40 French Kiss
Kevin Kline, Meg Ryan
Romantic comedy. **Text** *1995, rating Sky 15, 106 mins*

1.35am For Better or Worse
James Woods, Lolita Davidovich, Joe Mantegna, Jason Alexander, 1995, rating Sky 15, 85 mins

3.05-6.00am Stolen Innocence
1995, rating Sky 15, 90 mins

SKY MOVIES SCREEN 2

6.00am A Girl Must Live
1939, rating Sky U, 68 mins
7.30 A Mother's Instinct
1996, rating Sky PG, 84 mins
9.00 Skateboard Kid 2
1995, rating Sky U, 88 mins
11.00 Forbidden Territory: Stanley's Search for Livingstone
1997, rating Sky PG, 88 mins
1.00pm A Girl Must Live
Margaret Lockwood, Lilli Palmer
1939, rating Sky U, 68 mins

3.00 A Mother's Instinct
Lindsay Wagner, Debrah Farentino, Barbara Babcock, John Terry
Drama about a divorcee who starts life again with a new husband. Only later, when he disappears with her children, does she find out that he is still married. The two wives team up to track down their lying husband. *1996, rating Sky PG, 84 mins*

5.00 Forbidden Territory: Stanley's Search for Livingstone
Aidan Quinn, Nigel Hawthorne
Drama based on the real-life encounter between Dr David Livingstone and Henry Morton Stanley in the Congo in 1869. After their famous meeting the two embark on an adventure to discover the source of the Nile. *1997, rating Sky PG, 88 mins*

7.00 Three Wishes
Patrick Swayze, Mary Elizabeth Mastrantonio, Joseph Mazzello
PREMIERE Romantic fantasy about a drifter who is hurt in a car accident and tended back to health by a mother and her two sons. The man repays the kindness by introducing a little magic into the small town American home. *1995, rating Sky PG, 111 mins*

9.00 Courage Under Fire
Meg Ryan, Denzel Washington, Lou Diamond Phillips, Michael Moriarty, Matt Damon
Thriller about the investigation into one of the armies bravest women who was killed in action. Lieutenant Colonel Nathaniel Serling is charged with finding out whether she really did show courage under fire. **Text** *1996, rating Sky 15, 111 mins*

11.00 Bad Company
Ellen Barkin, Laurence Fishburne, Spalding Gray
Thriller about a group of corrupt ex-CIA agents who use their contacts for criminal ends. **Text** *1994, rating Sky 15, 104 mins*

12.50am The Movie Show

1.20 Living in Oblivion
1996, rating Sky 15, 86 mins

2.50 The Crying Child
1996, rating Sky 12, 89 mins

4.25-5.45am Willy Fog – 20,000 Leagues Under the Sea
Animation. *Rating Sky U, 77 mins*

SKY MOVIES GOLD

11.00am
Every Girl Should Be Married
Cary Grant, Franchot Tone, Betsy Drake, Diana Lynn
Comedy about a young woman who sets out to seduce her dream man, a reluctant bachelor, with the aim of making him her husband. *1948, rating Sky U, 81 mins*

1.00pm The Young Lions
Marlon Brando, Montgomery Clift, Dean Martin, Hope Lange, Barbara Rush
Epic World War II adventure about a confused Nazi officer who begins to question his motivations, while the Allies continue to pile on the pressure. *1958, rating Sky PG, 160 mins*

4.00 Term of Trial
Laurence Olivier, Simone Signoret, Sarah Miles
Drama about an alcoholic teacher whose career and marriage are placed on the line when a female student accuses him of raping her. With his life in such a state, he must fight to pull himself together and prove his innocence. *1962, rating Sky PG, 109 mins*

6.00 The Poseidon Adventure
Gene Hackman, Ernest Borgnine, Stella Stevens, Shelley Winters
Disaster movie. The luxury cruiser *Poseidon* is capsized by a giant tidal wave and all hell breaks loose on board as passengers and crew struggle to escape with their lives. *1972, rating Sky PG, 112 mins*

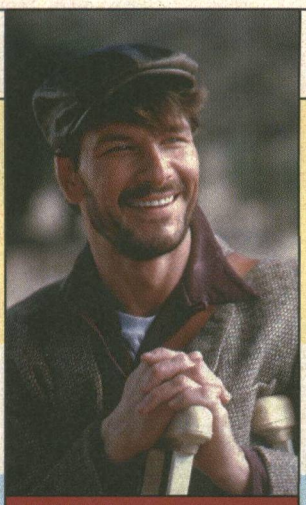
8.00 Days of Thunder
Tom Cruise, Robert Duvall, Randy Quaid, Nicole Kidman
Action drama set against the competitive backdrop of the American NASCAR racing circuit. Cole Trickle is an ambitious young maverick racer determined to prove himself the best driver in the country, but can his team provide the right car? *1990, rating Sky 15, 103 mins*

10.00 See No Evil, Hear No Evil
Richard Pryor, Gene Wilder, Joan Severance, Kevin Spacey
Comedy about a deaf newsstand owner and his blind assistant. After a string of coincidences and contrivances, the pair become felons wanted by the New York Police for murder. *1989, rating Sky 15, 98 mins*

11.45 Prince of the City
Treat Williams, Jerry Orbach, Don Billett, Richard Foronjy
1981, rating Sky 15, 161 mins

2.30am The Star Chamber
Michael Douglas, Hal Holbrook
1983, rating Sky 15, 104 mins

4.20-5.45am
Every Girl Should Be Married
1948, rating Sky U, 81 mins



Patrick Swayze stars in the premiere of 'Three Wishes': Sky Movies Screen 2 7.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm
Clash of the Titans
Laurence Olivier, Harry Hamlin, Judi Bowker, Burgess Meredith.
Epic adventure based on the myths of Ancient Greece. Perseus, son of the god-king Zeus, must fulfil a range of fantastical challenges to secure his future while the gods play games with human destiny. **Widescreen** *1981, 113 mins*

11.00 Forgotten Prisoners – The Amnesty Files
Ron Silver, Hector Elizondo
Graphic drama depicting the horrors of life in a Turkish prison and the efforts of Amnesty International. *120 mins*

12.45am Arsenic and Old Lace
Cary Grant, Raymond Massey
Vintage screwball comedy. *1944, 113 mins*

2.45-5.00am Clash of the Titans
Laurence Olivier, Harry Hamlin
Entertaining fantasy yarn. **Widescreen** *1981, 113 mins*

SKY ONE

6.00am The Hour of Power
7.00 Delfy and His Friends
7.30 Ultraforce 8.00 Wild West Cowboys 8.30 Superhuman Samurai 9.00 What-a-Mess
9.30 Double Dragon
10.00 Adventures of Sinbad
11.00 Rescue
11.30 Sea Rescue
12noon Miracles
1.00pm WWF – Superstars
2.00 Kung Fu

3.00 Star Trek: The Next Generation
Encounter at Farpoint
The crew members find that they have passed Q's test, and head off for their next mission.

4.00 Star Trek: Deep Space Nine
The Adversary
Captain Sisko is informed that there has been a coup on the Tzenkethi homeworld.

5.00 Star Trek: Voyager
Faces
Lieutenant Torres is captured by the Phage aliens and split into two separate beings – one Klingon, the other human. **Text**

6.00 The Simpsons
The Day the Violence Died
Bart and Lisa help a tramp. **Text**

6.30 The Simpsons
Simpson Tide
Homer joins the navy. **Text**

7.00 3rd Rock from the Sun
Angry Dick

7.30 3rd Rock from the Sun
Eat Drink Dick Mary

8.00 Beverly Hills 90210
Toil and Trouble
Kelly worries that she is falling into a routine relationship with Brandon, while Valerie two-times Noah. **Text**

9.00 The X-Files
The End
Mulder and Scully discover that a teenage chess master is some kind of genetic mutant who holds the key to man's origin.

10.00 Bloody Foreigners
Italy
A look at Italians sampling some of their tastiest food, fashion and females, and meeting some interesting characters.

11.00 Forever Knight
The Faithful Follower
Nick joins the Luminology Cult to investigate the death of a city official's son, but becomes brain washed in the process.

12midnight Tales from the Crypt
Well Cooked Hams
A novice magician turns to murder.

12.30am LAPD

1.00 Dream On
Home is Where the Cart is

1.30 Dream On
Little Orphan Eddies

2.00-7.00am Long Play

MORNING

6.00 AM

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis and Gary Oldman. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the MTV dudes. *1996, rating Sky 12, 78 mins*
PLAYS AT 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
Science fiction adventure sequel starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Neighbours Omnibus
9.05 Dr Who Omnibus
The Happiness Patrol
Starring Sylvester McCoy.
10.30 Dr Who Omnibus
Silver Nemesis
11.55 Mastermind
12.30pm Big Break
1.10 FILM: Carry On Loving
Sid James, Kenneth Williams
British comedy set at a bogus marriage bureau. *1970*
3.00 The Bill Omnibus
The week's events at the station. Hollis gets tough on a homeless person for no apparent reason, Keane and Cryer learn the hard way that misplaced trust can prove fatal, and Boyden discovers that he's become a father. Croft and Deakin investigate a terrible smell coming from a basement, and Jack Meadows gets the chance to catch an old adversary.
5.25 Only When I Laugh
Adam's Rib
A young female doctor on the ward arouses trepidation.
5.55 The House of Eliott
Period drama series. Beatrice's decision to launch the collection two weeks before that of a rival top designer has unforseen repercussions. Stars Stella Gonet and Louise Lombard.
7.05 Fawlty Towers
Hotel Inspectors
Basil is terrified when he hears that some hotel inspectors are in town. Starring John Cleese.
7.45
Keeping Up Appearances
Hyacinth looks forward to a ride in a limousine.
8.25 Open All Hours
Classic comedy starring Ronnie Barker and David Jason.
9.05 Taggart
Killer
The first ever appearance of the tetchy Glaswegian detective Jim Taggart sees him investigate a series of murders in his home town. All the victims are women who have been strangled, and Taggart is put under pressure to find the murderer. Stars Mark McManus and Neil Duncan. The second part is shown tomorrow.
11.10 This Life
Fantasy Football
Cult drama series about five flatsharers. Miles thinks that his days are numbered when Delilah agrees to take an HIV test.
12midnight The New Statesman
Labour of Love
Starring Rik Mayall.
12.35am Spitting Image
1.05 The Chief
Starring Martin Shaw.
2.05 The Equalizer
Torn
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Rolonda
11.10 Brookside Omnibus
1.10pm Tempestt
2.00 Cheap Chic
2.30 I Dream of Jeannie
Nobody Loves a Fat Astronaut
Jeannie II uses a trip to the moon to come between Jeannie I and Tony.
3.00 FILM: The Other Love
Barbara Stanwyck, David Niven, Maria Palmer, Joan Lorring
When Karen Duncan, a successful concert pianist, is struck down with tuberculosis she is forced to attend a sanatorium in the Swiss Alps. The death of a fellow patient awakens Karen to her own mortality and she is determined to live life to the full. *1947*
5.05 Hart to Hart
Hart of Darkness
An emotionally disturbed man pours a blinding chemical into the Hart's swimming pool. Stars Robert Wagner.
6.00 FILM: Cagney and Lacey: The Return
Tyne Daly, Sharon Gless
TV's favourite female cops are brought together again. Mary Beth Lacey has left the force to spend more time at home. But when Cagney's investigation into a case of 2000 missing firearms hits a dead end, she asks Lacey to become a civilian investigator and assist her. *1994*
8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively, and sometimes heated, discussion about relationship issues.
10.50-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor in the House
8.30 On the Buses
9.00 The Gentle Touch
10.00 E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Hawaii Five-0
1.00pm Hawaii Five-0
2.00 The Gentle Touch
3.00 Forever Green
Family drama. Freddy's local history project uncovers a mystery surrounding Meadows Green Farm. Starring John Alderton and Pauline Collins.
4.00 The Saint
Flight Plan
A nun wearing high heeled shoes leads the Saint into an adventure where he must pilot a stolen secret plane.
5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. The week is a bad one for Brian, who gets the sack and is forced to borrow money from his parents. When Karen and Martin are found in the yard love nest by the police, Karen's father is not pleased with the news and faces a conflict with Elsie.
7.30 On the Buses
The Poster
The bus company mounts an advertising campaign to attract more passengers.
8.00 Clive James Special
Racing
Multi-talented media man Clive James learns how to drive a racing car and then competes in a celebrity Grand Prix.
9.00-11.00pm Fool's Gold – The Brink's-Mat Story
Powerful drama based on Britain's biggest-ever robbery of £26 million. Stars Sean Bean, Sharon Maiden, Trevor Byfield and Larry Lamb.

GRANADA MEN & MOTORS

11.00pm Hell for Leather
NEW SERIES Hosted by Graeme Crosby.
11.30 Pro-Superbike
An all-action spectacular featuring Europe's top superbike riders.
12midnight Biker's Night Off
Zany quiz show for bikers.
12.30am Through the Gears
Presented by Merrick Beesley.
1.00 E! Extreme Close-Up
Talking to Mills Jovovitch, who starred in *The Fifth Element.*
1.30 E! Gossip
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Audubon's Animals 6.30 Jungle Cubs 7.00 Aladdin 7.30 Mighty Ducks 8.00 Men in Black 8.30 Ned's Newt 9.00 Recess 9.30 Brand Spanking New Doug 10.00 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm Honey, I Shrunk the Kids: The TV Show 1.10 Woof 1.35 Flash Forward
2.00 FILM: Snow White and the Seven Dwarfs
Voice of Adriana Caselotti
Disney's version of the classic Grimm Brothers' fairy tale. *1937*
3.20 Classic Toons
3.30 The Wonder Years
Growing Up Text
4.00 Home Improvement Double Bill
Wild Kingdom/Nothing More Than Feelings
More problems in the Taylor household. Text
5.00 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Haunted
Nick befriends a ghost. Text
5.45 Smart Guy
TJ annoys his brother in class.
6.10 Teen Angel
I Love Nitzke Text
6.35 Boy Meets World
Hometown Hero
Cory learns the meaning of being a hero. Text
7.00
FILM: Sword in the Stone
One of England's great legends receives the special Disney treatment, as this animated adventure tells the story of King Arthur. A scrawny lad becomes magician Merlin's protegé, and eventually pulls the famous sword from the stone to become King of England. *1963*
8.20 Classic Toons
9.00-10.00pm Dr Quinn: Medicine Woman
Cooper v Quinn – Part I
First part of a story in which Dr Mike and Sully try to adopt two young children.

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Ideal Home Cooks 10.30 A Taste of England 11.00 Vin Ordinaire 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Simply Antony 1.00 Can't Stand the Heat 1.30 New Chefs on the Block 2.00 From the Ground Up 2.30 Food Network Daily 3.00 Ideal Home Cooks
With writer Maeve Haran.
3.30 Coxon's Kitchen College 4.00 French Lunch
Talking to a mushroom specialist.
4.30-5.00pm Red Hot 'n' Smokin'

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm-2.00am Lovejoy
5.00 *The Firefly Cage*
Lovejoy is intrigued when a girl buys a firefly cage at an auction, as the shape of its shadow reminds him of something.
6.00 *Benin Bronze*
When Judge's wife Mary Russell is being blackmailed she turns to Lovejoy for help, and a priceless Benin bronze goes missing. Stars Ian McShane.
7.00 *Smoke Your Nose*
The Reverend Harry Nettles wagers a Thomas Toft dish with Lovejoy that there is a Roman mosaic in a nearby field, and Eric is about to clinch his biggest deal.
8.00 *They Call Me Midas*
Lovejoy's old mentor invites him and his assorted friends to take part in a con at a country house. Lovejoy realises too late that he has been set up.
9.00 *A Going Concern*
Lovejoy decides to use Felsham Hall to flog other dealers's antiques and reproductions. The trouble starts when auctioneer Charlotte Cavendish arrives.
10.00 *The Price of Fish*
Charlotte asks Lovejoy to value an antique clock, and while he's away, Charlie Gimbert tries to evict him. Plus, an antique fish reveals a romantic secret.
11.00 *Last Tango in Lavenham*
12midnight-2.00am *The Prague Sun*

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

SUNDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Feeling Minnesota
Sky Movies Screen 1 10.00pm
Two stars of the Nineties – Keanu Reeves and Cameron Diaz – appear in this bittersweet comedy premiere about sibling rivalry. Reeves plays a petty criminal who, after 20 years, returns home for his brother's wedding and falls for the bride, the beautiful but fickle Freddie (Diaz).

GENERAL

Hell for Leather
Men & Motors 11.00pm
This new series is a five-parter that is packed with bike action and hosted by one-time world motorcycle champion Graeme Crosby. It's a fast-paced show which features everything from street circuit racing and road racing to motocross and supercross.

ADVERTISEMENT

FAWLTY TOWERS 7.05PM

UK GOLD

Another classic episode of the hilarious and much-loved sitcom with John Cleese. When the hotel inspector is expected at Fawlty Towers, Basil and Sybil want everything to go to plan, just this once ...

Sunday 5 July

EUROSPORT

6.00am World Cup Premiere
6.30 World Cup Premiere
7.00 World Cup Premiere
7.30 World Cup: Le Mix
9.00 Rendezvous France 98
10.00 Motorcycling – LIVE
10.30 Rally
11.00 Motorcycling – LIVE
Action from the British Grand Prix at Donington Park in the East Midlands.

3.00pm Motorcycling – LIVE
Action from the British Grand Prix Side Car race at Donington Park.

4.00 Motorcycling
Highlights of the British Grand Prix from Donington Park.

5.00 Touring Car
Highlights from the Super Tourenwagen Cup from Norisring, Germany, where some of the best drivers in the world compete.

6.00 Athletics – LIVE
Action from the IAAF Grand Prix II Meeting being held in Linz, Austria.

8.30 Rendezvous France 98
A further chance to catch up on all the news, results and comments from the World Cup.
9.30 Motorcycling
Another chance to British Grand Prix action from Donington Park.

11.30-12.30am Boxing
Blow-by-blow action from a recent European bill.

SKY SPORTS 1

6.00am Petrolheads
7.00 Gillette World Sport Special
7.30 Rebel Sports
8.00 Aerobics Oz Style
8.30 Cycling: National Bike Week
9.00 Sports Unlimited
10.00 Formula 3
10.30 Superbikes: South Africa – LIVE
High-speed action from the Kylami circuit. Presented by Keith Huewen.

3.30pm Dr Martens Premier League Snooker: Doherty v Davis
Ken Doherty meets former world champion Steve Davis in this latest clash from the home of Rushden and Diamonds Football Club in Northamptonshire.

5.30 Sports Unlimited
Focusing on those sports that never seem to make it into the public eye, this show lifts the lid on such activities as mountain biking and skating.
6.30 Super League – LIVE
Eddie Hemmings and Mike Stephenson present action from the latest JJB Sports Super League encounter.

8.30 Cricket: England v South Africa
Action from Old Trafford where England entertain South Africa in the third Test. Captain Alec Stewart is determined to restore the fortunes of the England team following defeat in the West Indies last winter.
10.00 World Cup Phone-In
Fans have their say on France 98.
10.45 Super League
Eddie Hemmings and Mike Stephenson present action from the latest JJB Sports Super League encounter.

12.45am Wild Spirits
1.15 Euro Tour Golf: Murphy's Irish Open
The pick of the fourth day's play from Dublin.
Repeat from Sky Sports 3
4.15-5.00am World Cup Phone-In

SKY SPORTS 2

6.00am Irish Showjumping
6.30 Inside the Senior PGA Tour
7.00 Aerobics Oz Style
7.30 Powerboat and Jetsport World
8.00 Wild Spirits
8.30 Futbol Mundial
9.00 Soccer Extra
12noon Ford Golf USA: US Women's Open
Highlights from the third day.

3.00pm Cycling: National Bike Week
Coverage of Halford's National Bike Week.
3.30 V-Max
The world of speed.
4.00 Australian Rules Football
The latest action from Down Under.

6.00 Superbikes: South Africa
Highlights from the championship race at the Kylami circuit in South Africa. Britain's Carl Fogarty must overcome highly rated competitors such as Australia's former world champion Troy Corser if he is to capture the title.
8.00 Ford Golf USA: US Women's Open – LIVE
Ball-by-ball coverage of day four from the Blackwolf Run Golf Resort in Kohler, Wisconsin, venue of this year's US Women's Open. Competitors are chasing a share of the $1,300,000 prize money and Lisleotte Nuemann, who currently leads the US money charts, is one of the leading contenders to win the title.

11.00 Ford Golf USA: Canon Greater Hartford Open
Day four highlights from the Canon Greater Hartford Open. Last year's winner, Stewart Cink, returns to defend his title.
1.00am Gillette World Sport Special
With David Jensen.
1.30-2.00am V-Max
An insight into speed on land, water and in the air.

SKY SPORTS 3

12noon Watersports World
1.00pm International Rugby Union: South Africa v England
Highlights of England's latest rugby union encounter against South Africa in Cape Town.

3.00 Euro Tour Golf: The Irish Open – LIVE
Coverage of the fourth day's play from the Druids Glen Golf Club in Dublin, venue of this year's Murphy's Irish Open.

6.00 Inside the Senior PGA Tour
Join the legends of the Seniors Tour.
6.30 Rebel Sports
Wild sports action.
7.00 Golf: World Corporate Challenge
Coverage of the Golf Challenge from the Hyatt La Manga Club Resort.

8.00 Motor Cycling: Great Britain
Fast track coverage from the British Grand Prix, where some of the quickest competitors on the circuit meet at Donington. Last season's Superbikes champion John Kocinski has switched to the Grand Prix track and his main rivals include 250cc champion Max Biaggi and 500cc champion Mick Doohan.
10.30 Petrolheads
The ultimate racing show that informs and educates as well as entertains the country's racing clubs.
11.30-12midnight V-Max
The series for those with a need for speed.

TROUBLE

12noon Ready or Not
12.30pm On the Make
12.45 It's in the Jeans
Bowling
1.00 Saved by the Bell: The College Years
1.30 Saved by the Bell: The College Years
Bedside Manner
2.00 USA High
Love is Blind
2.30 Fresh Prince of Bel Air
Rags-to-riches comedy starring Wil Smith.

3.30 Echo Point
Teenage soap.
4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.

5.00 No Naked Flames
Teen magazine show.
5.30 California Dreams
Father Knows Best
6.00 Hollyoaks
Chester-based soap about the lives of a group of young people after their GCSEs.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
8.30 Rab C Nesbitt
Rab talks to the nation.
9.00 Get Real...
A Footstep Away
Documentary series.

10.00 Twisted
The Test
Another mystery drama.
10.30 Red Shoe Diaries
The Cake
11.00 FILM: Sex with the Stars
Martin Burrows
Erotic comedy involving a naive magazine astrologer determined to spice up his flagging column. *1980*
1.00am Beverly Hills Bordello
1.30 FILM: Venus in Furs
Laura Antonelli 1968
3.30 FILM: A Bay of Blood
Claudine Auger 1971
5.30-6.00am Twisted
The Test

SCI-FI

7.30am Knightmare
8.00 The Bionic Woman
9.00 The Six Million Dollar Man
10.00 SF Scene
10.30 Planet Mirth
11.00 The Twilight Zone
12noon FILM: The Creature Walks Among Us *1956*
1.35pm SF Scene Special
2.00 Misfits of Science
Once upon a Night

3.00 Probe
Pilot
A maverick scientist investigates a series of perplexing killings involving a powerful computer.
4.00 Future Cop
Fighting O'Haven
Drama series about a veteran policeman and his prototype partner.

5.00 FILM: Conquest of the Planet of the Apes
When cats and dogs are wiped out by a disease, apes take their place. But when their human masters become oppressive, rebellion stirs. *1972*
6.40 SF Scene Special
Sci-fi film news.
7.00 Mysteries, Magic and Miracles
Patrick Macnee investigates baffling stories.
7.30 SF Scene
A guide the sci-fi world.
8.00 Quantum Leap
Sea Bride
Sam finds himself in the body of an adventurer who returns to help his ex-wife's re-marriage at sea.
9.00 Space Rangers
The Trial
Zylyn is accused of murder, and must depend on the Rangers to defend him in court.
10.00 FILM: The Lawnmower Man
Visually impressive sci-fi thriller about a researcher who uses a mentally disabled gardener for ill-advised experiments in inducing mental development through virtual-reality simulations. But the experiment goes terribly wrong. *1992*
12midnight The Hunger
Menage à Trois
12.30am The Twilight Zone
Where is Everybody?
1.00 Dark Shadows
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Superbikes – LIVE
Sky Sports 1 10.30am
Down in South Africa, Britain's Carl Fogarty is doing battle for the Superbike title, pitting his considerable skills against those of Australia's Troy Corser. Live coverage, with Keith Huewen commentating and Suzi Perry pit-side.

World Cup Phone-In
Sky Sports 1 10.00pm
In a week's time, we'll know the winner of the World Cup final. So now's the time for you to have your say on this platform for fans to talk about England and Scotland's performances and who you think will win the ultimate prize in football.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Eastern Nights
12.20 FILM: Latex II
1.00 The Five Minute Free View
1.05 FILM continues
1.30 FILM: ... man V
Adult comedy.
2.40 FILM: Silver Screen Confidential
Adult feature.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File
Another debut model.
12.35 FILM: Hollywood Spa
Erotic film about an overworked actress in desperate need of a way to relax.
2.00 Ben Behaving Badly
2.30-4.00am FILM: Naughty by Night
Erotic thriller about an attorney with a secret life.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Perfume
Drama about the 'Groovy Girls', five black women who have been best friends since high school.
9.45 FILM: The Swordsman
Sci-fi actioner in which the mythical sword of Alexander the Great is stolen.
11.25-12midnight Electric Blue Show

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 What's in Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room Legends 9.00 Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie Detector 10.30 BodyHea/What's in Box 11.00 Judge 11.30 Dial-a-Vte/Doc 12noon Why Files 12.30pm Fashion 1.00 Lie 1.30 Agony 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in guessing game.
3.45 BodyHeat
Exercise programme.
4.00 Judge Judy
No-nonsense judge Judy Sheindlin presides over another domestic dispute in her inimitable style.

CHALLENGE TV

5.00pm Whittle
Tim Vine eliminates the players down to one.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
Win big money prizes.
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
Fast-moving quiz hosted by William G Stewart
7.45 Prize Time
7.55 The Crystal Maze
Richard O'Brien hosts the show which is set in a giant fantasy world and features both mental and physical games and challenges.
9.00 Prize Time
9.15 Strike it Lucky
Madcap gameshow in which Michael Barrymore offers huge cash prizes.
9.45 Prize Time
10.00 Endurance UK
Paul Ross puts more contestants through tormenting and torturous games.
10.50 Prize Time
11.10 Jools Holland's Name That Tune
Jools Holland invites the players to identify the tunes in the famous quiz.
11.40 Prize Time
12midnight Karaoke Challenge 12.30am C.A.T.S. Eyes 1.30 Christy 2.30 Bagdad Cafe 3.00 Snowy River – The McGregor Saga 4.00 Jake and the Kid 5.00-6.00am Screenshop

5.00 Agony
Relationship advice for troubled souls.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception the modern way.
8.28 Big City Tips
8.30 Judge Judy
Courtroom drama.
9.00 The Fashion Show
The latest styles.
9.28 Big City Tips
9.30 Serial Killers
Exploring psychosis.
10.00 Topless Darts
10.02 Odds on Sport
A look at gambling.
10.28 Big City Tips
Financial assets revealed.
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Erotic programme.
12midnight Janeycam 12.15am Pleasure Dome 12.30 Private Dancer 1.00 Exotica Erotica 2.00 Sex Show 2.30 Exotica 3.30 Serial Killers 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, sport, travel, weather and features on the hour every hour, plus the following features: 9.30 Gillette World of Sport 10.30 Catwalk 11.30 Cybernet 12.30pm Real Gardening Show 1.30 Junior Choir Competition 2.30 The Catwalk Show
Classic tracks from your favourite artists.

3.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.

4.30 The A to Z of Food
Everything from apricots to zucchinis.
5.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.

6.30 The Album Show
Classic tracks from legendary artists.

7.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.

8.30 Movies, Games and Videos
Comprehensive entertainment review featuring highlights of the cinema and the small screen.
9.30 The Catwalk Show
Some of the world's most beautiful models display the latest designs from top fashion houses.
10.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local news on the hour, Album Show at half past every hour.

MTV

7.00am Kickstart
9.00 The Grind
10.00 Hitlist UK
12noon MTV News Weekend Edition
12.30pm Daria
Adventures with the plain speaking teenager, from the *Beavis and Butt-head* creators.
1.00 Select MTV
With Richard Blackwood.

3.00 Stylissimo
MTV's fashion and lifestyle show.
3.30 Extra Hot Hits
The most electric sounds currently available.
4.00 MTV's Top Ten
A rundown of MTV's top ten videos of the week.

5.00 European Top 20
Tune in to find out how your favourite hits are faring in the European chart countdown.

7.00 News Weekend Edition
7.30 An Audience with Mariah Carey
The soul singer treats us to her sweeping melodies.
8.00 Now That's What I Call Up for It
Presented by Eddy Temple-Morris.

9.00 So 90s
The greatest hits of the decade presented by Armstrong and Miller.

10.00 The Lick R&B Chart
A roundup of the biggest rhythm and blues hits with Trevor Nelson.

11.00 MTV's Top Ten
The week's ten most popular videos.

12midnight MTV Live: Michael Jackson
A look at his life through the music he has made.
1.00-6.00am Night Videos
Music throughout the night.

TRAVEL

CABLE EXCLUSIVE

12noon Wild Ireland
12.30pm Wet and Wild
1.00 On the Loose in Wildest Africa
1.30 North of Naples, South of Rome
2.00 Origins with Burt Wolf
The Yukon Territory
2.30 The Great Escape
Colombo

3.00 Dominika's Planet
New York
Dominika asks Quentin Crisp about his life since leaving England.
4.00 An Aerial Tour of Britain
Bristol and Bath
Includes the Clifton Suspension Bridge and Bristol Cathedral.
5.00 Transasia
Iran
A trip on the Trans-Asian Highway, which runs for 25,000 miles from Istanbul all the way to Shanghai.
6.00 North of Naples, South of Rome
Church, Art and Homemade Pasta
6.30 The Great Escape
7.00 Going Places
South Africa
From wildlife safaris to beach holidays, South Africa has something to please everyone.
8.00 Wet and Wild
Body Boarding, Beachcombing and Water Painting
8.30 Wild Ireland
Connemara
9.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis present another edition of the entertainment show.
10.00 The Flavours of France
Vienne (North Isere)
10.30 On Tour
Corfu
A visit to the Greek isle.
11.00 Scandinavian Summers
Sweden
11.30-12midnight On the Loose in Wildest Africa
Ranger Training at Umkhombe Camp

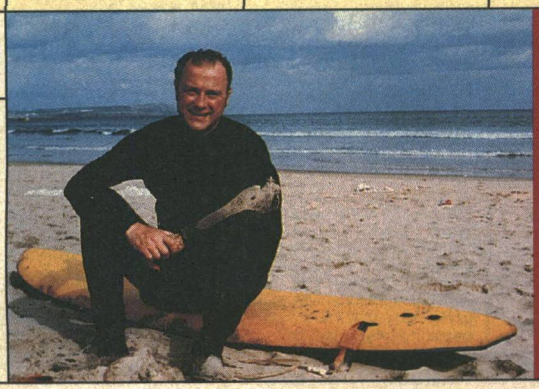
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 The Fast Food Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 The Good Housekeeping Show 10.30 The Zest Beauty Show 11.00 Cook's Garden 11.30 Rosemary Conley's Cookbook 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 World on a Plate 2.00 The E! True Hollywood Story
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
My 14-Year-Old Wants to Be a Mother
American talk show with audience participation.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm The Urban Gorilla
All over the world, captive lowland gorillas exist in the care of humans as a conservation project.
8.00 Tribal Warriors: The Nuba of Sudan
A look at tribal rituals.
8.30 Tribal Warriors: Yanomani Homecoming
9.00 Tribal Warriors: Tribal Voice
This programme listens to music that is an electrifying blend of tribal tradition and Aboriginal freedom.
10.00 Tribal Warriors: The Art of the Warrior
A film that looks at the history behind the 4000-year-old phenomenon of martial arts.
11.00 Egypt: Quest for Eternity
A look at archaeological projects that are preserving the legacy of the pharaohs.
12midnight World of Sea
A look at the people who protect the seas from the results of man's negligence.
12.30-1.00am Eating Like a Gannet
Discover why gannet numbers are increasing all over the world.

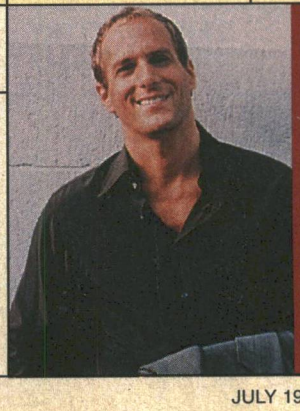
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Russell Harris is ready for bodyboarding action in 'Wet and Wild': Travel 12.30pm, 8.00pm

VH1

7.00am American Hits 8.00 VH1 Divas Live 10.00 Brunch 12noon American Classic 1.00pm Greatest Hits of... Michael Jackson 2.00pm Clare Grogan 3.00 The Mavericks Uncut 4.00 Elvis – Aloha from Hawaii 6.00 Pop-Up Video 7.00 American Classic 8.00 Talk Music 9.00 Album Chart 10.00 Behind the Music: Willie Nelson 11.00 VH1 Spice 12midnight Memphis Soul 1.00am Storytellers: Paul Simon 2.00 Michael Bolton: Going Home 3.00-7.00am American Hits



Best-selling vocalist Michael Bolton belts out such crowd-pleasers as 'How Can We Be Lovers' and 'Time, Love and Tenderness' at a New York concert recorded in 1995 in 'Michael Bolton: Going Home'. VH1 2.00am

Sunday 5 July

DISCOVERY HOME & LEISURE

MORNING

6.00 AM
9.00am Grassroots 9.30 Screaming Reels 10.00 Wilson's World 10.30 Hometime 11.00 Hometime 11.30 Gimme Shelter
NEW SERIES
12noon New Yankee Workshop 12.30pm The Close Guide 1.00 Under the Hammer 1.30 Antiques Challenge 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00 The Dirt Detective 3.30-4.00pm The Diceman

DISCOVERY

3.00 PM

4.00 PM
4.00pm Wings: Victor – The Last of the V Force
The story of the RAF squadron which was trained to drop nuclear weapons.

5.00 PM
5.00 Flightline
Brendan O'Brien and Celia Kench present this topical aviation magazine show.
5.30 Ultra Science: Ultracop

6.00 PM
6.00 Ultimate Guide
Bears
A comprehensive guide to bears of the world, from polar bears to the diminutive sun bear.

7.00 PM
7.00 Arthur C Clarke's Mysterious World
The Missing Apeman
7.30 Animal X
A look at strange behaviour.

8.00 PM
8.00 Discovery Showcase: CIA: America's Secret Warriors
Brotherhood
A look at the CIA.

9.00 PM
9.00 CIA: America's Secret Warriors
Betrayal
Revealing a damaging connection between the CIA and the KGB.

10.00 PM
10.00 CIA: America's Secret Warriors
Blowback
A look at how the CIA has suffered numerous self-inflicted wounds.

11.00 PM
11.00 Discover Magazine
Mutations
Exploring deformed frogs, a family with a mutant gene, and artificial life.

12.00
12midnight Justice Files
All in the Family
1.00am-2.00am Lonely Planet
Trekking in Uganda and Zaire
Nikki Grosse treks through remote landscapes in search of rare wildlife.

NIGHT TIME

SKY SOAP

11.00am Emmerdale 11.30 Emmerdale 12noon Emmerdale 12.30pm Emmerdale 1.00 Emmerdale 1.30 Families 2.00 Families 2.30 Families 3.00 Families 3.30-4.00pm Families
Tim gets a cool reception from Isabelle, while Fiona's dinner date with Simon takes a turn for the better.

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 Thomas the Tank Engine 6.45 The Magic Roundabout 7.00 Blinky Bill 7.30 The Real Story of... 8.00 Scooby-Doo – Where are You? 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 Mask 11.30 Tom and Jerry 11.45 Road Runner 12noon Flintstones 12.30pm Bugs and Daffy 1.00 The Real Adventures of Jonny Quest

3.00 Taz-Mania
Antipodean animation.
3.30 Scooby-Doo
Canine crime busting with Scooby, Shaggy and the meddling kids.
4.00 Sylvester and Tweety
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Animation featuring the egotistical superhero.
5.30 Cow and Chicken
Fun with the odd siblings.
6.00 LA Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.
8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
8.30-9.00pm The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

4.00pm Eagles of the Crown: Rapid Reaction
A look at the role of the RAF's transport command.
5.00 Battle for the Gulf: A Dark and Frightening Picture
6.00-8.00pm History Showcase: Sink the Bismarck!
How the British fleet pursued the World War II battleship to its watery demise.

NICKELODEON

7.00am Tales from the Cryptkeeper 7.30 Extreme Ghostbusters 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Ren & Stimpy 12noon Wishbone 12.30pm Moesha 1.00 Sister, Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Renford Rejects
4.00 Hey Arnold!
More adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the imaginative, tousle-haired nippers.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera and their respective parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Domestic disharmony with Tia and Tamera.
7.30 Diff'rent Strokes
8.00 Wings
Comedy focusing on life in a small airport in Nantucket.
8.30 Cosby
Comedy about a grumpy old man after retirement.
9.00 Due South
The comic adventures of moralistic Canadian mountie Benton Fraser who joins a tough Chicago police department.
10.00 Frasier
Roz thinks that Frasier is in love with her.
10.30 Cheers
Woody and Kelly's wedding day has arrived.
11.00 Monty Python's Flying Circus
Vintage surreal humour.
11.30 This is David Harper
Starring Tony Slattery.
12midnight Kids in the Hall
Comedy sketch show.
12.30am It's Garry Shandling's Show
Eighties comedy series set in a bachelor flat.
1.00 Frasier
Comedy in which the radio psychiatrist runs the gauntlet of more embarrassment. Starring Kelsey Grammer and Peri Gilpin.
1.30 Cheers
Classic US sitcom about the skirt-chasing ways of a Boston barman.
2.00 Due South
Comedy drama with the Canadian mountie on the streets of Chicago.
3.00 Sister, Sister
Domestic disharmony with the twins who were separated at birth, Tia and Tamera.
3.30-4.00am Cosby
US version of *One Foot in the Grave*. With Bill Cosby.

'Sunday Jazz' features the legendary singer Nina Simone in concert: Performance 11.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Wednesday Concert
Leonard Bernstein's *Serenade*.
8.00 A Tribute to Gershwin
The Boston Pops Orchestra presents an all-star tribute to George Gershwin.
9.00 A Little Night Music
The Oscar-winning film of Stephen Sondheim's masterpiece, a sublime meditation on love, sex and fidelity. Starring Diana Rigg and Elizabeth Taylor. Directed by Harold Prince.

11.00 Sunday Jazz: Nina Simone
Featured in concert at the Montreal Jazz Festival.

12midnight-1.00am Midnight Jazz: Maynard Ferguson
The esteemed trumpeter lends his soaring jazz stylings to his own and other arrangements of well-known jazz pieces for big band.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 10.00 News 10.30 Science 11.00 London 12noon News 4.00pm Newsround 5.00 Newsday 24 6.00 Newsday 7.00 News 7.30 Book Review 8.00 News 8.30 The Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 The Diary 3.00 News 3.15 World News 3.30 Face in Crowd 4.00 News 4.30 Chronicles 5.00 News 5.30-6.00am Book Review

CNN INTERNATIONAL

News throughout the day, plus: 5.00am World News 5.30 Global View 6.30 World Business 7.30 Sport 8.30 World Beat 9.30 The Art Club 10.30 Sport 11.30 Earth Matters 12.30pm Science 1.00 World Report 1.30 World Report 2.30 Inside Europe 3.30 Sport 4.30 This Week in the NBA 5.00 Late Edition 5.30 Late Edition 6.30 Business Unusual 7.00 Perspectives 8.30 Pinnacle 9.30 Best of Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight The World Today 12.30am World Beat 4.30-5.00am Pinnacle Europe

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business Sunday 10.00 Adam Boulton 11.30 Book Show 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz Weekly 3.30 Reuters Reports 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuters Reports 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Week in Review 12.30am CBS News 1.30 ABC World News Tonight 2.30 Business Week 3.30 Reuters Reports 4.30 CBS News 5.30-6.00am World News Tonight

INTERNATIONAL

3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Tele-Akademie 6.45 Kunst 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Lorin Maazel Dirigiert 9.00 Placidus-Fest 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Fenstergucker 1.30 Jeder Singt auf Seine Weise 2.00 Middle-march 2.50 Offen 3.00 Terranet C@fe 3.30 Die Kreuzzüge 4.30 Teletips 5.00 Tagebuch 5.15 Die Schweiz im Juni 6.00 Heute 6.08 3Sat-Wetter 6.10 NeunzehnZehn 7.00 Tagesschau 7.15 Tatsachen 8.00 Schätze der Welt 8.15 Lokal-derby 9.45 Tango oder Marschmusik 10.30 Der Kommissar 11.30-12.50am Geheimaktion Schwarze Kapelle

TV5 5.00am Journal 5.15 Tourisme 5.30 Horizons 6.00 Concours 7.00 Minutes 7.05 Journal 7.30 Le Journal 7.35 Journal 8.00 Bus 9.00 Minutes 9.05 Jardins des Bêtes 9.30 Correspondances 9.45 Festivals 10.00 Minutes 10.05 Mouvements 10.30 La Vie d'Artiste 11.00 Minutes 11.05 Evasion 11.33 Journal 11.55 Le Journal 12noon Thalassa

1.00pm Outremers 2.00 La Peau du Foot 3.00 Journal 3.15 Le Billard 5.10 Minutes 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Journal 7.00 C'est l'Homme 8.30 La Vie d'Artiste 9.00 Journal 9.30 Tourisme 10.00 Journal du Mondial 10.30 Bons Baisers 11.25 Le Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhur Ki Bani 10.30 Islam in Focus 11.00 Aashirvaad 11.20 Holy Quran 12noon Naya Andaz 12.30pm Pakistan News 1.00 Pakistan Business 1.30 FILM 4.00 BPL Oye 5.00 Daal Mein Kala 5.30 Parstar 6.30 Aur Aap 7.00 Balcony 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Golmall 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Parstar 6.00 Court Martial 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Prem Quaidi 7.00 Jaagran 7.30 Shabads/ Holy Quaran 8.00 News 8.30 Alaap 9.00 Shri Krishna 10.00 Health Show 10.30 Aashiana 11.00 Jhatpat Khana 11.30 India Business 12noon FILM: Anand Ashram 3.00pm Parivartan 4.00 Zee & U 5.00 Amar Bail 6.00 Zee Top Ten 7.00 Amaanat Fairdeal Antakshar 8.00 News 8.30 FILM: Dil Tera Deewan 11.30-12midnight Shapath

RACING CHANNEL

The Racing Channel does not transmit on Sundays.

EURONEWS

News on the hour and half-hour, plus sport and financial news.

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 9.00 Life is for Living 9.30 On Holy Ground 10.00 Revelation 10.30-11.00am This is Your Day – Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon America This Week 3.00pm Europe This Week 5.00-6.00pm Statement from the House

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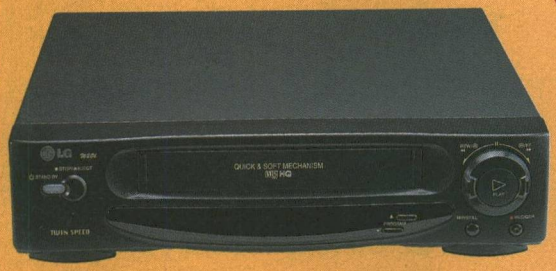

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- 11 wash programmes
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Monday 6 July

SKY MOVIES SCREEN 1

MORNING

6.00am Julia
1977, rating Sky PG, 112 mins
8.00 Back to the Planet of the Apes
1974, rating Sky PG, 92 mins
9.40 In Like Flynn
1985, rating Sky PG, 91 mins
11.20 The Baby-Sitters Club
1995, rating Sky U, 90 mins
1.00pm Julia
Jane Fonda, Vanessa Redgrave
1977, rating Sky PG, 112 mins

3.00 In Like Flynn
Jenny Seagrove, Robert Webber, Eddie Albert, Murray Cruchley, William Conrad, Laura Press, Dennis Strong
Adventure in which a book editor leads a double life as the author for whom she claims to work – a ruse that gets her into all kinds of scrapes when she is sent on a rescue mission. *1985, rating Sky PG, 91 mins*

5.00 Home Front
Jon Cryer, Lynn Redgrave, Nicholas Pryor, Viveka Davis, Paul Gleason, Andrew Duncan
Comedy in which an aspiring political candidate and his wife decide to use their son as a ploy to gain popularity in the opinion polls. However, their rebellious offspring has other ideas about their machinations. *1987, rating Sky PG, 88 mins*

7.00
The Baby-Sitters Club
Ellen Burstyn, Brooke Adams, Bruce Davison, Peter Horton
Seven adolescent girls plan to spend the summer having fun together, but family problems and their complex love lives put their friendship under pressure. *1995, rating Sky U, 90 mins*
8.30 Movie Show
All the latest cinema news.

9.00 The Craft
Fairuza Balk, Robin Tunney, Neve Campbell, Rachel True, Skeet Ulrich, Helen Shaver
Hip horror movie in which four female students find themselves cast as outsiders. Together they learn about the occult and become witches, putting their powers to good and bad uses. *1996, rating Sky 15, 97 mins*
10.45 Boston Kickout
John Simm, Emer McCourt, Marc Warren, Andrew Lincoln
Powerful drama following the lives of four rebellious teenagers in the new town of Stevenage. *1995, rating Sky 18, 101 mins*

NIGHT TIME

12.30am
Alien Nation: Body and Soul
1995, rating Sky 15, 86 mins
2.05 Nadja
Vampire thriller. **Widescreen** *1994, rating Sky 15, 89 mins*
3.40-5.15am
When the Cradle Falls
1997, rating Sky 15, 87 mins

SKY MOVIES SCREEN 2

6.00am Scared Stiff
1952, rating Sky U, 103 mins
8.00 My Cousin Rachel
1952, rating Sky PG, 94 mins
10.00 Salt Water Moose
Timothy Dalton, Lolita Davidovich
1995, rating Sky U, 93 mins
12noon Hart to Hart: Till Death Do Us Hart
Robert Wagner, Stephanie Powers
1995, rating Sky PG, 89 mins
2.00pm My Cousin Rachel
Olivia de Havilland, Richard Burton, Audrey Dalton, Ronald Squire
Murder mystery. A man investigates the enigmatic woman who married his adoptive father shortly before his sudden death. *1952, rating Sky PG, 94 mins*

4.00 Scared Stiff
Dean Martin, Jerry Lewis, Carmen Miranda, Dorothy Malone
Comedy in which hapless friends are framed for murder on a haunted Caribbean island and are forced to make their escape. *1952, rating Sky U, 103 mins*
5.50 Salt Water Moose
Timothy Dalton, Lolita Davidovich, Johnny Morina, Katharine Isobel
Family drama. A boy must spend the summer with his single mother and her new boyfriend. However, a chance meeting with a local tomboy involves him in a plan to rescue a moose which is stranded on a nearby island. *1995, rating Sky U, 93 mins*
7.30 Special Feature
A report from Hollywood.

8.00 When Time Expires
PREMIERE *Richard Grieco, Cynthia Geary, Mark Hamill*
Science fiction thriller. Travis Burns has been sent back in time with orders to place a quarter in a parking meter in the town of Lanston, Texas – an act which will somehow save the world. However, a local woman takes an interest in his sudden appearance. *1997, 93 mins*
10.00 Casino
Robert De Niro, Joe Pesci, Sharon Stone, James Woods
Thriller. Sam 'Ace' Rothstein and his psychopathic friend venture to the Nevada capital and succeed in taking over a top casino through intimidation. But the arrival of a hustler on the scene puts a strain on their relationship. **Text Last Play**
1995, rating Sky 18, 171 mins
12.55am Original Gangstas
Fred Williamson, Pam Grier
1996, rating Sky 18, 99 mins
2.40 Ed McBain's 87th Precinct: Heatwave
1996, rating Sky 15, 86 mins
4.15-6.00am Hart to Hart: Till Death Do Us Hart
1995, rating Sky PG, 89 mins

Neve Campbell stars in the teen witchcraft flick 'The Craft': Sky Movies Screen 1 9.00pm

SKY MOVIES GOLD

4.00pm The Trail of the Lonesome Pine
Fred MacMurray, Henry Fonda, Sylvia Plath, Fred Stone
Drama, set during the early days of the railroad, in which a group of families battle one another when the train track threatens to come through the land they own. This was the first outdoor film to be made in Technicolor. *1936, rating Sky U, 95 mins*
6.00 Iceman
Timothy Hutton, Lindsay Crouse, Josef Sommer, John Lone
Science fiction tale in which a team of oil drillers in the Arctic stumble upon the frozen body of a primitive man. They successfully defrost him and bring him back to life, but none of them are prepared for the consequences. *1984, rating Sky PG, 97 mins*
8.00 She's Having a Baby
Kevin Bacon, Elizabeth McGovern, Alec Baldwin, John Ashton, Cathryn Damon, Holland Taylor, James Ray
Comedy drama told from the point of view of the young father, in which a young newlywed couple come to terms with marriage, domestic life and impending parenthood. *1988, rating Sky 15, 102 mins*
10.00 Predator
Arnold Schwarzenegger, Carl Weathers, Elpidia Carrillo
Action adventure. A platoon of tough mercenaries on a rescue mission in the South American jungle becomes the quarry of a terrifying alien beast. *1987, rating Sky 18, 102 mins*
11.50 Cobra
Sylvester Stallone, Brigitte Nielsen, Brian Thompson
Explosive action-adventure. *1986, rating Sky 18, 83 mins*
1.20am True Believer
James Woods, Robert Downey Jr
Courtroom thriller. *1989, rating Sky 15, 104 mins*
3.10-4.55am The Pumpkin Eater
Anne Bancroft, Peter Finch
1964, rating Sky 15, 105 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Slither
James Caan, Peter Boyle, Sally Kellerman, Louise Lasser, Allen Garfield, Richard B Shull
Offbeat road movie in which a car thief gets involved in a frantic search for a stolen fortune only hours after his release from prison. He joins the trail with a fellow crook and his wife, who have their beloved mobile home in tow. *1973, 93 mins*
11.00 Adam's Rib
Spencer Tracy, Katharine Hepburn, Tom Ewell
Classic comedy in which married lawyers argue over issues of sexual equality. *1949, 97 mins*
12.45am The Comedians
Richard Burton, Elizabeth Taylor, Alec Guinness, Peter Ustinov
Melodrama set in Haiti under the the notorious dictator Papa Doc Duvalier. *1967, 146 mins*
3.15-5.00am Slither
James Caan, Peter Boyle
Offbeat road movie. *1973, 93 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
I'll Never Accept Your Mate
People who disapprove of a family member's partner air their opinions before a studio audience.
4.00
The Oprah Winfrey Show
Another real life issue is put under scrutiny by Oprah Winfrey, the diva of daytime television, and her guests.
5.00 Star Trek: Voyager
Jetrel
Neelix is confronted by the man responsible for the annihilation of much of the Talaxian race, including his own family. **Text**
6.00 The Nanny
Material Fran
With guests Efrem Zimbalist Jr.
6.30
Married... With Children
Hood in the Boyz **Text**
7.00 The Simpsons
Springfield (Or How I Learned to Stop Worrying and Love Legalised Gambling) **Text**
7.30 The Simpsons
Radioactive Man **Text**
8.00 Star Trek: Voyager
Mortal Coil
Neelix, Chakotay and Paris are sent on a mission to gather a sample of proto-matter deep inside a class-one nebula.
9.00 Sliders
California Reich
Sci-fi fantasy series. Rembrandt is captured on a world where minorities are rounded up by the racist elite.
10.00 Friends
The One with the Giant Poking Device
10.30 Friends
The One with the Football
Long-time rivalries surface.
11.00 Star Trek: Voyager
Jetrel
Neelix is confronted by the man responsible for the annihilation of much of the Talaxian race, including his own family. **Text**
12midnight Nash Bridges
Vanishing Act
Nash must investigate the disappearance of a man who was carrying $300,000 of the city's money. **Text**
1.00-7.00am Long Play
A VJ-free zone that brings you more of the music you want to see.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis and Gary Oldman. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes. With the voice of Mike Judge. *1996, rating Sky 12, 78 mins*
PLAYS AT 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
Science fiction adventure sequel starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads
7.30 Neighbours
7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 Stay Lucky
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00
All Creatures Great and Small
2.00 Dallas
2.55 The Bill
Now and Then
3.25 The Bill
Three in a Bed
An off-duty police officer is arrested for drunk driving.
3.55 Dangerfield
Dangerfield is called in to investigate when Paul's son gets caught up in an accidental shooting which results in the death of a local farmer.
4.55 EastEnders
The residents of Walford struggle on with their trials and tribulations.
5.30 Wowfabgroovy
DJ Russ Williams presents the celebrity gameshow.
6.00 All Creatures Great and Small
Fair Means and Fowl
The practice is threatened with a lawsuit after Tristan has a mishap while treating a cow.
7.00
Last of the Summer Wine
Earnshaw Strikes Again
The antics of three old men savouring their autumn years.
7.40 Waiting for God
Tom and Diana proceed to cause chaos at a fashion show and move back in together.
8.20 Butterflies
Carla Lane's bittersweet sitcom with Wendy Craig.
9.00 Casualty
Made in Britain
The new A&E consultant arrives and ruffles a few feathers almost immediately with his unconventional approach.
10.05 Taggart
Killer
The first ever appearance of tetchy Glaswegian detective Jim Taggart as he investigates a series of murders in his home town. With Mark McManus.
11.10 Sports Anorak of the Year
Hosted by Rory McGrath.
11.45 The Bill
Now and Then
12.15am The Bill
Three in a Bed
Boyden and Beech lock horns.
12.45 Spitting Image
1.15 Chelmsford 123
Arriverderci Roma
1.40 The Equalizer
Unnatural Causes
2.30-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
Culinary challenge.
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.
7.00 Rescue 911
Series featuring the stories of real-life rescues by American emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations and paramedics evacuate disaster areas.
9.00 FILM: The Josephine Baker Story
Lynn Whitfield, Ruben Blades, David Dukes, Louis Gossett Jr, Craig T Nelson, Kene Holliday
Award-winning musical drama based on the life of the black American entertainer and erotic dancer. Hailed as the 'black Venus' by the French, Baker's wild and daring performances took Paris by storm in the Twenties. But her flamboyance masked a childhood of pain and poverty. *1991*
11.30-12midnight Sex Life
A lighthearted but informative discussion about sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00pm The Cuckoo Waltz 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
A Thin Band of Air
A dead man's Russian accent, a Ten-year-old kidnapping and a pretty girl all combine to put Jason King in peril.
4.00 Hawaii Five-0
Samurai
The team springs into action when a Honolulu racket boss runs into serious difficulty with a Japanese secret society.
5.00 Hart to Hart
Harts and Hounds
A traditional fox hunt is marred by murder during the Harts' visit to England – and sends them on the trail of the killer.
6.00 Emmerdale
Soap set in the heart of the Yorkshire Dales.
6.30
Classic Coronation Street
Gail asks for Brian's job back.
7.00 Doctor at Large
It's the Rich Wot Gets the Pleasure
Clark comes into an inheritance.
7.30 Doctor on the Go
A Turn for the Nurse
8.00
Dempsey & Makepeace
Judgement
When Makepeace's best friend is murdered, Dempsey shows her another side to his nature.
9.00 Mission: Impossible
The team is assigned to deal with a drug trafficking dictator.
10.00 The Comedians
10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm
Performance Power
With Sarah Donohue.
11.30 Car File
Motoring programme devoted to one major new car.
12midnight Hell for Leather
Fast-paced biking magazine show.
12.30am Motor Week
All the latest motoring news.
1.00 E! In Focus
Playmates of the Seventies
1.30 E! In Focus
Las Vegas Showgirls
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Lamb Chops Play-Along 6.30 Jungle Cubs 7.00 Football Fever 8.30 Timon and Pumbaa 9.00 Aladdin – The Series 9.30 Quack Pack 10.00 Mouse and Mole 10.05 Amazing Animals 10.30 Sesame Street 11.30 New Adventures of Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle 12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 New Adventures of Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
Fun with those two characters from *The Lion King*. Text
3.30
Brand Spanking New Doug
Doug's Big Panic Text
4.00 Pepper Ann
Pepper Ann wants to be cool at all costs – but her family seems determined to thwart her. Text
4.30 Recess
Animated series. Text
5.00 Double Smart Guy
TJ is a 10-year-old boffin who ought to be in a special school, but his father can't afford it. So fourth grader TJ is put into the tenth grade, with comic results.
6.00 Teen Angel
Date with an Angel
Marty finds a way to keep Steve's heart from being broken. Text
6.30 Boy Meets World
Train of Fools Text
7.00 FILM: Return of the Shaggy Dog
Gary Kroeger, Todd Waring
A cavalcade of canine capers is unleashed when Professor Plumkutt dies and the ring he used to turn Wilby into a shaggy dog passes into the hands of his unscrupulous servants. *1987*
8.30 The Wonder Years
Goodbye
Kevin fails an exam. Text
9.00-10.00pm
Touched by an Angel
Another tale involving Monica, the beautiful and wise angel. Stars Roma Downey and Della Reese. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 The Restaurant Show 10.30 A Taste of Africa 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Ross in Thailand 1.00 Food for Thought 1.30 A Taste of England 2.00 Seasonal Kitchen 2.30 Food Network Daily 3.00 High Days and Holidays 3.30 Coxon's Kitchen College 4.00 Simply Antony 4.30-5.00pm Graham Kerr's Kitchen *The Maillard Reaction*

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 Byker Grove
Patsy and Arran mount a rescue mission, while Jemma's party holds a double surprise.
6.30 My Two Wives
Share and Share Alike
7.00 London Bridge
Convinced that Cliff is Nick's murderer, Lucy plans to leave with Amber.
7.30 Desmond's
Too Red Eye
8.00 Birds of a Feather
Tinker, Tailor
A strange young man turns up asking for help and soon the house is crawling with police.
8.30 A Kind of Living
9.00 The Ruth Rendell Mysteries: Wolf to the Slaughter
The mystery starts to unravel at last. Stars George Baker and Christopher Ravenscroft.
10.00 Big Sky
The Sky is Calling
Chris is involved in a marital feud between a submissive wife and her domineering husband.
11.00 Tales of Sherwood Forest
12midnight Pull the Other One
12.30-1.00am The Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

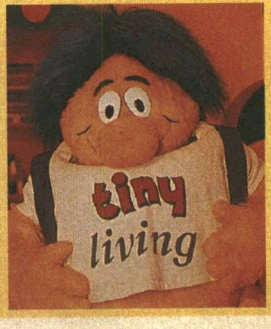
FILM

Slither
TNT 9.00pm, 3.15am
An excellent cast play out a massive shaggy dog story about a hunt for an elusive cache of money. James Caan leads the gallery of stars in an engagingly funny film, which also includes solid performances from Peter Boyle, Sally Kellerman and Louise Lasser.

GENERAL

Sightings Special
Sci-Fi Channel 12midnight
A real-life paranormal show which runs for four consecutive evenings, starting tonight. It's time to look at what the future holds for mankind and investigate the theory of Nostradamus – that the end is nigh, or at least that it will be on 8 September next year.

ADVERTISEMENT



TINY LIVING 6.00AM

There are plenty of great shows on today's *tiny living*, the section devoted to mums and their pre-school children. *living's* own cuddly character, tiny, is on hand to link the programmes, and Jayne Irving will be giving advice and tips in the Mum's Club.

Monday 6 July

EUROSPORT

6.00 AM MORNING

7.30am World Cup: Le Mix
9.30 Motorcycling
British Grand Prix action.
11.00 Athletics
12noon Duathlon
ITU Long Distance World Championship action from Zofingen, Switzerland.
1.00pm Tennis
Coverage of the ATP Senior Tour of Champions.
2.30 World Cup: Le Mix
Highlights of the latest matches, plus interviews and post-match analysis.

3.00 PM

4.00 PM

4.30 Supersport
Coverage of the Supersport World Series from Kylami, South Africa.

5.00 PM

5.00 Superbike
World Championship action from Kylami, South Africa, featuring the seventh round.

6.00 PM

7.00 PM

7.00 Extreme Sports
YOZ Mag featuring BMX racing.

8.00 PM

8.00 World Cup – Semi-Finals Preview
This one-hour special reviews the quarter-finals with comments and analysis.

9.00 PM

9.00 Sumo
Coverage of the Grand Sumo Tournament (Basho) from Tokyo.

10.00 PM

10.00 Boxing
Another top bout from the ringside.

11.00 PM

11.00-12.30am Superbike
World Championship action from Kylami, South Africa.

12.00 NIGHT TIME

SKY SPORTS 1

7.00am
Superbikes: South Africa
Repeat from Sunday
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Super League
Repeat from Sunday
12noon Aerobics Oz Style
12.30pm Motorcycling: British Grand Prix – Donington
Repeat from Sunday

3.00 Superbikes: South Africa
Another chance to see the best of the action from the Kylami circuit in South Africa. The race for the title is hotting up, with the Honda and Ducati teams neck and neck in the current championship. Presented by Keith Huewen.

5.00 World Tenpin Bowling Masters
Coverage from the fast lane as 16 bowlers take part in this international competition in Essex.

6.00
Sky Sports Centre
Catch up with the latest sports news and views.
6.30
Survival of the Fittest

7.00 Motorcycling: British Grand Prix – Donington
Another chance to catch up with coverage of the UK Grand Prix.

8.00 Cricket: England v South Africa
The best of the action from Old Trafford where England take on South Africa on day five of the third Test. This series provides an opportunity for England to restore some pride after the disappointment of their Caribbean tour last winter.

10.00
World Cup Phone-In
Fans give their views on the latest from France 98.
10.45
Sky Sports Centre

11.00 World Tenpin Bowling Masters
Coverage from the fast lane as 16 bowlers take part in international competition from Essex.

12midnight
Sky Sports Centre
All the latest news and views from the world of sport.
12.15am International Bowls: Australia v Wales
2.15 Survival of the Fittest
2.45 World Cup Phone-In
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Fastrax
8.30 Gillette World Sport Special
9.00 Euro Tour Golf: Murphy's Irish Open
Repeat from Sky Sports 1
12noon Golf: World Corporate Golf Challenge
1.00pm Ford Golf USA: US Women's Open
Highlights from the fourth day's play of the US Women's Open. British number one Laura Davies is just one of the highly rated competitors on parade.

4.00 Ford Golf USA: Canon Greater Hartford Open
The best of the action from the fourth day's play of the Canon Greater Hartford Open. The TPC at River Highlands in Cromwell, Connecticut, is the venue for an event that boasts a first prize of $360,000. *Repeat from Sunday*

6.00 V-Max
The series that gives an insight into the world of speed.
6.30 The Winning Post: Ripon and Windsor – LIVE
Jeff Stelling presents horse racing action as coverage from Ripon and Windsor takes you towards the winning post.
The Ripon races are at 7.00pm, 7.30pm and 8.00pm, with Windsor inbetween.
8.30 Pool: Embassy World 8 Ball Championships – Men's Quarter-Final
Coverage of the men's first quarter-final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool.
10.30-2.00am World Motor Sport
Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit.

SKY SPORTS 3

12noon World Tenpin Bowling Masters
1.00pm Fish TV: Fly Fishing
1.30 Fish TV: The Ultimate Fishing Show
Entertaining angling show with a variety of hosts, venues and, of course, fish.
2.00 This Week in Baseball
A look ahead to another week in the Major League.
2.30
Australian Rules Football
The latest action from Down Under.

4.30 Super League
Sky's well established rugby league duo, Eddie Hemmings and Mike Stephenson, present action from the latest JJB Sports Super League encounter. *Repeat from Sky Sports 1*

6.30 High 5
Exciting sports action.

7.00 Fish TV: Tony Dean Outdoors
Join Tony Dean for more useful tips and advice.
7.30 Fish TV: Gone Fishing
8.00
International Bowls: Australia v Wales
Coverage from the green as Australia and Wales contest the third Test of the singles competition.

10.00 Sky Sports Classics: 1994 Tennis US Ladies Open
Classic sporting action from the 1994 US Ladies Open.
11.00-11.30pm The Entertainers: Giggs and Cantona
Sit back and be entertained by two of Manchester United's finest, Welsh wizard Ryan Giggs and Gallic genius Eric Cantona.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
Hard-hitting drama set at a Sydney inner-city high school.
1.30 Echo Point
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
2.30 It's in the Jeans
Martial Arts
2.45 On the Make

3.00 Sweat
The fortunes of talented athletes at an Australian sports academy.
3.30 Ready or Not
Cross My Heart
4.00 Fresh Prince of Bel Air
4.30
Saved by the Bell: The College Years
Love and Death
5.00 Hollyoaks
Chester-based soap about a group of teenagers.
5.30
California Dreams
Honest Sly
6.00 Hang Time
Sure Thing
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Showdown!
A three-man outfit looking remarkably like the A-Team appears at a Wild West show.
9.00 Real Stories of the Highway Patrol
On the roads with US police officers.
9.30 Cops
Fly-on-the-wall series.
10.00 Italian Stripping Housewives
Salacious gameshow.
10.30 World Cup Undercover
A look at football fans.
11.00
FILM: The Manitou
Tony Curtis, Michael Ansara
Horror in which a woman discovers that a tumour on her neck is evil. *1978*
1.00am
Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Sex with the Stars
Erotic comedy. *1980*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers in the 25th Century 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Sam finds himself in the body of a test pilot in 1956: an interesting career move for someone incapable of flying.
4.00 Space Precinct
Protect and Survive
Space-set cop drama serial about the life of a police officer and his sidekick in an alien world.
5.00 Amazing Stories
Go to the Head of the Class
A boy humiliated by his teacher casts a spell.
5.30 Mysteries, Magic and Miracles
6.00 Sightings
NEW SERIES Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Olympiad
Buck tries to help an athlete from the planet Loziria defect to Earth.
8.00 Quantum Leap
M.I.A.
Sam must prevent a woman, who believes her husband died in Vietnam, from falling in love.
9.00 PSI Factor – Chronicles of the Paranormal
Two more tales of the OSIR team. Starring Paul Miller and Barclay Hope.
10.00
FILM: The Wraith
Charlie Sheen, Nick Cassavetes, Randy Quaid, Sherilyn Fenn
Supernatural horror pic about a car with a mind of its own. *1986*

12midnight
Sightings Special
1.00am
The Tomorrow People
1.30 SF Scene
2.00 Friday the 13th
3.00
Tales of the Unexpected
A Passing Opportunity
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

International Cricket
Sky Sports 1 8.00pm
The South Africans have been showing us how to win on the sports field since they returned to the international arena. Their rugby boys have triumphed, the soccer team has won the African Nations Cup and this summer their cricketers have already defeated us in the Texaco Trophy one-day series. Today's highlights of the fifth day of the third Test will be pivotal for Alec Stewart's stewardship of the England team. The crowd watching at Old Trafford won't take kindly to defeat, so let's hope we're in a position to win by today.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Screen Test
12.20 Northern Exposer
12.45 FILM: Whispered Lies
Two sexy spirits turn a dinner party into an orgy.
1.00 The Five Minute Free View
1.05 FILM continues
2.00 ... Malone
2.25 FILM: Naked Fugitive
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight ... of the Day
12.10am Gay Night
12.20 Gay Night: Bad Lads: Video Stars
Go behind the scenes of a gay porno shoot and see what six bad lads get up to when the cameras stop rolling.
1.15 Gay Night
1.30 Gay Night: FILM: Man for Manhard 2
2.20 Gay Night
2.35 Gay Night: Euroboy
3.30-4.00am Jeff Stryker

HVC

CABLE EXCLUSIVE

8.00pm FILM: Emanon
Stuart Paul, Cheryl M Lynn
Romantic comedy.
9.40 FILM: Brit Pack
Zoe Nathenson
The drama of football seen through the eyes of the European newcomers at the 1994 World Cup.
11.40-12midnight Passion Girls – Louise

Monday 6 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues to contestants.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
Win great prizes.
7.15 Fifteen to One
With William G Stewart.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and challenges in a giant fantasy world, aiming for a prize in the Crystal Dome.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Tea
Ted Rogers hosts the quiz and entertainment show in which contestants must avoid Dusty Bin.
11.00 Prize Time
11.15
Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/Body Heat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 Body Heat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30
What's in the Box
3.45 BodyHeat
Aerobics exercising.
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls receive much needed advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
6.30 Dial-a-Doc
6.45
What's in the Box
Phone-in programme.
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Big City Tips
Saucy finance news.
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
Saucy finance news.
8.30 Judge Judy
9.00 The Rise and Rise of the Cleavage
9.28 Big City Tips
Saucy financial news.
9.30 Serial Killers
Murderers in profile.
10.00 Topless Darts
10.02 Odds on Sport
10.28 Big City Tips
Saucy financial news.
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
Saucy finance news.
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, evey hour, plus the following features:
10.30 Catwalk Show 11.30 A to Z of Food 12.30pm London School Choirs 1.30 Real Gardening Show 2.30 The Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
4.30 Cybernet
All the latest computer and Internet news.
5.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
6.30 London School Choirs
Young kids do battle with their tonsils.
7.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
8.30
The Catwalk Show
Some of the world's most beautiful models strut their stuff as they display the latest designs.
9.30
Gillette World of Sport
All the latest sporting action.
10.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm US Top 10
Stateside chart action.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 Extra Hot Hits
6.30 An Audience with Mariah Carey
The million-selling artist is interviewed.
7.00 Hit List UK
The UK chart hosted by Cat Deeley.
8.00 Hot
Happening news, videos and gossip with Richard Blackwood.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Superock
The best rock and metal with Julia Valet.
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Travel Trails
12.30pm On the Horizon
1.00 Pathfinders
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Ibiza
2.30 The Wonderful World of Tom
New York
3.00 Destinations
Rajasthan
Explores one of the most travelled tourist spots of middle-Asia, the northwest Indian state of Rajasthan.
4.00 Reel World
Bali
With Jan Forssell.
4.30 Worldwide Guide
USA – West Coast
Explores America's beauty.
5.00 Pathfinders
Sea of Cortez
On Espiritu Santu.
5.30
A Fork in the Road
Indonesia – Sumatra
6.00 Out to Lunch with Brian Turner
Breckland and West Norfolk
6.30 On Tour
Ibiza
7.00 Travel Trails
Norwich
Sarah Cameron gets locked in a dungeon.
7.30 On the Horizon
Northern Italy
8.00 Go Greece
Crete – Source of Europe
Visits the Greek island.
8.30 The Flavours of France
Nievre
9.00
Of Tales and Travels
Tenerife and La Gomera
Looks at Tenerife and its neighbouring island La Gomera.
10.00 The Wonderful World of Tom
New York
10.30
The Food Lovers' Guide to Australia
11.00-12midnight Destinations
Rajasthan
Explores one of the most travelled tourist spots of middle-Asia.

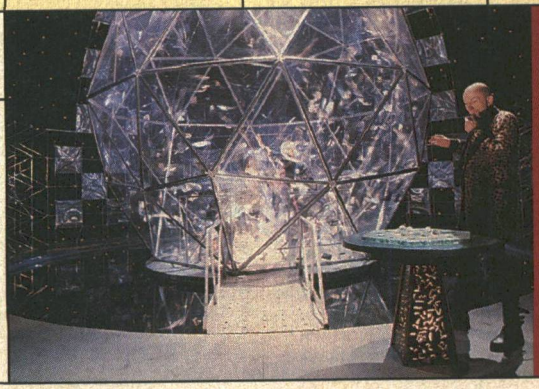
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Ready to Wear 8.00 View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Gossip 12noon The View 1.00pm The Good Housekeeping Show 1.30 Ready to Wear 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
Mom, Grow Up!
Sally and her guests engage in lively discussion on a wide range of issues.
5.00-6.00pm Livetime
Magazine programme covering all aspects of health, beauty, fashion, the home and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm
Animals and Men
Explores how education about the earth's creatures can help to create harmony.
7.30 Amazon Bronze
8.00
Predators: Realm of the Alligator
Explore the enigmatic Okefenkee Swamp, where the alligator reigns.
9.00 Journey Through the Underworld
9.30
The Father of Camels
Documentary examining camels in India.
10.00 Mysteries Underground
Explore far beneath the sunlit world inhabited by humans, where an unknown universe lies.
11.00
Land of the Tiger
This programme takes viewers to two national parks in the heart of India.
12midnight Swan Lake
A trip along New Zealand's Lake Ellesmere.
12.30-1.00am
Seven Black Robins
The surviving birds are taken from one island to another more hospitable island in a desperate rescue mission.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Richard O'Brien presides over the Crystal Dome in 'The Crystal Maze': Challenge TV 7.55pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 to 1: Genesis 10.00 VH1 Upbeat 12noon Ten of the Best: Mike Rutherford 1.00pm Mills 'n' Tunes 2.00 Ten of the Best: Genesis 3.00 Toyah and Chase 5.00 VH1 to 1: Genesis 5.30 Pop-up Video 6.00 Clare Grogan 7.00 Mills 'n' Tunes 8.00 VH1 Album Chart Show 9.00 Talk Music 10.00 Greatest Hits of: Genesis 11.00 Genesis Archive: 1967-1975 12midnight Genesis Live 1998 2.00-7.00am VH1 Late Shift

The sweetly vivacious Melinda Messenger, who has helped bring busts back into fashion, makes an appearance in 'The Rise and Rise of the Cleavage': L!VE TV 9.00pm

Monday 6 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture on the Mend 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM

4.00pm Rex Hunt's Fishing Adventures II

4.30 Top Marques
Masarati
The story of the Italian Masarati Marque.

5.00 PM **5.00 First Flights**
Flash of Glory

5.30 History's Turning Points
The Shot That Started the Great War

6.00 PM **6.00 Animal Doctor**
Following the work of doctors from the RSPCA.

6.30 Royal Blood
The story of two different prides of lions living in the Kruger National Park in South Africa.

7.00 PM **7.30**
Arthur C Clarke's Mysterious Universe
Callers from the Cosmos

8.00 PM **8.00 Adventures of the Quest**
Cape Crocodile
A look at the Jardine River, home to the world's largest saltwater crocodiles.

9.00 PM **9.00 Killer Weather: Volcano – Ring of Fire**
NEW How real is the science of volcanoes portrayed in Hollywood blockbusters?

10.00 PM **10.00**
Bear Necessities: River of Bears
NEW Remarkable footage of these beautiful creatures in the wild.

11.00 PM **11.00 Flightpath**
Harrier Strike
NEW SERIES Witness the accuracy of the marines' deadly weapon, the Harrier jet, as it destroys its targets.

12.00 **12midnight First Flights**
Flash of Glory: Aerial Combat Enters Jet Age

NIGHT TIME

12.30am Top Marques
Masarati

1.00-2.00am
Extreme Machines
Supersight

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Can Hinton persuade Mrs Bates to drop the case against Jackie?

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 New Scooby Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstones 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
Canine crime busting with Scrappy and his Uncle Scooby.

3.30 Taz-Mania

4.00 Beetlejuice
Ghoulish animation.

4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.

5.00 Johnny Bravo
Animated antics with the superhero with a super-ego.

5.30
Cow and Chicken

6.00 La Toon 98
Toon in for a cartoon spin on the World Cup with a selection of animated classics.

8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.

8.30-9.00pm
The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

4.00pm
Battleline: Battle of Britain
4.30 Men in Crisis: Kennedy v Khrushchev
5.00 Civil War Journal: Lincoln and Gettysburg
6.00 Ancient Mysteries: The Sunken City
7.00 Unsolved Mysteries of World War II: The Riddle of Rudolph Hess
7.30-8.00pm
Unsolved Mysteries of World War II: Kill Hitler

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
Classic animation from the BBC archives.

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00
Pippi Longstocking

4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.

5.00 Sister, Sister
Domestic disharmony with Tia and Tamera and their respective single parents.

5.30 Kenan & Kel

6.00 Sabrina

6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister, Sister

7.30 Roseanne
Jackie is in desperate need of a social life.

8.00 Grace Under Fire
Grace consoles Russell after a disheartening Valentine's Day.

8.30
Caroline in the City

9.00 Cybill
Starring Cybill Shepherd.

9.30 Ellen
Ellen faces a world of uncertainty as she comes to terms with being gay.

10.00 Frasier
Roz gives Frasier a tape of their first show as a gift for their third anniversary on the air.

10.30 Cheers

11.00 Monty Python's Flying Circus
VIntage surreal humour.

11.30
In Bed with MeDinner
Presented by Bob Mills.

12midnight Nurses
Medical comedy about the lives of a group of under-paid and over-worked nurses.

12.30am
It's Garry Shandling's Show
Garry deals with single life in the Eighties.

1.00 Frasier
Roz gives Frasier a tape of their first show as a gift for their third anniversary on the air.

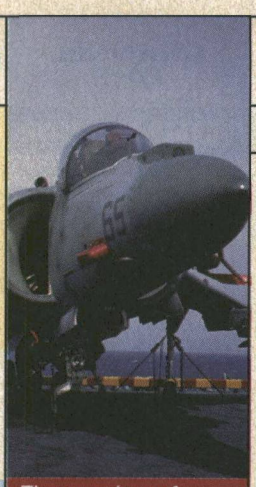
1.30 Cheers
Classic American sitcom starring Ted Danson.

2.00 Caroline in the City
Starring Lea Thompson as the New York cartoonist.

2.30 In Bed with MeDinner
Presented by Bob Mills.

3.00 Roseanne
With her divorce finalised, Jackie is in desperate need of a social life and resorts to taking up ballet classes.

3.30-4.00am Cybill
Starring Cybill Shepherd.



The premiere of 'Flightpath' takes off with a look at the Harrier jet: Discovery 11.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm European Concert: Beethoven's Spring Sonata

7.30 Great Arias

8.00 Previn on Mozart: Paris
André Previn tours Europe to trace events in Mozart's life. With a performance from Mitsuko Uchida.

9.00
Artsweek Interviews
With choregrapher Matthew Bourne and actor Simon Callow.

9.30 Ballet: Gisele
The Kirov Ballet is world-famous for its interpretation of this popular classic. Here they are led by Galina Mezentseva, who proves herself to be one of the company's great ballerinas.

11.30
Inside Hollywood
Entertainment magazine.

12midnight-1.00am
Midnight Jazz: Scott Jarrett
The jazz pianist demonstrates his prowess, and through his musical improvisations shows why he is now one of jazz's brightest new talents.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon
American Adventurer
12.30pm Getaway
1.00 Discover Your World
1.30 Ticket to Paradise
2.00 Travel Tips
3.00 Globetrotter
Montana, Jamaica and Brazil
3.30-4.00pm
Earth Journeys

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Best of Insight 6.30 Managing 7.30 Sport 8.30 World Cup 9.00 Time 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Pinnacle 1.15 Asian Edition 1.30 Business 3.30 Sport 4.30 Art Club 5.00 Time 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 3.30 Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sports Line 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Entertainment Show 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Reflets 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaire 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Journal 12noon Cinéma 2.00pm Course Destination Monde 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre un Jour 6.30 Journal 7.00 La Vie a l'Endroit 8.30 Verso 9.00 Journal 9.30 Au Nom de la Loi 10.00 Journal 10.30 Kiosque 11.15 Literatour 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Asian AM 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Nashaib 4.30 Aarzoo 5.00 Shang Shaptak 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Swabimaan 1.00am Shanti 1.30 FILM 4.00 Shang Shaptak 5.00 Kainaat 6.00 Superhit Ghazals 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Jagga Daku 6.30 Chunni 7.00 Jaagran 7.30 Ru Ba Ru 8.00 News 8.30 Buniyaad 9.00 FILM: Akeli Mat Jaiyo 11.30 Kurukshetra 12noon FILM: Parivar 3.00pm Adhikar 3.30 Parampara 4.00 Campus 4.30 Ikke Pe Ikka 5.00 Your Zindagi 5.30 Ladkiwale Ladkewale 6.00 Banegi Apni Baat 6.30 Geet Gaata Chal 7.00 Chutki Baja Ke 7.30 It's My Choice 8.00 News 8.30 Sailaab 9.00-12midnight FILM: Kurbaan

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Bath and Musselburgh with Ben Newton and John Budden.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Money Matters 8.30 Another Day of Victory 9.00 Catch the Fire 9.30 Life in the Word 10.00 Power of Praise/ Israel Vision 10.30-11.00am Lynn Hammond

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am
Parliamentary Commitees 8.30 Statement From the House 9.30 Business Statement 2.00pm Europe This Week 2.30 The Commons Live 11.00-12midnight Questions

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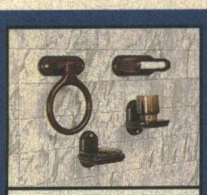


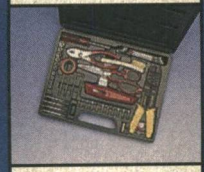
4 Piece Bathroom Set 5168-V ☐

Large Cooler Box 5169-3 ☐

Green 2 Slice Toaster 5170-0 ☐

1 Litre Jug Kettle 5171-8 ☐

Large Suitcase on wheels 5172-H ☐



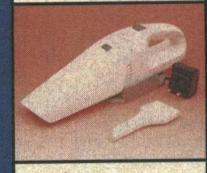
44 Piece Tool Kit 5173-S ☐

Telephone 5174-1 ☐

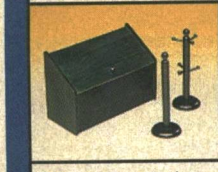
Childrens Keyboard 5175-9 ☐

Pendulum Clock 5176-J ☐

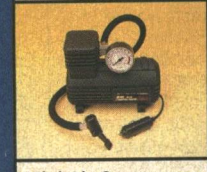
Hair Design Clipper Set 5177-T ☐



Hand Vacuum 5178-2 ☐

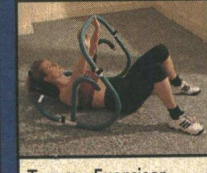


3 Piece Pine Kitchen Set 5179-B ☐



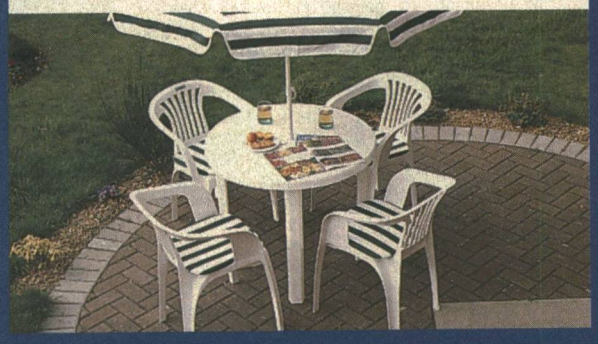
Mini Air Compressor 5180-7 ☐

Power Hand Mixer 5181-G ☐



Tummy Exerciser 5182-R ☐

10 Piece Patio Set only £14.50 ☐ 5167-K



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Tuesday 7 July

SKY MOVIES SCREEN 1

6.00am Inside Out
1975, rating Sky PG, 93 mins
7.40 Forgotten City of Planet of the Apes
1974, rating Sky PG, 91 mins
9.20 The Indian in the Cupboard
Text *1995, rating Sky PG, 92 mins*
11.00 Born Free: A New Adventure
Text *1996, rating Sky U, 92 mins*
1.00pm Inside Out
1975, rating Sky PG, 93 mins

3.00 Ladyhawke
Rutger Hauer, Matthew Broderick, Michelle Pfeiffer, John Wood, Leo McKern, Ken Hutchison, Alfred Molina,
Medieval fantasy in which a knight and his young sidekick must battle against a powerful spell which changes the knight and his beautiful lover into a wolf and a hawk at night. *1985, rating Sky PG, 115 mins*

5.00 The Indian in the Cupboard
Hal Scardino, Litefoot, Lindsay Crouse, Richard Jenkins, Rishi Bhat, David Keith
Fantasy story about a boy and a toy Indian which comes to life overnight in a magic cupboard. The adventure is complicated as the boy's friend tries to bring his toy cowboy to life as well. Text *1995, rating Sky PG, 92 mins*

7.00 Born Free: A New Adventure
Jonathan Brandis, Christopher Noth, Linda Purl, Ariana Richards
Adventure of a family which reluctantly moves to Africa, where the children meet a girl who lives with a tame lion and subsequently embark on a series of escapades with their new friends. Text *1996, rating Sky U, 92 mins*

9.00 The Killing Secret
Ari Meyers, Soleil Moon Frye, Tess Harper, Mark Krassenbaum, John O'Hurley, Cindy Pickett
Gripping drama about a mother who embarks on a frantic search for clues when her daughter's murdered body is discovered. *1996, rating Sky 12, 90 mins*

10.45 Mad Love
Chris O'Donnell, Drew Barrymore, Matthew Lillard, Richard Chaim
Romantic road movie about a pair of teenagers who run away together. Casey is a manic-depressive whom her father eventually places in an institution. Matt decides to rescue her and the pair go on the run. *1995, rating Sky 15, 92 mins*

12.25am Kansas City
1996, rating Sky 15, 111 mins
2.20 The Cure
1997, rating Sky 12, 95 mins
4.00-5.40am Castle Freak
1995, rating Sky 18, 89 mins

SKY MOVIES SCREEN 2

6.00am After Jimmy
1996, rating Sky PG, 88 mins
8.00 French Line
1954, rating Sky U, 102 mins
10.00 Invisible Mom
1995, rating Sky PG, 87 mins
12noon After Jimmy
1996, rating Sky PG, 88 mins
1.45pm Evita
Madonna, Antonio Banderas, Jonathan Pryce, Jimmy Nail
Epic musical about the life of Argentina's best-loved public figure. The movie follows Eva Duarte's life from early poverty to her eventual marriage to the President, Juan Perón, as she wins the hearts of the people. *1996, rating Sky PG, 131 mins*

4.00 French Line
Jane Russell, Gilbert Roland, Arthur Hunnicutt, Craig Stevens, Steven Geray, Joyce McKenzie, Paula Corday
Musical about a cheery Texan oil heiress who changes places with a model to go on a cruise to France. Will she find a husband during the amorous adventures in Paris that follow? *1954, rating Sky U, 102 mins*

6.00 Invisible Mom
Dee Wallace Stone, Barry Livingston, Trenton Knight, Russ Tamblyn
Family comedy about a mother who accidentally drinks her husband's invisibility formula – inevitable chaos ensues. *1995, rating Sky PG, 87 mins*

7.30 Behind the Scenes
A special report from the film world.

8.00 Evita
Madonna, Antonio Banderas, Jonathan Pryce, Jimmy Nail
Epic musical about the life of Argentina's best-loved public figure. The movie follows Eva Duarte's life from early poverty to her eventual marriage to the President, Juan Perón, as she wins the hearts of the people. When she loses her long and public battle with cancer, the nation mourns her passing. *1996, rating Sky PG, 131 mins*

10.15 The Movie Show
With Richard Jobson.

10.45 A Thin Line Between Love and Hate
Martin Lawrence, Lynn Whitfield, Regina King, Bobby Brown, Della Reese, Roger E Mosley
PREMIERE Comic thriller about a nightclub promoter who is happy to have women falling at his feet until a beautiful conquest turns into a psychopath. *1996, rating Sky 18, 103 mins*

12.35am Tracks of a Killer
1995, rating Sky 18, 96 mins
2.15 The Turn of the Screw
1992, rating Sky 18, 92 mins
3.55-5.35am Forgotten Sins
1996, rating Sky 15, 88 mins

Miranda Richardson and Jennifer Jason Leigh star in 'Kansas City': Sky Movies Screen 1 12.25am

SKY MOVIES GOLD

4.00pm Lillian Russell
Alice Faye, Don Ameche, Henry Fonda, Edward Arnold, Warren William, Leo Carrillo
Biographical drama about the 1890's most famous musical star, Lillian Russell, including her discovery by Tony Pastor, her marriage and her successes first on the Broadway stage and then London's West End. *1940, rating Sky U, 122 mins*

6.00 Star Trek III: The Search for Spock
William Shatner, Leonard Nimoy, James Doohan, DeForest Kelley, Michelle Nichols, Robert Hooks
Science-fiction adventure in which the crew of the *Starship Enterprise* sets out to find Mr Spock, previously presumed dead, after Kirk hears he has been reborn as a Vulcan child. *1984, rating Sky PG, 101 mins*

8.00 She-Devil
Roseanne Barr, Meryl Streep, Ed Begley Jr, Sylvia Miles, Linda Hunt, Maria Pitillo, A Martinez
Black comedy about Ruth Patchett, a frumpy housewife who extracts an elaborate and much-deserved revenge on her husband Bob when he jilts her for the glamorous, romantic novelist Mary Fisher. *1989, rating Sky 15, 95 mins*

10.00 Bachelor Party
Tom Hanks, Tawny Kitaen, Adrian Zmed, George Grizzard, Michael Dudikoff, Bibi Besch
Rowdy comedy about a free-spirited school bus driver whose friends organize him a stag night he'll never forget. *1984, rating Sky 18, 101 mins*

11.45 Conan the Barbarian
Arnold Schwarzenegger
Sword-and-sorcery fantasy. *1982, rating Sky 15, 124 mins*

1.55am Fright Night
Chrius Sarandon
Tongue-in-cheek vampire horror. *1985, rating Sky 18, 102 mins*
3.45-5.25am The Gay Divorcee
Fred Astaire, Ginger Rogers
1934, rating Sky U, 100 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Captain Nemo and the Underwater City
Robert Ryan, Chuck Connors, Nanette Newman, John Turner, Luciana Paluzzi, Bill Fraser
Underwater fantasy about six passengers on a schooner who are washed overboard during a terrible Atlantic storm. All seems lost until Captain Nemo takes them to his undersea world. *1970, 141 mins*

11.00 Brainstorm
Christopher Walken, Natalie Wood, Louise Fletcher, Cliff Robertson, Donald Hotton
Science fiction chiller about a device that can interface with the human brain in order to record a subject's memories, emotions and sensations – and replay them at will. *1983, 102 mins*

12.45am The Journey
1959, 121 mins
3.00-5.00am Captain Nemo and the Underwater City
Fantasy adventure. *1970, 141 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Internet Abductions
On today's show, a look at the potential dangers of dating in the late 20th century: on-line love and computer chat rooms.

4.00 The Oprah Winfrey Show
Oprah Winfrey and her guests take a long and revealing look at life and relationships, with contributions from the floor.

5.00 Star Trek: Voyager
Learning Curve
Tuvok tries to train Mazuis crew members in Star Fleet protocol. Could the problems with the ship's systems be related? Text

6.00 The Nanny
Curse of the Grandmas

6.30 Married... With Children
Proud to Be Your Bud
Bud hides in his room. Text

7.00 The Simpsons
Homer Goes to College
Homer returns to college.

7.30 The Simpsons
Sideshow Bob Roberts
Sideshow Bob runs for mayor.

8.00 Speed!
Real-life traffic accidents shot on CCTV and in-car cameras. Text

8.30 Coppers
Fly-on-the-wall documentary featuring a series of dawn raids.

9.00 World's Most Deadly Swarms
NEW Terrifying shots of what happens when locusts, piranhas, crabs, bees, maggots, fire ants, jellyfish and cockroaches go bad.

10.00 Friends
The One Where Rachel Quits
Giving up a job is easy to do.

10.30 Friends
The One Where Chandler Can't Remember Which Sister

11.00 Star Trek: Voyager
Learning Curve
Tuvok experiences hostility when training Mazuis crew members. Could the problems with the ship's systems be related? Text

12midnight Nash Bridges
Aloha Nash
Nash has to delay his honeymoon to Hawaii with Kelly again when a high priority police case unravels, putting him on the trail of San Francisco's most notorious bookie, a renegade FBI officer. Text

1.00am-7.00am Long Play

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents all that is good in the universe is sought by evil forces who want to end the world. Stars Bruce Willis and Gary Oldman. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.30pm, 1.00am, 3.30am

Sky Box Office 2
Channel 52
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes. With the voice of Mike Judge. *1996, rating Sky 12, 78 mins*
PLAYS AT 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 3
Channel 53
STAR TREK: FIRST CONTACT
Special-effects laden sci-fi adventure sequel with Patrick Stewart and Brent Spiner. *1996, rating Sky 12, 106 mins*
PLAYS AT 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 Stay Lucky
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 All Creatures Great and Small
2.00 Dallas
2.55 The Bill
The Writing on the Wall

3.25 The Bill
Too Clever by Half
Carver goes undercover as a barman.

3.55 Dangerfield
Paul Dangerfield promises to keep a deadly secret for 24 hours, and DI Jackson is less than pleased at Paul's involvement in police matters.

4.55 EastEnders
More everyday drama with Walford's cockney folk in the square.

5.30 Wowfabgroovy
DJ Russ Williams presents the celebrity gameshow.

6.00 All Creatures Great and Small
Siegfried gets the better of a mean scrap merchant who ill-treats his horses. With Christopher Timothy.

7.00 Last of the Summer Wine
Here We Go into the Wild Blue Yonder
Classic Yorkshire sitcom.

7.40 Waiting for God
Tom and Diana unmask a fraudulent spiritualist.

8.20 Butterflies
Bittersweet suburban sitcom starring Wendy Craig and Geoffrey Palmer.

9.00 Hotel
There's trouble at the Adelphi when 250 retired soldiers arrive for a military reunion and three of them are trapped in the lift.

9.40 This Life
Family Outings
Warren fears that Kira might 'out' him to the rest of the family.

10.30 Shooting Stars
Vic Reeves and Bob Mortimer host the comedy quiz show.

11.10 The Bill
The Writing on the Wall
Reg resolves to find out who is responsible for some graffiti.

11.40 The Bill
Too Clever by Half
12.10am Night Voices
1.45 Best of the Old Grey Whistle Test
Classic rock series.
2.10 The Equalizer
Breakpoint
McCall is among the wedding guests taken hostage by terrorists.
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
2.05 Rolonda
2.55 Living it Up!
More from the lifestyle magazine with celebrity guests, expert tips, and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous US talk show in which Jerry and his guests engage in lively discussion.

7.00 Rescue 911
William Shatner hosts the series with the stories of rescues by US emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations, specialising in the evacuation of disaster areas.

9.00 FILM: Buried Secrets
Tiffani-Amber Thiessen, Tim Matheson, Kelly Rutherford, Erica Flores
Tense thriller about a young woman who moves into a new home only to discover that the house is haunted. The ghost of a girl appears to her claiming that her mother was murdered and enlists the help of the new tenant in finding the killer. *1996*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest
8.00 The Fenn Street Gang
8.30 Mind Your Language
9.00 Classic Coronation Street
9.30 Emmerdale 10.00 Jason King
11.00 Hawaii Five-0
12noon Classic Coronation Street
12.30pm Emmerdale
1.00 Up the Garden Path
1.30 The Army Game
2.00 Within These Walls

3.00 Jason King
A Deadly Line in Digits
Jason pits his imagination against computerised crime and becomes a Bulgarian master-crook.

4.00 Hawaii Five-0
Twenty-Four Karat Kill
McGarrett and his team target a fishing boat owner who is smuggling gold bars into the islands with an attorney.

5.00 Hart to Hart
Passing Chance
Jonathan and Jennifer race to save their lives and the future of Hart Industries when a business magnate seeks to destroy them.

6.00 Emmerdale
Yorkshire soap opera.

6.30 Classic Coronation Street
Rita tries to get Len to help with the housework.

7.00 Doctor at Large
Things That Go Mump in the Night
Michael has the mumps.

7.30 Doctor on the Go
Match

8.00 Dempsey & Makepeace
Blind Eye
Spikings discovers something rotten right at the core of SI-10, and his life is in danger.

9.00 Fortune Hunter
Aquarius Intercept
Another mission for agent Dial.

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Babewatch UK
Emma Harrison traces her roots in London and Melinda Messenger speaks out.

11.30 Bigger Better Battling Babes

12midnight Max Power
The latest in tuning, styling and in-car entertainment.
12.30am Sunny Hotspots and Girls
1.00 E! Uncut
A profile of author Jackie Collins.
1.30 E! Talk Soup
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Lamb Chops Play-Along
6.30 Jungle Cubs 7.00 Football Fever
8.30 Timon and Pumbaa 9.00 Aladdin
9.30 Quack Pack 10.00 Mouse and Mole 10.05 Amazing Animals
10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10am Let's Wiggle
12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 Winnie the Pooh 1.35 Rescue Rangers
2.00 Goof Troop
2.30 Jungle Cubs

3.00 Timon and Pumbaa
Watch out, Timon and Pumbaa from *The Lion King* are about.

3.30 Brand Spanking New Doug
Doug's Hairy Situation Text

4.00 Pepper Ann
The girl wants to be cool at all costs but her family seems determined to thwart her. Text

4.30 Recess
Animated series. Text

5.00 Smart Guy Double Bill
The guy needs to be in a special school, but his father can't afford it. So fourth grader TJ is put into the tenth grade, much to the annoyance of his brother.

6.00 Teen Angel
Wrestling with an Angel
Marty helps Steve get onto the wrestling team. Text

6.30 Boy Meets World
The Pink Flamingo Kid Text

7.00 FILM: Doom Runners
Lea Moreno, Dean O'Gorman, Bradley Pierce, Tim Curry
Sci-fi adventure set in a future world, in the desolate Sector 7, where people live in poverty and in terror of the corporation that runs the world and the Doom Troopers who enforce the laws. *1997*

8.30 The Wonder Years
Cocoa and Sympathy Text

9.00-10.00pm Touched by an Angel
Fun with the thoroughly modern angel. She's beautiful and wise and tends to rely on her wits rather than miracles. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 A Taste of Africa 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network 12.30pm Vin Ordinaire 1.00 Food for Thought 1.30 New Chefs on the Block 2.00 Red Hot 'n' Smokin' 2.30 Food Network
3.00 Ross in Thailand
3.30 Coxon's Kitchen College
4.00 A Taste of England
National culinary treasures.
4.30-5.00pm Tessa Bramley's Seasonal Kitchen`

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
Jemma heads for stardom as the new residents move into her old house.

6.30 My Two Wives
Kiss and Don't Tell

7.00 London Bridge
Sid attempts a reconciliation with Nancy, despite her sordid past.

7.30 Desmond's
Susu Again
Aunty Susu returns.

8.00 Our House
Suzi Becker visits an old farmhouse.

8.30 Rude Health
Dr Pink persuades the practice to take part in a therapy session.

9.00 Sword of Honour
Mini series about love and war, focusing on two young lovers from down under. The drama takes place in Australia, Vietnam and Thailand from 1965 to 1980.

10.00 Perfect Scoundrels
No Thanks for the Memory
Cassidy tries to make some quick cash in order to set up a theme park con.
11.00 Tales of Sherwood Forest
12midnight Let the Blood Run Free
12.30-1.00am The Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Designer Stitching at 6.00pm.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

She-Devil
Sky Movies Gold 8.00pm
Roseanne Barr plays the dowdy housewife who seeks revenge against her philandering husband (Ed Begley Jr) when he abandons her for a glamorous romantic novelist (Meryl Streep). This is the big screen adaptation of the popular Fay Weldon novel.

GENERAL

Hawaii Five-0
Granada Plus 11.00am, 4.00pm
This vintage American police drama series stands as a permanent reminder to the talents of Jack Lord, who died earlier this year. Today, Steve McGarrett (Lord) and his partner Danno (James MacArthur) deal with smugglers shattering the peace on their idyllic island.

ADVERTISEMENT

THIS LIFE
9.40PM
UK GOLD

Warren is terrified that his cousin will discover he is gay and let it slip to the rest of the family. Anna offers some marriage guidance and Miles attempts to beat his father at his own game. More racey drama from the young lawyers.

Tuesday 7 July

EUROSPORT

6.00 AM
7.30am World Cup
8.30 Rally
Coverage of the FIA World Rally Championship.
9.00 World Cup: Le Mix
11.00 World Cup
A preview of the semi-finals.
12noon Tennis – LIVE
Action from the ATP Tournament from Gstaad in Switzerland.
2.00pm Touring Car

3.00 PM
3.00
World Cup: Le Mix
Another chance to see a match from yesterday.

4.00 PM

5.00 PM
5.00 Athletics – LIVE
Action from the EAA International Meeting in Zagreb, Croatia.

6.00 PM
6.30 World Cup
A preview of the forthcoming semi-final matches.

7.00 PM
7.30 Trickshot
Coverage of the World Championship in Dagenham, Essex.

8.00 PM
8.00 Boxing
Another chance to see a top boxing bout.

9.00 PM
9.00 Sumo
Coverage of a grand sumo tournament from Tokyo.

10.00 PM
10.00 World Cup
Action from the first semi-final match in Marseille.

11.00 PM

12.00 NIGHT TIME
12midnight-12.30am
World Cup Journal
Highlights from France.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 High 5 7.45 Survival of the Fittest 8.15 Sports Centre 8.30 Racing 9.00 Aerobics Oz Style 9.30 V-Max 10.00 Pool: Embassy World 8 Ball Championships
12noon Aerobics Oz Style
12.30pm High 5
1.00 Survival of the Fittest
1.30 World Tenpin Bowling
2.30 This Week in Baseball

3.00
International Bowls: Australia v Wales
Coverage from the green where Australia and Wales contest the third Test of the singles competition in Merrylands, New South Wales.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of exclusive WWF bouts.

6.00
Sky Sports Centre
All the major headlines from the world of sport.
6.30
European Tour Weekly

7.00
The Pavilion End
Charles Colvile presents a roundup of cricket from all over the world.

8.00 Golf: MasterCard Challenge
Another opportunity to see golf action from the Prince's Course in Kent, where the latest stage of the MasterCard Challenge takes place.
9.30 European Tour Weekly

10.00
World Cup Phone-In
A chance for the fans to have their say.
10.45
Sky Sports Centre
11.00 Rugby League Academy
Action from the under-19s tournament that mirrors the JJB Sports Super League.
12midnight
Sky Sports Centre
12.15am Golf: MasterCard Challenge
1.45 The Pavilion End
2.45 World Cup Phone-In
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 This Week in Baseball
8.45 Sky Sports Centre
9.00 Fish TV: Gone Fishing
9.30 Fish TV: Tony Dean Outdoors
10.00 International Bowls: Australia v Wales
12noon World Motor Sport
All the latest motor racing news and views.

3.30pm
Survival of the Fittest
Athletes are put through their paces physically and mentally.

4.00 Equestrianism: Spruce Meadows – Smirnoff Cup
Action from the Smirnoff Cup 'Parcours de Chasse' from Canada.

5.00 This Week in Baseball
Ozzie Smith presents action from America's top baseball league.
5.30 Fastrax

6.00 Sports Unlimited
Focusing on those sports that never seem to make it into the public eye.

7.00 Equestrianism: Spruce Meadows – Smirnoff Cup
Action from the Smirnoff Cup 'Parcours de Chasse' in Canada.

8.00 Fastrax
A look at the performances of competitors in the fast lane.
8.30 Pool: Embassy World 8 Ball Championships – Men's Quarter-Final
Coverage of the second men's quarter-final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool.
10.30
The Pavilion End
Charles Colvile takes a look at the latest developments in world cricket and the men who are making them happen.
11.30 Equestrianism: Spruce Meadows – Smirnoff Cup
Equestrian action from the Smirnoff Cup 'Parcours de Chasse' in Canada.
12.30am Sky Sports Centre
12.45 Sports Unlimited
1.45-2.00am
Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Live Wire
1.00pm
Fish TV: Fishing Tales
1.30 Fish TV: Americana Outdoors
Hosted by David West.
2.00
Sky Sports Classics: 1994 Tennis US Ladies' Open
Classic tennis action from the 1994 US Ladies' Open.

3.00
The Entertainers: Giggs and Cantona
A feature on Ryan Giggs and Eric Cantona.
3.30 Fastrax
4.00 V-Max
An insight into speed on land, water and in the air.
4.30 Golf: MasterCard Challenge
An opportunity to see golf action from Prince's in Sandwich, Kent, where the latest stage of the MasterCard Challenge takes place.

6.00 Rugby League Academy
Action from the under-19s tournament that mirrors the JJB Sports Super League.

7.00 Fish TV: Fly Fishing
7.30
Fish TV: The Ultimate Fishing Show
For true fishing addicts.
8.00 Major League Baseball
Sporting action from across the pond, with one of the Major League's games of the week, plus playing tips, news, results and interviews with the sport's leading players.

10.00 Superbouts: Duran v Barkley
Another chance to relive classic action from the 1989 bout between Roberto Duran and Iran Barkley.
11.00-11.30pm
The Entertainers: Cole and Beardsley
Featuring Andy Cole and Peter Beardsley in their Newcastle United days.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
1.30 Echo Point
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face. With Jeremy Edwards.
2.30 It's in the Jeans
Health Club
Teenagers go on blind dates.
2.45 On the Make

3.00 Sweat
Teen drama about a group of talented athletes at an Australian sports academy.
3.30 Ready or Not
Your Own Money
4.00 Fresh Prince of Bel Air
4.30
Saved by the Bell: The College Years
Marry Me
5.00 Hollyoaks
Soap about the lives of a group of teenagers.
5.30
California Dreams
Love Letters
6.00 Hang Time
Fake ID Ology
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
The Sheriff of Rivertown
Hannibal and the team serve as deputy sheriffs in a booming South American town.
9.00 Real Stories of the Highway Patrol
Drama on the roads with US police officers.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
Quiz show featuring domestic undressing
10.30 World Cup Undercover
11.00 FILM: Rocky
Sylvester Stallone
Drama about a small-time boxer who gets a shot at his dream of becoming the heavyweight champion of the world. *1976*
1.15am The Cutter
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: The Manitou *1978*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers in the 25th Century 10.00 Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Swamp Thing 2.00 Six Million Dollar Man

3.00 Quantum Leap
The pilot for the sci-fi series. To return home, Sam has to correct a mistake that happened in Hank's life in 1956.
4.00 Space Precinct
A reptile hatches an extortion plot that lands Lt Brogan and Officer Haldane on a space tanker carrying four hidden bombs.
5.00 Amazing Stories
Thanksgiving
A water prospector finds strange beings in his well.
5.30 Mysteries, Magic and Miracles
6.00 Sightings
Tim White introduces real-life stories involving luck, superstition, UFOs and near-death experiences.
7.00 Buck Rogers in the 25th Century
A Dream of Jennifer
Buck recognises his 20th-century girlfriend in 25th-century New Chicago.
8.00 Quantum Leap
The Leap Home
Sam is transported back into his own body in Elk Ridge, Indiana, at the age of 16.
9.00 PSI Factor – Chronicles of the Paranormal
An elderly man, who owns a large number of snakes as pets, commits suicide.
10.00
FILM: Downdraft
Vincent Spano, Kate Vernon, Paul Koslo, John Novak, William Taylor
Adventure set in the near future about a mad doctor who plans to use a supercomputer to start World War III, operating out of a massive subterranean bunker. *1996*
12midnight
Sightings Special
1.00am
The Tomorrow People
1.30 Flash Gordon Conquers the Universe
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

World Cup Semi-Final
Eurosport 10.00pm
One match away from a place in the final! This first World Cup semi-final is played in Marseille and will go to penalties if the teams are locked together at the end of extra time. This will be the 61st match of the tournament and the strain will surely be showing on both sides, with each squad's depth being tested to the limit. There have been some great semi-finals in the past, including Italy's victory over West Germany in 1970 and the Germans turning the tables on England back in 1990. Let's hope for another classic tonight.

TELEVISION X

12midnight The Ten Minute Free View
12.10am The Russian File
12.20 Adult Feature
12.45 FILM: Twisted
A secretary escapes her boring life by fantasizing.
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Adult Feature
2.25 FILM: Guilty as Sin
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am French Teaser
12.20 FILM: Sex Bandits
Erotic feature film about two sexy co-eds who try to play truant on a field trip and end up being sent through a time portal.
1.40 Lap it Up
1.55
Sizzling Suburban Couples
2.40-4.00am
FILM: Avalon Weekend
Erotic feature film.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Troll
The Waits family find themselves under threat from a group of trolls.
9.30 FILM: At Risk
Drama about an artist searching for her missing husband.
11.10-12midnight
Dreams of Stacy
Erotic feature.

CABLE CHECK
Some of the channels listed may not be available in your area

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls are given healthy advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
The latest update on the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Another court session.
9.00 Dog Night L!VE
Action from the tracks in Walthamstow and Wolverhampton.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another sensual offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica 2.00 Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
Hosted by William G Stewart.
7.45 Prize Time
7.55 The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the gameshow with a chance to win big prizes.
9.45 Prize Time
10.00 3-2-1
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided if the contestants are to win a big prize.
11.00 Prize Time
11.15 Through the Keyhole
With David Frost and Loyd Grossman.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am Real Gardening Show
11.30 American Chart Show
12.30pm Inside Hollywood
1.30 The Catwalk Show
2.30 The Album Show
Classic tracks.
3.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
4.30 Real Gardening Show
More green-fingered advice.
5.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
8.30 London School Choirs
More young singers compete for a coveted title.
9.30 The A to Z of Food
Another look at the culinary aphabet.
10.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm Hit List UK
The UK singles chart with Cat Deeley.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 Stylissimo!
MTV's fashion and lifestyle show
6.30 Extra Hot Hits
Steamy tunes.
7.00 US Top 10
The latest chart from across the pond.
8.00 Hot
News, videos and gossip with Ed Byrne and Brendon Burns.
9.00 Up for It
Another spectacular helping of live merriment with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
12midnight Alternative Nation
The latest alternative music.
1.00-6.00am Night Videos
Music throughout the night.

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm On the Horizon
1.00 Wild Ireland
1.30 Origins with Burt Wolf
The Yukon Territory
2.00 On Tour
Tunisia
2.30 Go Portugal
Where The Land Ends and the Ocean Begins
3.00 Reel World
Singapore
3.30 Wet and Wild
Body Boarding, Beachcombing and Water Painting
4.00 An Aerial Tour of Britain
The South West Coast Path
A bird's eye view of the South West Coast path, including Land's End.
5.00 Wild Ireland
The Pleasures of Dry Limestone, Clare
5.30 Cities of the World
La Valette
6.00 Origins with Burt Wolf
The Yukon Territory
A visit to Canada.
6.30 On Tour
Tunisia
7.00 The Great Escape
Bhuj and Jaisalmer
7.30 On the Horizon
Bali
A visit to Ubud.
8.00 Go Greece
Santorini – Pearl of the Cyclades
8.30 The Flavours of France
Val D'Oise
9.00 Dominika's Planet 2
Paris
Dominika investigates lesser known aspects of Parisian culture.
10.00 Go Portugal
Where the Land Ends and the Ocean Begins
10.30 A River Somewhere
The Howqua River
11.00 Cities of the World
La Valette
11.30-12midnight Wet and Wild
Body Boarding

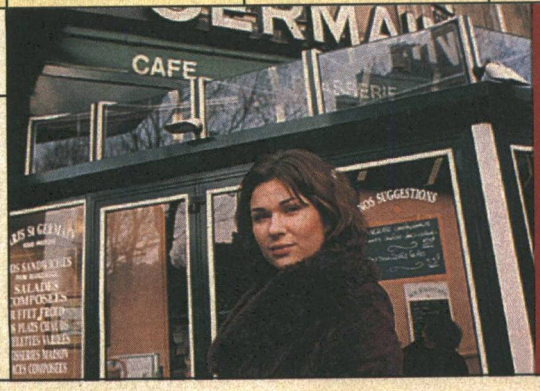
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Entertainment 7.00 Women of Substance 7.30 The Zest Beauty Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Entertainment 12noon The View 1.00pm Women of Substance 1.30 The Zest Beauty Show 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
My Parents are Trying to Stop My Wedding
American talk show dealing with controversial issues.
5.00-6.00pm Livetime
Magazine featuring all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm A Rocky Mountain Beaver Pond
7.30 Chamois Cliff
Examining these mountain animals.
8.00 Elephant
Revealing documentary that uncovers a necessary but saddening legal culling operation of elephants in Zimbabwe.
9.00 Tribal Warriors: Tribal Voice
Investigating the amazing traditions and rituals practised by people from tribes around the world.
10.00 Mountains of Fire
A look at vulcanologists Maurice and Katia Krafft, who are at home in the world of flowing lava.
11.00 Wolves of the Sea
A look at the world of the killer whale featuring the hunting techniques of pods of orcas.
12midnight-1.00am Search for the Great Apes
Following dedicated scientist, the late Dian Fossey, the heroine on which the book *Gorillas in the Mist* was based, as she probes the worlds of the orang-utan and the mountain gorilla.

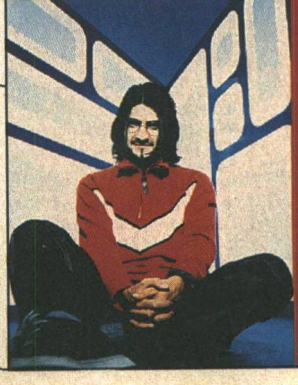
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Dominika samples the Gallic delights of Paris in 'Dominika's Planet 2': Travel 9.00pm

VH1

7.00am Power Breakfast
9.00 Pop-Up Video
9.30 VH1 Upbeat
12noon Ten of the Best: Sheryl Crow
1.00pm Mills 'n' Tunes
2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 Behind the Music: Willie Nelson 11.00 Jobson's Choice 12midnight
The Nightfly 1.00am VH1 Spice
2.00-7.00am VH1 Late Shift



Eddy Temple-Morris presides over another hour of anarchic live shenanigans in 'Up for It': MTV 9.00pm

Tuesday 7 July

MORNING

6.00 AM

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture to Go 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

3.00 PM

DISCOVERY

4.00pm Rex Hunt's Fishing Adventures II
Angling antics.
4.30 Top Marques
Lancia
The Italian Marque.
5.00 First Flights
Bigger is Better
1920s and 30s designs.
5.30 History's Turning Points
The Incredible March
6.00 Animal Doctor
RSPCA vet outings.
6.30 Gorillas: Tender Giants
A look at the rigid hierarchies of gorillas.
7.30
Arthur C Clarke's Mysterious Universe
The Burning Question
8.00
Discover Magazine
Underworld
Magazine show that sniffs out bizarre stories from the world of science.
9.00
Hitler's Henchmen
Eichmann
A depiction of Nazi Adolf Eichmann's career and his final abduction by Israelis.
10.00
Bear Necessities: Bear Attack
A look at what can provoke bear attacks and how to defend oneself.
11.00 Best of British
Jaguar
A look at the height of Jaguar's racing career, and a tour of the company's collection of models.
12midnight First Flights
Bigger is Better
During the Twenties and Thirties, designers believed that bigger meant better.
12.30am Top Marques
Lancia
1.00-2.00am River of Bears
Nature documentary.

4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Amos buys a microwave oven for the Woolpack.

CARTOON NETWORK

5.00am Omer 5.30 The Fruitties 6.00 Blinky Bill 6.30 Thomas 6.45 Roundabout 7.00 Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow 8.15 Sylvester 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Roundabout 10.15 Thomas 10.30 Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons
3.00 Scooby and Scrappy-Doo
Canine sleuthing.
3.30 Taz-Mania
Explosive fun with the Australian devil.
4.00 Beetlejuice
Black humour.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Adventures with the egotistical superhero.
5.30
Cow and Chicken
Sibling animated antics.
6.00 La Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.
8.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
8.30-9.00pm
The Flintstones
Prehistoric humour.

THE HISTORY CHANNEL

4.00pm Battleline: Commerce Raiders
4.30 Men in Crisis: Satte v Jimmy Walker
5.00 The Great Days of the Century: Budapest, Communism with Tanks
6.00 Ancient Mysteries: Sacret Places
A look at Stonehenge.
7.00-8.00pm Biography
Jean Harlow
A profile of the actress.

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/ Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
More favourites from the archives.
3.30 Doug
Doodle the day away with the intellectually redundant Doug.
4.00
Pippi Longstocking
More mischief-making.
4.30 Rugrats
Fun with the imaginative, tousle-haired nippers.
5.00 Sister Sister
Tia, Tamera and their parents all try to cohabit.
5.30 Kenan & Kel
Adventures with the friends.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
It's Darlene and David's wedding day.
8.00 Grace Under Fire
Quentin tries therapy after an incident at school.
8.30
Caroline in the City
Starring Lea Thompson.
9.00 Cybill
Sophisticated comedy starring Cybill Shepherd.
9.30 Ellen
Ellen prepares to tell her parents that she is gay.
10.00 Frasier
Frasier's show becomes the topic of a focus group.
10.30 Cheers
Rebecca accidentally burns down the bar.
11.00 Monty Python's Flying Circus
Classic British humour.
11.30
Morwenna Banks
Sketch show.
12midnight Nurses
Comedy drama.
12.30am
It's Garry Shandling's Show
Eighties comedy set in a bachelor flat.
1.00 Frasier
Comedy with the radio psychiatrist and his family. Stars Kelsey Grammer and David Hyde Pierce.
1.30 Cheers
Classic US sitcom charting the pratfalls of skirt-chasing buffoon Sam Malone and the regulars at the bar.
2.00 Caroline in the City
Comedy starring Lea Thompson as a New York cartoonist.
2.30 Morwenna Banks
Scottish sketch show.
3.00 Roseanne
Sitcom starring Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Sophisticated comedy starring Cybill Shepherd.

DIY wizard David Petersen gets creative in 'Tool Time': Discovery Home & Leisure 2.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Mozart's Piano Concerto: K491
7.30
Inside Hollywood
8.00 James Taylor with the Boston Pops Orchestra
Celebrity concert featuring singer-songwriter James Taylor.
9.00
Opera: Don Carlo
Verdi's stirring tale of five individuals caught up in a war between politics and love, directed by Luchino Visconti, for the Royal Opera. Starring Robert Lloyd as the anguished King Philip II, and Ileana Cotrubas as his reluctant queen. Luis Lima sings the title role, while Giorgio Zancanaro plays Posa. Conducted by Bernard Haitink.
12.30-1.00am
Midnight Jazz
Featuring three talented offspring of celebrated musicians: Karen Mantler, daughter of Carla Bley, Eric Mingus, son of Charlie, and Jonathan Sanborn, son of David Sanborn.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon
American Adventurer
12.30pm Getaway
1.00 Discover Your World
1.30 African Adventures
2.00 Travel Tips
3.00 Globetrotter
Kuala Lumpur, Scandinavia
3.30-4.00pm
Around the World
Cuba and Perthshire

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 BBC Newsday 24 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 BBC World News 2.30 USA Direct 3.00 News 3.15 BBC World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.45 World Report 12.30pm Digital Jam 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 World Beat 5.00 Larry King 6.45 American Edition 7.30 World Business Today 8.30 Q&A 9.00 World News Europe 9.30 Insight 10.00 World Business 10.30 Sport 11.00 World View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Newsmaker 4.30 CBS News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal 7.35 Journal 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Plaisir 9.30 Habitat 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu 11.00 Minutes 11.05 Lumières 11.33 Journal 11.55 Le Journal 12noon La Rivière 1.30pm Les Belges 2.00 Strip Tease 3.00 Journal 3.15 Pyramide 3.45 Bus 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Temps Présent 8.00 Enjeux Le Point 9.00 Journal Télévisé de France 9.30 Au Nom de la Loi 10.00 Journal du Mondial 10.30 Un Siècle d'Écrivain 11.25 Le Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Badalte Rishte 1.30 FILM 4.00 Jaldi Jaldi 4.30 Music Challenge 5.00 Dasht 6.00 Get Baney Sangeet 6.30 Music Box 7.00 Badalte Rishte 7.30 News 8.00 Khiladi 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Khiladi 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dasht 6.00 Baaje Payal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Megam Karuthirukku 6.30 Nancy 7.00 Jaagran 7.30 Zee World 8.00 News 8.30 Buniyaad 9.00 Endrum Cinima 9.30 Health Show 10.00 Parivartan 11.00 Golden Khana Khazana 11.30 Kurukshetra 12noon FILM: Toote Khilone 3.00pm Andaz 3.30 Sailaab 4.00 Campus 4.30 Zee Top Ten 5.30 Quiz Contest 6.00 Banegi Apni Baat 6.30 Pop Busters 7.00 Hum Aapke Hai Woh 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Ikke Pe Ikka 9.30 Ghoomt Aaina 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
Coverage from Newmarket and Pontefract with Ben Newton and John Budden.

EURONEWS

News on the hour and half-hour, plus sport and financial news.

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Ashley McGuicken/ Eurospirit 6.00 The High Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 On Holy Ground 9.00 Another Day of Victory 9.30 Life in the Word 10.00 International Intelligence 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

6.30am This Week in the Lords 1.00pm Questions from the House
2.00 Europe This Week
2.30 The Commons Live
11.00-12midnight
Questions from the House

FOOD

Frances Bissell (left) plays pig in the middle with a wild boar farmer in Frances Bissell's West Country Kitchen

GO WEST!

Carlton Food Network

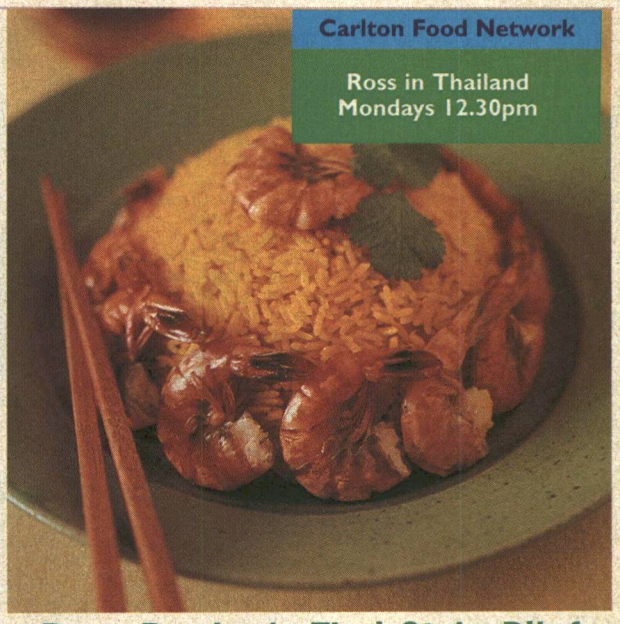
Frances Bissell's West Country Kitchen
Thursday 9th 12.30pm

FOR THOSE who think West Country food consists solely of Cornish pasties and clotted cream, a new series on Carlton Food Network will be an eye-opener. *Frances Bissell's West Country Kitchen* is a six-part series that aims to show that South West England is in fact a hotbed of exciting and diverse cuisine.

Frances Bissell is the author of *A Cook's Calendar* and is widely recognised as one of Britain's leading food and cookery writers, with a weekly column in *The Times*. Each week she'll be touring around the counties of Cornwall, Devon, Somerset and Dorset, sampling different produce from the area – during the course of her journey, she covers foods as diverse as cheese, shellfish, mutton, poultry and even wild boar!

She'll also be meeting the people responsible for providing some of the tastiest food produce in the whole country. For starters, she meets Cornish fishmonger John Strike, who gives her some red mullet, gurnard and John Dory, which she transforms into a delicious fish stew. Then it's off to Dorset to look around one of England's few goat farms, where she concocts a feast of roast kid with lavender and garlic.

At a time when factory farming has dented confidence in British food, *Frances Bissell's West Country Kitchen* proves that there are still a lot of dedicated people working to provide good quality food the old-fashioned way.



Carlton Food Network

Ross in Thailand
Mondays 12.30pm

Ross Burden's Thai Style Pilaf (serves 2)

Ingredients

150g rice
2 tspn vegetable oil
1 large onion, finely sliced
1 stick of lemon grass
2 cloves garlic, finely chopped
6 lime leaves (or freshly squeezed lime juice)
1 pint of water or chicken stock
1 tspn salt
pinch of ginger
pinch of turmeric
6 king prawn tails
coriander to garnish

Method

Gently fry the onion in the oil until caramel brown and almost melting. Meanwhile, wash the rice until the water goes clear. When the onions are well coloured but not burnt, add the garlic and ginger and cook for a further minute. Add the turmeric and toast, then add the rice. Turn over so all the grains are coated. Add the water and lime leaves and bring to the boil. Cover with a tight-fitting lid and turn to the lowest possible heat. After ten minutes, grill the prawns and reserve. After 20 minutes, the rice will be perfect and only needs to be fluffed up and the prawns neatly placed to garnish. Serve immediately.

Love Stars by Margie Thillart

Sensational ♥♥♥
Stimulating ♥♥
Satisfactory ♥

JULY BIRTHDAYS
● 3rd Tom Cruise ● 6th Sylvester Stallone
● 26th Sandra Bullock ● 30th Lisa Kudrow

Leo♥♥
24 July-23 August

CHANCE ENCOUNTERS and new feelings show what has been missing from your life. Sun in your sign from the 24th foreshadows a major turning point, with many letting go of worn-out situations or making positive changes.

Virgo♥♥♥
24 August-23 September

THINGS COME more easily to you this month and there will be less stress in your life. Around the 10th's full moon, some of you may link up with a new business associate while others reconcile with an old friend or lover.

Libra♥♥
24 September-23 October

JUST AS you cut ties with the past, someone new will enter your life. Fate plays a major part in events this month and there will be no chance encounters. Remain on the alert or you may miss some subtle signs.

Scorpio♥♥♥
24 October-22 November

LOOK FOR the good points in people this month and spend intimate moments with your partner. The planets urge you to speak from the heart and suggest you will be in perfect harmony with those you love.

Sagittarius♥♥
23 November-22 December

ALTHOUGH YOUR efforts may go unrewarded, you will be prepared to bide your time. There may be some self-centred people around you until the 24th, but after that you will be back in the spotlight once again.

Capricorn♥♥
23 December-20 January

IF YOU have been on a collision course with a loved one, expect the crunch to come near the 10th's full moon. This is a good month to get relationships back on track and pledge your loyalty to those who care.

Aquarius♥♥
21 January-19 February

YOUR EMOTIONS may be up and down, but you should avoid being melodramatic. Be prepared to play a low-key role at home or work, and bear in mind that children and the young at heart will be a great source of joy.

Pisces♥♥
20 February-20 March

JUPITER MOTIONLESS in your sign suggests plans may have to be put on hold. If you've been hoping to clinch a deal, change your living arrangements or take a trip – it may be November before things click into place.

Aries♥
21 March-20 April

RATHER THAN dispensing unwanted advice, spend more time putting your own house in order. You may have good intentions during July, but your stars say people will resent interference. Use your energy and insights wisely.

Taurus♥♥♥
21 April-21 May

THE PLANETS propel you towards change and urge you to take more risks. Some of you will plunge into a new relationship, while others experience a radical role change. Either way, expect more excitement in your life.

Gemini♥♥
22 May-21 June

MARS MAKES you bubbly the first week of July, but after that you lose your spark. Take time out to reassess life and remember to look inwardly for answers. The 24th's new moon foreshadows happier times.

Cancer♥♥
22 June-23 July

THIS MONTH'S full moon highlights problems in a relationship. Any misgivings you have peak around the 10th, but after that you feel a strong sense of renewal. The cloud that has been hanging over your life will lift soon.

Wednesday 8 July

SKY MOVIES SCREEN 1

6.00am Stagecoach
1966, rating Sky PG, 109 mins
8.00 Life Liberty and Pursuit on the Planet of Apes
1974, rating Sky PG, 91 mins
9.40 Little Shop of Horrors
Rick Moranis, Ellen Greene
1986, rating Sky PG, 90 mins
11.20 To Face Her Past
1996, rating Sky PG, 88 mins
1.00pm Stagecoach
1966, rating Sky PG, 109 mins

3.00 Almost an Angel
Paul Hogan, Elias Koteas, Linda Kozlowski, Doreen Lang
Comedy about a professional thief who wakes up in hospital after doing an uncharacteristically good deed. There, an incredible series of events leads him to believe that he has died and become an angel – leading him into all kinds of predicaments. *1990, rating Sky PG, 95 mins*

5.00 Little Shop of Horrors
Rick Moranis, Ellen Greene, Steve Martin, Vincent Gardenia, Bill Murray, Christopher Guest
Extravagant comedy musical about a giant talking plant which feeds on human blood. Rick Moranis plays the hapless nerd Seymour who discovers and ultimately must do battle with the gruesome greenery. *1986, rating Sky PG, 90 mins*

7.00 To Face Her Past
Patty Duke, Tracey Gold, David Ogden Stiers, Gabrielle Carteris
Drama about a woman whose daughter desperately needs a bone marrow transplant. When no one else proves compatible, Beth is forced to risk her estranged daughter's wrath to save the life of Lori – a daughter she can still possibly save. *1996, rating Sky PG, 88 mins*

9.00 Kingpin
Woody Harrelson, Randy Quaid, Vanessa Angel, Bill Murray
Comedy about a pair of down-on-their-luck bowlers who aim for the big time. Roy was a pro until a few years ago, when he lost his arm in a violent fracas. Ishmael is a promising amateur bowler in whom Roy spies a potential fortune. Text *1995, rating Sky 15, 109 mins*

11.00 Temptress
Chris Sarandon, Kim Delaney, Corbin Bernsen, Ben Cross
Adult thriller about a man whose girlfriend embarks on a vicious quest to make love to and then kill a string of men in an effort to destroy humanity. *1994, rating Sky 18, 89 mins*
12.35am The Nurse
1996, rating Sky 18, 90 mins
2.10 The Last Hard Men
1976, rating Sky 18, 93 mins
3.50-5.30 Star 80
1983, rating Sky 18, 99 mins

SKY MOVIES SCREEN 2

6.00am Hollywood Cavalcade
1939, rating Sky U, 93 mins
8.00 Tom, Dick and Harry
Ginger Rogers, Burgess Meredith
1941, rating Sky U, 83 mins
10.00 Merlin's Shop of Mystical Wonders
1995, rating Sky PG, 88 mins
12noon The Underworld
Kevin Pollak, Lucy Webb
1997, rating Sky PG, 89 mins
2.00pm Tom, Dick and Harry
Ginger Rogers, Burgess Meredith, Alan Marshal, Phil Silvers
Comedy about a young telephonist with three potential suitors, all of whom are lovely, but none of whom is quite right for her. *1941, rating Sky U, 83 mins*

4.00 Hollywood Cavalcade
Alice Faye, Don Ameche, J Edward Bromberg, Alan Curtis
Drama set during the early days of Hollywood in which an ambitious prop boy pretends to be a film director and signs struggling young actress Alice Faye. Together the pair begin a rapid rise to fame, reinventing the movie business in the process. *1939, rating Sky U, 93 mins*

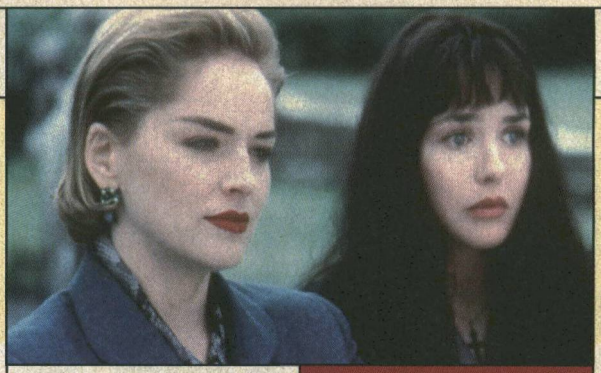
6.00 The Underworld
Kevin Pollak, Lucy Webb, Chris Sarandon, Robert Rusler
Thriller about an ex-con who tries to stay out of trouble but whose efforts are thwarted by the return of figures from his past. *1997, rating Sky PG, 89 mins*

7.30
E! News Week in Review
Popular US programme with all the latest news from Hollywood.

8.00 Rough Magic
Bridget Fonda, Russell Crowe, Jim Broadbent, Paul Rodriguez
PREMIERE Romantic fantasy about a magician's assistant who runs away from her marriage, discovers real magical skills, then falls for the detective sent after her. Meanwhile, the mysterious Doc Ansell is planning to exploit her for his own gain. *1995, rating Sky 12, 100 mins*

10.00 Species
Ben Kingsley, Michael Madsen, Alfred Molina, Forest Whitaker, Marg Helgenberger
Sci-fi thriller in which a young woman who is half-human, half-alien goes on the rampage. Text *1995, rating Sky 18, 104 mins*

11.50 Diabolique
Sharon Stone, Isabelle Adjani
Thriller about two women who decide to kill the man in their lives – with shocking results. Text *1996, rating Sky 18, 103 mins*
1.40am Under Oath
1996, rating Sky 15, 88 mins
3.15 Sharon's Secret
1995, rating Sky 15, 86 mins
4.50-6.10am The Dragon Who Wasn't (or Was He?)
Rating Sky U, 79 mins



Sharon Stone and Isabelle Adjani star in the thriller 'Diabolique': Sky Movies Screen 2 11.50pm

SKY MOVIES GOLD

4.00pm The Lady Eve
Barbara Stanwyck, Henry Fonda, Charles Coburn
Returning from the Amazon, the rich but unsophisticated Charles meets con-artist Jean and they fall in love, but a misunderstanding causes them to split on bad terms. To get back at him, Jean disguises herself as an English lady and comes back to torment him. *1941, rating Sky U, 90 mins*

6.00 UHF
'Weird Al' Yankovic, Victoria Jackson, Kevin McCarthy, Michael Richards, David Bowe
The uncle of a daydreaming good-for-nothing wins an almost bankrupt TV station in a poker-game and puts his nephew in charge of running it. Will the new job be any different from the last few jobs the layabout has had? *1989, rating Sky PG, 94 mins*

8.00 Purple Rain
Prince, Apollonia Kotero, Clarence Williams III, Morris Day
Musical drama about a young man who rises from humble origins to scale the heights of the pop ladder. The young man comes from a broken home but his talent for music and his powerful personality make him a sure-fire star. *1984, rating Sky 15, 106 mins*

10.00 Young Guns
Emilio Estevez, Kiefer Sutherland, Lou Diamond Phillips, Charlie Sheen
Western in which six young outlaws ride out to avenge the death of their mentor. *1988, rating Sky 18, 102 mins*

11.50 Alien Nation
James Caan, Mandy Patinkin, Terence Stamp, Leslie Bevis
Science fiction thriller where aliens live, not altogether harmoniously, alongside humans. *1988, rating Sky 18, 86 mins*
1.20am Gardens of Stone
James Caan, James Earl Jones
1987, rating Sky 15, 107 mins
3.15-5.05am McQ
John Wayne, Eddie Albert
1974, rating Sky 15, 106 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Get Carter
Michael Caine, Britt Ekland, Ian Hendry, John Osborne, Geraldine Moffat, George Sewell
Thriller about a London villain who sets out to avenge the death of his brother, victim of a gangland killing in Newcastle. Using ruthless methods, Jack Carter unearths a sordid conspiracy. Widescreen *1971, 112 mins*

11.00 Mad Love
Peter Lorre, Colin Clive, Frances Drake, Ted Healy
Horror about a surgeon who falls for the star of a theatre troupe but exacts a grim revenge when she rejects him. *1935, 68 mins*
12.30am Where the Spies Are
David Niven, Francoise Dorleac, John Le Mesurier, Cyril Cusack
Comic spy yarn. *1965, 108 mins*
2.45 Get Carter
Michael Caine, Britt Ekland
Hard-hitting thriller. Widescreen *1971, rating, 112 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons 8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
My Teen is Promiscuous and Violent
On today's show, parents seek help in dealing with their out of control teens.

4.00
The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show.

5.00 Star Trek: Voyager
Projections
Voyager is damaged in a Kazon attack and the majority of the crew abandon ship, leaving the doctor to sort out the mess. Text

6.00 The Nanny
The Nanny Napper
Fran is accused of kidnapping.

6.30
Married... With Children
Luck of the Bundy's

7.00 The Simpsons
Bart of Darkness Text

7.30 The Simpsons
Fear of Flying
Homer is kicked out of Moe's tavern. Text

8.00 Stargate SG-1
Singularity
The SG-1 team rescues a little girl, the sole survivor of a wiped-out planet, only to find that she is a human time bomb.

9.00 The Outer Limits
Mary
Science fiction anthology series. An inventor, desperate to save his job, uses his own family to test out a new nanny robot.

10.00 Friends
The One with all the Jealousy

10.30 Friends
The One Where Monica and Richard are Friends
Monica and Richard meet up.

11.00 Star Trek: Voyager
Projections
Voyager is damaged in a Kazon attack and the majority of the crew abandon ship, leaving the doctor to sort out the mess. Text

12midnight Nash Bridges
Key Witness
Lisa witnesses a murder, but when Nash shows up to investigate there is no evidence of a crime. Text

1.00am-7.00am Long Play
Music throught the night.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy – the Borg. Starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.30am, 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 8 July

UK GOLD

7.00am Crossroads
7.30 Neighbours 7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 Stay Lucky
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00
All Creatures Great and Small
2.00 Dallas
2.55 The Bill
Heat

3.25 The Bill
Still Waters
Conway's diving team finds a corpse in the dock.
3.55 Dangerfield
Dangerfield supervises the forensic examination of a man who, it emerges, was a Peeping Tom who videotaped a murder.
4.55 EastEnders
The latest events among the residents of Albert Square.
5.30 Wowfabgroovy
Russ Williams presents the gameshow in which celebrities battle it out in a nostalgic news and views quiz.
6.00 All Creatures Great and Small
The honour of the practice is at stake when James takes on the job of duty vet at the Darrowby Show. Stars Christopher Timothy.
7.00 Last of the Summer Wine
Here We Go Again into the Wild Blue Yonder
7.40 Waiting for God
Diana tries to sabotage a promotional video of Bayview which makes it seem like Hollywood.
8.20 Dad's Army
The Armoured Might of Lance Corporal Jones
9.00 One Foot in the Grave
The Eternal Quadrangle
Victor takes up drawing at a life class, with comic results.
9.40 FILM: Jaws
Roy Scheider, Robert Shaw, Richard Dreyfuss, Lorraine Gary
Steven Spielberg's masterpiece about a coastal community plagued by a killer shark. With the summer tourist season at hand, the mayor is keen to keep the first attack hushed up. But when an expert claims that the attacks are the work of a great white, there is only one solution – to kill the monster fish before it can feed again. *1975*
12.05am The Bill
12.35 The Bill
1.05 Paul Merton – The Series
1.35
The Comic Strip Presents...
Gino
2.10 The Equalizer
No Conscience
2.55 Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
Culinary race against the clock.
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine show featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively and heated discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion about relationships.
7.00 Rescue 911
William Shatner hosts stories of real-life rescues.
7.30 Mysteries, Magic and Miracles
Hosted by Patrick Macnee.
8.00 Adrenalin Junkies
Drama series set in Bethlehem West Emergency Ward, where staff tackle critical medical situations and specialise in the evacuation of disaster areas.
9.00 FILM: Lightning in a Bottle
Lynda Carter, Dee Wallace Stone, Martin Kove, Matt McCoy
Psychological drama about a young woman whose perfect life is turned upside down by a car crash. She tries to reconstruct events prior to the crash and her findings form a biting indictment on the destructive consequences of alcohol abuse. 1994
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest
8.00 The Fenn Street Gang
8.30 Mind Your Language
9.00 Classic Coronation Street
9.30 Emmerdale 10.00 Jason King
11.00 Hawaii Five-0
12noon Classic Coronation Street
12.30pm Emmerdale
1.00 Up the Garden Path
1.30 The Army Game
2.00 Within These Walls

3.00 Jason King
The Company I Keep
Blackmail and murder are the ingredients of the latest book by Jason King but everything he creates is happening.
4.00 Hawaii Five-O
They Painted Daisies on His Coffin
Danny is indicted for murdering an apparently unarmed teenage boy. With Jack Lord.
5.00 Hart to Hart
Long Lost Love
Jennifer's father believes that he has another daughter when a beautiful woman enters their lives, but Jonathan is suspicious.
6.00 Emmerdale
6.30
Classic Coronation Street
Albert pays his respects to his old friend Monty by laying a wreath on the cenotaph.
7.00 Doctor at Large
Mr Moon
Michael goes to work as a doctor at a health farm.
7.30 Doctor on the Go
California Girl
8.00
Dempsey & Makepeace
Cry God for Harry
A collection of priceless antique jade is stolen during the night from Harriet's father.
9.00 The Professionals
Black Out
Another assignment for CI5
10.00 The Comedians
10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm
Noddy's Electric Ladyland
Eccentric pop quiz, presented by Noddy Holder. Live music is provided by Pete's Pop Band.
11.30 V.P.L.
12midnight
Foo Foo's Party Night
12.30am Studs
12.50 Lord Lust's Lovelies
1.00 E! Gossip
1.30am
E! Mysteries and Scandals
William Randolph Hearst.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Lamb Chops Play-Along
6.30 Jungle Cubs 7.00 Football Fever
8.30 Timon and Pumbaa 9.00 Aladdin
9.30 Quack Pack 10.00 Mouse and Mole 10.05 Amazing Animals
10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle
12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories12.50 Bear in the Big Blue House 1.20 Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop
2.30 Jungle Cubs

3.00 Timon and Pumbaa
Fun with the two crazy characters from *The Lion King.*
3.30
Brand Spanking New Doug
Oh, Baby Text
4.00 Pepper Ann
Pepper Ann tries to cope with the perils and pitfalls of teenage life. Text
4:30. Recess
From the makers of *Rugrats.* Text
5.00 Smart Guy
The adventures of TJ, the ten-year-old smart guy, who really ought to be in a special school but his father cannot afford it. Text
6.00 Teen Angel
I Love Nitzke
Marty discovers that being an angel doesn't make him Cupid.
6:30. Boy Meets World
The Grass is Always Greener Text
7.00 FILM: Little Ghost
Kristina Wayborn, James Fitzpatrick, Sally Kirkland
Kevin seems to have everything a boy could want. But his film-star mother has no time for the lonely boy. So when he meets a ghost in an Italian castle he's delighted to have a friend and they have fun plotting pranks. *1996*
8.30 The Wonder Years
Daddy's Little Girl Text
9.00-10.00pm
Touched by an Angel
Monica is a modern angel who inspires people facing adversity to change their lives before it's too late. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily
9.30 Food for Thought
10.00 Feasts of the World
10.30 A Taste of Africa
11.00 Graham Kerr's Kitchen
11.30 Coxon's Kitchen College
12noon Food Network Daily
12.30pm A Year at Ballymaloe
1.00 Food for Thought
1.30 From the Ground Up
2.00 Travels à la Carte 2.30 Food Network Daily 3.00 Vin Ordinaire
3.30 Coxon's Kitchen College
4.00 New Chefs on the Block
4.30-5.00pm Red Hot 'n' Smokin'
Fillet of bison steak in red wine.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz played by secondary school students.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 Byker Grove
Jemma goes on a blind date, and Gary has a close encounter of the hairy kind.
6.30 My Two Wives
Sue You Later
7.00 Cut and Run
Comedy charting the progress of Reels on Wheels, an inept video production company.
7.30 Desmond's
Can't Buy Me Love
8.00 Switch On
Presented by Katie Razzall.
8.30 Goodnight Sweetheart
The Yanks Are Coming
Gary's shopping trip is interrupted by an outbreak of racial tension.
9.00 The Orchid House
Natalie
Natalie, the belle of the Trinidadian society, arrives with practical ideas to save the family from ruin.
10.00
The Darling Buds of May
A Season of Heavenly Gifts
Marcus wants to thwart Charley's plans of buying the hop garden.
11.00 Tales of Sherwood Forest
12midnight Just a Gigolo
12.30-1.00am The Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

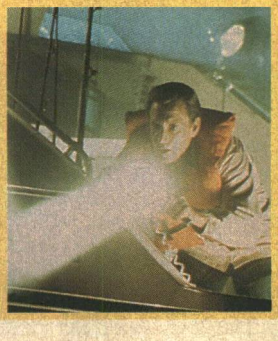
FILM

Rough Magic
Sky Movies Screen 2 8.00pm
Myra (Bridget Fonda) is a magician's assistant who has just fled from her husband. He dispatches a private eye (Russell Crowe) to find her. The search doesn't take long, but the two strangers fall unexpectedly in love. Then Myra discovers she has real magical powers ...

GENERAL

Animal X
Discovery Channel 8.00pm
Investigations are underway in the USA into a mysterious entity that preys on cattle. The hunt continues in Australia for the most notorious predators on earth and from Ireland comes one of the most terrifying and best authenticated tales of a ghostly animal. Find out more here.

ADVERTISEMENT



JAWS
9.40PM
UK GOLD

Classic suspense thriller about the search for the killer Great White shark that has been terrorising the beaches of the Californian coast. Starring Roy Scheider, Robert Shaw and Richard Dreyfuss, and directed by Steven Spielberg.

Wednesday 8 July

	EUROSPORT	SKY SPORTS 1	SKY SPORTS 2	SKY SPORTS 3	TROUBLE	SCI-FI
6.00 AM MORNING	**7.00am World Cup Premiere** **7.30 World Cup Premiere** **8.00 World Cup** First semi-final action. **10.00 Tennis – LIVE** Coverage of the third day of the ATP Tournament in Gstaad, Switzerland. **2.00pm Equestrianism** Coverage of the 15th leg of the Samsung Nations Cup from Modena, Italy.	**7.00am Sky Sports Centre 7.15 World Wrestling Federation – Live Wire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 European Tour Weekly 10.00 Pool: Embassy World 8 Ball Championships – Men's Quarter-Final 12noon Aerobics Oz Style 12.30pm Rugby League Academy 1.30 The Pavilion End 2.30 Equestrianism: Spruce Meadows – Smirnoff Cup** Equestrian action from Spruce Meadows in Canada, where Damien Gardiner returns to defend his title. **3.30 Golf: MasterCard Challenge** Another opportunity to see golf action from the Prince's Course in Kent, where the latest stage of the MasterCard Challenge takes place.	**7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Fish TV: The Ultimate Fishing Show 9.30 Fish TV: Fly Fishing 10.00 The Pavilion End 11.00 Golf: MasterCard Challenge 12.30pm Golf Extra** All the major players and tournaments are featured on golf's essential and most comprehensive roundup. **3.30 Dr Martens Premier League Snooker: Hendry v Higgins** Stephen Hendry takes on new world champion and fierce rival John Higgins in this latest clash from Northamptonshire.	**12noon World Wrestling Federation – Shotgun 1.00pm Fish TV: Tony Dean Outdoors 1.30 Fish TV: Gone Fishing** With Mike Sakamoto. **2.00 Superbouts: Duran v Barkley** Relive classic action from the memorable 1989 bout between Roberto Duran and Iran Barkley.	**12noon Sweat 12.30pm Heartbreak High** Hard-hitting drama series. **1.30 Echo Point** Teenage soap. **2.00 Hollyoaks** Starring Jeremy Edwards and Shebah Ronay. **2.30 It's in the Jeans** *Wildlife Park* Teenagers go on blind dates. **2.45 On the Make** Makeover show.	**7.30am Bloomberg Television 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers in the 25th Century 10.00 The Tomorrow People** *War of the Empires* **10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man**
3.00 PM	**3.00 World Cup in Marseille** Coverage of yesterday's semi-final.			**3.00 The Entertainers: Cole and Beardsley** **3.30 Watersports World** An insight into a number of watersports, including sailing, jetskiing and scuba diving. **4.30 Major League Baseball** Coverage of the number one sport in the US, with playing advice, chats with the stars and full coverage from the Major League game of the week.	**3.00 Sweat** Teenage drama series with Martin Henderson. **3.30 Ready or Not** *Let Me Make* *My Own Mistakes*	**3.00 Quantum Leap** *Star-Crossed* Sam assumes the life of an English professor who is involved with an amorous student.
4.00 PM					**4.00 Fresh Prince of Bel Air** Starring Will Smith. **4.30 Saved by the Bell: The College Years**	**4.00 Space Precinct** *Time to Kill* Castle and Took get more than they bargained for when they raid a counterfeiting ring.
5.00 PM	**5.00 Motorsports** Coverage of the NHRA Winston Drag Racing, the Indy Lights Championship and the Ferrari-Porsche competition.	**5.00 World Wrestling Federation – Shotgun** Kevin Kelly and Michael Cole introduce coverage of bouts from arenas throughout North America.	**5.30 Watersports World** From waterskiing to windsurfing and the all-new revolutionary wake-boarding, this is the ultimate guide to watersports.		**5.00 Hollyoaks** Chester-based soap starring Jeremy Edwards. **5.30 California Dreams** *Graduation*	**5.00 Amazing Stories** *The Pumpkin Competition* Starring Polly Holliday. **5.30 Mysteries, Magic and Miracles** Hosted by Patrick Macnee.
6.00 PM	**6.00 Bowling** Coverage of the women's competition of the Golden Bowling Ball Tour in Dresden, Germany.	**6.00 Sky Sports Centre** Sports news. **6.30 Dr Martens Premier League Snooker: Hendry v Higgins** Stephen Hendry takes on new world champion and fierce rival, John Higgins, in this latest clash from Northamptonshire.	**6.30 The Winning Post: Worcester and Kempton – LIVE** Jeff Stelling presents horse-racing action from Worcester and Kempton. The Worcester races are at 6.50, 7.20, 7.50 and 8.20, while the Kempton races are at 6.35, 7.05, 7.35 and 8.05.	**6.30 V-Max** Explosive sports action.	**6.00 Hang Time** *The War of the Rose* **6.30 Blast** The chart show. **7.00 USA High** **7.30-8.00pm Fresh Prince of Bel Air**	**6.00 Sightings** Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 PM	**7.00 Darts** Coverage of the German Open from Dortmund, which was held on 14 June.		**8.30 Pool: Embassy World 8 Ball Championships – Men's Quarter-Final** Coverage of the third men's quarter-final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool, where some of the sport's young stars are competing against newly crowned world snooker champion John Higgins.	**7.00 Fish TV: Fishing Tales** With Mike Sakamoto. **7.30 Fish TV: Americana Outdoors** Hosted by David West.	**BRAVO**	**7.00 Buck Rogers in the 25th Century** *Space Rockers* Buck tackles the sinister manager of a rock group. Starring Gil Gerard.
8.00 PM	**8.00 Boxing** Coverage of another bout of boxing.	**8.30 Cricket: NatWest Trophy** The pick of the action from the second round of the NatWest Trophy. Two more teams meet in one of county cricket's two knock-out competitions, with the final held at the home of cricket, Lord's.	**10.30 Golf Extra** All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive roundup.	**8.00 World of Super League with Eddie and Stevo** Sky's established partnership of Eddie Hemmings and Mike Stephenson provide expert analysis of the latest news and views from the JJB Sports Super League. This is the essential show for all Super League supporters.	**8.00pm The A-Team** *The Bells of St Mary's* The team is caught between a greedy record company and a top singing group. With Mr T.	**8.00 Quantum Leap** *The Leap Home – Part II* Time traveller Dr Sam Beckett finds himself in another incarnation. Starring Scott Bakula.
9.00 PM	**9.00 Sumo** Coverage of the third part of the Grand Sumo Tournament (Basho) from Tokyo.			**10.00 Greatest Moments of Sport** Classic moments from a variety of sports.	**9.00 Real Stories of the Highway Patrol** Real-life drama with US police officers. **9.30 Cops** Police documentary series.	**9.00 PSI Factor – Chronicles of the Paranormal** *Creeping Darkness/ The Power* Starring Paul Miller.
10.00 PM	**10.00 World Cup** Coverage of the second semi-final of the World Cup in Saint-Denis.	**10.00 World Cup Phone-In** Fans air their views on the latest developments. **10.45 Sky Sports Centre**		**10.30-11.30pm Dickie Davies's Sporting Heroes: Sir Tom Finney** An in-depth interview with England football legend Sir Tom Finney.	**10.00 Italian Stripping Housewives** Novelty strip show. **10.30 World Cup Undercover** Football fan feature.	**10.00 FILM: Dead Fire** *Matt Frewer, Monika Schnarre, C Thomas Howell, Colin Cunningham* **PREMIERE** Sci-fi thriller. A space station which orbits Earth, regenerating the radiation-poisoned atmosphere, is affected by the mutinous intentions of a crew member. *1997*
11.00 PM		**11.00 Dr Martens Premier League Snooker: Hendry v Higgins** Stephen Hendry takes on new world champion John Higgins in this latest clash from Northamptonshire.			**11.00 FILM: Let's Get Laid!** *Fiona Richmond, Robin Askwith, Graham Stark* Comedy set in post-World War II London. *1977*	
12.00 NIGHT TIME	**12midnight-12.30am World Cup Journal** Highlights of the day's play.	**1.00am Sky Sports Centre 1.15 World of Super League with Eddie and Stevo 3.15 World Cup Phone-In 4.00-4.15am Sky Sports Centre**	**1.30am-2.00am European Tour Weekly** The weekly summary of all the most important events to hit the European Tour over the past week.		**1.00am Beverly Hills Bordello 1.30 Italian Stripping Housewives 2.00 Real Stories of the Highway Patrol 2.30 FILM: Rocky** *1976* **4.45 The Cutter 5.00-6.00am The A-Team**	**12midnight Sightings Special 1.00am Battlestar Galactica** *War of the Gods – Part I* **2.00 Friday the 13th 3.00 Tales of the Unexpected 3.30-4.00am Dark Shadows**

CABLE CHOICE

SPORT

World Cup Semi-Final
Eurosport 10.00pm

The winners tonight go on to play in a final watched by billions. The losers turn out in a 3rd/4th place play-off, and no one wants that anti-climax. So it's death or glory tonight in the second semi-final and this is the one England are scheduled to appear in. If Glenn Hoddle's boys have made it this far, then the whole country will be both amazed and bedazzled at the spectacle. If Scotland have made it, then there is a God and he's wearing tartan. Either way, a semi-final spot is success for any country – let's hope we're celebrating!

TELEVISION X

12midnight The Ten Minute Free View 12.10am Adult Feature 12.20 Fantasy ...-O-Calls 1.00 The Five Minute Free View 1.05 Programme continues 1.30 FILM: Satyr
Erotic campus action. *1997*
2.40 FILM: ... 2 – Grudge Day 3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day 12.10am FILM: Cirque de Sex 3
Marylin Star, Christina Angel
1.25 Members Only Series
Magazine programme hosted by Linzi Drew.
1.40 Nude Wives – ... Fever
Erotic special.
2.40-4.00am FILM: Forbidden Cravings
Jill Kelly, Christy Lake
Erotic feature film. *1996*

HVC

CABLE EXCLUSIVE

8.00pm FILM: Only a Buck
Charlie Schmidt, Sally Riddle
Comedy. A photographer turns filmmaker. *1987*
9.30 Sure Thing 10.00 FILM: Trip with the Teacher
Zalman King, Brenda Fogerty
Hostage drama. *1973*
11.30-12midnight Hollywood Biker Chicks

Wednesday 8 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate 10.00 Lie Detector 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls receive much needed advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest update from the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
Another case for the people's judge.
9.00
The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another sensual offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 Sex Show
2.30 Exotica 3.30 Serial Killers 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.

7.00 Prize Time
7.15 Fifteen to One
Hosted by William G Stewart.
7.45 Prize Time
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the gameshow with the chance to win big prizes.
9.45 Prize Time
10.00 3-2-1
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided if the contestants are to win a big prize.
11.00 Prize Time
11.15
Through the Keyhole
With David Frost and Loyd Grossman.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am Inside Hollywood
11.30 Cinema, Cinema, Cinema 12.30pm The A to Z of Food 1.30 London School Choirs 2.30 The Album Show
Classic tracks.
3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
4.30
American Chart Show
The latest chart from across the pond.
5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
6.30
The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
8.30
The Catwalk Show
The latest designs from the top fashion houses.
9.30 Cybernet
The latest from the information superhighway.
10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am
Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm European Top 20
The top 20 tracks from across the continent.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 MTV Live
6.30 So 90s
The greatest hits of the decade with Armstrong and Miller.
7.00 Hit List UK
The UK chart hosted by Cat Deeley.
8.00 Hot
News, videos and gossip with Richard Blackwood.
9.00 Up for It
Another spectacular helping of merriment fun with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Yo!
The latest rap and hip hop videos.
12midnight
Beavis and Butt-head
12.30am
Banned at Bedtime
Special night time viewing of uncut videos.
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Reel World
12.30pm On the Horizon
1.00 On the Loose in Wildest Africa
1.30 North of Naples, South of Rome
Cultural Arpino and Pecorino at Dann
2.00 On Tour
2.30 The Great Escape
3.00 Innocent Abroad
Venice and the Orient Express
3.30 Oceania
Western Samoa, Bali, Manila and the Marquesas
4.00 Whicker's World
Thai Sports – Gamesmanship in Thailand
With Alan Whicker.
4.30 Floyd on Oz
Victoria
5.00 On the Loose in Wildest Africa
Ranger Training at Umkhombe Camp
5.30 Worldwide Guide
Reunion
6.00 North of Naples, South of Rome
Cultural Arpino and Pecorino at Dann
6.30 On Tour
La Palma and La Gomera
7.00 Reel World
Nepal
7.30 On the Horizon
Indonesia and Java
A trip to the tea fields of Puncak Pass.
8.00 Go Greece
Peloponnese – Ancient Greece
8.30 The Flavours of France
Auxerre
9.00 Transasia
Pakistan
Travelling through Pakistan to show how this society is changing with modern times.
10.00
The Great Escape
Jamnagar
10.30 Floyd on Oz
Victoria
Presented by Keith Floyd.
11.00
Worldwide Guide
11.30-12midnight
Oceania
Western Samoa, Bali, Manila and the Marquesas

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 Style Wars 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Model 12.00 The View 1.00pm The Good Housekeeping Show 1.30 Style Wars 2.00 thirtysomething
3.00 Livetime
Lifestyle magazine show covering all aspects of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
Mom Forced Me to Give Up My Baby
American talk show dealing with controversy.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

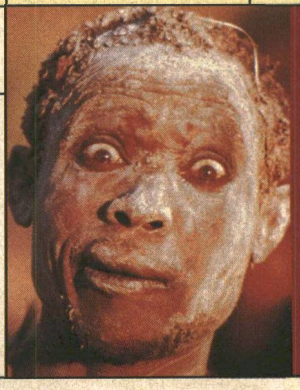
7.00pm Colony Z
A look at the yellow-eyed penguins of New Zealand's Otago Peninsula.
7.30
Combat Cameramen
8.00 Zebras: Patterns in the Grass
These strange striped horses run the gauntlet of death during their 300-mile African migration.
9.00
The Monkey Player
The story of a 60-year-old Hindu, and his monkeys.
9.30
The Nuba of Sudan
10.00 Treasure Hunt: Search for the Battleship Bismarck
The search for the *Bismarck*, designed to sink the pride of Britain, *The Hood.*
11.00 Wanted Alive
Discover how conservationists are dealing with endangered wildlife in New Zealand.
11.30 The Mangroves
12midnight-1.00am
Love Those Trains
Haunting old photographs and archival film footage stir the memory of the not-so-distant past, when steam trains nourished the spirit of adventure.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Coping with the pressures and responsibilities of life as a 'thirtysomething': Granada Breeze 10.00am, 2.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Omar 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 The VH1 Classic Chart 11.00 VH1 Country 12midnight The Nightfly 1.00am Soul Vibration 2.00-7.00am VH1 Late Shift



'The Nuba of Sudan' examines the people of the war-torn Nuba Mountain region, who are resisting the government's drive to outlaw their traditional customs: National Geographic Channel 9.30pm

Wednesday 8 July

MORNING

DISCOVERY HOME & LEISURE

6.00 AM
9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout 1.30 Furniture to Go 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

3.00 PM
DISCOVERY

4.00 PM
4.00pm Rex Hunt's Fishing Adventures II
Fishing down under.
4.30 Top Marques
Panard
Motoring magazine.

5.00 PM
5.00 First Flights
Every Day a Better Design
5.30 History's Turning Points
Napoleon Invades Russia
A new empire is born.

6.00 PM
6.00 Animal Doctor
Following animal doctors from the RSPCA.
6.30 The Giraffe of Etosha
NEW Africa's natural wildlife arena is home to a true giant of the savannah.

7.00 PM
7.30 Arthur C Clarke's Mysterious Universe
Relics of the Saints

8.00 PM
8.00 Animal X
Looking for a mysterious entity that preys on cattle.
8.30 Arthur C Clarke's Mysterious Universe

9.00 PM
9.00 Ultimate Guide
Whales
The latest scientific research that is uncovering the secrets of these leviathans.

10.00 PM
10.00 Crocodile Hunter
Return to the Wild
Steve Irwin looks for an injured rogue crocodile which is terrifying the locals.

11.00 PM
11.00 Professionals
Deadman's Curve
The Kimberley – a remote corner of the Australian outback which is home to the country's cowboys.

12.00
12midnight First Flights
Every Day a Better Design
12.30am Top Marques
Panard
1.00-2.00am Bear Attack
Bear Necessities
Looking at bear attacks in North America.

NIGHT TIME

SKY SOAP

11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
A water shortage threatens Beckindale.

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Roundabout 7.00 Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter's Lab 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Roundabout 10.15 Thomas 10.30 Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
More canine crime solving with the doggy detective and his nephew.
3.30 Taz-Mania
4.00 Beetlejuice
More madcap fun.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More adventures with the superhero with the superego.
5.30 Cow and Chicken
6.00 La Toon 98
Toon in for a cartoon spin on the France 98 World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.
8.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
8.30-9.00pm The Flintstones
Prehistoric cartoon.

THE HISTORY CHANNEL

4.00pm Battleline: Pearl Harbour
400 Japanese aircraft attacked on 7 December 1941.
4.30 Men in Crisis: Nautilus v the Artic
The mission of the *Nautilus*.
5.00 No Price Too High: Folly
6.00 Ancient Mysteries: The Lost Legions of Rome
7.00-8.00pm Biography
Rasputin

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/ Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
More children's classics from the BBC archives.

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Domestic harmony.
5.30 Kenan & Kel
The adventures of two funky friends.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister, Sister
7.30 Roseanne
Dan recovers from his minor heart attack.
8.00 Grace Under Fire
Grace's boyfriend tells her that he wants to have children.
8.30 Caroline in the City
9.00 Cybill
Stars Cybill Shepherd.
9.30 Ellen
Ellen and the bookstore gang continue to adjust to her new self.
10.00 Frasier
An old flame visits Daphne.
10.30 Cheers
Sam loses the regulars to a popular theme bar at the Cheers grand re-opening.
11.00 Monty Python's Flying Circus
Humour for any fan of comedy.
11.30 Barry Welsh is Coming
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
2.30 Barry Welsh is Coming
Comedian John Sparkes spoofs the chat show formula when he stars as Barry Welsh, the host who asks the daftest questions of his guests.
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Comedy about a struggling actress and twice-divorced mother of two.

A classical treat in 'The Wednesday Concert' when Nigel Kennedy Plays The Four Seasons': Performance 7.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Wednesday Concert
Nigel Kennedy plays an award-winning performance of *The Four Seasons*.
8.30 Artsweek Interviews
With choreographer Matthew Bourne and actor Simon Callow.
9.00 Arts Council Showcase
An innovative dance film by the London Contemporary Dance Theatre.
10.00 Ravel Double Bill
L'Enfant et les Sortilèges
The Glyndebourne Festival bring to life Ravel's opera for children.
11.00 Ravel Double Bill
L'Heure espagnole
Sendak's spectacular set houses Ravel's charming operatic comedy.
12midnight-1.00am Midnight Blues: James Cotton
One of the kings of the harmonica and blues guitar plays a selection of favourites.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon American Adventurer
12.30pm Getaway
1.00 Discover Your World
1.30 Walker's World
2.00 Travel Tips
3.00 Globetrotter
3.30-4.00pm Way of Life
A Week in the Life of a Russian Student

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 24 7.00 News 8.00 News 9.00 News 24 10.00 News 24 11.00 News 12noon News 1.00pm News 24 2.00 News 24 3.00 News 4.00 Newsday 5.00 Newsday 24 6.00 Newsday 24 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 24 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 8.30 Showbiz Today 9.00 Larry King 11.30 American 11.45 Report 12noon News 12.30pm Health 1.30 Business 2.30 Newsroom 4.30 Style 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.00 Europe 9.30 Insight 10.00 Business 11.00 View 12midnight News 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.00 News Americas 3.30 Showbiz 4.15 Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News 10.30 ABC Nightline 11.00 News 11.30 News 12noon News Today 2.30pm PMQS 4.00 News 4.30 News 5.00 Live at Five 7.30 Sportsline 8.00 News 8.30 Business Report 9.00 News 9.30 World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12midnight News 12.30am CBS News 1.00 News 1.30 ABC News 2.00 News 2.30 Business 3.30 Reuters Reports 4.00 News 4.30 CBS News 5.00 News 5.30-6.00am ABC News

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Journal 7.05 Journal 7.30 Journal 7.35 Journal 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Alice 9.30 Rêves en Afrique 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Journal 12noon Débat de Société 2.00pm Diva 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre 6.30 Journal 7.00 Savoir Plus 8.00 Strip Tease 9.00 Journal 9.30 Envoyé Spécial 10.00 Journal 10.30 C'est l'Homme que J'ai Tué 11.55-12midnight Journal

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Cine Express 12.30pm Irvail Oru Pagul 1.00 Subah 1.30 FILM 4.00 Turning Point 4.30 Take 2 5.00 Dooriyan 6.00 Community Focus 6.30 Asianet Aur Aap 7.00 Subah 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Shanti 12.30am Asianet Aur Aap 1.00 FILM 4.00 Hello Bombay 4.30 Subah 5.00 Music 5.30 Vinod Khanna Starsearch 6.00 Turning Point 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Prethibir Sesh Station 6.30 Kajager Bao 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 News 8.30 Buniyaad 9.00 Manabi 9.30 Out & About 10.00 Tara 11.00 Low Cal 11.30 Kurukshetra 12noon FILM: Jhootey Raess 3.00pm Hum Aapke Hain Woh 3.30 Daraar 4.00 Campus 4.30 Liberty 5.00 Chalo 5.30 Mr Mintoo 6.00 Banegi Apni Baat 6.30 Hits 7.00 Yehi Hai Zindagi 7.30 Baat Ban Jaye 8.00 News 8.30 Dastaan 9.00 Sahab Bahadur 10.00 Ikke Pe Ikka 10.30 Amaanat 11.00-12midnight Purush Kshetra

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Folkestone and Newmarket with John Hanmer and Ian Bartlett.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Ray McCauley 5.30 7 a Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Another Day of Victory 9.00 Let the Fire Burn/Revival Now 9.30 Life in the Word 10.00 Today with Marilyn/Iverna Tompkins 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons Live 2.00pm Europe This Week 2.30 The Commons Live 11.00-12midnight Questions from the House

WIN

a £500 portrait and makeover

at COVER SHOTS™ International

Have you always wanted to see how good you can look?

This is your chance to show yourself (and the world!) that you too can look as glamorous as any top model.

Enter our fabulous Prize Draw and you could experience the thrill of a photographic shoot, and be transformed by the professional makeup/styling artists and photographers at Cover Shots International, Europe's leading portrait studio.

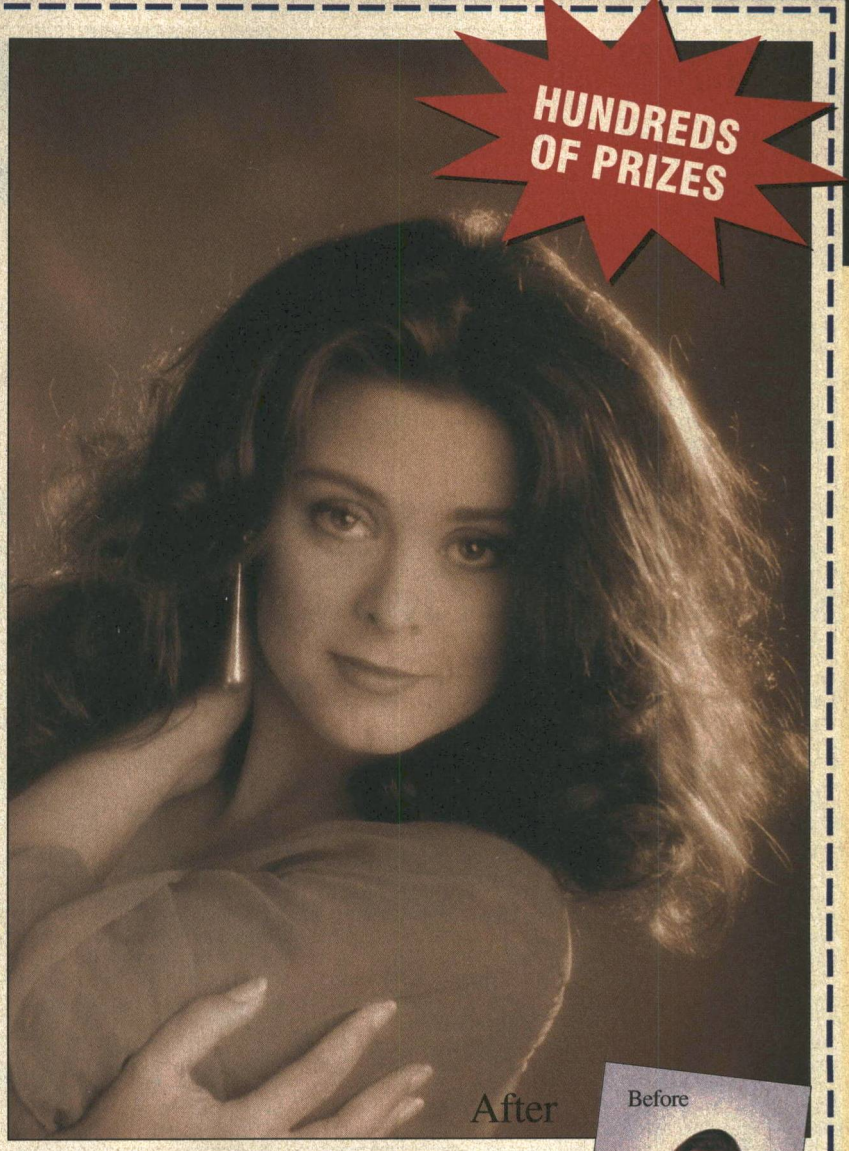
HUNDREDS OF PRIZES!

- First prize is a free session and a framed portrait - value £500.
- Hundreds of runners up prizes of a free session involving more than two hours of photographic makeover, hairstyling, photoshoot and same day viewing of your pictures (photographs not included) - value £150.

If you have always hated having your photograph taken, a Cover Shots session is a revelation. Let them create the looks you've always dreamed of. The photographs are stunning and you may well want to purchase enlargements however there is no obligation to do so. Simply complete the coupon and you could be a winner. Good Luck!

This Prize Draw has been organised exclusively by Cover Shots International Ltd. Please address any queries regarding your entry to:-

Customer Care, Prize Draw Dept, Cover Shots Int'l Ltd, 30-32 Mortimer Street London W1 8PP



STEP BY STEP TRANSFORMATION

Makeover

Photoshoot

The Result!

TO ENTER this fabulous prize draw just answer the questions (for research purposes only) and post to:

Prize Draw Dept, Cover Shots International, 30-32 Mortimer Street, London W1N 8PP.

Yes! I would like to see how good I can look...

Which film starred Julia Roberts?

A ☐ Fatal Attraction B ☐ Grease
C ☐ Pretty Woman D ☐ The Piano

If you are lucky enough to win a prize, what is the best hour of the day to call you?

N ☐ Before noon R ☐ 6pm - 7.30pm
P ☐ 12 noon - 3pm S ☐ after 7.30pm
Q ☐ 3pm - 6pm

Age:

T ☐ Under 18 X ☐ 41 - 50
V ☐ 18 - 30 Y ☐ over 50
W ☐ 31 - 40

Surname Mrs/Miss/Ms/Mr

First Name

Address

Postcode

Tel (Day) Ext

Tel (Eve)

Tick the box if you don't want any promotional material sent to you ☐

CCAB7

Prize Draw Rules and Conditions: 1 .No purchase is necessary to enter the Monthly Prize Draw. 2. The first entry picked on the closing date will win a session, makeover and wall portrait. 3. The judges decision is final. 4. The winners will be notified by post or by telephone. 5. The winner's name will be available from the last day of each month by writing to Cover Shots International, 30-32 Mortimer Street, London W1N 8PP 6. There will be no alternative prizes. 7. Closing date for entries is the last day of each month. 8. Employees of Cover Shots International, their affiliated companies, marketing and promotional agents are unable to enter this draw. 9. Entries will go into the prize draw for the month in which they are received. 10. Runners up prizes are for a free session only. Photographs are not included.

Thursday 9 July

SKY MOVIES SCREEN 1

MORNING

6.00am Boy in the Bush Part II
1983, rating Sky PG, 102 mins
8.00 Farewell to the Planet of the Apes
1974, rating Sky PG, 90 mins
9.40 My Ghost Dog
1997, rating Sky U, 87 mins
11.20 Race the Sun
Text *1996, rating Sky PG, 96 mins*
1.00pm
The Boy in the Bush Part II
1983, rating Sky PG, 102 mins

3.00 Sahara
Brooke Shields, Horst Buchholz, Lambert Wilson, John Rhys-Davies, Ronald Lacey
Adventure set in America during the Twenties, about the daughter of a racing driver who disguises herself as a man to compete in a race across the desert, before being kidnapped by a handsome sheik. *1983, rating Sky PG, 102 mins*

5.00 My Ghost Dog
Russ Tamblyn, John Phillip Law, Sharon Alsina, TL Brooke
Family drama about a boy's dog which returns from beyond the grave to help him and his father thwart the evil plans of the boy's wicked aunt, who is intent on getting her hands on the whole of the little one's inheritance, no matter what the cost. *1997, rating Sky U, 87 mins*

7.00 Race the Sun
Halle Berry, James Belushi, Bill Hunter, Kevin Tighe
Fact-based drama about a group of drop-out Hawaiian students who find hope and inspiration in their fresh-faced new teacher. The kids all come from low income backgrounds and have never been taught to believe in themselves – until now that is. *1996, rating Sky PG, 96 mins*

9.00 Contagious
Lindsay Wagner, Elizabeth Peña, Tom Wopat, Ken Pogue, Brendan Fletcher
PREMIERE Thriller about an epidemic specialist who diagnoses a deadly outbreak of cholera – one which may affect even her own husband, after a drug smuggler's autopsy reveals that he died from cholera. *1997, rating Sky 15, 87 mins*

11.00 Showgirls
Elizabeth Berkley, Kyle MacLachlan, Gina Gershon
Drama about a woman who hits Las Vegas in the hope of becoming a star. Last Play
1995, rating Sky 18, 126 mins

NIGHT TIME

1.10am Maximum Security
Paul Michael Robinson, John Lazar
1996, rating Sky 18, 84 mins
2.40 Party Camp
Andrew Ross, Kerry Brennan
1986, rating Sky 15, 93 mins
4.20-6.00am Night of the Grizzly
1966, rating Sky PG, 97 mins

SKY MOVIES SCREEN 2

6.10am Cornered
1945, rating Sky PG, 98 mins
8.00 The Foxes of Harrow
Maureen O'Hara, Rex Harrison
1947, rating Sky PG, 113 mins
10.00 Seduction in a Small Town
Melissa Gilbert, Dennis Weaver
1996, rating Sky PG, 88 mins
12noon August
Anthony Hopkins, Kate Burton
1995, rating Sky PG, 89 mins
2.00pm Cornered
Dick Powell, Walter Slezak, Nina Vale, Micheline Cheirel, Morris Carnovsky, Luther Adler
Adventure movie in which a World War II pilot sets out for Argentina to find the killer of his wife. *1945, rating Sky PG, 98 mins*

4.00 The Foxes of Harrow
Maureen O'Hara, Rex Harrison, Richard Haydn, Victor McLaglen, Vanessa Brown
Period drama about an illegitimate, roguish Irish gambler who buys his way into society in 1820s New Orleans. Residing in a mansion won in a card game, he proceeds to court a beautiful Southern belle. *1947, rating Sky PG, 113 mins*

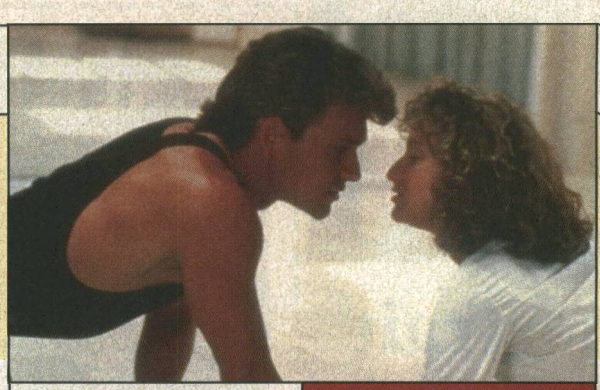
6.00 August
Anthony Hopkins, Kate Burton, Leslie Phillips, Gawn Grainger
Drama about an alcoholic who realises that life may well have passed him by. The man is visited by a professor and his wife, with some startling news. *1995, rating Sky PG, 89 mins*

7.40 US Top Ten
The most popular 10 films currently on release in America.

8.00 The Cherokee Kid
Sinbad, James Coburn, Gregory Hines, Burt Reynolds
Comedy about a fast-talking aspiring cowboy who seeks revenge against a murderous railroad baron. But the man has a problem: he is unable to ride and shoot, and he is just as hopeless with women. However, help is at hand. *1996, rating Sky 12, 89 mins*

10.00
The Crow: City of Angels
Vincent Perez, Mia Kirshner, Richard Brooks, Iggy Pop
Gothic horror sequel following a young man combating the forces of evil surrounding the Day of the Dead celebrations. *1996, rating Sky 18, 91 mins*

11.35 Animal Instincts – The Seductress
Wendy Schumacher
Erotic drama. *1995, rating Sky 18, 90 mins*
1.10am The Protector
1997, rating Sky 18, 89 mins
2.45 The Masque of the Red Death
1989, rating Sky 18, 89 mins
4.20-5.40am Willy Fog – Journey to the Centre of the Earth
1995, rating Sky U, 75 mins



Patrick Swayze and Jennifer Grey star in 'Dirty Dancing': Sky Movies Gold 8.15pm

SKY MOVIES GOLD

4.00pm
The Battle of the Bulge
Henry Fonda, Robert Ryan, Pier Angeli, Robert Shaw, Robert Ryan, Telly Savalas, Dana Andrews, George Montgomery, Ty Hardin, Pier Angeli, Charles Bronson
Star-studded account of the 1944 battle in the Ardennes, which was to become one of the most dramatic events in World War II. *1965, rating Sky PG, 142 mins*

6.30 Made in Heaven
Timothy Hutton, Kelly McGillis, Maureen Stapleton, Ann Wedgeworth, James Gammon
A charming romance about a young man in the late Fifties who dies trying to save a family from a sinking car. In heaven he meets a beautiful young woman, a new soul who is waiting to be born, and the two fall in love. *1987, rating Sky PG, 98 mins*

8.15 Dirty Dancing
Patrick Swayze, Jennifer Grey, Cynthia Rhodes, Jerry Orbach, Jack Weston
Romantic drama about a naïve 17-year-old girl, vacationing at a Catskills resort with her parents, who becomes infatuated with the camp's dance instructor. *1987, rating Sky 15, 96 mins*

10.00 Coming to America
Eddie Murphy, Arsenio Hall, James Earl Jones, John Amos, Madge Sinclair
Blockbusting culture-shock comedy about a pampered African prince who escapes to America to find the girl of his dreams. *1988, rating Sky 15, 112 mins*

11.55 Say Anything
John Cusack, Ione Skye
Romantic comedy. *1989, rating Sky 15, 96 mins*

1.35am
Les Patterson Saves the World
1988, rating Sky 15, 86 mins
3.05 My Favourite Wife
1940, rating Sky PG, 84 mins
4.35-6.00am The Glass Key
1942, rating Sky PG, 81 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm
Orpheus Descending
Vanessa Redgrave, Kevin Anderson, Anne Twomey, Miriam Margolyes, Sloane Shelton
Deep South melodrama in which an Italian immigrant woman facing up to her husband's imminent death begins a romance with a young drifter in an attempt to recapture her youth. *1990, 117 mins*

11.00
Bachelor in Paradise
Bob Hope, Lana Turner, Janis Paige, Jim Hutton
Comedy about a writer of advice for the lovelorn who retires to a small Californian town. *1961, 105 mins*

1.00am Lady L
Sophia Loren, Paul Newman
Comedy. *1965, 104 mins*
3.00-5.00am
Orpheus Descending
Vanessa Redgrave
Drama. *1990, 117 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Confront My Lover for Having Affairs
On today's show, guests confront their lovers over their unfaithful behaviour.

4.00
The Oprah Winfrey Show
More from the talk show which enjoys worldwide popularity.

5.00 Star Trek: Voyager
Elogium
When space-dwelling lifeforms attach themselves to *Voyager*, Kes finds that her reproductive process has accelerated. Text

6.00 The Nanny
Pishke Business
Fran must woo a big investor.

6.30
Married... With Children
No Chicken, No Check Text

7.00 The Simpsons
Itchy and Scratchy Land
The Simpsons visit a theme park. Text

7.30 The Simpsons
Lisa's Wedding Text

8.00 America's Dumbest Criminals
A thief leaves his licence in a stolen car.

8.30 Seinfeld
The English Patient

9.00 Friends
The One with Phoebe's Ex-Partner

9.30 Friends
The One Where Ross and Rachel Take a Break

10.00 Friends
The One the Morning After
Ross wakes up with Chloe and Rachel is on her way over.

10.30 Friends
The One Without the Ski Trip

11.00 Star Trek: Voyager
Elogium
When space-dwelling lifeforms attach themselves to *Voyager*, Kes finds that her reproductive process has accelerated. Text

12midnight Nash Bridges
Internal Affair
Nash investigates a judge's murder and unwittingly triggers an Internal Affairs investigation.

1.00-7.00am Long Play
A VJ-free zone that brings you more of the music you want to see.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy – the Borg. Starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.30am, 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 9 July

UK GOLD

7.00am Crossroads
7.30 Neighbours Omnibus
7.55 EastEnders 8.30 The Bill
9.00 The Bill 9.30 Stay Lucky
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours Omnibus
12.25pm EastEnders
1.00
All Creatures Great and Small
2.00 Dallas
2.55 The Bill
All in the Game
Beech saves the day with a bit of quick thinking and a stroke of luck.

3.25 The Bill
Sins of the Fathers
3.55 Dangerfield
Down by the Riverside
Dangerfield is called to certify the death of a woman who has apparently drowned in a canal.
4.55 EastEnders
Another vintage episode of the popular soap.
5.30 Wowfabgroovy
Russ Williams presents the gameshow in which celebrities battle it out in a nostalgic news and views quiz.
6.00 All Creatures Great and Small
Faint Hearts
James learns a lesson in family values when he meets two very different daughters.
7.00 2Point4 Children
Leader of the Pack
Domestic sitcom starring Belinda Lang and Gary Olsen.
7.40 Waiting for God
Cutbacks force Tom and Diana to have their art classes at Bayview.
8.20 Dad's Army
Battle School
The Walmington-on-Sea platoon takes part in a weekend course.
9.00 Bugs
The Price of Peace
Beckett and an international statesman he is escorting to a peace conference are both kidnapped by terrorists.
10.05 Bottom
Accident
The saddest man on Earth has a birthday.
10.45 The Comic Strip Presents...
Bad News Tour
On the road with a band of losers.
11.25 The Bill
Nearest and Dearest
11.55 The Bill
Mother's Ruin
12.25am Live at Jongleurs
12.55 The Equalizer
Unpunished Crimes
McCall is hired by an inventor.
1.45 The Equalizer
Breakpoint
McCall is among wedding guests taken hostage by ruthless terrorists.
2.35-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly of *The Cosby Show*.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.
6.10 Jerry Springer
American talk show in which Jerry Springer and his guests engage in lively discussion.

7.00 Rescue 911
Real-life rescues by American emergency services.
7.30 Mysteries, Magic and Miracles
Baffling stories and events.
8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone, Joseph Ziegler and Jovanni Sy.
9.00
FILM: Evidence of Love
Barbara Hershey, Brian Dennehy, John Terry, Richard Gilliland, Lee Garlington
Fact-based drama about a tragedy which befalls a small Texas community when the local school teacher begins an affair with a married man and the wronged wife confronts her brandishing an axe. *1990*
11.00-12midnight
Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
If It's Got to Go – It's Got to Go
A visit to a German health farm proves to be far from healthy for Jason King. But why has he been tricked into going there?
4.00 Hawaii Five-0
The Ways of Love
McGarrett has himself committed to a California prison in order to obtain information about the disappearance of a jewel.
5.00 Hart to Hart
Highland Fling
Jonathan and Jennifer's delightful excursion to the Scottish Highland Games is laced with danger.
6.00 Emmerdale
Soap set in the Yorkshire Dales.
6.30
Classic Coronation Street
Following yesterday's challenge Len drives Mavis to distraction.
7.00 Doctor at Large
Paul blows his chances of shining in his anatomy viva.
7.30 Doctor on the Go
Sunday Bleeping Sunday
It is Waring's birthday.
8.00
Dempsey & Makepeace
Nowhere to Run
A terrorist group smuggles arms into the country in order to spring one of its number from prison.
9.00 Mission: Impossible
The Condemned
Barney is wrongly imprisoned.
10.00 The Comedians
10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Motor Week
Magazine programme featuring all the latest motoring news.
11.30 4 Wheels Good
Covers all aspects of classic and modern motoring.
12noon Rally World
A roundup of the best rallying action from around the globe.
12.30am Car File
Motoring magazine.
1.00 The E! True Hollywood Story
Studio 54
2.00-6.00am The Box
Music through the night.

DISNEY CHANNEL

6.00am Lamb Chops Play-Along 6.30 Jungle Cubs 7.00 Football Fever 8.30 Timon and Pumbaa 9.00 Aladdin 9.30.00 Quack Pack 10.00 Mouse and Mole 10.05 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle 12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
Craziness on the African plains.
3.30
Brand Spanking New Doug
Doug's Disappearing Dog
Porkchop has disappeared. **Text**
4.00 Pepper Ann
Pepper Ann wants to be cool at all costs. **Text**
4.30 Recess
Animated series from the creators of *Rugrats*. **Text**
5.00
Smart Guy Double Bill
TJ is a ten-year-old smart guy who ought to be in a special school, so the fourth grader is put into the tenth grade. **Text**
6.00 Teen Angel
One Dog Night
Steve has Marty change a dog into a date for his mother. **Text**
6.30 Boy Meets World
New Friends and Old **Text**
7.00 FILM: Tom and Huck
Jonathan Taylor Thomas, Brad Renfro
Our heroes are always looking for adventure. When they team up to steal a pirate's treasure map in order to save an innocent man from being convicted of a crime, there's bound to be trouble ahead. *1996*
8.30 The Wonder Years
Moving **Text**
9.00-10.00pm
Touched by an Angel
Monica is a thoroughly modern angel, beautiful and wise, she relies on her wits rather than miracles to inspire people. **Text**

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 World of Herbs 10.30 A Taste of Africa 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Westcountry Kitchen 1.00 Food for Thought 1.30 Ideal Home Cooks 2.00 Chef on a Shoestring 2.30 Food Network Daily 3.00 A Year at Ballymaloe 3.30 Coxon's Kitchen College 4.00 From the Ground Up
Fighting the Drought
4.30-5.00pm Travels à la Carte
Spain

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm
Pavarotti in the Park
A recording of Luciano Pavarotti's summer performance in London's Hyde Park, celebrating 30 years on the opera stages of the world and featuring 20 specially-selected arias. Accompaniment is provided by the Philharmonia Orchestra conducted by Leone Magiera.
7.00 Gipsy Kings – Live at Wolftrap
The Gipsy Kings perform their best-loved songs live at the Wolf Trap in Virginia, as part of their American tour.
8.00 The Bee Gees One-Night-Only Concert
The Gibb brothers in concert on New Year's Eve 1997, performing over 30 of their chart hits, plus a guest appearance by Celine Dion.

10.00
Eric Clapton and Friends
Eric Clapton filmed in a 1986 concert performing classic hits along with special guests.
11.00 David Bowie: Serious Moonlight
12midnight-1.00am The Three Tenors. Impossible Dream

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

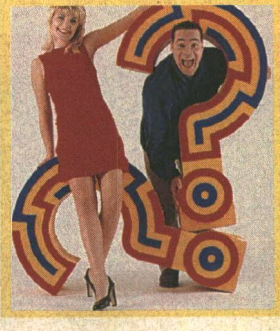
FILM

Contagious
Sky Movies Screen 1 9.00pm
Lindsay (*The Bionic Woman*) Wagner stars as a specialist who diagnoses a deadly outbreak of cholera, which might even affect her husband. Lindsay sets off to track down the source – some contaminated cocaine – with a drugs cop, played by Elizabeth Peña.

GENERAL

Pavarotti in the Park
Carlton Select 5.00pm
Remember Luciano Pavarotti's summer concert in Hyde Park, which celebrated his 30 years on the opera stages of the world? Well, you can enjoy it again today. Despite the appalling weather, it was a memorable evening, with 20 specially selected arias.

ADVERTISEMENT



CHALLENGE PRIZE TIME FROM 5PM
Challenge tv
There's thousands of pounds worth of prizes to be won on Challenge TV's *Prize Time* throughout July, as Carryl Varley, Kevin Duala and Andy Crane invite you to play and win every 15 minutes. Plus, watch out for the Big One – Challenge TV's star prize!

Thursday 9 July

EUROSPORT

6.00 AM MORNING

7.00am World Cup Premiere
7.30 World Cup Premiere
8.00 World Cup
10.00 Tennis – LIVE
Action from the ATP Tournament in Switzerland.
2.00pm Mountain Bike
Fifth-round action from Snoqualmie Pass, Seattle.
2.30 Mountain Bike
Downhill action from Les Rousses, France.

3.00 PM

3.00 World Cup
Second semi-final World Cup action from Saint-Denis.

4.00 PM

5.00 PM

5.00 Tractor Pulling
One hour of the best European Cup tractor pulling action from Bernay, France.

6.00 PM

6.00 Strongest Man
Heavy-duty action from the strong man competition.

7.00 PM

7.00 World Cup
This one-hour show presents the way both finalists have qualified, focusing on their strengths and weaknesses.

8.00 PM

8.00 World Cup
This one-hour special brings you the extras, the highlights and the behind-the-scene stories of the competition.

9.00 PM

9.00 Sumo
Action from the fourth part of the Grand Sumo Tournament (Basho) in Tokyo.

10.00 PM

10.00 Fitness
Action from the 1998 IFBB Fitness European Championships in Plonsk, Poland.

11.00 PM

11.00 Boxing
Punch-by-punch coverage of another exciting bout.

12.00 NIGHT TIME

12midnight-12.30am Motorsports
Speedworld magazine.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Shotgun
8.15 Sky Sports Centre
8.30 Racing News
9.00 Aerobics Oz Style
9.30 Futbol Mundial
10.00 Pool: Embassy World 8 Ball Championships – Men's Quarter-final
12noon Aerobics Oz Style
12.30pm International Bowls: Australia v England
Coverage from the green where Australia and England contest the Ashes from Merrylands in New South Wales. Australia are rated as one of the strongest teams in the world and this fixture represents a tough test for the English side.
4.30 Futbol Mundial
A truly global look at football.
5.00 World Wrestling Federation – Superstars
Riveting, action-packed World Wrestling Federation entertainment.
6.00 Sky Sports Centre
Sports news service.
6.30 Trans World Sport
Covering everything from powerlifting and golf to football and ice hockey. With features, gossip and sports news.
7.30 Ford Football Special: How the Premiership Was Won
Take a look back at a memorable Premiership season and relive the defining moments of the 1997/98 campaign.
10.00 World Cup Phone-In
Debating the tournament's big talking points.
10.45 Sky Sports Centre
11.00 Formula Three
Action from the fast lane.
11.30 Futbol Mundial
Including news, reviews, interviews, profiles and in-depth features.
12midnight Sky Sports Centre
Sports news service.
12.15am Ford Football Special: How the Premiership Was Won
2.45 Tight Lines
3.45 World Cup Phone-In
4.30-4.45am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 European Tour Weekly
8.45 Sky Sports Centre
9.00 Fish TV: Americana Outdoors
9.30 Fish TV: Fishing Tales
10.00 Golf Extra
1.00pm European Tour Weekly
1.30 Dr Martens Premiere League Snooker: Hendry v Higgins
Stephen Hendry takes on the new world champion.
3.30 Trans World Sport
With in-depth news on everything from the normal to the downright bizarre.
4.30 V-Max
5.00 Greatest Moments in Sport
5.30 Inside the PGA Tour
6.00 Ford Golf USA: Quad City Classic – LIVE
Ball-by-ball coverage of day one from the Quad City Classic. The Oakwood Country Club in Illinois stages this year's event.
8.30 Ford Golf USA: US Senior Players Championship – LIVE
First day coverage of the US Seniors Players Championship from the TPC of Michigan. Last year, this event was won by Larry Gilbert and he returns this year to defend his title.
10.00 Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.
11.00 Irish Showjumping
Action from County Wicklow.
11.30 Trans World Sport
12.30am Sky Sports Centre
Sports news service.
12.45 Fastrax
Life in the fast lane.
1.15 Formula 3
Action from the Grand Prix scene.
1.45-2.00am Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Superstars
1.00pm Fish TV: Fly Fishing
1.30 Fish TV: The Ultimate Fishing Show
2.00 Greatest Moments of Sport
2.30 Dickie Davies's Sporting Heroes: Sir Tom Finney
Dickie Davies conducts an in-depth one-to-one interview with England football legend Sir Tom Finney.
3.30 World of Super League with Eddie and Stevo
The show that features every try scored over the past week, plus a preview of the forthcoming action with special guests discussing the topical issues in the game. With Eddie Hemmings and Mike Stephenson.
5.30 Rebel Sports
Off-the-wall coverage of maverick sports stars who ignore convention.
6.00 Irish Showjumping
Action from the Irish Showjumping Grand Prix.
6.30 Formula 3
Grand Prix racing.
7.00 Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.
8.00 Irish Showjumping
Action from the Irish Showjumping Grand Prix.
8.30 Formula 3
Grand Prix racing.
9.00 Trans World Sport
Covering absolutely every sport, with features, gossip and sports news from the past week.
10.00-11.30pm Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies are joined by a football legend who looks back at some of the key matches in his career.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
Hard-hitting drama about life at a Sydney high school.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
2.30 Blast
Chart music.
3.00 Sweat
Australian athletic drama.
3.30 Ready or Not
When a Kiss is Just a Kiss
Canadian teen drama that tackles growing up.
4.00 Fresh Prince of Bel Air
Rags-to-riches sitcom.
4.30 Saved by the Bell: The College Years
5.00 Hollyoaks
Chester-based soap.
5.30 California Dreams
A Band Divided
Rock'n'Roll sitcom.
6.00 Hang Time
Short Cuts
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Hot Styles
The team comes to the rescue of a beautiful model held hostage so she can help steal new fashions.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
9.30 Cops
Documentary series.
10.00 Italian Stripping Housewives
Salacious gameshow.
10.30 World Cup Uncovered
Football magazine.
11.00 FILM: The Gate
Stephen Dorff, Christa Denton, Louis Tripp
Teenage tale of terror in which a boy discovers a gateway to hell in his back garden. *1987*
1.00am Beverly Hills Bordello 1.30 Italian Stripping Housewives 2.00 Real Stories of the Highway Patrol 2.30 Cops 3.00 FILM: Hookers, Hustlers, Pimps and Their Johns *1993*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg 8.00 G-Force 8.30 Bionic Six 9.00 Buck Rogers in the 25th Century 10.00 Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Swamp Thing 2.00 Six Million Dollar Man
3.00 Quantum Leap
Right Hand of God
Sam leaps into the life of Kid Cody, a boxer battling in aid of the impoverished nuns of St Mary's church.
4.00 Space Precinct
Predator and Prey
A vampire-like entity from another era returns to Demeter City, where it inhabits the body of a cop.
5.00 Amazing Stories
What If...?
A five-year-old is touched by magic.
5.30 Mysteries, Magic and Miracles
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Buck's Duel to the Death
Buck puts his life on the line when he takes on a cruel dictator.
8.00 Quantum Leap
Leap of Faith
Landing as the priest in the middle of a wedding ceremony is the least of Sam's worries.
9.00 PSI Factor – Chronicles of the Paranormal
A skydiver lands safely following a 10,000-feet fall after his parachute fails.
10.00 FILM: Gamera – The Guardian of the Universe
Yonemori Yoshinari, Naoya Kusanagi, Asagi Kusanagi
A terrifying battle between a gigantic turtle and a pterodactyl-like creature explains some previously unsolved mysteries. *1997*
11.45 SF Scene Special
12midnight Sightings Special
1.00am The Bionic Woman
2.00 Friday the 13th
The Prisoner
3.00 Tales of the Unexpected
Proxy
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

US Senior Players Championship – LIVE
Sky Sports 2 8.30pm

All the big names of men's senior golf will be chasing this championship, which begins today from the TPC of Michigan. Last year, America's Larry Gilbert beat his rivals and is back to chase a share of the lucrative prize money of $2million. Europe's hopes of at least being on the leader board in American seniors' events are starting to come alive, as ex-Ryder Cup men like José Maria Canizares of Spain pass the 50 mark and join stalwarts like Britain's Brian Barnes in contention with the Hale Irwins and Ray Floyds.

TELEVISION X

12midnight The Ten Minute Free View
12.10am The Omar Show
12.20 Diva
12.45 FILM: Night Shift
1.00 The Five Minute Free View
1.05 FILM continues
2.00 Vice World
2.25 FILM: Love on the Run
A bounty hunter brings in a femme fatale.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Fräulein Debutantes
German strip show.
12.25 Babewatch the Series
Erotic mini-series.
12.55 Girls About Town
1.15 FILM: The Stowaway
Holly Body
Erotic feature film.
2.35-4.00am FILM: Blinded by Love
Erotic thriller.

HVC

CABLE EXCLUSIVE

8.00pm FILM: From Hollywood to Deadwood
Scott Paulin, Jim Haynie
Mystery thriller.
9.35 Sex Rules
10.00 Shadow Theatre
Looking at horror movies.
10.25-12midnight FILM: Warlock Moon
Laurie Walters, Joe Spano
Horror yarn.

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
Win great prizes.
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
Win great prizes.
7.15 Fifteen to One
With William G Stewart.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle ingenious games and fiendish challenges in a giant fantasy world, aiming for a prize in the Crystal Dome.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
London
Ted Rogers hosts the quiz and entertainment show in which contestants must avoid Dusty Bin.
11.00 Prize Time
11.15
Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/Body Heat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 BodyHeat 8.45 Dial-a-Vet 9.00 What's in the Box/ Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 BodyHeat
Exercise show.
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared judge presides over another case.
5.00 Agony
Relationship advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
6.30 Dial-a-Doc
Phone-in programme.
6.45 What's in the Box
Phone-in programme.
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
Saucy financial news.
8.30 Judge Judy
9.00 Dog Night L!VE
Top dog racing from the tracks in Walthamstow and Wolverhampton.
10.00 Topless Darts
More shapely throwing.
10.02 Odds on Sport
10.28 Big City Tips
Saucy financial news.
10.30 The Sex Show
11.00 Big City Tips
Saucy financial news.
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
Another sexy offering.
12midnight Janeycam
12.30am Private Dancer 1.00 Exotica Erotica 2.00 Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, evey hour, plus the following features:
10.30am American Chart Show 11.30 The Catwalk Show 12.30pm Cybernet 1.30 Inside Hollywood 2.30 The Album Show
3.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
4.30 London School Choirs
Youngsters do battle with their tonsils.
5.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
8.30
The A to Z of Food
Another look at the culinary alphabet.
9.30 Cinema, Cinema, Cinema
The latest from the film world.
10.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
11.30
The Album Show
More classic tunes.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
2.00pm So 90s
The greatest hits of the decade with Armstrong and Miller.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 Big Picture Parties Special
6.30 Daria
The new series.
7.00 European Top 20
Top hits from across Europe.
8.00 Hot
Happening news, videos and gossip with Sara Cox.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00
The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.
12midnight
Beavis and Butt-head
12.30am Banned at Bedtime
Special night time viewing of all the sexiest and uncut videos.
1.00-6.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm On the Horizon
1.00 Ridge Riders
Across Southern England
1.30 The Rich Tradition
Hungary
2.00 On Tour
Thailand/Phuket
2.30 Reel World
Mexico
3.00 The People and Places of Africa
Ethiopia
3.30 Whicker's World
Thai Tycoons and the Executive Sweet
4.00 Destinations
Seychelles
Explores the Seychelles, north of Madagascar in the Indian Ocean and made up of around 90 islands.
5.00 Ridge Riders
Across Southern England
5.30
The Friendship Drive
Wuhan to the Great Wall of China
6.00
The Rich Tradition
Hungary
With Elisabeth Luard.
6.30 On Tour
Thailand/Phuket
7.00 The Great Escape
Amritsar and Kutch
A trip to the land of tandoori chicken.
7.30 On the Horizon
Sri Lanka and the Maldives
8.00 Go Greece
The Peloponnese
Explores the area's towns.
8.30 The Flavours of France
Val d'oise
9.00 Destinations
Seychelles
Explores the Seychelles, north of Madagascar in the Indian Ocean and made up of around 90 islands.
10.00 Reel World
Mexico
10.30
The Food Lovers' Guide to Australia
African Food in Adelaide
11.00
The Friendship Drive
Wuhan to the Great Wall of China
11.30-12midnight Whicker's World

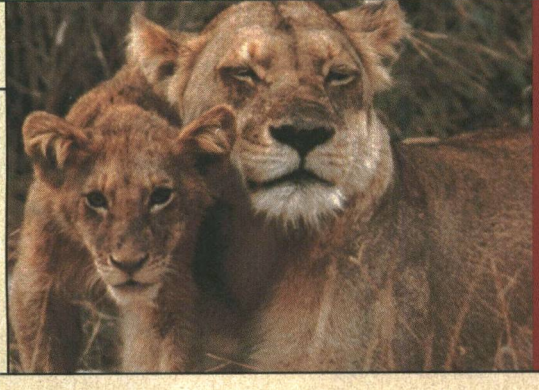
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Mysteries and Scandals 7.00 Cook's Garden 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Mysteries and Scandals 12noon The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
My Teenage Boyfriend Beats Me
Sally and her guests chat about domestic violence.
5.00-6.00pm Livetime
Magazine programme covering all aspects of health, beauty, fashion, food and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm
Kakapo: Night Parrot
The bird that flourished in prehistoric New Zealand.
7.30 Lifeboat: By Invitation Only
8.00 Kruger Park 100: The Vision Lives
Celebrates the 100th anniversary of the stunning Kruger National Park in South Africa.
9.00 Tides of War
Survey the lingering and perhaps permanent effects of the Persian Gulf War on the countless struggling creatures.
10.00 Poles Apart
Stunning insight into man's quest to conquer the final great polar challenge, headed by Sir Ranulph Fiennes.
11.00 Nature's Nightmares: Rat Wars
Some Indians care for rats.
11.30 Nature's Nightmares: Island Eaten by Rats
12midnight Numbats
Looks at the endangered striped numbat.
12.30-1.00am
Play: The Nature of Game
Reveals the significance of playfulness.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME



The premiere of 'Kruger Park 100: The Vision Lives' explores the South African national park: National Geographic Channel 8.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Sam Brown 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah and Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 Simple Minds Uncut 11.00 Talk Music 12midnight The Nightfly 1.00am VH1 Spice 2.00 Simple Minds Live in Paris 4.00-7.00am VH1 Late Shift

Getting fruity: Fitness guru Rosemary Conley offers more calorie-conscious healthy eating tips in 'Rosemary Conley's Cookbook': Granada Breeze 7.30am, 1.30pm

Thursday 9 July

MORNING

DISCOVERY HOME & LEISURE

6.00 AM
9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture to Go 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

3.00 PM
DISCOVERY

4.00 PM
4.00pm Rex Hunt's Fishing Adventures II
4.30 Top Marques
Cadillac
Experts tell the history of the American motor Marque.

5.00 PM
5.00 First Flights
Locusts of War
5.30 History's Turning Points
The Battle of Britain
The story of the air battle.

6.00 PM
6.00 Animal Doctor
Follow the work of doctors from the RSPCA.
6.30
Return of the Caribou
Wild Discovery

7.00 PM
7.30
Arthur C Clarke's Mysterious Universe
Snake Charmers, Wolf Children and Holy Men

8.00 PM
8.00
Walking on Water
Science Frontiers
The science of surfing and the quest for the perfect board and perfect wave.

9.00 PM
9.00
Super Structures
Subtropolis
A look at the Roman aquaduct system and the substructure of Sears Tower.

10.00 PM
10.00
Forensic Detectives
Faces of Tragedy
How forensic sculptors can place a face on an unidentified corpse.

11.00 PM
11.00
Forensic Detectives
Soldier Soldier
Uncovering the stories of the deaths of those who never came back from war.

12.00
NIGHT TIME
12midnight First Flights
Locusts of War
Helicopters took an offensive role during the Vietnam War.
12.30am Top Marques
Cadillac
1.00-2.00am
Crocodile Hunter
Return to the Wild

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Jack confronts Turner over the illegal dam at NY Estates.

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas 6.45 Magic Roundabout 7.00 Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
Canine crime-busting with Scrappy and his Uncle Scooby.
3.30 Taz-Mania
4.00 Beetlejuice
Ghoulish animation.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More animated antics with the superhero with a superego.
5.30
Cow and Chicken
6.00 La Toon 98
A cartoon spin on the World Cup featuring a selection of animated classics.

8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
8.30-9.00pm
The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

4.00pm Battleline: The Fall of Singapore
4.30 Men in Crisis: Roosevelt v Isolation
5.00 Weapons At War: Coast Guard
6.00 Ancient Mysteries: Hadrian's Wall
7.00-8.00pm Biography
Henry VIII – Part II
This episode charts how Henry VIII became king following the death of his father and his brother, Arthur.

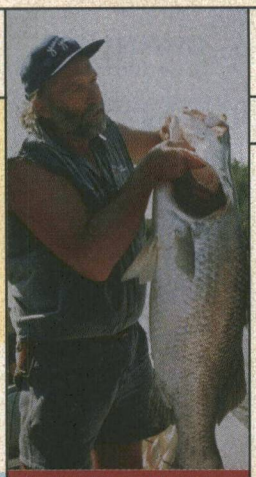
NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/ Clangers/ Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30
Children's BBC on Nickelodeon
Classic animation from the BBC archives.

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00
Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Roseanne places Dan on a strict diet.
8.00 Grace Under Fire
Grace plays peacemaker when her sister and mother go to war.
8.30
Caroline in the City
9.00 Cybill
Starring Cybill Shepherd.
9.30 Ellen
Ellen takes charge of her life and decides to shake things up.
10.00 Frasier
Roz sets Frasier up on a blind date with her friend.
10.30 Cheers
Norm's beer drinking expertise begins to pay off.
11.00 Monty Python's Flying Circus
Vintage surreal humour from the python gang.
11.30 Festival of Fun
Comedy series.
12midnight Nurses
Medical comedy about the lives of a group of overworked and underpaid nurses.
12.30am It's Garry Shandling's Show
1.00 Frasier
Roz sets Frasier up on a blind date with her friend.
1.30 Cheers
Norm's beer drinking expertise begins to pay off when he is offered a tasting job at the local brewery.
2.00 Caroline in the City
Starring Lea Thompson as the New York cartoonist.
2.30 Festival of Fun
3.00 Roseanne
Roseanne places Dan on a strict diet.
3.30-4.00am Cybill
Comedy about a struggling actress and twice-divorced mother. Starring Cybill Shepherd.



Size does matter in 'Rex Hunt's Fishing World' with the fun-loving angler: Discovery Home & Leisure 11.00am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm
Vienna Philarmonic Orchestra
7.30 Great Arias
8.00 Virtuoso
Sylvie Guillem
Profiles of some of the greatest artists of our time, combining documentary with performance.

9.15 Classic Century
The Great Depression
Featuring a musical archive from the Soviet Union.
9.30 Dance: Dance Theatre of Harlem
Rhythm meets martial arts in *Troy Game*, marriage ends in murder in *The Beloved* and in *John Henry*, man fights machine.
11.00 Blues Extra
James Cotton
One of the kings of the harmonica and guitar, the blues star plays a selection of favourites.
12midnight-1.00am Jazz Greats
The Soundies
Cab Calloway hosts a dazzling all-star jazz extravaganza.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 The Great Escape
2.00 Travel Tips
3.00 Globetrotter
Lisbon, Arizona and The Galapagos Islands
3.30-4.00pm
Walker's World

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Technology 1.15 Asian Edition 1.30 Business 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Global Village 4.30 CBS News 5.30-6.00am ABC News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Forts en Tête 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaires 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Journal 12noon La Vie a L'Endroit 1.30pm Check Up 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Cinéma Africain 9.00 Journal 9.30 Envoyé Spécial 10.00 Journal 10.30 Francofolies de Montréal 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Khiladi 1.00 Badalte Rishte 1.30 FILM 4.00 Ghatan 4.30 Lahu Ke Phool 5.00 Nasal 6.00 Mumkin 6.30 Dard 7.00 Badalte Rishte 7.30 News 8.00 Dekh Bhai Dekh 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Dekh Bhai Dekh 1.00 FILM 4.00 Show Theme 4.30 Lahu Ke Phool 5.00 Classical Music 6.00 Sunhere Pal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Visamo 6.30 Narsaiyo 7.00 Jaagran 7.30 Business 8.00 News 8.30 Buniyaad 9.00 Jeevan Jyoti 9.30 Filmi Bateein 10.00 Amar Baif 11.00 Pot Luck 11.30 Kurukshetra 12noon FILM: Do Musafir 3.00 Chasme Badoor 3.30 Dastaan 4.00 Campus 4.30 Vikram Aur Betaal 5.00 Aur Ek Minute 5.30 Fairdeal Antakshari 6.00 Banegi Apni Baat 6.30 Lollywood 7.00 Dam Dama Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.00 Hasratein 10.00 Shotgun Show 10.30 Suspense 11.30-12midnight Horror Show

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
From Lingfield, Newmarket and Southwell with Robin Gray, Ian Bartlett and Mark Slater.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30amThis Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 The Commons Live 11.00-12midnight Questions from the House

LOUD

TURN UP THE VOLUME AND TUNE INTO THE MONTH'S BEST MUSIC ON CABLE

Here's our pick of 20 of the hottest tracks on The Box this month. To make your request, dial the number on screen, then key in the code for the video of your choice

THE BOX MUSIC TELEVISION YOU CONTROL

Because We Want To (200)	**Billie**
The Boy Is Mine (760)	**Brandy & Monica**
Destiny (308)	**Buju Banton**
C'est La Vie (889)	**B*WITCHED**
What Would You Do If? (534)	**Code Red**
Vindaloo (990)	**Fat Les**
You've Got the Feelin' (555)	**Five**
Rise Up (737)	**Jamaica United**
Go Deep (292)	**Janet Jackson**
City Is Mine (909)	**Jay-Z**
Zorba's Dance (887)	**LCD**
Commitment (206)	**LeAnn Rimes**
Three Lions '98 (208)	**Lightning Seeds**
The Heart's Lone Desire (897)	**Matthew Marsden**
Horny '98 (788)	**Mousse T**
Ghetto Superstar (946)	**Pras**
This Is How We Party (843)	**S.O.A.P**
Casanova (336)	**Ultimate Kaos**
My Way (438)	**Usher**
Never Gonna Change My Mind (327)	**Joey Lawrence**

Some videos listed above may not be available in some areas

RUCK 'N' ROLL

MTV will be taking a light-hearted look at some of music's most famous bust-ups this month in *Ultrasound: Rock 'n' Roll Feuds* (Thursday 16th, 6.00pm). Artists in the show citing 'musical differences' include Elton John and Keith Richards, and Eddie Van Halen and David Lee Roth, who get down to some serious long-haired loathing. But, of course, in that time-honoured rock tradition, all artists featured gritted their teeth and wished each other 'every success for the future'. One for the Spice Girls maybe?

LOUD'S TOP 5 ROCK RUMPUSES

1 **GERI HALLIWELL V SPICE GIRLS**
Five became four when Ginger decided it was time to stop right now, thank you very much

2 **ROBBIE WILLIAMS V TAKE THAT**
I Want You Back? Not Gary and the boys, who were glad to see the back of hellraiser Robbie

3 **THE BEATLES V THE BEATLES**
All you need is love – and a decent lawyer when you split from the Fab Four

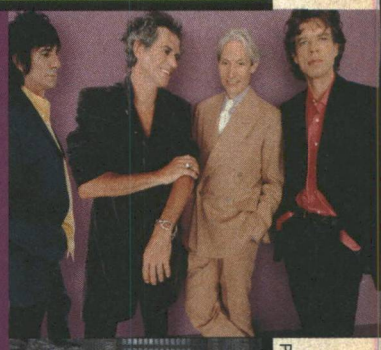
4 **DAVID BOWIE V LOU REED**
Not such a perfect day for Bowie when he took a left hook from music chum Reed

5 **JARVIS COCKER V MICHAEL JACKSON**
What a bummer! Jackson was less than thrilled at the foppish one's Brit Awards mooning antics

WIN STONES ALBUMS!

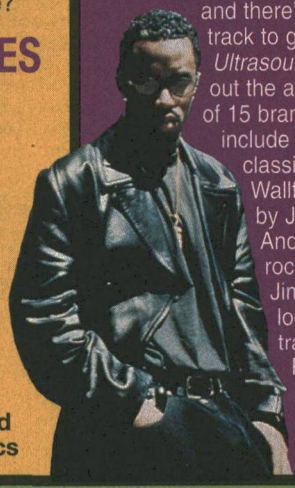
The cancellation of the Rolling Stones UK concerts may have left thousands of fans out in the cold, but VH1 hopes to make up for their disappointment with an Alternative Stones Weekend next month. In the meantime, we've got five copies of the band's *Bridges to Babylon* album to give away.

For a chance to win, answer this question: WHO IS THE ROLLING STONES' LEAD SINGER?
Answers on a postcard to VH1/Rolling Stones, *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ, to reach us by 31 July. Usual rules apply.



THINK BIG

The summer's big film, *Godzilla*, opens in UK cinemas this month and there's a giant of a soundtrack to go with it. MTV's *Ultrasound: Godzilla* checks out the album – a collection of 15 brand-new recordings – include a cover of the Bowie classic *Heroes* by The Wallflowers and a track by Jamiroquai (right). And, in true monster-of-rock style, old dinosaur Jimmy Page is let loose in a stomping track with rap star Puff Daddy (left). *MTV, Saturday 25th 11.30pm, Sunday 26th 12.30am*



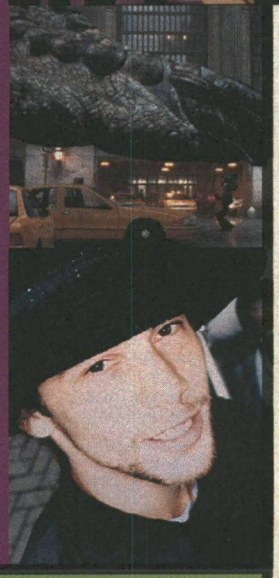


PHOTO: COLUMBIA TRISTAR FILMS

Ones to Watch ... In *Madonna Rising* the Material Girl takes a camera crew on a tour of her old New York haunts, reminiscing about life as a singer before her lucky star came in (VH1, Saturday 25th, 1.00pm) ... *The Best of VH1 Weekend* celebrates the channel's finest moments, including interviews with The Bee Gees and Eric Clapton, and classic concerts from Frank Sinatra, Queen and Fleetwood Mac (VH1, Saturday 25th and Sunday 26th) ... *MTV Scrapbook: Hanson* takes a look at the sensational rise of the teeny tunesters (MTV, Monday 27th, 6.00pm) ... Catch a glimpse of those Eighties acts who had 15 minutes of fame (and no more) on *Ten of the Best: 80s One Hit Wonders* (VH1, Thursday 30th, 12noon)

Friday 10 July

SKY MOVIES SCREEN 1

6.00am Phase IV
1973, rating Sky PG, 80 mins
7.30 Cannon Ball Fever
1989, 92 mins
9.30 Lost Treasure of Dos Santos
David Carradine, Lee Majors
1997, rating Sky PG, 88 mins
11.30 Down Periscope
Kelsey Grammer, Lauren Holly
Text *1996, rating Sky PG, 88 mins*
1.00pm Cannon Ball Fever
1989, rating Sky PG, 92 mins

3.00 The Long Walk Home
Whoopi Goldberg, Sissy Spacek, Dwight Schultz, Ving Rhames
Stirring drama set against the backdrop of civil rights unrest in the American Deep South during the Fifties, which tells the story of an unlikely friendship forged between a rich white housewife and her long-serving black maid. *1990, rating Sky PG, 92 mins*

5.00 Lost Treasure of Dos Santos
David Carradine, Lee Majors
Action adventure about an explorer's hunt for treasure. Shaw is ecstatic when he discovers the journal of a legendary adventurer, which just might point the way to a chest of buried gold. However, Shaw's arch-rival is right behind him. Last Play *1997, rating Sky PG, 88 mins*

7.00 Down Periscope
Kelsey Grammer, Lauren Holly, Harry Dean Stanton
Comedy about a notorious naval officer who is put in charge of an old submarine. Having nearly collided with a Soviet sub in the past, Tom Dodge suffers problems with an admiral who is determined to see him out of the water for good. Text *1996, rating Sky PG, 88 mins*

9.00 Billy Madison
Adam Sandler, Bridgette Wilson
PREMIERE Comedy about a rich-kid who must repeat school in six months if he is to inherit the family fortune. When his father considers handing his business to the evil Vice President, Billy makes a deal that could keep the empire in the family. *1995, rating Sky PG, 86 mins*
10.30 Movie Show

11.00 Confessions of a Lapdancer
Blake Pickett, Doug Jeffrey
Adult drama about a woman who works as a hooker and is forced to re-think her career choices to win custody of her daughter. *1997, rating Sky 18, 77 mins*
12.25am Funny Bones
Text *1995, rating Sky 15, 123 mins*
2.30 Che!
Omar Sharif, Jack Palance
1969, rating Sky 15, 92 mins
4.05-5.45am Within the Rock
1996, rating Sky 18, 84 mins

SKY MOVIES SCREEN 2

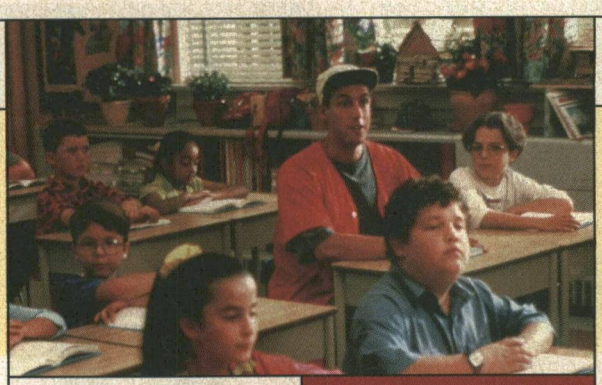
6.00am Them!
1954, rating Sky PG, 89 mins
7.35 Hell to Eternity
Jeffrey Hunter, Vic Damone
1960, rating Sky PG, 123 mins
9.45 Evita
Madonna, Antonio Banderas
1996, rating Sky PG, 131 mins
12noon Heart of Fire
Patrick Duffy, Steve Jacobs
1996, rating Sky PG, 86 mins
1.30pm Hell to Eternity
1960, rating Sky PG, 123 mins

3.40 Them!
James Whitmore, Edmund Gwenn, Joan Weldon, Onslow Stevens
Horror tale about a Southwestern community which is besieged by a plague of giant ants, caused by a genetic mutation in the wake of an atomic test in the middle of the desert. *1954, rating Sky PG, 89 mins*

5.15 Evita
Madonna, Antonio Banderas, Jimmy Nail, Jonathan Pryce
Musical about the life of Argentina's best-loved public figure, based on the Andrew Lloyd Webber stage production. It follows the story of Eva Peron, a poor young woman who became an actress and married a rising politician who was to become President. She dedicated her time to helping the poor and after her death, the nation mourned her passing. *1996, rating Sky PG, 131 mins*
7.30 UK Top Ten

8.00 Riders of the Purple Sage
Ed Harris, Amy Madigan, Henry Thomas
Romantic thriller about a defiant woman's struggles against the men who want to dominate her. Jane Withersteen inherits her late father's estate and immediately finds herself engaged in a war of wits and violence. *1996, rating Sky 12, 93 mins*

10.00 Fear
Mark Wahlberg, William Petersen
Suspense thriller in which an innocent first relationship becomes a deadly obsession. When she breaks it off after finding him with her best friend, her ex is determined to wreak destructive revenge. *1996, rating Sky 18, 93 mins*
11.40 Bounty Hunters
Michael Dudikoff, Lisa Howard
1996, rating Sky 15, 93 mins
1.20am Exit in Red
Mickey Rourke, Annabel Schofield
1996, rating Sky 18, 97 mins
3.05 Termination Man
1997, rating Sky 15, 88 mins
4.40-6.00am Willy Fog – 20,000 Leagues Under the Sea
Rating Sky U, 77 mins



Adam Sandler goes back to school in the premiere of 'Billy Madison': Sky Movies Screen 1 9.00pm

SKY MOVIES GOLD

4.00pm The Longest Day
John Wayne, Robert Mitchum, Henry Fonda, Robert Ryan, Rod Steiger, Sean Connery, Robert Wagner, Richard Burton, Jeffrey Hunter, Mel Ferrer, Curt Jurgens, Red Buttons, Gert Frobe
Oscar-winning World War II action film detailing the D-day landings of 1944. The allies form a beach head in northern France signalling the beginning of the end for Nazi Germany's reign of terror. The all-star cast keep stiff upper lips as the bullets fly in this faithful account of the invasion of Normandy. *1962, rating Sky PG, 171 mins*

7.00 The Lighthorsemen
Peter Phelps, Gary Sweet, John Walton, Tim McKenzie, Jon Blake, Bill Kerr, Sigrid Thornton
A sprawling historical action epic centreing on four veterans of Gallipoli in a World War I battle in Palestine. The battle was won for the British by the Australian Lighthorsemen, a special mounted cavalry. *1987, rating Sky PG, 114 mins*

9.00 Rocky IV
Sylvester Stallone, Talia Shire, Brigitte Nielsen, Carl Weathers, Dolph Lundgren
Boxer rocky Balboa returns for a few more bouts in the ring in this fast-paced drama. This time, his opponent is a vicious Russian. *1985, rating Sky PG, 87 mins*
10.30 Commando
Arnold Schwarzenegger, Rae Dawn Chong, Dan Hedaya
Action adventure about a former special agent who is reluctantly pulled back into duty when his daughter is kidnapped by a gang of right-wing extremists. *1985, rating Sky 18, 86 mins*
12.05am Stripes
Bill Murray, Harold Ramis
1981, rating Sky 15, 101 mins
1.50 Youngblood
Rob Lowe, Cynthia Gibb
1986, rating Sky 15, 105 mins
3.40-5.10am Margin for Murder
1981, rating Sky 15, 88 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm
WCW Nitro on TNT
An hour of the latest WCW wrestling action from the USA.

11.30 Hit Man
Pamela Grier, Bernie Casey
An all-black remake of the classic British thriller *Get Carter. 1972, 87 mins*
1.00am
The Secret of My Success
James Booth, Shirley Jones, Lionel Jeffries, Honor Blackman
Offbeat comedy. *1965, 104 mins*
2.50-5.00am The Fixer
Alan Bates, Dirk Bogarde, Georgia Bron, Hugh Griffith
Powerful drama. *1968, 127 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Viewers Challenge Former Racist Guests
On today's show, viewers come face-to-face with former guests and challenge their racist views.

4.00
The Oprah Winfrey Show
Another real life issue is put under scrutiny by Oprah Winfrey and her guests.

5.00 Star Trek: Voyager
Twisted
Voyager's own structure begins to fold back on itself. Starring Kate Mulgrew, Jeri Ryan and Robert Beltran. Text

6.00 The Nanny
Stock Tip
Fran's boyfriend has a secret.
6.30 Married... With Children
Take My Wife, Please Text

7.00 The Simpsons
Lisa on Ice
Lisa and Bart go head-to-head in an exciting hockey match. Text
7.30 The Simpsons
The PTA Disbands Text

8.00
Highlander: The Series
For Evil's Sake
MacLeod must defeat an assassin who has terrorised people for centuries.

9.00 Walker, Texas Ranger
Small Blessings
Walker tries to find a pair of orphans who witness a murder and go on the run, fearing for their lives.

10.00 Friends
The One With the Hypnosis Tape
A hypnosis tape has an unusual effect on Chandler.
10.30 Friends
The One with the Tiny T-Shirt

11.00 Star Trek: Voyager
Twisted
Voyager's own structure begins to fold back on itself. Starring Kate Mulgrew, Jeri Ryan and Robert Beltran. Text

12midnight Nash Bridges
Great Escape
Nash Bridges has to track down two dangerous prison escapees, including a paramilitary activist who seeks revenge on Nash. Text
1.00-7.00am Long Play
A VJ-free music zone.

SKY box office JUST THE TICKET

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy – the Borg. Starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.30am, 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Night Beat
Bob Cryer is taken hostage.

3.25 The Bill
Balancing the Scales
Stars Andrew Paul.

3.55 Dangerfield
Death in Custody
Detective Inspector Ken Jackson tries to clear his name after the death of a suspected drug dealer in police custody.

4.55 EastEnders
Vintage soap with the long-suffering folk of Albert Square.

5.30 Wowfabgroovy
DJ Russ Williams presents the gameshow where celebrities play the nostalgic news quiz.

6.00 All Creatures Great and Small
Tricks of the Trade
James and Tristan lack the magic touch when it comes to treating an awkward colt.

7.00 2Point4 Children
Saturday Night and Sunday Morning
A mystery man offers Bill a ride on the back of his motorbike.

7.40 Waiting for God
Diana makes a sacrifice when Harvey fakes a breakdown.

8.20 Dad's Army
The Lion Has Phones
An enemy aircraft crash-lands in the local reservoir.

9.00 Whatever Happened to the Likely Lads?
Birthday Boy
Classic comedy. Bob throws a surprise party for Terry.

9.40 Minder
Dream House
Terry minds a singing star's dream home. Stars George Cole and Dennis Waterman.

10.45 Rising Damp
Things That Go Bump in the Night
Rigsby plays on Alan's fear of the unknown.

11.20 The Bill
Night Beat

11.50 The Bill
Balancing the Scales

12.20am FILM: Dead Men Don't Wear Plaid
Steve Martin, Rachel Ward
A private eye spoof with clips from Hollywood classics. *1981*

1.55 The Jack Dee Show
2.20 Canned Carrott
2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Mysteries, Magic and Miracles 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Daily lifestyle magazine programmefeaturing celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show hosted by Tempestt Bledsoe, a former star of *The Cosby Show*.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.

6.10 Jerry Springer
The talk show host and his guests engage in lively, sometimes heated, discussion about relationship issues.

7.00 Rescue 911
The stories of real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles
Hosted by Patrick Macnee.

8.00 Side Effects
Social Diseases
Dr Barkin's concern for a heroin addict turns into a nightmare when he is pricked with a needle that may infect him with HIV.

9.00 FILM: The Wrong Woman
Nancy McKeon, Michele Scarabelli, Chelsea Field
Thriller. Melanie arrives in a new town and finds work in a property development company, where her married boss makes unwanted advances towards her. When he is found bludgeoned to death, Melanie is arrested for his murder. *1995*

11.00-12midnight Sex Life Down Under
Exploring issues relating to sex, including relationships, contra-ception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Variations on a Theme
Rival factions try to use King as bait to trap a double agent in Vienna. With Peter Wyngarde, Julian Glover and Ralph Bates.

4.00 Hawaii Five-O
No Blue Skies
A failed night-club singer turns cat burglar at a luxury hotel to boost his income. With Jack Lord and James MacArthur.

5.00 Hart to Hart
Year of the Dog
A valuable ancient jade carving leads the Harts to a Chinese arms dealer who has become a threat to US national security.

6.00 Emmerdale
Soap opera serial.

6.30 Classic Coronation Street
A derogatory story about the Rovers is printed in *The Gazette*.

7.00 Doctor at Large
Bewigged, Bothered and Bewildered

7.30 Doctor on the Go
Happy Ever After
Smash-hit comedy series.

8.00 Dempsey & Makepeace
Lucky Streak
The duo enters the shady world of gambling in search of a girl wearing a rare antique necklace.

9.00 The Professionals
Blood Sports
A tough assignment for CI5.

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Foo Foo's Party Night
A night of cabaret.

11.30 Studs
Football fanzine.

11.50 Lord Lust's Lovelies

12midnight Bikini Babes
Bikini contests from US hot spots.

12.30am Bigger Better Battling Babes
Foxy fighters claw and kick their way to the coveted world title.

1.00 E! In Focus
Playmates Now and Then

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Lamb Chops Play-Along 6.30 Jungle Cubs 7.00 Recess 7.30 Pepper Ann 8.00 Brand Spanking New Doug 8.30 Timon and Pumbaa 9.00 Aladdin 9.30 Quack Pack 10.00 Mouse and Mole 10.05 Amazing Animals 10.30 Sesame Street 11.30 Winnie the Pooh 11.45 Tots TV 12noon Little Hippo 12.10pm Let's Wiggle 12.15 Animal Shelf 12.30 Rosie and Jim 12.45 Small Stories 12.50 Bear in the Big Blue House 1.20 Winnie the Pooh 1.35 Chip 'n' Dale's Rescue Rangers 2.00 Goof Troop 2.30 Jungle Cubs

3.00 Timon and Pumbaa
Fun with the characters from *The Lion King*. Text

3.30 Brand Spanking New Doug
Doug's Mural Mania Text

4.00 Pepper Ann
Pepper Ann wants to be cool at all costs – but her family seems determined to thwart her. Text

4.30 Recess
Animated series. Text

5.00 Smart Guy Double Bill
TJ is a ten-year-old smart guy who is put into the tenth grade, much to the annoyance of his 15 year-old brother. Text

6.00 Teen Angel
Jeremiah was a Bullfrog
Marty makes a frog talk. Text

6.30 Boy Meets World
A Kiss is More than Just a Kiss
Cory tries dating again. Text

7.00 FILM: Safety Patrol
Bug Hall, Leslie Nielsen
Young Scout Bozell wants to be on the school's safety patrol – but the school bullies are determined not to let him join. When they try to frame him, he enlists the help of a private eye to prove that he's not guilty of causing the accident. *1995*

8.30 The Wonder Years
Growing Up Text

9.00-10.00pm Touched by an Angel
Monica is a beautiful and wise angel who relies on her wits rather than miracles. Stars Roma Downey and Della Reese.

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 A Taste of England 10.30 A Taste of Africa 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Slice of Life 1.00 Food for Thought 1.30 Cooking with Mosimann 2.00 Alive and Cooking 2.30 Food Network Daily 3.00 Frances Bissell's Westcountry Kitchen
A visit to the Newlyn fish auction.
3.30 Coxon's Kitchen College 4.00 Ideal Home Cooks 4.30-5.00pm Planet Nosh

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz for students.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
Panic breaks out when Ed brings unwelcome guests to the Grove.

6.30 Pull the Other One
Paul Coia hosts a gameshow featuring celebrity teams.

7.00 Stuck on You
Comedy with Neil Morrissey and Amelia Bullmore.

7.30 Desmond's
Art Attack
Comedy. Gloria falls for an artist.

8.00 Blue Heelers
Only One Withdrawal – Part I
Australian police drama series. As fires threaten the town, Maggie and Wayne are threatened by robbers.

9.00 Love Hurts
Drawing the Line
Frank returns from Israel alone. With Tessa and Alice still not back, his daughter comes to stay with him. With Zoe Wanamaker.

10.00 Safe and Sound
The Fugitive
Comedy with Des McAleer.

10.30 US and Them
11.00 Tales of Sherwood Forest 12midnight The Big One 12.30am The Comedy Company 1.00-2.00am The Free Frenchman

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

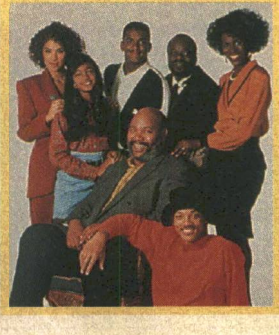
FILM

Billy Madison
Sky Movies Screen 1 9.00pm
Billy (Adam Sandler) is a spoiled rich kid who seems to need nothing and want nothing from life other than more of the same. Then he's told he must repeat all 12 grades of school in just six months if he's to inherit his family's fortune. At the age of 27, this won't be so easy.

GENERAL

The Soundies
Performance 8.00pm
Cab Calloway hosts a dazzling jazz extravaganza as he recalls the very first music videos and the artists that made them, including Louis Armstrong, Fats Waller and Benny Goodman. The footage is rare, with Calloway's own *Minnie the Moocher* one of the many highlights.

ADVERTISEMENT



THE FRESH PRINCE OF BEL AIR Trouble
7.30PM
He's always in trouble, now he's always on Trouble. In today's episode, Will Smith has to deal with his younger cousin Ashley asking him for advice on some very sensitive girly issues – and he's suitably embarrassed.

Friday 10 July

	EUROSPORT	SKY SPORTS 1	SKY SPORTS 2	SKY SPORTS 3	TROUBLE	SCI-FI
6.00 AM MORNING	**7.30am Mountain Bike** **8.00 Touring Car** Super Tourenwagen Cup action from Noisring, Germany. **9.00 World Cup – The Finalists** **10.00 Tennis – LIVE** Coverage of the quarter-finals of the ATP Tournament in Switzerland. **2.00pm Equestrianism – LIVE** Coverage of the 19th leg of the Samsung Nations Cup which was held between 8 and 12 July in Hickstead, Great Britain.	**7.00am Sky Sports Centre** **7.15 WWF** **8.15 Sky Sports Centre** **8.30 Racing News** **9.00 Aerobics Oz Style** **9.30 Ford Football Special: How the Premiership Was Won** **12noon Aerobics Oz Style** **12.30pm Formula Three** **1.00 Rebel Sports** **1.30 Equestrian: Spruce Meadows – Smirnoff Cup** **2.30 Trans World Sport** An hour-long foray into sports news, tournaments and competitions from the past week across the globe. **3.30 Ford Football Special: How the Premiership Was Won** Take a look back at a memorable Premiership season and relive the defining moments of the 1997/98 campaign.	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 Irish Showjumping** **8.45 Sky Sports Centre** **9.00 Tight Lines** **10.00 Ford Golf USA: Quad City Classic** *Repeat from Thursday* **12.30pm Ford Golf USA: US Senior Players Championship** *Repeat from Thursday* **2.00 V-Max** **2.30 Sports Unlimited** Everything from snowboarding and drag racing to biking and squash. **3.30 Watersports World** Featuring all of the latest action from the waves. **4.30 Cricket: Benson & Hedges Cup Final Preview** A look ahead to the forthcoming final at Lord's, together with a look back at the history of the limited-overs competition. **5.30 V-Max**	**12noon Trans World Sport** Bringing the latest ground-breaking sports stories from across the world with some humour thrown in. **1.00pm Tight Lines** Bruno Brookes and Keith Arthur answer an assortment of angling queries. **2.00 Bobby Charlton's Football Scrapbook** Bobby Charlton and Dickie Davies are joined by a football legend who looks back at some of the key matches in his career. **3.30 Rebel Sports** Wild and madcap series.	**12noon Sweat** **12.30pm Heartbreak High** **1.30 Echo Point** Teenage soap. **2.00 Hollyoaks** Chester-based soap about a group of teenagers and the battles they face. Stars Jeremy Edwards. **2.30 It's in the Jeans** Teenagers go on blind dates. **2.45 On the Make**	**7.30am Bloomberg TV** **8.00 G-Force** **8.30 Bionic Six** **9.00 Buck Rogers in the 25th Century** **10.00 Tomorrow People** **10.30 Jupiter Moon** **11.00 Dark Shadows** **11.30 New Alfred Hitchcock** **12noon Twilight Zone** **12.30pm Twilight Zone** **1.00 Tales of Unexpected** **1.30 Swamp Thing** **2.00 The Six Million Dollar Man**
3.00 PM					**3.00 Sweat** The fortunes of talented athletes at an Australian sports academy. **3.30 Ready or Not** *Get a Life*	**3.00 Quantum Leap** *How the Tess Was Won* Sam lands in the middle of Texas as a mild-mannered vet in 1956. Starring Scott Bakula.
4.00 PM	**4.00 World Cup – The Finalists** A look at the two teams that have successfully made it through the tournament.			**4.00 Irish Showjumping** Some of showjumping's most talented riders in action. **4.30 Wild Spirits**	**4.00 Fresh Prince of Bel Air** **4.30 Saved by the Bell** *Guess Who's Coming to College*	**4.00 Space Precinct** *Body and Soul* Lieutenant Patrick Brogan and his son Matt head for a close-up view of a distant comet.
5.00 PM	**5.00 Cycling** Highlights of last year's Tour de France.			**5.00 Gillette World Sport Special** Find out the very latest news on sport of all shapes and sizes. **5.30 Trans World Sport** An hour-long foray into sports news, tournaments and events fom across the globe.	**5.00 Hollyoaks** Chester-based soap about a group of teenagers. **5.30 California Dreams** *The Last Gig*	**5.00 Amazing Stories** *The Eternal Mind* A dying scientist manages to transfer his mind into a computer. **5.30 SF Scene**
6.00 PM	**6.30 Athletics – LIVE** Coverage of the EAA International Meeting in Salamanca, Spain.	**6.00 Sky Sports Centre** All the latest sports news. **6.30 Cricket: Benson & Hedges Cup Final Preview** A look ahead to the forthcoming final at Lord's, together with a look back at the history of the limited-overs competition.	**6.00 Ford Golf USA: Quad City Classic – LIVE** Ball-by-ball coverage of day two from the Quad City Classic. The Oakwood Country Club in Illinois stages this year's event as Justin Leonard attempts to retain the title.	**6.30 The Winning Post: Chepstow, Chester and Hamilton – LIVE** Jeff Stelling presents live horse racing action. The Chepstow races are at 6.45, 7.15, 7.45, 8.15 and 8.45. The Chester races are at 6.35, 7.05, 7.35, 8.05 and 8.35, and the one race at Hamilton gets underway at 8.25.	**6.00 Hang Time** *Style before Substance* **6.30 Blast** Music show. **7.00 USA High** **7.30-8.00pm Fresh Prince of Bel Air**	**6.00 Sightings** Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 PM		**7.30 Super League on the Road: Leeds v Salford – LIVE** Coverage of the latest *Super League on the Road* clash between Leeds and Salford from Gateshead. Presented by Eddie Hemmings and Mike Stephenson.			**BRAVO**	**7.00 Buck Rogers in the 25th Century** *Flight of the War Witch – Part I* Buck makes a journey through a black hole.
8.00 PM	**8.00 Boxing** Coverage of a top bout from the ring.		**8.30 Ford Golf USA: US Senior Players Championship – LIVE** Second day coverage of the US Seniors Players Championship from the TPC of Michigan. Some of the best golfers on the PGA Tour chase a share of the $2 million prize money.		**8.00pm The A-Team** *Breakout!* BA and Murdock find themselves on a chain-gang. Stars Mr T and Dwight Schultz.	**8.00 Quantum Leap** *One Strobe Over the Line* Sam leaps into the body of a fashion photographer whose task it is to prevent a model from overdosing.
9.00 PM	**9.00 Sumo** Coverage of the fifth and last part of the Grand Sumo tournament (Basho) in Tokyo, Japan.			**9.00 Gillette World Sport Special** Some of the world's more colourful sports. **9.30 Futbol Mundial** Football focus.	**9.00 Real Stories of the Highway Patrol** Real-life drama on the roads with police officers. **9.30 Cops** Fly-on-the-wall series.	**9.00 PSI Factor – Chronicles of the Paranormal** More tales with the OSIR team starring Paul Miller and Maurice Dean Wint.
10.00 PM	**10.00 Bowling** Coverage of the fourth round of the Golden Bowling Ball Tour in Frankfurt.	**10.00 World Cup Phone-In** Fans have their say on the latest from France 98. **10.45 Sky Sports Centre**	**10.00 Wild Spirits** Jason Roberts presents a hair-raising half hour of excitement. **10.30 Gillette World Sport Special**	**10.00-12midnight World Wrestling Federation – Raw** Jim Ross and Michael Cole present coverage from the World Wrestling Federation circuit as competitors battle it out on the canvas.	**10.00 Italian Stripping Housewives** Salacious gameshow. **10.30 World Cup Uncovered** A look at the fans.	**10.00 FILM: Gorgo** *Bill Travers, Bruce Seton* Disaster yarn with enjoyable special effects in which a captured sea monster scores a hit as a circus exhibit until its gigantic parent arrives to rescue it, terrorising and destroying half of London in the process. *1961* **11.30 SF Scene**
11.00 PM	**11.00 Extreme Sports** YOZ Mag featuring the 98 X Games, including bicycle stunts, in-line skating and skateboarding.	**11.00 Cricket: Benson & Hedges Cup Final Preview** A look ahead to the forthcoming final at Lord's.	**11.00 V-Max** The series that gives an insight into the world of speed. **11.30 Sports Unlimited**		**11.00 FILM: Cannibal Women in the Avocado Jungle of Death** *Shannon Tweed* Offbeat satire. *1988*	**12midnight Sightings**
12.00 NIGHT TIME	**12midnight-12.30am Mountain Bike** Grundig/UCI World Cup action from Snoqualmie Pass, Seattle.	**12midnight Sky Sports Centre** **12.15am Super League: Leeds v Salford** **1.45 World Wrestling Federation – Raw** **3.45 World Cup Phone-In** **4.30-6.00am Super League: Leeds v Salford**	**12.30am Sky Sports Centre** **12.45 Rebel Sports** **1.15 Sky Sports Centre** **1.30 Ford Golf USA: Quad City Classic** **4.00-6.00am Ford Golf USA: US Senior Players Championship**		**1.00am Beverly Hills Bordello** **1.30 FILM: The Class of Nuke 'Em High Part III** *Brick Bronsky 1991* **3.30 Twisted** **4.00 Beverly Hills Bordello** **4.30 Italian Stripping Housewives** **5.00-6.00am The A-Team**	**1.00am The Six Million Dollar Man** *Run Steve Run* **2.00 Friday the 13th** *Coven of Darkness* **3.00 Tales of the Unexpected** *In the Bag* **3.30-4.00am Dark Shadows**

CABLE CHOICE

SPORT

Super League on the Road – LIVE
Sky Sports 1 7.30pm

Not only is rugby league prepared to turn itself into a summertime spectacular, but it's also more than happy to spread its wings and play in areas where the sport is not a long-time tradition. So Leeds Rhinos face Salford Reds from Gateshead as the sport looks to increase its profile in the North East. The Rhinos have been impressive so far this season, with Iestyn Harris and Paul Sterling among their main men. Salford are a good mix of youth and experience and will look to Gary Broadbent for inspiration.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Suburban Tales
12.20 The Strap-O-Gram Girl
12.45 FILM: Adult Feature
1.00 The Five Minute Free View
1.05 FILM continues
2.00 Northern Exposer
2.25 FILM: Visions of Christy
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Ice Castings
12.25 Girls About Town
12.40 French Teaser
12.50 FILM: Infatuation
Leanna Hart, Ruby, Monti
Beyond desire lies the realm of infatuation, where the intensity of passion meets the heat of lust, and a sexual reawakening for five women.
2.10 Electric Blue
3.10-4.00am Adult Feature

HVC

CABLE EXCLUSIVE

8.00pm FILM: Sure Fire
Tom Blair, Kristi Hagar
Action thriller.
9.20 FILM: Trapper County War
Robert Estes, Don Swayze
Action thriller.
11.00 Modern Love 4
Erotic feature.
11.55-12midnight Erotic Dreams

Friday 10 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie Detector 10.30 BodyHeat/ What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls are provided with advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest update on the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
More action from the people's court.
9.00 Dog Night LIVE
Action from the races in Walthamstow and Wolverhampton.

10.00 Topless Darts
10.02 Odds on Sport
Show about betting.
10.28 Big City Tips
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another sensual offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30
Sale of the Century
Hosted by Keith Chegwin.

7.00 Prize Time
7.15 Winner Takes All
Gameshow hosted by Bobby Davro.
7.45 Prize Time
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the gameshow with the chance to win big prizes.
9.45 Prize Time
10.00 Endurance UK
Paul Ross puts more contestants through torture, and introduces clips from the Japanese show.
10.50 Prize Time
11.10 Jools Holland's Name That Tune
Jools Holland and his Orchestra play the music in the classic quiz.
11.40 Prize Time
12midnight Roll with It!
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Motormouth
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, sport, travel, weather and features on the hout every hour, plus the following features: 10.30am The Catwalk Show 11.30 Real Gardening Show 12.30pm Movies, Games & Videos 1.30 Cinema, Cinema, Cinema 2.30 London School Choirs Youngsters do battle with their tonsils.

3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
4.30
The Catwalk Show
The latest from the fashion world.
5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
6.30
The Album Show
Classic tracks by legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
8.30
Real Gardening Show
Green-fingered advice.
9.30
The Catwalk Show
The latest from the fashion world.
10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
11.30
The Album Show
Classic tracks by legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
The liveliest mix of music videos.
9.00 MTV Mix
New music and the *Big Picture.*
12noon Non-Stop Hits
2.00pm
Dancefloor Chart
The coolest club cuts June Sarpong.

3.00 Ultimate Top 10 Sibling Videos
Featuring top videos from brother and sister outfits.

4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.

5.30 MTV News Weekend Edition
What's new in music and showbiz.
6.00 Dancefloor Chart
The latest club tracks with June Sarpong.

7.00 Partyzone
The latest club music and news with Simone Angel.

9.00 Up for It
Another helping of merriment with Eddy Temple-Morris.

10.00 Hot
News, videos and gossip with Justin Lee Collins.

11.00 Amour
The erogenous zone with Cat Deeley.

12midnight Singled Out
Dating game with a difference introduced by Carmen Electra.
12.30am Loveline
1.00 Club Mix
3.00 Partyzone
5.00-7.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon
Travel Live Stop the Week
1.00pm Pathfinders
1.30 Origins with Burt Wolf
The Cayman Islands
2.00 On Tour
Portugal
2.30 Wild Ireland
The Pleasures Of Dry Limestone, Clare

3.00
Of Tales and Travels
Tenerife and La Gomera
A look at unknown parts of Tenerife and its neighbour La Gomera.
4.00
The Great Escape
Jodhpur and the Kumaon Hills
4.30 Australian Gourmet Tour
5.00 Pathfinders
Sea of Cortez
A look at Espiritu Santu.
5.30 Travel Trails
Shropshire
A visit to Shrewsbury.
6.00 Origins with Burt Wolf
The Cayman Islands
6.30 On Tour
Morocco
A visit to Morocco.
7.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis present another edition of the popular entertainment show.
8.00 Go Greece
Athens, A Metropolis of Traditional & Modern
8.30 The Flavours of France
Macon – Saone et Loire
9.00 Going Places
San Francisco/Napa Valley
A look at America's most European city, where health, politics, style and nature converge.
10.00 Wild Ireland
The Pleasures of Dry Limestone, Clare
A visit to Mullaghmore.
10.30 Floyd on Oz
South Australia
11.00-12midnight Travel Live Stop the Week
Judi Spiers and Gareth Davis present the popular entertainment show.

GRANADA BREEZE

6.00am E! Celebrity Profile 7.00 Roddy Llewellyn's Indoor Garden 7.30 Young Chefs 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Celebrity Profile 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 The Fast Food Show 2.00 thirtysomething

3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
Mom's Dating a Toy Boy
American talk show featuring lively and heated discussion.
5.00-6.00pm Livetime
Magazine show covering health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

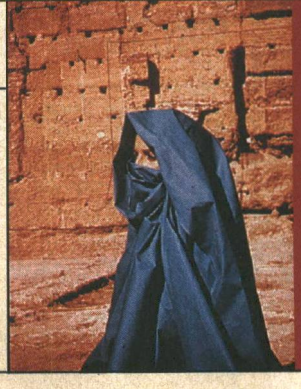
7.00pm
Science and Animals
Discover how scientists increase our understanding.
7.30 In the Footsteps of Crusoe
8.00 Under the Ice
Documentary offering an in-depth look at the desolate beauty of the Antarctic Continent, one of the earth's last frontiers.
9.00
Invaders in Paradise
A look at how indigenous New Zealand wildlife has been destroyed as a result of the arrival of settlers.
10.00
Friday Night Wild: The Urban Gorilla
Exploring the lives of urban gorillas and how living in captivity affects them.
11.00
Friday Night Wild: The Four Seasons of the Stag
11.30 Night Wild: Eating Like a Gannet
12midnight-1.00am
Friday Night Wild: Wilds of Madagascar
How this island has become the world's number one conservation priority for many naturalists.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Contestants try to identify the melody in 'Jools Holland's Name That Tune': Challenge TV 11.10pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Greatest Hits of... The Pet Shop Boys 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah and Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits
10.00 Ten of the Best: Mickey Rourke 11.00 Around and Around 12midnight The Friday Rock Show 2.00am Behind the Music: Ozzy Osbourne 3.00-7.00am VH1 Late Shift



Be beguiled by the colourful sights of mysterious Morocco in 'On Tour: Morocco': Travel 2.00pm, 6.30pm

Friday 10 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture to Go 2.00 This Old House 2.30 Tool Time 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM

4.00 PM **4.00pm The Diceman**
The dice decides Russell Harris's journey around the British Isles.
4.30 Top Marques
Chevrolet

5.00 PM **5.00 First Flights**
Jump to the Sky
5.30 History's Turning Points
The Battle for Vietnam
A look at world conflict.

6.00 PM **6.00 Animal Doctor**
Following the work of doctors from the RSPCA.
6.30 Orang-Utans – High Society
Looks at studies in Borneo to learn more about this gentle creature.

7.00 PM **7.30**
Arthur C Clarke's Mysterious Universe
Where Giants Walked

8.00 PM **8.00 Lonely Planet**
North India: Varanasi to Himalayas
Andrew Daddo begins a journey through Eastern India and the Himalayas.

9.00 PM **9.00**
Medical Detectives
The Disappearance of Helle Crafts
Looks at the strange case of a disappearing wife.

10.00 PM **10.00 Adrenalin Rush Hour: The Terror Technicians**
Talks to John Wardley, builder of the biggest and scariest fairground rides.

11.00 PM **11.00**
A Century of Warfare
Remembers the civil wars and the crushing terms of defeat which brought dictators to power.

12.00 **12midnight First Flights**
Jump to the Sky
12.30am Top Marques
Chevrolet
1.00-2.00am
Forensic Detectives
Faces of Tragedy

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Jack sets off to demolish Turner's dam.

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas 6.45 Magic Roundabout 7.00 Scooby Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter's Laboratory 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
Canine crime-busting with Scrappy and his Uncle Scooby.
3.30 Taz-Mania
4.00 Beetlejuice
Ghoulish animation.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More animated adventures with the superhero with a superego.
5.30 Cow and Chicken
6.00 La Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.

8.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
8.30-9.00pm The Flintstones
Prehistoric fun in Bedrock.

THE HISTORY CHANNEL

4.00pm Battleline: Tobruk
4.30 Men in Crisis: Nasser v Ben-Gurion
Archival footage chronicles the rise of Gamel Abdel Nasser and David Ben-Gurion.
5.00 History Encore: Sink the Bismarck!
Documents the pursuit of the battleship *Bismarck*.
7.00-8.00pm Biography
Field Marshall Erwin Rommel

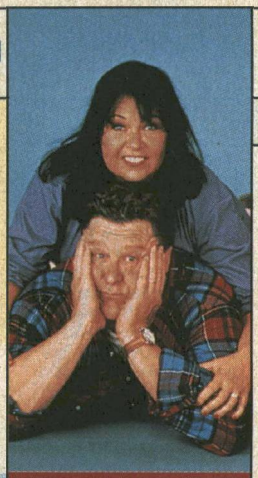
NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
Classic animation from the BBC archives.

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister, Sister
Domestic disharmony with Tia and Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Dan leaves Roseanne dozens of messages.
8.00 Grace Under Fire
Grace gets promoted to supervisor to the dismay of her male co-workers.
8.30
Caroline in the City
9.00 Cybill
Cybill Shepherd stars in this sophisticated comedy.
9.30 Ellen
Joe is fired by the new manager of *Buy the Book*.
10.00
Mr Don and Mr George
Comedy with the *Absolutely* characters.
10.30 Cheers
US sitcom.
11.00 Monty Python's Flying Circus
Vintage surreal humour.
11.30 Food Fight
A saucy new food quiz featuring Sara Cox.
12midnight Nurses
Medical comedy series.
12.30am
It's Garry Shandling's Show
Eighties comedy series about bachelordom.
1.00 Mr Don and Mr George
Comedy with the *Absolutely* characters
1.30 Cheers
US comedy series set in the infamous Boston bar. With Ted Danson.
2.00 Caroline in the City
New York comedy about a cartoonist.
2.30 Food Fight
Saucy food quiz with Sara Cox and Andy Parsons.
3.00 Roseanne
Starring Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Comedy about a struggling actress starring Cybill Shepherd.



Domestic dilemmas with Roseanne and John Goodman in 'Roseanne': Paramount Comedy Channel 7.30pm, 3.00am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm
Inside Hollywood
7.30
European Concert
8.00 Jazz Greats
The Soundies
Cab Calloway hosts a dazzling all-star extravaganza as he recalls the Soundies.
9.00 Previn on Mozart: Paris
André Previn tours Europe to trace the main events in Mozart's life. Featuring soloist Mitsuko Uchida.
10.00 Arts Council Showcase: Exit No Exit and Silver Shine
The London Contemporary Dance Theatre perform.
11.00 James Taylor with the Boston Pops Orchestra
James Taylor plays with the Boston Pops Orchestra.
12midnight-1.00am Midnight Jazz: Chick Corea
The jazz pianist plays an intoxicating range of piano jazz, including the improvisations for which he is renowned.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30
Great Houses of Europe
2.00 Travel Tips
3.00 Globetrotter
3.30-4.00pm
Sky Destinations
Cyprus

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Earth Matters 1.15 Asian Edition 1.30 Business 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q & A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.30 Q & A 2.00 Larry King 3.00 7 Days 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12.00 Sky News Today 2.30pm Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00pm ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin/ Journal du Temps 7.00 TV5 Minutes/Journal du Temps 7.05 Journal Télévisé de Radio Canada 7.30 Le Journal du Temps 7.35 Journal du Mondial 8.00 TV5 Minutes 8.05 Zig Zag Café 9.00 TV5 Minutes 9.05 Viva 9.45 7 Jours en Afrique 10.00 TV5 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Le Jeu des Dictionnaires 11.00 TV5 Minutes 11.05 Paris Lumières 11.33 Journal Télévisé France 3 11.55 Le journal du Temps 12noon C'est l'Homme que J'ai Tué 2.00pm Temps Présent 3.00 Journal TV5 3.15 Pyramide 3.45 Bus et Compagnie 4.30 TV5 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal TV5/Journal du Temps 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal Télévisé Belge 7.00 Faites la Fête 9.00 Journal Télévisé de France Télévision 9.30 L'hebdo 10.00 Journal du Mondial 10.30 Pour la Gloire 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Music Challenge 4.30 Fauji 5.00 Nashaib 5.30 Shaque 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 Edit 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 Fauji 4.30 Swabimaan 5.00 Cultural Heritage 6.00 Music Time 6.30 News 7.00-7.30pm Mehfil

ZEE TV

4.00am URDU FILM: Seeta Maryam Margaret 6.30 Lollywood 7.00 Jaagran 7.30 Aap Ki Adalat Aap Ka Faisla 8.00 News 8.30 Buniyaad 50 9.00 Bharat Ek Khoj 10.00 Red Card 11.00 Zaike Ka Safar 11.30 Kurkshetra 12noon HINDI FILM: Beti 3.00pm Hasratein 4.00 Campus 4.30 It's My Choice 5.00 Zee Zone 6.00 Banegi Apni Baat 6.30 Fun Filmi Style 7.00 Chashme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Parampara 9.00-12midnight FILM: Sunny Deol Sunny

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Lingfield, Wolverhampton and York with Robin Gray, John Hanmer and Mike Cattermole.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Winning Ways 5.00 Chronicles of Revival 5.30 Good News 6.00 River of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Jack Hayford/ Derek Prince 9.30 Life in the Word 10.00 In Times Like These 10.30 John Avanzini 10.40-11.00am Good Morning Europe

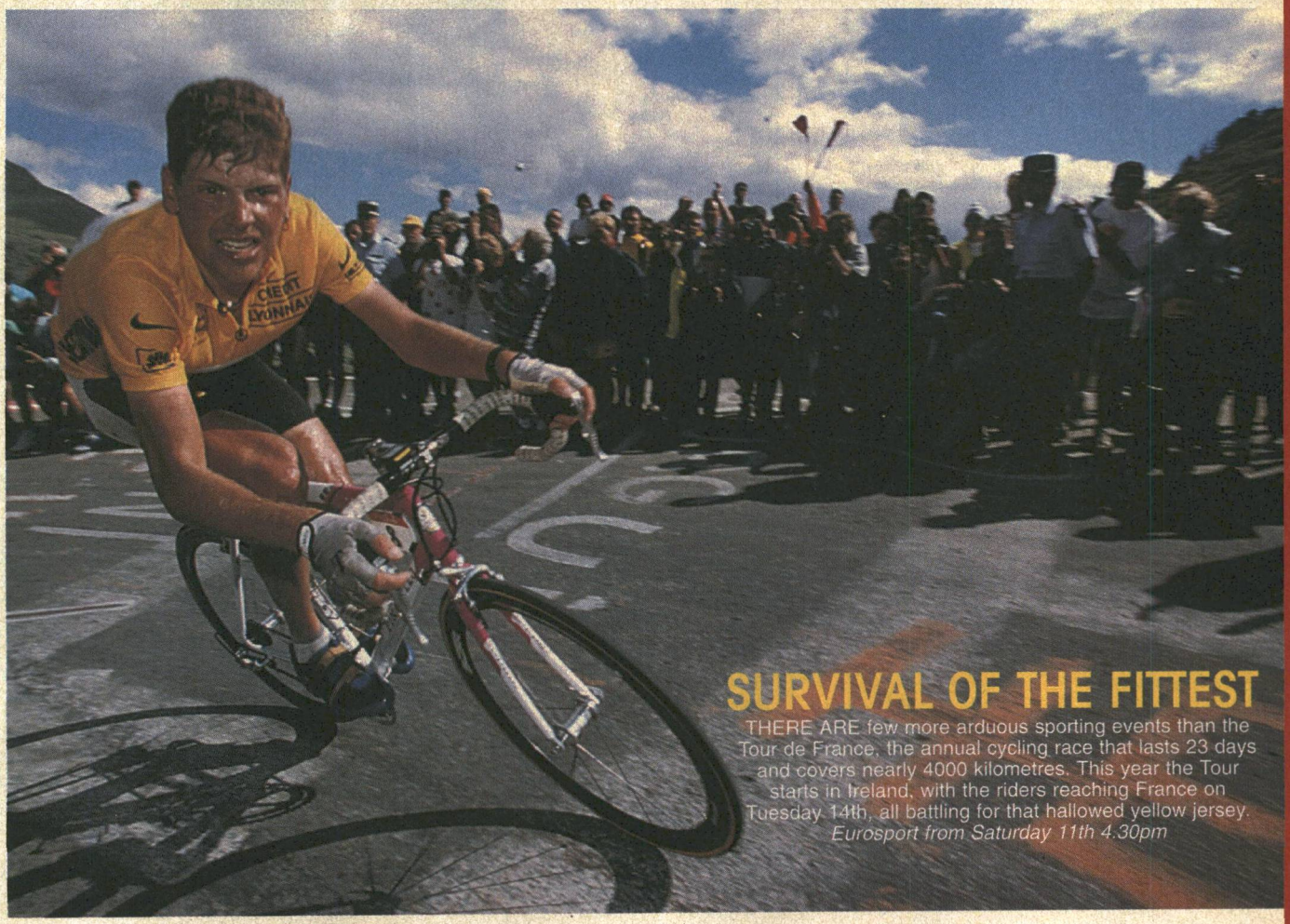
PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 Commons Live 3.00pm This Week in the Lords 11.00-12midnight Business Statement

SECTION TWO

Saturday 11 July – Friday 17 July



SURVIVAL OF THE FITTEST

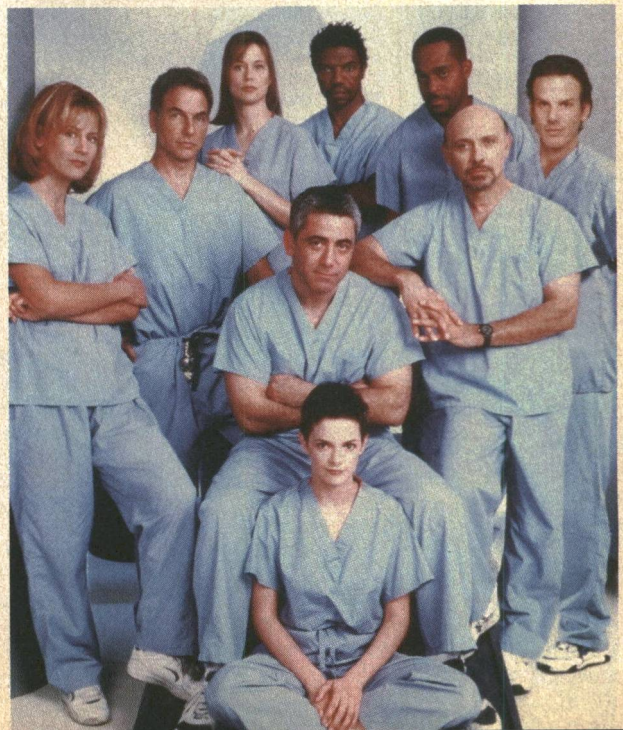
THERE ARE few more arduous sporting events than the Tour de France, the annual cycling race that lasts 23 days and covers nearly 4000 kilometres. This year the Tour starts in Ireland, with the riders reaching France on Tuesday 14th, all battling for that hallowed yellow jersey.
Eurosport from Saturday 11th 4.30pm

PRIZED DRAW

DISNEY'S *The Little Mermaid* is re-released at cinemas nationwide this summer and you can go behind the scenes to see how they turned Hans Christian Andersen's popular story into an animated feature in *The Making of 'The Little Mermaid'*. The film's production was unique, being the final Disney feature to be painted entirely by hand, using a thousand different colours in over a million drawings!
Disney Channel Friday 17th 3.00pm

SMOOTH OPERATORS

THE doctors in *Chicago Hope* are used to pressure, but they have to face some ethical dilemmas this week. A woman infected with HIV tells Dr Grad (Jayne Brook) she wants a baby, while Dr Caterra (Stacy Edwards) has to persuade a couple their five-year-old child needs a serious brain operation.
Sky One Monday 13th 10.00pm



Saturday 11 July

SKY MOVIES SCREEN 1

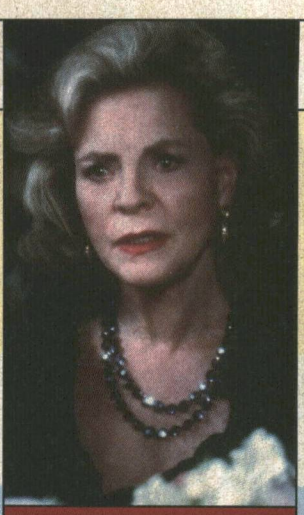
6.00am Fiddler on the Roof
Topol, Norma Crane, Molly Picon
1971, rating Sky U, 171 mins
9.00 Alaska
Children's adventure. Text *1996, rating Sky PG, 104 mins*
11.00 Emma
Gwyneth Paltrow, Jeremy Northam
Period drama. Text *1996, rating Sky U, 116 mins*
1.00pm Outrage!
Robert Preston, Beau Bridges
1986, rating Sky PG, 94 mins
3.00 Letter to My Killer
Mare Winningham, Rip Torn, Nick Chundlund, Josef Sommer, Eddie Jones
Thriller in which a hard-up couple resort to desperate measures in order to get their hands on some much-needed cash. They decide to embark on a little blackmail, but, the scam soon blows up in their faces. *1995, rating Sky PG, 87 mins*
5.00 Alaska
Thora Birch, Vincent Kartheiser, Dirk Benedict, Charlton Heston
Adventure. After his wife dies, a man decides to start life afresh as a plane supplier in Alaska with his children. When his plane goes missing, the two children try to find him, and become involved with a poacher's quest to kill a baby polar bear. Text *1996, rating Sky PG, 104 mins*
7.00 Emma
Gwyneth Paltrow, Jeremy Northam, Toni Collette, Greta Scacchi, Polly Walker, Juliet Stevenson, Alan Cumming
Adaptation of the classic Jane Austen novel. Emma is pretty and clever, but her naïve attempts to marry off her friend incur a family friend's disapproval. Text *1996, rating Sky U, 116 mins*
9.00 Tommy Boy
Chris Farley, David Spade, Bo Derek, Rob Lowe
Comedy in which a young good-for-nothing struggles to save his late father's car parts factory from the machinations of his new step-mother. Text Last Play *1995, rating Sky 12, 93 mins*
10.45
When Saturday Comes
Sean Bean, Emily Lloyd, Craig Kelly, Pete Postlethwaite
Sports drama in which a brewery worker gets the chance to fulfil his dream of becoming a professional footballer. Text *1995, rating Sky 15, 94 mins*
12.25am Rattled
William Katt, Shanna Reed
1996, rating Sky 12, 86 mins
1.55 The Late Shift
Kathy Bates, John Michael Higgins
1996, rating Sky 15, 91 mins
3.35-5.15am Stolen Innocence
Tracey Gold, Thomas Calabro
1995, rating Sky 15, 90 mins

SKY MOVIES SCREEN 2

6.00am Draw!
1984, rating Sky PG, 93 mins
8.00 Great Day
1945, rating Sky U, 76 mins
9.25 Bandit of Sherwood Forest
1946, rating Sky PG, 83 mins
10.55 Sea Devils
1937, rating Sky U, 84 mins
12.25pm
Let Me Call You Sweetheart
1997, rating Sky PG, 88 mins
2.00 Draw!
Kirk Douglas, James Coburn, Graham Jarvis, Alexandra Bastedo
Western in which a feisty outlaw, who is nearing retirement, is pursued by an alcoholic sheriff with a grudge. *1984, rating Sky PG, 93 mins*
4.00 Sea Devils
Ida Lupino, Victor McLaglen, Preston Foster, Donald Woods, Helen Flint, Gordon Jones
Comedy featuring exploits of the ice patrols of the US coast guard. Two rival coast guards fall into deeper conflict and resort to brawling when the daughter of one begins to develop an attraction to the other. *1937, rating Sky U, 84 mins*
6.00
What the Deaf Man Heard
Matthew Modine, Tom Skerritt, Judith Ivey, James Earl Jones, Frankie Muniz
Drama. A man remains traumatised since a childhood incident involving his mother, which left him a deaf mute. However, a meeting with a waste collector changes his life. Text *1997, rating Sky PG, 94 mins*
8.00 Hackers
Jonny Lee Miller, Angelina Jolie, Fisher Stevens, Lorraine Bracco, Matthew Lillard
Computer-based thriller. A teenager, who is notorious for having crashed over a thousand Wall Street computers at the age of 11, finds himself framed for coporate theft by a master hacker. Text *1995, rating Sky 12, 101 mins*
10.00
The Mirror Has Two Faces
Barbra Streisand, Jeff Bridges, Lauren Bacall, George Segal, Mimi Rogers, Pierce Brosnan
PREMIERE Heart-warming romantic comedy in which a frumpy college lecturer's celibate relationship with a fellow professor is jeopardised when she transforms herself physically. *1996, rating Sky 15, 122 mins*
12.10am Undercover
Athena Massey, Tom Tayback
1995, rating Sky 18, 95 mins
1.55 Prescription for Murder
1995, rating Sky 18, 89 mins
3.25 Man on Fire
1987, rating Sky 18, 88 mins
5.10-6.00am Off on a Comet
1979, rating Sky U, 48 mins

SKY MOVIES GOLD

11.00am Road to Utopia
Bob Hope, Bing Crosby, Dorothy Lamour, Hillary Brooke
Musical comedy based around the Alaskan gold rush. *1945, rating Sky PG, 86 mins*
12.30pm Blue Skies
Fred Astaire, Bing Crosby, Joan Caulfield, Olga San Juan
Musical with the songs of Irving Berlin. *1946, rating Sky U, 99 mins*
2.15 Mr Music
Bing Crosby, Nancy Olson, Charles Coburn, Ruth Hussey, Robert Stack
Musical in which a reluctant songwriter is forced to take a break from gambling and golf to work on a full-length musical. *1950, rating Sky U, 109 mins*
4.10 The Glass Menagerie
Jane Wyman, Kirk Douglas, Gertrude Lawrence
An adaptation of Tennessee Williams' play about the memories and hopes of a family during the Thirties. The mother, a faded Southern Belle, is determined that her crippled daughter shall have a 'gentleman caller'. *1950, rating Sky U, 103 mins*
6.00 The Long Ships
Richard Widmark, Sidney Poitier, Rosanna Schiaffino, Russ Tamblyn, Colin Blakely, Oscar Homolka
Viking adventure in which a Scandinavian hero struggles against the evil Moors to gain possession of a prized golden bell. *1963, rating Sky PG, 120 mins*
8.00 Empire of the Sun
Christian Bale, John Malkovich, Miranda Richardson, Nigel Havers, Joe Pantoliano
Steven Spielberg's World War II epic in which a young, well-sheltered boy finds himself separated from his parents in Japanese-occupied Shanghai. Taken to a prisoner-of-war camps, he learns to grow up fast with the help of two entrepreneurial Americans. Based on JG Ballard's novel. *1987, rating Sky PG, 147 mins*
10.35
The Cold Light of Day
Richard E Grant, Simon Cadell, Joanna Dickens, Lynsey Baxter
Thriller in which a police officer, who is on the trail of a notorious serial killer, becomes tangled up in the case. *1994, rating Sky 18, 96 mins*
12.15am Marked for Death
Steven Seagal, Basil Wallace
1991, rating Sky 18, 89 mins
1.50 Under the Volcano
Albert Finney, Jacqueline Bisset
1984, rating Sky 15, 108 mins
3.45-5.10am I Met Him in Paris
Claudette Colbert, Melvyn Douglas
1937, rating Sky U, 83 mins



Lauren Bacall stars in the premiere of 'The Mirror Has Two Faces': Sky Movies Screen 2 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm FILM: Westworld
Yul Brynner, Richard Benjamin, James Brolin, Norman Bartold, Dick Van Patten, Linda Scott
Sci-fi chiller. Two strait-laced businessmen visit a theme park in which robots help them live out the adventures of their dreams. However, one of the robots malfunctions and the shoot-out becomes for real. *1973, 84 mins*
11.00
2001: A Space Odyssey
Keir Dullea, Gary Lockwood, William Sylvester, Daniel Richter
Classic piece of sci-fi in which an apparently intelligent monolith is discovered on the moon.
Widescreen *1968, 134 mins*
1.30am Wise Guys
Danny DeVito, Joe Piscopo, Harvey Keitel, Ray Sharkey, Dan Hedaya
Black comedy. *1986, 88 mins*
3.15-5.00am Westworld
Yul Brynner, Richard Benjamin
Sci-fi chiller. *1973, 84 mins*

SKY ONE

7.00am Delfy and His Friends 7.30 Ultraforce 8.00 Wild West Cowboys of Moo Mesa 8.30 Superhuman Samurai Syber-Squad 9.00 What-a-Mess 9.30 Double Dragon 10.00 Games World Omnibus 11.00 Tarzan: The Epic Adventures 12noon World Wrestling Federation – Live Wire 1.00pm World Wrestling Federation – Shotgun 2.00 Kung Fu
3.00 Star Trek: The Next Generation
The Naked Now
Romance, danger and chaos result when a contaminant intoxicates the crew.
4.00 Star Trek: Deep Space Nine
The Way of the Warrior – Part I
Sisko must help Klingon *Starfleet* Officer Worf decide where his loyalties lie after a treaty lapses.
5.00 Star Trek: Voyager
The 37's
More sci-fi drama. In an alien world, the *Voyager* finds a number of humans who are in suspended animation. Text
6.00
Xena: Warrior Princess
The Path Not Taken
A princess is taken hostage and Xena must rescue her before war breaks out.
7.00 Hercules: The Legendary Journeys
Not Fade Away
Hercules finds an unlikely ally in the Enforcer when he battles Hera's new Enforcer II. Text
8.00
Buffy the Vampire Slayer
Bewitched, Bothered and Bewildered
Starring Sarah Michelle Gellar and Nicholas Brendon.
9.00 Cops
Two men are taken into custody after drug items are found.
9.30 Cops
Las Vegas
On patrol in the casino capital.
10.00 Friends
The One With the Dollhouse
Rachel's boss dates Chandler.
10.30 Friends
The One With a Chick and a Duck
11.00 Showbiz Weekly
Entertainment bible hosted by Tania Bryer.
11.30 The Movie Show
Movie magazine show hosted by Richard Jobson.
12midnight The Big Easy
Pilot
Detective drama series. Text
1.00am Dream On
Tenants Anyone?
1.30 Dream On
Finale Vengeance – Part I
2.00-6.00am Long Play
A VJ-free music zone.

SKY box office JUST THE TICKET

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy – the Borg. Starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.30am, 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am The Sullivans Omnibus
The story of an Australian family during the war years.
9.05 Dr Who Omnibus
Keys of Marnius
Another adventure in which the time traveller takes on those with evil designs upon the universe.

12.05pm EastEnders Omnibus
More news from Albert Square.

3.00 The Bill Omnibus
Another chance to see the events of the last week. Boyden and Beach clash over what to do about an off duty policeman caught drunk driving. Carver goes undercover to expose an extortion racket, while Quinnan and Hollis investigate a famous store detective accused of assaulting a shop lifter. Matters take a more sinister turn when the diving team discover a body in the dock.
5.30 Citizen Smith
Crocodile Tears
Robert Lindsay, Mike Grady
Classic Seventies comedy.
6.10 FILM: Carry On Camping
Sid James, Kenneth Williams, Joan Sims, Charles Hawtrey.
A pair of likely lads trick their girlfriends into going on holiday to a nudist camp – but it turns out to be a family campsite. They find more mischief to occupy them when a coachload of teenage schoolgirls arrives at the site. *1969*
8.00 The Brittas Empire
Sitcom about the manager of a sports centre, the infuriating but well-meaning Gordon Brittas.
8.40 Blackadder II
Beer
Classic historical comedy.
9.20 One Foot in the Grave
Return of the Speckled Band
Victor celebrates his 61st birthday, but manages to get into more of his usual difficulties.
10.00 Bottom
Digger
A dating agency gives Richie the chance to achieve his life's ambition – to have sex.
10.40 Red Dwarf
Me2
Rimmer has discovered how to duplicate himself.
11.20 The Comic Strip Presents...
Five Go Mad in Dorset
Classic comedy.
12midnight Chelmsford 123
Comedy with Jimmy Mulville.
12.35am FILM: Ironside – Split Second to Epitaph
2.05 FILM: Texas Terror
John Wayne, Lucile Brown.
Western. *1935*
2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living
A mix of pre-school programming.
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Cheap Chic
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempestt
12.40pm Rolonda
1.30 Living it Up!
2.30 I Dream of Jeannie

3.00
FILM: Sharing Richard
Ed Marinaro, Eileen Davidson, Nancy Frangione, Hilary Bailey
Three thirtysomething single women, the best of friends, discover that they are all dating the same handsome and recently-divorced doctor. Rather than give him up, they devise a plan to share him, but jealousy soon intervenes. *1987*
5.05 Hart to Hart
The Hartbreak Kid
Jonathan and Jennifer discover criminality and danger when they decide to enter the world of horse racing.
6.00 FILM: Romance on the Orient Express
Cheryl Ladd, Stuart Wilson, John Gielgud, Renee Asherson.
When travelling on the Orient Express between Venice and Paris, an American magazine editor and a young Englishman rekindle an affair they had ten years earlier. John Gielgud gives a fine cameo performance as the man's snobbish father. *1985*
8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.50-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 Bootsie and Snudge 7.30 Nearest and Dearest 8.00 The Cuckoo Waltz 8.30 The Piglet Files 9.00 The Saint 10.00 Hart to Hart 11.00 E! Extreme Close-Up 11.30 Raffles 12.30pm The Saint 1.30 Emmerdale 2.00 Emmerdale 2.30 Emmerdale

3.00 Emmerdale
More trials and tribulations of a Yorkshire farming community.
3.30 Emmerdale
Another installment of the Yorkshire soap.
4.00 The Trials and Tribulations of Rita
Classic episodes of *Coronation Street*. Benny proposes to Rita.
4.30 The Trials and Tribulations of Rita
5.00 The Trials and Tribulations of Rita
Rita testifies in court.
5.30 The Trials and Tribulations of Rita
Rita leaves Len.
6.00 The Trials and Tribulations of Rita
Len and Rita try to adopt a child.
6.30 The Trials and Tribulations of Rita
Rita mourns Len.
7.00 Hawaii Five-0
The Late John Louisiana
McGarrett leads a search for the witness to a murder in order to protect her from one of Hawaii's most-wanted criminals.
8.00 Mission Impossible
War Games
Shannon must go undercover to thwart the plans of an ambitious European general with expansion plans.
9.00 The Professionals
Hijack
Bodey and Doyle are asked to look into a robbery with diplomatic implications.
10.00 The Comedians
10.30-11.00pm Comedians

GRANADA MEN & MOTORS

11.00pm V.P.L.
Alternative and sexy fashion for men and women.
11.30
Noddy's Electric Ladyland
Eccentric pop quiz presented by Noddy Holder.
12.00midnight Babewatch UK
Fly-on-the-wall series which looks at Britain's top glamour models.
12.30am Bikini Babes
1.00 E! TALK SOUP
Presented by John Henson.
1.30 E! Uncut
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Audubon's Animals 6.30 Jungle Cubs 7.00 Aladdin 7.30 Mighty Ducks 8.00 Men in Black 8.30 Ned's Newt 9.00 Recess 9.30 Brand Spanking New Doug 10.00 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm Honey, I Shrunk the Kids 1.10 Woof 1.35 Flash Forward 2.00 Double Dinosaurs

3.00 The Wonder Years Double Bill
Ninth Grade Man/The Journey
Kevin enters ninth grade and tries to gate-crash a slumber party with friends. Text
4.00 Home Improvement Double Bill
Look Who's Not Talking/ Up Your Alley
More comedy from the DIY man and his family. Text
5.00 Honey, I Shrunk the Kids: The TV Show
Honey, I Got Duped
Wayne makes a clone. Text
5.45 Smart Guy
US comedy.
6.10 Teen Angel
Living Doll
Marty brings a doll to life. Text
6.35 Boy Meets World
This Little Piggy
Teenage sitcom. Text
7.00 Film: Miracle at Midnight
Sam Waterston, Mia Farrow, Justin Whalin
PREMIERE This remarkable film tells the true story of the courage of the Danish people who hid jews during the World War II. *1997*
8.30 The Wonder Years
Daddy's Little Girl
Kevin's sister grows up. Text
9.00-10.00pm Second Noah
The Big Hurt
Shirley is visited by a ghost from her past – her son, JoJo. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Rustie's Real Cooks 10.30 The Restaurant Show 11.00 Foreign Assignment 11.30 Kitchen College 12noon Food Network 12.30pm Chef on a Shoestring 1.00 Alive and Cooking 1.30 Tessa Bramley 2.00 Slice of Life 2.30 Food Network Daily 3.00 Ross in Thailand
More exotic delights.
3.30 Coxon's Kitchen College 4.00 A Year at Ballymaloe 4.30-5.00pm Frances Bissell's Westcountry Kitchen

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Switch On
Entertainment magazine featuring news and views.
5.30 Robin of Sherwood
Alan-a-Dale
Robin's helps love-lorn minstrel to rescue the woman he loves from the Sheriff of Nottingham.
6.30 Men of the World
Team Table
Lenny and Kendle fall out over an inter-pub quiz contest.
7.00 Get Back
You Can't Do That
Bernie and Lucy get engaged.
7.30 Birds of a Feather
Tinker, Tailor
Classic comedy.
8.00 Lovejoy
Friends in High Places
After six months of living in Spain, Lovejoy returns to renew old friendships. Lady Jane welcomes him with open arms.
9.00 Pie in the Sky
The Best of Both Worlds
Detective Inspector Harry Crabbe is about to retire and realise his dream – to open a restaurant.
10.00
The Camomile Lawn
A five-part adaptation of Mary Wesley's acclaimed novel. Five cousins are reunited for a funeral after 40 years.
11.00 Tales of Sherwood Forest 12midnight-2.00am Guests of the Emperor

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Sterling Silver Jewellery at 4.00pm.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

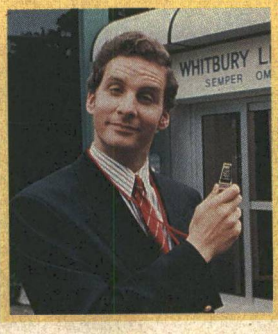
FILM

The Mirror Has Two Faces
Sky Movies Screen 2 10.00pm
Barbra Streisand is in good form as a teacher of romantic literature who can't get any romance in her life. Then she bumps into maths lecturer Gregory (Jeff Bridges), who wants a platonic relationship only. Barbra agrees and they even marry, but still with no sex. How long will this last?

GENERAL

Buffy the Vampire Slayer
Sky One 8.00pm
Cordelia (Charisma Carpenter) dumps Xander (Nicholas Brendon) on Valentine's Day because of peer pressure, but he soon has a plan to get her back. As an indication of the show's popularity, Angel (David Boreanaz) will have his own spin-off series next year.

ADVERTISEMENT



UK GOLD
THE BRITTAS EMPIRE 8.00PM
Starring Chris Barrie as Gordon Brittas, the newly appointed manager of the Whitbury Leisure Centre. The Duchess of Kent is attending the opening ceremony and Gordon is hoping everything will go according to plan.

Saturday 11 July

EUROSPORT

7.30am Extreme Sports
Highlights from Monday's and Friday's sessions.
9.00 World Cup Spirit
10.00 Tennis – LIVE
Coverage of the ATP Tournament semi-finals in Gstaad, Switzerland.
2.00pm Sports Car – LIVE
Coverage of the second qualifying practice session of the fourth round FIA GT Championship in Dijon.

3.00 Athletics – LIVE
Coverage of the IAAF Permit Meeting at the Vittel Stadium in Villeneuve d'Ascq, France. Today includes the men and women's 100m, 200m, 400m, 800m, 3000m or 5000m, the pole vault, long jump and discus events.
4.30 Cycling – LIVE
Coverage of the Tour de France, which starts today and finishes on 2 August, covering a distance of 3850km.
● FEATURE: PAGE 9

6.50 World Cup Spirit
More football coverage.

7.50
World Cup – LIVE
Coverage of the play-off for third place from Paris. Both teams will be keen to end their World Cup campaign on a winning note after their inevitable semi-final disappointment.

10.00 Cycling
Highlights of the Tour de France, which started today and goes on until 2 August, covering a distance of 3850km.

11.30 CART
Coverage of the qualifying practice for Sunday's pole position.
12midnight
World Cup Journal
Highlights from France.
12.30-1.00am
World Cup Journal

SKY SPORTS 1

6.00am Cricket: Benson & Hedges Cup Final Preview
7.00 Sky Sports Centre
7.15 Wild Spirits 7.45 Aerobics Oz Style 8.15 Sky Sports Centre 8.30 Racing News 9.00 Super League: Leeds v Salford
Repeat from Friday
10.30 Cricket: Benson and Hedges Cup Final – LIVE
2.30pm Second Innings

3.00 Cricket: Benson & Hedges Cup Final – LIVE
Continued coverage of the Benson & Hedges Cup final at the home of cricket, Lord's. Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis and Paul Allott.

7.30 Formula 3
Action from the fast lane with the very latest stage of the Formula 3 championship.
8.00
International Rugby Union: Australia v New Zealand
Highlights of the international rugby union clash between two of the finest sides in the world, Australia and New Zealand. Melbourne stages this latest Bledisloe Cup encounter.
10.00
World Cup Phone-In
Football fans have their say on developments from France 98.
10.45
Cricket: Benson & Hedges Cup Final
Another chance to see highlights from Lord's. Presented by Mark Nicholas.
12.45am Pool: Embassy World 8 Ball Championships – Men's Quarter-Final
2.45 World Cup Phone-In
3.30 Cricket: Benson & Hedges Cup Final
5.30-6.00am
Futbol Mundial

SKY SPORTS 2

6.00am Gillette World Sport Special 6.30 Fastrax 7.00 Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Formula 3 8.45 Sky Sports Centre 9.00 Soccer AM 12noon The Max 12.30pm Australian Rules Football

2.30 World Motor Sport
Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit.

6.00 Gillette World Sport Special
With David Jensen.
6.30 Ford Golf USA: US Senior Open – LIVE
Coverage of day three from the US Seniors Players Championship from the TPC of Michigan. Larry Gilbert returns this year to try to retain his title, and faces tough opposition from other veteran golfers keen for a share of the $2,000,000 prize money.
7.30
Ford Golf USA: Quad City Classic – LIVE
Coverage of the third day's play from the Quad City Classic. The Oakwood Country Club in Illinois stages this year's event where the total prize money available is $1,550,000.
10.30 Ford Golf USA: US Senior Players Championship
Another chance to see third-day highlights from Michigan.
11.30 Greatest Moments in Sport

12midnight Gillette World Sport Special
With David Jensen.
12.30am International Rugby Union: Australia v New Zealand
Repeat from Sky Sports 1
2.30-6.00am
World Motor Sport

SKY SPORTS 3

10.30am International Rugby Union: Australia v New Zealand – LIVE
Coverage from Melbourne.
1.00pm Powerboat and Jetsport World
1.30 Rebel Sports
Off-the-wall coverage of maverick sports stars.
2.00 The Winning Post: Lingfield, Chester and Salisbury – LIVE
Jeff Stelling presents horse-racing action from Lingfield, Chester and Salisbury. The Lingfield races are at 2.20, 2.55 and 3.25. The Chester races are at 2.10, 2.45, 3.15 and 3.50 and the Salisbury races are at 2.15, 2.50 and 3.20.

4.30
International Rugby Union: Australia v New Zealand
Another chance to see highlights of the Bledisloe Cup encounter between Australia and New Zealand from Melbourne.

6.30 The Winning Post: Southwell and Warwick – LIVE
Jeff Stelling presents horse racing action from Warwick and Southwell. The Warwick races are at 6.45, 7.15, 7.45 and 8.15, while the Southwell races feature at 6.36, 7.05, 7.35 and 8.05.

9.30 Wild Spirits
Reports from extreme sports events around the world.
10.00-12midnight Australian Rules Football
The latest action from down under.

TROUBLE

12noon Ready or Not
St Carla
12.30pm On the Make
Makeover show.
12.45 It's in the Jeans
Rock Climbing
1.00 Saved by the Bell: The College Years
Stars Mark-Paul Gosselaar.
2.00 USA High
The French Tutor
2.30 Fresh Prince of Bel Air
American sitcom starring Will Smith, James Avery and Daphne Maxwell Reid.

3.30 Echo Point
Teenage soap.

4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.

5.00 Blast
Chart music.
5.30
California Dreams
Real Teens
Starring Brent Gore.
6.00 Hollyoaks
Chester-based soap about life after GCSEs. With Jeremy Edwards and Shebah Ronay.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life drama with US police officers.
8.30 Rab C Nesbitt
Starring Gregor Fisher.
9.00 Get Real...
Bad Trip to Edgewood
Documentary series.

10.00 Italian Stripping Housewives
Novelty strip show.
10.30
Red Shoe Diaries
You Make Me Want to...
11.00
FILM: Virgin Witch
Ann Michelle, Vicki Michelle
Saucy British shocker about two models' satanic experiences. *1970*
1.00am
Beverly Hills Bordello
1.30 FILM: Cannibal Women in the Avocado Jungle of Death
Shannon Tweed 1989
3.30 FILM: Slugs
Michael Garfield 1987
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare 8.00 The Bionic Woman 9.00 The Six Million Dollar Man 10.00 Tenchi Muyo 10.30 Moldiver 11.00 SF Scene 11.30 Ray Bradbury Theatre 12noon
FILM: Gamera – The Guardian of the Universe
Yonemori Yoshinari 1997
1.45pm
FILM: The Land Unknown
Jock Mahoney, Shawn Smith
Sci-fi fantasy set in a land of prehistoric creatures. *1957*

3.20 Mystery Science Theatre 3000
Gorgo
Wacky comedy. Stepping into the film auditorium, Mike and his robot friends come face to face with *Gorgo*, the frightening British version of *Godzilla*.
5.00 FILM: Gremloids
Sci-fi comedy about a close encounter between misguided aliens and humankind. Transmissions from a rebel alliance are intercepted by Imperial Leader Lord Buckethead, and mistakenly traced to earth.
6.45
SF Scene Special
7.00 Nightmare Cafe
Dying Well is the Best Revenge
A suicidal woman and a nightwatchman meet in a strange and empty cafe.
8.00 Quantum Leap
The Boogieman
It's Halloween 1964, and Sam assumes the life of a tacky horror novelist. Starring Scott Bakula.
9.00 SF Scene
A look behind the scenes of the film *Godzilla*.
9.30 Amazing Stories
You Gotta Believe Me
Stars Charles Durning.
10.00 Dark Skies
We Shall Overcome
John and Kim investigate the disappearance of three civil rights workers in a Mississippi town.
11.00 The Hunger
Necros
Stars Philip Casnoff.
11.30 SF Scene
An guide to science fiction entertainment.
12midnight Mystery Science Theatre 3000
1.40am Making of Godzilla
2.00 Planet Mirth
2.30
Jason of Star Command
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

World Cup Football – LIVE
Eurosport 7.50pm

It's the game no one wants to play in and yet, if you've made it this far, why not try and win this 3rd/4th place play-off game? England's lacklustre performance in this game in 1990 was a sad way for Bobby Robson to bow out as manager.

Our boys lost to Italy after deciding to play a few of the squad players and the game was mainly memorable for confirming David Platt as one of England's stars of the tournament after he scored yet again. Last time, Bulgaria seemed to give up and were trounced 4-0 by Sweden.

TELEVISION X

12midnight The Ten Minute Free View
12.10am ..... Sex
12.20 Adult Feature
12.45 FILM: Call Girls
1.00 The Five Minute Free View
1.05 FILM continues
2.00 Three Musketeers
Swashbuckling romps.
2.25 FILM: Words of Lust
A web of lust on the internet.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model
11 – Audition
12.35 Lap it Up
12.50 FILM: The Skin Game
Melissa Hill, Stephanie Swift
Erotic film set on an adult movie studio.
2.15 Fräulein Debutantes
2.30 The Love Potion
3.10-5.00am
FILM: Evil Woman
Jeanna Fine, Sandra Scream
Erotic thriller.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Death Falls
Rip Torn, Robert Blossoms
Action drama.
9.25 Ladies Club
Erotic series.
10.00 FILM: Gretta
Meredith Hayes
Erotic drama.
11.30 Love Under Fire
11.55-12midnight
Private Moments

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Whittle
Tim Vine hosts the audience participation quiz.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, ably assisted by his two helpers, puts more contestants through torturous games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name That Tune
Jools plays the music.
11.40 Prize Time
Win great prizes.
12midnight Roll with It!
12.30am McKenna
1.30 Christy
2.30 Mighty Jungle
The Boy Eater
3.00 FILM: Tommy Tricker and the Stamp Traveller
Children's fantasy. *1987*
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/Body Heat 6.30 What's in the Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Fashion 1.00 Lie 1.30 Agony 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 Body Heat
Exercise programme.
4.00 Judge Judy
The feared American judge presides over another case.
5.00 Agony
Advice is at hand for the troubled at heart.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Explores the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judgy Judy
The feared American judge with another case.
9.00 The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 The Rise and Rise of the Cleavage
Looks at rising chests in fashion.
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Saucy late-night offering.
12midnight Janeycam 12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 9.30am Catwalk 10.30 London School Choirs 11.30 Gillette World Sport 12.30pm American Chart Show 1.00 Inside Hollywood
2.30 Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Products delivered straight to your door with this home shopping service.
4.30 Movies, Games & Videos
Reviews of the latest releases.
5.30 PDQ – The One-Stop-Shop
Products delivered straight to your door with this home shopping service.
6.30 London School Choirs
School kids battle it out with their tonsils.
7.30 PDQ – The One-Stop-Shop
Products delivered straight to your door with this home shopping service.
8.30 The Catwalk Show
Top models strutt their stuff in the latest designs.
9.30 Inside Hollywood
The latest news and gossip from Tinseltown.
10.30 PDQ – The One-Stop-Shop
Products delivered straight to your door with this home shopping service.
11.30 The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour

MTV

7.00am Kickstart
Start the day with the liveliest mix of music videos.
9.00 So 90s
The greatest hits of the decade so far.
10.00 European Top 20
12noon Extra Hot Hits
1.00pm Select MTV
Make MTV your personal video jukebox. Presented by Richard Blackwood.
3.00 Hit List UK
The UK singles chart with Cat Deeley.
5.00 MTV News Weekend Edition
5.30 MTV Live
6.00 The Lick R&B Chart
A roundup of the biggest R&B hits with Trevor Nelson.
7.00 Dancefloor Chart
The latest club cuts with June Sarpong.
8.00 Dance Anthems
The latest tunes on the dance scene.
9.00 Noel Gallagher Football Interview
Oasis's front man gives his all on the subject.
9.30 Rock'n'Roll Feuds: Oasis
10.00 Hot
Happening newst, videos and gossip with Sara Cox.
11.00 Beavis and Butt-head
More antics with the adolescent anti-heroes.
11.30 Beavis and Butt-head
12midnight Saturday Night Music Mix
3.00am Chill-Out Zone
Late night ambient heaven.
5.00-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Aspects of Life
12.30pm The Wonderful World of Tom
1.00pm A Fork in the Road
1.30 The Food Lovers' Guide to Australia
2.00 The Flavours of France
Rouen – Normandy
2.30 Go Portugal
Lisbon
3.00 Great Australian Train Journeys
The XPT Melbourne – Sydney
Takes us through rural areas rich with the history.
4.00 Ribbons of Steel
The Golden Triangle
A Canadian adventure.
4.30 Ridge Riders
Across Southern England – Part III
5.00 The People and Places of Africa
Ethiopia: The Kingdom of Judas Lion
5.30 On Tour
Las Vegas
6.00 The Food Lovers' Guide to Australia
Seafood in Perth
6.30 Go Portugal
Lisbon
7.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis present another edition of the popular entertainment show.
8.00 Dominika's Planet 2
Paris
At the fashion shows and exploring lesser known aspects of Parisian culture.
9.00 From the Orinoco to the Andes
On the Jungle Rivers
Following in the footsteps of explorer Alexander von Humboldt.
10.00 Aspects of Life
West Coast
Explores South Africa.
10.30 A Fork in the Road
Indonesia – Sumatra
11.00 Ridge Riders
Across Southern England
11.30-12midnight The People and Places of Africa
Ethiopia

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 The Good Housekeeping Show 10.30 Style Wars 11.00 Roddy Llewellyn's Indoor Garden 11.30 Young Chefs 12noon The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 E! In Focus
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
My Parents are Trying to Stop My Wedding
Parents and offspring battle it out in public.
5.00-6.00pm Livetime
Magazine programme covering health, beauty, fashion, food, gardening and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00 Off the Beaten Track: Mystery of the Inca Mummy
7.30 Off the Beaten Track: Out of the Stone Age
8.00 Treasure Hunt: Splendid Stones
A look at the allure that gems have held for humans since the beginning of time.
9.00 Extreme Earth: Flood
Exposes the most costly deluge ever to strike America's heartland, killing at least 47 people.
10.00 Predators: Eternal Enemies – Lions and Hyenas
Looks at the competition and brutal killings between these two African creatures.
11.00 Voyager
This documentary series travels over the Arctic ice by dogsled with the 1986 Steger Expedition.
12midnight-1.00am Reef at Ras Mohammed
Follows the formation of a coral reef which begins in the deep crevices on the sea floor in the Straits of Tiran.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

The diversity of life along jungle rivers is explored in 'From the Orinoco to the Andes': Travel 9.00pm

VHI

7.00am Breakfast in Bed 10.00 Saturday Brunch 12noon Pop-Up Video 12.30pm Pop-Up Video Women First 1.00 Pop-Up Video 3.00 Pop-Up Video 4.00 Pop-Up Video Divas 5.00 Pop-Up Video 6.30 Pop-Up Video Charity 7.30 Pop-Up Video Dance 8.00 Pop-Up Video Rock 8.30 Pop-Up Video 9.00 Pop-Up Video Soul 9.30 Pop-Up Video Halloween 10.00 Pop-Up Video 11.00 Pop-Up Video 12midnight Pop-Up Video Self Love 2.30am Pop-Up Video Divas 3.00-7.00am Late Shift

Tim Vine fires questions at another 100 contestants until only one lucky winner is left in the knock-out quiz 'Whittle': Challenge TV 5.00pm

Saturday 11 July

MORNING

DISCOVERY HOME & LEISURE

9.00am Rex Hunt's Fishing World 9.30 Salmon Run 10.00 Andy Little's Angling Adventure 10.30 This Old House with Steve and Norm 11.00 This Old House 11.30 In the Workshop 12noon New Yankee Workshop 12.30pm The Close Guide 1.00 Home Savvy 1.30 Home Again with Bob Vila 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00-4.00pm Campaigns in History

DISCOVERY

3.00 PM
4.00pm Wings: Lightning Interceptor
NEW A report on the history of the *Lightning*, Britain's first and last supersonic fighter jet.

4.00 PM
5.00 Battlefields
The Battle of Britain – Part I
A look at the personnel, warplanes and military strategy behind the battle.

5.00 PM
6.00 Battlefields
The Battle of Britain – Part II
How the Battle of Britain turned on a crucial error by Hitler.

6.00 PM
7.00 Super Structures
Subtropolis
A look at underground infrastructure, from the Roman aqueduct system to Chicago's Tarp tunnel.

7.00 PM
8.00 Killer Weather: Volcano – Ring of Fire
Is the science of volcanoes as portrayed in Hollywood blockbusters such as *Dante's Peak* realistic?

8.00 PM
9.00 Adrenalin Rush Hour! The Fastest Car on Earth
A look at the Thrust Supersonic Car project from its inception onwards.

9.00 PM
10.00 A Century of Warfare
Military aggression by Germany, Italy and Japan brough on the outbreak of another war.

10.00 PM
11.00 Arthur C Clarke's World of Strange Powers
11.30 Arthur C Clarke's World of Strange Powers
12midnight Battlefields
The Battle of Britain – Part I
A look at the personnel, warplanes and military strategy behind the battle.
1.00am-2.00am Battlefields
The Battle of Britain – Part II
How the battle turned on Hitler's important error.

11.00 PM

12.00 NIGHT TIME

SKY SOAP

11.00am Emmerdale
11.30 Emmerdale
12noon Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
Mrs Bates wants to know who endangered her dog.
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm
Take the High Road

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Thomas 6.45 The Magic Roundabout 7.00 Blinky Bill 7.30 The Real Story of... 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 Mask 11.30 Tom and Jerry 11.45 Road Runner 12noon The Flintstones 12.30pm Bugs and Daffy Show 1.00 Droopy: Master Detective

3.00 Taz-Mania
Explosive fun with the Australian devil.
3.30 Scooby-Doo
Canine sleuthing with the cowardly hound.
4.00
Sylvester and Tweety
Caged-bird adventures.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 Johnny Bravo
Adventures with the egotistical superhero.
5.30
Cow and Chicken
Sibling animated antics.
6.00 LA Toon 98
Toon in for a cartoon spin on the World Cup with a collection of animated classics. All your favourites are going to be shown so make sure you don't miss it.
8.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
8.30-9.00pm
The Flintstones
Prehistoric humour.

THE HISTORY CHANNEL

4.00pm
The Battle of Naseby
The decisive battle of the English Civil War.
5.00 Weapons at War: Naval Aviation
6.00 Ancient Mysteries: The Curse of the Borgias
A look at the corrupt Renaissance family.
7.00-8.00pm Biography
William Holden
A profile of the actor.

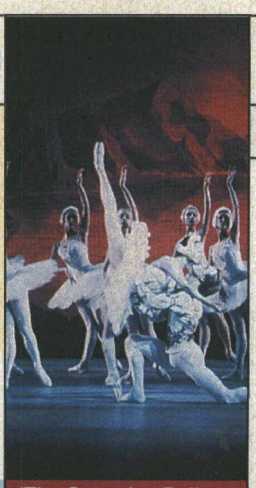
NICKELODEON

7.00am Tales from the Cryptkeeper 7.30 Extreme Ghostbusters 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Ren & Stimpy 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the practical Clarissa.
3.30 Renford Rejects
Teenage comedy.
4.00 Hey Arnold!
More adventures with the coiffured kid.
4.30 Rugrats
Fun with the imaginative, tousle-headed nippers.
5.00 Sister Sister
Tia, Tamera and their parents all try to cohabit.
5.30 Kenan & Kel
Teenage scrapes.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Tia and Tamera's hijinks.
7.30 Diff'rent Strokes
Fun with the Drummonds.
8.00 Wings
Sophisticated comedy set at a small airport on the island of Nantucket.
8.30 Cosby
Starring Bill Cosby.
9.00 Due South
Comedy drama with Canadian Mountie Constable Benton Fraser. Starring Paul Gross and David Marciano.
10.00 Frasier
Frasier and Lilith woo the head of a private school.
10.30 Cheers
Cliff's old flame turns up at the bar pregnant.
11.00 Monty Python's Flying Circus
Classic British humour..
11.30
This is David Harper
Starring Tony Slattery.
12midnight Kids in the Hall
Comedy sketches.
12.30am
It's Garry Shandling's Show
Eighties comedy set in a bachelor flat.
1.00 Frasier
Acclaimed comedy featuring the radio psychiatrist in more embarrassing scrapes. Starring Kesley Grammer and David Hyde Pierce.
1.30 Cheers
Comedy charting the escapades of skirt-chasing buffoon Sam Malone and his downtrodden regulars.
2.00 Due South
Cult comedy drama about a Canadian mountie in Chicago. Starring Paul Gross and David Marciano.
3.00 Sister Sister
Sibling exploits with twins Tia and Tamera.
3.30-4.00am Cosby
US version of *One Foot in the Grave* with Bill Cosby.



'The Saturday Ballet: Swan Lake' features the Kirov Ballet production of the haunting classic: Performance 7.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Saturday Ballet: Swan Lake
The Kirov's production of one of ballet's best-loved classics, starring Yulia Makhalina. Tchaikovsky composed the ballet in 1875, when he was 35-years-old. His packs a strong emotional punch – it is also affected by strains of melancholy.
9.30 Opera: The Love of Three Oranges
Willard White and Ryland Davies lead a talented cast in Prokofiev's fantasy spectacular, conducted by Bernard Haitink at the Glyndebourne Festival. The piece, which was commissioned by the Chicago Opera, was composed in 1919 when the Russian exile was 28-years-old, and is part of the repertory of many opera houses.
12midnight-1.00am Midnight Jazz: Wynton Marsalis
The great trumpeter in concert at the Montreal Jazz Festival.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 9.30 UK Direct 10.00 News 10.30 Food Watch 11.00 News 11.30 Simpson's World 12noon News 12.30pm Science 1.00 News 1.30 Face in the Crowd 2.00 Sportsday 6.00 Newsday 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson's World 9.00 News UK 9.30 Face in Crowd 10.00 News 10.30 Book 11.00 News 12midnight News 1.00am News 2.00 News 2.30 Simpson's World 3.00 News 3.30 Science 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Face

CNN INTERNATIONAL

News throughout the day, plus: 5.00am World News 5.30 Inside Europe 6.00 World News 6.30 Moneyline 7.30 Sport 8.30 World Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 World Report 2.30 Travel Guide 3.30 World Sport 4.30 Pro Golf Weekly 5.00 Larry King 5.30 Larry King 6.30 Inside Europe 7.30 World Beat 8.30 Style 9.30 The Art Club 10.30 World Sport 11.00 Worldview 11.30 Global View 12.30am 7 Days 1.00 The World Today 1.30 Diplomatic License 4.30-5.00am Evans & Novak

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 The Entertainment Show 10.30 Fashion TV 11.30 Week in Review 12.30pm ABC Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Fashion TV 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 The Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline Extra 12.30am Westminster Week 1.30 Fashion TV 2.30 Century 3.30 Week in Review 4.30 Newsmaker 5.30-6.00am The Entertainment Show

INTERNATIONAL

3SAT 5.50am Anders Fernsehen 6.00 Hablamos Espanol 6.30 Spanien 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Alpen Donau Adria 9.15 Heimat 9.45 Der Report 10.30 Vor 30 Jahren 10.55 Offen 11.15 Quer 12.15pm Concert 1.00 Neues 1.30 Sphinx 2.15 Frau-TV 2.45 Strassenbekanntschaften 2.55 Grünes Feuer 4.35 Tips und Trends 5.00 Der Drache im Tunnel 5.30 Ausland 6.00 Heute 6.18 3Sat-Wetter 6.20 Eintritt Frei 7.00 Tagesschau 7.15 Festspielsommer 8.45 Offen 9.45 Alex – Talk Show 10.45 Seitenblicke 11.20 Die Kranken Schwestern 11.50-1.50am Country-Nacht

TV5 5.00am Journal 5.15 Tourisme 5.30 Outremers 6.30 Horizon 7.00 Minutes 7.05 Journal 7.30 Le Journal 7.35 Mondial 8.00 Bus 9.00 Minutes 9.05 Magellan 9.30 Branché 10.00 Minutes 10.05 Découverte 10.30 Grand Tourisme 10.45 Autour du Tour 11.33 Journal 11.55 Le Journal 12.05pm Grands Gourmands 12.35 Jardins 12.55 Itinéraire Bis 1.20 Saveurs 1.45 Télétourisme 2.10 Cap Aventure 2.25 Entendeur 2.50 Festivals 3.00 Journal 3.15 Génies 4.30 Minutes 4.35 Jardin des Bêtes 5.00 Questions 5.30 Journal 6.00 Sport Africa 6.30 Journal 7.00 Thalassa 8.00 Outremers 9.00 Journal 9.30 Résumé du Tour de France 9.45 Journal du Mondial 10.30 Le Bent des Moissons 11.55-12midnight Le Journal du Temps

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 FILM 11.30 News 12noon Subah 12.30pm Community Focus 1.00 Edit 1.30 FILM 4.00 Dekh Bhai Dekh 4.30 Thekikaat 5.00 Aashiana 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Gehra Paani 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Aak Ka Romeo 7.00 Jaagran 7.30 Shabads 8.00 News 8.30 Fat or Fit 9.00 Entertainment 9.30 Out & About 10.00 Geet Gaata Chal 10.30 Cinemagic 11.00 Khana Khazana 11.30 Business 12noon FILM: Muskurahat 3.00pm Video 4.00 Chunni 4.30 Dekh Bhai Dekh 5.00 Your Zindagi 5.30 Filmi Baatein 6.00 Ladkiwale 6.30 Sa Re 7.30 Hum Paanch 8.00 News 8.30 Adhikar 9.00-12midnight FILM: Aadivas Queen

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Chester, Lingfield and Salisbury with David Smith, Robin Gray and Richard Hoiles.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 700 Club 6.30 Terry Jones/Peter Youngren 7.00 Ulf Ekman 7.30 Marilyn Hickey 8.00 KIDZ Club 8.30 Secret Adventures 9.00 Edges/Standing on the Rock 9.30 Jesse Duplantis 10.00 CCM Weekend Jam 10.30-11.00am This is Your Day

PARLIAMENTARY CHANNEL

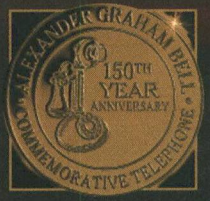
CABLE EXCLUSIVE

5.30am
This Week in the Lords
1.00pm
Questions from the House
5.00-6.00pm
Statement from the House

A powerful tribute, honouring the invention that brought the world together.

Franklin Mint Presents

The Classic Candlestick Telephone



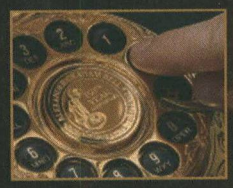
The elegant "Candlestick" telephone, brought to life in a dramatic showpiece that features state-of-the-art touch-tone dialling and the splendour of 22 carat gold. It's the perfect combination of modern technology and classic elegance. To use – and display – with enduring pride. Created for the 150th anniversary of the birth of Alexander Graham Bell, inventor of the telephone, this majestic showpiece captures all the elegance and artistry of the earliest "candlestick" phone of the 1870s – the most prized and sought-after telephone of all time.

The tapered Roman-column stem is richly plated with 22 carat gold – as are the receiver, cradle, mouthpiece, base – and even the minted commemorative medallion hand-set into the centre dial. Both the receiver grip and the stand are in hand-polished wood.

It's a work of art that combines all the charm and style of a bygone era with all the features of a modern state-of-the-art telephone. The price for this showpiece, just £195, is payable in convenient monthly instalments.

Satisfaction Guaranteed

If you wish to return any Franklin Mint purchase, you may do so within 30 days of your receipt of that purchase for replacement, credit or refund.



Combining Old World charm and state-of-the-art technology, *The Classic Candlestick Telephone* features touch-tone and pulse dialling. Shown much smaller than actual size of approximately 12½" (31.7 cm) in height, including wood stand.

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Please post by 31st July, 1998.

APPROVED for connection to telecommunication systems specified in the instructions for use subject to the conditions set out in them.

Post to:
Franklin Mint Limited,
FREEPOST (LON 6197), London E14 9BR.
Or telephone FREE of charge on 0800 567 900.
(Quote ref: GB–16474–00083–001).

Please accept my order for *The Classic Candlestick Telephone*.

I need SEND NO MONEY NOW. Prior to despatch, I will be invoiced for an initial payment of £19.50 and, after despatch, for the balance in nine equal monthly instalments of £19.50.

SIGNATURE _____
All orders are subject to acceptance by Franklin Mint Limited.

MR/MRS/MISS _____
INITIAL NAME PLEASE PRINT CLEARLY

ADDRESS _____

_____

POSTCODE _____ TEL NO. _____

GB–16474–00083–001

THE MOST SOUGHT-AFTER TELEPHONE OF ALL TIME.

Sunday 12 July

SKY MOVIES SCREEN 1

6.00am Five Days One Summer
1982, rating Sky PG, 104 mins
8.00 Sense and Sensibility
Text *1995, rating Sky U, 131 mins*
10.15 James and the Giant Peach
Paul Terry, Joanna Lumley
Text *1996, rating Sky U, 76 mins*
12noon David Copperfield
Robin Phillips, Susan Hampshire
1970, rating Sky U, 113 mins
2.00pm Going Under
Bill Pullman, Ned Beatty, Wendy Schaal, Robert Vaughn, Bud Cort
Hot Shots-style navy parody in which a nuclear submarine is placed in the hands of an inept crew and captain. *1990, rating Sky PG, 77 mins*

4.00
James and the Giant Peach
Paul Terry, Joanna Lumley, Pete Postlethwaite
Fantasy in which an orphan drops some magical seeds on the ground near a dying peach tree. A single peach grows, he climbs inside and meets a variety of bizarre creatures. Text *1996, rating Sky U, 76 mins*
5.45 Sense and Sensibility
Emma Thompson, Alan Rickman, Kate Winslet, Hugh Grant, Greg Wise
Lavish adaptation of the Jane Austen novel. When the father of two daughters dies unexpectedly, his estate must pass by law to his son from his first marriage. So the two daughters set out on a quest to find themselves well-off husbands. Text *1995, rating Sky U, 131 mins*

8.00 Maternal Instincts
Delta Burke, Beth Broderick, Garwin Sanford, Sandra Nelson, Gillian Barber, Kevin McNulty
PREMIERE Drama about a woman desperate to have a baby who is given an emergency hysterectomy which ruins her life. Hell-bent on revenge, she starts a hate campaign against the doctor responsible. *1996, rating Sky 15, 88 mins*

10.00 Dead Presidents
Freddy Rodriguez, Larenz Tate, Keith David, Chris Tucker
PREMIERE Powerful thriller about a Vietnam veteran who returns from the War to a cold reception. Depressed and out of work, he has no choice but to join a gang of crooks who are about to embark on a high-risk robbery. Text *1995, rating Sky 18, 114 mins*

12midnight No Way Back
Russell Crowe, Helen Hunt
1996, rating Sky 18, 87 mins
1.35 Johnny Dangerously
Michael Keaton, Joe Piscopo
1984, rating Sky 15, 87 mins
3.10-5.10am The Kremlin Letter
Bibi Andersson, Richard Boone
1970, rating Sky 18, 116 mins

SKY MOVIES SCREEN 2

6.00am Pebble and the Penguin
1995, rating Sky U, 71 mins
7.15 The Goddess
1958, rating Sky PG, 101 mins
9.00 The Scarlet Flower
1991, rating Sky PG, 71 mins
10.30 Kid Cop
1996, rating Sky U, 89 mins
12.05pm Pebble and the Penguin
1995, rating Sky U, 71 mins
1.25 The Judge Steps Out
1949, rating Sky PG, 88 mins

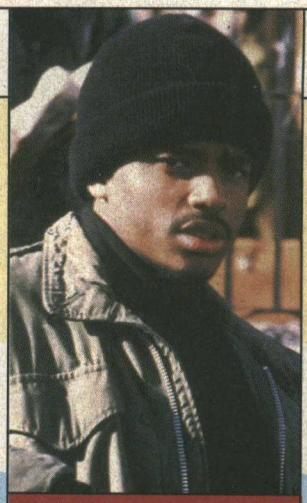
3.00 The Goddess
Kim Stanley, Lloyd Bridges, Joyce Van Patten, Steven Hill, Betty Lou Holland, Joan Copeland, Gerald Hiken
Drama about a young woman from the middle of nowhere who becomes an overnight sensation in Hollywood, only to discover that stardom fails to live up to her dreams. *1958, rating Sky PG, 101 mins*

5.00 Kid Cop
Alexandra Paul, Edward Albert, Cindy Pickett, Tim Thomerson
Action movie about a 10-year-old boy whose obsession with detective work plunges him into a dangerous adventure. When a local shop is burgled, his intuition tells him it is the beginning of something more serious, and he sets out to uncover the truth. *1996, rating Sky U, 89 mins*
7.00 Jingle All The Way
Arnold Schwarznegger, Sinbad, Phil Hartman, Rita Wilson
Comedy. Because of his work, Howard doesn't always have a lot of time for his son. So he decides that Christmas is the perfect time to make amends, and frantically tries to get the present his son wants. But that proves harder than he thought. *1986, rating Sky PG, 88 mins*
9.00 Get Shorty
John Travolta, Gene Hackman, Rene Russo, Danny DeVito
Comedy about a loan shark who winds up in Hollywood. Chili Palmer leaves Miami and heads for LA to collect a gambling debt from a film producer. However, Chili soon warms to him and pitches him a hot idea for a new film. Text *1995, rating Sky 15, 101 mins*
11.00 Hideaway
Jeff Goldblum, Christine Lahti
Horror movie in which a man brought back from the dead returns with a few new personality traits. Text *1995, rating Sky 18, 102 mins*
12.50am The Movie Show
1.20 Acts of Love
Dennis Hopper, Amy Irving
1995, rating Sky 18, 104 mins
3.10 Waxwork
1988, rating Sky 18, 93 mins
4.50-6.05am The Scarlet Flower
1991, rating Sky PG, 71 mins

SKY MOVIES GOLD

11.00am Guess Who's Coming to Dinner?
Katharine Hepburn, Spencer Tracy
1967, rating Sky PG, 104 mins
1.00pm King Kong
Fay Wray, Robert Armstrong
The original monster movie about a giant gorilla that runs amok in New York after being taken from its native island. *1933, rating Sky PG, 96 mins*
2.40 Zorba the Greek
Anthony Quinn, Alan Bates, Lila Kedrova, Irene Papas, Eleni Anousaki, Takis Emmanuel, George Foundas
A life-affirming, Oscar-winning tale of a young British writer who, while struggling with writer's block on a small Greek island, befriends the kindly, ageing peasant Zorba. Their adventures together introduce the visitor to a whole new way of life. *1964, rating Sky PG, 136 mins*

5.00 Love and Death
Woody Allen, Diane Keaton, Harold Gould, Alfred Lutter
Woody Allen comedy about a would-be assassin in 19th-century Russia, whose attempts to kill Napoleon are continually thwarted by her bumbling assistant. *1975, rating Sky PG, 81 mins*
6.30 A Holiday Affair
Robert Mitchum, Janet Leigh, Wendell Corey, Henry Morgan, Gordon Gerbert, Henry O'Neill
Romantic drama about a widow who is pursued by two eligible young men at the same time. *1949, rating Sky U, 83 mins*
8.00 Ghost
Patrick Swayze, Demi Moore, Whoopi Goldberg, Tony Goldwyn
Supernatural smash-hit about a couple whose romance is shattered when the husband is murdered. Sam, now in spirit form, attempts to warn his wife Molly that she is in danger too, using fake spiritualist Oda Mae Browne as a psychic intermediary. *1990, rating Sky 15, 121 mins*
10.00 Hard to Kill
Steven Seagal, Kelly LeBrock, Bill Sadler, Frederick Coffin
A cop and his family are shot and left for dead by a drug gang. Awakening from a coma to the knowledge that his family was killed in the attack, he prepares himself for the ultimate revenge. *1990, rating Sky 18, 92 mins*
11.40 The Taking of Pelham One Two Three
Walter Matthau, Martin Balsam, Robert Shaw, Hector Elizondo
1974, rating Sky 15, 100 mins
1.25am Underground
Miki Manojlovic, Lazar Ristovski
Yugoslavian drama. Widescreen *1995, rating Sky 15, 163 mins*
4.15-5.55am King Kong
1933, rating Sky PG, 96 mins



Freddy Rodriguez in the hard-hitting crime drama 'Dead Presidents': Sky Movies Screen 1 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Coma
Genevieve Bujold, Michael Douglas, Richard Widmark
Taut medical thriller in which a Boston doctor uncovers a dangerous conspiracy when she investigates unexplained deaths at her hospital. Her suspicions are aroused by an alarmingly high number of deaths following minor operations. *1978, 113 mins*
11.00 Buddy Buddy
Jack Lemmon, Walter Matthau, Paula Prentiss, Klaus Kinski
Cynical, comic tale about a hit man whose efforts to assassinate his latest target are constantly hampered. *1981, 92 mins*
12.45am The Hill
Sean Connery, Harry Andrews, Ian Bannen, Ian Hendry, Ossie Davis
A gruelling drama about a group of prisoners in North Africa.
Widescreen *1965, 124 mins*
3.00-5.00am Coma
1978, rating, 113 mins

SKY ONE

6.00am The Hour of Power
7.00 Delfy and His Friends
7.30 Ultraforce 8.00 Wild West Cowboys of Moo Mesa 8.30 Superhuman Samurai Syber-Squad 9.00 What-a-Mess 9.30 Double Dragon 10.00 Adventures of Sinbad 11.00 Rescue 11.30 Sea Rescue
12noon Miracles and Other Wonders 1.00pm World Wrestling Federation – Superstars 2.00 Kung Fu

3.00 Star Trek: The Next Generation
Code of Honour
The *Enterprise* travels to Ligon II to negotiate a treaty. Text
4.00 Star Trek: Deep Space Nine
The Way of the Warrior – Part II
Sisko hopes that Worf can find out what General Martok's motives are.
5.00 Star Trek: Voyager
Initiations
Chakotay leaves *Voyager* in a shuttlecraft to perform a solitary Indian ritual. However, he drifts into Kazon space. Text
6.00 The Simpsons
Sweet Homediddley Dum Doodily Text
6.30 The Simpsons
Simpsoncalifragilisticexpiala (annoyed grunt)cious Text
7.00 3rd Rock from the Sun
I Enjoy Being a Dick
7.30 3rd Rock from the Sun
Dicks They are a Changin'
8.00 Beverly Hills 90210
Friends, Lovers and Children
Brandon and Kelly are shocked to find Dylan's half-sister working as a prostitute, and Valerie fears that she has lost Noah.
9.00 The X-Files
EBE
While investigating a possible UFO sighting by a truck driver, Mulder and Scully learn that they are under intense surveillance.
10.00 Bloody Foreigners!
Spain
Bloody Foreigners! travels to Europe's noisiest country – the land of scorching sun, sizzling senoritas and non-stop parties.
11.00 Forever Knight
Undue Process
When the suspect in the murder of Natalie's niece is released, Natalie runs her own tests and uncovers another murder.
12midnigt Tales from the Crypt
House of Horror
12.30am LAPD
1.00 Dream On
Finale Vengeance – Part II
1.30 Dream On
All About Louie
2.00-7.00am Long Play
Music through the night.

SKY box office JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy. Stars Patrick Stewart. *1996, Sky 12, 106 mins*
PLAYS AT 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.30am, 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Neighbours Omnibus
8.55 Blake's Seven
10.00 Dr Who Omnibus
The Greatest Show in the Galaxy
12noon Mastermind
12.35pm Big Break
1.10 FILM: That's Carry On
Kenneth Williams, Barbara Windsor
A laugh-provoking compilation that harvests some of the highlights from the farcical films of the innuendo-loving team. *1978*

3.00 The Bill Omnibus
A roundup of the week's crimes. Boyden and Beech lock horns when an off-duty police officer is arrested for drunk driving, Greg and Skase investigate a fire in a flat that killed a young family, and Conway's team discovers a corpse in the dock. Quinnan and Page try to find out why a 12-year-old girl attacked her father, and a store detective is accused of assaulting a shoplifter.
5.25 Only When I Laugh
Accident
Norman witnesses a road accident outside the hospital.
5.55 The House of Eliott
Back home after the success of their range of ready-to-wear clothes for Sears Roebuck in America, Bea and Evie discover that business in London has suffered in their absence.
7.05 Fawlty Towers
Gourmet Night
Basil's new chef tries to turn Fawlty Towers into a gourmet's paradise.
7.45
Keeping Up Appearances
Richard dreads the thought of early retirement.
8.25 Open All Hours
Classic comedy about miserly shopkeeper Arkwright.
9.05 Taggart
Dead Ringer – Part I
Detective Chief Inspector Jim Taggart is reunited with Sergeant Peter Livingstone to investigate the murder of a woman. Her skeletal remains are discovered years after her husband was convicted of her murder, despite the fact that her body was not produced at the time of his trial. Was he wrongly convicted?
11.10 This Life
Family Outings
Warren fears that Kira might 'out' him to the rest of the family, and Anna tries her hand at marriage guidance.
12.05am The New Statesman
Keeping Mum
Alan's typically strident views on the abolition of social security for the elderly look set to backfire on him.
12.40 Spitting Image
1.10 The Chief
2.05 The Equalizer
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Rolonda
11.10 Brookside Omnibus
1.10pm Tempestt
2.00 Cheap Chic
Practical style and lifestyle show.
2.30 I Dream of Jeannie
Jeannie-Go-Round
Classic Sixties sitcom.

3.00 FILM: Smash-Up, the Story of a Woman
Susan Hayward, Lee Bowman, Marsha Hunt, Eddie Albert
The tragic tale of a successful nightclub singer who gives up her career to wed an up-and-coming radio star. When her husband begins to find the fame she once had, life becomes unbearable and she finds solace in alcohol. *1947*
5.05 Hart to Hart
From the Depths of My Hart
Jonathan and Jennifer become murder targets when they find a fortune in gold hidden in the wreckage of a stolen yacht.
6.00 FILM: Love, Mary
Kristy McNichol, Matt Clark, David Paymer, Rachel Ticotin, Piper Laurie, Leslie Wing
A moving drama based on the true story of Mary Groda-Lewis, who overcame illiteracy, dyslexia, a spell in reform school and a stroke while giving birth to her second child, to go on to become an award-winning physician. *1985*
8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.50-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor in the House
8.30 On the Buses
9.00 The Gentle Touch
10.00 E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Hawaii Five-0
1.00pm Hawaii Five-0
2.00 The Gentle Touch

3.00 Forever Green
With bats in the belfry, a skeleton in their garden and a poltergeist in their house, the Boults are in for a disturbing time. With John Alderton.
4.00 The Saint
The Fast Women
The Saint discovers that one of the most dangerous places to be is between two women who are rivals on the race track.
5.00 Classic Coronation Street – The Omnibus
The week's events in this classic soap. Len runs the Cabin (but Mavis threatens to quit) and Rita smoothly runs the Yard. Bet Secretly tips off the press about the Rover's rubbish mountain and the story is splashed all over the Gazette the next day. Meanwhile, Annie warns Rover's staff that she's coming back from Derby to deal with the scandal in her own way.
7.30 On the Buses
On the Omnibuses
A celebration to mark the bus company's centenary.
8.00 Clive James Special
At the Playboy Mansion
Clive James finds out how Hugh Hefner, founder of the Playboy empire, is shaping up to feminism and the moral majority.
9.00
Robbie Coltrane Special
A compilation of sketches, monologues and musical numbers.
10.00-11.00pm
An Audience with Billy Connolly

GRANADA MEN & MOTORS

11.00pm Hell for Leather
Fast-paced biking magazine show with ex-world motorcycle champion Graeme Crosby.
11.30 Pro-Superbike
Presented by Chris Carter.
12midnight Biker's Night Off
Zany quiz show for bikers.
12.30am Through the Gears
With Merrick Beesley.
1.00 E! Extreme Close-Up
Feautures an interview with actor/director Robert Redford.
1.30 E! Gossip
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Audubon's Animals
6.30 Jungle Cubs 7.00 Aladdin – The Series 7.30 Mighty Ducks
8.00 Men in Black 8.30 Ned's Newt 9.00 Recess 9.30 Brand Spanking New Doug
10.00 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies
11.30 Smart Guy 12noon Boy Meets World 12.30pm Honey, I Shrunk the Kids: The TV Show
1.10 Woof1.35 Flash Forward
2.00 FILM: Bad Baby
Voice of Kathleen Turner
Animated adventure. Text *1997*

3.20 Classic Toons
3.30 The Wonder Years
The Cost of Living Text
4.00 Home Improvement Double Bill
Jill's Birthday/What About Bob
Tim searches desperately for the perfect birthday gift for Jill and learns a lesson in humility. Text
5.00 Honey, I Shrunk the Kids: The TV Show
Honey, They're After Me Lucky Charms Text
5.45 Smart Guy
Pilot
More fun with the brainy kid. Text
6.10 Teen Angel
Steve, Marty, Jordan and Uncle Lou Text
6.35 Boy Meets World
City Slackers Text
7.00 FILM: Ernest Goes to Africa
Jim Varney, Linda Kash
PREMIERE Ernest is the world's most hapless secret agent in this latest sequel. Erroneously accused of stealing two precious diamonds, he and the girl he loves are abducted and taken to the wilds of Africa. *1997*
8.30 Classic Toons
Cartoon capers.
9.00-10.00pm Dr Quinn: Medicine Woman
Cooper v Quinn – Part II
Dr Mike and Sully try to adopt two young children, but come up against their natural father. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily
9.30 Food for Thought
10.00 Ideal Home Cooks
10.30 A Taste of England
11.00 Vin Ordinaire 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Simply Antony 1.00 Can't Stand the Heat
1.30 New Chefs on the Block
2.00 From the Ground Up
2.30 Food Network Daily
3.00 Ideal Home Cooks
3.30 Coxon's Kitchen College
Roast rack of lamb.
4.00 French Lunch
4.30-5.00pm Red Hot 'n' Smokin'

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm The Country Diary of an Edwardian Lady
August
5.30 Our House
Featuring a house with a hard-working resident ghost.
6.00 Always Afternoon
In the third part of the World War I mini-series, romance between a local girl and a German internee causes trouble in the town of Arakoon.
7.00 The 10 Percenters
Awards
7.30 Goodnight Sweetheart
The Yanks Are Coming
Time-travel sitcom.
8.00 Till We Meet Again
The first part of a mini-series based on Judith Krantz's novel about the lives and loves of three women, spanning a period of 50 years. Starring Bruce Boxleitner, Barry Bostwick, Mia Sara, Courteney Cox, Lucy Gutteridge and Michael York.

10.00
The Last Place on Earth
Gentlemen and Players
Amundsen must eat his dogs.
11.00 Echoes 12midnight Tracey Ullman Takes on New York
1.00am Tales of the Unexpected
1.30-2.00am Tales of the Unexpected

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

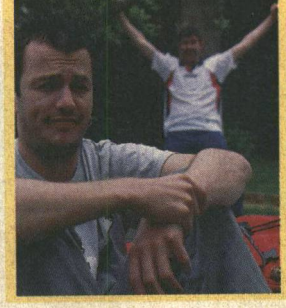
FILM

Dead Presidents
Sky Movies Screen 1 10.00pm
A young man attempts a daring heist of a truckload of dollar bills that are on their way to being destroyed. The dead presidents on the bank notes could be our hero's salvation after two terms in Vietnam and a similar fight to survive on the mean streets of urban USA.

GENERAL

Robbie Coltrane Special
Granada Plus 9.00pm
The star of *Cracker* shows himself to be a man of many disguises in this compilation of sketches, monologues and even musical numbers. Among the subjects being held up to ridicule by the Scot are the Mona Lisa, Henry V and punk rock music.

ADVERTISEMENT



WORLD CUP UNDERCOVER
10.30PM
bravo

Presenters Brendon Burns and Brendan Coogan present the final instalment of the series – a World Cup Final special. Expect an alternative behind-the-scenes look at the world's greatest sporting occasion.

Sunday 12 July

EUROSPORT

7.00am
World Cup Premiere
7.30 World Cup Premiere
8.00 World Cup: Le Mix
10.00 Tennis – LIVE
Coverage of the final of the ATP Tournament in Gstaad, Switzerland.
12noon Sports Car – LIVE
Action from the FIA GT Championship in France.
2.00pm Cycling – LIVE
Coverage of the 85th Tour de France.

4.30 World Cup
A look at the teams playing in the final.

5.30 CART – LIVE
Coverage of the tenth leg of the FedEx Championship Series from Cleveland, Ohio.

7.30 Sports Car
Coverage of the FIA GT Championship in Dijon.

8.30 Cycling
Highlights of the latest leg of the Tour de France.

10.00
World Cup Final
The last major sporting event of the century draws to a close with action from the Stade de France in Saint-Denis where two teams battle it out to win international soccer's most coveted title. Will title-holders Brazil be involved once again?
12midnight-12.30am
World Cup Journal
Highlights.

SKY SPORTS 1

6.00am Sports Unlimited
7.00 Gillette World Sport Special 7.30 Drag Racing
8.00 Aerobics Oz Style
8.30
Australian Rules Football
10.30 Cricket: Benson & Hedges Cup Final
12.30pm International Rugby Union: Australia v New Zealand
2.30 Drag Racing

3.00
Watersports World
From powerboating and jetskiing to water-skiing and canoeing, a guide to action on the water.

4.00
Dr Martens Premiere League Snooker: Hendry v Higgins
Stephen Hendry takes on new world champion and fierce rival John Higgins in this latest clash from Northamptonshire.

6.00 Beach Volleyball
Volleyball action from Rio, Buenos Aires, Berlin, Tenerife, Marseille and Osaka.
6.30 Drag Racing
7.00 Superbikes: USA – LIVE
Action from the championship race at the Laguna Seca circuit in the US. The Honda and Ducati teams are engaged in a frantic race to the finish. Presented by Keith Huewen with pit-side reports from Suzi Perry.

9.00 Beach Volleyball
9.30 Powerboat and Jetsport World
Action from America, Asia, Africa and Europe.

10.00
World Cup Phone-In
A panel, including George Best and Rodney Marsh, debate the talking points.
10.45 Superbikes: USA – LIVE
Continued live action from the championship race at the Laguna Seca circuit in the United States.

12.45am
Pool: Embassy World 8 Ball Championships – Men's Quarter-Final
2.45-3.30am
World Cup Phone-In

SKY SPORTS 2

6.00am Irish Showjumping
6.30 Formula 3 7.00 Aerobics Oz Style 7.30 Powerboat and Jetsport World 8.00 Rebel Sports
8.30 Futbol Mundial
9.00 Soccer Extra
12noon Beach Volleyball
12.30pm Watersports World
1.30 V-Max
2.00 The Winning Post: Haydock and Stratford – LIVE
Jeff Stelling presents horse racing action from Stratford and Haydock.

5.00 Sports Unlimited
Focusing on the sports that never seem to make it into the public eye.

6.00 World Tenpin Bowling Masters
Coverage of bowling from the Goresbrook Leisure Centre in Dagenham, Essex.
7.00 Equestrian: Spruce Meadows – Smirnoff Cup
Action from the Smirnoff Cup Parcours de Chasse, staged in Canada.
8.00
Ford Golf USA: Quad City Classic – LIVE
Coverage of day four from the Quad City Classic. The Oakwood Country Club in Illinois stages this year's event where the total prize money available is $1,550,000.

10.30 Ford Golf USA: US Senior Players Championship – LIVE
Fourth day coverage of the US Seniors Players Championship from the TPC of Michigan. Last year, this event was won by Larry Gilbert and he returns to defend his title.
12midnight Futbol Mundial
12.30am Beach Volleyball
1.00 Drag Racing
1.30-2.00am Powerboat and Jetsport World
Action from America, Asia, Africa and Europe.

SKY SPORTS 3

12noon Ford Golf USA: US Senior Players Championship
2.00pm
Pool: Embassy World 8 Ball Championships – Men's Quarter-Final
Coverage of the men's quarter-final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool. Some of the sport's young stars are competing in this event and, at the age of 23, newly crowned world snooker champion John Higgins is one of the old men of the tournament.

4.00 Dancing: World Ten Dance
Action from Hilleroed in Denmark including the cha-cha-cha, samba, rhumba, jive and the foxtrot.
5.00 Australian Rules Football
The latest action from down under.

7.00
International Bowls: Australia v England
Coverage from the green as Australia and England contest the Ashes from Merrylands in New South Wales. Australia are rated as one of the strongest teams in the world and this fixture represents a tough test for the English side.

11.00-12midnight Watersports World
Coverage of the men and women who excel in watersports, from sailing to surfing.

TROUBLE

12noon Ready or Not
12.30pm On the Make
12.45 It's in the Jeans
1.00 Saved by the Bell: The College Years
2.00 USA High
A popular film star arrives in Paris, and Lazzarini is desperate to meet her.
2.30 Fresh Prince of Bel Air
American sitcom about a streetwise kid from a Philadelphia ghetto who lives in the wealthiest community in California.

3.30 Echo Point
Teenage soap.
4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.

5.00
No Naked Flames
Teen magazine show.
5.30
California Dreams
American teen sitcom.
6.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face. Stars Jeremy Edwards.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
8.30 Rab C Nesbitt
Savage rhetoric from Scotland's string-vested, beer-guzzling sage.
9.00 Get Real...
Mob Stories
Documentary series.

10.00 Italian Stripping Housewives
Another round of the domestic undressing quiz.
10.30
World Cup Uncovered
11.00
FILM: Screwballs
Peter Keleghan
High-school sex comedy about four teenagers who meet in detention. *1983*
1.00am
Beverly Hills Bordello
1.30 FILM: Virgin Witch
Ann Michelle, Vicki Michelle
Saucy British shocker. *1970*
3.30 FILM: Death Warmed Up
Michael Hurst
Horror fantasy. *1984*
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare
8.00 The Bionic Woman
9.00 Six Million Dollar Man
10.00 SF Scene
10.30 Planet Mirth
11.00 The Twilight Zone
11.30 The Twilight Zone
12noon
FILM: The UFO Incident
James Earl Jones 1975
2.00pm Misfits of Science
Centre of Attention

3.00 Probe
Pilot
A series of perplexing killings bring together scientist Austin James and his determined assistant.
4.00 Future Cop
The Mad, Mad Bomber
Drama about a veteran policeman and his partner, a well-programmed prototype of the cop of tomorrow.
5.00 FILM: Captain Power – The Legend Begins
Feature-length version of the popular series. In the 22nd century, humanity is ruled by intelligent machines after the Metal Wars. A small unit of human soldiers form an underground resistance force. *1987*
7.00 Mysteries, Magic and Miracles
Hosted by Patrick Macnee.
7.30 SF Scene
A look behind the scenes of the film *Godzilla*.
8.00 Quantum Leap
Miss Deep South
Sam experiences an uncomfortable landing at the 35th Annual Miss Deep South Pageant.
9.00 Space Rangers
The Entertainer
A has-been comedian crash lands on a prison planet on which there are no guards.
10.00
FILM: The Wraith
Charlie Sheen, Nick Cassavetes, Randy Quaid, Sherilyn Fenn, Griffin O'Neal, Clint Howard
Supernatural horror about a high-school hero who returns from the dead to take revenge against the psychotic drag racer who killed him. *1986*
12midnight The Hunger
12.30am The Twilight Zone
1.00 Dark Shadows
2.00 Friday the 13th
The Baron's Bride
3.00
Tales of the Unexpected
The Skeleton Key
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

World Cup Final
Eurosport 10.00pm
Watched by billions of fans, the World Cup final is a global footy fest that will be a fitting event for the new Stade de France, which was constructed especially for this event. The final hasn't been a memorable affair for a few years, with the 1994 match between Brazil and Italy settled on penalties after a rather tired and feeble game. Poor old Roberto Baggio missed for the Italians to hand the trophy to the South Americans. Brazil are favourites, but a European team usually wins when the finals are staged on this continent.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Eastern Nights
12.20 FILM: The Kiss
Jenna is determined to use her lips to get what she wants.
1.00 The Five Minute Free View
1.05 FILM continues
1.30 FILM: Adult Feature
2.40 FILM: Devil in a Wet T-Shirt
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File – Full Screen Test
12.35 Suddenly Stacy
1.40 Ice Castings
2.00 FILM: Corporate Affairs
Getting inside information on corporations is a ruthless game for one couple, until the wife falls in love with her latest victim.
3.20 Adult Feature
3.50-4.00am Leather Lovelies

HVC

CABLE EXCLUSIVE

8.00pm FILM: Sacred Hearts
Drama about a woman embarking on her first romance.
9.30 The Space Between the Door and the Floor
10.00 FILM: Compelling Evidence
Thriller.
11.25-12midnight Electric Blue Show

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Whittle
Tim Vine hosts the audience participation quiz show.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the fast-moving quiz.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
Win great prizes.
10.00 Endurance UK
Paul Ross puts more madcap contestants through tormenting and torturous games.
10.50 Prize Time
11.10 Jools Holland's Name That Tune
Contestants must guess the tunes in this stylish music quiz.
11.40 Prize Time
12midnight Roll with It!
Hosted by Keith Chegwin.
12.30am C.A.T.S. Eyes
1.30 Christy
2.30 Bagdad Cafe
3.00 Snowy River – The McGregor Saga
4.00 Jake and the Kid
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat
6.30 What's in Box/Dial-a-Vet
7.00 Dial-a-Doc/Nation 7.30 Fashion 8.00 Agony 8.30 Legends 9.00 What's in Box/Dial-a-Doc 9.30 Revelations/Fate 10.00 Lie 10.30 BodyHeat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon The Why Files 12.30pm Fashion 1.00 Lie Detector 1.30 Agony 2.30 Revelations/Fate
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 BodyHeat
4.00 Judge Judy
The feared American judge presides over another case in his own inimitable style.
4.30 Judge Judy
5.00 Agony
More advice for troubled souls.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00 The Fashion Show
What's cool to wear.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
7.28 Tiffani's Big City Tips
7.30 Agony
More advice for troubled souls.
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Courtroom drama.
9.00 The Fashion Show
The latest styles.
9.28 Big City Tips
9.30 Serial Killers
Exploring psychosis.
10.00 Topless Darts
Sharp and shapely dart throwing.
10.02 Odds on Sport
10.30 The Sex Show
Late night chat show.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Erotic programme.
12midnight Janeycam 12.15am Pleasure Dome 12.30 Private Dancer 1.00 Exotica Erotica 2.00 Sex Show 2.30 Exotica 3.30 Serial Killers 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, sport, travel, weather and features on the hour every hour, plus the following features: 9.30am Gillette World of Sport 10.30 Catwalk 11.30 Cybernet 12.30pm Real Gardening Show 1.30 London School Choirs
2.30 The Catwalk Show
Some of the world's most beautiful models strut their stuff.
3.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
4.30 The A to Z of Food
Everything from apricots to zucchinis.
5.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
8.30 Movies, Games & Videos
Comprehensive entertainment review featuring highlights of the cinema and the small screen.
9.30 The Catwalk Show
Some of the world's most beautiful models display the latest designs from top fashion houses.
10.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local news on the hour, Album Show at half past every hour.

MTV

7.00am Kickstart
9.00 The Grind
9.30 The Grind
10.00 Hitlist UK
12noon MTV News Weekend Edition
12.30pm Daria
Adventures with the plain speaking teenager, from the *Beavis and Butt-head* creators.
1.00 Select MTV: Refuge from the World Cup!
With Richard Blackwood.
3.00 Extra Hot HitsA selection of great hits.
4.00 MTV'S Top Ten
The top 10 videos of the week.
5.00 European Top 20
The definitive European chart countdown.
7.00 News Weekend Edition
7.30 Essential All Saints
Your favourite hits from the girl-band sensation.
8.00 Extra Hot Hits
A selection of great hits.
9.00 So 90s
The greatest hits of the decade with Armstrong and Miller.
10.00 The Lick R&B Chart
A roundup of the biggest R&B hits with Trevor Nelson.
11.00 Noel Gallagher Football Interview
Noel gives his all on the subject of the moment.
11.30 Rock'n'Roll Feuds: Oasis
12midnight MTV Live
12.30am Michael Jackson
His story in music.
1.00-7.00am Night Videos
Music throughout the night.

TRAVEL

CABLE EXCLUSIVE

12noon Wild Ireland
12.30pm Wet and Wild
1.00 On the Loose in Wildest Africa
1.30 North of Naples, South of Rome
2.00 Origins with Burt Wolf
The Cayman Islands
2.30 The Great Escape
Delhi to Bombay
3.00 Dominika's Planet
Paris
Dominika is joined by British TV presenter Frank Gillespie to explore Paris.
4.01 An Aerial Tour of Britain
The South West Coast Path
A bird's eye view of the rugged cliffs.
5.00 Transasia
Pakistan
From the Persian Desert to the Himalayas – the second film on Transasia proceeds through Pakistan.
6.00 North of Naples, South of Rome
Cultural Arpino and Pecorino at Dann
6.30 The Great Escape
7.00 Going Places
San Francisco/Napa Valley
Surely America's most European city, where health, politics, style and nature converge.
8.00 Wet and Wild
Coarse Fishing, White Water Rafting, Sailing
8.30 Wild Ireland
The Pleasures of Dry Limestone, Clare
9.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis run through another edition of the popular entertainment show.
10.00 The Flavours of France
Dieppe
10.30 On Tour
Tenerife
A trip to this Canary Island.
11.00 The Wonderful World of Tom
New York
11.30-12midnight On the Loose in Wildest Africa

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 The Fast Food Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 The Good Housekeeping Show 10.30 The Zest Beauty Show 11.00 Cook's Garden 11.30 Rosemary Conley's Cookbook 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 World on a Plate 2.00 The E! True Hollywood Story
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
My Teenage Boyfriend Beats Me
Lively, and sometimes heated, discussion.
5.00-6.00pm Livetime
Offering viewers the chance to talk to lifestyle experts by calling 0845 3034422.

NATIONAL GEOGRAPHIC CHANNEL

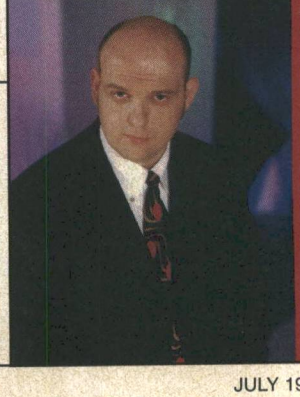
7.00pm Legends of the Bushmen
Filmmaker Ginger Mauney discovers some of the remarkable stories the bushmen of Namibia.
8.00 On the Edge: Return to Everest
A sequence of three programmes celebrating the feats of people who dice with danger.
9.00 On the Edge: Everest – Into the Death Zone
With Tim Macartney-Snape.
9.30 On the Edge: Ice Climb
10.00 Cameramen Who Dared
Cameramen who scale cliffs, swim with sharks and fend off angry wildlife.
10.30 Living Ancestors
11.00 Voyager
The concluding part to yesterday's epic adventure to the North Pole.
12midnight-1.00am Cold Water, Warm Blood
Off the coast of New Zealand, a great upwelling of nutrients from the depths of the oceans has provided a magnet for the most diverse collection of seals, whales and dolphins.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

That sinking feeling: 'Going Places' visits San Francisco. Travel 7.00pm

VH1

7.00am Breakfast in Bed 10.00 Sunday Brunch 12noon Pop-Up Video 1.00pm Pop-Up Video Driving 2.00 Pop-Up Video 2.30 Pop-Up Video 5.00 Pop-Up Video 5.30 Pop-Up Video Rock Special 6.00 Pop-Up Video 6.30 Pop-Up Video Divas Special 7.00 Pop-Up Video 8.00 Talk Music 9.00 Pop-Up Video 9.30 Pop-Up Video 10.00 Pop-Up Video 10.30 Pop-Up Video Soul Men 11.00 Pop-Up Video 11.30 Pop-Up Video 12midnight Pop-Up Video 2.00am Pop-Up Video 2.30 Pop-Up Video 3.00-7.00am VH1 Late Shift



More close encounters, spooky sightings and ghostly goings-on are investigated by Dave Barrett in 'The Why Files': L!VE TV 12noon

Sunday 12 July

MORNING

DISCOVERY HOME & LEISURE

9.00am Grassroots 9.30 Screaming Reels 10.00 Charlie West Fishing NEW SERIES 10.30 Hometime 11.00 Hometime 11.30 Gimme Shelter 12noon New Yankee Workshop 12.30pm The Close Guide 1.00 Under the Hammer 1.30 Antiques Challenge 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00 The Dirt Detective 3.30-4.00pm The Diceman

DISCOVERY

4.00pm Flightpath
Harrier Strike
The Harrier jet's vertical take-off capability makes it the ideal aircraft for close-air support.

5.00 First Flights
Backyard Fliers
5.30 Flightline
A service team braves waist-deep mud to rescue a crashed Spitfire.

6.00 Lonely Planet
North India: Varanasi to Himalayas
Traveller Andrew Daddo begins an intense journey through Eastern India.

7.00
Arthur C Clarke's Mysterious Universe
Strange Powers of Animals
7.30 Animal X

8.00 Discovery Showcase: UFO
The Untold Stories
Investigating the close relationship between the military and UFOs.

9.00 Discovery Showcase: UFO
Chariots of the Gods – The Mysteries Continue
Could aliens have visited earth in the past?

10.00 Discovery Showcase: UFO
Visitors from Space
People allegedly abducted by UFOs describe their traumatic experiences.

11.00
Discover Magazine
Underworld
The magazine show that searches out bizarre and unusual stories.

NIGHT TIME

12midnight Justice Files
Mercy or Murder
Examining the painful issues involved in the euthanasia debate.
1.00am-2.00am
Lonely Planet
North India: Varanasi to Himalayas

SKY SOAP

11.00am Emmerdale 11.30 Emmerdale 12noon Emmerdale 12.30pm Emmerdale 1.00 Emmerdale 1.30 Families 2.00 Families 2.30 Families 3.00 Families
Simon takes Fiona for a picnic.
3.30-4.00pm Families
Simon denies that he is still seeing Fiona.

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Blinky Bill 7.30 Real Story of... 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter's Laboratory 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 Beetlejuice 11.00 Mask 11.30 Tom and Jerry 11.45 Road Runner 12noon Flintstones 12.30pm Bugs and Daffy 1.00 Popeye

3.00 Taz-Mania
Devilish doings.
3.30 Scooby-Doo
Scooby and the gang investigate more ghosts and ghouls.
4.00
Sylvester and Tweety
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Animated adventure with the egotistical superhero.
5.30
Cow and Chicken
Animated larks.
6.00 La Toon 98
Toon in for a cartoon spin on the France 98 World Cup with a collection of animated classics. All your favourites are going to be shown, so make sure you don't miss it.

8.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.
8.30-9.00pm
The Flintstones

THE HISTORY CHANNEL

4.00pm Fight for the River
A look at the battle for Isonzo.
5.00
Battle for the Gulf: The 19th Province
6.00-8.00pm History Showcase: Seven Wonders of the Ancient World
A look at why these legendary structures were built and what fantastic stories are hidden in the ruins.

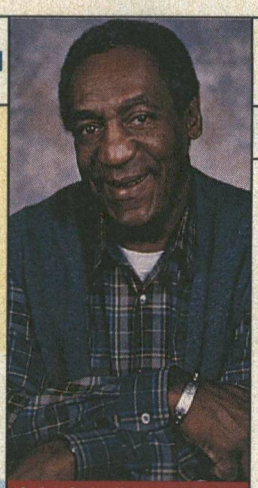
NICKELODEON

7.00am Tales from the Cryptkeeper 7.30 Extreme Ghostbusters 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister, Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Renford Rejects
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Tousle-headed fun.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Domestic disharmony.
7.30 Diff'rent Strokes
Fun with the Drummond's.
8.00 Wings
Comedy focusing on the regulars in a small airport on the island of Nantucket.
8.30 Cosby
Retirement comedy.
9.00 Due South
The comic adventures of a smooth talking, moralistic Canadian Mountie who joins a tough Chicago police department.
10.00 Frasier
Frasier becomes obsessed with a dream's meaning.
10.30 Cheers
Lilith reveals to Frasier that she is having an affair.
11.00 Monty Python's Flying Circus
More surreal sketches.
11.30
This is David Harper
Stars Tony Slattery.
12midnight Kids in the Hall
12.30am
It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Due South
The show which transposes Mountie tracking and trapping skills to the streets of the modern city – invariably with surprising success.
3.00 Sister Sister
There's twice the comedy and four times the fun as Tia and Tamera and their respective single parents all try to live together.
3.30-4.00am Cosby
US retirement comedy based on *One Foot in the Grave*.



I don't believe it! Bill Cosby plays a man facing retirement in 'Cosby': Paramount Comedy Channel 8.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm
Gilbert and Sullivan: Trial by Jury and Cox and Box
Stars Frankie Howerd. The very best of British operetta in a classic series featuring some surprising stars.

9.00 The Wednesday Concert: Mahler's Symphony No.1
One of the world's leading Mahlerians, maestro Bernard Haitink conducts the Berlin Philarmonic Orchestra in Mahler's thrilling first symphony, *The Titan*, which is filled with the composer's musings on death.

11.00 Sunday Jazz: Wynton Marsalis
The great trumpeter in concert at the Montreal Jazz Festival.

12midnight-1.00am
Midnight Jazz: Paul Horn
Chill out through the midnight hour, with the cool sound of the celebrated jazz flautist.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 9.00 News 10.00 News 10.30 Science Review 11.00 Dateline 12noon News 4.00pm Newsround 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Book Review 8.00 News 8.30 Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 News 2.30 Diary 3.00 News 3.15 World News 3.30 Face in the Crowd 4.00 News 4.30 Chronicles 5.00 News 5.30-6.00am Book Review

CNN INTERNATIONAL

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 Beat 9.00 News 9.30 Update 11.30 Earth Matters 12noon News 12.30pm Science 1.00 Update 1.30 Report 2.30 Europe 3.00 News 4.30 NBA 5.00 Edition 5.30 Edition 6.30 Business 7.00 Newstand 8.30 Pinnacle 9.30 Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight Today 12.30am World Beat 1.15 Edition 1.30 Diplomatic License 2.00 Today 3.00 Newstand 4.30-5.00am Pinnacle Europe

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business 10.00 Adam Boulton 11.30 Book Show 12noon News 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz 3.00 News 3.30 Reuters Reports 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuters Reports 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Review 12midnight News 12.30am CBS News 1.30 ABC News 2.00 News 2.30 Business Week 3.30 Reuters Reports 4.30 CBS News 5.00 News 5.30-6.00am ABC News

INTERNATIONAL

3SAT 5.50am Anders Fernsehen 6.00 Tele-Akademie 6.45 Kunst 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik 8.15 Ljuba Welitsch 9.15 Dichterclub 10.15 Gottfried Honneger 11.10 Warja Lavater 11.45 Adrian Marthaler 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Gotisches Österreich 1.30 Dagmar Koller 2.00 Middlemarch 2.50 Offen 3.00 Terranet Café 3.30 Kreuzzüge 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Markwort 7.15 Tatsachen und Legenden 8.00 Schätze 8.15 Hölle von Flandern 9.45 Wissenschaft auf Schmalen Reifen 10.30 Kommissar 11.15-12midnight Viertes Protokoll

TV5 5.00am Journal 5.15 Tourisme 5.30 Horizons Francophones 6.00 Concours Musical International 7.00 Journal 7.05 Journal 7.35 Journal 8.00 Bus 9.00 Minutes 9.05 Jardins et Loisirs 9.30 Correspondances 9.45 Journal des Festivals 10.00 Minutes 10.05 Mouvements 10.30 Tourisme 10.45 Autour du Tour 11.33 Journal 11.55 Journal 12noon Thalassa 1.00pm Outremers 2.00 A Pied d'œuvre 3.00 Journal 3.15 Le Vent des Moissons 5.10 Minutes 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Journal 7.00 Fiction 8.30 La Vie d'Artiste 9.00 Journal 9.30 Résumé 9.45 Journal 10.30 Bons Baisers d'Amérique 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhur Ki Bani 10.30 Focus 11.00 Aashirvaad 11.30 Holy Quran 12noon Naya Andaz 12.30pm News 1.00 Business 1.30 FILM 4.00 BPL OYE 5.00 Daal Mein Kala 5.30 Parstar 6.30 Aur Aap 7.00 Balcony 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Golmaal 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Parstar 6.00 Court 6.45 Business 7.00-7.30am Edition

ZEE TV

4.00am FILM: Gaban 7.00 Jaagran 7.30 Shabads/Holy Quaran 8.00 News 8.30 Alaap 9.00 Shri Krishna 10.00 Health Show 10.30 The A List 11.00 Jhatpat Khana 11.30 India Business 12noon FILM: Ek Nazar 3.00pm Parivartan 4.00 Zee & U 5.00 Amar Bail 6.00 Zee Top Ten 7.00 Amaanat 7.30 Fairdeal Antakshar 8.00 News 8.30 FILM: Sizzlers Bal Bhramchari 11.30-12midnight Shapath

RACING CHANNEL

Racing Channel does not transmit on Sundays.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 9.00 Life is for Living 9.30 On Holy Ground 10.00 Revelation 10.30-11.00am This is Your Day

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon America This Week 3.00pm Europe This Week 5.00-6.00pm Statement from the House

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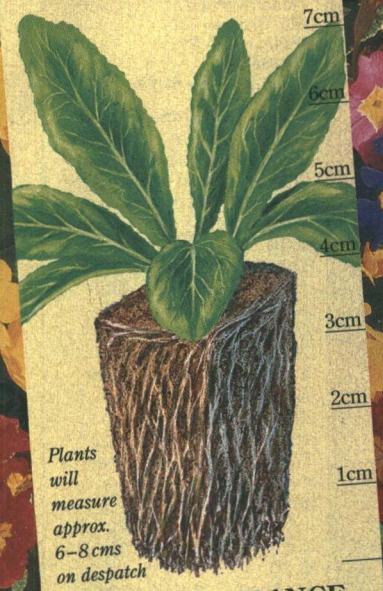
PLUS 7 EXTRA FREE

PLAN NOW FOR WINTER AND SPRING COLOUR



Plants will measure approx. 6–8 cms on despatch

YOUR ASSURANCE OF QUALITY

- All our plants are grown in the UK to the highest quality specification.
- Your order will be carefully packed in a protective box and despatched by First Class Post for delivery to any UK address including Northern Ireland.
- All plants are accompanied by easy-to-follow growing instructions.
- Delivery will be late August and early September.
- In the event of any dissatisfaction confirmed to us within 14 days of receipt, we shall offer a replacement or refund.

A little thought now about your Autumn planting will reward you with vivid colour and warmth in the darker months. Spectrum Polyanthus are available as time-saving ready plants and perfect for the busy gardener as there's no need to grow on before planting out.

Our special 'Plan now for Winter' offer means that when you order 35 plants for just £7.95, we'll give you an extra 7 plants of the same super quality FREE!

This stunning variety of Polyanthus will burst into brilliant bloom from late Winter through to early Spring bringing vibrant colour to your borders, pots and tubs. Also ideal as indoor pot plants, Spectrum Polyanthus flower in a blaze of colours including white, cream, yellow, pink, rose, golden yellow, red, blue, lilac and bi-colours.

Quality plants grown to order

All our Spectrum Polyanthus are grown in the UK under controlled greenhouse conditions to the highest standard. On arrival the plants will measure approximately 6–8cm from stem tip to plant base and will be ready for planting straight out into the garden.

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As the plants are grown to order, despatch will be late August and early September. All orders will be acknowledged. Just fill in the coupon and send it to us, enclosing your cheque or postal order. Visa, MasterCard and Switch card holders can ring us and place their order right away.

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136 CGSP2

Monday 13 July

SKY MOVIES SCREEN 1

MORNING

6.00am L'Avventura
Mystery drama. **Widescreen** *1960, rating Sky PG, 137 mins*
8.20 Citizens Band
1977, rating Sky PG, 92 mins
10.00 Bed of Roses
Comical love story. **Text** *1996, rating Sky PG, 84 mins*
11.30 Panic in the Skies!
1996, rating Sky PG, 90 mins
1.00pm Citizens Band
1977, rating Sky PG, 92 mins

3.00 Bed of Roses
Christian Slater, Mary Stuart Masterson, Josh Brolin
Comical love story. A successful professional woman, who has never quite overcome a tragic childhood, finds herself falling in love with a young widower who now runs his own flower shop. But can she overcome her fear of commitment? **Text** *1996, rating Sky PG, 84 mins*

5.00 Magic Island
Zachary Ty Bryan, Edward Kerr, Lee Armstrong, French Stewart
Family adventure. A 13-year-old boy lives with his mother, who rarely has time for him since his father walked out on them. When he vows to run away, his nanny persuades him to look at a magic book – which transports him to a magical land. **Last Play** *1995, rating Sky PG, 85 mins*

7.00 Panic in the Skies!
Kate Jackson, Ed Marinaro
Thriller. An aircraft's three pilots are killed by bolts of lightning, and the authorities on the ground must decide whether to shoot it down or risk it crashing into an urban area. **Last Play** *1996, rating Sky PG, 90 mins*
8.30 Movie Show
Magazine show hosted by Richard Jobson.

9.00 The Cable Guy
Jim Carrey, Matthew Broderick
Dark comedy. When a man breaks up with his girlfriend he finds that his life is taken over by an enthusiastic cable installer, who becomes dangerous. **Text** *1996, rating Sky 12, 92 mins*
10.45 Feeling Minnesota
Keanu Reeves, Cameron Diaz, Vincent D'Onofrio, Dan Aykroyd, Courtney Love
Bittersweet comedy romance. A criminal returns to his brother's wedding, but old sibling rivalry leads him to spite his brother and take off with the bride. *1997, rating Sky 18, 95 mins*

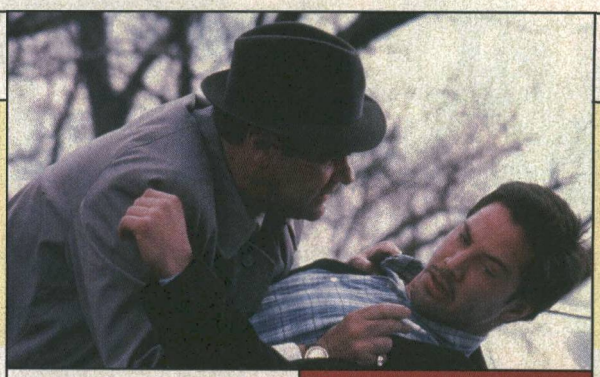
NIGHT TIME

12.25am Married People, Single Sex II
1994, rating Sky 18, 100 mins
2.10 Dead Cold
Lysette Anthony, Chris Mulkey 1995, rating Sky 18, 88 mins
3.40-5.15am The Unholy
Ben Cross, Hal Holbrook 1988, rating Sky 18, 98 mins

SKY MOVIES SCREEN 2

6.05am Garden of Evil
1954, rating Sky PG, 96 mins
8.00 Desperate
1947, rating Sky PG, 70 mins
9.15 Higher and Higher
1943, rating Sky U, 90 mins
11.15 A Girl Must Live
1939, rating Sky U, 68 mins
12.30pm It Came from Outer Space II
Text *1996, rating Sky PG, 84 mins*
2.00 Garden of Evil
Gary Cooper, Susan Hayward, Richard Widmark
Mexican-set adventure in which a woman travels through dangerous bandit country to rescue her husband, who is trapped in a mine. *1954, rating Sky PG, 96 mins*

4.00 Higher and Higher
Frank Sinatra, Leon Errol, Michele Morgan, Jack Haley, Marcy McGuire, Victor Borge
Musical. Frank Sinatra's starring debut in which a rich man, who has fallen on hard times, tries to regain his fortune with the help of his servants. Songs include *The Music Stopped* and *I Couldn't Sleep a Wink Last Night. 1943, rating Sky U, 90 mins*
6.00 It Came from Outer Space II
Elizabeth Pena, Brian Kerwin
Science fiction sequel in which aliens arrive in a small American town. Locals are alerted to something being wrong when the town's power goes down and the temperature rises. **Text** *1996, rating Sky PG, 84 mins*
7.30 Special Feature
Hollywood news.
8.00 White Dwarf
Paul Winfield, Neal McDonough, Michael McGrady, Ele Keats
PREMIERE Futuristic fantasy. Young Dr Driscoll Rampart is sent to the unattractive planet of Rustia, on an assignment which he hopes will be short. However, his duties see him caught between two warring cultures when he visits a no-go area. *1995, rating Sky PG, 87 mins*
10.00 The Glimmer Man
Steven Seagal, Keenan Ivory Wayans, Bob Gunton
Action thriller. A New York cop is sent to Los Angeles to track down a serial killer. **Text** *1996, rating Sky 18, 87 mins*
11.35 Jade
David Caruso, Linda Fiorentino
Raunchy thriller set in San Francisco. **Text** *1995, rating Sky 18, 91 mins*
1.15am Living in Oblivion
Steve Buscemi, Dermot Mulroney 1996, rating Sky 15, 86 mins
2.50 China Girl
Richard Panebianco, David Caruso 1987, rating Sky 18, 86 mins
4.25-5.45am Willy Fog – Journey to the Centre of the Earth
1995, rating Sky U, 75 mins



Dan Aykroyd and Keanu Reeves star in 'Feeling Minnesota': Sky Movies Screen 1 10.45pm

SKY MOVIES GOLD

4.00pm Captain Horatio Hornblower
Gregory Peck, Virginia Mayo, Christopher Lee, Robert Beatty, Denis O'Dea
Exciting action drama in which the titular British sea warrior bravely battles Napoleon while romancing Lady Wellesley. Based on the exploits of CS Forester's British naval hero. *1951, rating Sky PG, 112 mins*
6.00 The Karate Kid
Ralph Macchio, Noriyuki 'Pat' Morita, Elizabeth Shue, Martin Kove
Drama in which a newcomer to California finds himself the victim of vicious attacks – but then wises up thanks to a Japanese karate master, who instructs him in how to be an expert in self-defence. *1984, rating Sky PG, 121 mins*
8.00 Scrooged
Bill Murray, Karen Allen, Robert Mitchum, Carol Kane
Festive comedy. A mean-spirited TV boss has lined up a crass and cynical package of programmes for Christmas viewing. But visitations by the ghosts of Christmas past, present and future teach him the error of his ways. *1988, rating Sky PG, 97 mins*
10.00 Erik the Viking
Tim Robbins, Terry Jones, John Cleese, Antony Sher
Extravagant comic fantasy. A Viking warrior named Eric gets into scrapes when he embarks on a voyage to find Asgaard, the fabled city of the gods. **Text** *1989, rating Sky 15, 89 mins*
11.35 Cruising
Al Pacino, Paul Sorvino
Thriller about a homophobic killer. *1980, rating Sky 18, 96 mins*
1.15am Bright Lights, Big City
Michael J Fox, Kiefer Sutherland
Manhattan melodrama. *1988, rating Sky 18, 103 mins*
3.05-4.40am The Seventh Sign
Demi Moore, Michael Biehn
Supernatural mystery. *1988, rating Sky 15, 93 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Dodge City
Errol Flynn, Olivia de Havilland, Ann Sheridan, Bruce Cabot, Frank McHugh, Alan Hale
Spectacular action Western about a clean-living cattle merchant who takes on the corrupt forces in the notorious frontier town of Dodge City in an attempt to bring justice and order to the Wild West community. *1939, 100 mins*
11.00 They Died with Their Boots On
Errol Flynn, Olivia de Havilland
Classic Western following General Custer's adventures in the American civil war. *1941, 134 mins*
1.20am Silver River
Errol Flynn, Ann Sheridan
Frontier tale which charts a shady army captain's moral decline. *1948, 110 mins*
3.15-5.00am Dodge City
Errol Flynn, Olivia de Havilland
Western. *1939, 100 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills
7.30 Games World 7.45 The Simpsons **Text** **8.15 The Oprah Winfrey Show 9.00 Hotel**
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children **Text**
12.30pm M*A*S*H
1.00 Geraldo
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Oh Mama, You're Pregnant So Cover Up
Pregnant women who dress too sexily are given conservative makeovers.
4.00 The Oprah Winfrey Show
Another intriguing chat-filled episode of this top-rated talk show hosted by the diva of daytime television.
5.00 Star Trek: Voyager
Non Sequitur
When Harry Kim wakes up on earth in 24th-century San Francisco, records show he was never assigned to *Voyager.* **Text**
6.00 The Nanny
Whine Cellar
With guest Morty Drescher.
6.30 Married... With Children
Scared Single **Text**
7.00 The Simpsons
A Fish Called Selma
With Jeff Goldblum. **Text**
7.30 Real TV
Astounding actual video footage of real-life events.
8.00 Star Trek: Voyager
Waking Moments
Another exciting installment of the sci-fi adventure series starring Kate Mulgrew, Robert Beltran and Robert Picardo.
9.00 Sliders
The adventures of a young team of explorers who slide through parallel dimensions of earth using a timer which opens a sliding vortex.
10.00 Chicago Hope
The Ties That Bind
A woman infected with the HIV virus tells Grad she wants to have a baby. Stars Adam Arkin and Christine Lahti.
11.00 Star Trek: Voyager
Non Sequitur
When Harry Kim wakes up on earth in 24th-century San Francisco, records show he was never assigned to *Voyager.* **Text**
12midnight Nash Bridges
Wrecking Crew
A first-rate professional robber and his crew hit San Francisco while Joe tries to convince Nash to moonlight as a private eye. **Text**
1.00-7.00am Long Play
It's a VJ-free music zone with something for everyone.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy – the Borg. Starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.30am, 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 13 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill *For Services Rendered*

3.25 The Bill
Response Time
Monroe's loyalty to his men is tested to the limit.

3.55 Dangerfield
Dem Bones
A storm reveals strange things buried in a garden and, as the house has only one occupant, it seems an open and shut case.

4.55 EastEnders
Everyday drama with Walford's cockney folk.

5.30 Wowfabgroovy
DJ Russ Williams presents the gameshow in which celebrities battle it out in a nostalgic quiz.

6.00 All Creatures Great and Small
A new hormonal treatment which James administers to a small dog and a prize bull has embarrassing results.

7.00 2Point4 Children
When the Going Gets Tough, the Tough Go Shopping
A late-summer barbecue results in a conversion to vegetarianism.

7.40 Waiting for God
Diana thinks that Tom has a girlfriend. Stars Stephanie Cole.

8.20 Dad's Army
The Bullet is Not for Firing
Captain Mainwaring calls a court of inquiry.

9.00 Casualty
Mother's Little Helper
There are communication problems when a deaf girl is attacked by a dog and a wedding relocates to the ward.

10.05 Taggart
Dead Ringer
Detective Chief Inspector Jim Taggart is reunited with Sergeant Peter Livingstone to investigate the murder of a woman. Stars Mark McManus.

11.10 Sports Anorak of the Year
With Rory McGrath.

11.45 The Bill
For Services Rendered

12.15am The Bill
Response Time

12.45 Spitting Image
Biting latex satire.

1.10 Chelmsford 123
Poison

1.40 The Equalizer
Nocturne

2.25-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and often heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous US talk show in which Jerry and his guests engage in lively – and often heated – discussion.

7.00 Rescue 911
William Shatner hosts the series featuring the stories of rescues by US emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Side Effects
House of Caduceus
Dr Camilleri arranges an adoption between a childless couple and a pregnant teenager. Has she gone too far?

9.00 Nothing Lasts Forever
First in a two-part drama about three young female doctors who juggle complicated love lives and demanding careers in the high-pressure, male-dominated medical profession at a big city hospital. Based on a novel by Sidney Sheldon. Stars Gail O'Grady, Brooke Shields and Vanessa Williams.

11.00-12midnight Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Stree 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Buried in the Cold, Cold Ground
Jason finds the plot for his next Mark Caine novel when he gives a lift to a pretty hitch-hiker. Guest starring Michele Dotrice.

4.00 Hawaii Five-0
By the Numbers
McGarrett and his team are called in when a winning ticket in a numbers game turns out to be a loser.

5.00 Hart to Hart
Trust Your Hart
Jonathan and Jennifer take in a girl who learns that her parents died in the car crash that left her comatose for seven years.

6.00 Emmerdale
Yorkshire farming soap.

6.30 Classic Coronation Street
Annie returns to sort out her staff.

7.00 Surgical Spirit
The Lecture
Sheila Sabatini irritates people.

7.30 The Fenn Street Gang
Should Auld Acquaintance

8.00 Dempsey & Makepeace
Silver Dollar
Dempsey and Makepeace investigate a series of attacks on a giant corporation.

9.00 Classic Coronation Street

9.30 Hale and Pace

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Performance Power
Sarah Donohue brings fast and furious action from around the globe.

11.30 Car File

12midnight Hell for Leather
Fast-paced biking magazine show, hosted by Graeme Crosby.

12.30am Motor Week
Magazine programme featuring all the latest motoring news.

1.00 E! In Focus
Playmates Now and Then

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians NEW SERIES 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Watch out, Timon and Pumbaa are about.

3.30 Aladdin
The continuing adventures of the young hero. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds make for fast frantic fun.

4.30 Recess
Animated series. Text

4.45 Pepper Ann Text

5.00 Smart Guy
The boy needs a special school.

5.30 Brotherly Love
Uptown Girl
A young woman drives away with Joey's heart. Text

6.00 Teen Angel
Feathers Day
Steve is talked into taking Katie to her 'Indian girl' meeting. Text

6.30 Boy Meets World
What I Meant to Say Text

7.00 FILM: Just in Time
Mark Moses, Rebecca Chambers, Jane Sibbett
Michael Bedford seems to have it all – a top job, a lovely house and a beautiful daughter, Lily. But something is missing from both their lives: Lily's mother died in a crash. Then a student enters the picture. *1996* Text

8.30 The Wonder Years
Ninth Grade Man Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, We've Been Swallowed by Grandpa
Microscopic mayhem. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Restaurant Show 10.30 A Taste of Africa 11.00 Graham Kerr 11.30 Coxon's Kitchen College 12noon Food Network 12.30pm Ross in Thailand 1.00 Food for Thought 1.30 Japaneasy NEW SERIES 2.00 Tessa Bramley's Seasonal Kitchen 2.30 Food Network Daily 3.00 High Days and Holidays 3.30 Coxon's Kitchen College 4.00 Simply Antony
Game
4.30-5.00pm Graham Kerr's Kitchen

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
Anna and Alfie receive wise advice from an unexpected source.

6.30 Pull the Other One
Gameshow with Paul Coia.

7.00 Rising Damp
Rigsby finds someone desperate enough to take his prize vacant room.

7.30 Desmond's
Go with the Flo

8.00 Birds of a Feather
Baby Come Back
Sharon meets an old flame and her thoughts turn to marriage and motherhood.

8.30 A Kind of Living

9.00 The Ruth Rendell Mysteries: A Guilty Thing Surprised
Wexford investigates when a woman's body is discovered in the woods.

10.00 Big Sky
The Duke of Yarragul
Scotty's girlfriend tells him that she is leaving him. Starring John Sheerin and William Zappa.

11.00 Boon

12midnight Pull the Other One

12.30am-1.00am The Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

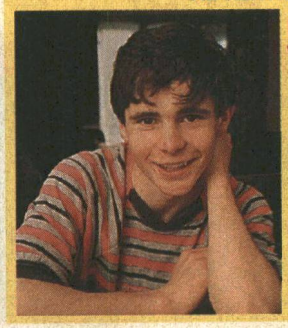
FILM

Witchboard III – the Possession
Sci-Fi Channel 10.00pm
A man messing with the occult finds himself passing through the portal connecting the physical world and a parallel universe demon called Krazl. When this entity possesses the man's soulless body, it's only a matter of time before there's a new evil on the loose. Sounds like fun!

GENERAL

Brotherly Love
Disney Channel 12noon, 5.30pm
A new comedy series starring real-life brothers Joey, Matthew and Andrew Lawrence. The shows begin today as the oldest brother (Joey) returns home on his father's death to claim his share of the family garage business. But is he mature enough to fill his father's shoes?

ADVERTISEMENT



BROOKSIDE: THE EARLY YEARS 11.35AM

It's back to the good old days of *Brookside*, as *living* revisits the action of the late 80s. Today, Sammy falls out with Owen after he flirts with Nisha, and Geoff Rogers awaits the outcome of his dyslexia appeal.

Monday 13 July

	EUROSPORT	SKY SPORTS 1	SKY SPORTS 2	SKY SPORTS 3	TROUBLE	SCI-FI
6.00 AM MORNING	**7.30am World Cup Premiere** **8.00 World Cup Premiere** **8.30 Cycling** Highlights of yesterday's Tour de France. **10.00 World Cup: Le Mix** **12noon Cycling** Highlights of yesterday's Tour de France. **1.00pm Cycling – LIVE** Action from the Tour de France stage from Enniscorthy to Cork.	**7.00am Superbikes: USA** *Repeat from Sunday* **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Beach Volleyball** **10.30 Watersports World** **11.30 Drag Racing** **12noon Aerobics Oz Style** Get into shape and stay that way with a daily dose of Australian exercise. **12.30pm Superbikes: USA** Another chance to see action from the championship race at the Laguna Seca circuit in the United States. **2.30** **Australian Rules Football** The latest action from down under.	**7.00am Aerobics Oz Style** **7.30 Racing News** **8.00 Beach Volleyball** **8.30** **Gillette World Sport Special** **9.00 Drag Racing** **9.30** **Australian Rules Football** **11.30 Ford Golf USA: Quad City Classic** **2.00pm Ford Golf USA: US Senior Players Championship**	**12noon World Tenpin Bowling Masters** **1.00pm Fish TV: Fly Fishing** With Frank Papineau. **1.30 Fish TV: The Ultimate Fishing Show** For true addicts to the sport. **2.00 This Week in Baseball** With match reports, the greatest plays of the week, plus top name interviews. **2.30 World Motor Sport** Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit.	**12noon Sweat** **12.30pm Heartbreak High** Hard-hitting drama about life at a Sydney high school. **1.30 Echo Point** Teenage soap. **2.00 Hollyoaks** Chester-based soap. **2.30 It's in the Jeans** *Horse Riding* **2.45 On the Make** Makeover show.	**7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Swamp Thing 2.00 Six Million Dollar Man**
3.00 PM	**3.15 Superbike** World Championship action from Laguna Seca, California.		**3.30** **International Rugby Union: Australia v New Zealand** Another chance to see highlights of the international rugby union clash between two of the finest sides in the world, Australia and New Zealand. Melbourne stages this latest Bledisloe Cup encounter.		**3.00 Sweat** Australian athletic drama. **3.30 Ready or Not** *Second Generation* Canadian teen drama that tackles growing up.	**3.00 Quantum Leap** *Double Identity* Sam Beckett materialises as a hitman and finds himself involved with a Mafia godfather's girlfriend.
4.00 PM		**4.30 Powerboat and Jetsport World** Action from America, Asia, Africa and Europe.	**5.30 Beach Volleyball** From Rio, Buenos Aires, Berlin, Tenerife, Marseille and Osaka.		**4.00 Fresh Prince of Bel Air** Rags-to-riches comedy. **4.30** **Saved by the Bell: The College Years**	**4.00 Space Precinct** *Deadline* Someone is murdering the citizens of Demeter City and selling the vital organs to a physician.
5.00 PM	**5.00 Supersport** Action from the seventh round of the Corona Extra Superbike World Series in Laguna Seca, California.	**5.00 World Tenpin Bowling Masters** Coverage from the Goresbrook Leisure Centre in Dagenham, Essex. Sid Waddell commentates.			**5.00 Hollyoaks** Chester-based soap about a group of teenagers and the battles they face. **5.30** **California Dreams**	**5.00 Amazing Stories** *Lane Change* A distressed woman picks up a perceptive passenger. **5.30 Mysteries, Magic and Miracles**
6.00 PM	**6.00 Sports Car** Coverage of the FIA GT Championship in Dijon, France.	**6.00** **Sky Sports Centre** **6.30 Tales from the Premiership: A Tale of Two Strikers** NEW SERIES	**6.00 This Week in Baseball** Highlights, interviews and current news. **6.30 The Winning Post: Windsor and Wolverhampton – LIVE** Coverage from Windsor at 6.30, 7.00, 7.30 and 8.00, and Wolverhampton at 6.45, 7.15, 7.45 and 8.15.	**6.00 High 5** The team travels to Seattle, Vail and Alaska to catch up with the ski freaks. **6.30** **Survival of the Fittest**	**6.00 Hang Time** **6.30 Bangs** **6.45 What a Life** *Superman Brodis* **7.00 USA High** **7.30-8.00pm Fresh Prince of Bel Air**	**6.00 Sightings** Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 PM	**7.00 Extreme Sports** Action from the Red Bull International Buggy Cup, and stage two of the Windsurfing Trilogy at Maurice Island.	**7.00 V-Max** An insight into the exciting world of speed. **7.30** **Survival of the Fittest** Tough athletics.		**7.00 Fish TV: Tony Dean Outdoors** With Tony Dean. **7.30 Fish TV: Gone Fishing** With Mike Sakamoto.	**BRAVO**	**7.00 Buck Rogers in the 25th Century** *Flight of the War Witch* Buck is coerced into joining forces with his arch-enemy.
8.00 PM	**8.00 Tractor Pulling** European Cup second round action from Sottrum, Germany.	**8.00 Golf: European Golf Skills Challenge**	**8.30 Pool: Embassy World 8 Ball Championships – Men's Quarter-Final** Coverage of the fourth men's quarter-final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool. At the age of 23, newly crowned world snooker champion John Higgins is one of the 'veterans' of the tournament. **10.30-2.00am** **World Motor Sport** Get behind the wheel and prepare for a roundup of the latest developments in the race world, including views from the major players on the circuit.	**8.00 International Bowls: Australia v Northern Ireland** Coverage from the green as Australia and Northern Ireland contest the first Test of the triples competition in Merrylands, New South Wales.	**8.00pm The A-Team** *A Cup A'Joe* When the owner of a truckers' rest-stop is terrorised, the A-Team comes to the rescue. **9.00 Real Stories of the Highway Patrol** Real-life drama on the roads with US police. **9.30 Cops** Police documentary series.	**8.00 Quantum Leap** *Black on White on Fire* Sam Beckett returns to 1965 Los Angeles as Ray Jordan, an ambitious black medical student. **9.00 PSI Factor – Chronicles of the Paranormal** The OSIR investigates a mysterious creature lurking in the sewers.
9.00 PM	**9.00 Cycling** Highlights from the Tour de France.					
10.00 PM	**11.00 Boxing** Punch-by-punch action from another exciting bout.	**10.00** **Sky Sports Centre** **10.15 Tales from the Premiership: A Tale of Two Strikers** **10.45 World Tenpin Bowling Masters** Coverage from the Goresbrook Leisure Centre in Dagenham, Essex. **11.45** **Sky Sports Centre**		**10.00** **Sky Sports Classics: 1994 Breeders Cup** Classic sporting footage from the 1994 Breeders Cup. **11.00-11.30pm** **The Entertainers: Wright and Shearer** Sit back and be entertained by Ian Wright and Alan Shearer.	**10.00 Italian Stripping Housewives** Gameshow. **10.30** **Red Shoe Diaries** *Alphabet Girl*	**10.00 FILM: Witchboard – The Possession** *David Nerman, Locky Lambert, Cedric Smith* Lured by the spirit of the ouija, a man passes through a portal connecting the physical world and a parallel universe. *1995*
11.00 PM					**11.00** **FILM: The Changeling** *George C Scott, Trish Van Devere, Melvyn Douglas* Chilling ghost story about a haunted mansion. *1979*	**11.45** **SF Scene Special**
12.00 NIGHT TIME	**12midnight-12.30am** **Four Wheels Drive** Formula 4X4 off road action from Reykjavik, Iceland.	**12midnight Golf: European Golf Skills Challenge** **2.00am** **International Bowls: Australia v Northern Ireland** **4.00** **Tales from the Premiership: A Tale of Two Strikers** **4.30-4.45am** **Sky Sports Centre**			**1.00am** **Beverly Hills Bordello** **1.30 Italian Stripping Housewives** **2.00 Real Stories of the Highway Patrol** **2.30 Cops** **3.00 FILM: Screwballs** *Peter Keleghan 1983* **5.00-6.00am The A-Team**	**12midnight Sightings** **1.00am** **The Tomorrow People** **1.30 SF Scene** **2.00 Friday the 13th** **3.00 Tales of the Unexpected** *The Last of the Midnight Gardeners* **3.30-4.00am Dark Shadows**

CABLE CHOICE

SPORT

Cycling: Tour de France – LIVE
Eurosport 1.00pm

It's the 85th Tour and this could be one of the most exciting in years, with reigning champ Jan Ullrich of Germany being chased by the likes of Alex Zülle of Switzerland and home favourite Laurent Jalabert. Prize money of well over £1million is unimportant to the winner, who shares it all with his team-mates. Instead, the riders crave the yellow jersey and the fame that comes with it. In honour of previous Irish riders, this year's Tour has begun in Ireland and today's second stage is a 200 kilometre section which ends in Cork and a flight to France.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Single Sex
12.20 Rachel's Sagas
12.45 FILM: Head Trip
1.00 The Five Minute Free View
1.05 FILM continues
2.00 The Strap-O-Gram Girl
2.25 FILM: Can Can
A dirty dancing contest sets off dance floor debauchery.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight
Gay Night: .... of the Day
12.10am Gay Night
Gay magazine programme.
12.20 Gay Night: Alfresco
Gay feature.
1.15 Gay Night
1.30 Gay Night: Bohemian Boys
Erotic gay programme.
2.25 Gay Night
2.35 Gay Night
3.30-4.00am Gay Night: Rear of the Year III

HVC

CABLE EXCLUSIVE

8.00pm FILM: Eliminators
Andrew Prine, Denise Crosby
Science fiction. A mandroid – part man and part machine – seeks revenge on the evil scientist who created him.
9.35 FILM: In too Deep
Hugo Race, Samantha Press
Adult drama.
11.20-12midnight
LA Swimstyles II – Feel Me

CABLE CHECK
Some of the channels listed may not be available in your area

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/Body Heat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 Body Heat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
Aerobics exercising.

4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Relationship advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
6.30 Dial-a-Doc
6.45 What's in the Box
Phone-in programme.
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Big City Tips
Saucy finance news.
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
Saucy finance news.
8.30 Judge Judy
9.00 Footballers' Private Lives
Following the bad football boys of the Seventies.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
10.02 Odds on Sport
10.28 Big City Tips
Saucy financial news.
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
Saucy finance news.
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
12midnight Janeycam 12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues to contestants.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
Win great prizes.
7.15 Fifteen to One
With William G Stewart.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants must tackle a series of ingenious games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
The Spice of Life
Ted Rogers hosts the quiz show in which Dusty Bin must be avoided if the contestants are to win.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century 12.30am Moonlighting 1.30 The Big Valley 2.30 Big Brother Jake 3.00 Snowy River – The McGregor Saga 3.50 Jeux Sans Frontieres 5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, evey hour, plus the following features:
10.30am The Catwalk Show
11.30 The A to Z of Food
12.30pm Gillette World Sport 1.30 Real Gardening
2.30 The Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
4.30 Cybernet
All the latest computer and Internet news.
5.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
8.30 The Catwalk Show
Some of the world's most beautiful models strut their stuff as they display the latest designs.
9.30 Gillette World of Sport
All the latest sporting action covering a variety of disciplines.
10.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm US Top 10
Stateside chart action.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 Spice Up Your Life
Everything you always wanted to know about The Spice Girls.
6.30 Extra Hot Hits
7.00 Hit List UK
The UK chart hosted by Cat Deeley.
8.00 Hot
Happening news, videos and gossip with Richard Blackwood.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Superock
The best rock and metal with Julia Valet.
1.00am-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Travel Trails
12.30pm On the Horizon
1.00 Pathfinders
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Lanzarote/Fuerteventura
2.30 The Wonderful World of Tom
Dublin
3.00 Destinations
Zanzibar
Zanzibar boasts abundant clove plantations and a robust and booming tourist industry.
4.00 Reel World
Trinidad
4.30 Worldwide Guide
Reunion
Holiday magazine.
5.00 Pathfinders
Mount Orizaba
5.30 A Fork in the Road
Argentina
Pria Viswalingam enjoys target practice in Buenos Aires with a Magnum toting accountant and indulges in weekend polo.
6.30 On Tour
Lanzarote/Fuerteventura
7.00 Travel Trails
Shropshire
Sarah Cameron travels to Shrewsbury.
7.30 On the Horizon
Jordan
8.00 Go Greece
Attika: Familiar and Little-Known Greece
8.30 The Flavours of France
Cevennes
9.00 Of Tales and Travels
Mandinga and the Dogon Countries, Africa
Meeting people who still hold true to their traditions.
10.00 The Wonderful World of Tom
Dublin
10.30 The Food Lovers' Guide to Australia
11.00-12midnight Destinations
Zanzibar
Zanzibar boasts abundant clove plantations and a robust tourist industry.

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Ready to Wear 8.00 View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Gossip 12noon The View 1.00pm The Good Housekeeping Show 1.30 Ready to Wear 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
Stop Sleeping with Married Men
American talk show with lively discussion.
5.00-6.00pm Livetime
Magazine programme covering all aspects of health, beauty, fashion, the home and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Day of the Elephant
The elephant has a special place in Indian religion.
7.30 The Last Resort
The West Coast Park.
8.00 Predators: Wolves of the Sea
A dramatic and comprehensive film which looks at the world of the killer whale.
9.00 In the Footsteps of Crusoe
A study of a species of fur seal once thought extinct.
9.30 Wolves of the Air
10.00 Assault on Manaslu
Follow a group of Swiss climbers as they set out to conquer Mount Manaslu in Nepal.
11.00 Gorilla
Shy, intelligent and sometimes hauntingly human-like, the gorilla is even more fascinating on close acquaintance.
12midnight-1.00am Mirrorworld
Explore above and below the water's surface of New Zealand's spectacular fjordland.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

A fur seal once thought to be extinct is the subject of 'In the Footsteps of Crusoe': National Geographic Channel 9.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Suzanne Vega 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes 8.00 The VH1 Album Chart Show 9.00 Talk Music 10.00 Greatest Hits of... Erasure 11.00 Soul Vibration 12midnight The Nightfly 1.00am Around and Around 2.00-7.00am VH1 Late Shift

As Tiffani Bannister gives her updates on the state of the financial markets, she does some asset stripping of her own in 'Tiffani's Big City Tips': L!VE TV throughout the evening

Monday 13 July

DISCOVERY HOME & LEISURE

MORNING

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture to Go 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

4.00pm The Diceman
The Diceman reaches the Isle of Arran.
4.30 Top Marques
Hispano-Suiza
The Spanish marque.
5.00 First Flights
First in Speed: Air Racing
Technological advances.
5.30 History's Turning Points
Revolution in Paris
6.00 Animal Doctor
RSPCA vets respond to reports of animal cruelty.
6.30 Wild Dogs
NEW An epic study of endangered wild dogs in South Africa's famous Kruger National Park.
7.30 Arthur C Clarke's Mysterious Universe
Secrets of the Pyramids
8.00 Adventures of the Quest
The Hidden Deep
The Great Barrier Reef reveals its hidden secrets to marine biologists.
9.00 Shipwreck! Titanic
Anatomy of a Disaster
A look at the scientific evidence that sheds new light on the tragedy of the *Titanic*, the supposedly unsinkable ship that collided with an iceberg in the North Atlantic and sank in April 1912, killing 1500 passengers.
11.00 Flightpath
Airships 2000
How airships similar to Germany's Zeppelin and Britain's R-101 are making a comeback.
12midnight First Flights
First in Speed: Air Racing
12.30am Top Marques
Hispano-Suiza
1.00-2.00am Adrenalin Rush Hour! The Terror Technicians
A look at John Wardley's roller coaster designs.

NIGHT TIME

SKY SOAP

11.00am Take the High Road 11.30 Emmerdale 12noon Emmerdale 12.30pm As the World Turns 1.15 Families 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale
It's the day of the cricket match and there are plenty of old scores to be settled.
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer 5.30 The Fruitties 6.00 Blinky Bill 6.30 Thomas 6.45 Roundabout 7.00 Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 The Magic Roundabout 10.45 Thomas the Tank Engine 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons

3.00 Scooby and Scrappy-Doo
Canine sleuthing.
3.30 Taz-Mania
Explosive fun with the Australian devil.
4.00 Beetlejuice
Black humour.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Adventures with the egotistical superhero.
5.30 Cow and Chicken
Animated animal antics.
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.15 Sylvester and Tweety
6.30 The Flintstones
7.00 Batman
The Caped Crusader rids Gotham City of evil.
7.30 The Mask
More zany misdeeds with the green-faced fiend.
8.00 Scooby-Doo – Where are You?
Canine sleuthing.
8.30-9.00pm Wacky Races
Motorised mayhem.

THE HISTORY CHANNEL

4.00pm Battleline: Fall of the Philippines 4.30 Men in Crisis: Wets v Drys 5.00 Civil War Journal: Battle of First Bull Run 6.00 Ancient Mysteries: Blood and Honour at the First Olympics 7.00 Unsolved Mysteries: The Secret War 7.30-8.00pm Mysteries: Stalin's Secret Armies

NICKELODEON

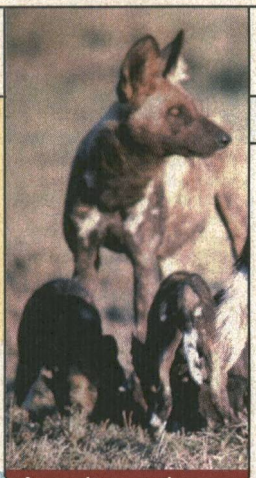
6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/ Mr. Men/ Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30

Children's BBC on Nickelodeon
Another delve into the archives for vintage children's show.

3.30 Doug
Doodle the day away with the slow-witted Doug.
4.00 Pippi Longstocking
More mischief-making.
4.30 Rugrats
Fun with the imaginative, tousle-haired nippers.
5.00 Sister, Sister
Tia and Tamera get into more domestic scrapes.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Roseanne and Dan win the lottery.
8.00 Grace Under Fire
Grace's used car turns out to be a dud.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cybill
Cybill Shepherd stars in this sophisticated comedy.
9.30 Ellen
Ellen finds out that her parents are separating.
10.00 Frasier
Frasier and Niles stalk their favourite novelist.
10.30 Cheers
Frasier threatens suicide when Lilith leaves him.
11.00 Monty Python's Flying Circus
Classic British humour.
11.30 In Bed with MeDinner
Hosted by Bob Mills.
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Eighties comedy set in a bachelor's apartment.
1.00 Frasier
Acclaimed comedy in which the pompous psychiatrist finds himself in more comic entanglements. Starring Kelsey Grammer.
1.30 Cheers
Sitcom in which skirt-chasing barman Sam Malone gets his comeuppance at the hands of the opposite sex.
2.00 Caroline in the City
Comedy with the New York cartoonist. Starring Lea Thompson.
2.30 In Bed with MeDinner
Bob Mills presents more priceless television moments.
3.00 Roseanne
Starring Roseanne Barr.
3.30-4.00am Cybill
Starring Cybill Shepherd.



An endangered species is studied in the premiere of 'Wild Dogs': Discovery 6.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm European Concert: Ton Koopman Conducts Mozart
7.30 Great Arias
8.00 Previn on Mozart: Vienna
André Previn studies Mozart's life. Tonight's soloist is Deszo Ranki.
9.00 Artsweek Spotlight
With guests Courtney Pine and Andy Sheppard.
9.30 Ballet: Le Corsaire
Marius Petipa's spectacular ballet, which is an exotic tale of pirates and shipwrecks, performed by the Kirov.
11.30 Inside Hollywood
A weekly magazine show with news and views from Hollywood.
12midnight-1.00am Midnight Jazz: Herbie Mann
Music from the jazz flautist.

SKY TRAVEL

11.00am The American Trail 11.30 Globetrotter 12noon Exotic Islands 12.30pm Getaway 1.00 Discover Your World 1.30 Ticket to Paradise 2.00 Travel Tips
British Columbia
3.00 Globetrotter
Santa Fe, South Africa and Canada
3.30-4.00pm Earth Journeys
California Eco-Attractions

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 BBC Newsday 24 5.00 BBC Newsday 24 6.00 BBC Newsday 24 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 BBC World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-5.30am USA Direct

CNN INTERNATIONAL

News througout the day, plus: 5.00am This Morning 5.30 Best of Insight 6.30 Managing 7.30 World Sport 8.30 World Cup Weekly 9.00 CNN and Time 10.30 World Sport 11.45 World Report 12.30pm Pinnacle Europe 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 The Art Club 5.00 CNN and Time 7.30 World Business 8.30 Q&A 9.00 World News Europe 9.30 Insight 10.00 World Business 10.30 World Sport 11.00 World View 12.30am Moneyline 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 The Entertainment Show 4.30 CBS News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin et Le Journal du Temps 7.00 Minutes 7.05 Journal Télévisé de Radio Canada 7.30 Le Journal du Temps 7.35 Journal du Mondial 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Reflets 10.00 TV5 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal Télévisé France 3 11.55 Le Journal du Temps 12.00 Spécial Cinéma Africain 2.00pm Course Destination Monde 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal et Le Journal du Temps 6.00 Paris Lumières 6.25 Un livre, un Jour 6.30 Journal Télévisé Suisse 7.00 La Vie à l'Endroit 8.30 Verso 9.00 Journal Télévisé de France Télévision et Le Journal 9.30 Résumé du Tour de France 9.45 Kiosque 10.30 Literatour 10.45 Envoyé Spécial 11.15 Résumé du Tour de France 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Asian AM 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Nashaib 4.30 Aarzoo 5.00 Shang Shaptak 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Swabimaan 1.30am Shanti 1.00 FILM 4.00 Shang Shaptak 5.00 Kainaat 6.00 Superhit Ghazals 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Jindri Yaar Di 6.30 Chunni 7.00 Jaagran 7.30 Ru Ba Ru 8.00 News 8.30 Buniyaad 9.00 FILM: Naughty Boy 11.30 Kurukshetra 12noon FILM: Jamai Raja 3.00pm Adhikar 3.30 Parampara 4.00 Campus 4.30 Ikke Pe Ikka 5.00 Your Zindagi 5.30 Ladkiwale Ladkewale 6.00 Banegi Apni Baat 6.30 Geet Gaata Chal 7.00 Chutki Baja Ke 7.30 It's My Choice 8.00 News 8.30 Sailaab 9.00-12midnight FILM: Hum Hai Rahi Pyar Ke

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Ayr and Brighton with John Budden and Ben Newton.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Money Matters 8.30 Another Day of Victory 9.00 Catch the Fire 9.30 Life in the Word 10.00 Power of Praise/ Israel Vision 10.30-11.00am Lynn Hammond

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon Statement from the House 1.00pm Business Statement 2.00 Europe This Week 2.30 The Commons Live 11.00-12midnight Questions

Borrow £10,000 for just £116 a month.

APR
11.9%
For loans between £10,000 and £19,900

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APR variable	LOAN	MONTHLY REPAYMENTS					
		WITHOUT COVER			WITH SINGLE COVER		
		180 MONTHS	120 MONTHS	60 MONTHS	180 MONTHS	120 MONTHS	60 MONTHS
10.9%	£20,000	220.78	269.60	429.64	251.69	307.35	489.79
11.9%	£10,000	116.03	139.89	219.30	132.28	159.47	250.01
13.9%	£5,000	63.80	75.14	114.19	72.73	85.66	130.17

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APR
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And because we are a subsidiary of the Lloyds TSB Group, you can relax knowing that you're dealing with a dependable and responsible company.

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Just call now, FREE on **0800 378151 9am-9pm Mon-Fri, 10am-5pm Sat-Sun,** and we'll give you a decision in moments. With no interviews or arrangement fees.

Or you can simply return the coupon below for more information.

Lloyds Bowmaker

Call us FREE on 0800 378 151 - or see Sky One Text page 284.

Please tell me how a **Lloyds Bowmaker Homeowner Loan** could help reduce my monthly outgoings and leave more money in my pocket!

NAME (Mr/Mrs/Miss/Ms): _____

ADDRESS: _____

_____ POSTCODE: _____

TEL. DAY: _____ TEL. EVE: _____

The information you provide may be used and disclosed: to our marketing agencies for research; as general credit information for credit decisions; for fraud prevention and tracing of debtors; to associated companies who may send you details about their products and services and to credit reference agencies to carry out a search and a record that this search was made will be shown on any later search. Offer applies to UK mainland only. Loans subject to status. Rates effective 28.3.98.

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Complete & post to: Lloyds Bowmaker Limited (DL), Waverley House, FREEPOST, Bournemouth BH8 8BR. Or fax this coupon to us on **01202 298327.**

Tuesday 14 July

SKY MOVIES SCREEN 1

MORNING

6.00am Soul of the Game
1995, rating Sky PG, 90 mins
7.40 Bear Island
1980, rating Sky PG, 113 mins
9.40 Project X
Matthew Broderick, Helen Hunt 1987, rating Sky PG, 103 mins
11.40 Runaway Car
Judge Reinhold, Nina Siemaszko 1997, rating Sky PG, 87 mins
1.20pm Soul of the Game
1995, rating Sky PG, 90 mins

3.00 Project X
Matthew Broderick, Helen Hunt, Bill Sadler, Jonathon Stark
Drama about a young military operative who is sent to a secret research centre where he finds that chimps have been trained to operate flight simulators. When he communicates with a chimp that has learnt sign language, he realises how sinister the project is. *1987, rating Sky PG, 103 mins*

5.00 The Land Before Time II: The Great Valley Adventure
Voices of Jeff Bennett, Linda Gary
Animated adventure in which the dinosaurs encounter a new friend. The creatures are warned not to venture outside their valley. But they do just that – and find an egg which hatches into a baby T-Rex. *1994, rating Sky U, 70 mins*

7.00 Runaway Car
Judge Reinhold, Nina Siemaszko, Brian Hooks
Action thriller, based on a true story, about a woman who finds herself in a speeding car with no way of stopping when her accelerator becomes stuck. With a minefield of obstacles to be avoided, time is rapidly running out before disaster strikes. *1997, rating Sky PG, 87 mins*

9.00 Steal Big, Steal Little
Andy Garcia, Alan Arkin
Comedy drama about brothers who battle over their inheritance when their mother passes away. Ruben Martinez and Robby Martin are as different as chalk and cheese. Ruben is keen to cultivate his 40,000-acre inheritance into a farming co-operative and Robby is a corporate shark. *1996, rating Sky 12, 108 mins*

11.00 Criminal Pursuit
David Chokachi, Cyril O'Reilly, Timothy Busfield
PREMIERE Thriller about a police detective who becomes the bait to trap a dangerous psychopath. *1996, 89 mins*

NIGHT TIME

12.35am Boston Kickout
John Simm, Emer McCourt 1995, rating Sky 18, 101 mins
2.20 Phantom of the Opera
Robert Englund, Jill Schoelen 1989, rating Sky 18, 89 mins
3.55-5.30am Lying Eyes
1996, rating Sky 15, 87 mins

SKY MOVIES SCREEN 2

6.00am The Family Jewels
1965, rating Sky U, 96 mins
8.00 The Fallen Sparrow
1943, rating Sky PG, 90 mins
10.00 In the Line of Duty: Smoke Jumpers
Adam Baldwin, Lindsay Frost 1996, rating Sky PG, 88 mins
11.30 Three Wishes
Patrick Swayze 1995, rating Sky PG, 111 mins
1.30pm The Family Jewels
Jerry Lewis, Robert Strauss
Comedy about a young heiress who must find a new guardian. *1965, rating Sky U, 96 mins*

3.30 The Fallen Sparrow
John Garfield, Maureen O' Hara, Walter Slezak, Martha O' Driscoll
Thriller, set after the Spanish Civil War, following the exploits of an American who is pursued through New York by a gang of undercover Nazis. *1943, rating Sky PG, 90 mins*

5.30 Three Wishes
Patrick Swayze, Mary Elizabeth Mastrantonio, Joseph Mazzello
Romantic fantasy about how the lives of a widow and her two sons are changed forever when a mysterious stranger arrives. After she hits a man in her car, Jeanne invites him to stay with her while he recuperates. The act of kindness is repaid when he brings hope, happiness and a little magic back into her life. *1995, rating Sky PG, 111 mins*

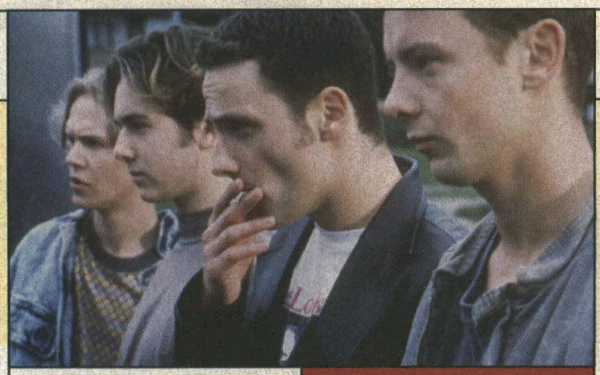
7.30 Behind the Scenes
Hollywood report on the making of a hit movie.

8.00 The Arrival
Charlie Sheen, Ron Silver
Sci-fi thriller in which a scientist battles to convince the authorities of an alien attack. Zane is a radio astronomer who believes he has heard an extra-terrestrial signal. He is determined to find out more about this lifeforce which has its own plans for planet earth. **C***1996, rating Sky 12, 110 mins*

10.00 The Movie Show

10.30 Heat
Robert De Niro, Al Pacino, Jon Voight, Val Kilmer
Thriller about a detective who is determined to nail an elusive thief. Vincent Hanna is assigned to bring in a professional con who is executing a series of robberies which have resulted in three deaths. **Text** *1995, rating Sky 15, 163 mins*

1.20am Mrs. Winterbourne
1996, rating Sky 12, 102 mins
3.05 Ed McBain's 87th Precinct: Heatwave
Crime drama. **Last Play** 1996, rating Sky 15, 86 mins
4.35-6.00am In the Line of Duty: Smoke Jumpers
1996, rating Sky PG, 88 mins



John Simm (right) stars in the gritty drama 'Boston Kickout': Sky Movies Screen 1 12.35am

SKY MOVIES GOLD

4.00pm The Bravados
Gregory Peck, Joan Collins, Stephen Boyd, Albert Salmi
Western about a gunslinger on the trail of four men who brutally raped and murdered his wife. But as he pursues the killers, he soon realises that he has become no better than those he hunts. *1958, rating Sky PG, 94 mins*

6.00
The Karate Kid Part II
Ralph Macchio, Noriyuki 'Pat' Morita, Nobu McCarthy
A teenage martial arts hero travels to Japan with his wise mentor in this sequel to the hit original film. The pair are confronted by the mentor's arch-enemy from long ago and his evil nephew. *1986, rating Sky PG, 113 mins*

8.00 Parenthood
Steve Martin, Mary Steenburgen, Dianne Wiest, Rick Moranis, Harley Jane Kozak, Jason Robards, Tom Hu, Keanu Reeves, Martha Plimpton
Perceptive comedy drama about the trials and tribulations of parenthood which focuses on four different families all within one extended clan. *1989, rating Sky 15, 118 mins*

10.00 Fatal Beauty
Whoopi Goldberg, Sam Elliott,
Action comedy about an undercover cop who sets out to foil the cocaine dealers on the streets of LA with her streetwise patter. *1987, rating Sky 18, 97 mins*

11.45 Candyman
Virginia Madsen, Tony Todd
Horror story about a woman who uncovers the legend of a hook-handed killer. **Text** *1992, rating Sky 18, 94 mins*

1.25am Dead Bang
Don Johnson, William Forsythe 1989, rating Sky 18, 98 mins
3.10-5.10am If...
Malcolm McDowell, David Wood
Controversial British drama. *1968, rating Sky 15, 107 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Conagher
Sam Elliott, Katharine Ross, Barry Corbin, Billy Bush, Ken Curtis, Gavan O'Herlihy
Evocative frontier tale of the Old West about a woman who is waiting in vain for the return of the man of the family from a cattle-buying trip. Instead, a cowboy rides into her life just in time to help her face an Indian raid. *1991, 113 mins*

11.00 Wild Rovers
William Holden, Ryan O' Neal, Karl Malden, Lynn Carlin
An ageing cowhand and his young sidekick, fed up with life on the ranch, decide to rob a bank to put the sparkle back into their lives. *1971, 125 mins*

1.15am Escape from Fort Bravo
William Holden, Eleanor Parker 1953, 95 mins
2.55-5.00am Westward the Women
Robert Taylor, Denise Darcel
Unusual western. *1951, 112 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills
7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel**
10.00 Another World
11.00 Days of Our Lives
12noon Married... With Children Text
12.30pm M*A*S*H
1.00 Geraldo
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Former Guests Who Turned Their Lives Around
Fitness guru Richard Simmons surprises one guest with a congratulatory telephone call.

4.00
The Oprah Winfrey Show
Another real life issue is put under scrutiny by Oprah Winfrey and her guests.

5.00 Star Trek: Voyager
Parturition
Tom Paris falls for Kes and Neelix becomes jealous. Stars Kate Mulgrew, Robert Picardo and Robert Beltran. **Text**

6.00 The Nanny
When You Pish Upon A Star
Maxwell hires a young TV star.

6.30
Married... With Children
No Ma'am **Text**

7.00 The Simpsons
The Boy Who Knew Too Much
If Bart clears Mayor Quimby's nephew of assault, he may be expelled for skipping class.

7.30 Real TV

8.00 Speed!
One of the hottest weekends of the summer brings holiday chaos to the roads in Leicestershire. **Text**

8.30 Coppers

9.00 Close Calls: Cheating Death 2
Peter Coyote hosts this sequel about real-life brushes with death recounted by survivors and their heroic rescuers. **Text**

10.00 The Extraordinary
Hosted by Corbin Bernsen this programme features mysterious stories from all parts of the world and includes celebrities' supernatural experiences.

11.00 Star Trek: Voyager
Parturition
Tom Paris falls for Kes and Neelix becomes jealous. Starring Kate Mulgrew, Robert Beltran and Robert Picardo. **Text**

12midnight Nash Bridges
Track Down
A hit-man is hired to kill the chief witness in a drug prosecution case and only Nash Bridges can stop him.

1.00-7.00am Long Play
Music through the night.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen. *1996, rating Sky 12, 78 mins*
PLAYS AT 10.00pm, 11.30pm, 1.00am, 2.30am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew faces a fearsome enemy – the Borg. Starring Patrick Stewart. *1996, rating Sky 12, 106 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE FIFTH ELEMENT
Dazzling sci-fi adventure in which a being who represents pure goodness is sought by evil forces for their plan to end the world. Stars Bruce Willis. *1997, rating Sky PG, 123 mins*
PLAYS AT 10.00am, 12.30pm, 3.00pm, 5.30pm, 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
PRIVATE PARTS
America's most controversial radio personality, 'shock-jock' Howard Stern, stars in this hysterical, semi-autobiographical movie about his amazing rise to fame. *1996, rating Sky 18, 106 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 14 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 **All Creatures Great and Small**
The Name of the Game
2.00 Dallas
2.55 The Bill
Knowing the Score
Mòrgan and Deakin go to court in order to put away a drugs dealer.

3.25 The Bill
Some You Lose
The court case continues.
3.55 Dangerfield
Dangerfield is faced with an ethical dilemma when new colleague Dr Roz Parker witholds vital evidence from a murder inquiry.
4.55 EastEnders
Another vintage episode of the popular soap.
5.30 Wowfabgroovy
Gameshow in which celebrities battle it out in a nostalgic news and views quiz.
6.00 All Creatures Great and Small
The Name of the Game
Nellie Dimmock's dog provides James with another instance of Granville Bennett's generosity.
7.00 2Point4 Children
Love and Marriage
Bill's mother arrives, and Ben bumps into an old girlfriend.
7.40 Waiting for God
Diana wonders why her doctor isn't quite telling her everything.
8.20 Dad's Army
Something Nasty in the Vault
The platoon discovers an unexploded bomb in the vault of Captain Mainwaring's bank.
9.00 Hotel
Hundreds of guests are evacuated following a coded bomb warning.
9.40 This Life
Brief Encounter
Anna has a passionate one-night stand, but discovers that there's no such thing as casual sex.
10.30 Shooting Stars
Vic Reeves and Bob Mortimer host the comedy quiz show with team captains Mark Lamarr and Ulrika Jonsson.
11.10 The Bill
Knowing the Score
11.40 The Bill
Some You Lose
12.10am Life Story
Absorbing drama set between 1950 and 1953 about a group of scientists who make a major breakthrough in DNA research.
2.10 Rock Goes to College
Q Tips in Concert
2.50-7.00am Shopping at Night
Home shopping feature.

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
2.05 Rolonda
2.55 Living it Up!
Daily lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly of *The Cosby Show*.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.
6.10 Jerry Springer
American talk show in which Jerry Springer and his guests engage in lively discussion and occasional fisticuffs.
7.00 Rescue 911
Real-life rescues by American emergency services.
7.30 Mysteries, Magic and Miracles
Baffling stories and events.
8.00 Side Effects
The Last Rights
Dr Chen's promise to a terminally ill patient could cost him his practice when the family decides to prolong the man's life.
9.00 Nothing Lasts Forever
Concluding part of the drama about three young woman doctors who juggle love lives and demanding careers in the high-pressure, male-dominated medical profession at a big city hospital. Based on a novel by Sidney Sheldon. Stars Gail O'Grady, Brooke Shields and Vanessa Williams.
11.00-12midnight Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
As Easy as ABC
A couple of crooks try to turn fiction into fact by copying the crimes created by Jason King in his Mark Caine books.
4.00 Hawaii Five-0
Yesterday Died – Tomorrow Won't Be Born
When Steve McGarrett is felled by an unknown assailant, Danny Williams takes charge.
5.00 Hart to Hart
Harts on the Run
Jennifer takes refuge in a convent after witnessing a gangland slaying, and Jonathan must race to save her.
6.00 Emmerdale
Soap opera serial, set in the heart of the Yorkshire Dales.
6.30 Classic Coronation Street
Len and Rita end the job feud.
7.00 Surgical Spirit
Mrs Sabatini is very choosy about her anaesthetists.
7.30 The Fenn Street Gang
The Start of Something Big
8.00 Dempsey & Makepeace
Wheelman
The duo are on the trail of Jack Cade – alias Morocco Jack – a notorious criminal.
9.00 Classic Coronation Street
Len and Rita end the job feud.
9.30 Hale & Pace
10.00 Comedians 10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Babewatch UK
Fly-on-the-wall series.
11.30 Bigger Better Battling Babes
Female wrestling series from America.
12midnight Performance Power
Sarah Donohue presents action from around the globe.
12.30am Sunny Hotspots and Girls
1.00 E! Uncut
Jennifer Tilly
1.30 E! Talk Soup
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun in the jungle with *The Lion King* duo. Text
3.30 Aladdin
The continuing adventures of the young hero. Text
4.00 101 Dalmatians
Canine capers and daring doggy deeds make for fast frantic fun.
4.30 Recess
Animated fun. Text
4.45 Pepper Ann Text
5.00 Smart Guy
Teenage problems as seen by a ten-year-old.
5.30 Brotherly Love
Such a Bargain
Matt is in way over his head. Text
6.00 Teen Angel
The Play's the Thing
Steve wins the lead role in the school play. Text
6.30 Boy Meets World
The Last Temptation of Cory Text
7.00
FILM: Ernest Rides Again
Jim Varney, Ron K James
Adventures of the pea-brained Ernest and his nerd friend. They stumble on the largest cannon made during the revolution. Will Ernest become King of England, having found the Crown Jewels inside the cannon. *1994*
8.30 The Wonder Years
The Journey Text
9.00 Honey, I Shrunk the Kids: The TV Show
Honey, We're Stuck in the Seventies Text
Amy has a crush on her teacher.
9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 A Taste of the Caribbean 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Vin Ordinaire 1.00 Food for Thought 1.30 New Chefs on the Block 2.00 Red Hot 'n' Smokin' 2.30 Food Network 3.00 Ross in Thailand 3.30 Coxon's Kitchen College 4.00 Japaneasy
Noodles
4.30-5.00pm Tessa Bramley's Seasonal Kitchen

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 Byker Grove
Romance blossoms for an unlikely duo. Peter and Jean receive a honeymoon shock.
6.30 Pull the Other One
Gameshow hosted by Paul Coia.
7.00 Rising Damp
Black Magic
Rigsby is intrigued by Philip's method of acquiring company.
7.30 Desmond's
My Two Sons
8.00 Our House
Lifestyle series presented by Suzi Becker.
8.30 Rude Health
A smallpox outbreak causes panic among the patients.
9.00 Bread and Roses
Drama set in New Zealand, detailing the story of Sonja Davies, a courageous woman who triumphs against overwhelming odds.
10.00 Perfect Scoundrels
Party Games
Buchanan and Cassidy try to escape their money troubles. Stars Peter Bowles.
11.00 Boon
12midnight Let the Blood Run Free
12.30am-1.00am Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

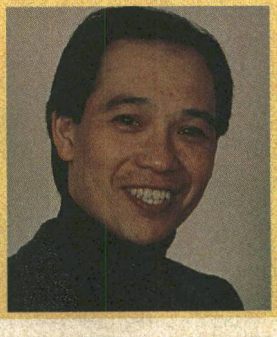
FILM

Little Miss Millions
HVC 8.00pm
For one little girl called Heather (played by a young Jennifer Love Hewitt), having millions of dollars to spend is a misery. She has a money-grabbing stepmother and a real mum, whom she doesn't know. So when Heather goes off to find her proper mum, there's trouble ahead.

GENERAL

Perfect Scoundrels
Carlton Select 10.00pm
A good series to watch occasionally, starring the ultra-smooth talents of Peter Bowles and the Celtic charm of Bryan Murray as a couple of likable conmen. In this episode, the pair receive an all-expenses-paid weekend, which seems the perfect antidote to their money troubles.

ADVERTISEMENT



BROOKSIDE: THE EARLY YEARS
11.35AM
David Yip arrives in Brookside Close this July, playing the part of Michael Choi. Life doesn't prove to be easy though, as today he argues with sister Caroline about his daughter Jessica's future.

Tuesday 14 July

EUROSPORT

6.00 AM MORNING

7.30am Superbike
9.00 Cycling
Action from yesterday's stage of the Tour de France.
11.00 Cart
Coverage of the FedEx Championship Series in Cleveland, Ohio.
1.00pm Cycling
Action from yesterday's stage of the Tour de France.
2.00 Cycling – LIVE
Coverage of today's stage of the Tour de France, from Roscoff to Lorient.

3.00 PM

4.00 PM

4.30 Rowing
World Cup action from Lucerne, Switzerland.

5.00 PM

5.30 Tractor Pulling
European Cup action from Sottrum, Germany.

6.00 PM

6.30 Four Wheels Drive
4X4 off road action.

7.00 PM

7.00 World Cup
Highlights from the tournament.

8.00 PM

9.00 PM

9.00 Cycling
Highlights of the Tour de France.

10.00 PM

11.00 PM

11.00-12.30am Superbike
World Championship action from Laguna Seca, California.

12.00 NIGHT TIME

SKY SPORTS 1

7.00am Sky Sports Centre 7.15 High 5 7.45 Survival of the Fittest 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 This Week in Baseball 10.00 Pool: Embassy World 8 Ball Championships 12noon Aerobics Oz Style 12.30pm Tales from the Premiership: A Tale of Two Strikers 1.00 Golf: European Golf Skills Challenge

3.00 International Bowls: Australia v Northern Ireland
Coverage from the green, as Australia and Northern Ireland contest the first Test of the triples competition in Merrylands, New South Wales.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of exclusive WWF bouts.

6.00 Sky Sports Centre
Sports news and views.
6.30 Tales from the Premiership: The Nearly Men
7.00 Sports Unlimited
Covers everything from snowboarding and drag racing to biking and squash.

8.00 Golf: European Golf Skills Challenge
Further coverage from this top event.

10.00 Sky Sports Centre
10.15 Tales from the Premiership: The Nearly Men
10.45 LPGA Golf: Jamie Farr Kroger Classic
Coverage from the Highland Meadows Golf Club in Sylvania, Ohio.

12.45am Sky Sports Centre 1.00 Golf: European Golf Skills Challenge 3.00 Fastrax 3.30 Tales from the Premiership: The Nearly Men 4.00-4.15am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership: A Tale of Two Strikers 8.45 Sky Sports Centre 9.00 Fish TV 9.30 Fish TV 10.00 Bowls: Australia v Northern Ireland 12noon High 5 12.30pm Survival of the Fittest 1.00 Equestrianism: Spruce Meadows

3.00 Sports Unlimited
In-depth coverage of some of the world's wackier sports.

4.00 Major League Baseball
Action from across the Atlantic, with extended highlights from one of the games of the week, as well as interviews and match results.

6.00 LPGA Golf: Jamie Farr Kroger Classic
Coverage from the Highland Meadows Golf Club in Sylvania, Ohio, where some of the top names on the circuit compete in the latest LPGA tournament, the Jamie Farr Kroger Classic.

8.00 Fastrax
High-speed action.
8.30 Pool: Embassy World 8 Ball Championships – Men's Semi-Final
Coverage of the first men's semi-final from the Stakis Hotel in Blackpool.

10.30 Major League Baseball
Sporting action from across the pond, with one of the games of the week, plus playing tips, news, results and interviews with the sport's leading players.

12.30am Sky Sports Centre 12.45 Sports Unlimited 1.45-2.00am Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Live Wire
Michael Cole presents coverage WWF bouts.
1.00pm Fish TV: Fishing Tales
Terrific action and tips on catching the big ones.
1.30 Fish TV: Americana Outdoors
2.00 Sky Sports Classics: 1994 Breeders Cup

3.00 The Entertainers: Wright and Shearer
With the two football stars.
3.30 This Week in Baseball
4.00 V-Max
Insight into the world of speed on land, water and in the air from inside the cockpit.
4.30 Fastrax
5.00 Cricket: AXA Life League – Warwickshire v Hampshire – LIVE
Ball-by-ball action from Edgbaston. Warwickshire welcome West Indian captain Brian Lara back to the county, while Hampshire have appointed former England batsman Robin Smith as their new captain. Presented by Charles Colvile with commentary from Bob Willis, Ian Botham and Paul Allott.

10.30 Fastrax
News, action, profiles and lifestyle features.
11.00-11.30pm Rugby Union Classics
A chance to relive some memorable rugby moments.

TROUBLE

12noon Sweat
Teenage drama series about a group of talented athletes.
12.30pm Heartbreak High
Drama series about the students and teachers at a Sydney high school.
1.30 Echo Point
2.00 Hollyoaks
2.30 It's in the Jeans
Ice Hockey
2.45 On the Make

3.00 Sweat
Aussie teen drama series about a group of talented athletes.
3.30 Ready or Not
Canadian teen drama.
4.00 Fresh Prince of Bel Air
4.30 Saved by the Bell: The College Years
The Homecoming
5.00 Hollyoaks
Chester-based teen soap.
5.30 California Dreams
American sitcom following the young rock 'n' roll band.
6.00 Hang Time
Teen comedy drama series.
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
The Big Squeeze
The team comes to the aid of a restaurant owner and his daughter who are up against nasty loan sharks.
9.00 Real Stories of the Highway Patrol
Real-life drama with US police officers.
9.30 Cops
Fly-on-the-wall series.
10.00 Italian Stripping Housewives
Saucy game show.
10.30 Red Shoe Diaries
Strip Poker
11.00 FILM: Rocky II
Sylvester Stallone, Talia Shire, Burgess Meredith
Drama sequel in which life is looking grim for boxer Rocky Balboa. *1979*
1.15am The Zip
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: The Changeling
George C Scott 1979
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Tomorrow People 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
The Colour of Truth
Time-trapped scientist Sam Beckett falls back to the year 1955 as a black man in the Deep South.
4.00 Space Precinct
Enforcer
An alien with criminal convictions on four planets promises to end violence in Demeter City.
5.00 Amazing Stories
The 21-Inch Sun
A writer finds a finished script in his typewriter.
5.30 Mysteries, Magic and Miracles
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Time of the Hawk – Part I
Buck is pitched against a man-bird who vows vengeance on humankind.
8.00 Quantum Leap
The Great Spontini
Sam lands as a magician whose estranged wife wants him to take part in a real-life disappearing act.
9.00 PSI Factor – Chronicles of the Paranormal
A woman terrorises the congregation of a synagogue.
10.00 FILM: Close Encounters of the Third Kind
Richard Dreyfuss, Francois Truffaut, Teri Garr
Steven Spielberg's sci-fi classic tells the story of an engineer who sees a UFO and, along with countless others, is drawn to a remote mountain. *1977*
11.45 Sightings
1.00am The Tomorrow People: The Revenge of Jedikiah
1.30 Flash Gordon Conquers the Universe
2.00 Friday the 13th
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Tales from the Premiership: A Tale of Two Strikers
Sky Sports 1 12.30pm

OK, so the World Cup is over now and the Premiership doesn't start for another month. Whaddya gonna do? Well, thankfully, Sky Sports won't let you forget about the beautiful game, because a whole series of programmes about the stars of the top English league are being screened for your delight during the ever-shortening off-season. Today, let's contrast north London's twin towers of Jürgen Klinsmann at Spurs and Ian Wright at Arsenal and see what they'll remember most about their 1997/98 seasons.

TELEVISION X

12midnight The Ten Minute Free View
12.10am The Russian File
12.20 Rachel's Sagas
12.45 FILM: Extasy
1.00 The Five Minute Free View
1.05 FILM continues
2.00 Adult Feature
2.25 FILM: Naked Goddess
Two lads stumble on an orgy held by a sex goddess.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am French Teaser
12.20 FILM: Fluff Dreams
Valeria, Jill Kelly, Kirsty Way
Mock documentary that takes us behind the scenes.
1.35 Lap it Up
In a London sex club.
1.55 Nude Wives Raw Recruits
2.50-4.00am FILM: Road Girls
Victoria Paris
Erotic comedy.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Little Miss Millions
Howard Hesseman
Comedy about a millionairess.
9.30 FILM: Urban Warlords
Action thriller about two cops caught in a dark situation.
11.00 Passion Girls – Lisa Jane
11.15-12midnight Dreams of Stacy

Tuesday 14 July

CABLE CHECK
Some of the channels listed may not be available in your area

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation L!VE 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
Judge Judy Sheindlin presents another case.
5.00 Agony
Troubled souls are given advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest update on the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Another court session.
9.00 Dog Night L!VE
Action from the tracks in Walthamstow and Wolverhampton.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another sensual offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
Hosted by William G Stewart.
7.45 Prize Time
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the gameshow with a chance to win big prizes.
9.45 Prize Time
10.00 3-2-1
Foreign Legion
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided by contestants.
11.00 Prize Time
11.15
Through the Keyhole
With David Frost and Loyd Grossman.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
3.50 Jeux Sans Frontieres
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am Real Gardening Show 11.30 American Chart Show 12.30pm Inside Hollywood 1.30 The Catwalk Show 2.30 The Album Show
Classic tracks.
3.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
4.30
Real Gardening Show
More green-fingered advice.
5.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
8.30
American Chart Show
Check out the latest sounds from across the pond.
9.30
The A to Z of Food
Another look at the culinary alphabet.
10.30 PDQ – The One-Stop-Shop
Innovative gifts delivered straight to your door.
11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am
Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm Hit List UK
The UK singles chart with Cat Deeley.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00
Shirley Meets Sarah
Sara Cox talks to Shirley Manson of Garbage.
6.30 Extra Hot Hits
Steamy tunes.
7.00 US Top 10
Find out how your favourite British bands are faring in America.
8.00 Hot
News, videos and gossip with Ed Byrne and Brendon Burns.
9.00 Up for It
Another spectacular helping of live merriment with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00
Alternative Nation
The latest alternative music.
1.00am-6.00am
Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm On the Horizon
Germany
1.00 Wild Ireland
1.30 Origins with Burt Wolf
The Cayman Islands
2.00 On Tour
Antigua and Barbuda
2.30 Go Portugal
Lisbon
3.00 Reel World
Mexico
With Janne Forssell.
3.30 Wet and Wild
Coarse Fishing, White Water Rafting, Sailing
4.00 An Aerial Tour of Britain
The Saxon Shore Way and South Downs Way
Including the White Cliffs of Dover and Devil's Dyke.
5.00 Wild Ireland
The End of the Road, Kerry and Cork
With Dermot Somers.
5.30 Sports Safaris
Berchtesgaden, Germany
6.00
Origins with Burt Wolf
The Cayman Islands
6.30 On Tour
Antigua and Barbuda
The Caribbean islands.
7.00
The Great Escape
Corbett Park and Gulmarg
7.30 On the Horizon
Germany
A visit to Frankfurt.
8.00 Go Greece
Rhodes and Karpathos – Dodecanese Islands
8.30 The Flavours of France
Val de Loire
9.00
Dominika's Planet 2
Thailand
Dominika visits Cabbages and Condoms – Bangkok's safe sex restaurant.
10.00 Go Portugal
Lisbon
10.30
A River Somewhere
The D'Urville River – New Zealand
11.00 Sports Safaris
Berchtesgaden, Germany
11.30-12midnight Wet and Wild
Coarse Fishing, White Water Rafting and Sailing

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Entertainment 7.00 Women of Substance 7.30 The Zest Beauty Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Entertainment 12noon The View 1.00pm Women of Substance 1.30 The Zest Beauty Show 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home,.
4.00
Sally Jessy Raphael
You're too Jealous for Me
American talk show in which Sally and her guests engage in discussion.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm The Prince of Slooghis
7.30
Out of the Stone Age
A look at the Hagahai, a tribe in Papua New Guinea.
8.00 Mirrorworld
A remote control camera is used to delve to depths over 1,000 feet below the surface of New Zealand's spectacular fjordland.
9.00 Tribal Warriors: Wandering Warrior
A look at the life of a Masai warrior who ignored his people and sought a modern education.
10.00
Quest for Atocha
Join Mel Fisher on her compelling 16-year search for the site of a Spanish shipwreck.
11.00 Serengeti Diary
A look at the rare ecological success of the Serengeti, a wilderness of grassland and woodland, lying south of the Equator.
12midnight
Mind in the Waters
Exploring the relationship between wild dolphins and the fisher folk of Mauritania.
12.30am-1.00am
The Nuba of Sudan
A look at traditional customs in the heart of Sudan.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

The sultry beauty of Rhodes is visited in 'Go Greece': Travel 8.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Steve Winwood 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 The Genesis Archive: 1967-1975 11.00 Jobson's Choice 12midnight The Nightfly 1.00am VH1 Spice 2.00-7.00am VH1 Late Shift

Dr Jonathan Levy is on call to help with your medical queries in 'Dial-a-Doc': L!VE TV throughout the day

Tuesday 14 July

DISCOVERY HOME & LEISURE

6.00 AM MORNING

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Rex Hunt's Fishing World 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture to Go 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

3.00 PM

DISCOVERY

4.00 PM

4.00pm The Diceman
4.30 Top Marques
Studebaker
Enthusiasts take to the road in America's oldest motoring marque.

5.00 PM

5.00 First Flights
Backyard Fliers
Looks at cheap aircraft.
5.30 History's Turning Points
The Rise of the Mob

6.00 PM

6.00 Animal Doctor
Follow animal doctors from the RSPCA and other rescue agencies.
6.30
Crawling Kingdom
Looks at the domain of insects and spiders.

7.00 PM

7.30
Arthur C Clarke's Mysterious Universe
A Crop of Circles

8.00 PM

8.00
Discover Magazine
Doomsday
An exploration of the best- and worst-case scenarios for the end of the world.

9.00 PM

9.00 Shipwreck!
Fatal Collision
Analysis of two ocean liner disasters – the state-of-the-art *Andrea Doria* and the *Stockholm*.

10.00 PM

10.00 Shipwreck!
Mystery of the Ghost Galleon
Looks at the bid to find the site of a fabled Spanish shipwreck.

11.00 PM

11.00 Lotus Elise: Project M1:11
Looks at the latest Lotus sports car – the result of a unique collaboration between manufacturers.

12.00 NIGHT TIME

12midnight First Flights
Backyard Fliers
Looks at cheap aircraft.
12.30am Top Marques
Studebaker
1.00-2.00am
Walking on Water
The crucial guide to the science of surfing.

SKY SOAP

11.00am
Take the High Road
Jean arrives at the shop in his post bus.
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow 8.15 Sylvester 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Magic Roundabout 10.45 Thomas the Tank Engine 11.00 Top Cat 11.30 Hong Kong 12noon Bugs 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
More detective work with the canine sleuth.
3.30 Taz-Mania
Anitpodean antics.
4.00 Beetlejuice
More madcap capers.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More adventures with the superego superhero.
5.30
Cow and Chicken
Fun with the siblings.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.15
Sylvester and Tweety
6.30 The Flintstones
7.00 Batman
More caped crusading in Gotham City.
7.30 The Mask
More manic antics with the green-faced fiend.
8.00 Scooby-Doo – Where are You?
8.30-9.00pm
Wacky Races
Motorised mayhem in jaunty jalopies.

THE HISTORY CHANNEL

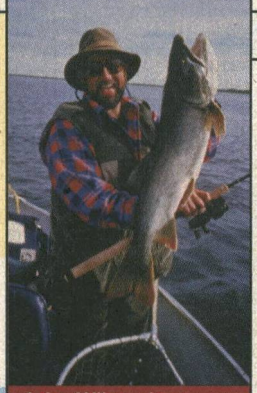
4.00pm Batteline: Crete
4.30 World War I: Summer of Sarajevo
Looks at the events which led to the Great War.
5.00 The Great Days of the Century: De Gaulle, France in the World
6.00 Ancient Mysteries: Head-Hunters of the Amazon
7.00-8.00pm Four Years of Thunder: Flying to War

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/ Clangers/Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30
Children's BBC on Nickelodeon
More favourites from the archives.
3.30 Doug
Doodle the day away with our painfully average hero.
4.00
Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Tia and Tamera and their parents try to live together.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Everyone wants to know the Conner family now.
8.00 Grace Under Fire
One of the women at work sues a male colleague and Grace is in the middle.
8.30
Caroline in the City
9.00 Cybill
Comedy about a struggling actress.
9.30 Ellen
Ellen sees a therapist to become more assertive.
10.00 Frasier
Martin tires of Frasier's financial assistance.
10.30 Cheers
Woody catches his father-in-law with Kelly's sister.
11.00 Monty Python's Flying Circus
Classic humour with the offbeat team.
11.30
Morwenna Banks
12midnight Nurses
Medical comedy.
12.30am
It's Garry Shandling's Show
Eighties comedy series about bachelordom.
1.00 Frasier
Acclaimed sitcom starring Kelsey Grammer and Jane Leeves.
1.30 Cheers
Classic US sitcom following the skirt-chasing antics of a Boston bar owner. Stars Ted Danson.
2.00 Caroline in the City
Cartoonist comedy starring Lea Thompson.
2.30 Morwenna Banks
Comedy sketch show.
3.00 Roseanne
Starring Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Comedy about a struggling actress and twice-divorced mother of two.



John Wilson has his hands full in 'Go Fishing': Discovery Home & Leisure 3.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Mozart's Piano Concerto K488
7.30
Inside Hollywood
8.00 The Chieftains with the Boston Pops Orchestra
A series of celebrity concerts with the acclaimed orchestra.
9.00
Opera: Il Trovatore
Verdi's most tuneful opera in a spectacular production from the Verona Arena. Starring British soprano Rosalind Plowright in her Verona debut as Leonora, the great mezzo Fiorenza Cossoto as Azucena, Giorgio Zancanaro as the Count and Franco Bonisolli as the heroic troubadour, Manrico.

12midnight-1.00am
Midnight Jazz: Brewhouse Jazz

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 African Adventures
2.00 Travel Tips
3.00 Globetrotter
Venezuela, Greece and California
3.30-4.00pm
Around the World
Star Cruise, Greek Islands

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 24 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughtout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Digital Jam 1.15 Asian Edition 1.30 Asia 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz Today 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.00 News on the Hour 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 3.30 Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Business 3.30 Newsmaker 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin/ Journal du Temps 7.00 Minutes/ Journal du Temps 7.05 Journal Télévisé de Radio Canada 7.30 Journal du Temps 7.35 Défilé du 14 Juillet 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal Télévisé France 3 11.55 Journal du Temps 12noon Allocution du Président de la République Française 1.00pm Le Vent des Moissons 2.30 Les Belges du Bout du Monde 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions Pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal Télévisé Suisse 7.00 Allons Z'en France Dico d'Or 9.00 Journal de France Télévision 9.30 Résumé du Tour de France 9.45 Un Siècle d'Écrivain 10.45 Envoyé Spécial 11.15 Résumé du Tour de France 11.25 Journal du Temps 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Badalte Rishte 1.30 FILM 4.00 Jaldi Jaldi 4.30 Music Challenge 5.00 Dasht 6.00 Geet Baney Sangeet 6.30 Music Box 7.00 Badalte Rishte 7.30 News 8.00 Khiladi 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Khiladi 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dasht 6.00 Baaje Payal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am TAMIL FILM: Chattam En Kayil 6.30 Nancy 7.00 Jaagran 7.30 Zee World 8.00 News 8.30 Buniyaad 9.00 Endrum Cinema 9.30 Health Show 10.00 Parivartan 11.00 Golden Khana Khazana 11.30 Kurukshetra 12noon HINDI FILM: Judaai 3.00pm Andaz 3.30 Sailaab 4.00 Campus 4.30 Top Ten 5.30 Quiz 6.00 Banegi Apni Baat 6.30 Pop Busters 7.00 Hum Aapke Hai Woh 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 The A List 9.30 Ghoomt Aaina 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Beverley, Brighton and Killarney with Graham Goode and Ben Newton.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Ashley McGuicken/Eurospirit 6.00 The High Life 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 On Holy Ground 9.00 Another Day of Victory 9.30 Life in the Word 10.00 International Intelligence Briefing 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 Commons Live 11.00-12midnight Questions from the House

POST MORTEM

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To ensure that we provide our members with the very best service and value for money, membership is subject to acceptance and we may consult a licensed credit reference agency who may record the search. Applicants must be over 18 years of age and the offer is only available in the UK. Please allow 28 days for delivery.

The Mystery and Thriller Club, Swindon, SN99 9XX

Wednesday 15 July

SKY MOVIES SCREEN 1

6.00am
Nelly et Monsieur Arnaud
1995, rating Sky PG, 102 mins
8.00 The Road to Galveston
1995, rating Sky PG, 89 mins
9.30 King Ralph
1991, rating Sky PG, 92 mins
11.30
Little Bigfoot II: The Journey Home
1996, rating Sky PG, 90 mins
1.00pm Silver Streak
1976, rating Sky PG, 109 mins

3.00 King Ralph
John Goodman, John Hurt, Peter O'Toole, Richard Griffiths, Leslie Phillips, Joely Richardson
Comedy about a Las Vegas entertainer who is launched into international fame when it is discovered that he is the only living heir to the British throne after the entire Royal Family is killed in a freak accident. *1991, rating Sky PG, 92 mins*

5.00 Little Bigfoot II: The Journey Home
Stephen Furst, Taran Noah Smith, Michael Fishman
Family adventure in which a group of children befriend a creature named Little Bigfoot. Hunted by a circus owner to become his star attraction, Little Bigfoot finds help in the form of a group of kids. *1996, rating Sky PG, 90 mins*

7.00 High Stakes
Cynthia Gibb, Robin Thomas, Howard Hesseman
Based on a true story, the film follows Annie Dreyer as she becomes addicted to gambling as an outlet for her compulsive personality after leaving her big city newsroom and moving to a smaller town with her husband Jack. *1997, rating Sky PG, 88 mins*

9.00 French Kiss
Kevin Kline, Meg Ryan, Timothy Hutton, Jean Reno
Romantic comedy about a woman who goes to France to win back her fiancé, but ends up falling in love with an obnoxious Frenchman who, unknown to her, is a jewel thief who has planted a diamond bracelet in her luggage. **Text** **Last Play** *1995, rating Sky 15, 106 mins*

11.00 Sealed with a Kiss
C Thomas Howell, Nick Mancuso, Lisa Howard
PREMIERE Psychological thriller about a troubled police detective hunting a serial killer who turns out to be frighteningly familiar. *1996, rating Sky 18, 90 mins*
12.35am Mind Breakers
Adam Baldwin, Robert Englund 1996, rating Sky 18, 89 mins
2.10 Jeffrey
Text *1995, rating Sky 15, 90 mins*
3.45-5.30am Cross My Heart
1987, rating Sky 18, 87 mins

SKY MOVIES SCREEN 2

6.05am The Apocalypse Watch
1995, rating Sky PG, 144 mins
8.35 Skateboard Kid II
Dee Wallace Stone, Bruce Davison 1995, rating Sky U, 88 mins
10.10 Scared Stiff
Dean Martin, Jerry Lewis 1952, rating Sky U, 103 mins
12noon A Mother's Instinct
Lindsay Wagner, Debrah Farentino 1996, rating Sky PG, 84 mins
1.30pm The Apocalypse Watch
Patrick Bergin, Virginia Madsen, John Shea, Glynis Barber
Thriller based on Robert Ludlum's novel. Agents uncover a plot to poison the water supplies of the world's most powerful cities. *1995, rating Sky PG, 144 mins*

4.00 Skateboard Kid II
Dee Wallace Stone, Bruce Davison, Andrew Stevens, Trenton Knight, Brooke Stanley,
Children's adventure about a 12-year-old boy whose dreams of taking to the skies are answered by a magic skateboard. His efforts are helped by a mysterious creature who endows the board with magical powers. *1995, rating Sky U, 88 mins*

6.00 A Mother's Instinct
Lindsay Wagner, Debrah Farentino, Barbara Babcock
Drama about a divorced woman whose husband is hiding a dark secret. Holly was told by her husband Carl that his first wife died. But when he disappears, Holly finds that he has lied. *1996, rating Sky PG, 84 mins*
7.30
E! News Week in Review
8.00 North Star
James Caan, Christopher Lambert, Catherine McCormack, Burt Young
PREMIERE Adventure, set at the turn of the century in Alaska, about the conflict which arises when an Inuit Native American and a ruthless gold-digger both lay claim to the same piece of land. *1996, rating Sky 15, 85 mins*

10.00 Sleepers
Brad Pitt, Jason Patric, Kevin Bacon, Robert De Niro, Dustin Hoffman, Bruno Kirby
Powerful drama following the fate of four young altar boys in Sixties New York, whose childish prank goes tragically wrong. Only their old Father and a shifty lawyer may be able to save them. *1996, rating Sky 18, 141 mins*
12.30am Bad Company
Ellen Barkin, Laurence Fishburne
Text *1994, rating Sky 15, 104 mins*
2.20 Down, Out and Dangerous
Bruce Davison, George DiCenzo 1996, rating Sky 15, 87 mins
4.00-5.45am House of Usher
Oliver Reed, Donald Pleasance 1988, rating Sky 18, 91 mins

Gretchen Palmer admires her own handiwork in 'Mind Breakers': Sky Movies Screen 1 12.35am

SKY MOVIES GOLD

4.00pm
The Guns of Navarone
Gregory Peck, David Niven, Anthony Quinn, Stanley Baker, Anthony Quayle, James Darren
Classic action, based on a novel by Alistair MacLean and set during World War II, following a group of Allied soldiers as they attempt to neutralise some strategic German weaponry. The recipient of an Oscar for Best Special Effects, as well as a nomination for Best Film. *1961, rating Sky PG, 150 mins*
6.35 Earth Girls are Easy
Geena Davis, Jeff Goldblum, Jim Carrey, Damon Wayans
Wild and wacky comedy-musical starring Geena Davis as a young woman whose life changes beyond her wildest dreams when three brightly-coloured aliens crash into her swimming pool. *1989, rating Sky PG, 96 mins*
8.15 Biloxi Blues
Matthew Broderick, Christopher Walken, Matt Mulhern
Film adaptation of the second part of Neil Simon's theatrical memoirs. Eugene, the aspiring young writer leaves home for the first time and is forced to survive the rigours of basic training at a boot camp in Biloxi. *1988, rating Sky 15, 102 mins*
10.00 The Abyss
Ed Harris, Mary Elizabeth Mastrantonio, Michael Biehn, Leo Burmester, Todd Graff
Acclaimed science fiction adventure about a deep-sea mission to rescue a wrecked nuclear submarine, which encounters something far more surprising in the dark depths of the ocean. *1989, rating Sky 15, 134 mins*
12.25am Parents
Randy Quaid, Mary Beth Hurt 1988, rating Sky 18, 79 mins
1.50 Dirty Mary, Crazy Larry
Peter Fonda, Susan George 1974, rating Sky 15, 89 mins
3.25-4.55am When the Cat's Away
French Comedy drama. **Widescreen** *1996, rating Sky 15, 87 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Geronimo
Joseph Running Fox, Nick Ramus, Michelle St John, Michael Grey Eyes, Tailinh Forest Flower, Kimberley Norris
Violent rendering of the true story of a renegade 19th-century Apache Indian who waged a war in the south-western United States, which drew attention to the inequitable treatment of Native Americans. *1993, 103 mins*
11.00 Tecumseh
Lawrence Bayne, Jesse Borrego, Lorne Cardinal
Western set in 1812, about the leader of the Shawnee Indians who tries to negotiate with the new settlers. *1995, mins*
12.35am The Broken Chain
Eric Schweig, Wes Studi
Drama dealing with destruction of the Iroquois Confederacy during the wars between the French and the Native Americans. *1993, 89 mins*
2.10-3.55am Geronimo
Biopic. *1993, 103 mins*

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons **Text** **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** **Text** **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
You Got it, but Stop Flaunting it
Entertaining and unpredictable talk show. On today's show: women who like flaunting their sexy bodies.

4.00
The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show, hosted by the diva of American daytime television.

5.00 Star Trek: Voyager
Persistence of Vision
A strange psionic field causes the *Voyager* crew to succumb to a delusional state where their deepest thoughts surface. **Text**

6.00 The Nanny
Take Back Your Mink
6.30
Married... With Children
Dances with Weezie
Domestic sitcom. **Text**

7.00 The Simpsons
Bart's Inner Child
Marge takes Bart and Lisa to an 'inner child' seminar. **Text**
7.30 Real TV
Real-life events.

8.00 Stargate SG-1
Cor-ai
Sci-fi series based on the film. Teal'c is put on trial by the son of a man he killed when he served the evil Goa'uld Apophis.

9.00 The Outer Limits
Final Exam
A student claims to have invented a cold-fusion bomb and threatens to detonate it unless the government co-operates.

10.00
Caribbean Uncovered
A trip around the islands of the Caribbean, catching up with the lives and loves of the residents, holiday-makers and workers.

11.00 Star Trek: Voyager
Persistence of Vision
A strange psionic field causes the *Voyager* crew to succumb to a delusional state where their deepest thoughts surface. **Text**

12midnight Nash Bridges
Brothers McMillan
Nash and Joe trail two brothers who are heirs to a Mafia family and Nash becomes suspicious when he discovers that Kelly had a relationship with one of them.
1.00am-7.00am Long Play
Music through the night.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
PREMIERE Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy – the Borg. Starring Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
PREMIERE Comedy in which two mismatched people fall in love. Starring George Clooney.
1996, Sky PG, 123 mins
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage, MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm, 10.30pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 15 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill
Rock-a-Bye Baby

3.25 The Bill
Video Nasty
When a bomb destroys a shop, CID search for a second device.

3.55 Dangerfield
Paul is concerned when Ken becomes obsessed with a beautiful escort girl. Could the girl be connected with Ken's shady past in the vice squad?

4.55 EastEnders
The latest events among the residents of Albert Square.

5.30 Wowfabgroovy
Russ Williams presents the gameshow in which celebrities battle it out in a news quiz.

6.00 All Creatures Great and Small
James meets a couple whose marriage depends on the life of their dog, while Tristan is visited by a girl from his past.

7.00 2Point4 Children
Dirty Bowling
Bill finally decides to take her driving test. But what is the secret that Ben is keeping?

7.40 Waiting for God
Diana creates chaos getting Tom out of hospital.

8.20 Dad's Army
Classic comedy about the Home Guard unit of Walmington-on-Sea.

9.00
One Foot in the Grave
Return of the Speckled Band
Victor celebrates his birthday.

9.40
FILM: The Eiger Sanction
Clint Eastwood, George Kennedy, Vonetta McGee, Jack Cassidy, Thayer David
Action adventure about a retired hitman lured back into the killing game when an old friend is murdered. Having disposed of one of the assassins, Hemlock is sent on an Alpine climbing expedition armed only with the information that the other killer is part of the team. *1975*

12.10am The Bill
Rock-a-Bye Baby
12.40 The Bill
1.10 Paul Merton – The Series
1.35 The Comic Strip Presents...
Slags
2.10 The Equalizer
Pretenders
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Daily lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively and sometimes heated discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly of *The Cosby Show*.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
The talk show host and his guests engage in lively, and sometimes heated, discussion about relationship issues.

7.00 Rescue 911
William Shatner presents stories of real-life rescues.

7.30 Mysteries, Magic and Miracles
Presented by Patrick Macnee.

8.00 Side Effects
The personal triumphs and tragedies of the staff at a walk-in health clinic. Stars Albert Schultz, Nadia Capone, Joseph Ziegler and Jovanni Sy.

9.00
FILM: Colour Me Perfect
Michele Lee, Robin Thomas, Susan Blakely
Moving drama about a woman who takes part in a research experiment and finds herself developing a remarkable intelligence as her life is turned upside down by a new drug. But her new talents also create problems. *1996*

11.00-12midnight
Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
A Kiss for a Beautiful Killer
Jason King becomes a pawn in a revolution – but does he really hold the key to the secret both sides are seeking?

4.00 Hawaii Five-0
Death Watch
McGarrett and his team fight to save the life of a gangster they despise so that he can testify against his erstwhile boss.

5.00 Hart to Hart
Whispers in the Wings
Jennifer is stalked by a psychotic stage manager who lurks in the wings while the Harts perform in a charity benefit.

6.00 Emmerdale
6.30
Classic Coronation Street
Hilda turns into a hypochondriac when she attempts to diagnose Stan's health problem.

7.00 Surgical Spirit
Joyce's Ulcer
Joyce is resistant to the idea of an operation at her own hospital.

7.30 The Fenn Street Gang
Leave it to Me Darling

8.00
Dempsey & Makepeace
Love You to Death
It's love and bullets for Dempsey when he finds himself the target of a crazed female admirer.

9.00
Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm
Noddy's Electric Ladyland
11.30 V.P.L.
Fashion programme which takes a look at the slinkiest and sexiest fashions for men and women.
12midnight Foo Foo's Party Night
Drag queen Foo Foo Lamar presents a night of cabaret from his outrageous club in Manchester.
12.30am Studs
12.50 Lord Lust's Lovelies
1.00 E! Gossip
1.30 E! Mysteries and Scandals
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 Disney's 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the crazy characters from *The Lion King*. Text

3.30 Aladdin
The continued adventures of the young hero. Text

4.00 101 Dalmatians
Canine capers as Pongo, Perdita and their pups avoid the evil Cruella De Ville.

4.30 Recess Text

4.45 Pepper Ann Text

5.00 Smart Guy
TJ copes with being a Ten-year-old smart guy.

5.30 Brotherly Love
The Liberty Bell Show
Matt's heart is broken. Text

6.00 Teen Angel
Living Doll
Marty turns one of Katie's toys into a stunning 'living doll'. Text

6.30 Boy Meets World
Hometown Hero Text

7.00 FILM: The Sword in the Stone
Animated adventure about the story of King Arthur. Here it's told as the tale of a lad who becomes Merlin's protégé, and pulls the famous sword from the stone to become King of England. *1963*

8.15 Ned's Newt Text

8.30 The Wonder Years
Nostalgic drama series starring Fred Savage.

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, The House is Trying to Kill Us
Series based on the movie. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Feasts of the World 10.30 A Taste of the Caribbean 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm A Year at Ballymaloe 1.00 Food for Thought 1.30 From the Ground Up 2.00 Sophie's Meat Course 2.30 Food Network 3.00 Vin Ordinaire 3.30 Coxon's Kitchen College 4.00 New Chefs on the Block 4.30-5.00pm Red Hot 'n' Smokin'
The Nosh Brothers prepare veal.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz played by secondary school students.

5.30 Gridlock
Hosted by Simon Biagi.

6.00 Byker Grove
Anna's party doesn't go as planned, and a tragic accident shocks the Grove.

6.30 Pull the Other One
Hosted by Paul Coia.

7.00 Rising Damp
A Night Out
Rigsby is dressed to kill as he takes Miss Jones out to dinner.

7.30 Desmond's
The Godmother

8.00 Switch On
Presented by Katie Razzall.

8.30
Goodnight Sweetheart
Let's Get Away from it All
Gary's life is on the move.

9.00 Tanamera
Young Tim is sent away in disgrace to England, while his brother Johnny falls in love with the daughter of a Chinese business rival.

10.00
The Darling Buds of May
The Happiest Days of Your Life
Pop and Ma are summoned to the twins' school.
11.00 Boon
12midnight Just a Gigolo
12.30am-1.00am Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

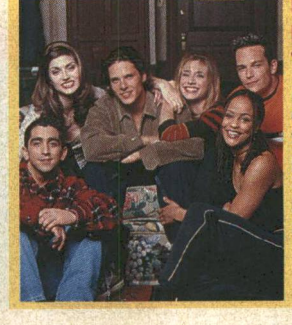
FILM

North Star
Sky Movies Screen 2 8.00pm
Set at the turn of the century in Alaska, this adventure stars Christopher Lambert as a native American who clashes with a gold-digger (James Caan) over a piece of land which is sacred to the Inuit tribe, but also full of gold. Which of the two men will win?

GENERAL

Sophie's Meat Course
Carlton Food Network 2.00pm
The delightful Sophie Grigson has a new series demonstrating exciting ways to cook the finest cuts of meat. Today she concentrates on the joys of pork, preparing a loin with spiced apple sauce, pâté de campagne and sweet and sour ribs. Mmmmm!

ADVERTISEMENT



USA HIGH 7.30AM

Trouble

Ashley tries to get out of a traditional camping trip with her father by pretending to be sick. So the boys have to go instead, which leads to all sorts of adventures ...

Wednesday 15 July

	EUROSPORT	SKY SPORTS 1	SKY SPORTS 2	SKY SPORTS 3	TROUBLE	SCI-FI
6.00 AM MORNING	**7.30am Olympic Games** **8.00 Sports Car** **9.00 Cycling** **11.00 Tennis** **11.30 Sailing** **12noon Motocross** **12.30pm Mountain Bike** **1.00 Cycling** Action from yesterday's stage of the Tour de France. **2.00 Cycling – LIVE** Coverage of the latest stage of the Tour de France, from Plouay to Cholet.	**7.00am Sky Sports Centre** **7.15 WWF – Live Wire** **8.15 Sky Sports Centre** **8.30 Racing News** **9.00 Pool: Embassy World 8 Ball Championships – Men's Semi-Final** **11.00 Cricket: Women's One-Day International: England v Australia – LIVE** **2.30pm Tales from the Premiership: Nearly Men**	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News 8.15 Tales from the Premiership: The Nearly Men 8.45 Sky Sports Centre 9.00 Fish TV: The Ultimate Fishing Show** **9.30 Golf: European Golf Skills Challenge** **11.30 LPGA Golf: Jamie Farr Kroger Classic** **1.30pm Golf Extra** Golf's essential and comprehensive roundup.	**12noon World Wrestling Federation – Shotgun** Hosted by Kevin Kelly and Michael Cole. **1.00pm Fish TV: Tony Dean Outdoors** Tony Dean gives more tips and advice. **1.30 Fish TV: Gone Fishing** Action and tips on where and when to catch the big ones. **2.00 Sports Unlimited**	**12noon Sweat** Teenage drama series about a group of talented athletes. **12.30pm Heartbreak High** Drama about the students and teachers at a Sydney inner-city high school. **1.30 Echo Point** **2.00 Hollyoaks** **2.30 It's in the Jeans** *Line Dancing* **2.45 On the Make**	**7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers 10.00 Captain Power and the Soldiers of the Future 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man**
3.00 PM		**3.00 Cricket: Women's One-Day International: England v Australia – LIVE** Continued ball-by-ball coverage of the women's one-day international between England and Australia. The County Ground in Derbyshire is the venue for this fixture.		**3.00 Tenpin Bowling**	**3.00 Sweat** Aussie teenage drama series about a group of talented athletes. **3.30 Ready or Not** Canadian teen drama.	**3.00 Quantum Leap** *Camikazi Kid* Time-trapped Sam Beckett becomes Cameron Wilson, an acne-ridden high school student.
4.00 PM	**4.15 Motorsports** *Speedworld* magazine featuring NHRA Winston drag racing in Madison, USA; NASCAR Winston		**4.30 Dr Martens Premiere League Snooker: O'Sullivan v Davis** Coverage of one of the games hottest talents, Ronnie O'Sullivan taking on Steve Davis, one of the greatest snooker players ever, at the Diamond Centre in Northamptonshire. **6.30 The Winning Post: Sandown and Worcester – LIVE** Jeff Stelling presents horse racing coverage from Sandown and Haydock.	**4.00 Watersports World** Ultimate guide to watersports, featuring everything from waterskiing to windsurfing.	**4.00 Fresh Prince of Bel Air** American sitcom. **4.30 Saved by the Bell: The College Years**	**4.00 Space Precinct** *Two Against the Rock* Jane and Jack transport a prisoner to Asteroid A5, unaware that it has been taken over by gangsters.
5.00 PM	Cup racing in Dover Downs, USA, ISRS racing in Misano, Italy and PPG-Dayton Indy Lights Championship racing in Portland, USA.			**5.00 World Wrestling Federation – Shotgun** Coverage of bouts in arenas throughout North America. Hosted by Kevin Kelly and Michael Cole.	**5.00 Hollyoaks** Chester-based soap about a group of teenagers and the battles they face. **5.30 California Dreams**	**5.00 Amazing Stories** *Family Dog* Animated tales set in suburbia. **5.30 Mysteries, Magic and Miracles**
6.00 PM	**6.00 Bowling** Action from the Golden Bowling Ball Tour in Frankfurt.	**6.00 Sky Sports Centre** Sports news and views. **6.30 Tales from the Premiership: Hey Big Spenders**		**6.00 European Tour Weekly** Action-packed roundup. **6.30 Full Throttle** Fast track race action from the motor cycling circuit.	**6.00 Hang Time** *When Loss is Gain* **6.30 Blast** The chart show. **7.00 USA High** **7.30-8.00pm Fresh Prince of Bel Air**	**6.00 Sightings** Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 PM	**7.00 Funboard – LIVE** Coverage of the indoor event in Frankfurt	**7.00 Futbol Mundial** International and club-level football focus. **7.30 Full Throttle** Fast-track action from the motorcycling circuit.		**7.00 Fish TV: Fishing Tales** Terrific action and tips. **7.30 Fish TV: Americana Outdoors** With host David West.	**BRAVO**	**7.00 Buck Rogers in the 25th Century** *Time of the Hawk* Buck battles against a man-bird who vows vengeance on humankind.
8.00 PM		**8.00 Cricket: Women's One-Day International: England v Australia** Action from the women's one-day international from the County Ground in Derbyshire.	**8.30 Pool: Embassy World 8 Ball Championships – Men's Semi-Final** Coverage of the second men's semi-final from Stakis Hotel in Blackpool. Number one-ranked Rob McKenna is expected to be among the front-runners again this season, together with second seed Daz Ward. **10.30 Golf Extra** Golf's essential and most comprehensive roundup.	**8.00 World of Super League with Eddie and Stevo** Sky's established partnership of Eddie Hemmings and Mike Stephenson provide expert analysis of the latest news and views from the JJB Sports Super League.	**8.00pm The A-Team** *Champ* The team buys into the contract of a boxer who is favourite in a fight until two crooks try to fix the result.	**8.00 Quantum Leap** *Rebel without a Clue* Sam Beckett is reborn to be wild when he lands in 1958 in the body of a rebellious motorcyclist.
9.00 PM	**9.00 Cycling** Highlights of the Tour de France .				**9.00 Real Stories of the Highway Patrol** Real-life drama with US police officers. **9.30 Cops** Fly-on-the-wall series.	**9.00 PSI Factor – Chronicles of the Paranormal** Extraterrestrials clone the inhabitants of an isolated farm.
10.00 PM		**10.00 Sky Sports Centre** **10.15 Tales from the Premiership: Hey Big Spenders** **10.45 Futbol Mundial** Soccer magazine.		**10.00 Greatest Moments of Sport** Classic moments from a variety of sports. **10.30-11.30pm Dickie Davies's Sporting Heroes: Willy Carson** Dickie Davies conducts an interview with champion jockey Willy Carson.	**10.00 Italian Stripping Housewives** Salacious game show. **10.30 Red Shoe Diaries** *The Teacher*	**10.00 FILM: Zone 39** *Peter Phelps, Caroline Bock* Thriller set in an isolated and decaying place in the future. A soldier posted to the zone as a punishment joins his enemy to expose a conspiracy. *1993* **11.45 Masters of Fantasy: X-Files Creators**
11.00 PM	**11.00-12.30am Motorsports** *Speedworld* magazine.	**11.15 Dr Martens Premiere League Snooker: O'Sullivan v Davis** A stunning clash.			**11.00 FILM: Parasite** *Robert Glaudini, Demi Moore, Luca Bercovici* Gruesome tale of a scientist who creates parasites. *1982*	
12.00 NIGHT TIME		**1.15am Sky Sports Centre** **1.30 World of Super League with Eddie and Stevo** **3.30 Tales from the Premiership: Hey Big Spenders** **4.00-4.15 Sky Sports Centre**	**1.30am-2.00am Big Fight Countdown** A preview of the forthcoming World Championship boxing action with news and views from the ringside.		**1.00am Beverly Hills Bordello 1.30 Italian Stripping Housewives** **2.00 Real Stories of the Highway Patrol** **2.30 FILM: Rocky II** *1979* **4.45 The Zip** **5.00-6.00am The A-Team**	**12midnight Sightings** **1.00am Battlestar Galactica** *War of the Gods* **2.00 Friday the 13th** *Demonhunter* **3.00 Tales of the Unexpected** **3.30-4.00am Dark Shadows**

CABLE CHOICE

SPORT

Women's One-Day Cricket International – LIVE
Sky Sports 1 11.00am, 3.00pm
England take on Australia at the County Ground, Derby, in the latest limited overs battle. Leading England's challenge today will be Jan Brittin, who is the country's leading run-maker these days.

Motorsports
Eurosport 4.15pm
If it's motor sport you're after, then *Speedworld* has drag racing, Winston Cup action and all manner of motorised mayhem. And today there's also Lamborghini racing from Misano and Indy Cars from Portland.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Fantasy Night Calls
1.00 The Five Minute Free View
1.05 FILM: New Wave Hookers II
A man convinces his wife to become a prostitute.
2.20 FILM: The Conquest
Casanova has guests over.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am FILM: Kittens IX: Diamonds in the Rough
Nicole London, JR Carrington
A search for a diamond necklace turns to sex.
1.25 Members Only Series
1.50 Horny Housewives
Suburbanites display their wares.
2.50-4.00am The Dinner Party
PJ Sparxx, China Lee
Strangers get acquainted.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Up Your Alley
Linda Blair, Murray Langston
Comedy.
9.30 Short Cuts: Dusty Hearts
10.00 FILM: The Swordsman
Lorenzo Lamas
Sci-fi action yarn.
11.40-12midnight Hollywood Biker Chicks – Touch Me

Wednesday 15 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate 10.00 Lie Detector 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls receive much needed advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
The latest update from the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
Another case for the people's judge.
9.00 The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another sensual offering.
12midnight Janeycam 12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the knowledge quiz.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges in a fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Manic Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Medicine
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes from clues.
11.45 Prize Time
12midnight Sale of the Century 12.30am Moonlighting 1.30 The Big Valley 2.30 Big Brother Jake 3.00 Snowy River – The McGregor Saga 3.50 Jeux Sans Frontieres 5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am Inside Hollywood 11.30 Cinema, Cinema, Cinema 12.30pm The A to Z of Food 1.30 Cybernet 2.30 The Album Show
Classic tracks.
3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
4.30 American Chart Show
The latest hits from across the pond.
5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
8.30 The Catwalk Show
The latest designs from the top fashion houses.
9.30 Cybernet
The latest from the information superhighway.
10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm European Top 20
The top 20 tracks from across the continent.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 MTV Live
6.30 So 90s
The greatest hits of the decade with Armstrong and Miller.
7.00 The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.
8.00 Hot
News, videos and gossip with Richard Blackwood.
9.00 Up for It
Another spectacular helping of merriment fun with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Yo!
The latest rap and hip hop videos.
12midnight Beavis and Butt-head
12.30am Banned at Bedtime
Special night time viewing of uncut videos.
1.00-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Reel World
12.30pm On the Horizon
1.00 On the Loose in Wildest Africa
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Cyprus
2.30 The Great Escape
Karavali Coast
3.00 Australian Gourmet Tour
Dining With Style
3.30 Oceania
Vanuatu, Indonesia, Tahiti and The Philippines
4.00 Whicker's World
Thai Tycoons and the Executive Sweet
Alan goes to Thailand.
4.30 Floyd on Oz
Central Australia
5.00 On the Loose in Wildest Africa
Nyathi Private Game Reserve
5.30 Worldwide Guide
Guadeloupe
6.00 Out to Lunch with Brian Turner
North Norfolk
6.30 On Tour
Cyprus
A trip to the scenic island.
7.00 Reel World
Mongolia
7.30 On the Horizon
Dubai
Matt Dickenson takes us to the Hayar Mountains.
8.00 Go Greece
Delphi, the Mainland and Thessaloniki
8.30 The Flavours of France
Calvados
9.00 Transasia
India
The journey along the Trans-Asian Highway continues through India, from Amritsar to Calcutta.
10.00 The Great Escape
Karavali Coast
A trip to India.
10.30 Floyd on Oz
Central Australia
11.00 Worldwide Guide
11.30-12midnight Oceania
Vanuatu, Indonesia, Tahiti and The Philippines

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 Style Wars 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Model 12noon The View 1.00pm The Good Housekeeping Show 1.30 Style Wars 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
She Stole My Man!
American talk show in which Sally and her guests engage in lively discussion.
5.00-6.00pm Livetime
Offering viewers the chance to talk to the lifestyle experts by calling 0845 3034422.

NATIONAL GEOGRAPHIC CHANNEL

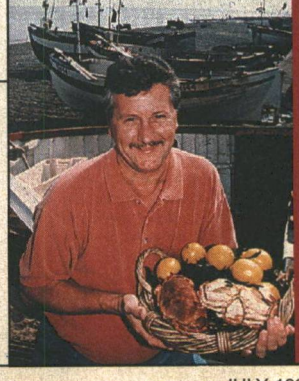
7.00pm Dead on Arrival: The Wild Parrot
7.30 The Mountain Sculptors
Narrated by Helen Mirren.
8.00 Oil Spillage in Shetland
This documentary focuses on the Shetland Island Oil Disaster of 1993, revisiting the area five years on.
9.00 Tribal Warriors: Tribal Voice
This programme listens to music that is an electrifying blend of tribal tradition and Aboriginal freedom.
10.00 Treaure Hunt: Treasures from the Past
Take an in-depth look at such treasures as a classic car and a Tsarist palace.
11.00 Spell of the Tiger
This film looks at how the rare tiger is being preyed on by humans.
11.30 Sanctuary
12midnight **Silence of the Sea Lions**
A look at how, in the past 20 years, over two-thirds of sea lions have vanished and no one knows why.
12.30am-1.00am The Flamingo and the Showbill

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

This sucks! 'Beavis and Butt-head' are out to cause more chaos: MTV 12midnight

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Tony Hadley 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 The VH1 Classic Chart 11.00 VH1 Country 12midnight The Nightfly 1.00am Soul Vibration 2.00-6.00am VH1 Late Shift



Enjoy more culinary delights in 'Out to Lunch with Brian Turner': Travel 1.30pm, 6.00pm

Wednesday 15 July

MORNING

DISCOVERY HOME & LEISURE

9.00am Joy of Painting 9.25 Home and Leisure 9.30 Garden Show 10.00 Grassroots 10.30 In the Workshop 11.00 Rex Hunt 11.30 Hometime 12noon Our House 12.30pm Home Again 1.00 Cookabout 1.30 Furniture to Go 2.00 Old House 2.30 Great House 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM

4.00pm The Diceman
Travel with a Twist
The Diceman's journey reaches Edinburgh.
4.30 Top Marques
Auburn Cord Duesenberg
5.00 PM **5.00 First Flights**
First Around the World
The ultimate test in aviation.
5.30 History's Turning Points
Crisis in Korea
6.00 PM **6.00 Animal Doctor**
Following the work of doctors from the RSPCA.
6.30 Tooth and Claw
Wild Discovery
A look at the great cats of Africa – predators whose prowess is legendary.
7.00 PM **7.30 Arthur C Clarke's Mysterious Universe**
Keys to the Past
8.00 PM **8.00 Shipwreck!**
Titanic's Lost Sister
The mystery of *Britannic*, Titanic's lost sister, which met an eerily similar fate just four years later.
9.00 PM **9.00 Shipwreck!**
Great Escapes: The Fatal Voyage
9.30 Survivor
Cold Water
A look at drowning.
10.00 PM **10.00 Wonders of Weather**
Raging Waters
10.30 Wonders of Weather
Savage Seas
11.00 PM **11.00 The Professionals**
Mountain Shout
The central Beacons Mountain Rescue Team is on call every day.
12.00 **12midnight First Flights**
First around the World
12.30am Top Marques
Auburn Cord Duesenberg
1.00-2.00am Shipwreck!
Mystery of the Ghost Galleon

NIGHT TIME

SKY SOAP

11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Will Jack Sugden obey Henry Wilks's orders? It seems he has no choice.

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 The Jetsons

3.00 Scooby and Scrappy-Doo
Canine crime solving with Scooby and Scrappy.
3.30 Taz-Mania
Antipodean animation.
4.00 PM **4.00 Beetlejuice**
Ghoulish animation.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 PM **5.00 Johnny Bravo**
Animation with the superhero with a superego.
5.30 Cow and Chicken
6.00 PM **6.00 Tom and Jerry**
Comic antics with the sparring cat and mouse.
6.15 Sylvester and Tweety
6.30 The Flintstones
7.00 PM **7.00 Batman**
Caped crusading in Gotham City.
7.30 The Mask
Animation based on the hit movie.
8.00 PM **8.00 Scooby-Doo – Where are You?**
8.30-9.00pm Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.

THE HISTORY CHANNEL

4.00pm Battleline: Midway
4.30 World War I: Clash of the Generals
5.00 No Price Too High: Lifeline
6.00 Ancient Mysteries: The Riddle of the Maya
A look at the temple city of Palenque which flourished in Mexico over 1000 years ago.
7.00-8.00pm Four Years of Thunder: Fokker Scourge
A look at the evolution of specialist fighter aircraft.

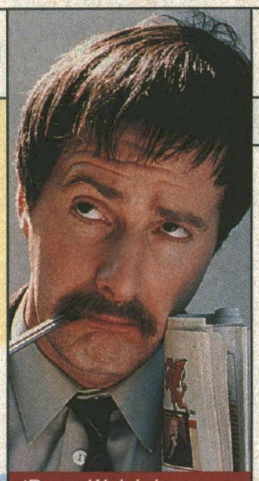
NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/ Mr. Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30
Children's BBC on Nickelodeon
Animation from the archives.

3.30 Doug
Doodle the day away with our painfully average hero, Doug.
4.00 Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera.
5.30 Kenan & Kel
Teen comedy.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Dan ponders the meaning of life.
8.00 Grace Under Fire
Grace has second thoughts about leaving the kids alone for the first time.
8.30 Caroline in the City
9.00 Cybill
Starring Cybill Shepherd.
9.30 Ellen
Ellen recreates her parents's honeymoon in an attempt to reunite them.
10.00 Frasier
Niles decides to declare his love for Daphne.
10.30 Cheers
John suffers a heart attack after a night with Carla.
11.00 Monty Python's Flying Circus
Vintage surreal humour.
11.30 Barry Welsh is Coming
Spoof chat show.
12midnight Nurses
Medical comedy about the lives of a group of over-worked and under-paid nurses.
12.30am It's Garry Shandling's Show
Garry deals with single life in the Eighties.
1.00 Frasier
Niles decides to declare his love for Daphne.
1.30 Cheers
John suffers a heart attack after a night with Carla.
2.00 Caroline in the City
Starring Lea Thompson as New York cartoonist Caroline Duffy.
2.30 Barry Welsh is Coming
Spoof chat show starring John Sparkes.
3.00 Roseanne
Dan ponders the meaning of life.
3.30-4.00am Cybill
Comedy starring Cybill Shepherd.



'Barry Welsh is Coming' stars John Sparkes as the inept chat show host: Paramount Comedy Channel 11.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Wednesday Concert: Beethoven's Symphony No. 9
Performed by the Leipzig Gewandhaus Orchestra.
8.30 Artsweek Spotlight
Jazz – Courtney Pine and Andy Sheppard
9.00 Arts Council Showcase
Moving Stills
Examining the power of the still image. Introduced by Lord Gowrie.
10.00 Opera
La Scala di Seta
The Silken Ladder is the ladder climbed each night by Dorvil to join his wife Giulia, whom he has married in secret. Rossini's sparkling but rarely performed work comes from the beautiful Schwetzingen Palace in Germany.
12midnight-1.00am Midnight Blues
Downchild Blues Band
This ensemble from New Orleans plays well-known blues standards.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 Walker's World
2.00 Travel Tips
3.00 Globetrotter
Utah, Santa Cruz and Venice
3.30-4.00pm Way of Life
A Week in the Life of a Chinese Student

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Health 1.30 Business 3.30 Sport 4.30 Style 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm PMQs 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Reuters Reports 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal 7.35 Questions pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Alice 9.30 Sindbad 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Journal 12noon D'un Monde a l'Autre 2.00pm Diva 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Savoir Plus 8.00 Au Nom de la Loi 9.00 Journal 9.30 Résumé du Tour de France 9.45 Tempêtes 11.15 Résumé du Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Cine 12.30pm Irvail Oru Pagul 1.00 Subah 1.30 FILM 4.00 Turning Point 4.30 Take 2 5.00 Dooriyan 6.00 Community 6.30 Asianet Aur Aap 7.00 Subah 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Shanti 12.30am Asianet Aur Aap 1.00 FILM 4.00 Hello Bombay 4.30 Subah 5.00 Music Challenge 5.30 Vinod Khanna Starsearch 6.00 Turning Point 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Agni Pariksha 6.30 Kajager Bao 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 News 8.30 Buniyaad 9.00 Manabi 9.30 Out & About 10.00 Tara 11.00 Low Cal 11.30 Kurukshetra 12noon FILM: Mohabbat Zindagi Hai 3.00pm Hum Aapke Hain Woh 3.30 Daraar 4.00 Campus 4.30 Liberty 5.00 Chalo 5.30 Mr Mintoo 6.00 Banegi Apni Baat 6.30 Hits 7.00 Yehi Hai Zindagi 7.30 Baat Ban Jaye 8.00 News 8.30 Dastaan 9.00 Sahab Bahadur 10.00 Ikke Pe Ikka 10.30 Amaanat 11.00-12midnight Purush Kshetra

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Catterick, Folkestone and Yarmouth with Martin Harris, Robin Gray and Derek Thompson.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Ray McCauley 5.30 7 à Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Another Day of Victory 9.00 Let the Fire Burn/Revival Now 9.30 Life in the Word 10.00 Today with Marilyn/Iverna Tompkins 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions 8.30 The Commons Live 2.00pm Europe This Week 2.30 The Commons Live 11.00-12midnight Questions from the House

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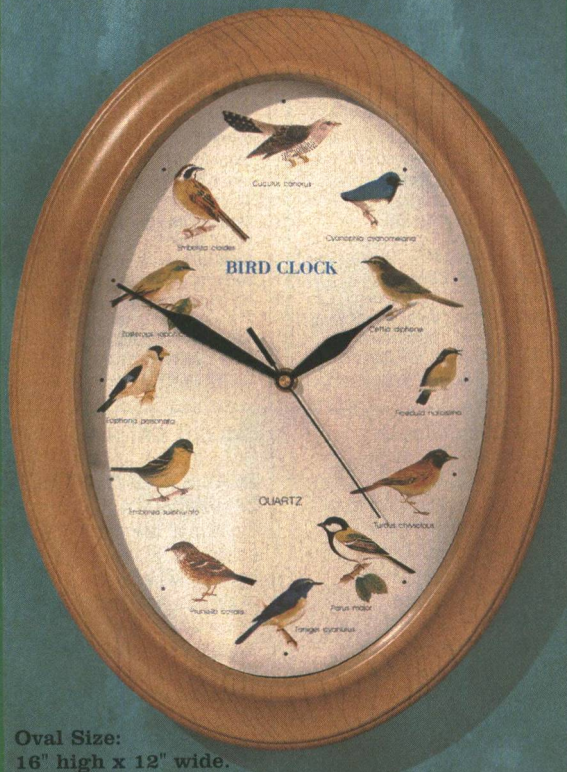

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Thursday 16 July

William Baldwin and Cindy Crawford star in 'Fair Game': Sky Movies Screen 1 10.30pm

MORNING

SKY MOVIES SCREEN 1

6.00am Magic Sticks
1987, rating Sky PG, 84 mins
7.30 Dangerous Curves
1988, rating Sky PG, 89 mins
9.00 The Princess Bride
1987, rating Sky PG, 95 mins
11.00 Roseanne: An Unauthorized Biography Text *1994, rating Sky PG, 86 mins*
12.55pm Dangerous Curves
1988, rating Sky PG, 89 mins
2.30 Fiddler on the Roof
Topol, Norma Crane, Molly Picon, Candice Bonstein, Leonard Frey, Paul Mann, Rosalind Harris, Michele Marsh, Neva Small, Paul Michael Glaser, Ray Lovelock
Enormously popular, Academy Award-winning screen adaptation of the Broadway musical about pre-Revolutionary life amongst the Jewish community in the tiny Russian village of Pale. A Jewish peasant, Tevye the milkman, stuggles to cope with the problems of daily life, as well as his traditions, family and interference from the state. *1971, rating Sky U, 171 mins*

5.25 The Princess Bride
Cary Elwes, Mandy Patinkin, Chris Sarandon, Christopher Guest, Wallace Shawn
Tongue-in-cheek fantasy adventure which tells the tale of a beautiful woman who must be rescued by her one true love from monsters and villains.
1987, rating Sky PG, 95 mins

7.00 Roseanne: An Unauthorized Biography
Denny Dillon, David Graf
Fact-based drama which follows television comedienne Roseanne Barr from her troubled teenage years to her tempestuous and ultimately doomed second marriage to Tom Arnold and the securing of her own television series. Text *1994, rating Sky PG, 86 mins*

9.00 Dark Angel
Eric Roberts, Ashley Crow, Linden Ashby, Gina Torres
PREMIERE Thriller about a cop with a dark past who is transferred to New Orleans under mysterious circumstances.
1996, rating Sky 15, 83 mins

10.30 Fair Game
William Baldwin, Cindy Crawford, Steven Berkoff, Christopher McDonald
Thriller about a Miami lawyer who is forced to go on the run from a criminal mastermind, and who is assigned a cop to provide protection for her. Text *1995, rating Sky 15, 87 mins*

NIGHT TIME

12.05am Alien Nation: Millennium
Gary Graham, Eric Pierpoint
1996, rating Sky 12, 87 mins
1.40 For Better or Worse
James Woods, Lolita Davidovich
1995, rating Sky 15, 85 mins
3.10-5.00am Murderous Intent
Lesley Ann Warren
1995, rating Sky 12, 88 mins

SKY MOVIES SCREEN 2

6.00am Arrividerci, Baby
1966, rating Sky U, 96 mins
8.00 Hollywood Cavalcade
Alice Faye, Don Ameche
Drama. *1939, rating Sky U, 93 mins*
10.00 The War Lover
Steve McQueen, Robert Wagner
1962, rating Sky PG, 101 mins
12noon Salt Water Moose
Timothy Dalton, Lolita Davidovich
1995, rating Sky U, 93 mins
2.00pm Arrividerci, Baby
Tony Curtis, Rosanna Schiaffino, Lionel Jeffries, Zsa Zsa Gabor, Nancy Kwan
Comedy about a fearsome man who works his way through several wives, killing them for their fortunes.
1966, rating Sky U, 96 mins

4.00 Hollywood Cavalcade
Alice Faye, Don Ameche, J Edward Bromberg, Alan Curtis
Drama set during the early days of Hollywood, about an ambitious prop boy who signs a struggling young actress after pretending to be a film director. Together the pair begin a rapid rise to fame, reinventing the movie business in the process.
1939, rating Sky U, 93 mins

6.00 Salt Water Moose
Timothy Dalton, Lolita Davidovich, Johnny Morina, Katharine Isobel
Family drama about a boy's lonely summer which turns into the adventure of a lifetime when he comes to the aid of a stranded moose. *1995, rating Sky U, 93 mins*

7.40 US Top Ten
Stateside movie chart.

8.00 The Man Who Captured Eichmann
Robert Duvall, Arliss Howard, Jeffrey Tambor, Joel Brooks
PREMIERE The thrilling true story of the manhunt for one of the most notorious war criminals the world has ever known. A wanted man for the last 25 years, Adolph Eichmann is found by US agents in Argentina.
1996, rating Sky PG, 92 mins

10.00 Strange Days
Ralph Fiennes, Angela Bassett, Juliette Lewis, Tom Sizemore
Futuristic thriller about an ex-cop black market trader who deals in stolen dreams, via a digital recording known as 'the wire'. The effects are so realistic that the viewer feels that he or she is witnessing the event in person – even rape and murder. Text *1995, rating Sky 18, 139 mins*

12.25am Desires of Innocence
Gabriella Hall, Lara Nelms
1997, rating Sky 18, 85 mins
1.55 Co-Ed Call Girl
Tori Spelling, Scott Plank
Drama. Last Play *1995, rating Sky 15, 90 mins*
3.30-5.05am Eat a Bowl of Tea
1988, rating Sky 15, 99 mins

SKY MOVIES GOLD

4.00pm Old Gringo
Jane Fonda, Gregory Peck, Jimmy Smits, Jenny Gago
Period drama in which an American spinster goes to Mexico as a governess in the middle of a violent and romantic revolution. Although she becomes fascinated with a cynical old writer, it is a rebel general who captures her heart.
1989, rating Sky PG, 112 mins

6.00 Steel Magnolias
Sally Field, Shirley MacLaine, Julia Roberts, Dolly Parton, Olympia Dukakis, Daryl Hannah, Sam Shepard
Comedy drama about six very special women who find that their family loyalties and close friendships can help them through the most trying times of their lives. Text *1989, rating Sky PG, 113 mins*

8.00 K-9
James Belushi, Mel Harris, Kevin Tighe, Ed O'Neill, Jerry Lee, James Handy, Cotter Smith
Comedy about a cop who finds himself teamed with an unusual four-footed partner – an Alsatian – in an effort to crack a drugs ring. *1989, rating Sky 15, 97 mins*

10.00 The Hand
Michael Caine, Andrea Marcovicci, Annie McEnroe
Spooky chiller about a cartoonist whose hand is severed in a car accident. It subsequently acquires a mind of its own and terrorises the local area, apparently still under his control.
1981, rating Sky 18, 101 mins

11.45 A Nightmare on Elm Street Part II: Freddy's Revenge
Mark Patton, Kim Myers
1985, rating Sky 18, 82 mins
1.10am Bull Durham
Kevin Costner, Susan Sarandon
1988, rating Sky 18, 103 mins
3.00-5.10am Two Minute Warning
Charlton Heston, John Cassavetes
1976, rating Sky 15, 110 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Gore Vidal's Billy the Kid
Val Kilmer, Duncan Regehr, Wilford Brimley, Julie Carmen, Michael Parks, Rene Auberjonois
The story of the legendary gunslinger William Bonney who, after becoming involved in a violent ranch war, embarks on a trail of crime and murder across the Old West. *1989, 92 mins*

11.00 The Rounders
Henry Fonda, Glenn Ford, Sue Ann Langdon, Hope Holiday
Western about two cowboys who dream of a better life.
1965, 81 mins

12.30am Billy the Kid
Robert Taylor, Brian Donlevy
Western adventure. *1941, 91 mins*
2.00-5.00am Cimarron
Richard Dix, Irene Dunne
Oscar-winning Western following the trials and tribulations of an Old West family over four decades.
1931, rating, 119 mins

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Reuniting Past Romances
On today's show, guests are reunited with their former lovers.

4.00 The Oprah Winfrey Show
Another real-life issue is put under scrutiny by Oprah Winfrey and her guests.

5.00 Star Trek: Voyager
Tattoo
When Chakotay leads an away team to drill for minerals on a moon's surface, they accidentally disturb a village. Text

6.00 The Nanny
The Strike
Guest-stars Sally Jessy Raphael.

6.30 Married... With Children
Change For a Buck Text

7.00 The Simpsons
Lisa's Rival
Lisa has a new classmate who is better than she is. With the guest voice of Winona Ryder. Text

7.30 Real TV

8.00 America's Dumbest Criminals
A man takes photos of himself holding a stolen statue.

8.30 Seinfeld
The Nap

9.00 Friends
The One with the Screamer
Ross tries to convince Rachel that her date is psychotic.

9.30 Friends
The One with Ross's Thing

10.00 ER
Day One
Food poisoning victims inundate the emergency room and Dr Lewis argues with Dr Cvetic about a senile man.

11.00 Star Trek: Voyager
Tattoo
When Chakotay leads an away team to drill for minerals on a moon's surface, they disturb a village. Text

12midnight Nash Bridges
Night Train
Coming home from a late night bachelor party, Nash and some of his fellow cops become embroiled in a train heist gone wrong. Text

1.00-7.00am Long Play
It's a VJ-free music zone with something for everyone.

SKY box office JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy – the Borg. Starring Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
Comedy in which two mismatched people fall in love. Starring George Clooney.
1997, Sky PG, 123 mins
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm, 10.30pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 16 July

UK GOLD

7.00am Crossroads 7.30 Neighbours Omnibus 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours Omnibus 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Bad Pictures
Carver and Woods suspect a petty thief of a serious offence.

3.25 The Bill
Fire

3.55 Dangerfield
Drama series about a police surgeon. When a body is found in a quarry, the only clue to its identity is the patchwork curtain wrapped around it.

4.55 EastEnders
Tune into the vintage soap drama with the long-suffering folk from Albert Square.

5.30 Wowfabgroovy
DJ Russ Williams presents the nostaglic celebrity gameshow.

6.00 All Creatures Great and Small
Ways and Means
James prefers an encounter with a savage pig to the ordeal of speaking at the local youth club.

7.00 2Point4 Children
Young at Heart
Ben gets an offer Bill can't refuse. Stars Belinda Lang.

7.40 Waiting for God
Diana and Tom become conservationists in a bid to thwart Harvey's plans to extend Bayview. With Stephanie Cole.

8.20 Dad's Army
Big Guns
Home guard comedy.

9.00 Bugs
Hollow Man
Action drama series. The master design disc of a new £100 note goes missing. With Craig McLachlan and Jaye Griffiths.

10.05 Bottom
Digger
Comedy with Rik Mayall, Adrian Edmondson and Helen Lederer.

10.45 The Comic Strip Presents...
More Bad News
Satirical comedy from the Comic Strip team, as 'rock legends' Bad News go back on the road for another riotous tour. Stars Rik Mayall and Adrian Edmondson.

11.50 The Bill
Bad Pictures
12.20am The Bill 12.50 Live at Jongleurs 1.20 The Equalizer
Joyride
2.05 The Equalizer
Shades of Darkness
2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifestyle magazine show featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formally a star of the *The Cosby Show.*

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

7.00 Rescue 911
Real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles
Baffling stories and events.

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone, Joseph Ziegler and Jovanni Sy.

9.00 FILM: No One Could Protect Her
Joanna Kerns, Anthony John Denison, Peter MacNeill, Lori Hallier, Dan Lauria
Nightmarish suspense story, based on an actual case, about a stalker who will not give up his prey. A psychopathic killer who has committed a string of violent crimes becomes obsessed with a woman. *1995*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
It's Too Bad About Auntie
The flamboyant sleuth steps in when a little old lady unwittingly causes an innocent girl to be accused of murder.

4.00 Hawaii Five-0
Pray Love Remember, Pray Love Remember
A circular mark in mud and a footprint are the only clues when a lover's quarrel ends fatally.

5.00 Hart to Hart
Max's Waltz
The Harts and Max frantically search for the latter's girlfriend, who has fallen victim to a pair of money-hungry crooks.

6.00 Emmerdale
Soap opera serial.

6.30 Classic Coronation Street
Stan's doctor informs him that he might be allergic to beer.

7.00 Surgical Spirit
The Country Right or Wrong
Comedy series.

7.30 The Fenn Street Gang
Horses for Courses
Denny gets drunk at a party.

8.00 Dempsey & Makepeace
No Surrender
Makepeace has a point to prove when a bank siege turns deadly. Starring Glynis Barber.

9.00 Classic Coronation Street 9.30 Hale and Pace 10.00 Comedians 10.30-11.00pm Wheeltappers & Shunter's Social Club

GRANADA MEN & MOTORS

11.00pm Motor Week
Magazine programme featuring all the latest motoring news.

11.30 4 Wheels Good
Motoring show with Diana Binks, John Stanley and Ian Royle.

12midnight Rally World
Eric Michell presents a roundup of the best rallying action from locations around the globe.

12.30am Car File
Motoring programme.

1.00 The E! True Hollywood Story
John Belushi

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the two characters from *The Lion King.* Text

3.30 Aladdin – The Series
More wish-fulfilling yarns with the hero and the lamp. Text

4.00 101 Dalmatians
Canine capers are unleashed in this animated series.

4.30 Recess
Animated series. Text

4.45 Pepper Ann Text

5.00 Boy Meets World Bumper Bundle
Two hours of *Boy Meets World* episodes as Cory and Topanga kick the romantic ball back and forth in an attempt to unravel the mysteries of teenage romance and get to grips with life. Starring Will Friedle. Text

7.00 FILM: My Date with the President's Daughter
Will Friedle
The President's 14-year-old daughter finds the White House claustrophobic – she wants to be a normal teenager. So when a boy asks her out, she decides to escape. *1997* Text

8.30 The Wonder Years
Mad, Mad Madeline World
Kevin cooks up a storm. Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Haunted
Nick befriends the ghost of a Thirties gangster. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Dilly Dines Out 10.30 A Taste of Caribbean 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network 12.30pm Frances Bissell's Westcountry Kitchen 1.00 Food for Thought 1.30 Ideal Home Cooks 2.00 Chef on a Shoestring 2.30 Food Network 3.00 A Year at Ballymaloe 3.30 Coxon's Kitchen College 4.00 From the Ground Up
Allotment Report
4.30-5.00pm Sophie's Meat Course

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz for students.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
A sad occasion is disrupted by Flora and Brigid. Amanda returns, but she is not alone.

6.30 Pull the Other One
Paul Coia hosts the gameshow.

7.00 Rising Damp
Charisma
Rigsby is given tablets by Alan and Philip to calm his nerves.

7.30 Desmond's
A Class Act

8.00 The Bounder
Unreasonable Behaviour
Sitcom about a suave con man.

8.30 That's Love
Stars Diana Hardcastle, Jimmy Mulville and Tony Slattery.

9.00 St Elsewhere
A mentally-disturbed patient is misplaced, and a young resident tries to prevent an operation on a female patient with whom he feels emotionally involved.

10.00 Auf Wiedersehen, Pet
Scoop
The lads find themselves in trouble with the police within 24 hours of arriving in Spain.

11.00-1.00am Boon

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Creative Stitching at 6.00pm.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

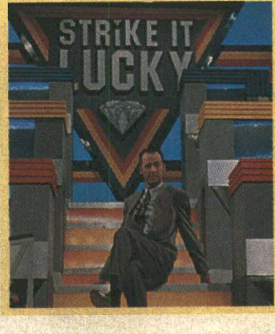
FILM

Dark Angel
Sky Movies Screen 1 9.00pm
Film premiere about a police detective (Eric Roberts) with a secret past that haunts him when he is moved to New Orleans under mysterious circumstances. He's assigned to investigate a series of brutal murders, but the killer seems to know all about his former life ...

GENERAL

Shipwreck!
Discovery Channel 9.00pm
In this new series of maritime disasters, tonight we see the story of a tragedy off the coast of New Zealand in 1968, when 700 people piled onto a ferry boat, only to find themselves on course to meet the worst storm in the country's history.

ADVERTISEMENT



STRIKE IT LUCKY 9.15PM

Challenge tv

Big laughs, big prizes – it's all on Barrymore's popular quiz show, *Strike It Lucky.* Three more pairs of contestants answer questions to gain moves along the bank of computer screens and try to win top prizes, but only if they avoid that dreaded HotSpot.

Thursday 16 July

EUROSPORT

6.00 AM MORNING

7.30am Sailing
8.00 Rowing
9.00 Cycling
11.00 Motorsports
12.30pm Mountain Bike
Coverage of the sixth round of the Grundig/UCI World Cup in Alberta, Canada.
1.00 Cycling
Action from yesterday's stage of the Tour de France.
2.00 Cycling – LIVE
Action from the fifth stage of the Tour de France covering the 227km from Cholet to Châteauroux, a county town of the Indre and capital of the lower Berry, which will greet the Tour for the first time this year.

3.00 PM

4.00 PM

4.30
World Cup Highlights
The best action of the World Cup in France. Now that the last main sporting event of the century is over, this programme looks at the best moments of the football competition that has captured the world's attention for the last four weeks.

5.00 PM

6.00 PM

6.30 Athletics – LIVE
Action from the IAAF Grand Prix Meeting in Nice, France. Today is the fifth meeting of the IAAF Grand Prix season. First held in 1976, this meeting quickly became one of the top meetings of the season, along with the Zürich and Berlin events. Tonight's highlights include the 1500 metres, 400 metres hurdles and high jump.

7.00 PM

8.00 PM

9.00 PM

9.30 Cycling
Highlights of the Tour de France so far. This year's Tour started in Dublin for the first time ever, passing through Cork before moving on to the picturesque French villages of Lorient and Pau. The race finishes in Paris on the famous Champs Elysées. Commentary from David Duffield, Stephen Roche and Tony Rominger.
11.30-12.30am Motorsports
Motoring magazine.

10.00 PM

11.00 PM

12.00 NIGHT TIME

SKY SPORTS 1

7.00am Sky Sports Centre 7.15 WWF – Shotgun 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Futbol Mundial 10.00 Pool: Embassy World 8 Ball Championships 12noon Aerobics Oz Style 12.30pm Tales from the Premiership 1.00 Full Throttle 1.30 Dr Martens Premier League Snooker: O'Sullivan v Davis

3.30 Sports Unlimited
An action-packed, definitive guide to alternative sports, this show is a visual feast for those who just cannot get enough sport.
4.30 Full Throttle
Fast track race action from the circuit.
5.00 World Wrestling Federation – Superstars
Riveting, action-packed entertainment from the WWF circuit.
6.00
Sky Sports Centre
Sports news.
6.30 Tales from the Premiership: One Hit Wonders
7.00
Trans World Sport
With special features, exclusive footage and interviews, plus reports on the latest sports events.
8.00
Ford Cup Special: Story of the FA Cup
A chance to relive the road to Wembley with a look back at the story of this year's FA Cup.

10.00
Sky Sports Centre
10.15 Tales from the Premiership: One Hit Wonders
10.45 Tight Lines
Bruno Brookes and Keith Arthur team up to answer an assortment of angling queries.
11.45
Sky Sports Centre
12midnight Futbol Mundial 12.30am Tight Lines 1.30 Sky Sports Centre 1.45 Ford Cup Special: Story of the FA Cup 3.45 Tales from the Premiership: One Hit Wonders 4.15-4.30am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership 8.45 Sky Sports Centre 9.00 Fish TV: Americana Outdoors 9.30 Fish TV: Fishing Tales 10.00 Golf Extra 1.00pm Major League Baseball

3.00 World of Super League with Eddie and Stevo
The show that features every try scored over the past week, plus a preview of the forthcoming action with special guests discussing the topical issues in the game. With Eddie Hemmings and Mike Stephenson.
5.00
Watersports World
Catch up with the latest from the varied and frenetic world of watersports.
6.00
Inside the PGA Tour
6.30
Irish Showjumping
Action at the Irish Showjumping Grand Prix.
7.00 Tight Lines
Bruno Brookes and Keith Arthur team up to answer an assortment of angling queries.

8.00 Rebel TV
8.30
Inside the PGA Tour
Experience life behind the scenes with the stars of the American Tour.
9.00 Ford Golf USA: Deposit Guaranty Golf Classic
First day coverage from the Annandale Golf Club in Madison, where the 1998 Deposit Guaranty Golf Classic takes place. Current holder Billy Ray Brown returns to defend the title he captured 12 months ago.
11.30
Trans World Sport
With special features, exclusive footage and interviews, plus reports on the latest happenings in the world of sport.
12.30am Sky Sports Centre 12.45 Formula Three 1.15 Tales from the Premiership: One Hit Wonders 1.45-2.00am Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Superstars 1.00pm Fish TV: Fly Fishing 1.30 Fish TV: The Ultimate Fishing Show 2.00 Greatest Moments of Sport 2.30 Dickie Davies's Sporting Heroes: Willie Carson
Dickie Davies conducts an in-depth one-to-one interview with champion jockey Willie Carson.

3.30 Fastrax
High speed is on the agenda with a look at life in the fast lane.
4.00
Ford Cup Special: Story of the FA Cup
A chance to relive the road to Wembley with an in-depth look back at the story of this year's FA Cup.

6.00 Rebel Sports
Wild series about madcap aspects of sport.
6.30 Formula Three
Coverage of a Formula Three race.
7.00 Petrolheads
The programme focusing on technical tips, racing clubs and the story behind successful racing drivers.

8.00
Irish Showjumping
Action at the Irish Showjumping Grand Prix.
8.30 Formula Three
Action from the fast lane.
9.00
Trans World Sport
Catch up with a variety of sporting action from across the globe with footage of every sport imaginable.
10.00-11.30pm
Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies are joined by a football legend who looks back at some of the key matches in his career.

TROUBLE

12noon Sweat
Australian athletics drama.
12.30pm Heartbreak High
Hard-hitting drama series about life at a Sydney inner-city high school.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Chester-based soap.
2.30 Blast
Chart music.

3.00 Sweat
Australian athletics drama.
3.30 Ready or Not
Hello, Goodbye
Canadian teen drama that tackles growing up.
4.00 Fresh Prince of Bel Air
American sitcom.
4.30
Saved by the Bell: The College Years
5.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
5.30
California Dreams
6.00 Hang Time
Teen comedy drama.
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Skins
The team travels to Kenya to track down poachers responsible for killing animals in a wildlife park.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
10.30
Red Shoe Diaries
Written Word
Erotic stories.
11.00 FILM: The Boys Next Door
Maxwell Caulfield, Charlie Sheen, Patti D'Arbanville
Tough tale of motiveless teen violence. *1985*
1.00am Beverly Hills Bordello 1.30 Italian Stripping Housewives 2.00 Real Stories of the Highway Patrol 2.30 Cops 3.00 FILM: Parasite *1982*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Play it Again, Seymour
Sam Beckett leaps into April 14, 1953, and what looks like something from a bad pulp novel.
4.00 Space Precinct
Seek and Destroy
Officers Borgan, Haldane and Castle desperately try to stop an invasion by the Omera.
5.00 Amazing Stories
Gershwin's Trunk
5.30 Mysteries, Magic and Miracles
Patrick Macnee searches for baffling stories.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Journey to the Oasis
Wilma falls in love with an alien ambassador, unaware of his shocking secret.
8.00 Quantum Leap
A Little Miracle
Sam arrives on Christmas Eve, 1962, and teams up with Al to act as a modern-day ghost of Marley.
9.00 PSI Factor – Chronicles of the Paranormal
Cattle mutilation leads the OSIR to investigate a werewolf legend.
10.00 FILM: Invader
Cotter Smith, Deirdre O'Connell, Robert Wisdom, Ryan Phillppe
Thriller about a pair of doctors who are put in charge of an investigation team when a UFO crashes in the desert. *1995*
11.45
Masters of Fantasy: X-Files Creators
12midnight Sightings
Real-life stories involving the paranormal.
1.00am The Bionic Woman 2.00 Friday the 13th *Crippled Inside*
3.00 Tales of the Unexpected *The Vorpal Blade*
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Athletics – LIVE
Eurosport 6.30pm
Tonight's IAAF meeting from Nice is the fifth in the summer Grand Prix series and is usually one of the most spectacular, with a host of touring talent from North America and Africa, as well as the best from Europe. Top athletes will do battle in a stadium where world records have become folklore, including a memorable 1500 metre mark set by Steve Cram in 1985. This year, it'll be the likes of sprinters Ato Boldon of Trinidad and Maurice Greene of America, or pole-vaulter Maksim Tarasov of Russia, who could make the headlines.

TELEVISION X

12midnight The Ten Minute Free View 12.10am The Omar Show 12.20 Diva 12.45 FILM: Adult Feature
Erotic entertainment.
1.00 The Five Minute Free View 1.05 FILM: continues 2.00 Rachel's Sagas 2.25 FILM: Bare Market
Erotic feature.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day 12.10am Fräulein Debutantes
Adult programme.
12.25 Babewatch the Series
Erotic mini series.
12.45 Girls About Town 1.00 FILM: Adult Feature
Erotic entertainment.
2.20 FILM: Adult Feature 2.50-4.00am FILM: Double Header
Erotic feature film.

HVC

CABLE EXCLUSIVE

8.00pm FILM:The Other Side
Peter Bensley, Robert Z'Dar
Mystery drama.
9.30 Short Cuts – Poetry for an Englishman 10.00 Shadow Theatre
Documenatry about horror.
10.25 FILM: Working Stiffs 11.25-12midnight Erotic Landscapes

Thursday 16 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.

7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the fast-moving quiz.
7.45 Prize Time
7.55
The Crystal Maze
A team of contestants tackles games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the gameshow with the chance to win big prizes.
9.45 Prize Time
10.00 3-2-1
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided if the contestants are to win a big prize.
11.00 Prize Time
11.15
Through the Keyhole
With Loyd Grossman and David Frost.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Motormouth
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge 2.30 Revelations 2.45 Fate & Fortune
3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Much-needed advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest from the catwalk.
6.30 Dial-a-Doc
6.45
What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
More tough rulings from the people's judge.
9.00 Dog Night Live
Action from the tracks in Walthamstow and Wolverhampton.

10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am American Chart Show 11.30 The Catwalk Show 12.30pm Cybernet 1.30 Inside Hollywood 2.30 The Album Show
Classic tracks.

3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

4.30 Cinema, Cinema, Cinema
The latest film news.

5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

6.30
The Album Show
Classic tracks from legendary artists.

7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

8.30
The A to Z of Food
Another look at the culinary alphabet.

9.30 Cinema, Cinema, Cinema
The latest film news.

10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and the *Big Picture.*
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm So 90s
The greatest hits of the decade with comedians Armstrong and Miller.
3.00 Non-Stop Hits
A roller coaster of hits.

4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.

6.00 MTV Ultrasound: Rock'n'Roll Feuds
Documentary about the most famous fights and feuds in rock history.
6.30 Daria
7.00 European Top 20
The top 20 hits from across the continent.

8.00 Hot
News, videos and gossip with Sara Cox.

9.00 Up for It
Another helping of merriment with Eddy Temple-Morris.

10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music.

11.00
The Lick R&B Chart
The hottest R&B videos in the UK, presented by Trevor Nelson.

12midnight
Beavis and Butthead
12.30am
Banned at Bedtime
Special night time viewing of all the sexiest and uncut videos.
1.00-6.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm On the Horizon
1.00 Ridge Riders
1.30 The Rich Tradition
Black Forest – Germany
2.00 On Tour
Southern Florida
2.30 Reel World
Papua New Guinea

3.00 The People and Places of Africa
Congo Brazzaville – The Hearth of Africa
3.30 Whicker's World
Nauru
4.00 Destinations
Burma
Closed to the outside world for 50 years, Burma has only recently started encouraging tourism.
5.00 Ridge Riders
Across Southern England – Part IV
5.30
Cities of the World
Dakar
6.00
The Rich Tradition
Black Forest – Germany
A look at traditional foods.
6.30 On Tour
Southern Florida
7.00
The Great Escape
Gwalior
7.30 On the Horizon
Southern India
From Bombay to Cochin.
8.00 Go Greece
Thessaloniki – Metropolis of the North
8.30 The Flavours of France
Val de Loire
9.00 Destinations
Burma
Closed to the outside world for 50 years, Burma has only recently started encouraging tourism.
10.00 Reel World
Papua New Guinea
10.30
The Food Lovers' Guide to Australia
Cheese-Making in Perth
11.00
Cities of the World
Dakar
11.30-12midnight
Whicker's World
Nauru

GRANADA BREEZE

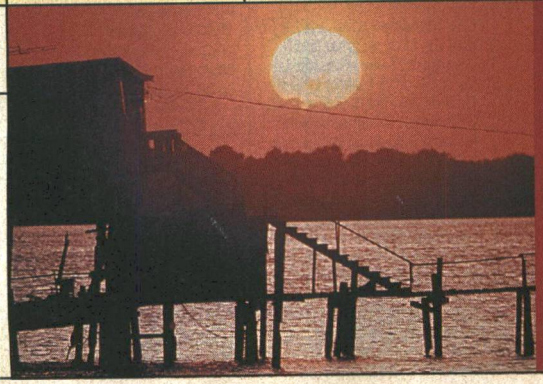
6.00am E! Uncut 6.30 E! Mysteries and Scandals 7.00 Cook's Garden 7.30 Rosemary Conley 8.00 View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 Fashion Emergency 11.30 Mysteries and Scandals 12noon View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 thirtysomething

3.00 Livetime
Magazine covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
I Hate My Son's Girlfriend
American talk show dealing with controversial issues.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Play: The Nature of Game
The significance of playing in developing culture.
7.30
Women and Animals
8.00 The Rhino War
Africa's battle to save one of the oldest surviving land mammals. Poachers have slaughtered 95 per cent of the rhino population.
9.00 Arctic Refuge: A Vanishing Wilderness
Exploring a remote region of Alaska, where oil development threatens to drive herds of caribou away.
10.00 A Man, a Plan and a Canal: Panama
Explore the magnificence of this mighty structure and discover how it changed the course of history.
11.00
Nature's Nightmares: Snake Invasion
11.30 Nature's Nightmares: Snakebite
A fatal animal encounter.
12midnight-1:00:00am
Chesapeake Borne
Chesapeake Bay is home to the people who live on the bay's island and make their living from the Atlantic blue crab.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Here comes the sun: popular holiday destination Southern Florida is explored in 'On Tour'. Travel 2.00pm, 6.30pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 to 1: Sting 10.00 VH1 Upbeat 12noon Ten of the Best: Sting 1.00pm Mills 'n' Tunes 2.00 Greatest Hits of... The Police 3.00 Toyah & Chase 5.00 VH1 to 1: Sting 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 Greatest Hits of... The Police 9.00 VH1 Hits 10.00 The Police Live at the Beatclub 11.00 Talk Music 12midnight Storytellers: Sting 1.00am Sting Live in Oslo 3.00am VH1 Late Shift

The green-fingered Charlotte Hindle offers tips on growing fruit and veg and prepares some mouth-watering dishes using home-grown produce in 'Cook's Garden': Granada Breeze 7.00am, 1.00pm

Thursday 16 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Furniture to Go 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

4.00pm The Diceman
4.30 Top Marques
Lagonda
Enthusiasts tell the story of the British marque founded by a US opera singer.
5.00 First Flights
Airlines – Passengers Join the Jet Age
5.30 History's Turning Points
The Spanish Armada
6.00 Animal Doctor
A programme that follows animal doctors from the RSPCA and other rescuers.
6.30 Dawn of the Dragons
Looks at dinosaurs, crocodiles and alligators.
7.30 Arthur C Clarke's Mysterious Universe
Mysteries of the Sea
8.00 Operation in Orbit
Hubble Telescope: Science Frontiers
NEW Looks at the many problems NASA has faced.
9.00 Shipwreck!
Deadly Harbour
Looks at the New Zealand ferry boat disaster of April 1968, involving 700 people on board *The Wahine*.
10.00 Medical Detectives
The Disappearance of Helle Crafts
10.30 Medical Detectives
11.00 Forensic Detectives
Deadly Chemistry
Forensic experts reveal how they can solve mysterious deaths.
12midnight First Flights
Airlines – Passengers Join the Jet Age
12.30am Top Marques
Lagonda
1.00 Wonders of Weather
Raging Waters
1.30-2.00am Wonders of Weather

SKY SOAP

11.00am Take the High Road
11.30 Emmerdale
Jack Sugden may have to obey Henry Wilks's orders.
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 New Scooby-Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Magic Roundabout 10.45 Thomas the Tank Engine 11.00 Top Cat 11.30 Hong Kong 12noon Bugs 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
More canine sleuthing with Scooby and his nephew.
3.30 Taz-Mania
Antipodean antics.
4.00 Beetlejuice
More madcap fun.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More adventures involving the superhero.
5.30 Cow and Chicken
Fun with the siblings.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.15 Sylvester and Tweety
6.30 The Flintstones
7.00 Batman
More caped crusading from Gotham City.
7.30 The Mask
More green-faced manic antics.
8.00 Scooby-Doo – Where are You?
8.30-9.00pm Wacky Races
Motorised mayhem in jaunty jalopies.

THE HISTORY CHANNEL

4.00pm Battleline: El Alamein
4.30 World War I: The Doomed Dynasties
5.00 Weapons at War: Airships
6.00 Ancient Mysteries: Secrets of the Romanovs
Experience the final days of the Romanov dynasty of Russia.
7.00-8.00pm Four Years of Thunder: Bloody April

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/ Clangers/Mr Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon More favourites from the archives.

3.30 Doug
Doodle the day away with our painfully average hero, Doug.
4.00 Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Prince Carlos of Moldavia wants to meet Jackie.
8.00 Grace Under Fire
Faith moves into a new apartment in the midst of torrential rains.
8.30 Caroline in the City
9.00 Cybill
Comedy about a struggling actress.
9.30 Ellen
At a camp reunion, Paige plots revenge.
10.00 Frasier
Niles fills in for Frasier at the radio station.
10.30 Cheers
Rebecca's father comes to Cheers to bring her home.
11.00 Monty Python's Flying Circus
Classic comedy from the offbeat team.
11.30 Festival of Fun
Comedy sketches.
12midnight Nurses
Medical comedy about a group of over-worked and under-paid nurses.
12.30am It's Garry Shandling's Show
Eighties comedy series about bachelordom.
1.00 Frasier
Cheers spin-off about a phone-in psychiatrist. Stars Kelsey Grammer.
1.30 Cheers
Classic US sitcom starring Ted Danson.
2.00 Caroline in the City
Cartoonist comedy starring Lea Thompson.
2.30 Festival of Fun
Comedy sketch show.
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
LA-based sitcom about a struggling actress and twice-divorced mother.

'Operation in Orbit' reveals how NASA repaired the Hubble telescope in space: Discovery 8.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Vienna Philarmonic Orchestra
7.30 Great Arias
8.00 Virtuoso: Isaac Stern
A profile of one of the greatest musicians of our time, combining documentary with performance.
9.15 Classic Century: The Spanish Civil War
9.30 Dance: Las Bacantes
Flamenco drama based on the play *The Bacchae* by Euripides. The tragedy is recreated using the wail of flamenco song and the staccato sound of the dancers heels.
11.00 Blues Extra: Downchild Blues Band
New Orleans ensemble playing well-known blues standards.
12midnight-1.00am Jazz Greats: Benny Carter
Classic performances from the hugely popular and influential Carter.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
New York, Florida and The Caribbean
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 The Great Escape
2.00 Travel Tips
3.00 Globetrotter
3.30-4.00pm Walker's World

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12.00noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American 11.45 Report 12.30pm Science and Technology 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 3.30 Parliament 4.30 Sky World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.05 Journal 7.30 Journal du Temps 7.35 Q uestions Pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Forts en Tête 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Journal du Temps 12noon La Vie à l'Endroit 1.30pm Check Up 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions Pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Spécial Cinéma Africain 9.00 Journal 9.30 Résumé du Tour de France 9.45 Francofolies de Montréal 10.45 Evoyé Spécial 11.15 Tour de France 11.25 Journal du Temps 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Khiladi 1.00 Badalte Rishte 1.30 FILM 4.00 Ghatan 4.30 Lahu Ke Phool 5.00 Nasal 6.00 Mumkin 6.30 Dard 7.00 Badalte Rishte 7.30 News 8.00 Dekh Bhai Dehk 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Dekh Bhai Dekh 1.00 FILM 4.00 Show Theme 4.30 Lahu Ke Phool 5.00 Classical Music 6.00 Sunhere Pal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Payal No Padkar 6.30 Narsaiyo 7.00 Jaagran 7.30 Business 8.00 News 8.30 Buniyaad 9.00 Antar Na Ekant 9.30 Filmi Bateein 10.00 Amar Bail 11.00 Pot Luck 11.30 Kurukshetra 12noon FILM: Apna Desh 3.00pm Chashme Badoor 3.30 Dastaan 4.00 Campus 54 4.30 Vikraam aur Bentaal 5.00 Aau Ek Minute 5.30 Fairdeal Antakshari 6.00 Banegi Apni 6.30 Lollywood 7.00 Dam Dama Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.00 Hasratein 10.00 Shotgun 10.30 Suspense 11.30-12midnight Horror

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Bath, Doncaster and Leicester, with Simon Holt and Derek Thompson.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 Commons Live 11.00-12midnight Questions from the House

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DIAMOND HEART RING

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*Plus £2.35 per ring for postage and packaging.

Mr/Mrs/Ms _____ *Address* _____

_____ *Postcode* _____ *Telephone No* _____ *Signature* _____

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POST TO: BROOKS & BENTLEY HILDENBROOK HOUSE THE SLADE TONBRIDGE KENT TN9 1JY

Friday 17 July

SKY MOVIES SCREEN 1

6.00am Julia
1977, rating Sky PG, 112 mins
8.00 Stagecoach
1966, rating Sky PG, 109 mins
9.55 Jumanji
Children's action adventure. Text
1995, rating Sky PG, 100 mins
11.40 Race the Sun
Fact-based classroom drama. Text
1996, rating Sky PG, 96 mins
1.20pm Stagecoach
1966, rating Sky PG, 109 mins

3.10 In Like Flynn
Jenny Seagrove, Robert Webber, Eddie Albert, Murray Cruchley, William Conrad, Laura Press, Dennis Strong
Adventure in which a book editor leads a double life as the author for whom she claims to work – a ruse that gets her into all kinds of scrapes. *1985, rating Sky PG, 91 mins*

5.00 Jumanji
Robin Williams, Kirsten Dunst, David Alan Grier, Bonnie Hunt, Bebe Neuwirth, Bradley Pierce
Fantasy adventure. Two kids unwittingly free a man who has been trapped within a mystical board game for 26 years. He is determined to rescue his childhood friend, which means going back into the game. Text
1995, rating Sky PG, 100 mins

7.00 Race the Sun
Halle Berry, James Belushi, Bill Hunter, Casey Affleck
Fact-based classroom drama. A teacher at Kona Pali High transforms the attitudes of low-income, multi-ethnic pupils, by encouraging them to design, build and race a special solar-powered car across the Australian sub-continent. *1996, rating Sky PG, 96 mins*

9.00 Getting Away with Murder
Dan Aykroyd, Bonnie Hunt, Lily Tomlin, Jack Lemmon
PREMIERE Comedy in which an ethics professor takes the law into his own hands after discovering that his neighbour was a Nazi war criminal. *1996, rating Sky 15, 87 mins*
10.30 Movie Show
Hosted by Richard Jobson.

11.00 Blonde Heaven
Julie Strain, Raelyn Saalman
PREMIERE Vampire drama in which a modelling and escort agency turns out to be a front for vampires. *1994, 78 mins*
12.35am Code Name: Wolverine
Antonio Sabato Jr, Traci Lind
1996, rating Sky 15, 87 mins
2.10 Americanski Blues
Wayne Crawford, William Katt
1994, rating Sky 15, 93 mins
3.50-5.45am Crazy Horse
Western adventure. Last Play
1996, rating Sky 15, 89 mins

SKY MOVIES SCREEN 2

6.00am Terror in a Texas Town
1958, rating Sky PG, 77 mins
7.30 French Line
Jane Russell, Gilbert Roland
1954, rating Sky U,102 mins
9.30 Lillian Russell
Don Ameche, Alice Faye
1940, rating Sky U, 122 mins
12noon August
Anthony Hopkins, Leslie Phillips
1995, rating Sky PG, 89 mins
2.00pm French Line
Jane Russell, Gilbert Roland, Arthur Hunnicutt, Craig Stevens, Mary McCarty, Steven Geray
Musical, originally shot in 3-D, about a buxom Texan woman and her amorous adventures in Paris.
1954, rating Sky U,102 mins

4.00 Terror in a Texas Town
Sterling Hayden, Carol Kelly, Sebastian Cabot, Ned Young
Western in which a man arrives home in Texas to find that the locals are being terrorised by a property developer, who is forcing everyone to sell their oil-rich land. The film boasts a terrific shoot-out finale. *1958, rating Sky PG, 77 mins*
6.00 August
Anthony Hopkins, Kate Burton, Leslie Phillips
Drama based on Chekhov's Uncle Vanya, about an ageing alcoholic who realises that life may well have passed him by when he is visited by a professor and his wife. *1995, rating Sky PG, 89 mins*
7.30 UK Top Ten
The most popular British films.
8.00 When Time Expires
Richard Grieco, Cynthia Geary, Mark Hamill, Tim Thomerson
Science fiction thriller. Travis Burns has been sent back in time with orders to place a quarter in a parking meter in the town of Lanston, Texas – an act which will somehow save the world. However, a local woman takes an interest in his sudden appearance. *1997, 93 mins*
10.00 Copycat
Sigourney Weaver, Holly Hunter, Dermot Mulroney, William McNamara, Harry Connick Jr
Shocking thriller. A criminal psychologist, who once specialised in the behaviour of serial killers but now lives as a recluse, is asked for help by a woman police detective, who is on the trail of a serial killer. Text
1995, rating Sky 18, 118 mins
12.05am A Thin Line Between Love and Hate
Martin Lawrence, Lynn Whitfield
1996, rating Sky 18, 103 mins
1.55 Original Gangstas
Fred Williamson, Pam Grier
1996, rating Sky 18, 99 mins
3.40-5.35am A Modern Affair
1994, rating Sky 15, 91 mins

Lily Tomlin and Dan Aykroyd star in 'Getting Away with Murder': Sky Movies Screen 1 9.00pm

SKY MOVIES GOLD

4.00pm The Sea Wolves
Gregory Peck, Roger Moore, David Niven, Trevor Howard, Barbara Kellerman
Light-hearted adventure. A retired unit of polo-playing British soldiers are recruited back into action when the Germans cruise into Goa harbour – their aim being to destroy the enemy's radio transmitter. *1980, rating Sky PG, 115 mins*
6.00 The Secret of My Success
Michael J Fox, Helen Slater, Margaret Whitton, Fred Gwynne
Career-climbing comedy in which Brantley Foster, a kid from Kansas, comes to New York to conquer the business world. Soon he manoeuvres his way from the mailroom to the boardroom in a matter of weeks.
1987, rating Sky PG, 106 mins
8.00 U2 – Rattle and Hum
Documentary featuring the top Irish rock band in the wake of their hugely successful album *The Joshua Tree*. As they tour America, they visit the original Sun Studios in Memphis and sing with BB King. Tracks include *Angel of Harlem, I Still Haven't Found What I'm Looking For* and *Bullet the Blue Sky*.
1988, rating Sky 15, 95 mins
10.00 Die Hard
Bruce Willis, Alan Rickman, Bonnie Bedelia, Alexander Godunov, Reginald Veljohnson
Top-notch action adventure. A New York cop finds himself stuck in a hi-tech office block with a gang of international criminals. Slowly but surely, he must use brains and brawn to eliminate them one-by-one. *1988, rating Sky 18, 127 mins*
12.10am Power
Richard Gere, Julie Christie
1986, rating Sky 15, 106 mins
2.00 Alien Nation
James Caan, Terence Stamp
1988, rating Sky 18, 86 mins
3.30-5.10am The Adventures of Ford Fairlane
1990, rating Sky 18, 98 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm WCW Nitro on TNT
An hour of the latest WCW wrestling action from the US.

11.00 Pat Garrett and Billy the Kid
James Coburn, Richard Jaeckel, Kris Kristofferson, Bob Dylan
Sam Peckinpah's violent elegy for the passing of the Old West.
1973, 122 mins
1.10am Ride the High Country
Randolph Scott, Joel McCrea
Bittersweet Western. *1962, 89 mins*
2.45-5.00am Pat Garrett and Billy the Kid
James Coburn, Kris Kristofferson
Sam Peckinpah's violent Western.
1973, 122 mins

SKY ONE

7.00am Tattooed Teenage Alien Fighters from Beverly Hills 7.30 Games World 7.45 The Simpsons Text **8.15 The Oprah Winfrey Show 9.00 Hotel 10.00 Another World 11.00 Days of Our Lives 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**
I Was a Nerd but Look at Me Now

3.00 Jenny Jones
Her Eating Disorder is Destroying Our Lives
On today's show, men seek to help their wives overcome their eating disorders.
4.00 The Oprah Winfrey Show
Another chat-filled episode of this top-rated talk show featuring the diva of daytime television and a studio audience.
5.00 Star Trek: Voyager
Cold Fire
The crew is hailed by Ocampa colonists on an alien space station who lead them to the mate of the Caretaker. Text
6.00 The Nanny
I've Got a Secret
Maxwell keeps his guest secret.
6.30 Married... With Children
The Worst Noel Text
7.00 The Simpsons
Sweet Seymour
Bart manages to have Principal Skinner fired. Text
7.30 Real TV
Amazing video footage.
8.00 Highlander: The Series
For Tomorrow We Die
MacLeod meets an Immortal who has lived lavishly through robbing and killing.
9.00 Walker, Texas Ranger
99th Ranger
Action adventure series. Walker helps a woman realise her dream of becoming a Ranger. Text
10.00 Cops
Las Vegas
Real-life police action.
10.30 Cops
Real-life police action.

11.00 Star Trek: Voyager
Cold Fire
The crew is hailed by Ocampa colonists on an alien space station who lead them to the mate of the caretaker.
12midnight Nash Bridges
Till Death Do Us Part
Nash has to deal with the fact that Joe may have 72 hours to live after being exposed to a deadly virus.
1.00-7.00am Long Play
A variety of rock, indie, R&B and dance tracks, as well as the week's top 20 singles and top 10 albums.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy – the Borg. Starring Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
Comedy in which two mismatched people fall in love. Stars George Clooney
1997, Sky PG, 123 mins
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm,

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

3.25 The Bill
Bait
Officers are no closer to finding the assassin, so June Ackland goes back out on the streets.

3.55 Dangerfield
When Johnny Sutherland, an SAS man, is found dead in a shallow grave, Ken is on the hunt for a professional killer.

4.55 EastEnders
Everyday drama with the Walford's cockney folk in the square.

5.30 Wowfabgroovy
DJ Russ Williams presents the gameshow where celebrities battle it out in a nostalgic quiz.

6.00 All Creatures Great and Small
Pride of Possession
James administers new hormonal treatment to a small dog.

7.00 2point4 Children
I'm Going Slightly Mad
Bill fills her time by reading magazine problem pages.

7.40 Waiting for God
News comes through that Bayview is to have a royal visit.

8.20 Dad's Army
The Day the Balloon Went Up
The platoon captures a runaway barrage balloon. Stars Arthur Lowe.

9.00 Whatever Happened to the Likely Lads?
No Hiding Place
Bob and Terry are waiting to see a football match on TV.

9.40 Minder
Another Bride, Another Groom
The last thing Arthur wants to do on his niece's wedding day is to shift a consignment of pornographic magazines.

10.45 Rising Damp
That's My Boy
Rigsby has two surprise arrivals.

11.20 The Bill
All Tucked Up
Ackland faces painful memories.

11.50 The Bill
Bait

12.20am
FILM: The Creeping Flesh
Christopher Lee, Peter Cushing
Gothic horror. *1973*

1.55 100 Years of Horror
Scream Queens

2.25 The Jack Dee Show

2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Mysteries, Magic and Miracles 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifestyle magazine show featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, former star of *The Cosby Show*.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion.

7.00 Rescue 911
Real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles
Baffling stories and events.

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone, Joseph Ziegler and Jovanni Sy.

9.00 FILM: Touch of Truth
Patty Duke, Melissa Gilbert, Bradley Perce
Thoughtful drama. An autistic boy who has never been able to talk to others learns to communicate through a keyboard. At first his mother and teacher are thrilled – but the boy's first message is a cry for help and it transpires that something is very wrong. *1994*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
A Red Red Rose for Ever
A red rose has a dangerously prickly thorn for Jason King when it identifies him as a hired killer. Guest starring Isla Blair.

4.00 Hawaii Five-0
King of the Hill
Austin, a young marine, suffers a psychotic breakdown which causes him to believe he is back in the battle zone in Vietnam.

5.00 Hart to Hart
The Dog Who Knew too Much
The Harts are stalked by dangerous industrial spies after they are entrusted with a dog carrying a biogenetic formula.

6.00 Emmerdale
Yorkshire soap.

6.30 Classic Coronation Street
Emily is stunned by the news that Arnold's wife is still alive.

7.00 Surgical Spirit
When a fellow surgeon gets his photo in the paper, Sheila Sabatini takes a moral stand.

7.30 The Fenn Street Gang
Meet the Wizard

8.00 Dempsey & Makepeace
Tequila Sunrise
Dempsey and Makepeace are out to nail Sid Lowe, a vicious gang boss.

9.00 Classic Coronation Street

9.30 Hale and Pace

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Foo Foo's Party Night
A night of Mancunian cabaret.

11.30 Studs
Football fanzine.

11.50 Lord Lust's Lovelies

12midnight Bikini Babes
Featuring bikini contests from hot spots in New York, California and Florida.

12.30am
Bigger Better Battling Babes

1.00 E! In Focus
Sexy Men – What Women Want

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 New Adventures of Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 New Adventures of Winnie the Pooh

3.00 The Making of the Little Mermaid
A look behind the scenes.

3.30 Aladdin – The Series
The continuing adventures of the young hero. Text

4.00 101 Dalmatians
Canine capers and doggy deeds.

4.30 Recess
Animated series from the creators of *Rugrats*. Text

4.45 Pepper Ann Text

5.00 Smart Guy
The young guy needs a special school.

5.30 Brotherly Love
The Comic Con
It's convention time. Text

6.00 Teen Angel
Steve, Marty, Jordan and Uncle Lou

6.30 Boy Meets World
My Best Friend's Girl
Topanga and Cory unite. Text

7.00 FILM: Tall Tale: The Unbelievable Adventures of Pecos Bill
Patrick Swayze, Oliver Platt, Scott Glenn, Roger Aaron Brown
Three heroes come to the rescue of a young frontier boy whose family's way of life is threatened by greedy rail barons. *1995*

8.30 The Wonder Years
Little Debbie Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, You've Got Nine Lives
Wayne worries about the ethics of his virtual reality device. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Japaneasy 10.30 A Taste of the Caribbean 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Slice of Life 1.00 Food for Thought 1.30 Cooking with Mosimann 2.00 Alive and Cooking 2.30 Food Network

3.00 Frances Bissell's Westcountry Kitchen 3.30 Coxon's Kitchen College 4.00 Ideal Home Cooks 4.30-5.00pm Planet Nosh
Cookery show for kids.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.

6.00 Byker Grove
Barney and Frew clash with Denton Burn.

6.30 Pull the Other One
Paul Coia hosts the celebrity gameshow.

7.00 Rising Damp
All Our Yesterdays
There is a new, granite-muscled tenant in the house.

7.30 Desmond's
Shimmer and Shine

8.00 Blue Heelers
Only One Withdrawal
As bush fires isolate Mt Thomas from the outside world, Maggie and Wayne are taken hostage by two criminals.

9.00 Love Hurts
Tracks of My Tears
Tessa and Frank are forced to reconsider their future together as the gulf between them widens even further.

10.00 Safe and Sound
Malpractice
Comedy series.

10.30 US and Them
The Dating Game

11.00 Boon 12midnight The Big One

12.30am Comedy Company

1.00-2.00am Free Frenchman

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Formula One Memorabilia at 11.00pm.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

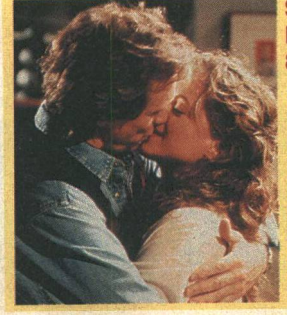
FILM

Getting Away with Murder
Sky Movies Screen 1 9.00pm
Comedy premiere starring Dan Aykroyd as an ethics professor who discovers that his neighbour (Jack Lemmon) is a Nazi war criminal. Not much to laugh about, it seems, but the twist comes when the neighbour is killed and Dan realises he was innocent. What does he do now?

GENERAL

Wild Ireland
Travel Channel 2.30pm, 10.00pm
Even watching a TV programme about Ireland makes you feel relaxed. This one takes you through Kerry and Cork, with mountaineer Dermot Somers. In this final show of the series, Dermot heads down Sauce Creek to find the last field on the edge of the world.

ADVERTISEMENT



SIDE EFFECTS 8.00PM

living

Back by popular demand for another showing is the gritty Australian drama *Side Effects*. Set in the Kingsview Health Clinic, the drama follows the triumphs and tragedies of the doctors, their profession, their patients and their lives.

Friday 17 July

EUROSPORT

6.00 AM – MORNING

7.30am Athletics
9.00 Cycling
11.00 Motorsports
12noon
Motorcycling – LIVE
Coverage of the 125cc qualifying practice for the German Grand Prix.
1.00pm Motorcycling – LIVE
The 500cc qualifying practice for the German Grand Prix.
2.00 Cycling – LIVE
Coverage of the sixth stage of the Tour de France, which covers a distance of 210km, passing through the towns of La Chatre, Brive and La Gaillarde.

3.00 PM

4.00 PM

4.05 Motorcycling
Coverage of the 250cc qualifying practice for the World Championship's German Grand Prix in Sachsenring.

5.00 PM

5.15 Motorcycling
Coverage of the German Grand Prix, held in Sachsenring on Sunday. Last year, the German Grand Prix was held in Nuerburgring, where Italian Valentino Rossi won the 125cc, Japanese Tetsuya Harada won the 250cc and Australian Michael Doohan won the 500cc event.

6.00 PM

7.00 PM

7.00 Truck Racing
Coverage of this year's Europa Truck Trial in Mohelnice, in the Czech Republic.

8.00 PM

8.00 Cycling
Coverage of the sixth stage of the Tour de France, which covers a distance of 210km through the towns of La Chatre, Brive and La Gaillarde.

9.00 PM

10.00 PM

10.00 Motorcycling
Coverage of the struggle for Sunday's pole position in the German Grand Prix, including interviews with the champions.

11.00 PM

11.00 Extreme Sports
Coverage of the X-Games Trials, held between 21 June and 4 July, including bicycle stunts, in-line skating and skateboarding.

12.00 – NIGHT TIME

12midnight-12.30am Mountain Bike
Coverage of the Grundig/ UCI World Cup in Canmore, Alberta, Canada.

SKY SPORTS 1

7.00am Sky Sports Centre 7.15 World Wrestling Federation – Superstars 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Irish Showjumping 10.00 Ford Cup Special: Story of the FA Cup 12noon Aerobics 12.30pm Tales from the Premiership: One Hit Wonders 1.00 Futbol Mundial 1.30 Rebel Sports 2.00 Watersports World

3.00 Formula 3

3.30
Irish Showjumping
Action from the Irish Showjumping Grand Prix in County Wicklow.

4.00
Equestrianism: Spruce Meadows – Canadian Pacific World Cup
Action from Spruce Meadows in Canada.

6.00
Sky Sports Centre

6.30 Tales from the Premiership: Made in Sheffield

7.00 Gillette World Sport Special

7.30
Super League on the Road: Halifax v Sheffield – LIVE
Coverage from Northampton, where Halifax go head to head with Sheffield. After a poor end to last season, the Blue Sox have signed Aussie full-back Damien Gibson and Kiwi second-row Gary Mercer to boost their chances. Presented by Eddie Hemmings and Mike Stephenson.

10.00
Sky Sports Centre

10.15 Tales from the Premiership: Made in Sheffield

10.45 Petrolheads
Racing car excitement from the trackside.

11.45
Sky Sports Centre
Tune in for the latest sports coverage.

12midnight Wild Spirits 12.30am Rebel Sports 1.00 World Wrestling Federation – Raw 3.00 Tales from the Premiership: Made in Sheffield 3.30 Gillette World Sports 4.00 Super League: Halifax v Sheffield 5.30-6.00am Formula 3

SKY SPORTS 2

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership: One Hit Wonders 8.45 Sky Sports Centre 9.00 Tight Lines 10.00 Ford Golf USA: Deposit Guaranty Golf Classic
Repeat from Thursday
12noon Petrolheads 1.00pm Tennis: Davis Cup Quarter-Final: Germany v Sweden – LIVE
First day action from the Davis Cup tennis tournament, as Germany meet the highly-rated Swedish side in a quarter-final. Both sides are determined to reach the last four of the most prestigious men's team event in world tennis.

7.00 The Winning Post: Newmarket and Pontefract – LIVE
Jeff Stelling presents horse racing action from Newmarket and Pontefract. The Newmarket races are at 7.00, 7.30, 8.00 and 8.30, while the Pontefract races feature at 6.45, 7.10, 7.40, 8.10 and 8.40.

9.00 Ford Golf USA: Deposit Guaranty Golf Classic
Second day highlights as some of the finest golfers on the PGA Tour meet at the Annandale Golf Club in Madison, where they chase the Deposit Guaranty Golf Classic.

11.30 Inside the Senior PGA Tour
Experience life behind the scenes with the legends of the Seniors' Tour.

12midnight Fastrax 12.30am Sky Sports Centre 12.45 Gillette World Sport Special 1.15 Tales from the Premiership: Made in Sheffield 1.45 Sky Sports Centre 2.00 Tennis: Davis Cup Quarter-Final: Germany v Sweden 4.00-6.00am Equestrianism

SKY SPORTS 3

12noon Trans World Sport
Bringing you the latest, groundbreaking sports stories from across the world.
1.00pm Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.
2.00 Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies are joined by a football legend, who looks back at some of the key matches in his career.

3.30 Petrolheads
The ultimate racing show that informs and educates as well as entertaining the country's racing clubs.
4.30 Rebel Sports
Off-the-wall coverage of maverick sports stars who ignore convention.
5.00
Trans World Sport
Coverage from powerlifting and golf to football and ice hockey, with features, gossip and sports news.
6.00 Wild Spirits
Extreme sports events.
6.30 Inside the Senior PGA Tour
Life behind the scenes with the Seniors' Tour.
7.00
Watersports World
A guide to top action on the water, including powerboating, jet skiing, water-skiing and canoeing.
8.00 Tennis: Davis Cup Quarter-Final: Germany v Sweden
The best of the action from the Davis Cup tennis tournament, as Germany meet the Swedish side in the quarter-final. Both sides are determined to reach the last four of the most prestigious men's team event in world tennis.
10.00-12midnight World Wrestling Federation – Raw
Jim Ross and Michael Cole present coverage from the World Wrestling Federation circuit, as competitors battle it out on the canvas.

TROUBLE

12noon Sweat
Teenage drama series about a group of talented athletes.
12.30pm Heartbreak High
Hard-hitting drama series.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Chester-based soap.
2.30 It's in the Jeans
Snowboarding
2.45 On the Make

3.00 Sweat
Teenage sports drama with Martin Henderson.
3.30 Ready or Not
First Date
Canadian teen drama.
4.00 Fresh Prince of Bel Air
Starring Will Smith.
4.30
Saved by the Bell: The College Years
5.00 Hollyoaks
Chester-based soap starring Jeremy Edwards.
5.30
California Dreams
Rock 'n' roll sitcom.
6.00 Hang Time
Earl Makes the Grade
Stars Daniella Deutscher.
6.30 Blast
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Road Games
An ex-gambler and his daughter are threatened with eviction by a vicious gaming boss.
9.00 Real Stories of the Highway Patrol
Real-life drama with US police officers.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
Novelty strip show.
10.30
Red Shoe Diaries
Hotline
11.00 FILM: Cemetery High
Karen Nielson, Ruth Collins
Thriller. Feminist vigilantes wipe out a town's sex offenders. *1989*
1.00am
Beverly Hills Bordello
1.30 FILM: Def by Temptation *1990*
3.30 Twisted
4.00 Beverly Hills Bordello
4.30 Italian Stripping Housewives
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Honeymoon Express
Sam must prove his existence in the past by altering a historic event. Stars Scott Bakula.
4.00 Space Precinct
Illegal
A crooked fight promoter uses a powerful drug to turn a frightened alien into a savage predator.
5.00 Amazing Stories
Such Interesting Neighbours
5.30 SF Scene
A look behind the scenes of the film *Godzilla*.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Journey to the Oasis – Part II
More fantasy adventures starring Gil Gerard.
8.00 Quantum Leap
Runaway
Sam leaps into the body of a 13-year-old boy and the middle of a family crisis. Starring Scott Bakula.
9.00 PSI Factor – Chronicles of the Paranormal
The Curse/ Angel on a Plane
Starring Paul Miller.
10.00
FILM: Firestarter
Drew Barrymore, George C Scott, Martin Sheen, Louise Fletcher
Supernatural thriller. A little girl, whose parents have acquired unusual mental powers as a result of a government experiment, is able to set objects on fire. *1984*
12midnight Sightings
With Tim White.
1.00am
The Six Million Dollar Man
Nuclear Alert
2.00 Friday the 13th
3.00
Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Motorcycling – LIVE
Eurosport: throughout the day

From Sachsenring in Germany comes the ninth race of the Grand Prix season in the 125cc, 250cc and 500cc classes, but this circuit will create some new problems for the racers as it was last used for a world championship race way back in 1972, when motorcyclists like Italy's Giacomo Agostini were winning. The original 8.6 kilometre race track has been cut by over half, but its current 3.56 kilometre length should provide great racing. Last year's German Grand Prix winners will have it all to do to prove their credentials.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Suburban Tales
12.20
The ...-O-Gram Girl
12.45 FILM: Adult Featue
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Jane's World
2.25
FILM: Young Nurses in Lust
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Ice Castings
Erotic programme.
12.25 Girls About Town
12.40 French Teaser
12.50 FILM: Hollywood Spa
Serenity, Jill Kelly, Felecia
Erotic film. An overworked actress needs some rest and recuperation. *1997*
2.15 Electric Blue
Sex in Oz
3.15-5.00am Girls Night In
Stars Lola Teguise.

HVC

CABLE EXCLUSIVE

8.00pm
FILM: Challenge the Wind
Mark Whittington
Sporting drama.
9.25 FILM: Roughcut
Richard Lynch
A DJ is thrown into the world of diamond smuggling.
11.00 Bodacious Beauties
11.55-12midnight
Private Moments

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
Win great prizes.
6.30
Sale of the Century
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and challenges in a giant fantasy world.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross puts more madcap contestants through torturous games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name That Tune
Jools and his Rhythm and Blues Orchestra play the music.
11.40 Prize Time
12midnight Roll with It!
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
The Fire Boy
4.00 Motormouth
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie Detector 10.30 Body Heat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30
What's in the Box
3.45 BodyHeat
Exercise show.
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared judge presides over another case.
5.00 Agony
Help and advice for troubled souls is at hand.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
6.30 Dial-a-Doc
Phone-in programme.
6.45
What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Another tough case.
9.00 Dog Night LIVE
Top racing action from Walthamstow and Wolverhampton.
10.00 Topless Darts
More shapely throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Saucy late night offering.
12midnight Janeycam
12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am Catwalk Show 11.30 Real Gardening Show 12.30pm Movies, Games & Videos 1.30 Cinema, Cinema, Cinema 2.30 Album Show
More classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
4.30
The Catwalk Show
Some of the world's most beautiful models strut their stuff.
5.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
6.30 The Album Show
Countless classic tunes from all the best bands and artists.
7.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
8.30
Real Gardening Show
Green-fingered tips.
9.30
The Catwalk Show
Some of the world's most beautiful models strut their stuff.
10.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
11.30
The Album Show
More classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm Dancefloor Chart
The coolest club cuts.
3.00 Ultimate Top 10 Floorfillers
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
5.30 MTV News Weekend Edition
6.00 Dancefloor Chart
The latest club tracks with June Sarpong.
7.00 Partyzone
The latest club music and news with Simone Angel.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Hot
Happening news, videos and gossip with Justin Lee Collins.
11.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
12midnight Singled Out
Dating game with *Baywatch* babe Carmen Electra.
12.30am Loveline
Love advice from Adam Carolla and Dr Drew Pinsky.
1.00 Club Mix
3.00 Partyzone
5.00-7.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon
Travel Live Stop the Week
1.00pm Pathfinders
Mount Orizaba
1.30 Origins with Burt Wolf
Cruising Alaska
2.00 On Tour
Portugal
2.30 Wild Ireland
The End of the Road
3.00
Of Tales and Travels
Mandinga and the Dogon Countries, Africa
Visits the Djenne mosque and the River Niger.
4.00
The Great Escape
The Golden Trail of Buddha
4.30 Australian Gourmet Tour
Dining in the Country
5.00 Pathfinders
Mount Orizaba
Scaling Mexico's Pico de Orizaba.
5.30 Travel Trails
Staffordshire
6.00 Origins with Burt Wolf
Cruising Alaska
6.30 On Tour
Portugal
Visits Lisbon.
7.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis romp full speed through another edition of the entertainment show.
8.00 Go Greece
Macedonia – Halkidiki and Athos
8.30 The Flavours of France
Gard
9.00 Going Places
Reliving the Civil War
Slip on the epaulettes, grab hold of the antique gun and sleep in an old army tent.
10.00 Wild Ireland
The End of the Road, Kerry and Cork
10.30 Floyd on Oz
Western Australia
Keith Floyd down under.
11.00-12midnight Travel Live Stop the Week
Judi Spiers and Gareth Davis present the entertainment show.

GRANADA BREEZE

6.00am E! Celebrity Profile 7.00 Roddy Llewellyn's Indoor Garden 7.30 Young Chefs 8.00 The View 9.00 Sally Jessy Raphael 10.00 Thirtysomething 11.00 E! Celebrity Profile 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 The Fast Food Show 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
I Won't Let Her Break Up with Me
American talk show deals with relationship issues.
5.00-6.00pm Livetime
Magazine programme covering all aspects of health, beauty, fashion, food and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Sanctuary
Visits Kapiti Island, one of the oldest sanctuaries in New Zealand.
7.30 Freeze Frame: An Arctic Adventure
8.00 Tim Severin's the China Voyage: Across the Pacific by Bamboo RAF
Sailing the Pacific on a bamboo raft.
9.00 Amazon Bronze
Sculptor Felipe Lettersten travels into the Amazon.
9.30 John Harrison – Explorer
On Brazil's Jari River.
10.00
Night Wild: Pandas – A Giant Stirs
Takes an all-embracing look at the nature of the giant panda.
11.00
Night Wild: Zebras – Patterns in the Grass
Watch these strange striped horses during their 300-mile African migration.
12midnight-1.00am Night Wild: The Urban Gorilla
Explores the types of conditions in which these animals live and the effects that captivity has on them.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

The lives of captive lowland gorillas are the subject of 'The Urban Gorilla': National Geographic Channel 12midnight

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Pepsi & Shirlie 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Party Hits 10.00 Ten of the Best: Andy Bell 11.00 Around and Around 12midnight The Friday Rock Show 2.00am The Genesis Archive 1967-1975 3.00-7.00am VH1 Late Shift

Donna Air is on hand to play your personal poptastic favourites on the video jukebox show 'Select MTV': MTV 4.00pm

Friday 17 July

MORNING

DISCOVERY HOME & LEISURE

6.00 AM
9.00am Joy of Painting 9.25 Home and Leisure 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again 1.00 Cookabout 1.30 Furniture to Go 2.00 This Old House 2.30 Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

DISCOVERY

3.00 PM
4.00pm The Diceman
The Diceman continues his journey and visits the Turkish baths in Harrogate.
4.30 Top Marques
Chrysler
5.00 PM
5.00 First Flights
The Big Bombers
5.30 History's Turning Points
The Search for Troy
The myth of ancient Troy.
6.00 PM
6.00 Animal Doctor
Following the work of doctors from the RSPCA.
6.30 Giant Grizzlies of the Kodiak
Wild Discovery
7.00 PM
Examining the great brown bears of Alaska.
7.30
Arthur C Clarke's Mysterious Universe
At Death's Door
8.00 PM
8.00 Lonely Planet
Indonesia
Mark Crowdy starts his Indonesian journey in Bali, then heads off to Lombok and the eastern islands.
9.00 PM
9.00 Shipwreck!
Titanic: Untold Stories
Historian Charles Haas descends into the depths of the Atlantic to explore the sinking of the Titanic.
10.00 PM
10.00 Adrenalin Rush Hour! The Fastest Car on Earth
Breaking the sound barrier is one of the last great feats to accomplish.
11.00 PM
11.00
A Century of Warfare
Aggression by Germany, Italy and Japan brought on the outbreak of another war.
12.00
12midnight First Flights
The Big Bombers
A look at how the Cold War spurred the development of long-range bombers.
12.30am Top Marques
1.00 Medical Detectives
1.30-2.00am
Medical Detectives

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Jack is on the brink of a not-so-secret affair with Karen Moore.

CARTOON NETWORK

5.00am Omer 5.30 Fruitties 6.00 Blinky Bill 6.30 Thomas 6.45 Magic Roundabout 7.00 New Scooby Doo 7.15 Taz-Mania 7.30 Road Runner 7.45 Dexter 8.00 Cow and Chicken 8.15 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas 10.30 Magic Roundabout 10.45 Thomas 11.00 Top Cat 11.30 Hong Kong Phooey 12noon Bugs and Daffy 12.30pm Popeye 1.00 Droopy 1.30 Tom and Jerry 2.00 Yogi Bear 2.30 Jetsons

3.00 Scooby and Scrappy-Doo
Canine crime-busting with Scooby and Scrappy.
3.30 Taz-Mania
Antipodean animation.
4.00 Beetlejuice
Ghoulish animation.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More animated fun with the superhero with a superego.
5.30
Cow and Chicken
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.15
Sylvester and Tweety
6.30 The Flintstones
7.00 Batman
Caped crusading from Gotham City.
7.30 The Mask
Animation based on the hit movie.
8.00 Scooby Doo – Where are You?
8.30-9.00pm
Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.

THE HISTORY CHANNEL

4.00pm Battleline: Malta
4.30 World War I: Atrocity – 1914
5.00 History Encore: Seven Wonders of the Ancient World
7.00-8.00pm
Four Years of Thunder: Winged Victory
A look at how, with no American combat aircraft and inexperienced pilots, victories for the American forces were hard to achieve.

NICKELODEON

6.00am Count Duckula 6.30 The Littlest Pet Shop 7.00 Hey Arnold! 7.30 Rugrats 8.00 Doug 8.30 Oscar's Orchestra 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Clangers/Mr Men/Lizzie's Library/Bod 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Franklin 2.00 Papa Beaver 2.30 Children's BBC on Nickelodeon
Classic animation from the BBC archives.

3.30 Doug
Doodle the day away with our painfully average hero, Doug.
4.00
Pippi Longstocking
4.30 Rugrats
Fun with the tousle-headed nippers with the over-fertile imaginations.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera.
5.30 Kenan & Kel
Teen comedy.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Roseanne and Jackie check into a health spa.
8.00 Grace Under Fire
Grace makes a play for a hunky baseball player.
8.30
Caroline in the City
NEW SERIES
9.00 Cybill
Cybill Shepherd stars in this sophisticated comedy.
9.30 Ellen
Ellen orders her father to move in with her.
10.00 Mr Don and Mr George
10.30 Cheers
Sam attempts to buy back his old corvette at a bargain price.
11.00 Monty Python's Flying Circus
Vintage surreal humour.
11.30 Food Fight
A saucy new food quiz with Sara Cox.
12midnight Nurses
Medical comedy featuring a group of under-worked and over-paid nurses.
12.30am It's Garry Shandling's Show
Garry deals with single life in the Eighties.
1.00
Mr Don and Mr George
The duo take daring steps through Nineties comedy.
1.30 Cheers
Sam attempts to buy back his old corvette at a bargain price.
2.00 Caroline in the City
Starring Lea Thompson.
2.30 Food Fight
A saucy new food quiz with Sara Cox.
3.00 Roseanne
Roseanne and Jackie check into a health spa.
3.30-4.00am Cybill
Comedy about a struggling actress and twice-divorced mother.

Moray Hunter and Jack Docherty star in 'Mr Don and Mr George': Paramount Comedy Channel 10.00pm, 1.00am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Inside Hollywood
7.30 European Concert: Ton Koopman Conducts Mozart
8.00 Jazz Greats: Benny Carter
A documentary featuring classic performances from the hugely popular Carter.
9.00 Previn on Mozart: Vienna
André Previn tours Europe to trace the key events in Mozart's life. Tonight he visits Vienna.
10.00 Arts Council Showcase: Moving Stills
A film examining the power of the still image, presented by Lord Gowrie.
11.00 The Chieftains with the Boston Pops Orchestra
A series of celebrity concerts. Tonight featuring the irish folk band.
12midnight-1.00am
Midnight Jazz: Jelly Roll Morton
With some of the world's coolest jazz sounds.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30
Great Houses of Europe
2.00 Travel Tips
3.00 Globetrotter
3.30-4.00pm
Sky Destinations
Amsterdam

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Earth 1.15 Asia 1.30 Business 3.30 Sport 4.30 Europe 5.00 Larry King 6.45 America 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.30 Q&A 2.00 Larry King 3.00 7 Days 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12.00noon Sky News Today 2.30pm Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal 7.35 Questions pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Viva 9.45 7 Jours en Afrique 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Journal 12noon Tempêtes 2.00pm Temps Présent 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Fiesta 9.00 Journal 9.30 Résumé du Tour de France 9.45 Pour la Gloire 11.15 Résumé du Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Mornings Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Music Challenge 4.30 Faujie 5.00 Nashaib 5.30 Shaque 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 Edit 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 Fauji 4.30 Swabimaan 5.00 Cultural Heritage 6.00 Music Time 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Majboor 6.30 Lollywood 7.00 Jaagran 7.30 Aap Ki Adalat Aap Ka Faisla 8.00 News 8.30 Buniyaad 9.00 Bharat Ek Khoj 10.00 Red Card 11.00 Zaike Ka Safar 11.30 Kurukshetra 12noon FILM: Yadoon Ki Kasam 3.00pm Hasratein 4.00 Campus 4.30 It's My Choice 5.00 Zee Zone 6.00 Banegi Apni Baat 6.30 Fun Filmi Style 7.00 Chasme Baddoor 7.30 Entertainment 8.00 News 8.30 Parampara 9.00-12midnight FILM: Sunny Deol Ram Avtar

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
Coverage from Newbury and Southwell with John Hunt and Mark Slater.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Winning Ways 5.00 Chronicles of Revival 5.30 Good News 6.00 River of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Jack Hayford/ Derek Prince 9.30 Life in the Word 10.00 In Times Like These 10.30 John Avanzini 10.40-11.00am Good Morning Europe

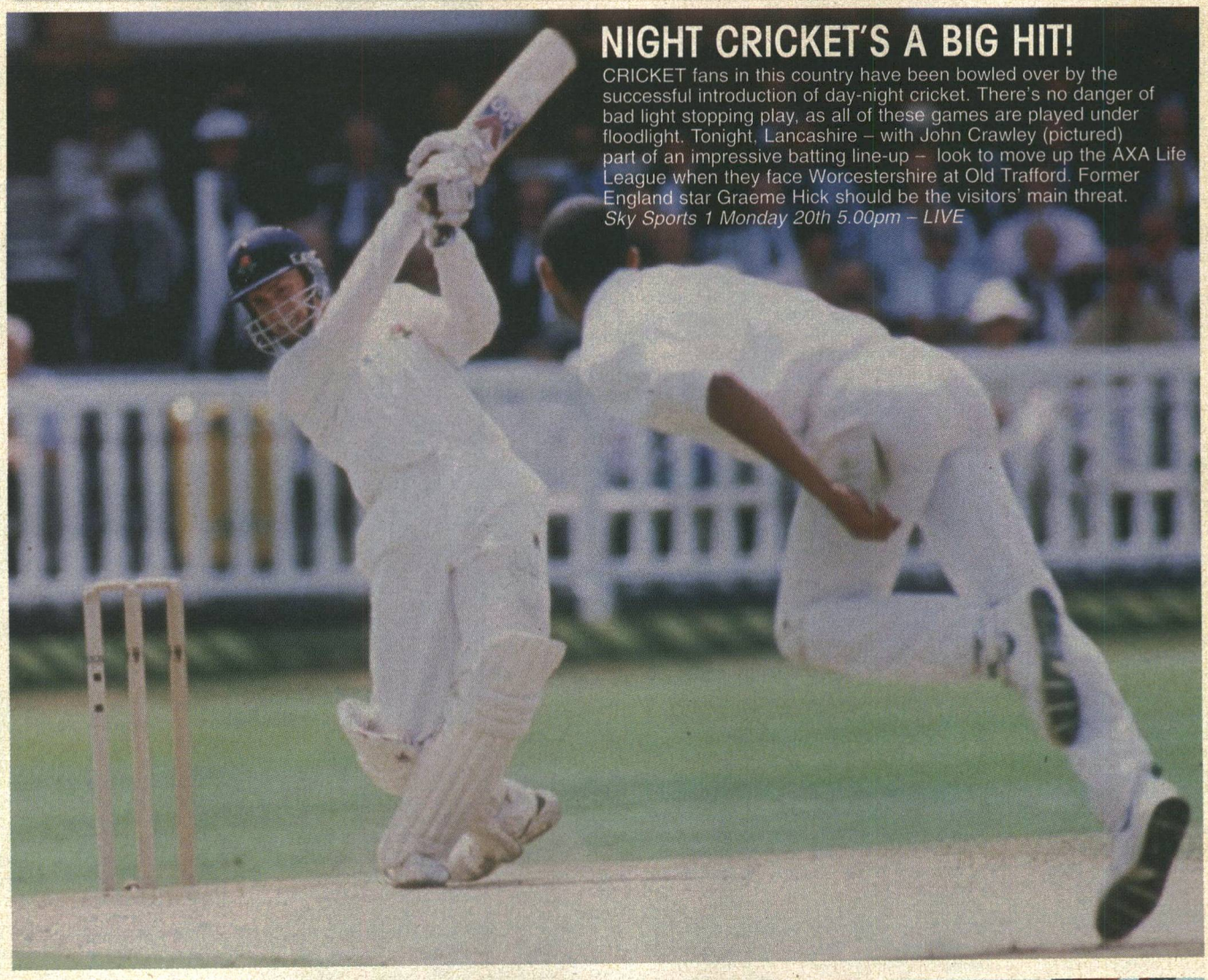
PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons Live 3.00 This Week in the Lords 11.00-12midnight Business Statement

SECTION THREE

Saturday 18 July – Friday 24 July

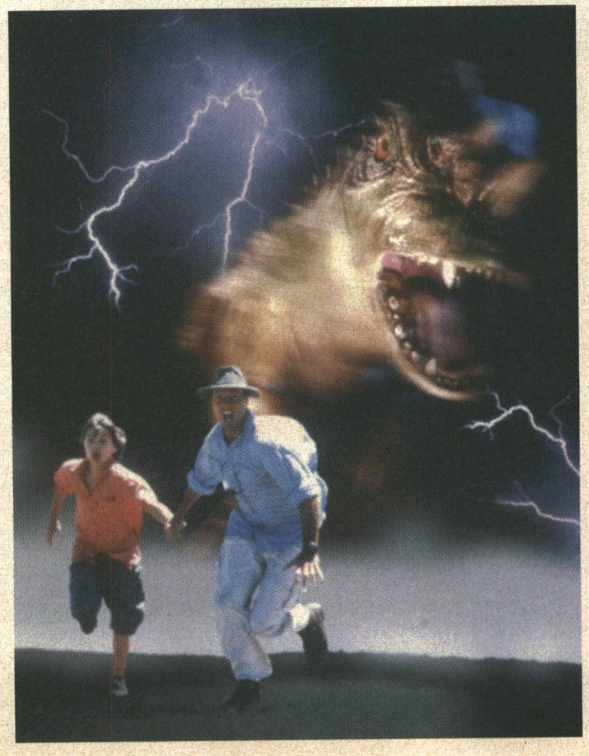


NIGHT CRICKET'S A BIG HIT!

CRICKET fans in this country have been bowled over by the successful introduction of day-night cricket. There's no danger of bad light stopping play, as all of these games are played under floodlight. Tonight, Lancashire – with John Crawley (pictured) part of an impressive batting line-up – look to move up the AXA Life League when they face Worcestershire at Old Trafford. Former England star Graeme Hick should be the visitors' main threat.
Sky Sports 1 Monday 20th 5.00pm – LIVE

JURASSIC LARK

GODZILLA isn't the only monster stomping around and wreaking havoc this week. In *Gargantua*, a family of giant lizards causes mayhem on a South Pacific island when it emerges from a deep underwater trench and heads for shore. Adam Baldwin stars in this special effects spectacular as a marine biologist who must protect both his son and the giant lizards as they come under attack from the hostile military. This is the first time the movie has been shown in this country, so tune in for some monster fun!
Sky Movies Screen 2 Sunday 19th 7.00pm



THE HILLS ARE ALIVE

MIKE JUDGE is best known for creating those sniggering adolescents Beavis and Butt-head, but his latest show looks like being his most popular yet. *King of the Hill* features the antics of Hank Hill and his Texan family, but it's Hank's friends (pictured above) who often steal the show. Bill, Dale and Boomhauer offer Hank advice on anything and everything, and it's the mostly incomprehensible Boomhauer who talks the most sense! A new series starts this Sunday, so don't miss it.
Sky One Sunday 19th 7.00pm

Saturday 18 July

SKY MOVIES SCREEN 1

6.00am Star!
Julie Andrews, Richard Crenna 1968, rating Sky PG, 162 mins
9.00 Ladyhawke
Rutger Hauer, Matthew Broderick 1985, rating Sky PG, 115 mins
11.00 Walk Like a Man
Howie Mandel, Cloris Leachman 1987, rating Sky PG, 83 mins
1.00pm Inside Out
Telly Savalas, James Mason 1975, rating Sky PG, 93 mins

3.00 Time to Say Goodbye
Eva Marie Saint, Richard Kiley, Margaret Colin, Rick Roberts
Drama in which a loving family is torn apart by a father's terminal illness. Dr Gerry Klooster has never recovered from watching his mother die from Alzheimer's and he has no intention of prolonging his own suffering now that he too has been diagnosed. *1997, rating Sky PG, 87 mins*

5.00 Ladyhawke
Rutger Hauer, Matthew Broderick, Michelle Pfeiffer
Navarre is a man on whose shoulders lie a cruel curse. Punished for loving another, he must become a wolf by night while his lover, Lady Isabeau, takes the form of a hawk by day. Together, with the thief Philippe, they must try to break the spell. *1985, rating Sky PG, 115 mins*

7.00 Dracula: Dead and Loving It
Leslie Nielsen, Peter MacNicol, Amy Yasbeck, Lysette Anthony, Mel Brooks, Harvey Korman, Steven Weber, Clive Revill
Comedy retelling of the Dracula story. This spoof follows the traditional Dracula story but with one vital difference – this Count is clumsy and accident prone. *1995, rating Sky PG, 86 mins*

9.00 To Wong Foo, Thanks for Everything, Julie Newmar
Patrick Swayze, Wesley Snipes, John Leguizamo, Stockard Channing, Chris Penn
Wild cross-dressing comedy about three drag queens who win a trip to Hollywood and embark on a life-changing trip. Text Last Play *1995, rating Sky 12, 104 mins*

11.00 Kingpin
Woody Harrelson, Randy Quaid, Vanessa Angel, Bill Murray
Comedy lunacy about a pair of down-on-their-luck bowlers who aim for the big time. Text *1995, rating Sky 15, 109 mins*

12.55am The Killing Secret
Ari Meyers, Soleil Moon Frye 1996, rating Sky 12, 90 mins
2.30 Critical Choices
Betty Buckley, Pamela Reed, 1996, rating Sky 15, 85 mins
4.00-5.45am She's Back
1989, rating Sky 18, 86 mins

SKY MOVIES SCREEN 2

6.00am Ghost Dad
1990, rating Sky PG, 80 mins
8.00 Merlin's Shop of Mystical Wonders
1995, rating Sky PG, 88 mins
10.00 Invisible Mom
Dee Wallace Stone,Trenton Knight 1995, rating Sky PG, 87 mins
12noon Ghost Dad
Bill Cosby, Kimberly Russell 1990, rating Sky PG, 80 mins
2.00pm The Foxes of Harrow
Maureen O'Hara, Rex Harrison, Richard Haydn, Victor McLaglen
Period drama about a man who deserts his wife and goes in search of a more prosperous life in 1820's New Orleans. *1947, rating Sky PG, 113 mins*

4.00 Invisible Mom
Dee Wallace Stone, Barry Livingston, Trenton Knight, Russ Tamblyn, Stella Stevens
Family comedy about a mother who accidentally drinks her husband's invisibility formula. He is hauled up before a Sanity Hearing on the grounds that his claims of an invisible wife are absurd. *1995, rating Sky PG, 87 mins*

6.00 Hearts Adrift
Sydney Penny, Scott Reeves, Kathleen Noone, Nicolas Coster, Don Murray
Drama in which a daughter and her mother are both invigorated by a trip to stay with an old family friend. They soon find themselves being romanced by the charming friend and his handsome son. *1996, rating Sky PG, 89 mins*

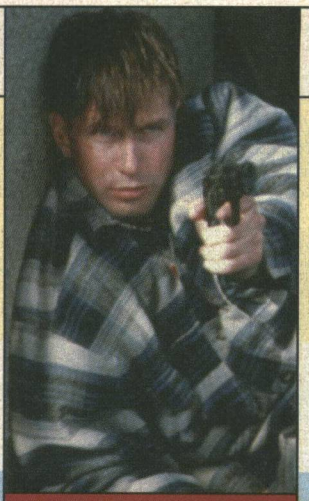
8.00 Escape from L.A.
Kurt Russell, Stacy Keach, Steve Buscemi, George Corraface, Peter Fonda, Pam Grier, AJ Langer
Action sequel in which outlaw Snake Plissken is sent into a prison-like Los Angeles in order to retrieve a precious black box which controls the city's energy supplies. Text *1996, rating Sky 15, 97 mins*

10.00 Fled
Laurence Fishburne, Stephen Baldwin, Will Patton, Robert John Burke, Salma Hayek
PREMIERE Action adventure about a pair of escaped convicts trying to evade the law. *1996, rating Sky 18, 94 mins*

11.40 Body of Influence II
Jodie Fisher, Daniel Anderson
Adult thriller. *1996, rating Sky 18, 90 mins*
1.15am Destiny Turns on the Radio
James Belushi, Quentin Tarantino 1995, rating Sky 15, 98 mins
3.00 On Seventh Avenue
1996, rating Sky 12, 84 mins
4.30-6.00am Willy Fog – 20,000 Leagues Under the Sea
Animation. *Rating Sky U; 77 mins*

SKY MOVIES GOLD

11.00am Ebirah – Horror of the Deep
Akira Takarada, Toru Watanabe
Cult action adventure. *1966, rating Sky PG, 83 mins*
12.30pm Invasion of Astro Monster
Akira Takarada, Kumi Mizuno
Cult Japanese sci-fi movie. *1967, rating Sky U, 90 mins*
2.15 Destroy All Monsters
Akira Kubo, Jun Tazaki
Thrilling cult Japanese action movie in which earth's monsters rally to defend the planet against an attack from aliens. *1968, rating Sky PG, 85 mins*
3.45 Son of Godzilla
Tadao Takashima, Akira Kubo, Akihiko Hirata, Beverly Maeda
Cult Japanese sci-fi movie about a nuclear experiment that results in a series of mutated creatures and plants which threaten to wipe out humankind. *1967, rating Sky U, 83 mins*
5.15 Godzilla v Gigan
Minoru Takashima, Hiroshi Ichikawa, Tomoku Umeda
Cult sci-fi movie from Japan in which Godzilla goes into battle to save earth from alien invaders who have taken over a theme park. *1972, rating Sky PG, 85 mins*
6.45 Godzilla v Megalon
Katsuhiko Sasaki, Yutaka Hayashi, Hiroyuki Kawase
Cult Japanese science fiction movie in which the mighty Godzilla teams up with a powerful robot to defend earth from a horde of monstrous invaders. *1973, rating Sky PG, 78 mins*
8.10 Terror of Mechagodzilla
Katsuhiko Sasaki, Akihiko Hirata, Ai Tomoko
Cult Japanese science fiction movie in which the mighty Godzilla must protect the Earth from an alien-designed robot clone of himself. *1975, rating Sky 12, 80 mins*
10.00 Airplane II – The Sequel
Robert Hays, Julie Hagerty, Lloyd Bridges, Peter Graves, William Shatner
The cast of the original *Airplane!* return for another round of gags in this sequel spoof set aboard an out-of-control space shuttle. *1982, rating Sky 15, 81 mins*
11.30 Hanussen
Klaus Maria Brandauer, Erland Josephson, Walter Schmidinger
Mesmerising drama. *1988, rating Sky 12, 111 mins*
1.25am Taps
Timothy Hutton, Sean Penn 1981, rating Sky 12, 121 mins
3.30-5.05am Berlin Express
Robert Ryan, Merle Oberon 1948, rating Sky PG, 83 mins



Stephen Baldwin stars in the premiere of the chase thriller 'Fled': Sky Movies Screen 2 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Guns for San Sebastian
Anthony Quinn, Anjanette Comer, Charles Bronson, Sam Jaffe, Silvia Pinal
Wild West tale set in 1746 Mexico in which a bandit is mistaken for a priest, then agrees to help a Mexican village stave off a tribe of Indians that have been victimising the townsfolk. *1968, 111 mins*
11.00 Welcome to Hard Times
Henry Fonda, Janice Rule, Keenan Wynn, Janis Paige
Dark fable about the mayor of a small town who is unable to stand up to the gunman terrorising the locals. *1967, 99 mins*
12.45am Catlow
Yul Brynner, Leonard Nimoy
Comedy Western. *1971, 99 mins*
2.30-5.00am Ringo and His Golden Pistol
Mark Damon, Valeria Fabrizi 1966, 88 mins

SKY ONE

7.00am Delfy and His Friends 7.30 Orson and Olivia 8.00 Wild West Cowboys of Moo Mesa 8.30 Superhuman Samurai Syber-Squad 9.00 What-a-Mess 9.30 Double Dragon 10.00 Games World Omnibus 11.00 Tarzan: The Epic Adventures 12noon World Wrestling Federation – Live Wire 1.00pm World Wrestling Federation – Shotgun 2.00 Kung Fu

3.00 Star Trek: The Next Generation
Haven
Deanna Troi is caught between her feelings for Riker and her devotion to family customs.
4.00 Star Trek: Deep Space Nine
The Visitor
A tragic accident causes Sisko to vanish, and his son becomes obsessed with finding him. Text
5.00 Star Trek: Voyager
Manoeuvres
Kazon intruders steal a Transporter module. Thus enabling their leader to persuade rival sects to join forces. Text
6.00 Xena: Warrior Princess
The Reckoning
After defending villagers from an attack by a mysterious figure, Xena is accused of murder.
7.00 Beverly Hills 90210
Child of the Night
Steve tries to prove to Carly that he is not the father of Jodi's baby, and Brandon and Kelly search for Erica.
8.00 3rd Rock from the Sun
Dick Like Me
8.30 3rd Rock from the Sun
Assault with a Deadly Dick
9.00 The X-Files
Miracle Man
The agents investigate a ministry led by a man whose son has the power to heal, and to kill, with a touch of his hand.
10.00 Millennium
Pilot Episode
Drama about the struggle between the forces of good and evil as the turn of the millennium approaches.
11.00 Showbiz Weekly
Film, music, TV and the biggest name celebrity interviews.
11.30 The Movie Show
Movie magazine show hosted by Richard Jobson.
12midnight The Big Easy
Murder in Mind Text
1.00am Dream On
The Way We War
Martin is frustrated that Judith and Eddie still can't get along.
1.30 Dream On
Springtime for Tupper
2.00-7.00am Long Play
Music through the night.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy – the Borg. Starring Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
Comedy in which two mismatched people fall in love. Starring George Clooney.
1997, Sky PG, 123 mins
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm, 10.30pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am The Sullivans Omnibus
The week's events in the war-time Australian soap opera.
9.00 Blake's Seven
Blake plans to steal a message decoder from the planet Centero.
10.05 Dr Who Omnibus
Aztecs
Another vintage adventure with the errant Time Lord.
12.05pm EastEnders Omnibus
The latest events in Albert Square.
3.00 The Bill Omnibus
Danny Pearce is leaving Sun Hill and has the pleasure of treading on his colleagues toes before he goes, and a man is blackmailed by an escort agency. Morgan and Deakin go to court to put away a dangerous drug dealer, but they have to outwit their own prosecution team first. Ackland puts herself on the line to find a baby that has been snatched from its mother.
5.30 Citizen Smith
Guess Who's Coming to Dinner
Wolfie puts politics to one side for the moment as he prepares to meet his girlfriend's parents.
6.10
FILM: Doctor in Distress
Dirk Bogarde, James Robertson Justice, Samantha Eggar
Vintage comedy about a young doctor and his tyrannical boss. When the fiery surgeon suddenly mellows, the young doctor adds his chief's love life to his catalogue of medical duties. *1963*
8.00 The Brittas Empire
Sitcom about the manager of a sports centre.
8.40 Blackadder II
Chains
Prince Ludwig kidnaps Blackadder and Lord Melchett.
9.20
One Foot in the Grave
In Luton Airport No-One Can Hear You Scream
Stars Richard Wilson.
10.00 Bottom
Culture
Richie and Eddie's TV is taken away. Before the evening is out, they could become chess masters.
10.40 The Young Ones
Demolition
11.25 The Comic Strip Presents...
Five Go Mad in Dorset
Classic lampoon of Enid Blyton's heroes and heroines.
12.05am Chelmsford 123
12.40 FILM: Ironside – Goodbye to Yesterday
Raymond Burr, Vera Miles
The wheelchair-bound detective gets emotionally involved in a case.
2.25 100 Years of Horror
2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Cheap Chic
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempestt
12.40pm Rolonda
1.30 Living it Up!
2.30 I Dream of Jeannie
Jeannie and the Secret Weapon
3.00 FILM: Unlikely Angel
Dolly Parton, Brian Kerwin, Roddy McDowall, Maria Del Mar
When a brassy lounge singer accidentally drives her car off a cliff she meets St Peter, who gives her back her life believing that she must do some good work before she can make her way to heaven. Before being let in she must successfully help out a family in distress. *1996*
5.05 Hart to Hart
Hartless Hobby
A hobby becomes a dangerous pursuit for the Harts when a priceless stamp mysteriously turns up.
6.00
FILM: Tears in the Rain
Sharon Stone, Christopher Cazenove, Leigh Lawson, Anna Massey, Maurice Denham
Casey Cantrell fulfils her mother's dying wish by delivering a letter to her former lover, Lord Bredon. Casey finds the heir to the title and thus begins a complicated trial of surreptitious love. *1988*
8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
9.00
Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
10.50-12midnight
The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 Bootsie and Snudge 7.30 Nearest and Dearest 8.00 Trouble in Mind 8.30 The Piglet Files 9.00 The Saint 10.00 Hart to Hart 11.00 E! Extreme Close-Up 11.30 Raffles 12.30pm The Saint 1.30 Emmerdale 2.00 Emmerdale 2.30 Emmerdale
3.00 Emmerdale
Soap opera serial, set in the heart of the Yorkshire Dales.
3.30 Emmerdale
4.00
The Dilemmas of Deirdre
Six episodes about the love triangle of Ken, Deirdre and Mike.
4.30
The Dilemmas of Deirdre
5.00
The Dilemmas of Deirdre
How can Deirdre finish with Ken when he's at his lowest?
5.30
The Dilemmas of Deirdre
6.00
The Dilemmas of Deirdre
Deirdre and Ken come to blows over her affair.
6.30
The Dilemmas of Deirdre
7.00 Hawaii Five-0
The Double Wall
Five-0 must try to prove Kellem innocent in order to save the life of a prison doctor whom Kellem is holding hostage.
8.00pm Fight Night: Classic Coronation Street
Deirdre and Ken come to blows over her affair with Mike Baldwin.
8.30 Fight Night: Dempsey and Makepeace
The duo investigate an illegal prize-fighting organisation.
9.30
Fight Night: Gladiators Celebrity Special
10.30-11.00pm Fight Night: Classic Coronation Street

GRANADA MEN & MOTORS

11.00pm V.P.L.
Fashion programme which takes a look at the sexiest fashions on the market for men and women.
11.30
Noddy's Electric Ladyland
12midnight Babewatch UK
Jo Guest and Helen Benoist join their friends for a wild night out on the town in Newcastle's M club.
12.30am Bikini Open
1.00 E! Talk Soup
1.30 E! Uncut
A profile of Christopher Walken.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.25pm Gargoyles 12.50 Mighty Ducks 1.10 Woof 1.35 Flash Forward 2.00 Dinosaurs 2.30 Dinosaurs
3.00 The Wonder Years Double Bill
Mad, Mad Madeline World/ Little Debbie
Double the nostalgia in the coming-of-age series. Text
4.00 Double Home Improvement
I'm Scheming of a White Christmas/Howard's End
Twice the fun with the DIY sitcom. Text
5.00 Honey, I Shrunk the Kids: The TV Show
Honey, It's No Fun Being an Illegal Alien Text
5.45 Smart Guy
Brother, Brother Text
6.10 Teen Angel
Feathers Day Text
6.35 Boy Meets World
Rave On
Eric and Cory combine a party for their friends and parents. Text
7.00
FILM: Mystery Monsters
Ashley Lyn Cafagna, Tim Redwine
PREMIERE The mystery monsters are creatures that pose as puppets on a TV show and are kept captive by the show's evil host. The monsters hope the stars of the show will help them to escape. *1997*
8.30 The Wonder Years
The Journey Text
9.00-10.00pm
Second Noah
Faith, Hope and Charity
Hannah tries to free a bear, Shirley has trouble with JoJo, and Ben gets into trouble. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Rustie's Real Cooks 10.30 Restaurant Show 11.00 Sophie's Meat Course 11.30 Coxon's Kitchen College 12noon Food Network 12.30pm Chef on a Shoestring 1.00 Alive and Cooking 1.30 Tessa Bramley's Seasonal Kitchen 2.00 Slice of Life 2.30 Food Network 3.00 Ross in Thailand 3.30 Coxon's Kitchen College 4.00 A Year at Ballymaloe 4.30-5.00pm Frances Bissell's West Country Kitchen
Frances Bissell visits Crowdy Mill.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Switch On
Presented by Katie Razzall.
5.30 Robin of Sherwood
The King's Fool
King Richard is rescued from vagabonds by Robin and his men. Starring Michael Praed.
6.30 Men of the World
The Runaway
Lenny and Kendle bite off more than they can chew when they rescue two homeless runaways.
7.00 Get Back
You Never Give Me Your Money
Martin finally lands a job – but it's a far cry from his previous one.
7.30 Birds of a Feather
Baby Come Back
8.00 Lovejoy
Out to Lunch
When Lovejoy mistakes some fake watercolours for the real thing, the artist sets out to get revenge.
9.00 Pie in the Sky
The Truth Will Out
Freddy Fisher sends Henry to look for a missing policeman, when all Crabbe wants to do is get the restaurant ready for the opening.
10.00
The Camomile Lawn
Calypso captures her rich husband and decides to get married in truly spectacular style.
11.00 Adventures of a Lady
12midnight-2.00am
FILM: Falsely Accused *1993*

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Sterling Silver Jewellery at 4.00pm.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

FILM

Fled
Sky Movies Screen 2 10.00pm
Laurence Fishburne and Stephen Baldwin are Piper and Dodge, a couple of escaped convicts who are trying to avoid the law. Piper will travel by foot, truck, car or motorcycle to stay ahead of the trailing posse. And, as Dodge is handcuffed to him, so will he.

GENERAL

M25: The Magic Roundabout
Bravo 9.00pm
Britain's most notorious motorway is called the Magic Roundabout by the police and truck drivers. Tonight a film crew gives us a police patrol's view of 17 miles of M25 horror between Rickmansworth and South Mimms, which is the busiest part of the motorway.

ADVERTISEMENT

ENDURANCE UK
10.00PM
Challenge tv
Maggots on your face, chickens pecking at your body, rats running over your hands... how would you like it? These are just some of the gruesome but hilarious challenges that *Endurance UK*'s contestants have to endure. Paul Ross, Hoki and Koki host the show.

Saturday 18 July

EUROSPORT

6.00 AM MORNING

7.30am Extreme Sports
9.00 Sports Car – LIVE
The first qualifying practice session of the FIA GT Championship from Budapest, Hungary.
10.00 World Cup – Best Of
12noon Motorcycling – LIVE
The 125cc qualifying round for the German Grand Prix.
1.00pm Motorcycling – LIVE
2.00 Cycling – LIVE
Coverage of the seventh stage of the Tour de France as the riders compete in the individual time trial from Meyrignac l'Eglise to Corrèze across 58 km.

3.00 PM

4.00 PM

4.15 Motorcycling
Coverage of the 250cc qualifying practice session for the German Grand Prix in Sachsenring.

5.00 PM

5.15 Motorcycling
Further action from the German Grand Prix in Sachsenring.

6.00 PM

6.30 Touring Car
Coverage of the qualifying practice round of the Super Tourenwagen Cup in Lahr, Germany.

7.00 PM

7.00 Sports Car
Coverage of the second qualifying practice session of the FIA GT Championship in Budapest, Hungary.

8.00 PM

8.00 Cycling
Highlights of today's leg of the Tour de France – the individual time trial from Meyrignac l'Eglise to Corrèze, covering 58 km.

9.00 PM

10.00 PM

10.00 Motorcycling
Featuring the struggle for Sunday's pole position at the German Grand Prix, plus a sum-up of today's qualifying practice.

11.00 PM

11.00 Boxing
A chance to see coverage of a recent bout.

12.00 NIGHT TIME

12midnight-1.00am Fitness
Coverage of the 1998 IFBB Fitness European Championships from Plonsk, Poland.

SKY SPORTS 1

6.00am Watersports World
7.00 Sky Sports Centre
7.15 Wild Spirits
7.45 Aerobics Oz Style
8.15 Sky Sports Centre
8.30 Racing News
9.00
Super League on the Road
10.30 International Rugby Union: Australia v South Africa – LIVE
1.00pm Cricket: AXA Life League – LIVE
Ball-by-ball action from the latest AXA Life League encounter between two counties vying for points in the Sunday League. Presented by Charles Colvile.

6.30 Powerboat and Jetsport World
Action from America, Asia, Africa and Europe.
7.00
Super League on the Road: Bradford v London – LIVE
Action from Edinburgh, where Bradford go head to head with London in the latest *Super League on the Road* clash. The Bulls are determined to retain their title, while London have recruited several players to bolster their squad and push for the championship. Presented by Eddie Hemmings and Mike Stephenson.
9.30
Saturday Fight Night: Carl Thompson v Chris Eubank – LIVE
Coverage of this WBO cruiserweight championship bout.

11.30
Sports Unlimited
Focusing on those sports that never seem to make it into the public eye.
12.30am
Super League on the Road: Bradford v London
2.30 Saturday Fight Night
4.30 Powerboat and Jetski World
5.00 Rebel Sports
5.30-6.00am Futbol Mundial

SKY SPORTS 2

6.00am Gillette World Sport Special
6.30 Fastrax
7.00 Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15
Tales from the Premiership: Made in Sheffield
8.45 Sky Sports Centre
9.00 Soccer AM
12noon World Motor Sport

3.00pm Tennis: Davis Cup Quarter-Final: Germany v Sweden – LIVE
Day two action from the Davis Cup tennis tournament as a strong German team meet the much-fancied Swedish side in the quarter-final. It's bound to be a close match as both teams will be determined to reach the semi-finals in one of the most prestigious events in the world tennis calendar.

6.00
Irish Showjumping
Another chance to see the Irish Showjumping Grand Prix in Enniskerry.
6.30 Petrolheads
The ultimate racing show that informs and educates as well as entertains the country's racing clubs.
7.30 Ford Golf USA: Deposit Guaranty Golf Classic – LIVE
Third day coverage from the Annandale Golf Club in Madison, America, where the 1998 Deposit Guaranty Golf Classic takes place. Current holder Billy Ray Brown returns to defend the title he captured 12 months ago.

10.00 Wild Spirits
A look at some of the craziest sports around.
10.30 Cricket: AXA Life League
The best of the action from the latest AXA Life League match as two more sides do battle for Sunday League points.
11.30
World Motor Sport
A roundup of the latest developments in the race world.
2.30am Tennis: Davis Cup Quarter-Final: Germany v Sweden
4.30 Cricket: AXA Life League
5.30-6.00am Wild Spirits

SKY SPORTS 3

12noon The Max
12.30pm
Tales from the Premiership: Made in Sheffield
A look at the fortunes of Sheffield United and Sheffield Wednesday in the Premiership since 1992.
1.00 Sports Feature
1.30 Super League: Halifax v Sheffield
Repeat from Friday

3.00 Gillette World Sport Special
3.30 Australian Rules Football
The latest action from Down Under, where football is played the Australian way.

5.30 Fastrax
A unique blend of news, action, profiles and lifestyle features from the world's alternative sports.

6.00 The Winning Post: Ayr and Redcar – LIVE
Jeff Stelling presents horse racing action as coverage from Ayr and Redcar takes you towards the winning post. The Ayr races are at 6.55, 7.25 and 7.55, while the Redcar races are at 6.45, 7.15, 7.45 and 8.15.

8.30 Tennis: Davis Cup Quarter-Final: Germany v Sweden
The best of the action from the Davis Cup tennis tournament as Germany meet the rated Swedish side in the quarter-final. Both sides are determined to reach the last four of the most prestigious men's team event in world tennis.
10.30 Petrolheads
Motor sport in its many forms, including Formula 1, rallying, IndyCar racing and touring cars, focusing on technical tips and racing clubs.
11.30-12midnight The Max

TROUBLE

12noon Ready or Not
Family Therapy
12.30pm On the Make
12.45 It's in the Jeans
Pottery
1.00 Saved by the Bell: The College Years
2.00 USA High
Gotta Dance
2.30 Fresh Prince of Bel Air
American sitcom about a streetwise kid from a Philadelphia ghetto who lives in the wealthiest community in California.

3.30 Echo Point
Teenage soap.

4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at an inner-city Sydney high school.

5.00 Blast
Chart music.
5.30
California Dreams
The adventures of a young rock 'n' roll band.
6.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face. Stars Jeremy Edwards.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life drama on the roads with US cops.
8.30 Rab C Nesbitt
Savage rhetoric.
9.00 Get Real...
M25: Magic Roundabout
Documentary series which tonight takes a look at London's busy orbital motorway, the M25.
10.00 Twisted
Borrowing Bazza
Tales with a twist.
10.30
Red Shoe Diaries
Borders of Salt
11.00
FILM: The Black Cat
Mimsy Farmer
Gory, violent adaptation of Edgar Allan Poe's classic tale. *1981*
1.00am
Beverly Hills Bordello
1.30 FILM: Cemetery High
Karen Nielson, Ruth Collins
Thriller. *1989*
3.30 FILM: Silver Bullet
Corey Haim, Gary Busey
Werewolf drama. *1985*
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare
8.00 The Bionic Woman
9.00
The Six Million Dollar Man
10.00 Tenchi Muyo
10.30 Masters of Fantasy: X-Files Creators
11.00 Mysteries, Magic and Miracles
Eight episodes of the show that investigates extraordinary stories.

3.00pm Mystery Science Theatre 3000
Terror from the Year 5000
A sci-fi B-movie in which Mike, Crow and Servo have to endure the time-travelling traumas of the *Terror from the Year 5000*. Stars Michael J Nelson, Mary Jo Pehl, Bill Corbett, Kevin Murphy and Jim Mallon.
5.00 FILM: Hangar 18
Darren McGavin, Robert Vaughn, Gary Collins
When two astronauts collide with a strange object in outer space, the US Government is keen to keep secret the fact that a flying saucer was involved – a UFO now kept in the mysterious Hangar 18. *1980*
7.00 Nightmare Cafe
Fay and Ivy
Fay is sought after by her sister, who is blind to the evil nature of the boyfriend accompanying her.
8.00 Quantum Leap
Eight-and-a-Half Months
Sam leaps into the body of a 16-year-old girl who just happens to be in labour in the year 1955.
9.00
The Final Frontier
Star Trek Special
9.30 Amazing Stories
The Amazing Falsworth
With Gregory Hines.
10.00 Dark Skies
The Last Wave
John and Kim go to LA to investigate a suspicious suicide, where they meet the young Jim Morrison.
11.00 The Hunger
The Face of Helen Bournouw
11.30 SF Scene
An up-to-the minute guide to sci-fi entertainment.
12midnight Mystery Science Theatre 3000
Terror from the Year 5000
2.00am Planet Mirth
2.30
Jason of Star Command
3.00
Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

International Rugby Union – LIVE
Sky Sports 1 10.30am
This clash between Australia and South Africa in the Tri-Nations Cup will be the usual bitter battle, with the Aussies hoping to gain revenge for a record defeat against the world champs last summer.

Super League on the Road – LIVE
Sky Sports 1 7.00pm
If you watched the Tri-Nations earlier, this will be a great contrast, with Bradford taking on London in Edinburgh, as the Super League tries to spread its fan base and explore possible sites for new teams.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Adult Feature
12.20 Adult Feature
12.45 FILM: Psycho Sex 2
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Caesar's Rude Arena
3.00 Three Musketeers
The musketeers romp their way through this show.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File – Audition
12.35 Lap it Up
12.50 FILM: Cirque de Sex
Marylin Star, Christina Angel, Julie Rage
Amorous acrobats tumble in and out of bed.
2.10 Fräulein Debutantes
2.25-4.00am
FILM: Haunted Nights
Celeste, Britt Morgan, Sahara
Erotic comedy.

HVC

CABLE EXCLUSIVE

8.00pm
FILM: When Tomorrow Hits
Lawrence Monoson
Action thriller.
9.30
Ladies Club Pool Game
10.00 FILM: Mystic 7
Liz Rogers, Serge Rodnunsky
Horror yarn.
11.30-12midnight Phenomenal Sex

Saturday 18 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Whittle
Tim Vine hosts the audience participation quiz.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, ably assisted by his two helpers, puts more contestants through torturous games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name That Tune
Jools plays the music.
11.40 Prize Time
Win great prizes.
12midnight Roll with It!
12.30am McKenna
Shooting
1.30 Christy
2.30 Mighty Jungle
3.00 FILM: Vincent and Me
Nina Petronzio
Suspense thriller. *1990*
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 What's in the Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why Files 12.30pm Fashion 1.00 Lie 1.30 Agony 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 BodyHeat
Exercise programme.
4.00 Judge Judy
The feared American judge presides over another case of domestic difficulties.
4.30 Judge Judy
5.00 Agony
Advice is at hand for the troubled at heart.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Explores the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
The feared American judge with another case.
9.00 The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Footballers' Private Lives
Documentary about Seventies soccer stars.
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Saucy late night offering.
12midnight Janeycam 12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 9.30am Catwalk 10.30 Movies, Games & Videos 11.30 Gillette World Sport 12.30pm American Chart Show 1.00 Inside Hollywood 2.30 Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
4.30 Movies, Games & Videos
Reviews of the latest releases.
5.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
6.30 The Album Show
A look at tracks from classic long-players.
7.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
8.30 The Catwalk Show
Top models strutt their stuff in the latest designs.
9.30 Inside Hollywood
The latest news and gossip from Tinseltown.
10.30 PDQ – The One-Stop-Shop
Products delivered straight to your door with this home shopping service.
11.30 The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

7.00am Kickstart
Start the day with the liveliest mix of music videos.
9.00 So 90s
The greatest hits of the decade so far.
10.00 European Top 20
12noon Extra Hot Hits
1.00pm Select MTV
Make MTV your personal video jukebox. Presented by Richard Blackwood.
3.00 Hit List UK
The UK singles chart with Cat Deeley.
5.00 MTV News Weekend Edition
5.30 MTV Live
6.00 The Lick R&B Chart
A roundup of the biggest R&B hits presented by Trevor Nelson.
7.00 Dancefloor Chart
The latest club cuts with June Sarpong.
8.00 Dance Anthems
The latest tunes on the dance scene.
10.00 Hot
Happening news, videos and gossip with Sara Cox.
11.00 Beavis and Butt-head
More antics with the adolescent anti-heroes.
11.30 Beavis and Butt-head
12midnight Saturday Night Music Mix
3.00am Chill-Out Zone
Late night ambient heaven.
5.00-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Aspects of Life
12.30pm The Wonderful World of Tom
1.00 A Fork in the Road
1.30 The Food Lovers' Guide to Australia
2.00 The Flavours of France
Bonifacio
2.30 Go Portugal
Southern Estremadura
3.00 Great Australian Train Journeys
The Queenslander/ Spirit of the Tropics
A 1000-mile route between Brisbane and Cairns.
4.00 Sports Safaris
Berchtesgaden, Germany
Includes paragliding.
4.30 Ridge Riders
Across Southern England – Part IV
5.00 The People and Places of Africa
Congo Brazzaville – The Hearth of Africa
5.30 On Tour
Egypt
6.00 The Food Lovers' Guide to Australia
6.30 Go Portugal
Southern Estremadura
A regional excursion.
7.00 Travel Live: Stop the Week!
Judi Spiers and Gareth Davis present another edition of the popular entertainment show.
8.00 Dominika's Planet
Thailand
Includes a look at the art of Thai boxing and a safe sex restaurant.
9.00 From the Orinoco to the Andes
Dragon Fisher and Volcanoes
Travelling from Colombia to the Andes region.
10.00 Aspects of Life
The Land of Smoke
Ecological programme.
10.30 A Fork in the Road
Argentina
11.00 Ridge Riders
11.30-12midnight The People and Places of Africa
Congo Brazzaville: The Hearth of Africa

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 Good Housekeeping Show 10.30 Style Wars 11.00 Roddy Llewellyn's Indoor Garden 11.30 Young Chefs 12noon The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 E! In Focus 2.30 E! In Focus
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
You're Too Jealous for Me
American talk show in which Sally and her guests engage in discussion.
5.00-6.00pm Livetime
Magazine programme covering health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Off the Beaten Track: Egypt: Quest for Eternity
A look at archaeological projects that are uncovering the pharaohs's legacy.
8.00 Treasure Hunt: The Treasure of the San Diego
Frank Godieau recovers the cargo of the San Diego, which sank in 1600.
9.00 Extreme Earth: Valley of Ten Thousand Smokes
A look at the risk of a volcanic eruption in the Katmai region of Alaska.
10.00 Predators: Alligator
Explore the alligator's amazing adaptability to its environment, and its rising numbers in Florida.
11.00 The Man Who Wasn't Darwin
A look at the work of Alfred Russell Wallace.
11.30 Inherit the Sand
12midnight-1.00.00am Kiwi: A Natural History
Discover the lifestyle and environmental threats to the Kiwis, birds of New Zealand.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Paul Ross assisted by Hoki, Koki and Olivia presents another torturous round of the gameshow 'Endurance UK': Challenge 10.00pm

VH1

7.00am Breakfast in Bed 10.00 Saturday Brunch 12noon Ten of the Best 1.00 Greatest Hits of... David Bowie 2.00 Clare Grogan 3.00 Album Chart 4.00 Greatest Hits of... Rock 6.00 Classic Chart Show 7.00 American Classic 8.00 George Clinton 10.00 Phil Collins Unplugged 11.00 This is Celine Dion 12midnight Midnight Special 1.00am George Michael Unplugged 2.00 Oasis Live 4.00 Echo & the Bunnymen – Live 5.00 The Stranglers Live 6.00-7.00am Prince's Trust Rock Gala 1994

Adored glam rocker David Bowie's best-loved tunes are celebrated in 'Greatest Hits of ... David Bowie': VH1 1.00pm

Saturday 18 July

MORNING

DISCOVERY HOME & LEISURE

6.00 AM 9.00am Rex Hunt's Fishing World 9.30 Salmon Run 10.00 Andy Little's Angling Adventure 10.30 This Old House with Steve and Norm 11.00 This Old House 11.30 In the Workshop 12noon New Yankee Workshop 12.30pm The Furniture Guys 1.00 Home Savvy 1.30 Home Again with Bob Vila 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00-4.00pm Campaigns in History

DISCOVERY

3.00 PM **4.00pm Top Wings:**
4.00 PM **Attack Aircraft**
What are the best attack aircraft ever to take to the skies? Experts consider the candidates, from the vintage to the futuristic.
5.00 PM **5.00 Battlefields**
The Battle of Midway – Part I
In June 1942, the most decisive naval battle of World War II was fought.
6.00 PM **6.00 Battlefields**
The Battle of Midway – Part II
How the *Yorktown* and *Lexinton* took on the Japanese Navy.
7.00 PM **7.00 Super Structures**
Birth of a Jet Fighter
An engineering team at McDonnel Douglas puts a new navy jet through its paces.
8.00 PM **8.00 Wonders of Weather**
Raging Waters
8.30 Wonders of Weather
Savage Seas
9.00 PM **9.00 Adrenalin Rush Hour! Extreme Diving**
A look at some of the amazing underwater expeditions expert divers embark upon.
10.00 PM **10.00 A Century of Warfare**
Germany's invasion of Poland sets off a chain of events which engulfed the European continent in war.
11.00 PM **11.00 Arthur C Clarke's World of Strange Powers**
11.30 Arthur C Clarke's Mysterious World
12.00 **12midnight Battlefields**
The Battle of Midway – Part I
A look at the decisive naval battle of June 1942.
1.00am-2.00am Battlefields
The Battle of Midway – Part II
The US ships *Yorktown* and *Lexington* tackle the might of the Japanese Navy.

NIGHT TIME

SKY SOAP

11.00am Emmerdale
11.30 Emmerdale
12noon Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
Amos Brearly finds himself on the wrong side of the law.
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
Brian warns Dougal.
3.30-4.00pm Take the High Road

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Thomas 6.45 The Magic Roundabout 7.00 Blinky Bill 7.30 The Real Story of... 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Johnny Bravo 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 1.00 Road Runner 1.30 Sylvester 2.00 The Jetsons 2.30 Addams Family
3.00 Godzilla
Monster mayhem with the giant lizard.
3.30 The Mask
More whirling antics with the green fiend.
4.00 Beetlejuice
Macabre fun.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Adventures with the egotistical superhero.
5.30 Cow and Chicken
Sibling animated antics.
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.30 The Flintstones
Prehistoric comedy with Fred and Barney.
7.30 The New Scooby-Doo Movies
8.00 2 Stupid Dogs
8.30-9.00pm Fangface
Schizophrenic cartoon.

THE HISTORY CHANNEL

4.00pm The Luddites
In 1812, Yorkshiremen destroyed the machines that put them out of work.
5.00 Weapons at War: Combat Medicine
How life-saving equipment helps wounded troops.
6.00 Ancient Mysteries: The Black Death
The history of the plague.
7.00-8.00pm Biography
Nelson Mandela

NICKELODEON

7.00am Tales from the Cryptkeeper 7.30 Extreme Ghostbusters 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Ren & Stimpy 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel
3.00 Clarissa Explains it All
Educational comedy with the practical Clarissa.
3.30 Renford Rejects
Teenage comedy.
4.00 Hey Arnold!
More adventures with the coiffured kid.
4.30 Rugrats
Fun with the imaginative, tousle-haired nippers.
5.00 Sister Sister
Tia, Tamera and their parents all try to cohabit.
5.30 Kenan & Kel
Teenage scrapes.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
More sisterly scrapes.
7.30 Diff'rent Strokes
Fun with the Drummonds.
8.00 Wings
Comedy set in an airport on the island of Nantucket.
8.30 Cosby
US version of *One Foot in the Grave*. With Bill Cosby.
9.00 Due South
Comedy drama with Canadian Mountie Constable Benton Fraser. Stars Paul Gross and David Marciano.
10.00 Frasier
Eddie the dog visits a canine therapist.
10.30 Cheers
Frasier goes on his first date since Lilith left him.
11.00 Monty Python's Flying Circus
Classic British comedy.
11.30 This is David Harper
Stars Tony Slattery.
12midnight Kids in the Hall
Comedy sketches.
12.30am It's Garry Shandling's Show
Eighties comedy set in a bachelor apartment.
1.00 Frasier
Acclaimed sitcom in which the foot-in-mouth shrink instigates more mishaps. Stars Kelsey Grammer and David Hyde Pierce.
1.30 Cheers
Classic sitcom in which the regulars enjoy skirt-chasing barman Sam Malone's verbal fencing with the fairer sex.
2.00 Due South
Comedy drama with the Canadian Mountie in Chicago. Stars Paul Gross.
3.00 Sister Sister
Comedy with the identitical twins and their parents.
3.30-4.00am Cosby
US version of *One Foot in the Grave*, with Bill Cosby

'Opera: Otello' stars Kiri Te Kanawa as Desdemona in Verdi's Shakespearean epic: Performance 9.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Saturday Ballet: Giselle
The Kirov Ballet is world-famous for its interpretation of this popular classic. Here they are led by Galina Mezentseva in the title-role, who proves herself to be one of the company's great ballerinas.
9.00 Opera: Otello
Verdi's interpretation of Shakespeare's masterpiece from the Verona Arena. Kiri Te Kanawa sings Desdemona, Russian tenor Vladimir Atlantov is the jealous Otello and Piero Cappucilli plays Iago. Verdi wrote this piece in collaboration with Boito 1886, and it was perfomed the year after in Milan to a tremendous reception. Verdi followed it with *Falstaff* six years later, which received a muted reception at the time.
12midnight-1.00am Midnight Jazz: Joshua Redman
Featuring one of today's most exciting and charismatic young saxophonists, in concert at the Montreal Jazz Festival.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 9.30 UK Direct 10.00 News 10.30 Food Watch 11.00 News 11.30 Simpson's World 12noon News 12.30pm Science Review 1.00 News 1.30 Face in the Crowd 2.00 Sportsday 6.00 Newsday 24 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson's World 9.00 News UK 9.30 Face in Crowd 10.00 News 10.30 Book Review 11.00 News 12midnight News 1.00am News 2.00 News 2.30 Simpson's World 3.00 News 3.30 Science 4.30 Reporters 5.00 News 5.30-6.00am Face

CNN INTERNATIONAL

News throughout the day, plus: 5.00am World News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 World Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 World Report 2.30 Travel Guide 3.30 World Sport 4.30 Pro Golf 5.00 Larry King 6.30 Inside Europe 7.30 World Beat 8.30 Style 9.30 The Art Club 10.30 Sport 11.00 Worldview 11.30 Global View 12.30am 7 Days 1.00 The World Today 1.30 Diplomatic License 2.00 Larry King 4.30-5.00am Evans & Novak

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 The Entertainment Show 10.30 Fashion TV 11.30 Week in Review 12.30pm ABC Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Fashion TV 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 The Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline Extra 12.30am Westminster Week 1.30 Fashion TV 2.30 Century 3.30 Week in Review 4.30 Newsmaker 5.30-6.00am The Entertainment Show

INTERNATIONAL

3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Hablamos Espanol 6.30 Spanien 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Slowenien 9.15 Schilling 9.45 Der Report 10.30 Vor 30 Jahren 11.15 Quer 12.15pm Schlagerkarussell 1.00 Neues 1.30 Ayeyarwady 2.15 Ungeschminkt 2.45 Hunger nach Liebe 3.20 Wer Kennt Johnny R? 4.25 Kinotip 4.35 Tips 5.00 Funkstille im Sturm 5.30 Ausland 6.00 Heute 6.18 3Sat-Wetter 6.20 Foyer 7.00 Tagesschau 7.15 Der Goggolori 9.25 Der Choreograph 10.10 Alex 11.10 Seitenblicke 11.35-12.05am Suite 16

TV5 5.00am Journal 5.15 Grand Tourisme 5.30 Outremers 6.30 Horizon 7.00 Minutes 7.05 Journal 7.30 Le Journal 7.35 Bus 8.30 Pas Si Bêtes que ça 9.00 Minutes 9.05 Magellan 9.30 Branché 10.00 Minutes 10.05 Découverte 10.30 Tourisme 10.45 Autour du Tour 11.33 Journal 11.55 Le Journal 12.05pm Grands Gourmands 12.35 Jardins et Loisirs 12.55 Itinéraire Bis 1.20 Saveurs 1.45 Télétourisme 2.10 Aventure 2.25 Autant Savoir 2.50 Festivals 3.00 Journal 3.15 Génies 3.45 L'Ecole 4.30 Minutes 4.35 Jardin 5.00 Questions 5.30 Journal 6.00 Sport 6.30 Journal 7.00 Thalassa 8.00 Outremers 9.00 Journal 9.30 Résumé 9.45 Le Vent 11.15 Tour de France 11.25 Le Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 FILM 11.30 News 12noon Subah 12.30pm Community Focus 1.00 Edit 1.30 FILM 4.00 Dekh Bhai Dekh 4.30 Thekikaat 5.00 Aashiana 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Gehra Paani 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Dance Dance 7.00 Jaagran 7.30 Shabads/ Holy Quran 8.00 News 8.30 Fat or Fit 9.00 Entertainment 9.30 Out & About 10.00 Geet Gaata Chal 10.30 Cinemagic 11.00 Khana Khazana 11.30 Business 12noon FILM: Ghar Ki Izzat 3.00pm Video 4.00 Shotgun Show 4.30 Dekh Bhai Dekh 5.00 Your Zindagi 5.30 Filmi Baatein 6.00 Ladkiwale Ladkewale 6.30 Sa Re Ga Ma 7.30 Hum Paanch 8.00 News 8.30 Adhikar 9.00-12midnight FILM: Salma Pe Dil Aagaya

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Newbury, Newmarket, Nottingham and Ripon.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 700 Club 6.30 Terry Jones/Peter Youngren 7.00 Ulf Ekman 7.30 Marilyn Hickey 8.00 KIDZ Club 8.30 Secret Adventures 9.00 Edges/Standing on the Rock 9.30 Jesse Duplantis 10.00 CCM Weekend Jam 10.30-11.00am This is Your Day

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords
1.00pm Questions from the House
5.00-6.00pm Statement from the House

Sci-Fi Zone

YOUR GUIDE TO OUT-OF-THIS-WORLD SHOWS ON CABLE. WORDS: PATRICK HOLM

BRING ON THE BIG GUYS

Left: 'Who're you calling ugly?' Godzilla (far left) and chums. Below: One of 'Gargantua''s biggest stars

SIZE *is* important. That's the message the new *Godzilla* film has been blasting around the world. And to tie in with the giant lizard's return to the big screen on Friday 17 July, Sky are offering not just a chance to see the original Japanese behemoth destroying downtown Tokyo, but also the American Fox Network's new monster lizard *Gargantua*.

Godzilla sprang to life as a result of a nuclear explosion and, in the series of the original Japanese films showing on Sky Movies Gold on 18 July, we meet him and all the other inhabitants of Monster Island.

As the Godzilla character developed in the films, he went from playing the bad guy to virtually being Earth's sole defender. But the tables have been turned for the Nineties, where th e new Godzilla is out to stomp New York!

Gargantua (Sky Movies Screen 2, Saturday 19th 9.00pm) has elements of both *Godzilla* and *King Kong*, with Adam Baldwin playing a scientist, Jack Ellway, who is searching for a sea creature. His son finds a smaller version of the amphibian and befriends it without his father's knowledge. But, when the larger creature shows up – then brings along its parents who are larger still – the scene is set for a battle between the army, who want to destroy the creatures, those who want to exploit them for profit, and Jack and his son, who want them to be able to live in peace.

GODZILLA DAY Sky Movies Gold Saturday 18th

11.00am ***Ebirah – Horror of the Deep***
12.30pm ***Invasion of Astro Monster***
2.15pm ***Destroy All Monsters***
3.45pm ***Son of Godzilla***
5.15pm ***Godzilla vs Gigan***
6.45pm ***Godzilla vs Megalon***
8.10pm ***Terror of Mechagodzilla***

TIME MACHINE

The Six Million Dollar Man

102 episodes, originally screened on ITV from 1974.

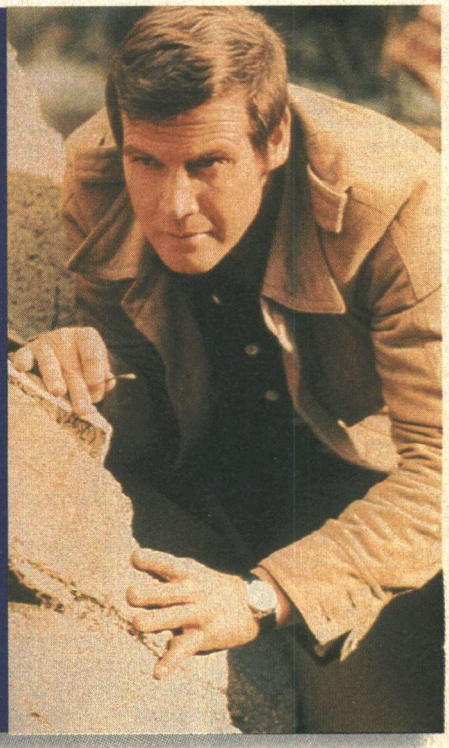
The Bionic Woman

57 episodes, first screened on ITV from 1976.

'Gentlemen, we can rebuild him ...' The dream of doctors across the ages – to find a way to improve on nature and build a super human – came to life in the long-running series *The Six Million Dollar Man* and *The Bionic Woman*.

The Six Million Dollar Man starred Lee Majors as astronaut Steve Austin, who loses both legs, an arm and an eye when his plane crash lands. Dr Rudy Wells (Alan Oppenheimer/Martin E Brooks) not only replaces his damaged body parts, but actually improves on them. Fitted with 'bionics', which allow him to run at 60 mph, bend steel bars and see things from miles away, Steve becomes the ultimate secret agent.

Lindsay Wagner starred as Steve's girlfriend, Jaime Summers, who span off into her own series when she lost both legs, an arm and an ear. Both shows were graced by Richard Anderson as spy boss Oscar Goldman, with Steve later encountering a bionic boy, and Jaime a bionic dog! After the series finished, the bionic pair made three reunion TV movies, one co-starring a young Sandra Bullock as a new bionic agent. Both series are currently screening on Sci-Fi Channel, see listings for details.



PHOTOS: BSKYB, SCI-FI CHANNEL

Sunday 19 July

SKY MOVIES SCREEN 1

6.00am A Summer's Tale
1996, rating Sky U, 109 mins
8.00 Home Front
Jon Cryer, Lynn Redgrave
1987, rating Sky PG, 88 mins
10.00 The Baby-Sitters Club
Ellen Burstyn, Brooke Adams
1995, rating Sky U, 90 mins
12noon Canadian Bacon
John Candy, Alan Alda, Bill Nunn
1995, rating Sky PG, 91 mins
2.00pm Eight Men Out
John Cusack, Charlie Sheen, DB Sweeney, David Straithairn
Drama about the Chicago Black Sox scandal of 1919, in which the World Series favourites threw the championship for a pay-off. *1988, rating Sky 15, 115 mins*

4.00 The Baby-Sitters Club
Ellen Burstyn, Brooke Adams, Bruce Davison, Peter Horton, Schuyler Fisk, Bre Blair
Seven adolescent girls spend an eventful summer baby-sitting and having fun in this coming-of-age drama for all the family. The girls hope to earn some extra money and keep their friendships intact. *1995, rating Sky U, 90 mins*

6.00 Canadian Bacon
John Candy, Alan Alda, Bill Nunn, Kevin Pollack, Rhea Perlman, Rip Torn
Satirical comedy in which the American President decides to declare war against Canada after finding his popularity at an all-time low. The stunt, he hopes, will unite the nation behind him once again. **Last Play** *1995, rating Sky PG, 91 mins*

8.00 To Sir, with Love II
Sidney Poitier, Fernando Lopez, Daniel J Travanti, Lulu, Judy Gleeson
Drama sequel in which an American teacher in Britain retires to Chicago, but soon finds himself back in an inner-city school, after coming across a deprived school which is crying out for a new teacher. *1995, rating Sky 15, 89 mins*

10.00
Welcome to the Dollhouse
Heather Matarazzo, Matthew Faber, Darina Kalinina, Bill Buell
PREMIERE Award-winning comedy about a school girl struggling through the traumas of puberty. *1995, rating Sky 18, 84 mins*
11.35 Celtic Pride
Damon Wayans, Daniel Stern
Sports comedy. **Text** *1996, rating Sky 12, 87 mins*
1.05am The Cure
Joseph Mazello, Brad Renfro, 1997, rating Sky 12, 95 mins
2.45 Star 80
Mariel Hemingway, Eric Roberts
1983, rating Sky 18, 99 mins
4.30-6.00am Home Front
1987, rating Sky PG, 88 mins

SKY MOVIES SCREEN 2

6.00am Shanghai Express
1932, rating Sky PG, 78 mins
7.40 Calm at Sunset
1996, rating Sky PG, 94 mins
9.40 Mystery Science Theater 3000: The Movie
1995, rating Sky PG, 71 mins
11.00 Taken Away
Michael Tucker, Jill Eikenberry
1996, rating Sky PG, 86 mins
1.00pm Shanghai Express
1932, rating Sky PG, 78 mins

3.00 Calm at Sunset
Michael Moriarty, Peter Facinelli, Kevin Conway
Drama about a teenager who wants to follow in his father's wake and become a fisherman. His parents are not happy with this, having seen the sea claim many lives. The boy's discovery of his father's secret brings them all closer together. *1996, rating Sky PG, 94 mins*

5.00 Taken Away
Michael Tucker, Jill Eikenberry, Robert Wisden, Jimmy Marsden
Powerful drama about a woman with a heart condition who is kidnapped by two students in need of money to fund their year at college. While her husband battles to find her, the woman is in the middle of nowhere with only two more heart pills left. *1996, rating Sky PG, 86 mins*

7.00 Gargantua
Adam Baldwin, Julie Carmen, Emile Hirsch, Bobby Hosea
PREMIERE Special effects-filled adventure. When an underground earthquake in the South Pacific opens up a deep underwater trench, releasing a family of giant reptiles into the open sea, their safety and those who seek to protect them is jeopardised. *1998, 90 mins*

9.00 Moby Dick
Patrick Stewart, Henry Thomas, Ted Levine, Gregory Peck
Epic adventure tale. A young man named Ishmael has come to Nantucket in search of adventure. He signs up for work on the *Pecquod*, a great ship with a mysterious Captain, the one-legged Ahab, whose other limb was torn off by a vicious white whale. *1997, rating Sky PG, 144 mins*

11.30 The Crow: City of Angels
Vincent Perez, Mia Kirshner, Richard Brooks, Iggy Pop
Gothic horror sequel about a man who returns from the dead to stalk the streets. *1996, rating Sky 18, 91 mins*
1.05am The Movie Show
1.35 Deadly Pursuits
1995, rating Sky 12, 90 mins
3.10-5.30am Cyclo
Thriller. **Last Play** *1995, rating Sky 18, 124 mins*

SKY MOVIES GOLD

11.00am Merrill's Marauders
Ty Hardin, Jeff Chandler
World War II drama about a group of American soldiers in Burma who find themselves heavily outnumbered by the advancing Japanese. *1962, rating Sky PG, 94 mins*
1.00pm
Demetrius and the Gladiators
1954, rating Sky PG, 97 mins
2.45 Suspicion
Joan Fontaine, Cary Grant, Nigel Bruce, Cedric Hardwicke, Heather Angel
Alfred Hitchock's suspense thriller in which a naïve young woman marries a fast-living charmer. After a short time, she begins to suspect that he has plans to murder her. *1941, rating Sky PG, 95 mins*

4.30 Two for the Road
Audrey Hepburn, Albert Finney, Eleanor Bron, William Daniels, Claude Dauphin, Nadia Gray
Romantic comedy about a married couple who reminisce on their lives together, via flashback sequences, in an effort to recall what it was that attracted them to one another in the first place. *1967, rating Sky PG, 106 mins*

6.20 Crossing Delancey
Amy Irving, Reizl Bozyk, Peter Riegert, Jeroen Krabbe
Charming comedy about a 33-year-old Jewish woman searching for the perfect man, who allows her grandmother and her matchmaker friend to set her up with an unlikely date. *1988, rating Sky PG, 93 mins*

8.00 The War of the Roses
Michael Douglas, Kathleen Turner, Danny De Vito, Marianne Sagebracht
Black comedy about the trials of divorce in which a disillusioned couple's break-up turns their mansion-sized house into a battlefield. Their lawyer friend observes the action with both sympathy and disbelief. **Text** *1989, rating Sky 15, 112 mins*

10.00 Out for Justice
Steven Seagal, William Forsythe, Jerry Orbach
Explosive action thriller about a man caught in an all-out battle of strength, nerves and wits with his former childhood buddy, turning Brooklyn into a war zone. *1991, rating Sky 18, 87 mins*

11.35 Blue City
Judd Nelson, Ally Sheedy
Drama about a man released from prison who discovers that his father has been murdered. *1986, rating Sky 18, 79 mins*
1.00am Damien: Omen II
William Holden, Lee Grant
1978, rating Sky 18, 102 mins
2.50-5.00am The Hustler
Paul Newman, Jackie Gleason
1961, rating Sky PG, 129 mins

Mia Kirshner stars in 'The Crow: City of Angels': Sky Movies Screen 2 11.30pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm The Good Old Boys
Tommy Lee Jones, Sissy Spacek, Frances McDormand, Sam Shepard, Terry Kinney
Western comedy drama set in turn-of-the-century Texas. A drifter must choose between the footloose lifestyle that he loves in what remains of the Old West or settling down with a good woman. Directed and co-written by Tommy Lee Jones. *1994, 113 mins*

11.00 Desperate Trail
Sam Elliott, Craig Sheffer, Linda Fiorentino, Frank Whaley
Tough, offbeat Western in which a lawman sets out to hunt down his daughter-in-law. *1994, 90 mins*
12.40am Cimarron
Glenn Ford, Maria Schell
Drama about a family in the Old West. *1960, 142 mins*
3.10-5.00am
The Fastest Gun Alive
Glenn Ford, Jeanne Crain
Frontier drama. *1956, 86 mins*

SKY ONE

6.00am The Hour of Power 7.00 Delfy and His Friends 7.30 Orson and Olivia 8.00 Wild West Cowboys of Moo Mesa 8.30 Superhuman Samurai Syber-Squad 9.00 What-a-Mess 9.30 Double Dragon 10.00 Adventures of Sinbad 11.00 Rescue 11.30 Sea Rescue 12noon Miracles and Other Wonders 1.00pm World Wrestling Federation – Superstars 2.00 Kung Fu

3.00 Star Trek: The Next Generation
Where No One Has Gone Before
The *Enterprise* travels to uncharted territory.

4.00 Star Trek: Deep Space Nine
Hippocratic Oath
Bashir and O'Brien clash over Bashir's desire to help their captors escape. **Text**

5.00 Star Trek: Voyager
Resistance
Janeway, Tuvok, Torres and Neelix transport to an Alsaurian city occupied by the hostile Mokra. **Text**

6.00 The Simpsons
Last Temptation of Homer
Homer is attracted to a sexy new co-worker. **Text**

6.30 The Simpsons
King of The Hill

7.00 King of the Hill
How to Fire a Rifle
Hank is employed at Strickland Propane.

7.30 King of the Hill
Pilot

8.00 The Pretender
Collateral Damage
NEW SERIES Jarod tries to clear the name of a US soldier wrongly accused of selling classified information to the enemy.

9.00 The X-Files
Shapes
The agents track a wolf-like creature linked to a Native American legend. Stars David Duchovny and Gillian Anderson.

10.00 Bloody Foreigners
France
Travels to France to investigate the truth about our Gaelic neighbour's reputation as the world's greatest lovers.

11.00 Forever Knight
Father's Day
Drama series. Nick helps his friend to escape the legacy of his father's life of crime.

12noon Tales from the Crypt
Two for the Show
A man is taunted by police.
12.30am LAPD
1.00 Dream On
Hey Diddle, Diddle
1.30 Dream On
Cupid is as Cupid Does
2.00-7.00am Long Play

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Sci-fi adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy. Stars Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
Romantic comedy starring Michelle Pfeiffer and George Clooney. *1997, rating Sky PG, 123 mins*
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm, 10.30pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Neighbours Omnibus
9.05 Blake's Seven
10.10 Dr Who Omnibus
12noon Mastermind
12.30pm Big Break
1.10 FILM: The Early Bird
Norman Wisdom
Slapstick comedy about a milkman for a small, independent dairy who finds his livelihood threatened by a large conglomerate and decides to put up a fight. *1965*

3.00 The Bill Omnibus
A roundup of the week's crime-busting dramas from the police officers of Sun Hill station. Carver and Woods suspect a petty thief of a serious offence. A shot rings out as Ackland and Loxton are out on patrol dealing with a complaint from Mrs Henry and find a woman lying on the ground bleeding. As officers try to find the assassin, June Ackland goes back out on the streets.
5.25 Only When I Laugh
Postman's Knock
An agony aunt causes confusion.
5.55 The House of Eliott
As Beatrice and Jack review the prospects for their future, Evie is astonished when her sister endorses Larry Cotter's proposal to join forces and venture into ready-to-wear.
7.05 Fawlty Towers
The Germans
Suffering from concussion, Basil insults a party of German tourists. Stars John Cleese.
7.45
Keeping Up Appearances
Hyacinth is forced to intervene when Daddy overspends in a toy department.
8.25 Open All Hours
Classic comedy.
9.05 Taggart
Murder in the Season
Jim Taggart investigates the murder of a secretary who was having an affair with the estranged husband of a world-famous opera singer. He learns that the singer had recently returned home to sing with the Scottish Opera and attempt a reconciliation with her husband, unaware of his liaison. Stars Mark McManus and Isla Blair.
11.15 This Life
Brief Encounter
Anna has a passionate one-night stand, but discovers that there's no such thing as casual sex.
12.05am The New Statesman
Let Them Sniff Cake
Alan's plans to relieve Lord Penistone of a chunk of his wealth are disrupted by death threats.
12.40 Spitting Image
1.10 The Chief
2.05 The Equalizer
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Rolonda
11.10 Brookside Omnibus
1.10pm Tempestt
2.00 Cheap Chic
Practical style and lifestyle show.
2.30 I Dream of Jeannie
Blackmail Order Bride
Classic 60s sitcom.

3.00 FILM: Beautiful But Dangerous
Robert Mitchum, Jean Simmons
Light-hearted drama. A wealthy young woman causes chaos when she returns to her Arkansas home town and begins anonymously distributing money. She is determined to repay the citizens who helped fund an operation she needed as a child. But her charity backfires. *1954*
5.05 Hart to Hart
My Hart Belongs to Daddy
Drama series starring Robert Wagner and Stefanie Powers.

6.00 FILM: First Steps
Judd Hirsch, Amy Steel, Kim Darby, Frances Lee McCain
Drama chronicling the experiments of a bio-engineer in 1980s Ohio, whose pioneering work with electrodes led to a 23-year-old being able to walk ten steps at her college graduation. *1985*

8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring real-life recues by American emergency services.

9.00 Jerry Springer Double Bill
A double dose of the show in which the talk show host and his guests engage in lively, often heated, discussions about relationship issues.
10.50-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex..

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box
7.00 Bootsie and Snudge
7.30 Nearest and Dearest
8.00 Doctor in the House
8.30 On the Buses
9.00 The Gentle Touch
10.00 E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Hawaii Five-0
1.00pm Hawaii Five-0
2.00 The Gentle Touch

3.00 Forever Green
Emotive drama. When the Boults come across Lord Corwen on Birley Common, Freddy suspects that he is training his greyhounds for hare coursing.
4.00 The Saint
Escape Route
The Saint goes to jail – but his sentence is part of a police plan to smash a prison escape organisation run by callous killers.
5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Emily, stunned by the news that Arnold's wife is still alive, seeks Flora's help to solve the mystery. She then confronts Arnold with the evidence. Meanwhile, Len fails to remind Rita to tell Mavis that she can't spend Christmas at the Faircloughs.
7.30 On the Buses
Goodbye Stan
Stan accepts a job in a car factory up North.
8.00 A Bit of a Do
The White Wedding
A marriage is taking place in a small Yorkshire town – but it's not just the bride and groom who are feeling amorous.
9.00-11.00pm Red Fox – Part I
A British businessman is kidnapped in Paris, and his company's head of security is dispatched to get him out. With John Hurt and Jane Birkin.

GRANADA MEN & MOTORS

11.00pm Hell for Leather
Fast-paced biking magazine show, hosted by ex-world motor-cycle champion Graeme Crosby.
11.30 Pro-Superbike
Jaw-dropping action.
12midnight Biker's Night Off
Zany quiz show for bikers.
12.30am Through the Gears
The topical international motoring and bike sport magazine.
1.00 E! Extreme Close-Up
An interview with Gillian Anderson.
1.30 E! Gossip
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Brand Spanking New Doug 10.00 Recess 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.25pm Gargoyles 12.50 Mighty Ducks 1.10 Woof 1.35 Flash Forward 2.00 Double Dinosaurs

3.00 The Wonder Years Double Bill
The Ties That Bind/ The Sixth Man
Kevin Arnold looks back at his childhood in the Sixties. Text
4.00 Home Improvement Double Bill
You're Driving Me Crazy, You're Driving Me Nuts!/Bye Bye Birdy
Smash hit US sitcom starring Tim Allen. Text
5.00 Honey, I Shrunk the Kids: The TV Show
Honey, the Bear is Bad News
Wayne interferes with Jentech's first project. Text
5.45 Smart Guy
The Code
6.10 Teen Angel
The Play's the Thing
Steve turns to acting. Text
6.35 Boy Meets World
Train of Fools Text
7.00 FILM: Toothless
Kirstie Alley, Lynn Redgrave
When dentist Katherine is killed in an accident, she's not allowed into heaven until she can show some human compassion. She's appointed Tooth Fairy in the meantime, and meets a boy in need of a family, whose plight melts her icy heart. *1997*
8.20 Classic Toons
Favourites from the archives.
9.00-10.00pm Dr Quinn: Medicine Woman
What is Love ?
A production of *Romeo and Juliet* is on in town and romantic tension is high. Text

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Ideal Home Cooks 10.30 Japaneasy 11.00 Vin Ordinaire 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Simply Antony 1.00 Can't Stand the Heat 1.30 New Chefs on the Block 2.00 From the Ground Up 2.30 Food Network Daily 3.00 Ideal Home Cooks 3.30 Coxon's Kitchen College 4.00 French Lunch 4.30-5.00pm Red Hot 'n' Smokin'
Preparing veal and cooking shark steaks on Brighton beach.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm The Country Diary of an Edwardian Lady
September
5.30 Our House
Suzi Becker presents the lifestyle series.
6.00 Always Afternoon
Mini-series set in Australia during World War I. Romance between a local girl and a German internee causes trouble in the town of Arakoon.
7.00 The 10 Percenters
Sex, Death, Suicide and Adultery
7.30 Goodnight Sweetheart
Let's Get Away from it All
Stars Nicholas Lyndhurst.
8.00 Till We Meet Again
Second part of the mini-series based on Judith Krantz's novel about the lives and loves of three women, spanning a period of 50 years. Stars Bruce Boxleitner, Barry Bostwick, Mia Sara, Courteney Cox, Lucy Gutteridge and Michael York.

10.00
The Last Place on Earth
Glories of the Race
11.00 Echoes
12midnight The Ruth Rendell Mysteries: A Guilty Thing Surprised
1.00am Tales of the Unexpected
1.30-2.00am Tales of the Unexpected

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

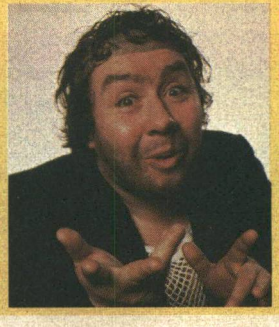
FILM

The War of the Roses
Sky Movies Gold 8.00pm
Michael Douglas and Kathleen Turner made some great films together (e.g. *Romancing the Stone*), but none were as dark as this black comedy about what happens when love turns to hate in a relationship. Danny De Vito directs and also stars as the lawyer narrating the tale.

GENERAL

Cheers
Paramount Comedy Channel 10.30pm
This Eighties comedy remains as intoxicating as ever. In this episode, Norm (the ultimate in lily-livered, hen-pecked men) attempts to talk a female auditor out of sending him to jail. However, she just wants his body and only the fearless barmaid Carla can come to his rescue!

ADVERTISEMENT



RAB C NESBITT
8.30PM

bravo

The string-vested Glasgow street philosopher Rab C Nesbitt (Gregor Fisher) returns in this hilarious series portraying the downs of tenement life. With Elaine C Smith as his battling wife Mary.

Sunday 19 July

EUROSPORT

6.00 AM

7.30am All Sports
NEW SERIES A look at outdoor sports.
8.00 Motorcycling – LIVE
Action from Sachsenring.
9.30 Motocross
World Championship action.
10.00 Motorcycling – LIVE
Action from the German Grand Prix in Sachsenring.
2.15pm Cycling – LIVE
Action from the eighth stage of the Tour de France, covering the 189km between Brive-La-Gaillarde to Montauban. Located on the border of the hills of the Lower-Quercy and the plains of the Garonne, Montauban will be hosting the Tour for the first time.

3.00 PM

4.30 Athletics
Action from the ninth meeting of the IAAF Grand Prix II meeting in Gateshead. Last year, Sally Gunnell brought down the curtain on a glorious career by crossing the line first in a none-too-serious mixed relay.

4.00 PM

6.00 Touring Car
Action from the Super Tourenwagen Cup in Lahr, Germany.

5.00 PM

7.00 Sports Car
Highlights from the 500km FIA GT Championship in Hungaroring, Budapest.

6.00 PM

8.00 CART – LIVE
Action from the FedEx Championship series in Ontario, Canada. Today is the 11th leg from the 'Molson Indy' in Toronto. The track type is a 1.721-mile temporary street course. Last year the winner in Toronto was Paul Tracy, ahead of Alex Zinardi.

7.00 PM

10.00 Cycling
Highlights of the Tour de France so far. This year's Tour started in Dublin for the first time ever, before moving on to the picturesque French villages of Lorient and Pau. It finishes in Paris on the famous Champs Elysées.
11.30-12.30am Motorcycling
World Championship action from the German Grand Prix in Sachsenring.

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME

SKY SPORTS 1

6.00am Sports Unlimited
7.00 Cricket: AXA Life League
Repeat from Saturday
9.00 Saturday Night Fight
11.00 Cricket: Women's One-Day International: England v Australia – LIVE
Action from Southampton.
2.30pm Second Innings
Half an hour of essential viewing for cricket fans.

3.00 Cricket: Women's One-Day International: England v Australia – LIVE
Continued ball-by-ball coverage of the latest women's one-day international clash between England and Australia. The County Ground in Southampton stages this latest clash as England take on the highly-rated Australians.

6.00 Irish Showjumping
Action from the Irish Showjumping Grand Prix.
6.30 Futbol Mundial
Global football action.

7.00 Motorcycling: German Grand Prix
Fast track coverage from the German Grand Prix, where some of the quickest competitors on the circuit meet on the track. Last season's Superbikes champion, John Kocinski, has switched to the Grand Prix track, and his main rivals include 250cc champion Max Biaggi and 500cc champion Mick Doohan.
9.30 International Rugby League: England v Wales
Action from the latest international rugby league clash between Emerging England and Wales from Widnes. A selection of JJB Sports Super League stars appear for the England side in a match presented by Eddie Hemmings.
11.30 Powerboat and Jetski World
Action on the water.
12midnight-2.30am Ford Golf USA: Deposit Guaranty Golf Classic
Day four action from Annandale Golf Club in Madison.

SKY SPORTS 2

6.00am Irish Showjumping
6.30 Inside the Senior PGA Tour 7.00 Aerobics Oz Style
7.30 Powerboat and Jetsport World
8.00 Rebel Sports
8.30 Futbol Mundial
9.00 Soccer Extra
12noon Beach Volleyball
12.30pm Gillette World Sport Special
1.00 Tennis: Davis Cup Quarter-Final: Germany v Sweden – LIVE
Third day action from the Davis Cup tennis tournament as Germany meet Sweden in the quarter-final of the prestigious men's team event.

5.00 Beach Volleyball
From the sands of Rio, Buenos Aires, Tenerife and Marseille.
5.30 Dr Martens Premier League Snooker: O'Sullivan v Davis
Highly-rated Ronnie 'The Rocket' O'Sullivan meets former world champion Steve Davis at the Diamond Centre in Northamptonshire.
7.30 Ford Golf USA: Deposit Guaranty Golf Classic – LIVE
Day four action from the Annandale Golf Club in Madison, where the 1998 Deposit Guaranty Golf Classic takes place. Some of the finest golfers on the PGA Tour battle for a share of the prize money.

10.00 Golf US Senior Open
Coverage of the US Seniors' Tour's most prestigious event, featuring many great players.
11.00 Beach Vollyball
From the sands of Rio.
11.30 Motor Racing: Indy Dover 400
Coverage from the Indy Dover 400, staged in New Jersey State at the Dover Downs International Speedway Circuit.
1.30am-2.00am Beach Volleyball
From the sands of Rio, Buenos Aires, Tenerife and Marseille.

SKY SPORTS 3

12noon Australian Rules Football
Action from Down Under.
2.00pm Watersports World
The latest news from the programme that brings you all the action from the world of watersports.

3.00 International Rugby League: England v Wales – LIVE
Action from the latest international rugby league clash between Emerging England and Wales from Widnes.

5.00 Motor Racing: Indy Dover 400 – LIVE
Live coverage from the Indy Dover 400, staged in New Jersey State at the Dover Downs International Speedway Circuit.

7.00 Watersports World
The show that gives the viewer a comprehensive insight into a number of watersports.

8.00 Cricket: Women's One Day International: England v Australia
Another chance to see the best of the action from the County Ground in Hampshire, where England face Australia in the latest women's one day international.

10.00-12midnight Tennis: Davis Cup Quarter-Final: Germany v Sweden
The best of the action from the Davis Cup tennis tournament as Germany meet the highly-rated Swedish side in the quarter-final.

TROUBLE

12noon Ready or Not
Poor Little Rich Girl
12.30pm On the Make
Makeover show.
12.45 It's in the Jeans
Bowling
1.00 Saved by the Bell: The College Years
American sitcom.
2.00 USA High
The Competition
2.30 Fresh Prince of Bel Air
American sitcom starring Will Smith.

3.30 Echo Point
Teenage soap.

4.00 Heartbreak High
Hard-hitting drama series about the staff and students at an inner-city Sydney high school.

5.00
No Naked Flames
Teen magazine show.
5.30 California Dreams
American sitcom.
6.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face. Stars Jeremy Edwards.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
8.30 Rab C Nesbitt
Scottish rhetoric.
9.00 Get Real...
The Secrets of the CIA
Documentary programme.

10.00 Twisted
Borrowing Bazza
Mystery drama.
10.30 Red Shoe Diaries
Liar's Tale
11.00 FILM: Eskimo Nell
Christopher Timothy, Roy Kinnear, Anna Quayle, Katy Manning
British comedy. *1974*
1.00am Beverly Hills Bordello
The Assignment
1.30 FILM: The Black Cat
Mimsy Farmer
Violent adaptation of Edgar Allan Poe's classic tale. *1981*
3.30 FILM: The Crazies *1973*
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare
8.00 The Bionic Woman
9.00 The Six Million Dollar Man
10.00 SF Scene
10.30 Planet Mirth
11.00 Twilight Zone
11.30 Twilight Zone
12noon FILM: Dr Strange
Peter Hooten 1978
2.00pm Misfits of Science
Against All Oz

3.00 Probe
Untouched by Human Hands
Austin James must solve the mystery surrounding the death of a colleague.

4.00 Future Cop
The Mad, Mad Bomber
Drama series about a veteran policeman and his partner, a prototype of the cop of tomorrow.

5.00
FILM: Moon Zero Two
James Olson, Catherina von Schell, Warren Mitchell, Adrienne Corri, Ori Levy, Dudley Foster
In the year 2021, a space pilot is given the task of transporting a precious cargo, but he has to overcome the efforts of a band of villains. *1969*

7.00 Mysteries, Magic and Miracles
Baffling stories and events.
7.30 SF Scene
An up-to-the minute guide to sci-fi entertainment.

8.00 Quantum Leap
Future Boy
Sam must help TV star Captain Galaxy activate his time machine on a popular children's show.

9.00 Deepwater Black
Awakening
9.30 Deepwater Black
Lullaby

10.00 FILM: Wicked City
Feature-length animation about a group of undercover operatives trying to uphold a pact made centuries earlier between the human world and the realm of the demons. *1993*
11.40 The Making of 'Godzilla'
A look behind the scenes.
12midnight The Hunger
12.30am The Twilight Zone
Mr Denton on Doomsday
1.00 Dark Shadows
2.00 Friday the 13th
Bedazzled
3.00 Tales of the Unexpected
Heir Presumptuous
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Davis Cup Tennis – LIVE
Sky Sports 2 1.00pm

The World Group of the Davis Cup is where Great Britain are aiming to be next year, so today will show us how good we need to be to win. This live quarter-final is between Sweden and Germany, who have both had success over the years in this event. In fact, the Swedes are the most successful modern nation and have been involved in some of the most dramatic matches in Davis Cup history. The concluding round of singles matches is due to take place today and, if the match is a close one, these could be real nail-biters.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Eastern Nights
12.20 Fantasy Night Calls
1.00 The Five Minute Free View
1.05 Programme continues
1.10 FILM: Adult Feature
2.20 FILM: Sex Under Glass
A sex-crazed college student gets her kicks by watching young couples.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File 12 – Full Screen Test
12.35 FILM: One Track Mind
Sindee Coxx, PJ Sparxx
Erotic feature film.
1.45 Ice Castings
2.00 Wicked Ways Volume II
3.10 Erotic Feature
3.45-4.00am Leather Lovelies

HVC

CABLE EXCLUSIVE

8.00pm FILM: To Die, to Sleep
Charles Napier, Ami Dolenz
Drama. *1992*
9.25 Short Cuts: The Thrill
10.00 FILM: Funny Car Summer
Jim Dunn
Action tale. *1973*
11.25-12midnight Electric Blue Show

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Whittle
Tim Vine hosts the audience participation quiz.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.

7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the fast-moving quiz.
7.45 Prize Time
7.55 The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world, with the aim of collecting crystals. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the gameshow with the chance to win big prizes.
9.45 Prize Time
10.00 Endurance UK
Paul Ross puts contestants through torturous games and introduces clips from the cult Japanese show.
10.50 Prize Time
11.10 Jools Holland's Name That Tune
Jools Holland and his Orchestra plays the music in the classic quiz.
11.40 Prize Time
12midnight Roll with It!
12.30am Cats Eyes
1.30 Harts of the West
2.30 Bagdad Cafe
3.00 Snowy River – The McGregor Saga
4.00 Jake and the Kid
True Confessions
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 What's in the Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation 7.30 Fashion 8.00 Agony 8.30 Living Room Legends 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/ Fate & Fortune 10.00 Lie Detector 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Fashion 1.00 Lie 1.30 Agony 2.30 Revelations/Fate
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phine-in programme.
3.45 BodyHeat
Exercise programme.
4.00 Judge Judy
The feared American judge solves another case.
4.30 Judge Judy
Another case for the tough judge.
5.00 Agony
Much-needed advice for troubled souls.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
7.28
Tiffani's Big City Tips
7.30 Agony
Much-needed advice for troubled souls.
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judgy Judy
Another tough judgement.
9.00
The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.30 The Sex Show
Late night saucy chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport, and features on the hour, every hour, plus the following features: 9.30 Gillette Sport 10.30 Catwalk Show 11.30 Cybernet 12.30pm Real Gardening 1.30 Movies Games and Videos 2.30 The Catwalk Show
The latest fashions.

3.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

4.30
The A to Z of Food
Everything from apricots to zucchinis.

5.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

6.30 The Album Show
Classic tracks from legendary artists.

7.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

8.30 Movies, Games & Videos
Comprehensive entertainment review featuring highlights of the cinema and the small screen.
9.30
The Catwalk Show
Some of the world's most beautiful models display the latest designs from top fashion houses.
10.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local news on the hour, Album Show at half past every hour.

MTV

7.00am The Grind
7.30 The Grind
8.00 The Grind
8.30 The Grind
9.00 The Grind
9.00 The Grind
10.00 Hit List UK
12noon MTV News Weekend Edition
The latest headlines.
12.30pm Daria
1.00 Select MTV

3.00 The Grind
The Grindathon continues with celebrity performances in MTV's popular beachside dance workout.
3.30 The Grind
4.00 The Grind
Beachside dance workout from another sizzling location.

5.00
European Top 20
The definitive European chart countdown.

7.00 News Weekend Edition
A look back at the weeks news from the music industry.
7.30 The Grind
8.00 The Grind
The Grindathon continues with celebrity performances in MTV's popular beachside dance workout.
8.30 The Grind
9.00 So 90s
The greatest hits of the decade with comedians Armstrong and Miller.

10.00
The Lick R&B Chart
A round-up of the biggest R&B hits with Trevor Nelson.

11.00
The Grind with Usher
Usher presents another dose of *The Grind*.
11.30 The Grind
Beachside workout.
12midnight The Grind
12.30am
Mlichael Jackson
The story of Jacko told through his music.
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Wild Ireland
12.30pm Wet & Wild
1.00 On the Loose in Wildest Africa
1.30 Out to Lunch with Brian Turner
Peterborough
2.00 Origins with Burt Wolf
Cruising Alaska
2.30 The Great Escape
3.00
Dominika's Planet
Thailand
Thai Boxing, a traditional massage and a tour of Bangkok.
4.00 An Aerial Tour of Britain
The Saxon Shore Way and South Downs Way
A look at the Kent and Sussex coastlines.
5.00 Transasia
India
The journey along the Trans-Asian Highway continues through India, from Amritsar to Calcutta.
6.00 Out to Lunch with Brian Turner
Peterborough
6.30
The Great Escape
Srinagar in Winter
7.00 Going Places
Reliving The Civil War
In Williamsburg, visitors can travel back in time and re-enact battles in the American Civil War.
8.00 Wet & Wild
Water Polo, Gold Panning and Hovercrafting
8.30 Wild Ireland
The End of the Road, Kerry and Cork
9.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis with travel tales and top names sharing holiday secrets.
10.00 The Flavours of France
Arc de Triomphe
10.30 On Tour
Italy
A look off the beaten track.
11.00 The Wonderful World of Tom
Dublin
11.30-12midnight On the Loose in Wildest Africa

GRANADA BREEZE

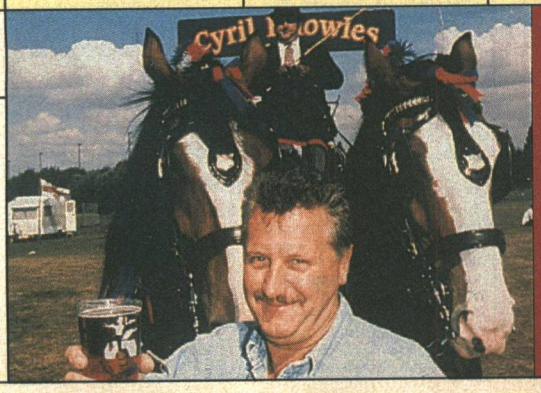
6.00am E! Uncut 6.30 E! Model 7.00 Good Housekeeping 7.30 Fast Food 8.00 View 9.00 Sally Jessy Raphael 10.00 Good Housekeeping 10.30 Zest Beauty 11.00 Cook's Garden 11.30 Rosemary Conley 12noon The View 1.00pm Roddy Llewellyn 1.30 World on a Plate 2.00 Hollywood Story

3.00 Livetime
Magazine show covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
I Hate My Son's Girlfriend
American talk show in which Sally and her guests engage in lively discussion.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Searching for Extra-Terrestrials
7.30
Living Ancestors
A look at the lemurs of Madagascar.
8.00
Weapons of War: Skis Against the Bomb
8.30 Weapons of War: Combat Cameramen
A look at filming in wars.
9.00 Weapons of War: Tides of War
Survey the effects of the Gulf War on creatures struggling in the wake of this unnatural catastrophe.
10.00 In the Footsteps of Crusoe
A visits to Juan Fernandez Island, the real-life location of *Robinson Crusoe*.
10.30 Amazon Bronze
11.00
Day of the Elephant
A look at the involvement of elephants in religion.
11.30 The Old Faith and the New
12midnight-1.00am
The Soul of Spain
While timeless changes are cherished and nurtured, economic, political and social changes have created a new way of life for Spaniards.

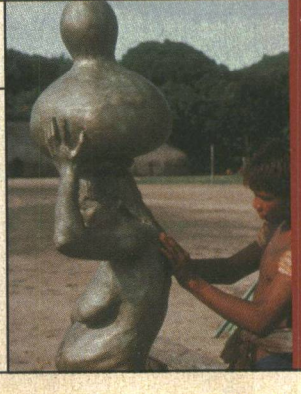
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Brian Turner enjoys a pint at the Peterborough Beer Festival in 'Out to Lunch with Brian Turner': Travel 6.00pm

VH1

7.00am Breakfast in Bed
10.00 Sunday Brunch
1.00pm Greatest Hits of... Queen 2.00 The Clare Grogan Show 3.00 First Lady – A Portrait of Tammy Wynette 5.00 The Queen Phenomenon 6.00 Brian May Another World Live 6.30 Pop-Up Video 7.00 American Classic 8.00 Talk Music 9.00 The VH1 Album Chart Show 10.00 Behind the Music: Ozzy Osbourne 11.00 VH1 Spice 12midnight-7.00am Behind the Music: Meatloaf



An example of sculptor Felipe Lettersten's life-size statues of Amazonian tribesfolk in 'Amazon Bronze': National Geographic Channel 10.30pm

Sunday 19 July

DISCOVERY HOME & LEISURE

MORNING

6.00 AM
9.00am Grassroots
9.30 Screaming Reels
10.00 Charlie West Fishing
10.30 Hometime
11.00 Hometime
11.30 Gimme Shelter
12noon New Yankee Workshop
12.30pm Great House Game
1.00 Under the Hammer
1.30 Antiques Challenge
2.00 Rex Hunt's Fishing World
2.30 Two's Country
3.00 Furniture to Go
3.30-4.00pm The Diceman

3.00 PM
DISCOVERY

4.00 PM
4.00pm Flightpath
Airships 2000
Airships are making a comeback and the race is on to produce the biggest and the best.

5.00 PM
5.00 First Flights
First in Speed: Air Racing
5.30 Flightline
A look at the Pathfinder, an extraordinary solar-powered plane.

6.00 PM
6.00 Lonely Planet
Indonesia
Mark Crowdy starts his Indonesian journey in Bali, then heads off on a ferry to Lombok and other islands.

7.00 PM
7.00 Survivor
Cold Water
Every year, around 140,000 people drown at sea.
7.30 Great Escapes
The Fatal Voyage

8.00 PM
8.00 Discovery Showcase: Wolves
Dancing with Wolves
NEW Wolves still roam free in Europe's last primeval forest in Poland.

9.00 PM
9.00 Discovery Showcase: Wolves
Wolves at Our Door
How Jim Dutcher spent six years living with and filming a pack of wolves.

10.00 PM
10.00 Discovery Showcase: Animal Hospital
NEW Animals of every ilk and illness line up for treatments at the hospital.

11.00 PM
11.00 Discover Magazine
Doomsday
An exploration of the best- and worst-case scenarios for the end of the world.

12.00
12midnight Justice Files
Parole
How overcrowded conditions in prisons have ignited an intense debate about whether, and when, inmates should be paroled.
1.00am-2.00am Lonely Planet

NIGHT TIME

SKY SOAP

11.00am Emmerdale
11.30 Emmerdale
12noon Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
1.30 Families
2.00 Families
2.30 Families
Charles arrives unexpectedly at Fiona's flat when she and Simon are still in bed.
3.00 Families
3.30-4.00pm Families

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Blinky Bill 7.30 Real Story of... 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter's Lab 10.00 Cow and Chicken 10.30 I Am Weasel 11.00 Johnny Bravo 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy Show 1.00 Road Runner 1.30 Sylvester and Tweety 2.00 Jetsons 2.30 Addams Family

3.00 Godzilla
Animated mayhem with the giant green monster and sidekick Godzooky.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly antics.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Fun with the superhero with the ego problem.
5.30 Cow and Chicken
Animated fun.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Stone age antics with Fred and Barney.
7.00 The New Scooby-Doo Movies
More chaotic sleuthing with the cowardly canine and his chums.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Fangface

THE HISTORY CHANNEL

4.00pm Sea Tales: The Fatal Voyage of Captain Cook
5.00 Battle for the Gulf: Wounds of the Soul
This final episode looks at the Allied attack on Iraq, the liberation of Kuwait and the failed rebellions in Southern Iraq and Kurdistan.
6.00 Biography Special... Ladies' Men
Roger Moore

NICKELODEON

7.00am Tales from the Cryptkeeper 7.30 Extreme Ghostbusters 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers. 10.30 Doug 11.00 Aaahhh!! Real Monsters 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister, Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Renford Rejects
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Tousle-headed fun.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera.
5.30-7.00pm Kid's Choice
Young viewers choose the programmes they want to watch.

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Double trouble with the identical twins.
7.30 Diff'rent Strokes
8.00 Wings
Comedy focusing on the offbeat regulars of a small airport on the island of Nantucket.
8.30 Cosby
9.00 Due South
This hour-long show charts the comic adventures of smooth-talking, moralistic Canadian Mountie Constable Benton Fraser.
10.00 Frasier
Frasier and Niles are not at all charmed by Martin's new girlfriend, Sherry.
10.30 Cheers
Hit US sitcom.
11.00 Monty Python's Flying Circus
Classic surreal comedy with the Python team.
11.30 This is David Harper
12midnight Kids in the Hall
A five-man comedy troupe from Canada provide an unlikely mixture of Pythonesque absurdities, razor-sharp monologues and cartoon-like inanities.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Due South
The show which transposes Mountie tracking and trapping skills to the streets of the modern city – invariably with surprising success.
3.00 Sister Sister
Double trouble with the identical twins.
3.30-4.00am Cosby

Scientists and poachers are combing the Bielowieza forest in Poland for Europe's last untamed Wolves: Discovery 8.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Richard Suart Sings Gilbert and Sullivan
With one of the world's leading baritone. Stars in a showcase of Gilbert and Sullivan patter songs.

9.00 The Wednesday Concert: Mahler's Symphony No 2
One of the world's leading Mahlerians, maestro Bernard Haitink conducts the Berlin Philarmonic in perhaps Mahler's greatest symphony, *The Resurrection* – an epic work depicting the day of judgement.
11.00 Sunday Jazz
Joshua Redman, one of today's most charismatic young saxophonists, is caught in concert at the Montreal Jazz Festival.
12midnight-1.00am Midnight Jazz: Crossing Point
A combination of jazz, rock, classical and latin fusion, recorded at Monmouth Battlefield State Park at the New Jersey Summer Festival.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 9.00 News 10.30 Science Review 11.00 Dateline 12noon News 4.00pm Newsround 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Book Review 8.00 News 8.30 Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 News 2.30 Diary 3.00 News 3.15 News 3.30 Face in the Crowd 4.30 Chronicles 5.00 News 5.30-6.00am Book Review

CNN INTERNATIONAL

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 8.30 Beat 9.00 Art Club 9.30 Update 11.30 Earth Matters 12noon News 12.30pm Science 1.00 Update 1.30 Report 2.30 Europe 4.30 NBA 5.00 Edition 5.30 Edition 6.30 Business 7.00 Newstand 8.30 Pinnacle 9.30 Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight Today 12.30am World Beat 1.15 Edition 1.30 Diplomatic License 2.00 Today 3.00 Newstand 4.30-5.00am Pinnacle Europe

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business 10.00 Adam Boulton 11.30 Book Show 12noon News 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz 3.00 News 3.30 Reuters Reports 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuters Reports 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Review 12midnight News 12.30am CBS News 1.30 ABC News 2.00 News 2.30 Business Week 3.30 Reuters Reports 4.30 CBS News 5.00 News 5.30-6.00am ABC News

INTERNATIONAL

3SAT 5.50am Anders Fernsehen 6.00 Tele-Akademie 6.45 Kunst 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Berthold Goldschmidt 9.00 Literaturclub 10.15 Zum 70 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Gotisches Österreich 1.30 Donnerwetter! 2.00 Middlemarch 2.55 Offen 3.00 Terranet Café 3.30 Die Kreuzzüge 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.08 Wetter 6.10 Weit Weg 7.00 Tagesschau 7.15 Tatsachen 8.00 Schätze der Welt 8.15 Journal de Rivesaltes 1941 9.30 Die Fluchthelfer 10.30 Der Kommissar 11.30-12.35am Endstation 13 Sahara

TV5 5.00am Journal 5.15 Grand Tourisme 5.30 Horizons 6.00 Concours 7.05 Journal 7.30 Journal 8.00 Bus et Compagnie 8.30 Jardins des Bêtes 9.05 Jardins et Loisirs 9.30 Grand Tourisme 9.45 Journal 10.05 Mouvements 10.30 Grand Tourisme 10.45 Autour du Tour 11.33 Journal 11.55 Journal 12noon Thalassa 1.00pm Outremers 2.00 Passe-Moi les Jumelles 3.00 Journal 3.15 Fiction 5.10 Minutes 5.15 Correspondances 5.30 Journal 6.00 Y a pas Match 6.30 Journal 7.00 Francofolies 8.30 Francofolies 9.00 Journal 9.30 Résumé du Tour de France 9.45 Francofolies 10.45 Grand Tourisme 11.15 Résumé du Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhur ki Bani 10.30 Islam in Focus 11.00 Aashirvaad 11.30 Holy Quran 12noon Naya Andaz 12.30pm Pakistan News 1.00 Pakistan Business 1.30 FILM 4.00 BPL Oye 5.00 Daal Mein Kala 5.30 Parstar 6.30 Asianet Aur Aap 7.00 Balcony 7.30 Golmaal 8.00 Main Anari 8.30 FILM 11.30 News 12midnight Golmaal 12.30am Asianet Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Parstar 6.00 Court Martial 6.30 News 6.45 Business 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Yeh Rishta Na Toote 7.00 Jaagran 7.30 Shabads/Holy Quaran 8.00 News 8.30 Alaap 9.00 Shri Krishna 10.00 Health Show 10.30 The A List 11.00 Jhatpat Khana 11.30 India Business 12noon FILM: Gora Aur Kaala 3.00pm Parivartan 3.30 Love Stories 4.00 Zee & U 5.00 Amar Bail 6.00 Zee Top Ten 7.00 Amaanat 7.30 Fairdeal Antakshari 8.00 News 8.30 FILM: Vijeta 11.30-12midnight Shapath

RACING CHANNEL

Racing Channel does not transmit on Sundays.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 9.00 Life is for Living 9.30 On Holy Ground 10.00 Revelation 10.30-11.00am This is Your Day – Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon America This Week 3.00pm Europe This Week 5.00-6.00pm Statement from the House

Westies in the Heather

Actual size of plate is approximately 8½" x 6½" (21.5 cm x 16.5 cm). Plate stand not included.

Award-winnning artist Nigel Hemming portrays a pair of beautiful West Highland White Terriers against the spectacular Scottish landscape.

Wonderful West Highland White Terriers, known affectionately as "Westies." Although native to Scotland, this breed has gained popularity worldwide for their adorable looks, intelligence and charming character.

Now, Nigel Hemming whose animal portraits have earned him international acclaim creates, *West Highland White Terriers In The Heather*. This magnificent collector plate portrays "Westies" amidst the splendour of the Highlands, surrounded by an elaborate border, with the look of a museum-quality frame. In the tradition of the most prized collectables, this heirloom collector plate is crafted in fine porcelain and lavished with breathtaking colour. It is hand-numbered and bordered with *22 carat gold*. Each charming plate bears the artist's signature mark on its reverse side.

Priced at just £24.50, this Signature Edition collector plate is available *exclusively* from Franklin Mint.

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Limit: one plate per collector. ** Plus £2.95 postage and packaging.*

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All orders are subject to acceptance by Franklin Mint Limited.

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INITIAL NAME PLEASE PRINT CLEARLY

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Satisfaction Guaranteed. I can return my plate within 30 days of receipt, for any reason, for replacement, credit or refund. GB-20359-00027-001

FRANKLIN MINT

Monday 20 July

SKY MOVIES SCREEN 1

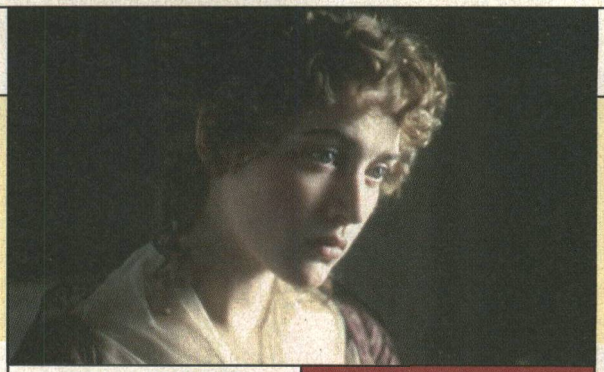
6.00am
Back to the Planet of the Apes
1974, rating Sky PG, 92 mins
7.40 Through the Olive Trees
1994, rating Sky U, 99 mins
9.20 Dallas: J.R. Returns
1996, rating Sky PG, 91 mins
11.00 Billy Madison
1995, rating Sky PG, 86 mins
1.00pm Back to Planet of the Apes
1974, rating Sky PG, 92 mins
2.45 Sense and Sensibility
Emma Thompson, Alan Rickman, Kate Winslet, Hugh Grant, Greg Wise
Lavish adaptation of the Jane Austen novel about two sisters and their search for love. When their father dies unexpectedly, the girls and their mother are left with scarcely enough money to get by. They set out on a quest to find themselves well-off husbands, but love intervenes. Text *1995, rating Sky U, 131 mins*

5.00 Alaska
Thora Birch, Vincent Kartheiser, Dirk Benedict, Charlton Heston
Adventure about a family in Alaska that becomes caught up in the plight of a baby polar bear. When the father's plane goes missing, the children set out to find him. On their search, they encounter a poacher who is trying to kill a polar bear. Text *1996, rating Sky PG, 104 mins*
7.00 Dallas: J.R. Returns
Larry Hagman, Patrick Duffy, Linda Gray, Omri Katz
Drama in which the ruined J.R. makes a desperate bid to re-claim the empire snatched from him by long-term rival Cliff Barnes. *1996, rating Sky PG, 91 mins*
8.30 Movie Show
Sky's movie magazine show hosted by Richard Jobson.
9.00 Billy Madison
Adam Sandler, Bridgette Wilson, Darren McGavin, Bradley Whitford, Josh Mostel
Comedy about a spoiled rich-kid, Billy Madison who must repeat all 12 grades of school in just six months if he is to inherit the family fortune. *1995, rating Sky PG, 86 mins*
10.30 Midnight Blue
Annabel Schofield
PREMIERE Erotic drama about a businessman who thinks that he has seen the last of the hooker he's been using when he moves to LA. However, when he meets his new boss and his wife he is in for a shock. *1996, rating Sky 18, 90 mins*
12.10am Moonlight and Valentino
Elizabeth Perkins, Gwyneth Paltrow 1995, rating Sky 15, 100 mins
1.55 The Black Cat
1990, rating Sky 18, 85 mins
3.25-6.00am Johnny Dangerously
1984, rating Sky 15, 87 mins

SKY MOVIES SCREEN 2

6.00am Them!
1954, rating Sky PG, 89 mins
8.00 A Different Kind of Christmas
1996, rating Sky PG, 88 mins
10.00 Hail the Conquering Hero
Eddie Bracken, Ella Raines
1944, rating Sky PG, 96 mins
12noon Hart to Hart: Harts in High Season
Robert Wagner, Stephanie Powers
1996, rating Sky PG, 93 mins
2.00pm Them!
James Whitmore, Edmund Gwenn
Horror about a community in the American South West which is besieged by a plague of giant ants, caused by a genetic mutation in the wake of an atomic test in the desert. *1954, rating Sky PG, 89 mins*

4.00
Hail the Conquering Hero
Eddie Bracken, Ella Raines, William Demarest, Raymond Walburn
Satirical comedy about a rejected soldier who is wrongly celebrated as a war hero in his home town. *1944, rating Sky PG, 96 mins*
5.40 A Different Kind of Christmas
Shelley Long, Barry Bostwick, Nathan Lawrence, Bruce Kirby
Family drama about a female lawyer whose father believes that he is Santa Claus. She finds herself trapped between her own career dreams and the dreams of her dad. *1986, rating Sky PG, 103 mins*
7.30 Special Feature
The latest news from the Hollywood movie scene.
8.00 Moonshine Highway
Kyle MacLachlan, Randy Quaid, Jeremy Ratchford
PREMIERE Adventure about a moonshiner who takes an interest in the estranged wife of a local sheriff and causes himself a lot of trouble with the bitter man. The sheriff plots a trap for him which could bring his profession to a nasty end. *1995, rating Sky 12, 92 mins*
10.00
The Long Kiss Goodnight
Geena Davis, Samuel L Jackson, Craig Bierko
Thriller about a happily-married teacher with amnesia who begins to be haunted by her mysterious past. She finds that she was once a secret agent and tries to recover her skills to stop a wicked act of terrorism. Text *1996, rating Sky 18, 116 mins*
12midnight The Cherokee Kid
1996, rating Sky 12, 89 mins
1.35 Exit in Red
1996, rating Sky 18, 97 mins
3.20 Man on Fire
1987, rating Sky 18, 88 mins
4.55-6.00am The Dragon Who Wasn't (Or Was He?)
rating Sky U, 79 mins



Kate Winslet stars in 'Sense and Sensibility': Sky Movies Screen 1 2.45pm

SKY MOVIES GOLD

4.00pm Road to Singapore
Bing Crosby, Bob Hope, Dorothy Lamour, Charles Coburn, Judith Barrett, Anthony Quinn, Jerry Colonna, Monte Blue, Arthur Q
Comic adventure about two playboys in Singapore who are trying to forget their previous romances, until they fall for the charms of the same woman. *1940, rating Sky U, 81 mins*
6.00 Major League
Tom Berenger, Charlie Sheen, Corbin Bernsen
An irreverent baseball comedy that follows the fortunes of a misfit team of bungling amateurs and over-the-hill athletes and how they and their fans react when they find themselves in the middle of a totally unexpected winning streak. *1989, rating Sky PG, 98 mins*
8.00 All the Right Moves
Tom Cruise, Craig Nelson, Charles Cioffi, Lea Thompson, Christopher Penn, Paul Carafotes, Craig T Nelson
Drama about a determined college football player who sets out to win a scholarship, only to find himself clashing with his hotheaded and equally ambitious trainer. Text *1983, rating Sky 15, 87 mins*
10.00 Friday the 13th
Betsy Palmer, Adrienne King, Harry Crosby, Laurie Bartram
Landmark horror tale about a group of teens who defy warnings to stay in a summer camp in the middle of nowhere and end up being killed by a crazed, mysterious murderer. *1980, rating Sky 18, 91 mins*
11.35 The Entity
Barbara Hershey, Ron Silver
Horror yarn. *1983, rating Sky 18, 120 mins*
1.40am The Sand Pebbles
Steve McQueen, Richard Crenna
War drama. *1966, rating Sky 15, 172 mins*
4.35-6.00am My Favourite Wife
Cary Grant, Irene Dunne
1940, rating Sky U, 84 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm The Prize
Paul Newman, Edward G Robinson, Elke Sommer
Cold War intrigue embroils an unsuspecting Nobel Prize-winning novelist attending the award ceremony. In the course of his acceptance speech, the writer refers to an imaginary plot to kidnap one of the prizewinners. But his joking reference is close to the truth – and he finds himself drawn into a communist conspiracy involving kidnapping and murder. *1963, 130 mins*
11.30 Cool Breeze
Thalmus Rasulala, Judy Pace
Suspenseful heist thriller. *1972, 101 mins*
1.15am Mad Love
Peter Lorre, Colin Clive
Classic horror. *1935, 68 mins*
2.30-5.00am The Prize
Paul Newman, Edward G Robinson
Thriller about a nobel prize winner caught up in a conspiracy. *1963, 130 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield NEW SERIES 9.30 The Simpsons Text 10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children Text 12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael

3.00 Jenny Jones
Surprise Honey, We're Getting Hitched
On today's show guests surprise their loved ones with marriage proposals.
4.00
The Oprah Winfrey Show
More from the talk show which enjoys world-wide popularity.

5.00 Star Trek: Voyager
Prototype
When the crew finds a deactivated robot floating in space, Torres brings it back to life, only to be abducted by it. Text
6.00 The Nanny
Kindervelt Days
6.30
Married... With Children
Sofa So Good
Kelly's date ruins the sofa. Text
7.00 The Simpsons
Two Dozen and One Greyhounds
Mr Burns plans to make a new coat out of Santa's Little Helper's puppies.
7.30 Real TV
8.00 Star Trek: Voyager
Message in a Bottle
Torres approaches Chakotay to talk about Seven of Nine who she feels does not work well with the rest of the crew.
9.00 Sliders
Adventure from the fourth series of the sci-fi drama in which the unwilling adventurers traverse different dimensions in time and space.
10.00 Chicago Hope
The Things We Do for Love
Austin introduces Danny to her daughter, and Catera finds herself attracted to McNeil's imprisoned brother.
11.00 Star Trek: Voyager
Prototype
When the crew finds a deactivated robot floating in space, Torres brings it back to life, only to be abducted by it. Text
12midnight Nash Bridges
Zodiac
After nearly a 20-year absence, a notorious San Francisco serial killer returns to taunt Nash as well as haunt his mentor. But is it the actual Zodiac or just a lethal copycat?
1.00am-7.00am Long Play
Music through the night.

SKY box office JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy – the Borg. Starring Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
Comedy in which two mismatched people fall in love. Starring George Clooney.
1997, Sky PG, 123 mins
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm, 10.30pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill
9.30 Stay Lucky
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 All Creatures Great and Small
2.00 Dallas
2.55 The Bill
Damage Limitation

3.25 The Bill
Solid Gold Cert
Don Beech arrests two jewellery thieves. But where is the loot?

3.55 Dangerfield
Patrick Hooper confides to Dangerfield that the woman he now lives with is receiving threatening letters which appear to come from his estranged wife.

4.55 EastEnders
More drama from Albert Square.

5.30 Wowfabgroovy
DJ Russ Williams presents the gameshow in which celebrities battle it out in a nostalgic news and views quiz.

6.00 All Creatures Great and Small
A Dog's Life
James has to keep his nerve during a difficult calving. Stars Christopher Timothy.

7.00 2Point4 Children
Bedtime for Bonzo
Ben is sick.

7.40 Waiting for God
Diana isn't well, so Tom drags her off to see various doctors before proposing to her.

8.20 Dad's Army
War Dance
Captain Mainwaring decides to lift the morale of the troop by giving a platoon dance.

9.00 Casualty
Trapped
A woman is pulled out of the river following a nasty attack, and Jude receives some alarming news.

10.05 Taggart
Murder in the Season
Taggart investigates the murder of a secretary who was having an affair with the estranged husband of an opera singer.

11.10 Sports Anorak of the Year
Rory McGrath hosts the quiz in which sports boffins answer questions on specialist subjects.

11.45 The Bill
Damage Limitation
12.15am The Bill
Solid Gold Cert
12.45 Spitting Image
1.15 Chelmsford 123
Girl of My Dreams
1.45 The Equalizer
Counterfire
2.30-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
Culinary race against the clock.
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, a former star of *The Cosby Show*.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.

7.00 Rescue 911
Stories of real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles
Patrick Macnee travels the world.

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.

9.00 FILM: Murder on the Rio Grande
Victoria Principal, Peter Onorati, Sean Murray, David Beecroft
Adventure. A single mother and her boyfriend join a party taking a white water rafting trip in Texas. When he is gunned down by drug dealers, she is forced to flee and has to battle to stay alive in a hostile environment. *1993*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Uneasy Lies the Head
Jason receives a shock when shown newspaper clippings with photos that show him in Istanbul when he is really in Paris.

4.00 Hawaii Five-0
The Face of the Dragon
The Five-O team goes into action when a man who is suspected of carrying bubonic plague turns up in Hawaii.

5.00 Hart to Hart
Silent Dance
A young figure skater's dreams of Olympic gold will be shattered unless the Harts come to her rescue. With Robert Wagner.

6.00 Emmerdale
Soap opera serial.

6.30 Classic Coronation Street
Stan is relieved to hear that he is allergic to eggs, and not beer.

7.00 Surgical Spirit
Sammy Eldridge
Comedy series about a feisty female surgeon.

7.30 The Fenn Street Gang
Distant Horizons

8.00 Dempsey & Makepeace
Blood Money
SI-10 investigate the murder of a wealthy Arab antique dealer with dubious political ties.

9.00 Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Performance Power
Sarah Donohue brings fast and furious sporting action.

11.30 Car File
Motoring programme.

12midnight Hell for Leather
Fast-paced biking magazine show hosted by Graeme Crosby.

12.30am Motor Week
1.00 E! In Focus
Sexy Men – What Women Want
E! attempts to answer the question every man wants to know.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 New Adventures of Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the crazy characters from *The Lion King*. Text

3.30 Aladdin – The Series
The animated adventures of the young hero. Text

4.00 101 Dalmatians
Canine cartoon capers.

4.30 Recess
From the *Rugrats* creators. Text

4.45 Pepper Ann
The perils of teenage life. Text

5.00 Smart Guy
The antics of a clever boy.

5.30 Brotherly Love
Driving Lesson
Matt is desperate to get his driving licence. Text

6.00 Teen Angel
Grumpy Young Men Text

6.30 Boy Meets World
Truth and Consequences
Cory and Shawn learn that truth has its price. Text

7.00 FILM: Little Ghost
Kristina Wayborn, Sally Kirkland
Comedy. Kevin seems to have everything a boy could want – wealth and possessions. But his film-star mother and her selfish boyfriend have no time for lonely Kevin. So when he meets a little ghost in an Italian castle he's delighted to have a friend. *1996*

8.30 The Wonder Years
The Ties That Bind Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, I Know What You're Thinking
Amy wants to be popular. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 The Restaurant Show 10.30 A Taste of the Caribbean 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Ross in Thailand 1.00 Food for Thought 1.30 Japaneasy 2.00 Tessa Bramley's Seasonal Kitchen 2.30 Food Network Daily 3.00 High Days and Other Days 3.30 Coxon's Kitchen College 4.00 Simply Antony 4.30-5.00pm Graham Kerr's Kitchen

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi presents the fast-paced gameshow.

6.00 Byker Grove
Patsy's protest turns messy, and Lee fixes a glamorous job for Charlie.

6.30 Pull the Other One
Paul Coia hosts the gameshow.

7.00 Rising Damp
The Prowler
Rigsby rushes to protect Ruth from a prowler in her room.

7.30 Desmond's
Halcyon Days

8.00 Birds of a Feather
Just Family
Tracey invites her in-laws round for dinner.

8.30 A Kind of Living
Parental problems loom.

9.00 The Ruth Rendell Mysteries: A Guilty Thing Surprised
In the second part of the story, Mike and Reg work out a theory about the murder weapon.

10.00 Big Sky
A Simple Twist of Fate
Chris falls in love with a woman from a PR company, who ends up terrorising Lauren.
11.00 Boon
12midnight Pull the Other One
12.30am-1.00am Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

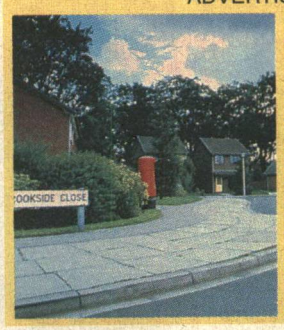
FILM

Murder on the Rio Grande
Living 9.00pm
Dallas star Victoria Principal turns up as a single mother who joins a white water rafting trip in Texas with her boyfriend and lives to regret it. When her man is gunned down by drug dealers, she has a battle to stay alive in some particularly inhospitable environments.

GENERAL

Sports Anorak of the Year
UK Gold 11.10pm
We've all done the pub quiz thing and the trivial pursuit stuff, but this is really top drawer. The most knowledgeable men and women in the world of sport do battle for the coveted Golden Anorak, with only comedian Rory McGrath to keep things in perspective.

ADVERTISEMENT



BROOKSIDE: THE EARLY YEARS
11.35AM
There's trouble brewing today, when Rod Corkhill's girlfriend, Kirsty, turns up unexpectedly at his 21st birthday bash. Rod wasn't expecting her, so invited his colleague, Emma Reid. The omnibus is on Sunday if you can't watch today.

Monday 20 July

EUROSPORT

6.00 AM MORNING

7.30am Motorcycling
8.00 Touring Car
9.00 Cycling
11.00 CART
12noon Sports Car
FIA GT Championship action from Hungaroring, Hungary.
1.00pm Cycling
Highlights of yesterday's stage of the Tour de France.
2.00 Cycling – LIVE
Coverage of the ninth stage of the Tour de France from Montauban to Pau, covering 227 km.

4.30 Tennis
Coverage of the ATP Senior Tour of Champions in Portschach, Austria. The tour includes a number of tournaments, one of which was held on clay court in Portschach between 16 and 19 July. Participants included Sweden's Björn Borg and Mats Wilander, and France's Henri Leconte.

6.30 All Sports
Magazine programme.
7.00 Extreme Sports
YOZ Magazine – Youth Only Zone.

8.00 Tractor Pulling
Third round action from the European Cup in Hörby, Sweden.

9.00 Cycling
Highlights of the ninth stage of the Tour de France from Montauban to Pau, covering 227 km.

11.00 Boxing
A chance to see coverage of a recent bout.

12midnight-12.30am Darts
Coverage of the 1998 World Championships in Chicago.

NIGHT TIME

SKY SPORTS 1

7.00am Tennis: Davis Cup Quarter-Final: Germany v Sweden *Repeat from Sunday* **9.00 Racing News 9.30 Aerobics Oz Style 10.00 Cricket: Women's One Day International: England v Australia** *Repeat from Sunday* **11.30 Soccer Sevens 12.30pm Motor Cycling: German Grand Prix**

3.00 International Rugby League: England v Wales
Highlights from the latest international rugby league clash between Emerging England and Wales from Widnes. Presented by Eddie Hemmings and Mike Stephenson.

5.00 Cricket: AXA Life League – Lancashire v Worcestershire – LIVE
Ball-by-ball action from the AXA Life League as Lancashire entertain Worcestershire in the latest Sunday League match, from Old Trafford. Presented by Charles Colvile, with commentary from Ian Botham, Bob Willis and Paul Allott.

10.00
Sky Sports Centre
10.15 Tales from the Premiership: The Boys of '93
10.45 Soccer Sevens
Footballers of the past step out of retirement and try to recapture the magic of their careers.
11.45
Sky Sports Centre
12midnight Cricket: AXA Life League – Lancashire v Worcestershire
1.30am International Bowls: Australia v Northern Ireland
3.30 Tales from the Premiership: The Boys of '93
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style 7.30 Racing News 8.00 Beach Volleyball 8.30 Gillette World Sport Special 9.00 Soccer Sevens 10.00 Ford Golf USA: Deposit Guaranty Golf Classic *Repeat from Sunday* **12.30pm Tennis: Davis Cup Quarter-Final: Germany v Sweden 2.30 Beach Volleyball**

3.00 This Week in Baseball
Hosted by former baseball great Ozzie Smith.
3.30 Motor Racing: Indy Dover 400
Another chance to see fast-track coverage from the Indy Dover 400, staged in New Jersey State at the Dover Downs International Speedway Circuit.

5.30 V-Max
The series that gives an insight into the world of speed.
6.00 This Week in Baseball
6.30 The Winning Post: Windsor and Beverley – LIVE
Jeff Stelling presents live horse racing action as coverage from Windsor and Beverley takes you towards the winning post. The Windsor races are at 6.50, 7.20, 7.50 and 8.20, while the Beverley races are at 6.35, 7.05, 7.35 and 8.05.
8.30 Pool: Embassy World 8 Ball Championships – Ladies' Final
Coverage of the Ladies' Final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool. Last year, the ladies' tournament was won by Scotland's Sue Thompson, who defeated England's Linda Leadbitter 8-5.
10.30
World Motor Sport
All the latest motor racing news and views from the sport that never takes its foot off the accelerator.

1.30am-2.00am
Tales from the Premiership: The Boys of '93
Examining the fortunes of West Ham and Newcastle since both won promotion to the Premiership the year after its creation.

SKY SPORTS 3

12noon
This Week in Baseball
12.30pm High 5
The team travels to Ljubjana in Slovenia to consult medical experts and visit the Paramania Mountain Treatment Centre, where some of the world's best pilots receive therapy.
1.00
Australian Rules Football

3.00 Ford Golf USA: Deposit Guaranty Golf Classic
Fourth day coverage from the Annandale Golf Club in Madison, where the 1998 Deposit Guaranty Golf Classic takes place. Current holder Billy Ray Brown returns to defend his title.

5.30 High 5
Another chance to see the team travel to Ljubjana in Slovenia to consult medical experts.
6.00
Sky Sports Centre
The latest sports news.
6.30 Tales from the Premiership: The Boys of '93
7.00 Soccer Sevens
Football stars from the past combine with today's heroes in a seven-a-side tournament staged in Trinidad and Tobago.
8.00 International Bowls: Australia v Northern Ireland
Coverage from the green as Australia and Northern Ireland contest the second Test of the pairs competition in Merrylands, New South Wales.

10.00 Sky Sports Classics: 1995 Superbikes Brands Hatch Race
Classic superbike action from 1995.
11.00-11.30pm
Second Innings: Shaun Pollock
Half an hour of essential viewing for cricket fans.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
1.30 Echo Point
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
2.30 It's in the Jeans
Martial Arts
Teenagers go on blind dates.
2.45 On the Make
Makeover show.

3.00 Sweat
The fortunes of a group of talented athletes at an Australian sports academy.
3.30 Ready or Not
A Little White Lie
4.00 Fresh Prince of Bel Air
4.30
Saved by the Bell: The College Years
Teacher's Pet
5.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
5.30
California Dreams
6.00 Hang Time
Full Court Press
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Moving Targets
A wealthy sheik hires the A-Team to deliver his daughter safely to the prince she is to wed.
9.00 Real Stories of the Highway Patrol
Real-life drama.
9.30 Cops
Fly-on-the-wall police documentary series.
10.00 Italian Stripping Housewives
Saucy stripping game.
10.30
Red Shoe Diaries
In the Blink of an Eye
11.00
FILM: Evil Dead II
Bruce Campbell, Sarah Berry, Dan Hicks
A roller coaster ride into comic horror. *1987*
1.00am
Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Eskimo Nell
Bawdy British comedy. *1974*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Disco Inferno
Sam becomes Chad Stone, a macho stuntman on the set of a low-budget disaster movie.
4.00 Deepwater Black
Awakening
Drama series set in the year 2157.
4.30 Deepwater Black
Lullaby
5.00 Amazing Stories
Without Diana
5.30 Mysteries, Magic and Miracles
In search of baffling stories and events.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
The Guardians
A dying man entrusts Buck Rogers with a mysterious glowing jade box.
8.00 Quantum Leap
Private Dancer
Sam leaps into the life of Chippendales performer Rod 'The Bod' McCarty in the year 1979.
9.00 PSI Factor – Chronicles of the Paranormal
A double helping of strange suspenseful tales.

10.00 FILM: Apollo 11
Carmen Argenziano, Tuck Milligan, Dennis Lipscomb, William Mesnik, Matt Frewer, Buzz Aldrin
Dramatic recreation of true story of the Apollo 11 space mission, the first to put astronauts on the moon's surface. *1996*
11.45
SF Scene Special
12midnight Sightings
1.00am
The Tomorrow People
One Law for the Poor
1.30 SF Scene
2.00 Friday the 13th
Bad Penny
3.00
Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Seniors' Tennis
Eurosport 4.30pm
Seniors' tennis today from the clay courts of Austria, with top names including Björn Borg and Mats Wilander of Sweden, Guillermo Vilas of Argentina and Henri Leconte of France. This ATP Seniors' Tour of Champions is becoming mighty competitive and is starting to gain in popularity in the same way as the golf seniors' tour did ten years ago. The big names are starting to play regularly and there's still a place for men like wild card Mansour Bahrami of Iran, who provides great entertainment with his array of trick shots.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Single Sex
12.20 Rachel's Sagas
12.45 FILM: Pure
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 The ...-O-Gram Girl
2.25 FILM: Goddaughters
Adult feature.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Gay Night: ... of the Day
12.10am Gay Night
12.20 Gay Night: Passionate Meetings
Six Eastern European guys explore their sexuality.
1.20 Gay Night
1.35 Gay Night: Overload Live
2.35 Gay Night
2.45 Mavericks
3.45-4.00am Gay Night: Page 7 Men

HVC

CABLE EXCLUSIVE

8.00pm
FILM: Three Muscatels
Richard Pryor, Flynn Pryor
Action comedy.
9.30 FILM: Lethal Cowboy
Blake Adams, Dana Plato, Frank Stallone, Chris Mitchum
Action thriller.
11.00-12midnight
Adult Feature
Erotic magazine programme.

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart asks the questions.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. With Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Sea Cruise
Ted Rogers hosts the quiz and entertainment show in which contestants must avoid Dusty Bin.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 BodyHeat/ Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/Box11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 BodyHeat
Exercise show.
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared judge presides over another case.
5.00 Agony
Advice is at hand for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
The latest update on the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
The feared judge presides over another case.
9.00 The Great Sex Survey
NEW Documentary on British sexual habits.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
More shapely throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another late night offering.
12midnight Janeycam
12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am Catwalk Show
11.30 The A to Z of Food
12.30pm Gillette World Sport 1.30 Real Gardening
2.30 Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
4.30 Cybernet
All the latest news on computers and the Internet.
5.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
8.30 The Catwalk Show
Some of the world's most beautiful models strut their stuff as they display the latest designs.
9.30 Gillette World Sport
The whole spectrum of sports from around the world.
10.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
11.30 The Album Show
Classic rock tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm US Top 10
A look at the Stateside chart.
3.00 Non-Stop Hits
A roller coaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 Big Picture Godzilla Special
A look at the forthcoming blockbuster.
6.30 Extra Hot Hits
7.00 Hit List UK
The UK chart hosted by Cat Deeley.
8.00 Hot
Happening news, videos and gossip with Richard Blackwood.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Superock
The best rock and metal with Julia Valet.
1.00am-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Travel Trails
12.30pm On the Horizon
1.00 Pathfinders
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Ireland
2.30 The Wonderful World of Tom
Rome
3.00 Destinations
Turkey
Takes us to Ankara, Turkey's capital city, and Istanbul, a city hovering between Europe and Asia.
4.00 Reel World
Vanuatu
4.30 Worldwide Guide
Guadeloupe
A look at the sights.
5.00 Pathfinders
Dog Sledding
On a dog sled expedition.
5.30 A Fork in the Road
Europe – The Rhine Valley
6.00 Out to Lunch with Brian Turner
Northamptonshire
With chef Brian Turner.
6.30 On Tour
Ireland
7.00 Travel Trails
Staffordshire
Sarah Cameron travels to Staffordshire.
7.30 On the Horizon
South Africa
8.00 Go Greece
Corfu – An Ionian Island
A visit to the Greek island.
8.30 The Flavours of France
Montparnasse
9.00 Of Tales and Travels
Tanganika and Zanzibar
Looks at the union of mainland Tanganika and the islands of Zanzibar.
10.00 The Wonderful World of Tom
Rome
10.30 The Food Lovers' Guide to Australia
11.00-12midnight Destinations
Turkey
Takes us from Ankara, the capital, to Istanbul, which links Europe and Asia.

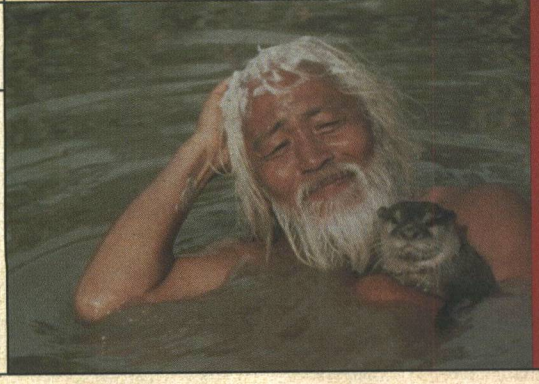
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Ready to Wear 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Gossip 12noon The View 1.00pm The Good Housekeeping Show 1.30 Ready to Wear 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
My Daughter's Boyfriend Controls Her
American talk show deals with relationship issues.
5.00-6.00pm Livetime
Magazine programme covering all aspects of health, beauty, fashion, food and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Lord of the Eagles
Tells of an extraordinary relationship.
7.30 The Legend of the Otter Man
8.00 Predators: Kimberley's Sea Crocodiles
8.30 Predators: Clan of the Crocodile
In Papua New Guinea.
9.00 Bunny Allen: A Gypsy in Africa Tells the amazing tale of the most famous white hunter and womaniser in Africa, now in his Nineties.
10.00 The Superliners: Twilight of an Era
Nostalgic look at the modern QE II and other majestic superliners.
11.00 Islands of the Iguana
Documentary exploring Fiji, the only home of the multi-coloured, banded iguana.
12midnight-1.00am Grandma
Looks at the 60-year-old Northern Albatross, affectionately known as Grandma.

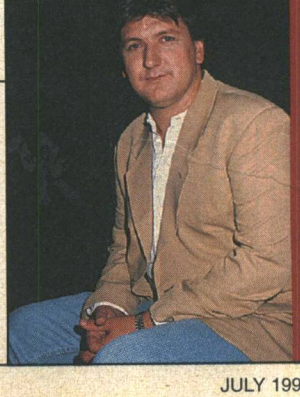
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Meet Vietnamese fisherman Bao and his working companion in 'The Legend of the Otter Man': National Geographic Channel 7.30pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12.00 Ten of the Best: Howard Jones 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes 8.00 The VH1 Album Chart Show 9.00 Talk Music 10.00 Greatest Hits of... Abba 11.00 Soul Vibration 12midnight The Nightfly 1.00am Around and Around 2.00-7.00am VH1 Late Shift



Cuddly comic Bob Mills is your host for another hour of music and mirth on Mills 'n' Tunes: VH1 7.00pm

Monday 20 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Gimme Shelter 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM

4.00pm The Diceman
The Diceman's marathon journey continues.
4.30 Top Marques
Lincoln
Driving luxury limos.
5.00 First Flights
Jet Fighters: Wings of Lightning
5.30 History's Turning Points
The Television Explosion
6.00 Animal Doctor
Following animal doctors from the RSPCA.
6.30 Savage Pack
A focus on wild dogs.
7.30
Arthur C Clarke's Mysterious Universe
The Evil Eye
The curse of Fyvie Castle.
8.00 Adventures of the Quest
Mirror World
Venturing into the lush rainforests and teeming reefs of Queensland.
9.00 Killer Weather: Electric Skies
Examining the myths surrounding lightning, and talking to people who have experienced its force.
10.00 Prison Life
Hard Times
With continuing unrest in the prison system, penal reform is imperative in this technological age.
11.00 Flightpath
Northern Wings
A look at the Canadian Maritime Air Group's Aurora, one of the world's most versatile planes.
12midnight First Flights
Jet Fighters: Wings of Lightning
12.30am Top Marques
Lincoln
1.00-2.00am
Adrenalin Rush Hour! the Fastest Car on Earth

SKY SOAP

11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
Alan Turner is keen to testify against Tom Merrick. Is it prison this time for Tom?

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 The Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Cow and Chicken 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom & Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester & Tweety 2.00 Jetsons 2.30 Addams Family

3.00 Wacky Races
More motorised mayhem with the drivers in jaunty jalopies.
3.30 The Mask
Green-faced mayhem.
4.00 Beetlejuice
The name in laughter from the hereafter.
4.30
Dexter's Laboratory
Chemical chaos.
5.00 Johnny Bravo
More animated adventures with the superhero with the superego.
5.30
Cow and Chicken
6.00 Tom and Jerry
Madcap comic antics with the constantly sparring cat and mouse.
6.30 The Flintstones
Prehistoric fun.
7.00 Scooby-Doo – Where are You?
7.30 Godzilla
Up from the depths, 30 storeys high, breathing fire and his head in the sky.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm
Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Dieppe
4.30 World War I: They Sank the Lusitania
5.00 Civil War Journal: Pickett's Charge
6.00 Ancient Mysteries: Blood and Treasure in Peru
7.00 Unsolved Mysteries of World War II: Engima of the Swastika
7.30-8.00pm
Unsolved Mysteries of World War II: Pearl Harbour

NICKELODEON

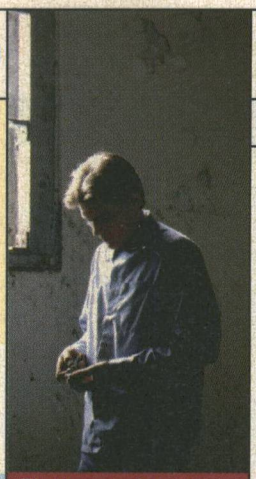
6.00am Nick Jr – The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

3.00 Stickin' Around

3.30 Doug
Doodle the day away with our painfully average hero, Doug.
4.00 Hey Arnold!
More animated adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Tousle-headed fun.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera.
5.30 Kenan & Kel
Funky adventures with the two friends.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Roseanne and Jackie go to a high-society party.
8.00 Grace Under Fire
Grace gives Jimmy's new girlfriend some friendly advice.
8.30
Caroline in the City
9.00 Cybill
Comedy starring Cybill Shepherd.
9.30 Ellen
Ellen, Paige and Audrey contemplate motherhood.
10.00 Frasier
Frasier tries to help the troubled marriage of an old high school acquaintance.
10.30 Cheers
Robin returns to Cheers.
11.00 Monty Python's Flying Circus
More surreal comedy with the influential team.
11.30
In Bed with MeDinner
12midnight Nurses
Medical comedy drama.
12.30am
It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
Comedy about a cartoonist living in New York. Stars Lea Thompson.
2.30 In Bed with MeDinner
Bob Mills presents another hilarious dissection of TV clips, out-takes and rushes.
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
LA-based comedy about a struggling actress and twice-divorced mother.



The issue of penal reform is raised in 'Prison Life': Discovery 10.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm
European Concert: Mendelssohn's Violin Concerto in D Minor
7.30 Great Arias
8.00 Previn on Mozart: Prague and Vienna
André Previn traces the events in Mozart's life.
9.00
Artsweek Spotlight
Recalling favourite guest performances.
9.30
Ballet: The American Ballet Theatre
A selection of short dances recorded live from the San Francisco Opera House, with some of the best dancers from the American Ballet Theatre.
11.30
Inside Hollywood
A weekly magazine show, with exclusive location reports, news and views.
12midnight-1.00am
Midnight Jazz: Les McCann
The popular soul/jazz pianist performs.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
St Lucia
1.00 Discover Your World
1.30 Ticket to Paradise
2.00 Travel Tips
Hawaii
3.00 Globetrotter
Portugal and Scotland
3.30-4.00pm Earth Journeys
Photo Safaris

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 BBC News 10.00 News 11.00 News 12noon News 1.00pm News 24 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 24 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 BBC News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 BBC World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 BBC News 24 4.30 Interactive 5.00 BBC News 24 5.3-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Managing 8.30 World Cup 9.00 Newstand 11.30 American 11.45 Report 12noon News 12.30pm Pinnacle 1.15 Edition 1.30 Business 2.30 Newsroom 4.30 Artclub 5.00 Newstand 7.30 Business 8.30 Q&A 9.00 Europe 9.30 Insight 10.00 Update 11.00 View 12midnight News 12.30am Moneyline 1.15 Edition 1.30 Q&A 2.00 Larry King 3.00 Americas 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News 11.30 News 12noon News Today 2.30pm Parliament 3.00 News 3.30 Parliament 4.00 News 4.30 World News 5.00 Live at Five 6.00 News 7.30 Sportsline 8.00 News 8.30 Business 9.00 News Hour 9.30 World News 10.00 Prime Time 12midnight News 12.30am CBS News 1.00 News 1.30 ABC News 2.00 News 2.30 Business 3.00 News 3.30 Entertainment 4.00 News 4.30 CBS News 5.00 News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.35 Questions 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Reflets 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Journal 12noon Spécial Cinéma Africain 2.00pm Course Destination Monde 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 La Vie a l'Endroit 8.30 Verso 9.00 Journal 9.30 Résumé du Tour de France 9.45 Jardins 10.45 Envoyé 11.15 Résumé 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Asian AM 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Nashaib 4.30 Aarzoo 5.00 Shang Shaptak 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am Shanti 1.00 FILM 4.00 Shang Shaptak 5.00 Kainatt 6.00 Superhit Ghazals 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Panchayat 6.30 Chunni 7.00 Jaagran 7.30 Ru Ba Ru 8.00 News 8.30 Buniyaad 9.00 FILM: Dushman 11.30 Kurukshetra 12noon FILM: Jai Maa Vaishu Devi 3.00pm Adhikar 3.30 Parampara 4.00 Campus 4.30 Ikke Pe Ikka 5.00 Your Zindagi 5.30 Ladkiwale Ladkewale 6.00 Love Stories 6.30 Geet Gaata Chal 7.00 Chutki Baja Ke 7.30 It's My Choice 8.00 News 8.30 Sailaab 9.00-12midnight FILM: Bekhudi

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Ayr and Wolverhampton with Stewart Machin and David Smith.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Money Matters 8.30 Another Day of Victory 9.00 Catch the Fire 9.30 Life in the Word 10.00 Power of Praise/Israel Vision 10.30-11.00am Lynn Hammond

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon Statement from the House 1.00pm Business Statement 2.00 Europe This Week 2.30 The Commons Live 11.00-12midnight Questions

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Tuesday 21 July

SKY MOVIES SCREEN 1

6.00am Citizens Band
1977, rating Sky PG, 92 mins
7.40 Cannon Ball Fever
1989, rating Sky PG, 92 mins
9.20 The Stupids
Wacky comedy. Text *1996, rating Sky PG, 89 mins*
11.00 Last of the Dogmen
1995, rating Sky PG, 113 mins
1.00pm Cannon Ball Fever
Melody Anderson, John Candy
989, rating Sky PG, 92 mins

3.00
Ernest Hemingway's Adventures of a Young Man
Richard Beymer, Paul Newman, Arthur Kennedy, Dan Dailey, Diane Baker, Corinne Calvet, Fred Clark, Jessica Tandy
Drama based on the semi-autobiographical works of Hemingway, following the adventures of the heroic Nick Adams. *1962, rating Sky PG, 139 mins*

5.25 The Stupids
Tom Arnold, Jessica Lundy, Bug Hall, Alex McKenna, Christopher Lee
Wacky comedy about the world's most brainless family. Stanley Stupid and his family are convinced that an evil Mr Sender has been stealing the nation's mail. Text *1996, rating Sky PG, 89 mins*

7.00 Last of the Dogmen
Tom Berenger, Barbara Hershey, Kurtwood Smith, Steve Reevis, Andrew Miller
Western adventure. A bounty hunter heads into the wilds of Montana to find three escaped prisoners, but is distracted from his purpose by the mystery of the legendary Cheyenne 'dog soldiers'. *1995, rating Sky PG, 113 mins*

9.00 Sunset Park
Rhea Perlman, Fredro Starr, Carol Kane
PREMIERE Rhea Perlman of the television sitcom *Cheers* stars in this sports drama as high school teacher Phyllis Saroka, who takes on the unlikely role of basketball coach. *1996, rating Sky 15, 95 mins*

10.45 The Truth About Cats and Dogs
Uma Thurman, Janeane Garofalo, Ben Chaplin
Romantic comedy about a love triangle instigated by a female disk jockey. Text *1995, rating Sky 15, 93 mins*

12.25am No Way Back
Russell Crowe, Helen Hunt
1996, rating Sky 18, 87 mins
2.00 Maternal Instincts
Delta Burke, Beth Broderick
1996, rating Sky 15, 88 mins
3.35-5.15am Unlikely Suspects
Shanna Reed, Sarah Chalke
1996, rating Sky 15, 87 mins

SKY MOVIES SCREEN 2

6.15am Jesus Christ Superstar
1973, rating Sky PG, 102 mins
8.00 Forbidden Territory: Stanley's Search for Livingstone
1997, rating Sky PG, 88 mins
10.00 My Cousin Rachel
Olivia de Havilland, Richard Burton
1952, rating Sky PG, 94 mins
12noon Evita
Madonna, Antonio Banderas
1996, rating Sky PG, 131 mins
2.15pm Jesus Christ Superstar
Ted Neeley, Yvonne Elliman, Carl Anderson, Joshua Mostel
Musical based on the Andrew Lloyd Webber stage show about the life of Jesus Christ and his relationships with his disciples.
1973, rating Sky PG, 102 mins

4.00 My Cousin Rachel
Olivia de Havilland, Richard Burton, Audrey Dalton, Ronald Squire, John Sutton
Murder mystery in which a man investigates the circumstances surrounding his adoptive father's sudden death. He finds himself drawn towards the enigmatic woman his father married shortly before dying. *1952, rating Sky PG, 94 mins*

6.00 Forbidden Territory: Stanley's Search for Livingstone
Aidan Quinn, Nigel Hawthorne
Drama based on the real-life encounter between Dr David Livingstone and *New York Herald* journalist Henry Morton Stanley in 1869. *1997, rating Sky PG, 88 mins*

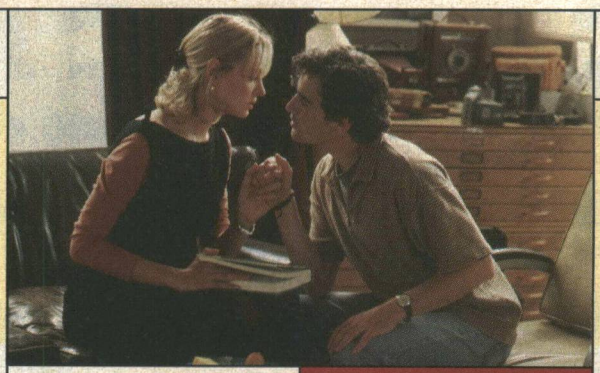
7.30 Behind the Scenes: Godzilla

8.00 Evita
Madonna, Antonio Banderas, Jonathan Pryce, Jimmy Nail
Epic musical based on the Andrew Lloyd Webber stage production following the life of Argentina's best-loved public figure, from her poverty-stricken origins to her success as a singer and marriage to the country's president. *1996, rating Sky PG, 131 mins*

10.15 The Movie Show
Hosted by Richard Jobson.

10.45 Barb Wire
Pamela Anderson Lee, Temuera Morrison, Steve Railsback
Futuristic action movie in which courageous freedom fighter and part-time bounty hunter Barb Wire is asked to smuggle an underground resistance leader across the border. Text *1996, rating Sky 18, 94 mins*

12.25am Bad Company
Thriller. Text Last Play *1994, rating Sky 15, 104 mins*
2.15 Living in Oblivion
Satirical comedy. Last Play *1996, rating Sky 15, 86 mins*
3.45-5.45am Hotel Sorrento
Caroline Goodall, Caroline Gillmer
1996, rating Sky 15, 108 mins



Uma Thurman and Ben Chaplin in 'The Truth About Cats and Dogs': Sky Movies Screen 1 10.45pm

SKY MOVIES GOLD

4.00pm
Caught in the Draft
Bob Hope, Dorothy Lamour, Eddie Bracken, Lynne Overman
Armed forces comedy. The recently-knighted, wise-cracking comedian stars as a successful movie actor who tries unsuccessfully to dodge the draft and then goes on to accidentally enlist himself. *1941, rating Sky U, 78 mins*

6.00 Mannequin
Andrew McCarthy, Kim Cattrall, GW Bailey, Estelle Getty
Romantic comedy in which a window dresser falls in love with one of his shop dummies. When she magically comes to life, she tells him that she is an Egyptian princess who has been transformed into plastic after falling under a wicked spell. *1987, rating Sky PG, 86 mins*

8.00
Ferris Bueller's Day Off
Matthew Broderick, Mia Sara, Jennifer Grey, Jeffrey Jones
John Hughes' much-loved teen comedy in which student Ferris Bueller decides to enlist his two chums in a day of truancy in Chicago. However, the school's headmaster is determined to track down his nemesis. *1986, rating Sky 15, 99 mins*

10.00 Do the Right Thing
Danny Aiello, Ossie Davis, John Turturro, Samuel L Jackson
Spike Lee's controversial New York drama set on a hot and sticky summer's day. When Italian-American Sal refuses to make changes to his pizza parlour in the predominantly black Puerto Rican community, tension and tempers mount. *1989, rating Sky 18, 120 mins*

12.05am The First Deadly Sin
Frank Sinatra, Faye Dunaway
1980, rating Sky 15, 107 mins
2.00 The Osterman Weekend
Rutger Hauer, John Hurt
1983, rating Sky 18, 98 mins
3.45-5.35am Let's Dance
Fred Astaire, Betty Hutton
1950, rating Sky U, 107 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Singin' in the Rain
Gene Kelly, Debbie Reynolds, Donald O'Connor, Jean Hagen
Classic Hollywood musical. Silent movie stars Lina Lamont and Don Lockwood's partnership look set to fizzle out when Lina's voice is revealed to be an annoying screech. Songs include *Make 'Em Laugh* and *Good Morning, Good Morning.* Widescreen *1952, 99 mins*

11.00
The Rose and the Jackal
Christopher Reeve, Madolyn Smith Osborne
Romantic melodrama set on the eve of the American Civil War. *1990, 91 mins*

12.45am Mr Skeffington
Bette Davis, Claude Rains
Soap-opera-style drama about a loveless marriage taking place between the wars. *1944, 122 mins*
3.00-5.00am Singin' in the Rain
Gene Kelly, Debbie Reynolds
Classic musical. *1952, 99 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text 10.00 Games World Double Bill 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children Text 12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael

3.00 Jenny Jones
Lose the Flannel and Show Some Skin
Frumpy friends are given a makeover on today's show. With comedian Jenny Jones.

4.00
The Oprah Winfrey Show
Another real life issue is put under scrutiny by the diva of daytime television Oprah Winfrey and her guests.

5.00 Star Trek: Voyager
Alliances
To strengthen *Voyager*'s position in the quadrant, Janeway reluctantly seeks to form an alliance with the Kazon. Text

6.00 The Nanny
Canasta Master
Brighton hopes to turn cardsharp.

6.30
Married... With Children
Honey, I Blew Up Myself Text

7.00 The Simpsons
Round Springfield
Lisa is upset when her hero Bleeding Gums Murphy dies.

7.30 Real TV
Amazing video footage.

8.00 Speed!
Officers deal with a spillage on a motorway.

8.30 Coppers
Cheltenham Support Unit
More policing duties.

9.00 The World's Most Dangerous
NEW Stacy Keach narrates this documentary about dangerous activities, including interviews with the people involved.

10.00 The Extraordinary
A look at the bizarre and the unexplained, with celebrities' supernatural experiences. Hosted by Corbin Bernsen of hit series *LA Law.*

11.00 Star Trek: Voyager
Alliances
To strengthen *Voyager*'s position in the quadrant, Janeway reluctantly seeks to form an alliance with the Kazon. Text

12midnight Nash Bridges
Leo's Big Score
Nash finds himself stuck with an 11-year-old delinquent, the link to a drug baron. Meanwhile, Joe is reunited with his adult son JJ.

1.00-7.00am Long Play
A VJ-free zone that brings you more of the music you want to see.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
DANTE'S PEAK
Special effects-filled disaster movie in which a volcano erupts, unleashing a devastating reign of terror in the local area. Starring Pierce Brosnan and Linda Hamilton.
1997, rating Sky 12, 104 mins
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
STAR TREK: FIRST CONTACT
Science fiction adventure sequel in which the *Next Generation* crew is faced with a fearsome enemy – the Borg. Starring Patrick Stewart.
1996, rating Sky 12, 106 mins
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ONE FINE DAY
Comedy in which two mis-matched people fall in love on one fated day. Stars George Clooney and Michelle Pfeiffer.
1997, Sky PG, 123 mins
PLAYS AT 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
BEAVIS AND BUTT-HEAD DO AMERICA
Big-screen animated adventure for the sniggering, teenage MTV dudes, whose world falls apart when their television set is stolen.
1996, rating Sky 12, 78 mins
PLAYS AT 9.00pm, 10.30pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 21 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Mugs
Keane and Jarvis protect a swindler.

3.25 The Bill
Off Limits
Quinnan and Datta uncover a family of hermits.

3.55 Dangerfield
Paul looks forward to a break when the Dangerfield family go on holiday to Norfolk, but he is drawn into a dark mystery involving a suspected suicide.

4.55 EastEnders
Another vintage episode of the popular soap.

5.30 Home to Roost
A New Life
Henry meets his son, whom he has not seen in seven years.

6.00 All Creatures Great and Small
Merry Gentlemen
Helen nurses Tricki-Woo back to health after Mrs Pumphrey overfeeds him.

7.00 2Point4 Children
Hormones
Ben and David are affected by a night of video violence.

7.40 Waiting for God
Stars Graham Crowden and Stephanie Cole.

8.20 Dad's Army
Menace from the Deep
The platoon finds itself sitting in a barn which is a live ammunition target for a troop on an exercise.

9.00 Hotel
It's the annual Beatles convention, and the Adelphi is packed with lookalike bands.

9.40 This Life
Cheap Thrills
Milly is losing patience with Egg's novel-writing career.

10.25 Shooting Stars
Vic Reeves and Bob Mortimer host the comedy quiz show with Mark Lamarr and Ulrika Jonsson.

11.05 The Bill
Mugs
Keane and Jarvis must protect a known swindler.

11.35 The Bill
Off Limits

12.10am Alive and Kicking
Al Hunter's powerful and disturbing drama starring Lenny Henry and Robbie Coltrane.

1.55 The Equalizer
Shades of Darkness
McCall is asked to help a soldier wrongly accused of rape.

2.45-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Daily lifestyle magazine show featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

7.00 Rescue 911
Featuring the stories of real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.

9.00 FILM:
The Woman Who Sinned
Susan Lucci, Tim Matheson
Murder mystery about an unfulfilled businesswoman who longs for excitement and attempts to find it in the dangerous passion of an extra-marital affair. But then she finds her lover dead and herself heading a list of murder suspects. *1991*

11.00-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five O 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
The Constance Missal
Jason King is hypnotised by a lovely girl – and as a result finds himself involved in an audacious attempt to rob the British Museum.

4.00 Hawaii Five-O
The Box
McGarrett plays a long shot and offers himself as the key hostage in an attempted prison break. Stars Jack Lord.

5.00 Hart to Hart
Death Dig
While holidaying on the island of Rhodes, the Harts become ensnared in a scheme for the smuggling of ancient artefacts.

6.00 Emmerdale
Soap opera set in the heart of the Yorkshire Dales.

6.30
Classic Coronation Street
Arnold's sister pleads with Emily.

7.00 Surgical Spirit
Cold Cuts

7.30
The Fenn Street Gang
Change Partners
Bernard works as an escort.

8.00
Dempsey & Makepeace
Set a Thief
Dempsey and Makepeace investigate the death of a beautiful model.

9.00
Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Babewatch UK
A day in the life of the erotic dance group, a female version of the Chippendales.

11.30 Bigger Better Battling Babes

12midnight Performance Power
Sarah Donohue brings action from around the globe.

12.30am
Sunny Hotspots and Girls

1.00 E! Uncut
A profile of Christopher Walken.

1.30 E! Talk Soup

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Adventures of the characters from *The Lion King*. Text

3.30 Aladdin – The Series
The continuing adventures of the young hero. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds.

4.30 Recess
Animated fun. Text

4.45 Pepper Ann Text

5.00 Smart Guy
Teenage problems.

5.30 Brotherly Love
Roman Holiday
Santa has a few surprises in store. Text

6.00 Teen Angel
Who's the Boss
Marty gets an earthly visit from his heavenly overseer. Text

6.30 Boy Meets World
This Little Piggy Text

7.00 FILM:
Ernest Goes to School
Jim Varney, Linda Kash
When the school board finds out that their bus driver Ernest makes their most stupid pupil look like Einstein, they send him back to school. *1994* Text

8.30 The Wonder Years
The Sixth Man
Paul tries out for the basketball team. Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, I Got Duped
Wayne accidentally makes a clone of himself. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 A Taste of the Caribbean 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Vin Ordinaire 1.00 Food for Thought 1.30 New Chefs on the Block 2.00 Red Hot 'n' Smokin' 2.30 Food Network Daily 3.00 Ross in Thailand 3.30 Coxon's Kitchen College 4.00 Japaneasy

Sushi
4.30-5.00pm Tessa Bramley's Seasonal Kitchen

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Fast-paced gameshow hosted by Simon Biagi.

6.00 Byker Grove
A water adventure produces thrills, spills and tears.

6.30 Pull the Other One
Gameshow hosted by Paul Coia with celebrity teams competing.

7.00 Rising Damp
Stand Up and Be Counted
A cantankerous landlord gets into all sorts of scrapes.

7.30 Desmond's
Lollipop Man

8.00 Our House
Suzi Becker visits Shugborough, the home of Lord Lichfield.

8.30 Rude Health
Dr Putter has to dissuade a local artist from taking his own life.

9.00 Bread and Roses
Drama set in New Zealand, detailing the story of Sonja Davies, a courageous woman who triumphs against overwhelming odds.

10.00 Perfect Scoundrels
Dirty Tricks
Buchanan and Cassidy find themselves caught in the middle of a conflict.

11.00 Boon12midnight Let the Blood Run Free 12.30am-1.00am The Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Pureline at 3.00pm.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

FILM

Tiger Heart
HVC 8.00pm
A summer romance between Eric and Stephanie seems like a perfect coming together. But Eric finds himself in the middle of a plot by unscrupulous developers to force Stephanie's uncle to sell his shop to make way for a brand spanking new mall. What can Eric do?

GENERAL

A Tribute to Gershwin
Performance 8.00pm
Tonight we celebrate George Gershwin's centenary year with a series of performances from such luminaries as Tony Bennett, James Taylor and the Boston Pops. Most of your Gershwin favourites will be performed, including excerpts from *Porgy and Bess* with Willard White.

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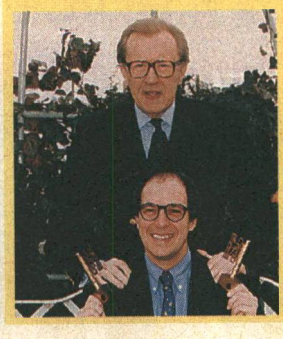


THROUGH THE KEYHOLE
11.15PM
Challenge tv
Delve into the nooks and crannies of famous people's homes as Challenge TV brings you more new episodes of TV's nosiest quiz show. Sir David Frost asks the panel to identify the celebrity following Loyd Grossman's guided tour.

Tuesday 21 July

EUROSPORT

6.00 AM MORNING

7.30am Motocross
Motorcycling magazine show.
8.00 Cycling
Highlights of yesterday's Tour de France stage.
10.00 Cycling – LIVE
The tenth stage of the Tour de France reaches Luchon in the Pyrénées.

3.00 PM

4.00 PM

4.30pm Cycling
A review of the highlights of the 1997 Tour de France.

5.00 PM

5.00 Football – LIVE
Coverage of the qualifying round of the Uefa Cup. The current title holder is the Italian club Inter Milan.

6.00 PM

7.00 PM

7.00 Strongest Man
Another chance to see the World's Strongest Man competition.

8.00 PM

8.00 Boxing
Another chance to see action from a top bout.

9.00 PM

9.00 Cycling
Highlights of the day's action from the Tour de France.

10.00 PM

11.00 PM

11.00-12.30am Motorcycling
Action from the World Championship's German Grand Prix in Sachsenring.

12.00 NIGHT TIME

SKY SPORTS 1

6.00 AM MORNING

7.00am Sports Centre 7.15 High 5 7.45 Survival of the Fittest 8.15 Sports Centre 8.30 Racing 9.00 Aerobics Oz Style 9.30 Embassy World 8 Ball Championships 11.30 Soccer Sevens 12.30pm Tales from the Premiership 1.00 AXA Life League – Lancashire v Worcestershire 2.30 Survival of the Fittest

3.00 PM

3.00 International Bowls: Australia v Northern Ireland
Coverage from the green as Australia and Northern Ireland contest the second Test of the pairs competition from Merrylands in New South Wales.

4.00 PM

5.00 PM

5.00 Cricket: AXA Life League – Warwickshire v Essex – LIVE
Coverage from Edgbaston, where Warwickshire entertain Essex in the AXA Life League. Warwickshire have enjoyed tremendous success in limited-overs competitions during the Nineties and, with West Indian captain Brian Lara returning to the county after masterminding the defeat of England, they should be capable of beating anybody. But Essex also have plenty of quality in their side, including Nasser Hussain and Ronnie Irani. Presented by Charles Colvile, with commentary from Ian Botham, Bob Willis and Paul Allott.

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

10.00
Sky Sports Centre
10.15 Tales from the Premiership: The Great Survivors
10.45 Soccer Sevens
Past stars take on today's Premiership heroes in a tournament staged in Trinidad and Tobago.
11.45
Sky Sports Centre
12midnight Cricket: AXA Life League – Warwickshire v Essex
1.30am Motor Racing: NASCAR – Kenwood Home and Car Audio
3.30 Tales from the Premiership: The Great Survivors 4.00-4.15am Sky Sports Centre

11.00 PM

12.00 NIGHT TIME

SKY SPORTS 2

6.00 AM MORNING

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership: The Boys of '93 8.45 Sky Sports Centre 9.00 Soccer Sevens 10.00 International Bowls: Australia v Northern Ireland 12noon V-Max 12.30pm World Motor Sport

3.00 PM

3.30 US Senior Open Film 1997
Highlights of last year's premiere US seniors' golf competition.

4.00 PM

4.30 Equestrianism: Spruce Meadows – ATCO Slalom
Coverage of the ATCO Structures Double Slalom event from Spruce Meadows, Canada.
5.30 Sports Unlimited
Focusing on a diverse range of sports.

5.00 PM

6.30 LPGA Golf: Jal Big Apple Classic
An opportunity to see coverage from the Wykagyl Country Club in New Rochelle, New York, where some of the top names – including world number one Annika Sorenstam and world number two Karrie Webb – compete in the latest LPGA tournament, the Jal Big Apple Classic.
8.30 Pool: Embassy World 8 Ball Championships – Men's Final
Coverage of the men's final from the Embassy World 8 Ball Championships at the Stakis Hotel in Blackpool.

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

10.30 Motor Racing: NASCAR – Kenwood Home and Car Audio
Coverage from California, where the latest stage of the Busch Series – the Kenwood Home and Car Audio NASCAR 2217 – takes place. This oval track stretches over two miles and is expected to attract some 80,000 spectators.
12.30am
Equestrianism: Spruce Meadows – ATCO Slalom
1.30-2.00am
Tales from the Premiership: The Great Survivors

11.00 PM

12.00 NIGHT TIME

SKY SPORTS 3

6.00 AM MORNING

12noon World Wrestling Federation – Live Wire 1.00pm Fish TV: Fishing Tales
Mike Sakamoto offers tips on where to catch the big ones.
1.30 Fish TV: Americana Outdoors
Outdoor adventure with David West.
2.00 Sky Sports Classics: Superbikes Brands Race

3.00 PM

3.00 Second Innings: Shaun Pollock
A look at the bowling ability of South African paceman Shaun Pollack.
3.30 Fastrax
4.00 World Tenpin Bowling Masters
Bowling action from the Goresbrook Leisure Centre in Dagenham, Essex.

4.00 PM

5.00 PM

5.00 World Wrestling Federation – Shotgun
Kevin Kelly and Michael Cole host the show that provides coverage of bouts throughout North America.
6.00
Sky Sports Centre
The latest sports news.
6.30 Tales from the Premiership: The Great Survivors
7.00 Soccer Sevens
The Hasley Crawford Stadium stages this year's Soccer Sevens tournament in Trinidad and Tobago.

6.00 PM

7.00 PM

8.00 PM

8.00 Major League Baseball
Coverage of the number one sport in the US, with playing advice, interviews with the stars and full coverage from the Major League game of the week.

9.00 PM

10.00 PM

10.00 Superbouts: Pryor v Arguello
Another chance to relive classic action from the 1982 bout between Aaron Pryer and Alexis Arguello.
11.00-11.30pm
Second Innings: Waqar Younis
Pakistani pace bowler Waqar Younis comes under the spotlight.

11.00 PM

12.00 NIGHT TIME

TROUBLE

6.00 AM MORNING

12noon Sweat
Australian athletics drama.
12.30pm Heartbreak High 1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
2.30 It's in the Jeans
Health Club
2.45 On the Make

3.00 PM

3.00 Sweat
Teen drama about a group of talented athletes at an Australian sports academy.
3.30 Ready or Not
White Girls Can't Jump
4.00 Fresh Prince of Bel Air
4.30
Saved by the Bell: The College Years
Kelly and the Professor

4.00 PM

5.00 PM

5.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
5.30
California Dreams
6.00 Hang Time
Trouble in Paradise
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

6.00 PM

7.00 PM

BRAVO

8.00 PM

8.00pm The A-Team
Knights of the Road
The team steps in to help a hard-working garage mechanic who is being driven out of business.
9.00 Real Stories of the Highway Patrol
Drama on the roads with US police officers.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
10.30
Red Shoe Diaries
Four on the Floor
Erotic drama series.
11.00 FILM: Assault on Precinct 13
Austin Stoker, Darwin Joston, Laurie Zimmer
Taut thriller about a police station under siege from a street gang. *1976*
1.00am
Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Evil Dead II
5.00-6.00am The A-Team

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME

SCI-FI

6.00 AM MORNING

7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon James Doohan in the Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 PM

3.00 Quantum Leap
The Americanisation of Machiko
Sam is a sailor who returns home with a Japanese wife to a frosty family reception.
4.00 Space Precinct
Double Duty
Lt Brogan faces a tough assignment when a criminal is murdered by a scaly monster.

4.00 PM

5.00 PM

5.00 Amazing Stories
Moving Day
The Webster family moves to the planet Aturus.
5.30 Mysteries, Magic and Miracles
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Mark of the Saurian
Buck insists an ambassador is actually a lizard plotting to destroy the starship.

6.00 PM

7.00 PM

8.00 PM

8.00 Quantum Leap
Piano Man
Sam is inside the body of a pianist whose ex-partner has found him after a three year search.
9.00 PSI Factor – Chronicles of the Paranormal
A corpse discovered by two children in an alley comes back to life.
10.00 FILM: Guyver – Dark Hero
David Kyter, Kathy Kristofferson, Christopher Mirendel, Bruno Giamotta
A young man develops a shadowy alter ego, the Guyver, which battles against evil forces unleashed at the site of an important archaeological dig. *1992*
12midnight Sightings
1.00am The Tomorrow People: One Law
1.30 Flash Gordon Conquers the Universe
2.00 Friday the 13th
3.00
Tales of the Unexpected
3.30-4.00am Dark Shadows

9.00 PM

10.00 PM

11.00 PM

12.00 NIGHT TIME

CABLE CHOICE

SPORT

Football: Uefa Cup – LIVE
Eurosport 5.00pm

Was the end of the World Cup only ten days ago? Has the new season started already? If you answered yes to both those questions, then you can watch live action from a first-leg game in the Uefa Cup qualifying round. Don't expect any stars of France 98 to turn out just yet, because the final is a massive ten months away. Yet the lessons of the World Cup will have already been learned and you can bet the players and coaches involved tonight will be adopting some new tactic or skill that they spotted during the tournament in France.

TELEVISION X

12midnight The Ten Minute Free View
12.10am The Russian File
12.20 Adult Feature
12.45 FILM: Adult Feature
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 Adult Feature
2.25 FILM: Adult Feature
Erotic entertainment.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am French Teaser
12.20 Wishbone
Two students take turns wearing an evening gown to snare a rich husband.
1.35 Lap it Up
1.50 Suburban Couples
2.50-4.00am
Moon Goddesses
The girls in the Moon Goddess boutique are obsessed with their male customers.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Tiger Heart
TJ Roberts, Jennifer Lyons
When Eric meets his dream girl, it looks like the start of a perfect summer.
9.30 FILM: Close
Katia Alens
Erotic drama.
11.00-12midnight
FILM: Lovers' Guide

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart asks the questions.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. With Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike It Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Shakespeare at the Globe
Ted Rogers hosts the quiz and entertainment show in which contestants must avoid Dusty Bin.
11.00 Prize Time
11.15
Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 BodyHeat 8.45 Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
Phone-in programme.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
Exercise show.
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Advice is at hand for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
Catwalk update.
6.30 Dial-a-Doc
6.45 What's in the Box
Phone-in programme.
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
The feared judge presides over another case.
9.00 Dog Night L!VE
More top dog racing from Walthamstow and Wolverhampton.
10.00 Topless Darts
More shapely throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
Financial news in the flesh.
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
Saucy late night offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every, hour, plus the following features:
10.30am Real Gardening Show 11.30 American Chart 12.30pm Inside Hollywood 1.30 Catwalk Show 2.30 Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
4.30
Real Gardening Show
Green-fingered tips for the keen gardener.
5.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
6.30 The Album Show
Classic rock tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
8.30
American Chart Show
Stateside chart action.
9.30
The A to Z of Food
A culinary alphabet of delights.
10.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.
11.30
The Album Show
More classic rock tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm Hit List UK
The UK singles chart with Cat Deeley.
3.00 Non-Stop Hits
A roller coaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 Hanson Rockumentary
Everything you always wanted to know about the youngsters of pop.
6.30 Extra Hot Hits
7.00 US Top 10
Stateside chart toppers.
8.00 Hot
Happening news, videos and gossip with Ed Byrne and Brendon Burns.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00
Alternative Nation
The latest and best alternative music.
1.00am-6.00am
Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm On the Horizon
1.00 Wild Ireland
Malin to Malinbeg, Donegal
1.30 Origins with Burt Wolf
Cruising Alaska
2.00 On Tour
Alaska and Siberia
2.30 Go Portugal
Southern Estremadura
3.00 Reel World
Papua New Guinea
Explores the island.
3.30 Wet and Wild
Water Polo, Gold Panning and Hovercrafting
4.00 An Aerial Tour of Britain
Northumberland Coast and the Cleveland Way
Takes us along the picturesque coast.
5.00 Wild Ireland
Malin to Malinbeg, Donegal
With Dermot Somers.
5.30 Sports Safaris
Biarritz, France
6.00 Origins with Burt Wolf
Cruising Alaska
Tours Skagway.
6.30 On Tour
Alaska and Siberia
7.00
The Great Escape
Chickmagulur
Explores India.
7.30 On the Horizon
Kenya and Tanzania
8.00 Go Greece
Lesbos, Chios – The North-Eastern Aegean
8.30 The Flavours of France
Chartres
9.00
Dominika's Planet
Italy
Dominika cooks in Tuscany and checks out a Milan wife-swapping club.
10.00 Go Portugal
Southern Estremadura
10.30 A River Somewhere
The Chamberlain River, Kimberley – Australia
11.00 Sports Safaris
Biarritz, France
11.30-12midnight
Wet and Wild
Water Polo, Gold Panning and Hovercrafting

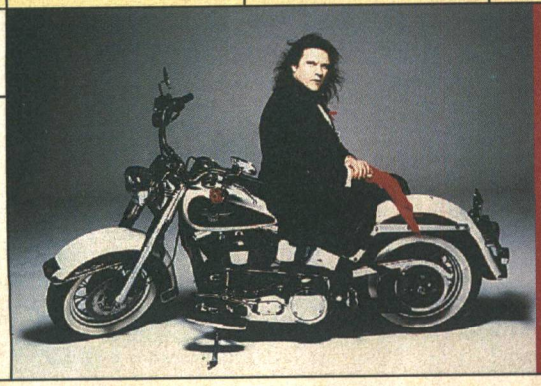
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Entertainment 7.00 The Beautiful Home Show 7.30 The Zest Beauty Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Entertainment 12noon The View 1.00pm The Beautiful Home Show 1.30 The Zest Beauty Show 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
My Husband Got Another Woman Pregnant
Cheated wives vent their anger at their spouses.
5.00-6.00pm Livetime
Magazine programme covering all aspects of health, beauty, fashion, food and more.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm
Give Sharks a Chance
Ron and Valerie Taylor help attack victims.
7.30 Mountains of the Maya
8.00 Manatees and Dugongs
A look at the dugong population of the South Pacific, and the manatees of the Floridian Gulf.
9.00 Tribal Warriors: The Art of the Warrior
Documentary discovering the history behind the 4,000-year-old tradition of martial arts.
10.00
Can Science Build a Champion Athlete?
Investigateing the role of technology in improving athletes' performance.
11.00
A Lizard's Summer
A look at at seven varieties of European lizards.
11.30 Silence of the Sea Lions
12midnight-1.00am Icebird
Profile of Adelie penguins.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



'Behind the Music: Meatloaf' profiles the life and work of the big man of rock: VH1 10.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Michael Bolton 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes
8.00 VH1 Hits
10.00
Behind the Music: Meatloaf
11.00 Jobson's Choice
12midnight The Nightfly
1.00am Spice
2.00-7.00am VH1 Late Shift

Sarah Matravers tells us what's hot and what's not on the international scene in 'The Fashion Show': L!VE TV throughout the day

Tuesday 21 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Cookabout with Greg and Max 1.30 Gimme Shelter 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

4.00pm The Diceman
It's TT time on the Isle of Man.
4.30 Top Marques
Jensen
Enthusiasts drive classics.
5.00 First Flights
General Aviation: Barnstormers to Businessmen
5.30 History's Turning Points
6.00 Wildlife SOS
A swan with a fishing hook embedded in its leg is saved from a painful death.
6.30 Eye of the Serpent
Looks at the feared and lethal reptiles.
7.30 Arthur C Clarke's Mysterious Universe
Psychic Detectives
8.00 Discover Magazine
Fatal Flaw
Magazine searching out the bizarre and unusual from the world of science.
9.00 Hitler's Henchmen
Mengele
Examining the hideous war crimes and experiments of Nazi, Josef Mengele.
10.00 Prison Life
Inside the Glasshouse
Young men and women are subjected to one of the toughest regimes in a British military prison.
11.00 Lotus Elise: Project M1:11
Looks at the latest Lotus sports car, the result of a unique collaboration between manufacturers.
12midnight First Flights
General Aviation: Barnstormers to Businessmen
12.30am Top Marques
Jensen
1.00-2.00am Prison Life
Hard Times

SKY SOAP

11.00am Take the High Road
A dubious bottle appears at the Big House
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Real Story of... 7.00 Thomas the Tank Engine 7.15 Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Dexter's Laboratory 12noon Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 Bugs and Daffy 1.45 Sylvester and Tweety 2.00 Jetsons 2.30 Addams Family

3.00 Wacky Races
More motorised mayhem with the drivers in jaunty jalopies.
3.30 The Mask
Manic green-faced antics.
4.00 Beetlejuice
Spooky goings-on with the ghost-with-the-most.
4.30 Dexter's Laboratory
Chemical bedroom chaos.
5.00 Johnny Bravo
Animated fun with the superego superhero.
5.30 Cow and Chicken
Fun with the siblings.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Stone age antics with Fred and Barney.
7.00 Scooby-Doo – Where are You?
More detective work with the unlikely sleuth.
7.30 Godzilla
The monster returns.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Ploesti
4.30 World War I: Verdun the Inferno
5.00 The Great Days of the Century: Far East, Last Emperors
Looks at China's history.
6.00 Ancient Mysteries: Secrets of the Aztec Empire
7.00-8.00pm Biography... Genius
Shakespeare

NICKELODEON

6.00am Nick JR – The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

3.00 Stickin' Around

3.30 Doug
Doodle the day away with our painfully average hero, Doug.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sister Sister
Tia and Tamera and their parents try to live together.
5.30 Kenan & Kel
More fun with the two funky friends.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
The Conners take up Astrid's invitation.
8.00 Grace Under Fire
Nadine wants to move in with Grace.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cybill
Cybill Shepherd stars in this sophisticated comedy.
9.30 Ellen
Lois has a new boyfriend, to Ellen's displeasure.
10.00 Frasier
Frasier runs for 'condo board president'.
10.30 Cheers
Carla's daughter's wedding gets a surprise visitor.
11.00 Monty Python's Flying Circus
Classic humour from the offbeat team.
11.30 The Morwenna Banks Show
12midnight Nurses
Medical comedy series.
12.30am It's Garry Shandling's Show
Eighties comedy series about bachelordom.
1.00 Frasier
Cheers spin-off about the life of a phone-in psychiatrist.
1.30 Cheers
Classic US sitcom set in a Boston bar. Stars Ted Danson.
2.00 Caroline in the City
New York comedy about a cartoonist. Stars Lea Thompson.
2.30 The Morwenna Banks Show
Comedy sketch show.
3.00 Roseanne
Sitcom starring Roseanne Barr and John Goodman.
3.30-4.00am Cybill
LA-based comedy about a struggling actress and twice-divorced mother.

More frantic comedy in 'The Morwenna Banks Show': Paramount Comedy Channel 11.30pm, 2.30am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Mozart's Piano Concerto K271
7.30 Inside Hollywood

8.00 A Tribute to Gershwin
An all-star tribute to mark the centenary of the the birth of George Gershwin.

9.00 Opera: Der Freischütz
Weber's weird and wonderful fable tells of a rustic romance threatened by a mysterious demon. From the Stuttgart Staatsoper and starring Catarina Ligendza and Toni Kramer, with Dennis Russell Davies conducting.

12midnight-1.00am Midnight Jazz: Brewhouse

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
West Palm Beach, San Francisco
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 African Adventures
2.00 Travel Tips
3.00 Globetrotter
3.30-4.00pm Around the World .

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 24 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American 11.45 Report 12.30pm Digital Jam 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 World Beat 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 12.30am Moneyline 1.15 Asian 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 2.30pm Parliament 3.30 Parliament 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.00 News on the Hour 1.30 ABC World News Tonight 2.00 News on the Hour 2.30 Sky Business Report 3.00 News on the Hour 3.30 Newsmaker 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal Canada 7.30 Journal du Temps 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Plaisir de Lire 9.30 Habitat Traditionnel 10.00 Minutes 10.05 La Clef des Champs 10.30 Grand Tourisme 11.00 Minutes 11.05 Paris Lumières 11.33 Journal France 3 11.55 Journal 12noon Le Vent des Moissons 1.30pm Les Belges du Bout du Monde 2.00 Au Nom de la Loi 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions Pour un Champion 5.30 Journal du Temps 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal Suisse 7.00 Temps Présent 8.00 Enjeux le Point 9.00 Journal France 9.30 Résumé du Tour de France 9.45 Un Siècle d'ecrivain 10.45 Envoyé Spécial 11.15 Résumé du Tour de France 11.25 Le Journal du Temps 11.30 Soir 3 12midnight Journal 12.30am Branché 1.00am Zig Zag Café

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Badalte Rishte 1.30 FILM 4.00 Jaldi Jaldi 4.30 Music 5.00 Dasht 6.00 Geet Baney Sangeet 6.30 Music Box 7.00 Badalte Rishte 7.30 News 8.00 Khiladi 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Khiladi 1.00 FILM 4.00 Music 4.30 Kabhi Yeh Kabhi Woh 5.00 Dasht 6.00 Baaje Payal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Darling Darling 6.30 Nancy 7.00 Jaagran 7.30 Zee World 8.00 News 8.30 Buniyaad 9.00 Endrum Cinima 9.30 Health Show 10.00 Parivartan 11.00 Golden Khana Khazana 11.30 Kurukshetra 12noon FILM: Lahoo Ke Do Rang 3.00pm Andaz 3.30 Sailaab 4.00 Campus 4.30 Top Ten 5.30 Quiz Contest 6.00 Love Stories 6.30 Pop Busters 7.00 Hum Aapke Hai Woh 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 A List 9.30 Ghoomt Aaina 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
Coverage from Bath and Yarmouth with Ben Newton and Derek Thompson.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Ashley McGuicken/Eurospirit 6.00 The High Life 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 On Holy Ground 9.00 Another Day of Victory 9.30 Life in the Word 10.00 International Intelligence Briefing 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 The Commons Live 11.00-12midnight Questions from the House

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	£27,500	FIXED RATES FOR UP TO FIFTEEN YEARS AVAILABLE - ask for details		370.70	303.58	274.11
	£25,000			337.00	275.98	249.19
	£22,500			303.30	248.38	224.27
	£20,000			269.60	220.78	199.35
11.9% Variable or fixed for up to 5 years NO FEES	£17,500	383.47	289.58	244.44	202.66	184.70
	£15,000	328.69	248.21	209.52	173.71	158.31
	£12,500	273.90	206.84	174.60	144.75	131.93
	£11,000	241.04	182.02	153.65	127.38	116.10
	£10,000	219.12	165.47	139.68	115.80	105.54
12.9% Variable or fixed for up to 5 years NO FEES	£9,000	201.29	153.30	130.38	109.41	100.61
	£8,000	178.93	136.27	115.89	97.25	89.43
	£7,500	167.74	127.75	108.65	91.17	83.84
	£6,000	134.20	102.20	86.92	72.94	67.07
	£5,000	111.83	85.17	72.43	60.78	55.89

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Wednesday 22 July

SKY MOVIES SCREEN 1

6.00am The Blue Bird
1976, rating Sky U, 93 mins
8.00 The Beniker Gang
1985, rating Sky PG, 83 mins
10.00 Jane Eyre
Text *1996, rating Sky PG, 116 mins*
12noon Spy Hard
Leslie Nielsen, Nicollette Sheridan
Text *1996, rating Sky PG, 78 mins*
1.20 The Beniker Gang
Andrew McCarthy, Jennifer Dundas
1985, rating Sky PG, 83 mins

3.00 Rhinestone
Sylvester Stallone, Dolly Parton, Richard Farnsworth, Ron Leibman, Tim Thomerson
Musical comedy about a slow-witted cab driver who becomes the object of a bet between nightclub singer Jake Ferris and her boss, that the performer can train anyone to become a successful singer. *1984, rating Sky PG, 107 mins*

5.00 The Princess Bride
Mandy Patinkin, Cary Elwes, Christopher Guest, Fred Savage, Robin Wright, Peter Falk, Peter Cook, Carol Kane, Billy Crystal
Tongue-in-cheek fantasy adventure which tells the tale of a beautiful woman who must be rescued by her one true love from horrible encounters with monsters and villains. *1987, rating Sky PG, 95 mins*

7.00 Jane Eyre
William Hurt, Charlotte Gainsburg, Anna Paquin, Geraldine Chaplin, Fiona Shaw, Elle Macpherson, John Wood, Joan Playwright
Adaptation of Charlotte Brontë's dramatic romance, which tells the tale of an orphan girl who grows up to be a governess in a mysterious household. Text *1996, rating Sky PG, 116 mins*

9.00 Spy Hard
Leslie Nielson, Nicolette Sheridan, Charles Durning, Marcia Gay Harden, Barry Bostwick, Andy Griffith
Espionage spoof, in which Agent WD-40 fights with evil master criminal General Rancor. Text *1996, rating Sky PG, 78 mins*

10.30
Exception to the Rule
Kim Cattrall, Sean Young, Eric McCormack, William DeVane
PREMIERE A tale of infidelity, guilt and blackmail about female rivals after the heart and fortune of the same man. *1996, rating Sky 18, 95 mins*

12.10am When Saturday Comes
Sean Bean, Emily Lloyd
Text *1995, rating Sky 15, 94 mins*
1.50
Lambada – Forbidden Dance
1990, rating Sky 15, 93 mins
3.30-5.30am Murderous Intent
Thriller. Last Play *1995, rating Sky 12, 88 mins*

SKY MOVIES SCREEN 2

6.00am
The Bandit of Sherwood Forest
1946, rating Sky PG, 83 mins
8.00 Higher and Higher
1943, rating Sky U, 90 mins
10.00 White Dwarf
Paul Winfield, Neal McDonough
1995, rating Sky PG, 87 mins
12noon The Fallen Sparrow
John Garfield, Maureen O'Hara
1943, rating Sky PG, 90 mins
2.00pm Higher and Higher
Frank Sinatra, Michele Morgan, Jack Haley, Leon Errol
Musical about a rich man fallen on hard times who relies on his servants to help him find his missing fortune. *1943, rating Sky U, 90 mins*

4.00 The Bandit of Sherwood Forest
Cornel Wilde, Anita Louise, Jill Esmond, Edgar Buchanan
Action adventure about swashbuckling hero Robin Hood and his Merry Men, who rob from the rich and give to the poor, and live in the comfortable confines of the infamous Sherwood Forrest. *1946, rating Sky PG, 83 mins*

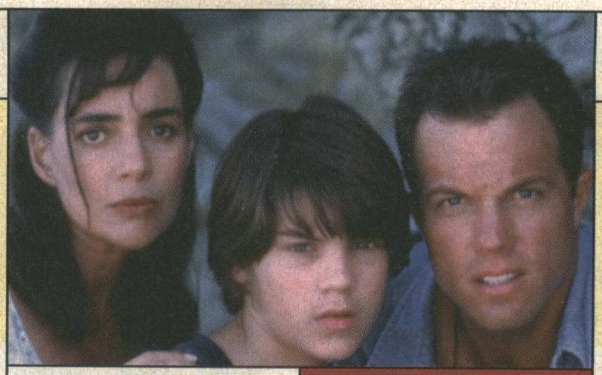
6.00 White Dwarf
Paul Winfield, Neal McDonough, Michael McGrady, Ele Keats, CCH Pounder
Futuristic fantasy about earthlings who settle on a distant planet, where they must deal with two conflicting cultures and some very bizarre inhabitants. *1995, rating Sky PG, 87 mins*

7.30 E! News Week in Review

8.00 Gargantua
Adam Baldwin, Julie Carmen, Emile Hirsch, Bobby Hosea
Special effects-filled adventure. When an underground earthquake in the South Pacific opens up a deep underwater trench, releasing a family of giant reptiles into the open sea, their safety and those who seek to protect them is jeopardised. *1998, rating Sky PG, 90 mins*

10.00 Last Dance
Sharon Stone, Rob Morrow, Randy Quaid, Peter Gallagher
Drama about a woman on Death Row whose case is championed by a crusading lawyer. Her background as a disadvantaged child of abusive parents, having been exposed to sex and drugs, may be of help to her. *1996, rating Sky 18, 99 mins*

11.45
Prescription for Murder
1995, rating Sky 18, 89 mins
1.20am The Last Supper
1996, rating Sky 15, 88 mins
2.55
The Masque of the Red Death
1989, rating Sky 18, 89 mins
4.30-5.30am Off on a Comet
1979, rating Sky U, 48 mins



Julie Carmen, Emile Hirsch and Adam Baldwin in 'Gargantua': Sky Movies Screen 2 8.00pm

SKY MOVIES GOLD

4.00pm
My Favourite Blonde
Bob Hope, Madeleine Carroll, Lionel Royce, George Zucco, Gale Sondergaard, Bing Crosby
Comedy about a hapless American who joins forces with a spy to combat the Nazis. The man however has a secret weapon: a trained penguin. *1942, rating Sky U, 75 mins*

6.00 The Sea Wolves
Gregory Peck, Roger Moore, David Niven, Trevor Howard
Occasionally comical tale of a retired unit of polo-playing British soldiers who are recruited back into action when the Germans cruise into Goa harbour. A variety of ageing stars manage to send themselves up amusingly as the heroes. *1980, rating Sky PG, 115 mins*

8.00 Pretty in Pink
Molly Ringwald, Harry Dean Stanton, Jon Cryer, James Spader, Andrew McCarthy, Annie Potts, James Spader
Teen drama about a poor high school student with a depressed, single parent father who wants to be noticed by one of the rich boys, fall in love and go to the school prom. *1986, rating Sky 15, 93 mins*

10.00 Action Jackson
Carl Weathers, Craig Nelson, Vanity, Sharon Stone, Thomas F Wilson
Non-stop action, destruction and mayhem ensues when an ex-cop takes on a gang of thugs muscling in on the Detroit automobile unions. Text *1988, rating Sky 18, 96 mins*

11.40 Flesh and Blood
Rutger Hauer, Jennifer Jason Leigh, Jack Thompson
Middle Ages adventure. *1985, rating Sky 18, 122 mins*
1.45am Paradise Alley
Sylvester Stallone, Lee Canalito
1978, rating Sky 15, 102 mins
3.35-5.10am Shepherd of the Hills
John Wayne, Betty Field
1941, rating Sky PG, 93 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Lust for Life
Kirk Douglas, Anthony Quinn, James Donald, Pamela Brown, Everett Sloane, Noel Purcell
Unsensational and visually striking adaptation of Irving Stone's biography of the tormented Dutch painter Vincent Van Gogh. Anthony Quinn won an Oscar for his performance as fellow painter and friend Paul Gauguin. *1956, 117 mins*

11.00 Romeo and Juliet
Norma Shearer, Leslie Howard, Basil Rathbone
Lavish interpretation of Shakespeare's romantic tragedy. *1936, 120 mins*
1.15am Tarzan the Ape Man
Johnny Weissmuller, Neil Hamilton
African adventure. *1932, 100 mins*
3.00-5.00am Lust for Life
Kirk Douglas, Anthony Quinn
Adaptation of Irving Stone's biography of painter Vincent Van Gogh. *1956, 117 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text **10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman**
12noon
Married... With Children Text
12.30pm M*A*S*H
1.00 Geraldo
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Jenny, Make My Slob House Shine
Some of America's biggest slobs change their ways when they are given make-overs.

4.00
The Oprah Winfrey Show
Join Oprah for a revealing look at life and relationships in her top-rated discussion show.

5.00 Star Trek: Voyager
Threshold
Paris makes history by shuttling to Warp Ten, but the experience causes startling biochemistry changes. Text

6.00 The Nanny
The Will
Maxwell changes his will.

6.30
Married... With Children
How Green Was My Apple Text

7.00 The Simpsons
Lemon of Troy
Bart and his friends march on Shelbyville. Text

7.30 Real TV
Video footage of real life events.

8.00 Stargate SG-1
Enigma
The team rescues a group of aliens, but must risk court martial to prevent their technology from falling into the wrong hands.

9.00 The Outer Limits
Lithia
Science fiction anthology series transporting viewers from the inner mind to the outer reaches of the universe.

10.00
Caribbean Uncovered
In this second episode, find out how Nottinghamshire lad Mark is coping in his new job at the X-rated resort of Hedonism.

11.00 Star Trek: Voyager
Threshold
Paris makes history by shuttling to Warp Ten, but the experience causes startling biochemistry changes. Text

12midnight Nash Bridges
Hit Parade
Nash and Joe cut a deal with Carlos Casas, a gangland money launderer. Text

1.00am-7.00am Long Play
A VJ-free zone that brings you more of the music you want to see.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
PREMIERE Wesley Snipes is back in business as a Washington homicide cop who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
PREMIERE Sequel in which it transpires that a second island full of dinosaurs exists. Stars Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 6.30am, 9.00am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 22 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill
Strictly Personal

3.25 The Bill
Day of Rest
A summer Sunday is far from restful for the team at Sun Hill.
3.55 Dangerfield
As Paul uncovers more about the suspicious death of Susan Wood, he also discovers that his knowledge puts him in danger.
4.55 EastEnders
The Albert Square residents attempt to overcome their ongoing problems.
5.30 Home to Roost
Bad Apples
Sitcom about a divorcee and his co-habiting son.
6.00 All Creatures Great and Small
Plenty to Grouse About
Drama based on the books by James Herriot about his experiences as a Yorkshire vet.
7.00 2point4 Children
One Night in Bangkok
Ben's globetrotting father returns with a surprise for his son, in the shape of a young Thai wife.
7.40 Waiting for God
Tom attempts to win Diana by becoming a daredevil driver and parachutist.
8.20 Dad's Army
Branded
There's trouble in the ranks.
9.00 One Foot in the Grave
In Luton Airport No One Can Hear You Scream
The Meldrews return from a disastrous Greek holiday.
9.40 FILM: Papillon
Steve McQueen, Dustin Hoffman, Don Gordon
Drama about a French petty crook, wrongly convicted of murder, who becomes obsessed with escaping from prison. His repeated attempts at breaking out land him in solitary confinement, where he is determined not to give into madness. Finally he is condemned to the notorious prison on Devil's Island. *1973*
12.40am The Bill
Strictly Personal
1.10 The Bill
Day of Rest
1.40 The Comic Strip Presents...
War
2.10 The Equalizer
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifetyle magazine, featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.
7.00 Rescue 911
Featuring the stories of real-life rescues by American emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.
9.00 FILM: There Are No Children Here
Oprah Winfrey, Mark Lane, Norman Golden II
Drama about a proud single mother who is determined that her two sons will not be affected by the drugs and shootings surrounding their home. But she faces an uphill struggle to keep them safe on their Chicago housing project. *1993*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Up the Garden Path 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Wanna Buy a Television Series?
When King sets out to sell a series of his novels for TV, he finds that adventure isn't a saleable commodity
4.00 Hawaii Five-0
Six Kilos
McGarrett infiltrates a highly sophisticated syndicate by assuming the identity of a safe-cracker.
5.00 Hart to Hart
The Shooting
Detective drama series about the adventures of the glamorous Jonathan and Jennifer Hart. With Robert Wagner.
6.00 Emmerdale
Soap set in the Yorkshire Dales.
6.30 Classic Coronation Street
Gossip about Emily and Arnold is rife.
7.00 Surgical Spirit
The Copeland Affair
Stars Nichola McAuliffe as a hard-as-nails surgeon.
7.30 The Fenn Street Gang
The Thin Yellow Line
8.00 Dempsey & Makepeace
The Hit
The duo must confront a world of drugs and prostitution to uncover the motive behind some killings.
9.00 Classic Coronation Street
9.30 Hale and Pace
10.00 The Comedians
10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Noddy's Electric Ladyland
Eccentric pop quiz.
11.30 V.P.L.
Alternative fashion programme.
12midnight Foo Foo's Party Night
A outrageous night of cabaret.
12.30am Studs
Football fanzine, presented by actor Nick Cochrane.
12.50 Lord Lust's Lovelies
1.00 E! Gossip
1.30 E! Mysteries and Scandals: Hank Williams
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the two characters from *The Lion King*. Text
3.30 Aladdin – The Series
The continuing adventures of the young hero. Text
4.00 101 Dalmatians
Canine capers.
4.30 Recess
Animated series. Text
4.45 Pepper Ann
Adolescent life lessons. Text
5.00 Smart Guy
More classroom comedy.
5.30 Brotherly Love
Pizza Girl
Matt's new job at the pizza parlour starts with chaos. Text
6.00 Teen Angel
Look Ma, No Face
6.30 Boy Meets World
City Slackers
Cory and Shawn take a trip to the mountains. Text
7.00 FILM: Robin Hood
Disney has breathed new life into an old favourite by re-telling the legend of Robin Hood through the eyes of the animals of Sherwood Forest. So, in this animated yarn, the chief characters are animals – Robin is a fox, Little John a bear, and Prince John a scrawny lion. *1973*
8.30 The Wonder Years
A Very Cutlip Christmas Text
9.00 Honey, I Shrunk the Kids: The TV Show
Honey, They're After Me Lucky Charms
Based on the hit movie. Text
9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Feasts of the World 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm A Year at Ballymaloe 1.00 Food for Thought 1.30 From the Ground Up 2.00 Sophie's Meat Course 2.30 Food Network Daily
3.00 Vin Ordinaire
Food and wine with Ken Andrew.
3.30 Coxon's Kitchen College
4.00 New Chefs on the Block
4.30-5.00pm Red Hot 'n' Smokin'
Tips for a barbecue with style.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 Byker Grove
Amanda ponders a secret date, and Charlie's first show ends in chaos.
6.30 Pull the Other One
Hosted by Paul Coia.
7.00 Rising Damp
The Permissive Society
Sitcom starring Leonard Rossiter as the cantankerous landlord.
7.30 Desmond's
Partnership
8.00 Switch On
Entertainment magazine featuring star interviews.
8.30 First Sign of Madness
Billingsgate Alfie
Comic monologues.
9.00 Tanamera
The second in a seven-part drama set in Singapore in the Thirties. The affair between John and Julie becomes an embarrassment to the families.
10.00 The Darling Buds of May
The Happiest Days of Your Life
Brockhurst College is threatened with closure.
11.00 Boon
12midnight Just a Gigolo
12.30am-1.00am Comedy Company

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

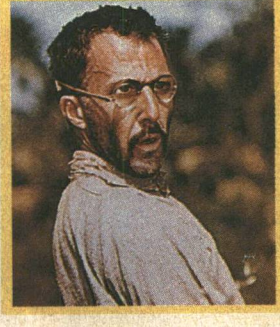
FILM

Exception to the Rule
Sky Movies Screen 1 10.30pm
Two beautiful women want the same man, and that usually means bad news for all three of them. In this case, Timothy Bayer (Eric McCormack) is chased by his wife Angela (Sean Young) and lover Carla (Kim Cattrall), for both his heart and his fortune.

GENERAL

Waiting for God
UK Gold 7.40pm
Popular comedy series revolving around the exploits of the residents of Bayview Retirement Village. Tonight, Tom (Graham Crowden) is persuaded to become a daredevil driver, while there's another inmate who believes he's a Hell's Angel. It's all go in these retirement homes!

ADVERTISEMENT



PAPILLON
9.40PM
UK GOLD

Steve McQueen and Dustin Hoffman star in the adaptation of Henri Charriere's bestseller about the horrific experiences and solitary confinement of inmates in a French penal colony in the 1930s.

Wednesday 22 July

EUROSPORT

6.00 AM MORNING

7.30am Sports Car
Coverage of the FIA GT Championship from Budapest, Hungary.
8.30 Tennis
A look at the review show of the ATP Tour.
9.00 Cycling
Coverage of yesterday's stage of the Tour de France.
11.00 Cycling – LIVE
Coverage of the 11th stage of the Tour de France, covering the 170km from Luchon to Plateau de Beille in the Pyrénées.

3.00 PM

4.00 PM

4.30pm Tennis
Coverage of the ATP Tour's Mercedes Cup at the Weissenhop Club in Stuttgart, held between 20 and 26 July. The tournament provides an opportunity to see how players adapt to the change from grass to clay.

5.00 PM

6.00 PM

6.00 Motorsports
Includes coverage of the Porsch Super Cup, the NASCAR Winston Cup and the Lamborghini competition in Dijon.

7.00 PM

7.00 Football – LIVE
Coverage of the first leg of the Champions' League qualifying round. The Champions' League starts on 16 September, and the final will be held on 26 May, 1999. The current title holder is the Spanish club Real Madrid, who beat Juventus in last season's final.

8.00 PM

9.00 PM

9.00 Cycling
Coverage of the 11th stage of the Tour de France, covering the 170km from Luchon to Plateau de Beille in the Pyrénées.

10.00 PM

11.00 PM

11.00 Motorsports
Speedworld magazine.

12.00 NIGHT TIME

12midnight-12.30am
Four Wheels Drive
Coverage of formula 4x4 off road from Egilstaoir, Iceland.

SKY SPORTS 1

7.00am Sky Sports Centre 7.15 World Wrestling Federation – Live Wire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Pool: Embassy World 8 Ball Championships – Men's Final 11.30 Soccer Sevens 12.30pm Tales from the Premiership: The Great Survivors 1.00 Cricket: AXA Life League – Warwickshire v Essex *Repeat from Tuesday*
2.30 Fastrax

3.00 Motor Racing: NASCAR – Kenwood Home and Car Audio
High-speed coverage from California, where the latest stage of the Busch Series – the Kenwood Home and Car Audio NASCAR 2217 – takes place. This oval track stretches over two miles and is expected to welcome 80,000 spectators.

5.00 World Wrestling Federation – Shotgun
Catch up on the week's action in this fast-paced show hosted by Kevin Kelly and Michael Cole.

6.00 Sky Sports Centre
6.30 Tales from the Premiership: On a Shoestring
The contrasting fortunes of Wimbledon and QPR.

7.00
European Tour Weekly
A preview of forthcoming events on the Tour.
7.30 Full Throttle
Fast-track race action.

8.00
Dr Martens Premier League Snooker: Higgins v Doherty
Young star Ronnie 'The Rocket' O'Sullivan meets former world champion Steve Davis at the Diamond Centre in Northamptonshire.

10.00
Sky Sports Centre
10.15 Tales from the Premiership: On a Shoestring
10.45 Soccer Sevens
Footballers of the past face today's stars at the Hasley Crawford Stadium in Trinidad and Tobago.
11.45
Sky Sports Centre
12midnight
World of Super League with Eddie and Stevo
2.00am Samsung Esprit
2.30 Watersports World
3.30 Tales from the Premiership: On a Shoestring
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership: The Great Survivors 8.45 Sky Sports Centre 9.00 Soccer Sevens 10.00 Motor Racing: NASCAR – Kenwood Home and Car Audio *Repeat from Tuesday*
12noon Equestrianism: Spruce Meadows – ATCO Slalom
1.00pm Beach Volleyball
1.30 Sports Unlimited
2.30 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential, comprehensive roundup.

4.30
Dr Martens Premier League Snooker: Higgins v Doherty
Newly-crowned world champion John Higgins meets Ken Doherty at the Diamond Centre in Northamptonshire. Doherty was beaten by Higgins in the Embassy World Championship final at Sheffield.

6.30 The Winning Post: Sandown and Leicester – LIVE
Jeff Stelling presents horse racing action from Sandown and Leicester. The Sandown races are at 6.45, 7.15, 7.45 and 8.15, while the Leicester races are at 7.00, 7.30 and 8.00.
8.30 Golf Extra
All the major players and the tournaments in which they appear are featured in golf's essential and most comprehensive roundup.

10.30
Watersports World
The ultimate guide to watersports, from waterskiing to windsurfing and the revolutionary wake-boarding.
11.30
European Tour Weekly
Golfing news.
12midnight Full Throttle
Fast-track race action.
12.30am Sky Sports Centre
12.45 Fastrax
1.15
Tales from the Premiership: On a Shoestring
1.45-2.00am
Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Tony Dean Outdoors
With Tony Dean.
1.30 Fish TV: Gone Fishing
With Mike Sakamoto.
2.00 Superbouts: Pryor v Arguello
Relive a memorable 1982 fight between Aaron Pryer and Alexis Arguello.

3.00 Second Innings: Waqar Younis
A profile of the Pakistani pace bowler.
3.30 Major League Baseball
Sporting action from across the pond, with one of the Major League's games of the week, plus playing tips, news, results and interviews with the sport's leading players.

5.30
Watersports World
Coverage of the men and women who excel in watersports, from sailing to surfing.
6.30 Samsung Esprit
A look at sportsmen and women in their individual fields of expertise.
7.00 Soccer Sevens
Football stars from the past face today's players at the Hasley Crawford Stadium in Trinidad and Tobago.
8.00 World of Super League with Eddie and Stevo
The show that features every try scored over the past week, plus a preview of the forthcoming action with special guests discussing the topical issues in the game. With Eddie Hemmings and Mike Stephenson.
10.00 Sportraits: Fraser and Redgrave
A profile of swimming star Dawn Fraser and Olympic rower Steven Redgrave.
10.30-11.30pm
Dickie Davies's Sporting Heroes: Tony Jacklin
Dickie Davies interviews Tony Jacklin.

TROUBLE

12noon Sweat
Australian athletics drama.
12.30pm Heartbreak High
Hard-hitting drama series.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Starring Shebah Ronay.
2.30 It's in the Jeans *Wildlife Park*
2.45 On the Make
Makeover show with fashion and beauty tips.

3.00 Sweat
Teenage drama series with Martin Henderson.
3.30 Ready or Not *Break Up*
Canadian teen drama.
4.00 Fresh Prince of Bel Air
Starring Will Smith.
4.30
Saved by the Bell: The College Years
5.00 Hollyoaks
Starring Jeremy Edwards and Shebah Ronay.
5.30
California Dreams
Rock 'n' roll sitcom.
6.00 Hang Time *Let's Get Ready to Rumble*
Stars Daniella Deutscher.
6.30 Blast
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team *Waste 'Em*
The gang takes on a chemical company that is dumping toxic waste. Stars George Peppard.
9.00 Real Stories of the Highway Patrol
Real-life road drama.
9.30 Cops
Fly-on-the-wall police documentary series.
10.00 Italian Stripping Housewives
Novelty strip show.
10.30
Red Shoe Diaries *The Psychiatrist*
11.00
FILM: Emmanuelle 4 *Mia Nygren, Sylvia Kristel, Patrick Bauchau*
Further softcore adventures. *1984*
1.00am
Beverly Hills Bordello
1.30 Italian Stripping Housewives 2.00 Real Stories of the Highway Patrol 2.30 Cops
3.00 FILM: Assault on Precinct 13 *1976*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television 8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap *What Price Gloria?*
Sam slips into the persona of a secretary who is being subjected to sexual harassment at work.
4.00 Space Precinct *The Power*
A massive generating station orbits high above the planet Altor. Starring Ted Shackelford.
5.00 Amazing Stories *Miss Stardust*
Starring Dick Shawn.
5.30 Mysteries, Magic and Miracles
With Patrick Macnee.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century *The Golden Man*
The crew is stranded on an asteroid. Starring Gil Gerard and Erin Gray.
8.00 Quantum Leap *Southern Comforts*
Sam returns to Earth in 1961, to enjoy birthday celebrations in a New Orleans bordello.
9.00 PSI Factor – Chronicles of the Paranormal *Forbidden North/ Reincarnation*
Starring Paul Miller.
10.00
FILM: Memory Run *Karen Duffy, Saul Rubinek*
Futuristic fantasy. A man who is wrongly convicted of murder has his brain implanted into a young woman, but the creation rebels against the sinister Utopian forces. *1994*
11.45
SF Scene Special
12midnight Sightings
1.00am
Battlestar Galactica
2.00 Friday the 13th
3.00
Tales of the Unexpected *The Best Chess Player in the World*
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Tales from the Premiership
Sky Sports 1 6.30pm, 10.15pm, 3.30am
Tonight's programme in this fascinating series is entitled *On a Shoestring*, spotlighting two of London's poorer cousins – QPR and Wimbledon. How the Dons have survived in the top flight for over ten years without being threatened by relegation is one of football's great mysteries and a testimony to their club spirit. By contrast, QPR have a finer footballing pedigree, but were closer to Division Two last year then they'd want to admit. Hear from the men who do the business at both clubs.

TELEVISION X

12midnight The Ten Minute Free View
12.10am
Fantasy Night Calls
1.00 The Five Minute Free View
1.05 FILM: Adult Feature
2.10 FILM: Endangered
An absolute cad meets up with his old room-mate to relive his swinging past.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am
Passionate Impact *Julie Rage, Melissa Hill*
Erotic film.
1.25 Members Only
Magazine programme.
1.40 Adult Feature
Erotic magazine.
2.35-4.00am
FILM: Last Rites *Kaylan Nicole, Melissa Hill*
Erotic film set at a bad girl's wedding.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Dead Silence *Clete Keith, Joseph Scott*
Comedy in which a film writer turns to the mob.
9.35 Rest Stop
10.05 FILM: Compelling Evidence *Brigette Nielsen*
Thriller.
11.30-12midnight
Erotic Westernscapes

Wednesday 22 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate 10.00 Lie Detector 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls receive much-needed advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
The latest update from the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
Another case for the people's judge.
9.00 The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.

7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the knowledge quiz.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Manic Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Continental Cabaret
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes from clues.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30 Inside Hollywood
11.30 Cinema, Cinema, Cinema 12.30pm The A to Z of Food 1.30 Cybernet
2.30 The Album Show
Classic tracks.

3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

4.30 American Chart Show
The latest hits from across the pond.

5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

6.30 The Album Show
Classic tracks from legendary artists.

7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

8.30 The Catwalk Show
The latest designs from the top fashion houses.

9.30 Cybernet
The latest from the information superhighway.

10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.

11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm European Top 20
The top 20 tracks from across the continent.

3.00 Non-Stop Hits
A rollercoaster of hits.

4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.

6.00 MTV Live

6.30 So 90s
The greatest hits of the decade with Armstrong and Miller.
7.00 The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.

8.00 Hot
News, videos and gossip with Richard Blackwood.

9.00 Up for It
Another spectacular helping of merriment fun with Eddy Temple-Morris.

10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.

11.00 Yo!
The latest rap and hip hop videos.

12midnight Beavis and Butt-head
12.30am **Banned at Bedtime**
Special night time viewing of uncut videos.
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Reel World
12.30pm Tread the Med
1.00 On the Loose in Wildest Africa
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Barbado
2.30 The Great Escape
Dharamshala

3.00 Australian Gourmet Tour
Dining in the Country
Food and drink magazine.
3.30 Oceania
Kiribati, Tahiti and Australia
4.00 Whicker's World
Nauru (Laughing all the Way to the Bank)
Alan visits the South Seas.
4.30 Floyd on Oz
The Outback
5.00 On the Loose in Wildest Africa
Tongabezi Lodge, Zambia
5.30 Worldwide Guide
West Canada
6.00 Out to Lunch with Brian Turner
Cambridgeshire
6.30 On Tour
Barbados
Holiday magazine.
7.00 Reel World
Burkina Faso
7.30 Tread the Med
Marbella
Capturing the views of real holidaymakers.
8.00 Go Greece
Crete – Source of Europe
8.30 The Flavours of France
Roanne – Loire
Food and drink magazine.
9.00 Transasia
Burma
The fourth leg of this Transasian journey takes us along the Ledo Road through Burma.
10.00 The Great Escape
Dharamshala and River Rafting at Rishikesh
10.30 Floyd on Oz
The Outback
11.00 Worldwide Guide
West Canada
11.30-12midnight Oceania
Kiribati, Tahiti and Australia

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 Style Wars 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Model 12noon The View 1.00pm The Good Housekeeping Show 1.30 Style Wars 2.00 thirtysomething

3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
Why Must You Look Like a Tramp?
Lively discussion with Sally and her guests.
5.00-6.00pm Livetime
Magazine covering all aspects of the worlds of health, beauty, fashion, food and the home.

NATIONAL GEOGRAPHIC CHANNEL

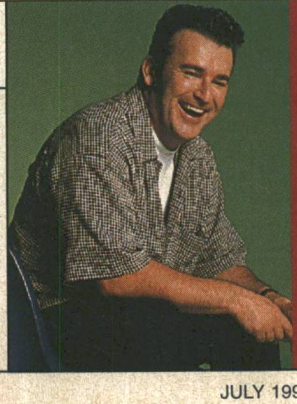
7.00pm Day of the Elephant
The role played by elephants in Indian religion.
7.30 Sumo: Dance of the Gargantuans
8.00 Wild Med
Eexperience the changing coastline of the Mediterranean with its varied wildlife, cultures and pressures of the future.
9.00 Skis Against the Bomb
The German threat of atomic bombs in 1940.
9.30 Everest: Into the Death Zone
10.00 Treasure Hunt: Titanic
The events leading up to and during the tragic sinking of this magnificent vessel.
11.00 Song of Protest
The Kokako bird of New Zealand.
11.30 Tuna/Lobster
Wildlife programme.
12midnight-1.00am Lions of the African Night
Featuring spectacular and unprecedented footage filmed over three years in Africa's immense Kruger National Park.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

The landscape and history of Crete are examined in 'Go Greece': Travel 8.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Shawn Colvin 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 The VH1 Classic Chart 11.00 VH1 Country 12midnight The Nightfly 1.00am Soul Vibration 2.00-7.00am VH1 Late Shift



Country music expert Mark Hagen chats to BR5-49 star Don Heron in Nashville, and you can line dance along to the tunes of John Fogerty and Junior Brown in 'VH1 Country': VH1 11.00pm

Wednesday 22 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Grassroots 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM

4.00pm The Diceman
A canal trip through Birmingham and quad biking in the Cotswolds.
4.30 Top Marques
Ford
5.00 First Flights
Mass Transit in the Skies
5.30 Jurassica
Prehistoric Sharks
A look at the Megalodon – a huge, prehistoric shark.
6.00 Wildlife SOS
In this edition, a deer is released, a buzzard captured and foxes fed.
6.30 Crawling Kingdom
An up-close-and-personal look at insects, arachnids and tiny arthropods.
7.30 Arthur C Clarke's Mysterious Universe
8.00 Survivors
No Survivors
NEW In November 1941, Australia's most successful warship, the cruiser *HMAS Sydney*, was sunk.
9.00 Survivors: Great Escapes
Volcano of Death
9.30 Survivors: Survivor
Desert NEW
10.00 Wonders of Weather
Killer Storms
10.30 Wonders of Weather
Thunderbolt
11.00 Outlaws
Not Too Young to Die
Of almost 3000 people awaiting execution in the USA, at least 33 were under 16 when sentenced.
12midnight First Flights
Mass Transit in the Skies
12.30am Top Marques
Ford
1.00-2.00am Prison Life
Inside the Glasshouse
What happens when a group of young people volunteer to stay in Britain's harshest prison?

SKY SOAP

11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
An angry Charles confronts Fiona about her relationship with Simon.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
Jackie wants to move out of the farmhouse.
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 Magic Roundabout 7.30 Blinky Bill 8.00 Johnny Bravo 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 The Addams Family

3.00 Wacky Races
More motorised mayhem with the drivers in the jaunty jalopies.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly fun.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Animation with the superhero with a superego.
5.30 Cow and Chicken
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly.
7.00 Scooby Doo – Where are You?
Further sleuthing with the chaotic canine.
7.30 Godzilla
Cartoon monster mayhem.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Operation Torch
4.30 World War I: Battle of Jutland
5.00 No Price Too High: The End of the Beginning
6.00 Ancient Mysteries: The Fate of the Neanderthals
7.00-8.00pm Biography... Genius
Isaac Newton
A profile of the scientist.

NICKELODEON

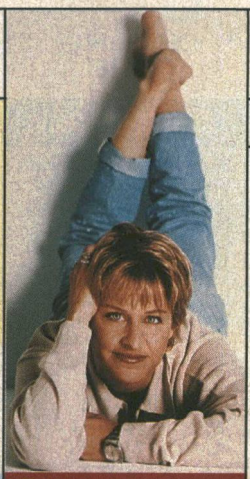
6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

3.00 Stickin' Around

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Hey Arnold!
More animated adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Toddler-inspired chaos.
5.00 Sister Sister
Domestic disharmony with Tia, Tamera and their respective parents.
5.30 Kenan & Kel
Funky teen adventures.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Double trouble with the identical twins.
7.30 Roseanne
8.00 Grace Under Fire
On a rowdy road trip, Grace confesses a startling secret to Nadine.
8.30 Caroline in the City
9.00 Cybill
Stars Cybill Shepherd.
9.30 Ellen
Ellen befriends a homeless man and Paige meets Spence's mother.
10.00 Frasier
Frasier and Niles take dates on a romantic vacation.
10.30 Cheers
Frasier and Rebecca give into passion after a party.
11.00 Duckman
Animation series.
11.30 Barry Welsh is Coming
Everything on Barry's guest show goes wrong.
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
2.30 Barry Welsh is Coming
Comedian John Sparkes spoofs the chat show formula when he stars as Barry Welsh, the host who asks the daftest questions of his guests.
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill



Better out than in: Ellen DeGeneres stars in 'Ellen'. Paramount Comedy Channel 9.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Wednesday Concert: Music for the Royal Fireworks
André Previn conducts The Royal Philarmonic Orchestra playing Handel's *Water Music.*
8.30 Artsweek Spotlight
9.00 World Music: Bossa Nova
The story of the origins and development of this characteristically Brazilian music.
10.00 Opera: L'Occasione Fa Il Ladro
Recorded in the magnificent Schwetzingen Palace, Rossini's one-act opera is one of his earlier works. It delightfully combines both comedy and romance with wonderful melodies.

12midnight-1.00am Midnight Blues: Long John Baldry
Chill out through the midnight hour with some of the coolest blues sounds.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon Exotic Islands
Western Samoa
12.30pm Getaway
1.00 Discover Your World
1.30 Walker's World
2.00 Travel Tips
3.00 Globetrotter
Mexico, London and Wyoming
3.30-4.00pm Way of Life
Eyewitness – South Africa

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Health 1.30 Business 3.30 Sport 4.30 Style 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm PMQs 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Reuters Reports 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Questions pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Courants d'Art 9.30 Rêves en Afrique 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Le Journal 12noon Ecran Témoin 2.00pm Diva 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Magazine Médical 8.00 Droit de Cité 9.00 Journal 9.30 Résumé du Tour de France 9.45 Impasse Meutrière 11.15 Résumé du Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Cine Express 12.30pm Irvail Oru Pagul 1.00 Subah 1.30 FILM 4.00 Turning Point 4.30 Take 2 5.00 Dooriyan 6.00 Community Focus 6.30 Asianet Aur Aap 7.00 Subah 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Shanti 12.30am Aur Aap 1.00 FILM 4.00 Hello Bombay 4.30 Subah 5.00 Music Challenge 5.30 Vinod Khanna Starsearch 6.00 Turning Point 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Shakti 6.30 Kajager Bao 7.00 Jaagran 7.30 Ghoomta Aaina 8.00 News 8.30 Buniyaad 9.00 Manabi 9.30 Out & About 10.00 Tara 11.00 Low Cal 11.30 Kurukshetra 12noon FILM: Shama 3.00pm Hum Aapke 3.30 Daraar 4.00 Campus 4.30 Liberty 5.00 Chalo 5.30 Mr Mintoo 6.00 Love Stories 6.30 Banegi Apni Baat 7.00 Yehi Hai Zindagi 7.30 Baat Ban 8.00 News 8.30 Dastaan 9.00 Sahab Bahadur 10.00 Ikke Pe Ikka 10.30 Amaanat 11.00-12midnight Purush Kshetra

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Catterick and Worcester with Martin Harris and Graham Goode.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Ray McCauley 5.30 7 a Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Another Day of Victory 9.00 Let the Fire Burn/Revival Now 9.30 Life in the Word 10.00 Today with Marilyn/Iverna Tompkins 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons 2.00pm Europe This Week 2.30 The Commons 11.00-12midnight Questions from the House

"If you think I look good, it's thanks to Slendertone."

says Anita Harris

The Go-anywhere Gymbody 8

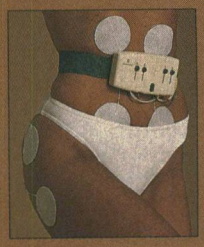
"At last here's an effortless way to get the body of your dreams! Slendertone's Gymbody 8 is the revolutionary secret to a beautiful firm and toned figure. Use it anywhere, even when you've no time for exercise. Gymbody 8 puts those vital muscles through their paces whenever you want, while you get on with your day. 30 years of research and development make this famous beauty treatment lightweight, portable and simple to use in comfort and privacy. Gymbody 8 will work wonders for you as it has for me!"

Pass the jeans test in 3 weeks

"With Gymbody 8, you can easily achieve a flatter tummy and shapelier bottom, in just 3 weeks! Put on a snug pair of trousers and check the difference it makes. Gymbody 8 contracts and relaxes your muscles, 240 times in only 40 minutes – imagine trying to do that number of sit-ups! Gymbody 8 does all the work for you!"

Every workout feels great

"As your muscles are stimulated, you'll feel a massaging, tingling sensation – and you can adjust Gymbody 8 to make your workout completely comfortable. There's no risk of strain or burnout – instead, you feel relaxed, toned refreshed and revitalised."



Maximum results minimum effort

"It's so simple! Attach the belt holding the small battery-operated unit around your waist, place the pads on the muscles to be exercised and switch on. Just sit back, relax and watch those muscles work. Or you can walk the dog, watch TV, or do whatever you choose."

Tried, tested and acclaimed by experts

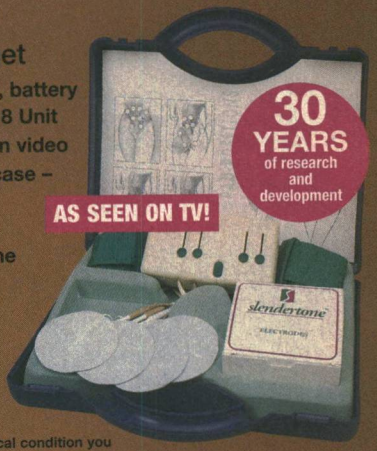
"Electronic Muscle Stimulation (EMS) used in Gymbody 8 is developed from the pioneering work by Bio Medical Research, the manufacturers of Slendertone's Gymbody 8. Try this totally safe and portable body beautifier and reap the benefits for years to come."

The shape up programme with everything you need

"Gymbody 8 comes with all you need for a firm, toned, shapely figure – it even improves your posture, too. What better fitness friend could you have?"

What you get

- **The totally portable, battery operated Gymbody 8 Unit**
- **FREE demonstration video**
- **Compact carrying case – ideal for travel**
- **Advice and service from the Slendertone Careline**
- **12 month product guarantee**
- **Complete satisfaction or your money back**



If you suffer any serious medical condition you should consult your doctor before using this product.

The easy way to pay

For the price of just a few beauty salon visits, the complete Gymbody 8 programme is yours to keep. Payment can be made in 3 easy instalments – first payment only £36 and then 2 further monthly payments of just £35 (including postage and packing). So order yours today – just call the credit card hotline on **0345 697 278** with your card details or complete the coupon below.

slendertone®

PLUS! FREE VIDEO

THE LOOKING GOOD FEELING GREAT SHOW

"Join me and my special guests Vicki Brattle and Sophie Allisstone of Play Your Cards Right fame – as we show you exactly how to use your Gymbody 8 for amazing results."

credit card HOTLINE

To place your order by credit card – or to receive your FREE video and information on other Slendertone beauty therapy products, please call the Slendertone credit card hotline quoting ref GAS/CG3/98 (local call charge only). For readers in Ireland, call 1850 410 410.

☎0345 697 278

money back GUARANTEE

We are confident that you will be absolutely delighted with your Slendertone Gymbody 8. If, however, you are not completely satisfied, simply call our customer careline on 0345 697 278, within 30 days for a full unconditional refund or replacement, whichever you prefer.

Bio Medical Research, 12 Fenton Way, Southfields, Basildon SS15 6TY

To order, simply complete this coupon and post in an envelope with your payment to: Slendertone UK, 12 Fenton Way, Southfields, Basildon SS15 6TY

MOPS

YES, I would like to order a Slendertone Gymbody 8 for just £99.95 plus £4.95 p&p* (total £104.90).

Name (Mr/Mrs/Miss/Ms)

Address

Postcode Tel. No.

☐ I am ordering for myself ☐ I am ordering as a gift

Please tick method of payment:

☐ **A single payment of £104.90.**

☐ By cheque payable to Slendertone UK.

☐ By credit card. Please debit my Access/Visa for £104.90.

☐ **By instalments.**

☐ By cheque. I enclose 3 cheques payable to Slendertone UK. The first cheque for £36 and 2 cheques for £35 each, dated at monthly intervals.

☐ By credit-card. Please debit my Visa/Access for first instalment of £36 and 2 further instalments of £35 each at monthly intervals.

Account No

Expiry date Signature

☐ I would like to receive a FREE video – the Looking Good, Feeling Great Show starring Anita Harris.

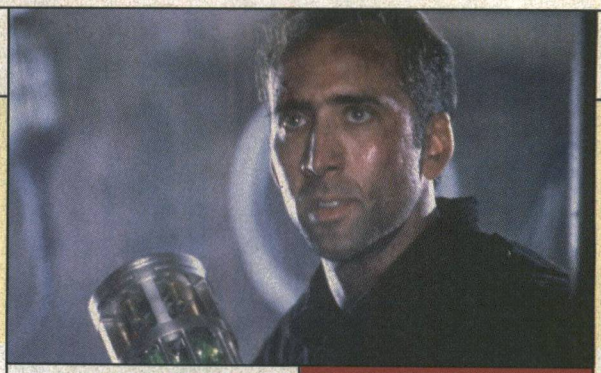
☐ I would like to receive more information on other Slendertone beauty therapy products.

Please allow up to 14 days for delivery.

If you would prefer not to receive information from other companies with products or services which may be of interest to you, please tick this box ☐

GAS/CG3/98

Thursday 23 July



Nicolas Cage storms Alcatraz in the explosive thriller 'The Rock': Sky Movies Screen 2 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

MORNING

6.00 AM

SKY MOVIES SCREEN 1

6.00am David Copperfield
1970, rating Sky U, 113 mins
8.00 The Boy in the Bush Part 1
1983, rating Sky PG, 103 mins
9.50 A Walton Easter
Richard Thomas, Ralph Waite
1996, rating Sky U, 86 mins
11.20 Jack
Robin Williams, Diane Lane
Text *1996, rating Sky PG, 108 mins*
1.15pm David Copperfield
1970, rating Sky U, 113 mins

SKY MOVIES SCREEN 2

6.00am The Palm Beach Story
1942, rating Sky U, 84 mins
7.30 The Scarlet Flower
1991, rating Sky PG, 71 mins
8.45 Desperate
1947, rating Sky PG, 70 mins
10.15 Draw!
1984, rating Sky PG, 93 mins
12noon Out There
1995, rating Sky PG, 94 mins
1.45pm The Palm Beach Story
1942, rating Sky U, 84 mins

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text **10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 PM

3.10
The Way to Dusty Death
Linda Hamilton, Simon MacCorkindale, Uwe Ochsenknecht, Anthony Valentine
Action adventure in which a jaded former racing champion becomes enmeshed in a diamond smuggling plot and joins forces with an ex-KGB agent. *1995, rating Sky PG, 114 mins*

3.15 Desperate
Steve Brodie, Audrey Long, Raymond Burr, Jason Robards, Douglas Fowley
Drama in which a lorry driver finds himself intimidated by local thugs. In despair, he decides to go on the run. *1947, rating Sky PG, 70 mins*
4.30 The Scarlet Flower
Ekaterina Temnikova, Vladimir Gorodnichev
A children's fairy tale about a travelling father who must collect three different presents for his daughters – wealth, vanity and the Scarlet Flower. *1991, rating Sky PG, 71 mins*

3.00 Jenny Jones
It Was Brief But Hot!
You Gotta Reunite Me
On today's show, people are reunited with their old flames.

4.00 PM

5.10 Jack
Robin Williams, Diane Lane, Brian Kerwin, Jennifer Lopez
Comedy drama about a ten-year-old boy with an ageing disease that makes him look 40. Jack wants to go to school, and his parents have no choice but to allow him to experience life in the harsh and ignorant world. Text *1996, rating Sky PG, 108 mins*

6.00
What the Deaf Man Heard
Matthew Modine, Tom Skerritt,
Drama about a man who grows up an apparent deaf-mute after the disappearance of his mother. As an adult, he becomes the town's handyman, and a new friendship sees him start to come out of his shell. Text *1997, rating Sky PG, 94 mins*

4.00
The Oprah Winfrey Show
Another chat-filled edition of this top-rated talk show.

5.00 PM

7.00 A Walton Easter
Richard Thomas, Ralph Waite
Drama which sees the return of television's favourite family. The Waltons are reunited for the 40th wedding anniversary of John and Olivia. John-Boy and his pregnant wife Janet are visiting from New York, but the first of many surprises comes when Elizabeth returns home – for good. *1996, rating Sky U, 86 mins*

7.40 US Top Ten

5.00 Star Trek: Voyager
Meld
One crewman murders another, leading Tuvok to attempt to understand violent impulses through a mind-meld. Text

6.00 PM

9.00 Ravager
Yancy Butler, Bruce Payne, Robin Sachs, David Straton
PREMIERE Science fiction drama about a cargo mission which crash lands on an uncharted island exposing the crew and civilian passengers to a deadly substance. *1997, rating Sky 15, 89 mins*
10.30 Home Invasion
Veronica Hamel, Bonnie Root,
PREMIERE Tense drama in which a woman is horrified to find herself confronted with three armed men intending to rob her house who then take her hostage. *1997, rating Sky 18, 86 mins*

8.00
Big Trouble in Little China
Kurt Russell, Kim Cattrall, Dennis Dun, James Hong, Victor Wong
Action-adventure about an all-American truck driver who finds himself thrust into a mysterious and magical adventure in an ancient world underneath Chinatown. *1986, rating Sky 15, 95 mins*

6.00 The Nanny
The Nanny Behind the Man
6.30
Married... With Children
Valentine's Day Massacre
Bud looks for his lost love. Text
7.00 The Simpsons
Lisa's Sax
Homer and Marge recount how Lisa became the proud owner of a saxophone. Text
7.30 Real TV
8.00 America's Dumbest Criminals
8.30 Seinfeld
The Yada Yada
Jerry doubts his dentist's religious conversion.

7.00 PM

7.00 The Rock
Sean Connery, Nicolas Cage, Ed Harris, David Morse, John C McGinley, Bokeem Woodbine
Action thriller about a war hero who plots to destroy San Francisco and the FBI scientist who is charged with stopping him. General Hummel takes over the prison island of Alcatraz and threatens to unleash chemical weapons unless his demands are met. Text *1996, rating Sky 15, 130 mins*
10.15 Sleepers
Brad Pitt, Jason Patric, Kevin Bacon, Robert De Niro
Drama about the fate of four young altar boys in Sixties New York whose prank goes tragically wrong. Sentenced to months in a reform school, the boys suffer abuse at the hands of a sadistic guard. As adults, they are faced with a chance for revenge. *1996, rating Sky 18, 141 mins*
12.45am Emmanuelle 5
1986, rating Sky 18, 77 mins
2.15 The Turn of the Screw
1992, rating Sky 18, 92 mins
4.00-6.00am Deadlocked: Escape from Zone 14
1992, rating Sky 15, 89 mins

9.00 PM

9.00pm Dinner at Eight
Lauren Bacall, Charles Durning, Ellen Greene, Harry Hamlin
Witty comedy of manners about the preparations for a high-society dinner party organised by a New York hostess. More than social standing is at stake for a writer of trashy novels, a boorish Texas businessman, and the others on a meticulously selected guest list. *1989, 94 mins*
11.00 Alfred the Great
David Hemmings, Michael York, Ian McKellen, Julian Glover
Biopic about the life of the scholarly ninth-century king of Wessex who, as legend has it, let a peasant woman's cakes burn and turned the tide against the occupying Danes. *1969, 117 mins*
1.15am Captain Blood
Errol Flynn, Olivia de Havilland
Adventure. *1935, 114 mins*
3.15-5.00am Dinner at Eight
Comedy. *1989, 94 mins*

7.30 Real TV
8.00 America's Dumbest Criminals
8.30 Seinfeld
The Yada Yada
Jerry doubts his dentist's religious conversion.
9.00 Friends
The One with the Ultimate Fighting Champion
9.30 Friends
The One at the Beach
Rachel suffers from jealousy.
10.00 ER
Going Home
A mysterious woman wanders the halls of the hospital singing, and Dr Lewis is confronted by a private physician.
11.00 Star Trek: Voyager
Meld
One crewman murders another, leading Tuvok to attempt to understand violent impulses through a mind-meld. Text
12midnight Nash Bridges
Promised Island
Nash and Joe try to help a young man who is searching for his parents, and Lisa and Evan's night of passion soon becomes common knowledge.
1.00-8.00am Long Play

10.00 PM

11.00 PM

12.00 NIGHT TIME

1.40 Married People, Single Sex li
1994, rating Sky 18, 100 mins
3.25-6.00am The Late Shift
Last Play *1996, rating Sky 15, 91 mins*

SKY MOVIES GOLD

4.00pm The Paleface
Bob Hope, Robert Armstrong, Jane Russell, Iris Adrian, Robert Watson, Jack Searle
Hilarious Western spoof of *The Virginian*. A less-than-successful cowboy embarks on a series of gunfighting encounters in which he always needs to be backed up by a sharpshooting gunslinger. *1948, rating Sky U, 87 mins*
6.00 Clara's Heart
Whoopi Goldberg, Michael Ontkean, Kathleen Quinlan
A touching drama about a young boy's relationship with his new Jamaican nanny. Although initially reluctant to get to know the new housekeeper, he soon turns to the witty and wise Clara for affection to escape from the realities of his parents' divorce. *1988, rating Sky PG, 103 mins*
8.00
Big Trouble in Little China
Kurt Russell, Kim Cattrall, Dennis Dun, James Hong, Victor Wong
Action-adventure about an all-American truck driver who finds himself thrust into a mysterious and magical adventure in an ancient world underneath Chinatown. *1986, rating Sky 15, 95 mins*
10.00 Blue Steel
Jamie Lee Curtis, Ron Silver, Clancy Brown, Elizabeth Pena
Tough thriller about a rookie cop who finds herself an object of obsession for a murderous psychopath. *1990, rating Sky 18, 98 mins*
11.45 Halloween IV: The Return of Michael Myers
Donald Pleasence
Horror sequel in which a killer returns from the dead to stalk the town where his niece lives. *1988, rating Sky 18, 85 mins*
1.15am M.A.S.H
1970, rating Sky 15, 111 mins
3.10-4.40am When the Cat's Away
French comedy drama. Widescreen *1996, rating Sky 15, 87 mins*

TNT

SKY box office JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide cop who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
Sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 6.30am, 9.00am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 23 July

UK GOLD

7.00am Crossroads 7.30 Neighbours Omnibus 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours Omnibus 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Allegations and Allegiances
Quinnan finds himself facing a complaint of sexual harassment.

3.25 The Bill
Honeypot
3.55 Dangerfield
Joanna finds out that Paul has a secret love – a younger woman. Will this be the end of their relationship?
4.55 EastEnders
The latest events among the residents of Albert Square.
5.30 Home to Roost
All You Need is Love
Matthew brings home an outrageous girlfriend that his father can well live without.
6.00 All Creatures Great and Small
Siegfried decides to limit the use of an expensive tablet. James and Helen try to adopt a wayward cat.
7.00 2Point4 Children
The Skeleton in the Cupboard
Ben gives Bill some advice on interviews, and a strange presence is stalking the house.
7.40 Waiting for God
Diana agrees to marry Tom.
8.20 Dad's Army
Man Hunt
Captain Mainwaring and the men of the Home Guard enlist the help of a recruit with four feet.
9.00 Bugs
Nuclear Family
A race between disarmament and disaster occurs for an ex-Eastern bloc president. The Bugs team must work out whose side his wife is on.
10.05 Bottom
Culture
Richie and Eddie's TV is removed and they resort to playing chess.
10.45 The Comic Strip Presents
Didn't You Kill My Brother?
Gangland criminal Carl Moss finds it impossible to forgive his psycho brother for framing him.
11.50 The Bill
Allegations and Allegiances
12.20am The Bill
Honeypot
12.50 Live at Jongleurs
1.20 The Equalizer
The Cup
2.10 The Equalizer
Heartstrings
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifetyle magazine, featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.
5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.
7.00 Rescue 911
Featuring the stories of dramatic real-life rescues by American emergency services.
7.30 Mysteries, Magic and Miracles
8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.
9.00 FILM: A Kidnapping in the Family
Kate Jackson, Tracey Gold, Jeff Yagher
Drama about a family torn apart when a young woman is accused of cult worship and child abuse by her own mother. Things get worse when she learns that her son has vanished without a trace – along with her mother. *1996*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 A Fine Romance 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Toki
Jason King falls in love with a gangster's girlfriend – and finds that the arrows of love can be fatal.
4.00 Hawaii Five-0
The Big Kahuna
Five-0 investigates the apparent efforts of someone to kill an old man in order to gain control of his valuable land.
5.00 Hart to Hart
Slam Dunk
The Harts pose as a professor and student to expose the person responsible for the framing of Max's nephew.
6.00 Emmerdale
6.30 Classic Coronation Street
The regulars are finally told the truth behind the rumours about the Swains.
7.00 Surgical Spirit
Educating Daniel
Sheila's son leaves school.
7.30 The Fenn Street Gang
All Mod Cons
8.00 Dempsey & Makepeace
In the Dark
Dempsey and Makepeace investigate the death of a colleague.
9.00 Classic Coronation Street
9.30 Hale and Pace
10.00 The Comedians
10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Motor Week
Magazine programme featuring all the latest motoring news.
11.30 4 Wheels Good
Presented by Diana Binks, John Stanley and Ian Royle.
12midnight Rally World
Eric Michell presents a round up of the best rallying action.
12.30am Car File
A look at a new car featuring interviews with the designers.
1.00 The E! True Hollywood Story
OJ Simpson
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 The New Adventures of Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 The New Adventures of Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the crazy characters from *The Lion King*. Text
3.30 Aladdin
The adventures of the hero and the people of Agrabah. Text
4.00 101 Dalmatians
Canine capers with Pongo, Perdita and their 15 pups as they avoid the evil Cruella De Vil.
4.30 Recess Text
4.45 Pepper Ann Text
5.00 Smart Guy
TJ copes with being a ten-year-old smart guy.
5.30 Brotherly Love
Three brothers try to cope after their father's death. Text
6.00 Teen Angel
Back to De Polo
Marty discovers that one of his powers is time travel. Text
6.30 Boy Meets World
Rave On Text
7.00 FILM: Return of the Shaggy Dog
Gary Kroeger, Todd Waring
When Professor Plumkutt dies, the ring he used to turn Wilby into a shaggy dog passes into the hands of his servants. Wilby is about to get married when he sprouts fur before starring in a dog food commercial. *1987* Text
8.30 The Wonder Years
The Candidate Text
9.00 Honey, I Shrunk the Kids: The TV Show
Honey, They Call Me the Space Cowboy
Wayne goes back to 1864. Text
9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Dilly Dines Out 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen 12noon Food Network 12.30pm Frances Bissell's West Country Kitchen 1.00 Food for Thought 1.30 Ideal Home Cooks 2.00 Chef on a Shoestring 2.30 Food Network 3.00 A Year at Ballymaloe 3.30 Coxon's Kitchen College 4.00 From the Ground Up 4.30-5.00pm Sophie's Meat Course
Poultry
Presented by Sophie Grigson.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz played by secondary school students.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 Byker Grove
Barney spins to a crashing halt, and the Grove spy confesses all.
6.30 Pull the Other One
Celebrity gameshow hosted by Paul Coia.
7.00 Rising Damp
Food Glorious Food
Rigsby has trouble getting to grips with the idea of fasting.
7.30 Desmond's
Fairytales
8.00 The Upper Hand
The first episode of the sitcom. Laura has chosen the perfect housekeeper for her daughter – the only problem is it's a man.
8.30 Motorway
9.00 St Elsewhere
Bypass
Dr Morrison experiences a conflict between his feelings and professional responsibilities when he treats a terrorist.
10.00 Auf Wiedersehen, Pet
Law and Disorder
Oz and Bomber get into a fight with some English tabloid journalists.
11.00-1.00am Boon

QVC

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

The Paleface
Sky Movies Gold 4.00pm
There'll never be another Bob Hope and his movie genius should never be under-estimated. Here, in one of his best non-*Road* movies, he plays a less than successful cowboy who embarks on a series of bizarre adventures, with Jane Russell providing plenty of love interest.

GENERAL

Storytellers – Culture Club
VH1 10.00pm
Boy George and his Culture Club boys have recently, and remarkably, decided to reform, and here they perform live for the first time in 13 years. Previous disputes, particularly between George and drummer Jon Moss, have been forgotten, as they perform all of their big hits.

ADVERTISEMENT

A KIDNAPPING IN THE FAMILY 9.00PM

Every night at 9.00pm, *living* has some thrilling movies, featuring a strong female lead. Tonight, Kate Jackson stars as a mother who accuses her own daughter of cult worship and child abuse, eventually taking the case into her own hands.

Thursday 23 July

EUROSPORT

6.00 AM MORNING

7.30am Football
Uefa Cup action.
9.00 Cycling
11.00 Golf
Coverage of the Austrian Ladies' Open in Frohnleiten.
12noon Motorsports
Motors magazine.
1.30pm Motocross
World Championship magazine.
2.00 Cycling
A review of the first half of the Tour de France featuring all the significant moments.

3.00 PM

4.00 PM

4.00 Mountain Bike
Coverage of the seventh round of the Cross-Country World Cup.
4.30 Tennis
Coverage of the fourth day of the ATP Tournament in Stuttgart, Germany.

5.00 PM

6.00 PM

6.00 Tractor Pulling
European Cup action from Sottrum, Germany.

7.00 PM

7.00 Strongest Man
Coverage of the world's strongest man competition.

8.00 PM

8.00 Boxing
A chance to see coverage of another top bout.

9.00 PM

9.00 Cycling
Highlights of the stages so far of the Tour de France.

10.00 PM

11.00 PM

11.00-12.30am Motorsports
Motors magazine.

12.00 NIGHT TIME

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 WWF – Shotgun 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 World of Super League with Eddie and Stevo
11.30 Soccer Sevens
12.30pm Tales from the Premiership: On a Shoestring
1.00 Euro Tour Golf: TNT Dutch Open – LIVE
Hole-by-hole coverage of the first day's play from Hilversum Golf Club in Holland, venue for this year's TNT Dutch Open. Some of the leading names on the golfing world, including Phil Mickelson and Bernhard Langer, compete for the title.

5.00 World Wrestling Federation – Superstars
Join Kevin Kelly as he hosts another action-packed show.

6.00 Sky Sports Centre
The latest sports news.
6.30 Tales from the Premiership: Bridging the Gap

7.00 Trans World Sport
Bringing the latest, ground-breaking sports stories from across the world with some humour thrown in.

8.00 Futbol Mundial
Reviewing all the action from the beautiful game.
8.30 Tartan Extra Special: Season Review
John Leslie looks back at a memorable season in the Bell's Scottish Premier Division.

10.00 Sky Sports Centre
10.15 Tales from the Premiership: Bridging the Gap
10.45 Soccer Sevens
Footballers of the past step out of retirement and recapture the magic of their old careers.
11.45 Sky Sports Centre
12midnight Futbol Mundial
12.30am Tartan Extra Special: Season Review
2.00 Formula Three
2.30 Trans World Sport
3.30 Tight Lines
4.30 Tales from the Premiership: Bridging the Gap 5.00-5.15am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Tales from the Premiership: On a Shoestring 8.45 Sky Sports Centre 9.00 Soccer Sevens 10.00 Golf Extra
12noon European Tour Weekly 12.30pm Full Throttle 1.00 Dr Martens Premier League Snooker: Higgins v Doherty

3.00 World of Super League with Eddie and Stevo
Eddie Hemmings and Mike Stephenson present the liveliest, most exhaustive guide to the JJB Super League. With hot debate and intense pre- and post-match interviews and analysis, rugby's never had it so good.

5.00 Full Throttle
Fast track race action from the circuit as some of motorcycling's fastest men join the chase for glory.
5.30 Rebel Sports
6.00 Inside the Senior PGA Tour
Experience life behind the scenes with the legends of the Seniors' Tour.
6.30 Fastrax
7.00 Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.

8.00 Inside the Senior PGA Tour
Join the legends of the Seniors' Tour.
8.30 Ford Golf USA: US Senior Open – LIVE
Hole-by-hole, day one action from the Riviera Country Club in California, venue of this year's US Senior Open. Graham Marsh returns to defend the title he captured 12 months ago.
10.30 Euro Tour Golf: TNT Dutch Open
First day action from the TNT Dutch Open at the Hilversum Golf Club in Holland. Sven Struver won the title last year and he returns to try and retain his crown.
12.30am Ford Golf USA: US Senior Open – LIVE
Continued first day coverage from the Riviera Country Club in California.
2.30 Tales from the Premiership: Bridging the Gap
3.00-3.15am Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Superstars
1.00pm Fish TV: Fly Fishing
1.30 Fish TV: The Ultimate Fishing Show
2.00 Sportraits: Fraser and Redgrave
An in-depth look at the careers of swimming star Dawn Fraser and Olympic rower Steven Redgrave.
2.30 Dickie Davies's Sporting Heroes: Tony Jacklin
A one-to-one interview with former golfing supremo Tony Jacklin.
3.30 Equestrianism: Spruce Meadows – ATCO Slalom
Coverage of the double slalom event from Spruce Meadows.
4.30 Watersports World
With exclusive footage, interviews and news.
5.30 Trans World Sport
A foray into sports news, tournaments and competitions across the globe from the past week.
6.30 Formula 3
Coverage of a Formula 3 race that may well feature a future world champion.
7.00 Soccer Sevens
Some of the best footballers of the past step out of retirement and try to recapture the magic of their formers careers.
8.00 Cricket: England v South Africa
Highlights from day one of the fourth Test staged at Trent Bridge, Nottingham. Derbyshire's Dominic Cork will be hoping to maintain his impressive form as the series reaches a crucial stage.

10.00-11.30pm Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies, legends from soccer and broadcasting respectively, are joined by a football legend who looks back at some of the key matches in his career.

TROUBLE

12noon Sweat
12.30pm Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.
1.30 Echo Point
2.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
2.30 Blast

3.00 Sweat
Teenage drama series about a group of talented athletes.
3.30 Ready or Not
Amanda's Romance
4.00 Fresh Prince of Bel Air
Stars Will Smith.
4.30 Saved by the Bell: The College Years
5.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
5.30 California Dreams
6.00 Hang Time
The Candidate
6.30 Bangs
6.45 What a Life
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Bounty
Mad Murdock is kidnapped by a band of thuggish bounty hunters. Stars George Peppard.
9.00 Real Stories of the Highway Patrol
On the road with US cops.
9.30 Cops
Fly-on-the-wall police documentary series.
10.00 Italian Stripping Housewives
10.30 Red Shoe Diaries
Some Things Never Change
11.00 FILM: Fist of Vengeance
Kung Bun, Sholi Harada
High-kicking, martial arts mayhem. *1972*

1.00am Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Emmanuelle 4
Sylvia Kristel 1984
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television
8.00 G-Force 8.30 Adventures of the Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon The Twilight Zone
1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Blind Faith
Sam Beckett returns to the Sixties as a blind concert pianist who must save a woman from a stalker.
4.00 Space Precinct
Takeover
Key witnesses including Jane are hypnotised into testifying against Brogan and Haldane.
5.00 Amazing Stories
Ghost Train
Produced by Steven Spielberg.
5.30 Mysteries, Magic and Miracles
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs and near-death experiences.
7.00 Buck Rogers in the 25th Century
The Crystals
A young amnesiac woman experiences a terrifying vision of her future.
8.00 Quantum Leap
Glitter Rock
Sam Beckett finds himself in the body of the lead singer of English glam-rock band King Thunder.
9.00 PSI Factor – Chronicles of the Paranormal
A family is threatened by a mysterious conglomeration of vicious plants.
10.00 FILM: Pulse
Joey Lawrence, Cliff De Young, Roxanne Hart, Charles Tyner
Tense sci-fi thriller in which a sudden, unexplained power surge causes electrical appliances to come to life and turn against their users. *1988*
11.45 SF Scene Special
12midnight Sightings
1.00am The Bionic Woman
Black Magic
2.00 Friday the 13th
Femme Fatale
3.00 Tales of the Unexpected
Down among the Sheltering Palms
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Golf: Austrian Ladies Open Eurosport 11.00am

It's a testing time for women's golf in Europe, with a reduced tour, name change and small crowds making more headlines than the golf itself. This is recorded action from the recent Austrian Ladies Open, which is the second tournament of a ten-event tour and counts towards qualification for the Solheim Cup this autumn. That means many of Europe's biggest names, such as Laura Davies and Alison Nicholas, should be here. This is the first ladies' event in Austria since 1996, when home pro Martina Koch was triumphant.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Simon Says
12.20 Diva
12.45 FILM: Premiere
1.00 The Five Minute Free View
1.05 FILM: Continues
2.00 Rachel's Sagas
2.25 FILM: Any Port in a Storm
Erotic feature film.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Fräulein Debutantes
German girls experience first love.
12.25 Babewatch the Series
Erotic mini-series.
12.45 Girls about Town
1.00 FILM: The Natural
Krista, Sean Michaels
Erotic drama.
2.15 Adult Feature
2.45-4.00am Adult Feature

HVC

CABLE EXCLUSIVE

8.00pm FILM: Smooth Talker
Joe Guzaldo, Burt Ward
Cop thriller.
9.30 Midnight Embers
10.00 Shadow Theatre
10.20 FILM: The 13th Floor
Lisa Hensley, Tim McKenzie
Horror thriller.
11.50-12midnight Dinner for Two

Thursday 23 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
General knowledge quiz with William G Stewart.
7.45 Prize Time
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Music Music Music
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided.
11.00 Prize Time
11.15
Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century 12.30am Moonlighting 1.30 Big Valley 2.30 Big Brother Jake 3.00 Snowy River – The McGregor Saga 4.00 Blade Warriors 5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge 2.30 Revelations 2.45 Fate & Fortune
3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Much-needed advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest from the catwalk.
6.30 Dial-a-Doc
6.45
What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
More tough rulings from the people's judge.
9.00 Dog Night LIVE
Action from the tracks in Walthamstow and Wolverhampton.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another saucy offering.
12midnight Janeycam 12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am American Chart Show 11.30 The Catwalk Show 12.30pm Cybernet 1.30 Inside Hollywood 2.30 The Album Show
Classic tracks from great and varied artists.
3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
4.30 Cinema, Cinema, Cinema
The latest film news.
5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
6.30
The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
8.30
The A to Z of Food
Another look at the culinary alphabet.
9.30 Cinema, Cinema, Cinema
The latest film news.
10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and the *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm So 90s
The greatest hits of the decade with comedians Armstrong and Miller.
3.00 Non-Stop Hits
A roller coaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 MTV Ultrasound: Biggie – A Life Story
Rockumentary following the life of Notorius B.I.G. who died last year.
6.30 Daria
7.00 European Top 20
The biggest hits from across the continent.
8.00 Hot
News, videos and gossip with Sara Cox.
9.00 Up for It
Another helping of merriment with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music.
11.00
The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.
12midnight
Beavis and Butt-head
12.30am
Banned at Bedtime
Special night time viewing of all the sexiest and uncut videos.
1.00-6.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm Tread the Med
1.00 Ridge Riders
Chalk Downs of Southern England – Part I
1.30 The Rich Tradition
2.00 On Tour
Cape Town
2.30 Reel World
Nepal
3.00 The People and Places of Africa
South African Republic
3.30 Whicker's World
Hutt River (Many People Curtsey...)
4.00 Destinations
Israel
A trip to this highly religious country stopping off at Jerusalem, Masada and the Red Sea resort of Eilat.
5.00 Ridge Riders
Chalk Downs of Southern England – Part I
5.30
Cities of the World
Madras
6.00
The Rich Tradition
Provence – France
With Elisabeth Luard.
6.30 On Tour
Cape Town
7.00
The Great Escape
Kawardha
7.30 Tread the Med
Torremolinos and Malaga
A trip to the Costa del Sol.
8.00 Go Greece
Peloponnese – Ancient Greece
8.30 The Flavours of France
Chartres
9.00 Destinations
Israel
A trip to this highly religious country stopping off at Jerusalem, Masada and the Red Sea resort of Eilat.
10.00 Reel World
10.30
The Food Lovers' Guide to Australia
A Sydney Deli and East Meets West Cuisine
11.00
Cities of the World
Madras
11.30-12midnight Whicker's World
Hutt River

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Mysteries and Scandals 7.00 Cook's Garden 7.30 Conley's Cookbook 8.00 The View 9.00 Sally Jessy 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Mysteries and Scandals 12noon The View 1.00pm Cook's Garden 1.30 Conley's Cookbook 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
Get Real ... He'll Never Marry You
Sally and her guests engage in lively discussion.
5.00-6.00pm Livetime
Offering viewers the chance to speak to the lifestyle experts by calling 0845 3034422.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm
Cormorant Accused
Following a cormorant from sea to inland reservoi.
7.30 Inherit the Sand
A look at cave-paintings.
8.00 Shadows in the Forest
In the heart of Africa is a sanctuary for one of the world's most threatened species – the gorilla.
9.00 Borneo: Beyond the Grave
Witness the fascinating death rituals of a tribe deep in the Borneo jungles.
9.30 Ice Climb
10.00 Lifeboat: Let Not the Deep Swallow Me Up
10.30 Lifeboat: Shaken Not Stirred
Life aboard a lifeboat.
11.00
Nature's Nightmares: Mzee – The Chimp That's a Problem
11.30 Nature's Nightmares: Beeman
12midnight-1.00am Rain Forest
This dual Emmy Award-winning programme is a breathtaking unveiling of the mystical beauty of the lush and densely populated rainforests of Costa Rica.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

'MTV Ultrasound: Biggie – a Life Story' documents the life and music of rap artist Notorious B.I.G. MTV 6.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Greatest Hits of... Culture Club 1.00pm Mills 'n' Tunes 2.00 Behind the Music 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 Greatest Hits of... Culture Club 9.00 VH1 Hits 10.00 Storytellers: Culture Club 11.00 Talk Music 12midnight The Nightfly 1.00am Behind the Music 2.00-7.00am VH1 Late Shift

A nostalgic treat as VH-1 devotes today to flamboyant pop-ster Boy George and the recently reformed Culture Club, the band he fronted through the Eighties and whose hits include 'Karma Chameleon' and 'Church of the Poisoned Mind': VH1 from 12noon

Thursday 23 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

DISCOVERY

3.00 PM

4.00pm The Diceman
Russell Harris gets into deep water in Bristol, as the dice decide it is time for him to get wet.
4.30 Wheel Nuts

5.00 First Flights
Attack Aircraft
Recent wars have highlighted the value of dedicated attack planes.
5.30 Jurassica

6.00 Wildlife SOS
A swan becomes the victim of a car accident.
6.30 Tooth and Claw
Majestic and magnificent, the great cats of Africa are at the pinnacle of the food chains to which they belong.
7.30 Arthur C Clarke's Mysterious Universe
Mysteries of the Maya

8.00 Supertrains
Science Frontiers
Exploring how the world's newest, fastest and most fascinating trains are designed and operated.
9.00
Super Structures
Skyscraper at Sea
An inside look at the construction of the Troll gas platform.

10.00
Medical Detectives
The House that Roared
10.30
Medical Detectives
The Footpath Murders

11.00
Forensic Detectives
Dead Men do Talk
Profiling the work of forensic experts and the procedures they use.
12midnight First Flights
Attack Aircraft
How recent wars have highlighted the value of dedicated attack planes.
12.30am Wheel Nuts
1.00 Wonders of Weather
Killer Storms
1.30-2.00am
Wonders of Weather

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
Charles stakes out Fiona's flat – and sees something he'd rather not see.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale
It's the harvest festival.

CARTOON NETWORK

5.00am Omer and the Starschild 5.30 Ivanhoe 6.00 Fruitties 6.30 Real Story of... 7.00 Thomas the Tank Engine 7.15 The Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: 2 Stupid Dogs 12noon The Flintstones 12.30pm Droopy 1.00 Tom and Jerry 1.15 Road Runner 1.30 Bugs and Daffy 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 Addams Family

3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly antics.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More adventures for the superhero with the superego.
5.30
Cow and Chicken
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly.
7.00 Scooby-Doo – Where are You?
Chaotic crime-solving with the cowardly canine.
7.30 Godzilla
Monster mayhem.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm
Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Tarawa
4.30 World War I:
The Trenches
5.00 Weapons at War:
Sub Hunters
6.00 Ancient Mysteries:
Sacred Rites and Rituals
7.00-8.00pm
Biography... Genius
Orson Welles
Profile of the of the film-maker/actor responsible for the classics *Citizen Kane* and *The Magnificent Ambersons.*

NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

3.00 Stickin' Around

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sister Sister
There's twice the comedy and four times the fun with Tia, Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Double trouble with the identical twins.
7.30 Roseanne
8.00 Grace Under Fire
Is Quentin really ready to cut his apron strings?
8.30
Caroline in the City
Stars Lea Thompson.
9.00 Cybill
Sophisticated comedy.
9.30 Ellen
A friendlynight of bowling turns into a battle of egos for Ellen and Ed.
10.00 Frasier
Niles buys himself a talking bird.
10.30 Cheers
Frasier has to choose between Rebecca and Lilith.
11.00 Duckman
Animation series.
11.30 Festival of Fun
Lee and Herring present a night of comedy which includes Ben Elton.
12midnight Nurses
Medical comedy drama.
12.30am
It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always fun-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
Sitcom about a cartoonist living in New York. Starring Lea Thompson.
2.30 Festival of Fun
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Comedy series set in Los Angeles about a middle-aged actress still looking for her big break while managing her luckless lovelife and teenage daughter at the same time.

Ben Elton joins a host of top comedians for the 'Festival of Fun': Paramount Comedy Channel 11.30pm, 2.30am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm
Vienna Philarmonic Orchestra: Mozart's Divertimento
7.30 Great Arias
8.00 Virtuoso: Pinchas Zukerman Plays Mozart
Profiles of the greatest musicians of our age, combining documentary with performance.
9.15 Classic Century
Paris 1940-1944
9.30
Dance: Balanchine and Cunningham
An evening at the American Ballet Theatre with dances choreographed by Merce Cunningham and George Balanchine.
11.00 Blues Extra: Long John Baldry
Chill out with one of the world's coolest blues artists.

12midnight-1.00am
Jazz Greats
Wynton Marsalis hosts a guide to the all-time trumpet greats.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
Copper Canyon Train
12noon Exotic Islands
Vanuatu – Southern Islands
12.30pm Getaway
1.00 Discover Your World
1.30 The Great Escape
2.00 Travel Tips
Ireland
3.00 Globetrotter
3.30-4.00pm Walker's World
Argentina

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American 11.45 Report 12.30pm Science and Technology 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 3.30 Parliament 4.30 Sky World News 5.00 Live at Five 6.00 News on the Hour 7.30 Sportsline 8.00 News on the Hour 8.30 Business Report 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News 2.30 Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am ABC World News

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Questions pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Forts en Tête 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Journal 12noon La Vie à l'Endroit 1.30pm Check Up 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Spécial Cinéma Africain: Wendemi 9.00 Journal 9.30 Résumé du Tour de France 9.45 Francofolies de Montréal 10.45 Envoyé 11.15 Résumé du Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Khiladi 1.00 Badalte Rishte 1.30 FILM 4.00 Ghatan 4.30 Lahu Ke Phool 5.00 Dasht 6.00 Mumkin 6.30 Dard 7.00 Badalte Rishte 7.30 News 8.00 Dekh Bhai Dehk 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Dekh Bhai Dekh 1.00 FILM 4.00 Show Theme 4.30 Lahu Ke Phool 5.00 Classical Music 6.00 Sunhere Pal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Maari Nadand 6.30 Narsaiyo 7.00 Jaagran 7.30 Pakistan Busineess 8.00 News 8.30 Buniyaad 9.00 Antar Na Ekant 9.30 Filmi Bateein 10.00 Amar Bail 11.00 Pot Luck 11.30 Kurukshetra 12noon FILM: Amanat 3.00pm Chasme Badoor 3.30 Dastaan 4.00 Campus 4.30 Vikram Aur Betaal 5.00 Aur Ek Minute 5.30 Fairdeal Antakshari 6.00 Love Stories 6.30 Lollywood 7.00 Dam Dama Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.00 Hasratein 10.00 Shotgun Show 10.30 Thursday Suspense 11.30-11.30pm Zee Horror Show

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Brighton, Sandown and Sedgefield. With Derek Thompson and Simon Holt.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 Commons Live 11.00-12midnight Questions from the House

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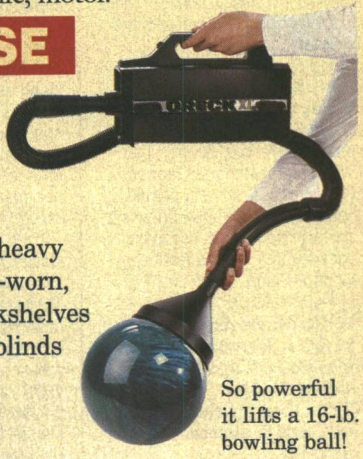

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Friday 24 July

SKY MOVIES SCREEN 1

MORNING

6.00am Forgotten City of Planet of the Apes
1974, rating Sky PG, 91 mins
7.40 The Ballad of Cable Hogue
1970, rating Sky PG, 116 mins
9.40 Cocoon: The Return
1988, rating Sky PG, 110 mins
11.40 Big Bully
Text *1995, rating Sky PG, 87 mins*
1.20pm Forgotten City of Planet of the Apes
1974, rating Sky PG, 91 mins

3.00 Cocoon: The Return
Don Ameche, Wilford Brimley, Hume Cronyn, Jack Gilford, Steve Guttenberg
Sci-fi sequel in which a group of senior citizens who left earth with some friendly aliens return for a four-day stop-over to visit their old friends. Now they must decide whether or not to remain to live out their final years. *1988, rating Sky PG, 110 mins*

5.00 My Ghost Dog
Russ Tamblyn, John Phillip Law, Sharon Alsina, TL Brooke, John Ermin
Family drama about a boy's dog which returns from beyond the grave to help him and his father thwart the evil plans of the boy's wicked aunt, who is hell-bent on getting her hands on the youngster's inheritance. *1997, rating Sky U, 87 mins*

7.00 Big Bully
Rick Moranis, Tom Arnold, Julianne Phillips
Comedy about a teacher who returns to his home town, to find that the school bully who once tormented him is now a fireman. The bully immediately begins to torment the man again, but there is an amusing reversal with the children. Text *1995, rating Sky PG, 87 mins*

9.00 Kids in the Hall: Brain Candy
David Foley, Bruce McCulloch, Kevin McDonald, Scott Thompson, Janeane Garofalo
PREMIERE Energetic comedy, based on the TV show, in which the local population becomes addicted to a new wonder drug for depression. *1996, rating Sky 15, 85 mins*
10.30 Movie Show

11.00 A Woman Scorned II
Tane McClure, Myles O'Brien, Andrew Stevens
Thriller about a woman whose mind turns to revenge. *1995, rating Sky 18, 94 mins*

12.40am Sealed with a Kiss
C Thomas Howell, Nick Mancuso
1996, rating Sky 18, 90 mins
2.15 Exotica
Text *1994, rating Sky 18, 99 mins*
3.55-5.45am The Effects of Gamma Rays on Man-in-the-Moon Marigolds
1972, rating Sky 15, 97 mins

NIGHT TIME

SKY MOVIES SCREEN 2

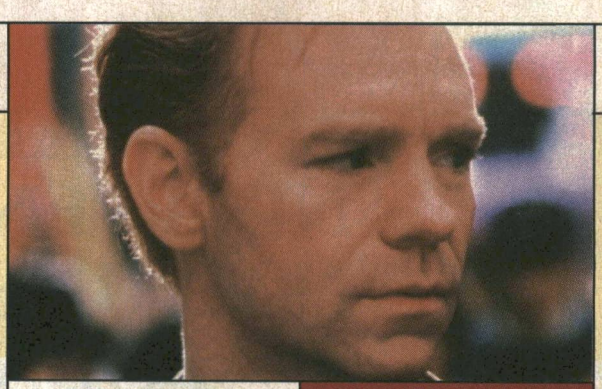
6.00am Phantom of the Opera
1943, rating Sky PG, 89 mins
7.45 A Girl Must Live
1939, rating Sky U, 68 mins
9.00 The Stars Fell on Henrietta
1995, rating Sky PG, 105 mins
10.50 Abbott and Costello Meet the Invisible Man
1951, rating Sky U, 79 mins
12.15pm It Came from Outer Space II
Text *1996, rating Sky PG, 84 mins*
2.00 Phantom of the Opera
Claude Rains, Nelson Eddy, Susanna Foster, Edgar Barrier
Classic retelling of the horror tale, about a disfigured composer who falls in love with the voice of a diva. *1943, rating Sky PG, 89 mins*

4.00 The Stars Fell on Henrietta
Robert Duvall, Aidan Quinn, Brian Dennehy, Frances Fisher
Drama about the conflicts that arise when a prospector discovers oil under a couple's house during the Depression. He has to turn to other means to finance the drilling when the couple cannot contribute. *1995, rating Sky PG, 105 mins*

6.00 It Came from Outer Space II
Elizabeth Pena, Brian Kerwin
Sci-fi sequel in which aliens arrive in a small American town. A few locals notice that something is wrong when the town's power goes down, the temperature rises and people act strangely. Text Last Play *1996, rating Sky PG, 84 mins*
7.30 UK Top Ten

8.00 The Mirror Has Two Faces
Barbra Streisand, Jeff Bridges, Lauren Bacall, George Segal, Mimi Rogers, Pierce Brosnan, Elle Macpherson
Heart-warming romantic comedy about a frumpy college lecturer, specialising in romantic literature and hungry for passion, who falls for a fellow professor, thanks to her manipulative sister. *1996, rating Sky 15, 122 mins*

10.10 Jade
David Caruso, Linda Fiorentino, Chazz Palminteri, Michael Biehn
Thriller about a detective who runs into an old flame while investigating the murder of a well-known millionaire. Text *1995, rating Sky 18, 91 mins*
11.50 Virtuosity
Denzel Washington, Kelly Lynch
High-tech thriller. Text *1995, rating Sky 15, 102 mins*
1.40am Tracks of a Killer
Thriller. Last Play *1995, rating Sky 18, 96 mins*
3.20 House of Usher
1988, rating Sky 18, 90 mins
4.55-6.25am Willy Fog – Journey to the Centre of the Earth
1995, rating Sky U, 75 mins



Assistant DA David Caruso investigates a socialite's murder in 'Jade': Sky Movies Screen 2 10.10pm

SKY MOVIES GOLD

4.00pm Off Limits
Bob Hope, Mickey Rooney, Marilyn Maxwell, Eddie Mayehoff, Stanley Clements
Boxing comedy about a fight manager who finds himself in the army. He is persuaded to train up a man for fighting, but has an ulterior motive: he has his eye on the younger man's aunt, a singer in a nearby nightclub. *1953, rating Sky U, 85 mins*

6.00 Big
Tom Hanks, Elizabeth Perkins, John Heard, Jared Rushton, Robert Loggia, David Moscow, Jon Lovitz, Mercedes Ruehl
Good-natured family comedy about a young boy who wishes he was big and is shocked to wake up the following morning as a pre-teen boy in a 30-year-old man's body. *1988, rating Sky PG, 100 mins*

8.00 Flashdance
Jennifer Beals, Michael Nouri, Lilia Skala, Sunny Johnson, Kyle T Heffner, Lee Ving
Stylish musical tale about a young woman who works hard by day and dances even harder by night, hoping to gain enough experience to pass the tough dance exams which stand between her and her dreams. *1983, rating Sky 15, 94 mins*

10.00 Fatal Attraction
Michael Douglas, Glenn Close, Anne Archer, Ellen Foley, Stuart Pankin, Fred Gwynne
Blockbusting thriller. A New York attorney who enters into a very dangerous liaison with a glamorous career woman, who reacts with extreme violence when he decides to end their fling and return to his family. *1987, rating Sky 18, 114 mins*
12midnight The Dream Team
Michael Keaton, Christopher Lloyd
1989, rating Sky 15, 108 mins
1.55am The Rocky Horror Picture Show
Tim Curry, Susan Sarandon
1975, rating Sky 15, 96 mins
3.35-5.20am The Organization
1971, rating Sky 15, 103 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm WCW Nitro on TNT
The latest wrestling action from the USA.

11.00 Grand Prix
James Garner, Yves Montand, Eva Marie Saint, Brian Bedford, Toshiro Mifune, Jessica Walter
Colourful, sprawling sports drama that looks behind the scenes of professional motor racing. *1966, 163 mins*
2.00am Calling Bulldog Drummond
Walter Pidgeon, Margaret Leighton,
Mystery drama. *1951, 120 mins*
3.30-5.00am Jeopardy
Barbara Stanwyck, Barry Sullivan
Thriller. *1953, rating, 68 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text **10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married...With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Too Young to Die: Women With Eating Disorders
Jenny talks to women who suffer from eating disorders about their illnesses.

4.00 The Oprah Winfrey Show
Jim Carrey
The actor discusses his latest role in *The Truman Show* – a new, dramatic direction for him.

5.00 Star Trek: Voyager
Dreadnought
Voyager spots a Cardassian-designed, self-guided missile carrying a warhead capable of significant destructive force. Text

6.00 The Nanny
A Fine Friendship
Fran confides in a male nanny.

6.30 Married...With Children
Get Outta Dodge Text

7.00 The Simpsons
The Principal and the Pauper
A stranger claims that Principal Skinner is an imposter. Text

7.30 Real TV
Video footage of real-life events.

8.00 Highlander: The Series
The Beast Below
An ambitious woman uses an innocent giant and old friend of MacLeod's to do her bidding.

9.00 Walker, Texas Ranger
Tribe
When archaeologist is brutally murdered one of Walker's friends becomes the prime suspect. Stars Chuck Norris

10.00 Cops
Las Vegas
Vegas vice officers score during an undercover sting operation.

10.30 Cops
Real-life police drama.

11.00 Star Trek: Voyager
Dreadnought
Voyager spots a Cardassian-designed, self-guided missile carrying a warhead capable of significant destructive force. Text

12midnight Nash Bridges
Road Work
Nash and Joe have the seemingly simple task of escorting a secret key witness from prison to San Francisco to testify. Text

1.00am-7.00am Long Play
It's a VJ-free zone allowing more airtime for every type of music.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide cop who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
Sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 6.30am, 9.00am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 24 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Saved
Carver questions his own values.

3.25 The Bill
A Year and a Day
There are burger-van wars in Sun Hill.

3.55 Dangerfield
Behind Closed Doors
Dangerfield finds that his job is on the line and that he also has to confront his past.

4.55 EastEnders
Everyday drama with the cockney folk of Walford's Albert Square.

5.30 Home to Roost
Suspect
Matthew's nose is put out of joint by the neighbour's son.

6.00 All Creatures Great and Small
Mrs Pumphrey needs James's advice when her boxer, Cedric, a companion for Tricky Woo, develops a social problem.

7.00 2point4 Children
Bird on a Wire
Bill is beginning to get very bad feelings about Rona's wedding.

7.40 Waiting for God
Tom and Diana are set to be married after Harvey and Jane.

8.20 Dad's Army
No Spring for Frazer
Wartime sitcom. Frazer loses a vital part. With Arthur Lowe and John Le Mesurier.

9.00 Whatever Happened to the Likely Lads?
Guess Who's Coming to Dinner?
Bob thinks Terry needs new friends, but he invites disaster.

9.40 Minder
The Birdman of Wormwood Scrubs
Ex-con Ernie leaves prison after 14 years with £250,000 stashed away in a bank.

10.45 Rising Damp
Stage-Struck
Everyone is in awe when an actor arrives – except Rigsby.

11.20 The Bill
Saved

11.50 The Bill
A Year and a Day

12.20am FILM: Halloween
Donald Pleasence, Jamie Lee Curtis, Nancy Loomis, PJ Soles
Classic horror story. *1978*

2.00 100 Years of Horror
Ghosts

2.25 The Jack Dee Show

2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Mysteries, Magic and Miracles 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda 2.55 Living it Up!
Lifetyle magazine, featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

7.00 Rescue 911
Featuring the stories of real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.

9.00 FILM: Runaway Father
Donna Mills, Jack Scalia
Drama in which a husband abandons his wife and her three young children. Years later, the mother learns with shock that her husband has been killed in an air crash. But to her dismay she finds out that the news of the death had been concocted so that he could commit bigamy. *1991*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 A Fine Romance 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
To Russia with... Panache
Jason is abducted to Moscow to unravel the mystery of three men who have been turned into three tidy piles of ashes.

4.00 Hawaii Five-0
To Hell with Babe Ruth
McGarrett pursues a Japanese mental patient determined to fulfill his assignment of 28 years ago – to sabotage Pearl Harbour.

5.00 Hart to Hart
Larsen's Last Jump
Detective drama series about the adventures of the glamorous couple. With Robert Wagner and Stefanie Powers.

6.00 Emmerdale
Yorkshire soap opera.

6.30 Classic Coronation Street
The Ogdens Christmas party is a great success.

7.00 Surgical Spirit
Doubting Thomas
Sheila panics when Dr Thomas 'snips' something.

7.30 The Fenn Street Gang
These Foolish Things

8.00 Dempsey & Makepeace
The Bogeyman
A violent gunman causes mayhem during a building-site robbery.

9.00 Classic Coronation Street

9.30 Hale and Pace

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Foo Foo's Party Night
A night of Mancunian cabaret.

11.30 Studs
Football fanzine.

11.50 Lord Lust's Lovelies

12midnight Bikini Open
Featuring bikini contests from locations all over the US.

12.30am Bigger Better Battling Babes

1.00 E! In Focus
A look at the most exciting trends, people and places in entertainment.

2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Watch out, Timon and Pumbaa are about. Text

3.30 Aladdin – The Series
Heroic rescues. Text

4.00 101 Dalmatians
Canine capers and doggy deeds.

4.30 Recess
Animated series from the creators of *Rugrats*. Text

4.45 Pepper Ann Text

5.00 Smart Guy
Pilot
The whiz kid learns he's going to skip six grades. Text

5.30 Brotherly Love
Comedy series. Text

6.00 Teen Angel
The Un-Natural
Casey decides to try out for a professional ball team. Text

6.30 Boy Meets World
Train of Fools Text

7.00 FILM: The Phoenix and the Carpet
Miriam Margoyles, David Suchet
Take a magic carpet ride with Cyril, Anthea, Robert and Jane as they're whisked away for a series of exciting adventures in this stunning adaptation of E Nesbit's classic children's story. *1997*

8.30 The Wonder Years
Heartbreak Part One Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, You're Living in the Past
Nick gets to relive the ordeal of his own birth. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Japaneasy 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm High Days and Other Days 1.00 Food for Thought 1.30 Anton Mosimann 2.00 Alive and Cooking 2.30 Food Network Daily 3.00 Frances Bissell's Westcountry Kitchen 3.30 Coxon's Kitchen College 4.00 Ideal Home Cooks 4.30-5.00pm Planet Nosh
Cookery show for kids.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced puzzle gameshow.

6.00 Byker Grove
Dale enters a Dream Teen competition.

6.30 Pull the Other One
Paul Coia hosts the celebrity gameshow.

7.00 Rising Damp
Body like Mine
There's a keep-fit craze going on in Rigsby's boarding house.

7.30 Desmond's
Love Match

8.00 Blue Heelers
Second Innings
The annual grudge match between the Imperial and Federal Hotels soon develops into more than a game of cricket.

9.00 Love Hurts
Cards on the Table
With their differences seemingly irreconcilable, Tessa and Frank make an important decision. With Adam Faith.

10.00 Safe and Sound
Snookered

10.30 Us and Them
Les Hommes aux Renault Blenes

11.00 Boon – The Big One

12.30am The Comedy Company

1.00-2.00am The Free Frenchman

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Christmas in July all day.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

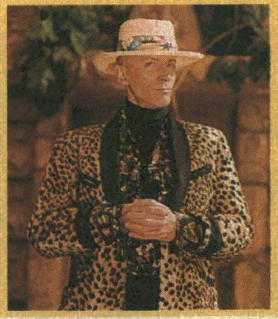
FILM

Halloween
UK Gold 12.20am
Time for a great horror film, with Donald Pleasence and Jamie Lee Curtis. A murderous lunatic returns to his home town to relive the crime in which he stabbed his sister to death 15 years earlier. John Carpenter directs us to the edge of our seats and back again.

GENERAL

Squaring the Bermuda Triangle
Discovery Channel 7.30pm
Part of the *Arthur C Clark Mysterious Universe* series, this programme delves into the mysterious disappearances which fall within the Bermuda Triangle. Arthur has some scientific theories to explain the comings and goings in this famous area of the world.

ADVERTISEMENT



CRYSTAL MAZE
7.55PM
Challenge tv

Ingenious games, spooky zones, mad-for-it contestants – it's all part of the mysterious world of the Crystal Maze, Richard O'Brien is the tour guide as the teams try to complete challenges to win crystals and ultimately a mega prize.

Friday 24 July

EUROSPORT

6.00 AM – MORNING

7.30am Golf
8.30 Football
10.00 Truck Racing
11.00 Motorsports
12noon Motorcycling
Action from the second round of the Spanish Championship in Jarama.
1.00pm Cycling
Highlights of Wednesday's stage of the Tour de France.
2.00 Cycling – LIVE
Coverage of the 12th stage of the Tour de France from Tarascon-sur-Ariège to Le Cap d'Agde. The city in the Ariège valley will play host to the tour for the first time.

3.00 PM

4.30 Tennis
Coverage of the quarter-finals of the ATP Tournament from Stuttgart.

4.00 PM

5.00 PM

6.00 PM

6.00 Formula 3000
Coverage of the seventh round of the FIA international championship from Enna-Pergusa in Italy.
6.30 Trial
Another chance to see action from the ninth Trial Masters in Paris-Bercy.

7.00 PM

8.00 PM

8.00 Motorcycling
Off-road motorcycling magazine show.

9.00 PM

9.00 Cycling
Highlights of today's action from the Tour de France.

10.00 PM

11.00 PM

11.00 Extreme Sports
Featuring bicycle stunts, in-line skating and skateboarding.

12.00 – NIGHT TIME

12midnight-12.30am Mountain Bike
Action from the Grundig/UCI World Cup in Conyers, USA.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 WWF – Superstars
8.15 Sky Sports Centre
8.30 Racing News 9.00 Aerobics Oz Style 9.30 V-Max 10.00 Tartan Extra Special: Season Review 11.30 Soccer Sevens 12.30pm Tales from the Premiership: Bridging the Gap
1.00 Euro Tour Golf: TNT Dutch Open – LIVE
Ball-by-ball action from day two of the TNT Dutch Open at the Hilversum Golf Club in the Netherlands. Sven Struver won the title 12 months ago and he returns to defend his crown.

5.00 Gillette World Sport Special
Sport news.
5.30 Futbol Mundial
Interviews and features from the around the world.

6.00
Sky Sports Centre
Sports news service.
6.30 Tales from the Premiership: Country Cousins

7.00 Gillette World Sport Special
The very latest news on sport of all types.
7.30 Super League on the Road: Hull v Huddersfield – LIVE
Coverage of the latest *Super League on the Road* series as Hull go head to head with Huddersfield from Gateshead. Presented by Eddie Hemmings and Mike Stephenson.

10.00
Sky Sports Centre
10.15 Tales from the Premiership: Country Cousins
10.45 Soccer Sevens
Football stars past and present combine in a seven-a-side tournament staged in Trinidad.
11.45
Sky Sports Centre
12midnight Motor Racing: Germany 1.00am WWF – Raw 3.00 Tales from the Premiership: Country Cousins 3.30 International Rugby Union: New Zealand v South Africa – LIVE 5.30-6.00am Wild Spirits

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Tales from the Premiership: Bridging the Gap
8.45 Sky Sports Centre
9.00 Soccer Sevens
10.00 Ford Golf USA: US Senior Open
1.00pm Formula 3
1.30 Rebel Sports
2.00 Watersports World

3.00 Samsung Esprit
A glossy look at sportsmen and women performing in their individual fields.
3.30
Tartan Extra Special: Season Review
John Leslie presents a passionate review of the Scottish football season, with goals, players, news, reviews and interviews.

5.00 Wild Spirits
Join Jason Roberts on a stomach-curdling trip into everything abnormal.
5.30
Inside the PGA Tour

6.00 The Winning Post: Newmarket and Chepstow – LIVE
Jeff Stelling presents horse racing action as coverage from Newmarket and Chepstow takes you towards the winning post. The Newmarket races are at 6.20, 6.50, 7.20 and 7.50. The Chepstow races are at 6.10, 6.40, 7.10 and 7.40

8.30 Ford Golf USA: US Senior Open – LIVE
Second day coverage from the Riviera Country Club in California, venue of this year's US Senior Open. Last year, this event was won by Graham Marsh, who is determined to retain the title this time round.
10.30 Euro Tour Golf: TNT Dutch Open
Highlights of the second day's play from Hilversum Golf Club in the Netherlands, venue for this year's TNT Dutch Open. Some of the leading names on the European Tour circuit, including Phil Mickelson and Bernhard Langer, are competing.
12.30am Ford Golf USA: US Senior Open – LIVE 2.30 Tales from the Premiership 3.00 Sky Sports Centre 3.15 Motor Racing: Germany 4.15 Sky Sports Centre 4.30 Watersports World 5.30-6.00am Inside the PGA Tour

SKY SPORTS 3

12noon Trans World Sport
With in-depth news and information reporting on everything from the ordinary to the downright bizarre.
1.00pm Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.
2.00 Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies are joined by a football legend who looks back at some of the key matches in his career.
3.30
Trans World Sport
The most eclectic mix of sport anywhere on television.
4.30 V-Max
An insight into the world of speed on land and in the air from inside the cockpit.

5.00 Formula Three
Action from the fast lane.
5.30 Motor Racing: Germany
Catch up with the high-speed action from the latest stage of the motor racing GTR International staged in Germany.
6.30 Wild Spirits
Featuring many leading-edge sports.
7.00 Soccer Sevens
Football stars past and present combine in a seven-a-side tournament staged in Trinidad and Tobago.

8.00 Cricket: England v South Africa
The best of the second day's play of the fourth Test staged at Trent Bridge. England captain Alec Stewart is determined to mastermind victory over the South Africans in his first series since being appointed as Mike Atherton's successor.
10.00-12midnight World Wrestling Federation – Raw
Jim Ross and Michael Cole present coverage from the World Wrestling Federation circuit as competitors battle it out on the canvas.

TROUBLE

12noon Sweat
Australian athletics drama.
12.30pm Heartbreak High
1.30 Echo Point
2.00 Hollyoaks
Chester-based soap about a group of teenagers.
2.30 It's in the Jeans
Basketball
2.45 On the Make
Makeover show with fashion and beauty tips.

3.00 Sweat
Australian athletics drama.
3.30 Ready or Not
Dear Troy
Canadian teen drama that tackles growing up.
4.00 Fresh Prince of Bel Air
4.30
Saved by the Bell: The College Years
Bedside Manner

5.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
5.30
California Dreams
6.00 Hang Time
Stranded
6.30 Blast
Chart music.
7.00 USA High
7.30-8.00pm Fresh Prince of Bel Air

BRAVO

8.00pm The A-Team
Beverly Hills Assault
Action adventure series. Hannibal and the gang don disguises to smash a lucrative art theft scam.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
10.30
Red Shoe Diaries
Like Father, Like Son
Erotic drama series.
11.00
FILM: Cold Steel
Brad Davis, Sharon Stone, Jonathan Banks, Jay Acovone, Adam Ant
Action thriller about a cop sworn on vengeance for his father's death. *1987*
1.00am Beverly Hills Bordello 1.30 FILM: Cry Uncle! *1971* **3.30 Twisted 4.00 Beverly Hills Bordello 4.30 Italian Stripping Housewives 5.00-6.00am The A-Team**

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Good Morning, Peoria
Sam Beckett comes to the rescue of a disc jockey who is being hounded by puritanical protesters.
4.00 Space Precinct
Hate Street
When a racist criminal is on the loose, Brogan finds he is not the only one looking for him.
5.00 Amazing Stories
The Main Attraction
5.30 SF Scene
An up-to-the minute guide to science fiction entertainment.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Satyr
Buck is mysteriously transformed into a goat-horned creature.
8.00 Quantum Leap
A-Hunting We Will Go
Sam leaps into the life of a professional bounty hunter handcuffed to his quarry, a beautiful woman.
9.00 PSI Factor – Chronicles of the Paranormal
Curtis Rollins's near-death experience releases a dangerous doppelganger.
10.00
FILM: Demon House
Amelia Kinkade, Kris Holdenreid, Patricia Rodriguez
Horror about a group of teenagers who seek refuge in an empty funeral home following the shooting of a police officer. *1996*
11.40 The Making of 'Godzilla'
12midnight Sightings 1.00am The Six Million Dollar Man 2.00 Friday the 13th *Mightier Than the Sword* **3.00 Tales of the Unexpected** *The Wrong Un* **3.30-4.00am Dark Shadows**

CABLE CHOICE

SPORT

Tour de France – LIVE
Eurosport 2.00pm

With the Tour at the halfway stage, we return for a look at the 221 kilometre run from Tarascon-sur-Ariège to Le Cap d'Agde on the Mediterranean coast. Both towns are greeting the Tour for the first time and the potential winners should be elbowing their way to the front by this 12th stage of the race. The riders have just been through the Pyrenees, where the men are sorted from the boys and the sprint for Paris is underway. If your favourite hasn't dropped out yet, he should make it to the Champs Elysées in one piece.

TELEVISION X

12midnight
The Ten Minute Free View
12.10am Suburban Tales
12.20 ...-O-Gram Girl
12.45 FILM: Premiere
1.00
The Five Minute Free View
1.05 FILM: continues
2.00 Jane's World
2.25 FILM:
The Great Pretenders
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Ice Castings
12.25 Girls About Town
12.40 French Teaser
12.50 FILM:
Suddenly Stacy
Shayla La Veaux, Serenity
Erotic film.
2.00 Electric Blue
2.55-4.00am
FILM: Nutts About Butts
Tera Heart, Michaela Adkins
Erotic feature film.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Fate
Stuart Paul, Cheryl Lynn
Romantic comedy. *1990*
9.55 Short Cuts:
Final Stage
10.30
FILM: Angel of Passion
Sue Jones, Mary Smith
Erotic drama. *1995*
11.55-12midnight
Private Moments

Friday 24 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
Win great prizes.
6.30 Sale of the Century
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and challenges in a giant fantasy world.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross puts more madcap contestants through torturous games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name That Tune
Jools and his Rhythm and Blues Orchestra play the music.
11.40 Prize Time
12midnight Roll with It!
12.30am Moonlighting
Tracks of My Tears
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Black Warriors
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie Detector 10.30 Body Heat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
Exercise show.
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared judge presides over another case.
5.00 Agony
Help and advice for troubled souls is at hand.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
6.30 Dial-a-Doc
Phone-in programme.
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Another tough case.
9.00 Dog Night L!VE
Top racing action from Walthamstow and Wolverhampton.
10.00 Topless Darts
More shapely throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Saucy late night offering.
12midnight Janeycam
12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am Catwalk Show 11.30 Real Gardening Show 12.30pm Movies, Games & Videos 1.30 Cinema, Cinema, Cinema 2.30 Album Show
More classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
4.30 The Catwalk Show
Some of the world's most beautiful models strut their stuff.
5.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
6.30 The Album Show
Countless classic tunes from all the best bands and artists.
7.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
8.30 Real Gardening Show
Green-fingered tips.
9.30 The Catwalk Show
Some of the world's most beautiful models strut their stuff.
10.30 PDQ – The One-Stop-Shop
More innovative products are delivered straight to your door.
11.30 The Album Show
More classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm Dancefloor Chart
The coolest club cuts presented by June Sarong.
3.00 Ultimate Top 10 Holiday Videos
Pack the beach towel and the sun cream for the very best vacation videos.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
5.30 MTV News Weekend Edition
6.00 Dancefloor Chart
The latest club tracks with June Sarpong.
7.00 Partyzone
The latest club music and news with Simone Angel.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Hot
Happening news, videos and gossip with Justin Lee Collins.
11.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
12midnight Singled Out
Dating game with *Baywatch* babe Carmen Electra.
12.30am Loveline
Love advice from Adam Carolla and Dr Drew Pinsky.
1.00 Club Mix
3.00 Partyzone
5.00-7.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon Travel Live Stop the Week
1.00pm Pathfinders
Dog Sledding
1.30 Origins with Burt Wolf
Milan
2.00 On Tour
Corfu
2.30 Wild Ireland
Malin to Malinbeg, Donegal
3.00 Of Tales and Travels
Tanganika and Zanzibar
A visit to Tanzania on the east coast of the African continent.
4.00 The Great Escape
Jabalpur and Puri
4.30 Australian Gourmet Tour
Dining in Sydney
5.00 Pathfinders
Dog Sledding
With Spalding Gray.
5.30 Travel Trails
North Wales
With Sarah Cameron.
6.00 Origins with Burt Wolf
Milan
6.30 On Tour
Corfu
A visit to the Greek island.
7.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis present another edition of the popular entertainment show.
8.00 Go Greece
Athens, a Metropolis of Traditional and Modern
8.30 The Flavours of France
Grenoble
9.00 Going Places
Ecuador
The smallest of the Andean countries, Ecuador is also the friendliest and the easiest to travel in.
10.00 Wild Ireland
Malin to Malinbeg, Donegal
10.30 Floyd on Oz
The Northern Territory
More culinary highlights.
11.00-12midnight Travel Live Stop the Week
Judi Spiers and Gareth Davis present the popular entertainment show.

GRANADA BREEZE

6.00am E! Celebrity Profile 7.00 Roddy Llewellyn's Indoor Garden 7.30 Young Chefs 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Celebrity Profile 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 The Fast Food Show 2.00 thirtysomething
3.00 Livetime
Magazine covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
I Want to Divorce My Daughter
American talk show with Sally and guests.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

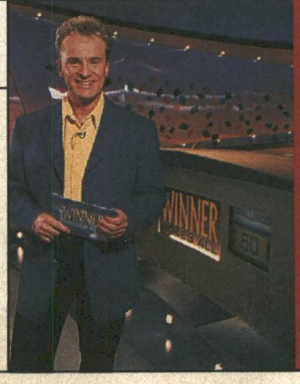
7.00pm The Flamingo and the Shoebill
A bizarre link between these two birds.
7.30 Mystery of the Inca Mummy
8.00 Assault on Manaslu
Follow a group of Swiss climbers as they set out to conquer Mount Manaslu, a 26,000-feet giant in Nepal.
9.00 South Georgia: Legacy of Lust
A look at the beautiful island of South Georgia, surrounded by the Atlantic and the Antarctic seas.
10.00 Night Wild: Secrets of the Snow Geese
A look at the declining numbers of snow geese in Wrangel Island.
11.00 Night Wild: Lions in Trouble
A look at lion activities.
11.30 Night Wild: Kimberly's Sea Crocodiles
12midnight-1.00.00am Night Wild: Giant Pandas – The Last Refuge
A fascinating journey that explores the behaviour of these endangered creatures.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

The premiere of 'Secrets of the Snow Geese' examines the mysterious decline of these Russian Arctic birds: National Geographic Channel 10.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Dina Carroll 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Party Hits 10.00 Ten of the Best: Huggy Bear 11.00 Around and Around 12midnight The Friday Rock Show 2.00am AC/DC Uncut 3.00-7.00am VH1 Late Shift



Quizmaster Bobby Davro invites more contestants to bet on general knowledge questions in 'Winner Takes All': Challenge TV 7.15pm

Friday 24 July

MORNING

6.00 AM

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

3.00 PM

DISCOVERY

4.00pm The Diceman
The Diceman and his cameraman continue their random journey through the British Isles.
4.30 Wheel Nuts

5.00 PM

5.00 First Flights
Faster Than the Eye and Higher Than the Sky
Lockheed's SR-71.
5.30 Jurassica
Dawn of the Dinos

6.00 PM

6.00 Wildlife SOS
In this edition, two foxes are rescued on the same day, but will they survive?
6.30 Dawn of the Dragons
A look at crocodiles.

7.00 PM

7.30 Arthur C Clarke's Mysterious Universe
Squaring the Bermuda Triangle

8.00 PM

8.00 Lonely Planet
Zimbabwe, Botswana and Namibia
Andrew Daddo explores the African continent, starting at Victoria Falls.

9.00 PM

9.00 Medical Detectives
Planted Evidence
9.30 Medical Detectives
Southside Strangler

10.00 PM

10.00 Adrenalin Rush Hour! Extreme Diving
A look at the most amazing underwater expeditions of modern times.

11.00 PM

11.00 A Century of Warfare
Germany's invasion of Poland set off a chain of events which engulfed the European continent in war.

12.00

12midnight First Flights
Faster than the Eye and Higher than the Sky
12.30am Wheel Nuts
1.00 Medical Detectives
The House that Roared
1.30-2.00am Medical Detectives
The Footpath Murders

NIGHT TIME

SKY SOAP

11.00am Take the High Road
Big Ears pays an unexpected visit to the bottle bank.
11.30 Emmerdale
12noon Emmerdale
Jack has fallen for Karen.
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 The Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Sylvester and Tweety 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 Addams Family

3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly antics.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More adventures for the superhero with the super-ego.
5.30 Cow and Chicken
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly.
7.00 Scooby Doo – Where are You?
Chaotic crime-solving with the cowardly canine.
7.30 Godzilla
Monster mayhem.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Stalingrad
4.30 World War I: D-Day at Gallipoli
5.00 Modern Marvels: The Eiffel Tower
6.00 Ancient Mysteries: Camelot
7.00-8.00pm Biography... Genius
Michelangelo
A profile of the artistic genius.

NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister, Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

3.00 Stickin' Around

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Hey Arnold!
More adventures with the kid sporting the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sister Sister
There's twice the comedy and four times the fun with Tia, Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister, Sister
7.30 Roseanne
Bev announces that she is a lesbian.
8.00 Grace Under Fire
Grace's in-laws become unwelcome guests at Thanksgiving.
8.30 Caroline in the City
9.00 Cybill
Sophisticated comedy.
9.30 Ellen
Ellen finds a stray dog and cancels her vacation to take care of him.
10.00 Mr Don and Mr George
10.30 Cheers
Frasier, Cliff, Woody and Norm feel their age at the drive-in movie.
11.00 Duckman
Award-winning animation series for adults.
11.30 Food Fight
A saucy new food quiz.
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always laugh-filled life.
1.00 Mr Don & Mr George
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
2.30 Food Fight
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Comedy series set in Los Angeles about a middle-aged actress still looking for her big break while managing her luckless lovelife and teenage daughter at the same time.

Sara Cox prepares to get messy in the 'Food Fight': Paramount Comedy Channel 11.30pm, 2.30am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Inside Hollywood
7.30 European Concert: Mendelssohn's Violin Concerto in D Minor
8.00 Jazz Greats: Wynton Marsalis
A series of definitive jazz films. Tonight, Wynton Marsalis hosts a guide to the all-time trumpet greats.
9.00 Previn on Mozart: Prague and Vienna
André Previn tours Europe to trace the main events in Mozart's life.
10.00 World Music: Bossa Nova
Bossa Nova tells the story of the origins and development of this Brazilian music.
11.00 A Tribute to Gershwin
An all-star tribute to the great George Gershwin, including Willard White and the cast of *Crazy For You*.
12midnight-1.00am Midnight Jazz: The Dukes of Dixieland
Chill out through the midnight hour with cool jazz sounds.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
Washington DC, Nashville
12noon Exotic Islands
Vanuatu – Northern Islands
12.30pm Getaway
1.00 Discover Your World
1.30 Great Houses of Europe
2.00 Travel Tips
Las Vegas
3.00 Globetrotter
3.30-4.00pm Sky Destinations

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Earth 1.15 Asia 1.30 Business 3.30 Sport 4.30 Europe 5.00 Larry King 6.45 America 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.30 Q&A 2.00 Larry King 3.00 7 Days 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal 7.35 Questions pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Viva 9.45 7 Jours en Afrique 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Journal 12noon Haute Tension 2.00pm Temps Présent 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Quand la Musique est Bonne 9.00 Journal 9.30 Résumé du Tour de France 9.45 Pour la Gloire 11.00 Literatour 11.15 Résumé du Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Music Challenge 4.30 Fauji 5.00 Nashaib 5.30 Shaque 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 Edit 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 Fauji 4.30 Swabimaan 5.00 Kainaat 6.00 Music Time 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Roopo Ki Rani 6.30 Lollywood 7.00 Jaagran 7.30 Aap Ki Adalat Aap Ka Faisla 8.00 News 8.30 Buniyaad 9.00 Bharat Ek Khoj 10.00 Hip Hip Hurray 11.00 Zaike Ka Safar 11.30 Kurukshetra 12noon FILM: Sakhri Daku 3.00pm Haratein 4.00 Campus 4.30 It's My Choice 5.00 Zee Zone 6.00 Love Stories 6.30 Fun Filmi Style 7.00 Chasme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Parampara 9.00-12midnight FILM: Suuny Deol Angrakshak

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Ascot, Thirsk and Wolverhampton.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Winning Ways 5.00 Chronicles of Revival 5.30 Good News 6.00 River of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Jack Hayford/ Derek Prince 9.30 Life in the Word 10.00 In Times Like These 10.30 John Avanzini 10.40-11.00am Good Morning Europe

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons Live 3.00pm This Week in the Lords 11.00-12midnight Business Statement

SECTION FOUR

Saturday 25 July – Friday 31 July

WEDLOCKED

SOMETIMES the man of your dreams can turn into a real nightmare. That's what happens to Martha (Ellen DeGeneres) when she thinks she's met Mr Right but soon realises he's *Mr Wrong*. Bill Pullman plays the wealthy, good-looking Whitman, who soon goes from suitor to stalker when he finds his advances toward Martha rejected. Fans of *Ellen*, DeGeneres's hit comedy TV series, won't be surprised to hear that, even on the big screen, nothing runs smooth in Ellen's love life.

Sky Movies Screen 1
Friday 31st 9.00pm

JUST CAPITAL!

ARSENAL were the most successful side in the country last season, but Chelsea (with Graeme Le Saux, pictured) also managed to win two trophies. The winners of the Coca-Cola Cup and Cup Winners' Cup are placed in the spotlight in *London Lights*, the latest in the series *Tales from the Premiership*, which charts the stories that have made the news in the FA Carling Premiership. Expect Ruud Gullit's shock departure from the Bridge in February to feature prominently.

Sky Sports 1 Monday 27th 6.30pm, 10.15pm

DRIVING FORCE

BRITISH racing driver Mark Blundell has not been enjoying the most successful of seasons in America's FedEx Championship Series and, as the CART series enters its 12th leg, he's a long way behind the top drivers. He finished second at last year's US 500 race in Michigan, though, so will be hoping to go one better this time. To do so, he'll have to overcome last year's winner and the current number one, Alex Zanardi of Italy.

Eurosport Sunday 26th 6.00pm – LIVE

EVERY DOG HAS HIS DAY

MICKEY MOUSE and Donald Duck may have hogged the limelight, but Goofy has been around for almost as long as his Disney chums. In fact, he made his big screen debut over 60 years ago, but has had to wait until now to get his first big starring role, in *A Goofy Movie*. In the film, the dopey dog gets driven to distraction by his son Max when they hit the road for a fishing trip, which Goofy hopes will be a bonding experience. Unfortunately, Max would prefer to be at home with his girlfriend, Roxanne …

Disney Channel Sunday 26th 7.00pm

Saturday 25 July

SKY MOVIES SCREEN 1

6.00am Invisible Dad
1997, rating Sky U, 86 mins
7.30 The Boy in the Bush Part 2
1983, rating Sky PG, 102 mins
9.30 Project X
1987, rating Sky PG, 103 mins
11.30 The First Wives Club
Goldie Hawn, Bette Midler
1996, rating Sky PG, 98 mins
1.30pm Invisible Dad
Karen Black, Russ Tamblyn
1997, rating Sky U, 86 mins

3.00 Monte Carlo or Bust
Peter Cook, Dudley Moore, Tony Curtis, Terry-Thomas, Eric Sykes
Slapstick comedy featuring an all-star cast struggling to complete the Monte Carlo Rally in the face of a bewildering variety of hilarious mishaps and dirty dealings. Also known as *Those Daring Young Men in Their Jaunty Jalopies. 1969, rating Sky PG, 120 mins*

5.00 Project X
Matthew Broderick, Helen Hunt, Bill Sadler, Jonathan Stark
Futuristic drama. A young military operative is sent to a top secret research centre, where he discovers that chimpanzees have been trained to operate flight simulators. However, he discovers that the project is more sinister than that. *1987, rating Sky PG, 103 mins*

7.00 The First Wives Club
Goldie Hawn, Bette Midler, Diane Keaton, Maggie Smith, Dan Hedaya, Stockard Channing
Hit comedy. Three middle-aged women who have been friends since college pool their resources and vow revenge when they find that they have been dumped by their husbands for younger women. *1996, rating Sky PG, 98 mins*

9.00 Dark Angel
Eric Roberts, Ashley Crow, Linden Ashby, Gina Torres
Thriller. A police detective is transferred to New Orleans under mysterious circumstances, and asked to investigate a series of brutal murders. *1996, rating Sky 15, 83 mins*

10.30 Steal Big, Steal Little
Andy Garcia, Alan Arkin, Rachel Ticotin, Joe Pantoliano
Comedy drama in which twin brothers battle over their inheritance following the death of their adoptive mother. *1996, rating Sky 12, 108 mins*

12.25am Maximum Security
Paul Michael Robinson, John Lazar
1996, rating Sky 18, 84 mins
1.55 Funny Bones
Oliver Platt, Lee Evans, Jerry Lewis
Comedy. Text Last Play *1995, rating Sky 15, 123 mins*
4.00-5.45am Indecent Behavior 3
1995, rating Sky 18, 92 mins

SKY MOVIES SCREEN 2

6.10am Heart of Fire
1996, rating Sky PG, 86 mins
8.00 Three Wishes
Patrick Swayze, Joseph Mazzello
1995, rating Sky PG, 111 mins
10.00 Salt Water Moose
Timothy Dalton, Lolita Davidovich
1995, rating Sky U, 93 mins
12noon Heart of Fire
Patrick Duffy, Steve Jacobs
1996, rating Sky PG, 86 mins
2.00pm Magnificent Obsession
Irene Dunne, Robert Taylor, Betty Furness, Sara Haden
Romantic drama in which a man turns doctor in order to save the sight of a woman with whom he has fallen in love. *1935, rating Sky U, 97 mins*

4.00 Salt Water Moose
Timothy Dalton, Lolita Davidovich, Johnny Morina, Katharine Isobel
Family drama. A boy's lonely summer in an unfamiliar town turns into the adventure of a lifetime when he and a tomboy friend come to the aid of a moose which is stranded on an island. Last Play *1995, rating Sky U, 93 mins*

6.00 Three Wishes
Patrick Swayze, Mary Elizabeth Mastrantonio, Joseph Mazzello
Romantic fantasy. Jack McCloud is a drifter wandering through small town America with his magical dog. When he is accidentally hit by a car, the driver feels obliged to invite Jack to stay until his broken leg is on the mend. *1995, rating Sky PG, 111 mins*

8.00 North Star
James Caan, Christopher Lambert, Catherine McCormack, Burt Young
Adventure set at the turn of the century in Alaska. Native American Hudson Ipsehawk clashes with businessman Sean McLennon over land which may offer the prospect of gold, but is regarded by Hudson as sacred. *1996, rating Sky 15, 85 mins*

10.00 Preview – Ransom
10.05 Ransom
Mel Gibson, Rene Russo, Gary Sinise, Delroy Lindo, Lili Taylor
PREMIERE Hit thriller. A rich executive is plunged into a nightmare when his son is kidnapped by a criminal gang. When the pickup goes wrong, he offers the ransom money as a reward for their capture. *1996, rating Sky 18, 117 mins*
● Feature: pages 10-11
12.10am Indecent Behavior 4
Shannon Tweed, Christian Noble
1996, rating Sky 18, 90 mins
1.45 Ransom
Mel Gibson, Rene Russo
1996, rating Sky 18, 117 mins
3.50-5.30am The Viking Sagas
Ralf Moeller, Sven Ole Thorsen
1995, rating Sky 15, 80 mins

SKY MOVIES GOLD

11.00am Don't Bother to Knock
Marilyn Monroe, Anne Bancroft, Richard Widmark
Drama about an unbalanced baby-sitter who works at a hotel. *1952, rating Sky PG, 73 mins*
12.30pm Monkey Business
Cary Grant, Ginger Rogers, Charles Coburn, Marilyn Monroe
Howard Hawks' classic comedy. *1952, rating Sky U, 93 mins*
2.15 Gentlemen Prefer Blondes
Marilyn Monroe, Jane Russell, Charles Coburn, Elliott Reid
Classic comedy in which two golddiggers visit Paris in search of men and money. Songs include *Diamonds are a Girl's Best Friend. 1953, rating Sky U, 87 mins*

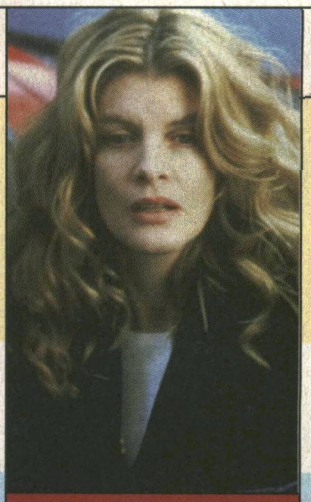
4.00 How to Marry a Millionaire
Marilyn Monroe, Betty Grable, Lauren Bacall, William Powell
Sparkling comedy in which a trio of beautiful models move into a New York apartment with a view to marrying millionaires. *1953, rating Sky U, 92 mins*

5.45 The Man Who Would Be King
Sean Connery, Michael Caine, Christopher Plummer, Saeed Jaffrey, Shakira Caine
John Huston's adaptation of a Rudyard Kipling adventure. After a heroic incident during battle. a pair of wily British soldiers attempt to convince the inhabitants of an isolated country that one of them is a god. However, power begins to go to their heads. *1975, rating Sky PG, 123 mins*

8.00 The Taking of Flight 847: The Uli Derickson Story
Lindsay Wagner, Sandy McPeak, Eli Danker, Ray Wise
Fact-based drama about an aeroplane which is hijacked by terrorists and the courageous flight attendant who risks her own life to save those of her passengers. *1988, rating Sky 15, 92 mins*

10.00 The Eighth Day
Daniel Auteuil, Pascal Duquenne, Miou-Miou
Hit French drama in which a businessman's life collides with that of a young runaway who has Down's Syndrome. *1996, rating Sky PG, 78 mins*

11.25 Woodstock
Joan Baez, Crosby, Stills and Nash, The Who, Jimi Hendrix
Rock documentary. *1970, rating Sky 15, 178 mins*
2.30am Blume in Love
George Segal, Susan Anspach
Relationship drama. *1973, rating Sky 18, 111 mins*
4.25-5.55am Stage Door
Katharine Hepburn, Ginger Rogers
Light-hearted drama. *1937, rating Sky U, 87 mins*



Rene Russo in the premiere of the twisting thriller 'Ransom': Sky Movies Screen 2 10.05pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm The Gypsy Moths
Burt Lancaster, Deborah Kerr, Gene Hackman, Scott Wilson, William Windom, Bonnie Bedelia, Sheree North
Action-packed drama set in Kansas, telling the story of three barnstorming skydivers of different ages and temperaments, bound together by the risks of their hazardous profession. *1969, 102 mins*

11.00 High Sierra
Humphrey Bogart, Ida Lupino, Alan Curtis, Arthur Kennedy
Classic crime drama about a parolee's doomed attempt to reenter the criminal milieu that he left behind. *1941, 96 mins*
12.45am Shoot the Moon
Albert Finney, Diane Keaton, Karen Allen, Peter Weller, Dana Hill
Emotional drama about a marriage breakup. *1982, 123 mins*
3.00-5.00am The Gypsy Moths
Burt Lancaster, Deborah Kerr
Adventure drama. *1969, 102 mins*

SKY ONE

7.00am Delfy and His Friends 7.30 Orson and Olivia 8.00 What-a-Mess 8.30 Superhuman Samurai Syber-Squad 9.00 Wild West Cowboys of Moo Mesa 9.30 Double Dragon 10.00 Games World Omnibus 11.00 Tarzan: The Epic Adventures 12noon World Wrestling Federation – Live Wire 1.00pm World Wrestling Federation – Shotgun 2.00 Kung Fu

3.00 Star Trek: The Next Generation
The Last Outpost
The away teams of the *USS Enterprise* and Ferengi starships are subjected to a special test.

4.00 Star Trek: Deep Space Nine
Indiscretion
Kira discovers the real reason why Dukat wants to accompany her on a personal mission. Text

5.00 Star Trek: Voyager
Death Wish
The omnipotent Q returns to the *Starfleet* vessel. Starring Robert Picardo and Roxann Biggs-Dawson.

6.00 Xena: Warrior Princess
The Titans
Xena must save an entire village when Gabrielle unwittingly frees three ancient Titans.

7.00 Beverly Hills 90210
Deadline
Donna is furious that David failed to confide in her about his financial situation, and Brandon gets arrested. Text

8.00 3rd Rock from the Sun
Father Knows Dick

8.30 3rd Rock from the Sun
Selfish Dick

9.00 The X-Files
Darkness Falls
A group of loggers working in a remote forest unearths deadly creatures that paralyse and then cocoon their victims.

10.00 Millennium
Gehenna
The ashen remains of seven murder victims are discovered in a San Francisco park. Starring Lance Henriksen.

11.00 Showbiz Weekly
Entertainment features from the Met Bar, hosted by friend-to-the-stars Tania Bryer.

11.30 The Movie Show
Hosted by Richard Jobson.

12midnight Big Easy
Driving Miss Money
A black chauffeur is accused of the murder of his employer. Text

1.00am Can't Hurry Love
Three Blind Dates Text

1.30 Can't Hurry Love
Glove Story Text

2.00-6.00am Long Play

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide cop who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
Sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 6.30am, 9.00am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 25 July

UK GOLD

7.00am The Sullivans Omnibus
9.05 Dr Who Omnibus
Aztecs
A vintage adventure with the errant Time Lord. Stars William Hartnell, Keith Pyott, John Ringham.
12.05pm EastEnders Omnibus
All the latest drama from Albert Square where the residents struggle with the plethora of problems that life throws in their paths.

3.00 The Bill Omnibus
A roundup of some the week's drama with the officers of Sun Hill station. Don thinks it's in the bag when his raid on two known jewellery thieves pays off. But where is the loot? The officers at Sun Hill come to terms with the death of a colleague, but for some the emotional toll may be more than they can handle. While investigating reports of a terrifying scream, Quinnan and Datta uncover a family of hermits.
5.30 Citizen Smith
Abide with Me
Wolfie and Ken are evicted.
6.10 FILM: Biggles
Neil Dickson, Alex Hyde-White, Fiona Hutchinson, Peter Cushing, Marcus Gilbert
Lighthearted fantasy drama about a New York City businessman who is dragged back in time to World War I, where he meets flying ace Biggles. Together the pair embark on a thrilling and dangerous mission. *1986*
8.00 The Brittas Empire
Sitcom about the manager of a sports centre, the infuriating but well-meaning Gordon Brittas.
8.40 Blackadder the Third
Dish and Dishonesty
Edmund finds his royal source of income threatened.
9.20 One Foot in the Grave
We Have Put Her Living in the Tomb
Stars Richard Wilson.
10.00 Bottom
Burglary
Richie and Eddie capture a burglar. Stars Rik Mayall.
10.40 The Young Ones
Oil
Neil and Viv strike oil in the cellar.
11.25 The Comic Strip Presents...
Summer School
A university summer course about the Iron Age turns out to be somehat unconventional.
12.05am Chelmsford 123
Vidi, Vidi, Veni
12.40 FILM: Ironside – Buddy, Can You Spare a Life?
Raymond Burr, Cameron Mitchell
Another case for the disabled sleuth.
2.20 100 Years of Horror
2.50-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Cheap Chic
10.50 Rescue 911
11.20 Jimmy's
11.50 Tempestt
12.40pm Rolonda
1.30 Living it Up!
2.30 I Dream of Jeannie
Jeannie at the Piano

3.00 FILM: Single Women, Married Men
Michele Lee, Lee Horsley
A female counsellor decides to set up a therapy group for women involved with married men. Recently divorced herself, Susan Parmel feels that those outcasts from society who are dubbed 'the other woman' need to come together for mutual help and support. *1989*
5.05 Hart to Hart
Hart of Diamonds
Jonathan is shocked to discover that someone has brainwashed Jennifer so that she starts stealing jewels from her friends.
6.00 FILM: Oliver Twist
George C Scott, Tim Curry, Michael Hordern, Richard Charles, Timothy West, Cherie Lunghi
Screen version of Dickens's classic tale about a young boy who escapes from the cruelty of the workhouse only to fall in with a gang of juvenile thieves masterminded by the wily Fagin played by George C Scott. *1982*
8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
9.00 Jerry Springer Double Bill
Notorious American talk show in which ex-mayor Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.50-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 Bootsie & Snudge 7.30 Nearest and Dearest 8.00 Trouble in Mind 8.30 The Piglet Files 9.00 The Saint 10.00 Hart to Hart 11.00 E! Extreme Close-Up 11.30 Raffles 12.30pm The Saint 1.30 Emmerdale 2.00 Emmerdale 2.30 Emmerdale

3.00 Emmerdale
Soap opera serial, set in the heart of the Yorkshire Dales.
3.30 Emmerdale
Chronicling the life of a tight-knit countryside community.
4.00 Passion on the Street
Six episodes of *Coronation Street* which all feature love in the air.
4.30 Passion on the Street
It's a steamy Christmas Day.
5.00 Passion on the Street
Elsie Tanner's first screen kiss – she's fallen for Bill Gregory.
5.30 Passion on the Street
Ken's wife Deirdre gives herself to plumber Dave Barton.
6.00 Passion on the Street
Hungarian builder Miklos Zadic falls for Emily Nugent.
6.30 Passion on the Street
Jack Duckworth takes his mistress Dulcie for a spin.
7.00 Hawaii Five-0
The Payoff
Steve McGarrett must apprehend a hoodlum and his girlfriend in order to save their lives.
8.00 The Sandbaggers
Principles
Neil Burnside, director of operations for SIS, receives an urgent appeal for help from Norway's Secret Service.
9.00 Night Thriller
Gift of Tongues
Is the death of a couple a suicide pact – or the perfect murder?
10.00 The Comedians
10.30-11.00pm First Exposure

GRANADA MEN & MOTORS

11.00pm V.P.L.
Alternative fashion programme.
11.30 Noddy's Electic Ladyland
Eccentric pop quiz presented by Noddy Holder.
12midnight Babewatch UK
Fly-on-the-wall series which looks at a day in the life of Britain's top glamour models.
12.30am Bikini Open
1.00 E! Talk Soup
1.30 E! Uncut
A profile of Leonardo di Caprio.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Art Attack 9.35 Brand Spanking New Doug 10.00 Recess 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.25pm Gargoyles 12.50 Mighty Ducks 1.10 Woof 1.35 Flash Forward 2.00 Double Dinosaurs

3.00 The Wonder Years Double Bill
A Very Cutlip Christmas/ The Candidate
A man looks back fondly on his formative years in the Sixties. Text
4.00 Home Improvement Double Bill
Karate or Not Here I Come/ Shooting Three to Make Tutu
Smash hit US sitcom starring Tim Allen. Text
5.00 Honey, I Shrunk the Kids: The TV Show
Comedy series based on the hit movie.
5.45 Smart Guy
Don't Do That Thing You Do Text
6.10 Teen Angel
One Dog Night Text
6.35 Boy Meets World
The Grass is Always Greener
Cory and Topanga decode to break off their relationship. Text
7.00 FILM: Running Wild
Gregory Harrison
PREMIERE Family adventure in which Major Matt Robinson is sent to Zimbabwe to try to thwart evil poachers who massacre elephants for their ivory. Soon he and his children are involved in a race against time to save these majestic creatures. *1998*
8.30 The Wonder Years
The Sixth Man Text
9.00-10.00pm Second Noah
Slings and Arrows
When Ben dresses up as cupid, his bow and arrow wreak havoc on people and animals.

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Rustie's Real Cooks 10.30 The Restaurant Show 11.00 Sophie's Meat Course 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Chef on a Shoestring 1.00 Alive and Cooking 1.30 Seasonal Kitchen 2.00 High Days and Other Days 2.30 Food Network Daily 3.00 Ross in Thailand 3.30 Coxon's Kitchen College 4.00 A Year at Ballymaloe 4.30-5.00pm Frances Bissell's West Country Kitchen

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Switch On
Entertainment magazine featuring star interviews.
5.30 Robin of Sherwood
The Prophecy
When Prince John descends on Nottingham with a mysterious prisoner, the outlaws devise a plan to free the captive.
6.30 Men of the World
The Dice of Life
Kendle falls for Becky.
7.00 Get Back
She's Leaving Home
Starring Ray Winstone and Kate Winslet.
7.30 Birds of a Feather
Just Family
8.00 Lovejoy
No Strings
Romance is in the air for Lovejoy, Eric gets involved with an Irish rock band and Tinker is reunited with an old drinking pal.
9.00 Pie in the Sky
An Innocent Man
Fisher sends a team into the restaurant to catch one of Crabbe's regular customers in the act of bribing an MP.
10.00 The Camomile Lawn
Oliver pursues Calypso for her sexual charms, but his hopes are not fulfilled. Starring Jennifer Ehle and Paul Eddington.
11.00 Adventures of a Lady
12midnight-2.00am FILM: Marilyn and Me *1991*

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Sterling Silver Jewellery at 4.00pm.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

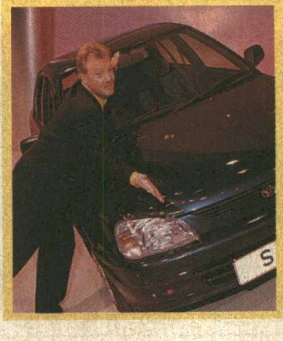
FILM

Ransom
Sky Movies Screen 2 10.05pm
Mel Gibson and Rene Russo star in this premiere as doting parents whose young son is kidnapped. After an FBI rescue operation fails, a $2million ransom is placed on the youngster's head. Instead of caving in, Mel decides to turn the tables on the bad guys. Will he succeed?

GENERAL

Passion on the Street
Granada Plus 4.00pm
You'd think those cold cobbled stones wouldn't lend themselves to it, but *Coronation Street* has always had its fair share of sex. Here are six of the best episodes, including Deirdre Barlow's affair with Mike Baldwin and Jack Duckworth cheating on his wife, Vera.

ADVERTISEMENT



SALE OF THE CENTURY
6.30PM
Challenge tv
Cheeky chappie Keith Chegwin is back on Challenge TV tonight with the general knowledge quiz. As usual, there are loads of prizes up for grabs in the Instant Sales and, for one contestant, the chance to play for a big prize in the *Sale of the Century*.

Saturday 25 July

EUROSPORT

6.00 AM MORNING

7.30am Extreme Sports
9.30 Mountain Bike
10.00 Motorcycling
11.00 Tractor Pulling
12noon Synchronized Swimming
Action from the European Synchro Cup in Prague.
1.00pm Cycling
2.00 Cycling – LIVE
Action from the 13th stage of the Tour de France, covering the 191km from Frontignan la Peyrade to Carpentras.

3.00 PM

4.00 PM

4.30 Tennis
Action from semi-finals of the ATP Tournament in Stuttgart, Germany.

5.00 PM

6.00 PM

6.00 Formula 3000
Action from the eighth round of the FIA International Championship A1-Ring in Austria.

7.00 PM

7.00 Football
Action from the European Under-18 Championship in Paralimni, Cyprus.

8.00 PM

9.00 PM

9.00 Cycling
Featuring highlights from the 13th stage of the Tour de France.

10.00 PM

11.00 PM

11.00 CART
Coverage of the qualifying practice for Sunday's pole position.
11.30 Boxing
Coverage of a top bout.

12.00 NIGHT TIME

12.30am-1.00am Darts
Coverage of the German Open in Dortmund.

SKY SPORTS 1

6.00am Watersports World
7.00 Sky Sports Centre 7.15 Wild Spirits 7.45 Aerobics Oz Style 8.15 Sky Sports Centre 8.30 Racing News 9.00 International Rugby Union: New Zealand v South Africa 11.00 Super League on the Road: Hull v Huddersfield – 12.30pm Tales from the Premiership: Country Cousins 1.00 Euro Tour Golf: TNT Dutch Open – LIVE
Action from day three of the TNT Dutch Open at the Hilversum Golf Club in the Netherlands.

4.00
International Rugby Union: New Zealand v South Africa
Action from Wellington, where New Zealand take on world champions South Africa in the Tri-Nations tournament.

6.00
Super League on the Road: Warrington v Castleford – LIVE
Coverage from Cardiff, where Warrington take on Castleford in the latest clash from the *Super League on the Road* series. Presented by Eddie Hemmings and Mike Stephenson.

8.00
International Rugby Union: New Zealand v South Africa
Action from Wellington, where New Zealand take on world champions South Africa in the Tri-Nations tournament.

10.00
Super League on the Road: Warrington v Castleford
The best of the action from Cardiff, where Warrington take on Castleford in the latest clash from the *Super League on the Road* series. Presented by Eddie Hemmings and Mike Stephenson.

12midnight Euro Tour Golf: TNT Dutch Open
2.00am International Rugby Union: New Zealand v South Africa
4.00-6.00am Super League on the Road: Warrington v Castleford

SKY SPORTS 2

6.00am Motor Racing: Germany 7.00 Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership: Country Cousins 8.45 Sky Sports Centre 9.00 Soccer AM 12noon Australian Rules Football 2.00pm The Winning Post: Stratford and Newcastle: Beeswing Ladies Day – LIVE
Jeff Stelling presents horse racing action from Stratford and Newcastle.

4.00 Lacrosse: USA v England
Action from Homeward Field in Baltimore, Maryland, the venue for this year's Lacrosse World Championships, the sport's most prestigious event. America won the last Championships in 1994 and they are the favourites for this year's crown.

6.00 The Winning Post: Lingfield and Redcar – LIVE
Jeff Stelling presents horse racing action from Lingfield and Redcar. The Lingfield races are at 6.45, 7.15, 7.45 and 8.15, while the Redcar races are at 6.35, 7.05, 7.35 and 8.05.

9.00
Ford Golf USA: US Senior Open – LIVE
Day three action from the Riviera Country Club in California. The winner of this event stands to win a first prize of $232,500.

12midnight The Max
12.30am Powerboat and Jetsport World
1.00 Motor Racing: Indy Charlotte 500 – LIVE
3.00 Australian Rules Football
5.00 Rebel Sports
5.30-6.00am Wild Spirits

SKY SPORTS 3

12noon The Max
12.30pm Sports Unlimited
A never-ending supply of major and minor sports with a mixture of serious and off-the-wall footage.
1.30 V-Max
Insight into the world of speed on land, water and in the air.
2.00 World Motor Sport
The latest developments from the race world, including news, views and interviews.

5.00 Golf: European Skills Challenge
Action from Wentworth. Some of the finest golfers in the world, including Seve Ballesteros, Bernhard Langer, Colin Montgomerie and Lee Westwood, compete for prize money of $250,000.

7.00 Sports Unlimited
The ultimate programme for anyone who loves sport and cannot get enough of it.

8.00 Cricket: England v South Africa
Highlights from day three of the fourth Test staged at Trent Bridge. England and Yorkshire pace bowler Darren Gough hopes to relaunch his international career after missing the Caribbean Tour through injury.

10.00-12midnight Lacrosse: USA v England
Action from Homeward Field in Baltimore, Maryland, where the semi-final of this year's Lacrosse World Championships – the sport's most prestigious event – is taking place.

TROUBLE

12noon Ready or Not
The New Deal
12.30pm On the Make
Makeover show.
12.45 It's in the Jeans
Rock Climbing
1.00 Saved by the Bell: The College Years
American sitcom.
2.00 USA High
Teenage drama series.
2.30 Fresh Prince of Bel Air
Rags-to-riches comedy starring Will Smith.

3.30 Echo Point
Teenage soap.

4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.

5.00 Blast
Chart music.
5.30 California Dreams
American sitcom following a young rock 'n' roll band.
6.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face after their GCSEs.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life drama with US police officers.
8.30 Rab C Nesbitt
Savage Scots rhetoric.
9.00 Get Real...
Under Interrogation
Documentary series.

10.00 Twisted
One-Way Ticket
An air of tension prevails.
10.30 Red Shoe Diaries
Gina
11.00 FILM: Stagefright
David Brandon, Barbara Cupisti, Robert Gligorov, Martin Philip
Bizarre horror yarn. *1986*
1.00am Beverly Hills Bordello
1.30 FILM: Cold Steel
Brad Davis, Sharon Stone
Violent action thriller. *1987*
3.30 FILM: Prom Night
Jamie Lee Curtis
Gruesome slasher. *1980*
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare
8.00 The Bionic Woman
9.00 The Six Million Dollar Man
10.00 Tenchi Muyo
10.30 Moldiver
11.00 Quantum Leap
12noon Quantum Leap
1.00pm Quantum Leap
Stand Up
2.00 Quantum Leap
A Leap for Lisa

3.00 Mystery Science Theatre 3000
The She Creature
A sci-fi B-movie with asides from characters who view the film and appear in their own Pythonesque antics. In a bid to rescue Pearl and Bobo from the clutches of the Observers, Mike takes drastic action.

5.00
FILM: Journey to the Far Side of the Sun
Ian Hendry, Roy Thinnes, Patrick Wymark, Lynn Loring, Loni Von Friedl
Sci-fi yarn in which an astronaut, sent to explore a planet on the other side of the sun, wakes from a state of suspended animation. *1969*

7.00 Nightmare Cafe
The Heart of the Mystery
A policeman has a premonition of his own death in an alley outside the Nightmare Cafe.

8.00 Quantum Leap
Last Dance Before an Execution
Sam finds himself in the body of a convicted murderer.

9.00 SF Scene
An up-to-the minute guide to sci-fi entertainment.
9.30 Amazing Stories
Mummy, Daddy
A tale of the supernatural.

10.00 Dark Skies
The Enemy Within
John finds himself in a psychiatric hospital after seeing his brother drawn into an alien hive.

11.00 The Hunger
But at My Back I Always Hear
A professor is pursued by one of his students.
11.30 SF Scene
12midnight Mystery Science Theatre 3000
2.00am Planet Mirth
2.30 Jason of Star Command
3.00 Tales of the Unexpected
Hit and Run
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

International Rugby Union
Sky Sports 1 9.00am, 4.00pm, 8.00pm

If you weren't up at 3.00am watching the game between New Zealand and South Africa live, you can catch it now. This is the latest re-match of the 1995 World Cup final and any clash between these sides can be watched with pleasure and pain – pleasure at the skilful handling, and pain in sympathy with the crunching tackling. This Tri-Nations encounter should be the kind of place where All Black full-back Christian Cullen shows just why he is such a sensation, but the 'Boks won't go quietly.

TELEVISION X

12midnight
The Ten Minute Free View
12.10am Adult Feature
12.20 Adult Feature
12.45 FILM: Adult Feature
1.00
The Five Minute Free View
1.05 FILM: continues
2.00 Stripper of the Year
2.25 FILM: Erotique
A woman is seduced by the erotic writings of a pen friend.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File 13 – Audition
12.35 Lap it Up
12.50 FILM: Kittens 9: Diamonds in the Rough
Nicole London
A frantic search for a missing diamond necklace gets sexy.
2.10 Fräulein Debutantes
2.30-4.00am
FILM: Priceless
Jenna Jameson, Misty Rain
Erotic thriller.

HVC

CABLE EXCLUSIVE

8.00pm
FILM: Street Warriors
Christopher McDonald
Action drama in which a man avenges his brother's death.
9.35 FILM: Hot Numbers
Comedy about a telephone sex operation.
11.15 Passion Girls
11.30-12midnight Phenomenal Sex

Saturday 25 July

CABLE CHECK
Some of the channels listed may not be available in your area

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 What's in the Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 Living Room 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 Body Heat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why Files 12.30pm Fashion 1.00 Lie 1.30 Agony 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30 What's in the Box
Phone-in programme.
3.45 BodyHeat
Exercise programme.
4.00 Judge Judy
The feared American judge presides over another case of domestic difficulties.
4.30 Judge Judy
5.00 Agony
Advice is at hand for the troubled at heart.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Explores the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
The feared American judge with another case.
9.00
The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Footballer's Private Lives
Documentary about Seventies soccer stars.
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam 12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Whittle
Tim Vine hosts the audience participation quiz.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30
Sale of the Century
With Keith Chegwin.
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, ably assisted by his two helpers, puts more contestants through torturous games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name That Tune
Jools plays the music.
11.40 Prize Time
Win great prizes.
12midnight Roll with It! 12.30am McKenna 1.30 FILM: The Sound and the Silence
Biopic of Alexander Graham Bell. *1992*
3.30 Mighty Jungle 4.00 Motormouth 5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 9.30am Catwalk 10.30 Movies, Games & Videos 11.30 Gillette World Sport 12.30pm American Chart Show 1.00 Inside Hollywood 2.30 Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
4.30 Movies, Games & Videos
Reviews of the latest releases.
5.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
6.30 The Album Show
A look at tracks from classic long-players.
7.30 PDQ – The One-Stop-Shop
Products are delivered straight to your door with this home shopping service.
8.30
The Catwalk Show
Top models strutt their stuff in the latest designs.
9.30 Inside Hollywood
The latest news and gossip from Tinseltown.
10.30 PDQ – The One-Stop-Shop
Products delivered straight to your door with this home shopping service.
11.30
The Album Show
Classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

7.00am Kickstart
Start the day with the liveliest mix of music videos.
9.00 So 90s
The greatest hits of the decade so far.
10.00 European Top 20 12noon Now That's What I Call Up For It
1.00pm Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Richard Blackwood.
4.00 Hit List UK
The definitive UK singles chart with Cat Deeley.
5.00 MTV News Weekend Edition
5.30 MTV Live
6.00
The Lick R&B Chart
A round-up of the biggest R&B hits with Trevor Nelson.
7.00 Dancefloor Chart
The latest club cuts with June Sarpong.
8.00 Dance Anthems
The latest tunes on the dance scene.
9.00
Celebrity Death Match
9.30
Special Rockumentary
10.00 Hot
Happening news, videos and gossip with Sara Cox.
11.00 Beavis and Butthead
Adolescent animation.
11.30
MTV Ultrasound: Godzilla Rocks
12midnight Saturday Night Music Mix 3.00am Chill-Out Zone
Late night ambient heaven.
5.00-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Aspects of Life
12.30 The Wonderful World of Tom: Rome
1.00 A Fork in the Road
1.30 The Food Lovers' Guide to Australia
2.00
The Flavours of France
2.30 Go Portugal
Northern Estremadura
3.00
Secrets of the Choco
Six of the world's top experts on tropical ecology journey into the Choco rainforest.
4.00 Sports Safaris
Biarritz, France
Holiday magazine.
4.30 Ridge Riders
Chalk Downs of Southern England – Part I
5.00 The People and Places of Africa
South African Republic
5.30 On Tour
Rhodes
Visiting the Greek Island.
6.00
The Food Lovers' Guide to Australia
Octopi in NSW
6.30 Go Portugal
Northern Estremadura
7.00 Travel Live
Stop the Week
Includes all the latest insider tales from the travel world plus the latest medley of celebrities.
8.00
Dominika's Planet
Italy
Dominika heads for Italy where she learns to cook at a Tuscan school.
9.00 From the Orinoco to the Andes
The Land of the Inca
Following in the footsteps of German explorer Alexander von Humboldt.
10.00 Aspects of Life
Paradise Under Pressure
10.30
A Fork in the Road
Europe – The Rhine Valley.
With Pria Viswalingam.
11.00 Ridge Riders
Chalk Downs of Southern England – Part I
11.30-12midnight
The People and Places of Africa
South African Republic

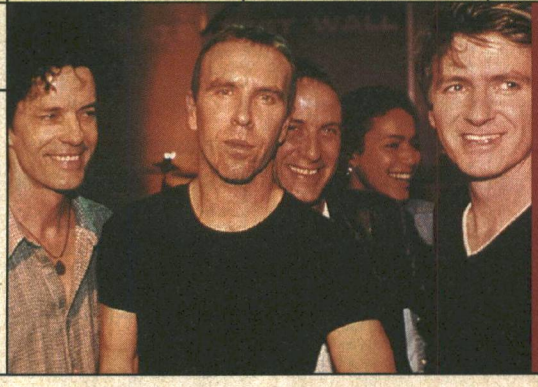
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 The Good Housekeeping Show 10.30 Ready to Wear 11.00 Roddy Llewellyn's Indoor Garden 11.30 Young Chefs 12.00 The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 E! In Focus
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
My Husband Got Another Woman Pregnant
Sally and her guests engage in lively discussion.
5.00-6.00pm Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion and food

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Off the Beaten Track: Arabian Sands
Discover the mystical Arabian desert with explorer, Wilfred Dessinger.
8.00 Treasure Hunt: Treasures from the Past
Take an in-depth look at such treasures as classic cars and vintage aircraft.
9.00 Extreme Earth: Into the Volcano
Traveling to the most volatile volcanoes.
9.30 Extreme Earth: Earthquake
10.00
Predators on the Edge of Extinction
The changing environments of the wild panthers of Florida.
11.00 The Great Indian Railway
India's railway is a living monument to the British who ruled the country for nearly 200 years.
12midnight-1.00am Oil Spillage in Shetland
The documentary focuses on the Shetland Island oil disaster of 1993 and revisits the Shetlands five years on.

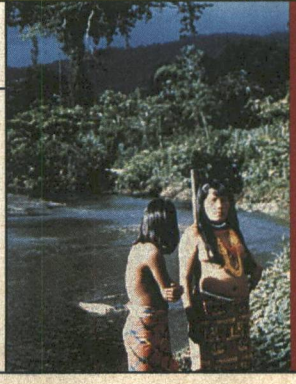
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



'Crowded House – Take It to the Bridge Special' was the final live TV performance from the popular antipodean band: VH1 1.00am

VH1

7.00am Pop-Up Video 8.00 Greatest Hits of... The Jam 9.00 Ten of the Best: Yasmin Bleeth 10.00 Saturday Brunch 12noon Ten of the Best: Freddie Starr 1.00pm Madonna 2.00 Phil Collins 3.00 1997 Music Awards 5.00 Greatest Hits of... The Eighties 7.00 Celine Dion 8.00 Divas Live 10.00 Queen 11.00 A Gift of Song 1.00am Crowded House – Take It the Bridge Special' 1.30 Abbey Road Story 3.00 Greatest Hits of... Disco 4.00 Behind Meatloaf 5.00-7.00am Osmonds Special



The homes and culture of the people of the Choco in Columbia, which is one of the largest and least explored rainforests on the planet, are being threatened by development plans: 'Secrets of the Choco.' Travel 3.00pm

Saturday 25 July

MORNING

6.00 AM

9.00am Rex Hunt's Fishing World 9.30 Salmon Run with Jack Charlton 10.00 Andy Little's Angling Adventure 10.30 This Old House 11.00 This Old House with Steve and Norm 11.30 In the Workshop 12.00noon New Yankee Workshop 12.30pm The Furniture Guys 1.00 Home Savvy 1.30 Home Again 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00-4.00pm Campaigns in History

DISCOVERY

3.00 PM

4.00pm Top Wings: Bombers
Through two world wars, the bomber has become an integral part of the military.

4.00 PM

5.00 Battlefields
The Battle of Stalingrad – Part I
A look at the strategies that determined the outcome of this battle.

5.00 PM

6.00 Battlefields
The Battle of Stalingrad – Part II
How the Red army gained new reserves of strength from its hard-fought victory.

6.00 PM

7.00 Super Structures
Skyscraper at Sea
An inside look at the construction of the Troll gas platform.

7.00 PM

8.00 Killer Weather: Electric Skies
This programme examines the myths surrounding lightning, an awesome power of nature.

8.00 PM

9.00 Adrenalin Rush Hour! Roller Coaster
A look at the world's scariest roller coasters, including the alarming Las Vegas Stratosphere.

9.00 PM

10.00 A Century of Warfare
Hitler attacked home shores in the Battle of Britain as Europe fell under Nazi control.

10.00 PM

11.00 Arthur C Clarke's Mysterious World

11.30 Arthur C Clarke's Mysterious World

11.00 PM

12midnight Battlefields
The Battle of Stalingrad – Part I
A look at the strategies that determined the outcome of this military escapade.

12.00

1.00am-2.00am Battlefields
The Battle of Stalingrad – Part II

NIGHT TIME

SKY SOAP

11.00am Emmerdale

11.30 Emmerdale
Alan Turner is keen to testify against Tom Merrick. Is it prison this time for Tom?

12noon Emmerdale

12.30pm Emmerdale

1.00 Emmerdale

1.30 Take the High Road

2.00 Take the High Road

2.30 Take the High Road

3.00 Take the High Road

3.30-4.00pm Take the High Road

DISCOVERY HOME & LEISURE

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Thomas 6.45 The Magic Roundabout 7.00 Blinky Bill 7.30 The Real Story of... 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter 9.30 Johnny Bravo 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Johnny Bravo 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 1.00 Road Runner 1.30 Sylvester 2.00 The Jetsons 2.30 Addams Family

3.00 Godzilla
Monstrous mayhem with the mammoth mutant.

3.30 The Mask
More whirling antics with the green fiend.

4.00 Beetlejuice
Macabre fun.

4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.

5.00 Johnny Bravo
Adventures with the egotistical superhero.

5.30 Cow and Chicken
Sibling animated antics.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.

6.30 The Flintstones
Prehistoric comedy with Fred and Wilma.

7.00 The New Scooby-Doo Movies
An all new adventure for the cowardly canine as he crime-busts in his own chaotic style.

8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.

8.30-9.00pm Fangface

THE HISTORY CHANNEL

4.00pm
Sea Power: The Sea Tales – The True Story of the Mutiny of The Bounty

5.00 Sea Power: Weapons at War – Destroyers

6.00 Sea Power: Ancient Mysteries – Lost City of Pirates

7.00-8.00pm Sea Power: Biography
Admiral Lord Nelson
NEW Profile of the naval hero.

NICKELODEON

7.00am Grimmy 7.30 Mighty Max 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.

3.30 Renford Rejects

4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.

4.30 Rugrats
Fun with the nippers.

5.00 Sister Sister
There's twice the comedy and four times the fun with Tia, Tamera and their respective single parents.

5.30 Kenan & Kel

6.00 Sabrina

6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Double trouble with the identical twins.

7.30 Diff'rent Strokes

8.00 Wings
Comedy focusing on the offbeat regulars at a small airport on the island of Nantucket.

8.30 Cosby

9.00 Due South
This hour long show charts the comic adventures of smooth-talking, moralistic Canadian mountie constable Benton Fraser.

10.00 Frasier
Roz completes her community service at a retirement home.

10.30 Cheers
Sam is out for revenge.

11.00 Duckman
Animation series.

11.30 This Is David Harper
Tony Slattery stars as an investigative journalist.

12midnight Kids in the Hall
A five-man comedy troupe from Canada provides an unlikely mixture of Pythonesque absurdities, razor-sharp monologues and cartoon-like inanities.

12.30am It's Garry Shandling's Show

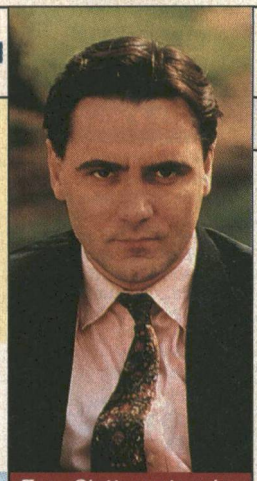
1.00 Frasier

1.30 Cheers
Celebrated US sitcom starring Ted Danson.

2.00 Due South
The show which transposes mountie tracking and trapping skills to the streets of the modern city – invariably with surprising success.

3.00 Sister Sister
There's twice the comedy and four times the fun as Tia and Tamera and their respective single parents all try to live together.

3.30-4.00am Cosby
Retirement comedy based on *One Foot in the Grave*.



Tony Slattery stars in the documentary spoof 'This Is David Harper': Paramount Comedy Channel 11.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Saturday Ballet: Le Corsaire
An exotic tale of pirates and shipwrecks. Magnificent effects and dramatic choreography have ensured the popularity of Marius Petipa's spectacular ballet, here performed by the Kirov.

9.00 Opera: Falstaff
Verdi's joyous swan-song, based on Shakespeare's *The Merry Wives of Windsor*. Renato Bruson stars as the boozing, womanising Sir John Falstaff, while Katia Ricciarelli and Barbara Hendricks are among his female tormentors in this autumnal masterpiece. Conducted by the great maestro Carlo Maria Guilini, from the Royal Opera House, Covent Garden.

12midnight-1.00am Midnight Jazz: Buddy Rich
The great drummer is caught in concert at the Montreal Jazz Festival.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 9.30 UK Direct 10.00 News 10.30 Food Watch 11.00 News 11.30 Simpson's World 12noon News 12.30pm Science 1.00 News 1.30 Face 2.00 Sportsday 6.00 Newsday 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson's World 9.00 News UK 9.30 Face in Crowd 10.00 News 10.30 Book 11.00 News 12midnight News 1.00am News 2.00 News 2.30 Simpson's World 3.00 News 3.30 Science 4.30 Reporters 5.00 News 5.30-6.00am Face

CNN INTERNATIONAL

News throughout the day, plus: 5.00am World News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 World Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 World Report 2.30 Travel Guide 3.30 Sport 4.30 Pro Golf 5.00 Larry King 6.30 Inside Europe 7.30 World Beat 8.30 Style 9.30 The Art Club 10.30 Sport 11.00 Worldview 11.30 Global View 12.30am 7 Days 1.00 World Today 1.30 Diplomatic License 2.00 Larry King 4.30-5.00am Evans & Novak

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 The Entertainment Show 10.30 Fashion TV 11.30 Week in Review 12.30pm ABC Nightline 1.30 Westminster Week 2.30 Newsmaker 3.30 Fashion TV 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 The Entertainment Show 9.30 Global Village 10.00 Prime Time 11.30 Sportsline Extra 12.30am Westminster Week 1.30 Fashion TV 2.30 Century 3.30 Week in Review 4.30 Newsmaker 5.30-6.00am The Entertainment Show

INTERNATIONAL

3SAT 5.50am 7 Tage 6.00 Hablamos Espanol 6.30 Spanien 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Alpen Donau Adria 9.15 Heimat 9.45 Der Report 10.30 Vor 30 Jahren 11.05 Offen 11.15 SWF3 Livetime 12.15pm Das Deutsche Schlagermagazin 1.00 Neues 1.30 Ayeyarwady 2.15 Frauensache 2.40 Offen 2.00 Die Welt Gehört der Frau 4.35 Tips and Trends 5.00 Anruf Genügt 5.30 Ausland 6.00 Heute 6.18 3sat-Wetter 6.20 Offen 7.00 Tagesschau 7.15 Der Zerbrochene Krug 9.00 Kurt Schwertsik 9.45 Classic Cuts 10.15 Alex 11.15 Seitenblicke 11.35-1.00am Das Aktuelle Sport-Studio

TV5 5.00am Journal 5.15 Grand Tourisme 5.30 Outremers 6.30 Horizon 7.05 Journal 7.35 Bus et Compagnie 8.30 Pas si Bêtes que Ça 9.05 Magellan 9.30 Branché 10.05 Côté Science 10.30 Grand Tourisme 10.45 Autour du Tour 11.33 Journal 12.05pm Grands Gourmands 12.35 Jardins et Loisirs 12.55 Itinéraire Bis 1.20 Saveurs 1.45 Télétourisme 2.10 Cap Aventure 2.25 A Bon Entendeur 2.50 Journal 3.00 Journal 3.15 Génies en Herbe 3.45 L'Ecole des Fans 4.30 Minutes 4.35 Jardin des Bêtes 5.00 Questions 5.30 Journal 6.00 Sport Africa 6.30 Journal 7.00 Thalassa 8.00 Outremers 9.00 Journal 9.30 Tour de France 9.45 Le Vent des Moissons 11.15 Tour de France 11.25 Journal 11.30-12midnight Soir

ASIANET

CABLE EXCLUSIVE

7.30am News
8.00 Sant Darshan
9.00 FILM
11.30 News
12noon Subah
12.30pm Community Focus
1.00 Edit 1.30 FILM 4.00 Dekh Bhai Dekh 4.30 Thekikaat 5.00 Aashiana 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 News 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Gehra Paani 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Darya Dil 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 News and Prakash's Predictions 8.30 Fat or Fit 9.00 Entertainment Express 9.30 Out & About 10.00 Geet Gaata Chal 10.30 Cinemagic 11.00 Khana Khazana 11.30 Pakistan Business Update 12noon FILM: Yeh to Kamal Ho Gaya 3.00pm Video Countdown 4.00 Chunni 4.30 Dekh Bhai Dekh 5.00 Your Zindagi 5.30 Filmi Bateein 6.00 Ladkiwale Ladkiwale 6.30 Sa Re Ga Ma 7.30 Hum Paanch 8.00 News 8.30 Adhikar 9.00-12midnight FILM: Aar Ya Paar

RACING CHANNEL

11.00am Racing Review

12.30pm Live at Lunchtime

2.00-6.00pm Live Racing
From Market Rasen and Stratford with Mike Cattermole and Mark Johnson.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 700 Club 6.30 Terry Jones/Peter Youngren 7.00 Ulf Ekman 7.30 Marilyn Hickey 8.00 KIDZ Club 8.30 Secret Adventures 9.00 Edges/Standing on the Rock 9.30 Jesse Duplantis 10.00 CCM Weekend Jam 10.30-11.00am This is Your Day

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am
This Week in the Lords
1.00pm
Questions from the House
5.00-6.00
Statement from the House

STAR OF THE MONTH

HANK HILL

BACKGROUND: A Texan born and bred, Hank Hill is the proud supplier of propane and propane gas accessories. He's been married to Peggy for 20 years and they have one child, 12-year-old Bobby, although Hank's niece, Luanne, also stays with them.
INTERESTS: Hank loves God, Country, Family and Football, though not always in that order. When not tending his beloved garden or teaching Bobby how to fire a rifle, Hank can usually be found loitering on the sidewalk drinking beer with his pals Dale, Bill and Boomhauer.
SEE HIM IN: *King of the Hill*, Sky One, Sundays from 19 July, 7.00pm

Sunday 26 July

SKY MOVIES SCREEN 1

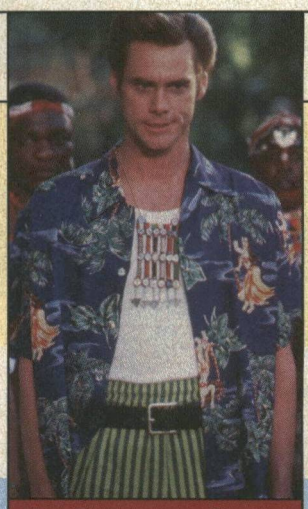
6.00am Bear Island
1980, rating Sky PG, 113 mins
8.00 Sweet Charity
1969, rating Sky PG, 142 mins
10.30
Sinbad and the Eye of the Tiger
1977, rating Sky PG, 108 mins
12.30pm Roseanne: An Unauthorized Biography
Denny Dillon, David Graf
Text *1994, rating Sky PG, 86 mins*
2.30 Runaway Car
Judge Reinhold, Nina Siemaszko
Action thriller, based on a true story, about a woman whose accelerator becomes stuck and who finds herself in a speeding car with no way of stopping. *1997, rating Sky PG, 87 mins*
4.00 Sinbad and the Eye of the Tiger
Patrick Wayne, Jane Seymour, Taryn Power, Margaret Whiting
Fantasy with the sea-going hero, this time around attempting to set a prince free from a curse which has turned him into a tiger. Ray Harryhausen's marvellous special effects help the proceedings along as usual. *1977, rating Sky PG, 108 mins*
6.00 Roseanne: An Unauthorized Biography
Denny Dillon, David Graf
Fact-based drama which follows television comedienne Roseanne Barr from her troubled teenage years to her tempestuous and ultimately doomed second marriage to Tom Arnold to winning her own television series. Text *1994, rating Sky PG, 86 mins*
8.00 Contagious
Lindsay Wagner, Elizabeth Peña, Tom Wopat, Ken Pogue
Thriller about an epidemic specialist who diagnoses a deadly outbreak of cholera. When a drug smuggler's autopsy reveals that he died from the disease, she sets out with a drugs cop to track down the source of the outbreak. *1997, rating Sky 15, 87 mins*
10.00 Bound
Jennifer Tilly, Gina Gershon, Joe Pantoliano, John Ryan
PREMIERE Sexy film noir about a handywoman and her lover, a gangster's moll, who run off together with a suitcase full of money belonging to her boyfriend. *1997, rating Sky 18, 105 mins*
11.50 Criminal Pursuit
David Chokachi, Cyril O'Reilly
Thriller about a detective who becomes the bait for a trap. *1996, rating Sky 18 89 mins*
1.25am The Last Hard Men
Charlton Heston, James Coburn
1976, rating Sky 18, 93 mins
3.05-4.45am Lying Eyes
Thriller. Last Play *1996, rating Sky 15, 87 mins*

SKY MOVIES SCREEN 2

6.00am Rainbow
1996, rating Sky PG, 94 mins
7.45 Garden of Evil
Gary Cooper, Susan Hayward
1954, rating Sky PG, 96 mins
9.30 My Uncle the Alien
Josh Paddock, Hally Foster
1996, rating Sky PG, 87 mins
11.30 Rainbow
Bob Hoskins, Terry Finn
1996, rating Sky PG, 94 mins
1.30pm Ace Ventura: When Nature Calls
Jim Carrey, Ian McNeice, Simon Callow, Bob Gunton
Comedy sequel. Text *1995, rating Sky PG, 89 mins*
3.30 Garden of Evil
Gary Cooper, Susan Hayward, Richard Widmark
Three disreputable soldiers of fortune, en route to California to prospect for gold, stop over in a tiny Mexican village and are hired by a woman to rescue her husband, who is trapped in hostile Indian territory. *1954, rating Sky PG, 96 mins*
5.30
A Troll in Central Park
The voice of Hayley Mills, Jonathan Pryce
A friendly troll is exiled to a world of concrete, where he should live a life of proper trolldom: Manhattan. *1996, rating Sky U, 80 mins*
7.00 Homeward Bound II: Lost in San Francisco
Robert Hays, Kim Greist, Veronica Lauren, voices of Michael J Fox, Sally Field
Family adventure about three pets who embark on a series of hair-raising escapades in San Francisco. Shadow, Chance and Sassy are back and this time they are on their own in the big city. *1996, rating Sky U, 85 mins*
9.00 Ace Ventura: When Nature Calls
Jim Carrey, Ian McNeice, Simon Callow, Bob Gunton
Comedy sequel in which pet detective Ace Ventura heads to Africa in search of a kidnapped bat. Ace mugs his way through a series of bizarre situations as he attempts to track down a flying rodent. Text Last Play *1995, rating Sky PG, 89 mins*
11.00 A Thin Line Between Love and Hate
Martin Lawrence, Lynn Whitfield, Regina King, Bobby Brown
Comic thriller about a harmless fling that turns deadly. *1996, rating Sky 18, 103 mins*
12.50am The Movie Show
1.20am Evil Has a Face
1996, rating Sky 15, 89 mins
2.55 Payback
1996, rating Sky 15, 84 mins
4.25-5.00am Willy Fog – 20,000 Leagues Under the Sea
Animation. *rating Sky U, 77 mins*

SKY MOVIES GOLD

11.00am The Hunchback of Notre Dame
Charles Laughton, Cedric Hardwicke, Maureen O'Hara
The best of Hollywood's Quasimodo movies about the doomed occupant of Notre Dame's belltower who falls in love with a beautiful peasant girl named Esmeralda. *1939, rating Sky PG, 111 mins*
1.00pm Cleopatra
Elizabeth Taylor, Richard Burton, Rex Harrison, Roddy McDowall, Martin Landau, Hume Cronyn
Monumentally epic in every sense of the word, Joseph L Mankiewicz's expensive and controversial remake of the DeMille 1934 original charts the 18 years leading up to the formation of the Roman Empire, from Cleopatra's first meeting with Julius Caesar to her death alongside Mark Anthony. *1963, rating Sky PG, 233 mins*
5.00 A Star is Born
Fredric March, Janet Gaynor, Adolphe Menjou, Lionel Stander
Drama about a young woman whose dreams of making it big in Hollywood are fulfilled by the established actor with whom she falls in love. However, his career begins to slide as hers takes off. Subsequently remade several times. *1937, rating Sky U, 107 mins*
7.00 Three Blind Mice
Loretta Young, David Niven, Joel McCrea, Stuart Erwin
Romantic comedy about three young women on the hunt for eligible bachelors. *1938, rating Sky U, 72 mins*
8.15 The Color Purple
Whoopi Goldberg, Danny Glover, Margaret Avery, Oprah Winfrey, Willard Pugh, Akosua Busia
Steven Spielberg's moving drama based on the book by Alice Walker. Celie, a young black woman living in America's rural South during the early part of the century, must struggle through the hardships meted out to her by family and husband in order to find the happiness which she deserves and that has long been denied her. *1985, rating Sky 15, 147 mins*
11.00 Glory
Matthew Broderick, Morgan Freeman, Denzel Washington
Epic saga of the 54th Massachusetts, the first black infantry battalion to fight for the Union during the American Civil War. *1989, rating Sky 18, 118 mins*
1.05am A Touch of Zen
Hsu Feng, Shih Chun, Pai Ying
Taiwanese adventure. Widescreen *1969, rating Sky 12, 170 mins*
4.00-5.15am Three Blind Mice
1938, rating Sky U, 72 mins



Pet detective Jim Carrey in 'Ace Ventura: When Nature Calls': Sky Movies Screen 2 1.30pm, 9.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm
North by Northwest
Cary Grant, Eva Marie Saint, James Mason, Jessie Royce Landis, Martin Landau
Exhilarating, darkly comic thriller in which an adman is pursued by spies who mistake him for a double agent, and by the police, who think that he is an assassin. The scene in which the hero is pursued on a lonely road by a crop-dusting plane has passed into cinema legend. Widescreen *1959, 131 mins*
11.30
Bad Day at Black Rock
Spencer Tracy, Robert Ryan, Anne Francis, Dean Jagger
Social drama. *1955, 78 mins*
1.00am The Secret Partner
Stewart Granger, Haya Harareet, Bernard Lee, Hugh Burden
Crime melodrama. *1961, 88 mins*
2.45-5.00am North by Northwest
Cary Grant, Eva Marie Saint
Widescreen *1959, rating, 131 mins*

SKY ONE

6.00am The Hour of Power 7.00 Delfy and His Friends 7.30 Orson and Olivia 8.00 What-a-Mess 8.30 Superhuman Samurai Syber-Squad 9.00 Wild West Cowboys of Moo Mesa 9.30 Double Dragon 10.00 Adventures of Sinbad 11.00 Rescue 11.30 Sea Rescue 12noon Miracles and Other Wonders 1.00pm World Wrestling Federation – Superstars 2.00 Kung Fu
3.00 Star Trek: The Next Generation
Lonely Among Us
The crew tries to solve the mystery of the death of Assistant Chief Engineer Singh. Text
4.00 Star Trek: Deep Space Nine
Rejoined
Jadzia Dax must choose between her feelings and the rules of Trill society. Text
5.00 Star Trek: Voyager
Lifesigns
While treating a Viidian female for the Phage, the doctor feels romantic for the first time. Stars Robert Picardo. Text
6.00 The Simpsons
Deep Space Homer
Homer becomes the first average American in space. Text
6.30 The Simpsons
Bart Versus Australia Text
7.00 King of the Hill
Texas City Twister
Hank stages a rescue attempt when a tornado hits.
7.30 King of the Hill
Order of the Straight Arrow
8.00 The Pretender
Hazards
An engineer attempts suicide after he is made the scapegoat for a hazardous chemical spill that killed three co-workers.
9.00 The X-Files
Tooms
Eugene Tooms, a supernatural killer whom Mulder helped put into prison, is released on parole.
10.00 Bloody Foreigners
Sweden
Traveling to snowy Sweden in search of the nation's hottest blonde Playmate of the Year, Victoria Silvstedt.
11.00 Forever Knight
Can't Run Can't Hide
A highly respected parole officer becomes the prime suspect in the murder investigation of a Vietnam veteran.
12midnight Tales from the Crypt
Creep Course
12.30am LAPD
1.00 Manhunter
John Walsh hosts this show which tells the true stories of some of the world's most dangerous criminals.
2.00-8.00am Long Play
Music through the night.

MORNING
6.00 AM
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
Wesley Snipes is back in business as a homicide cop who thinks he's seen it all – until his latest case which gives him the shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
Sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Stars Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 6.30am, 9.00am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Neighbours Omnibus
9.05 Dr Who Omnibus
Ghost Light
10.30 Dr Who Omnibus
The Curse of Fenric
12noon Mastermind
12.30pm Big Break
1.10 FILM: Carry On at Your Convenience
Sid James, Kenneth Williams, Charles Hawtrey, Joan Sims
Bawdy comedy. *1971*

3.00 The Bill Omnibus
Quinnan finds himself facing a complaint of sexual harassment by a burglary victim, with McCann refusing to confirm his alibi. A headmaster is unable to accept that there is a drug problem at his school, even after an overdose on school grounds. Meanwhile, Carver begins to question his value as a police officer when a young prostitute desperately needs his help.

5.25 Only When I Laugh
Dear Diary
Norman is keeping a diary about events on the ward.

5.55 The House of Eliott
While Beatrice faces some news that will change her life forever, Grace and Miles introduce Evie to impoverished painter Daniel Page. Suspicious of her motives, he reluctantly agrees to her enthusiastic offer of sponsorship.

7.05 Fawlty Towers
Communication Problem
Classic sitcom about a chaotic Torquay hotel.

7.50 Keeping Up Appearances
Hyacinth is anxious that the neighbours view her new suite. Stars Patricia Routledge.

8.30 Open All Hours
Classic comedy starring Ronnie Barker and David Jason.

9.10 Taggart
Knife Edge
The discovery of a severed female leg sparks off a murder investigation for Taggart and Livingstone. When a forensic expert declares that the limb has been skilfully amputated, a city-wide check on missing women is initiated. As more severed limbs are found, the police track down details of a tartan rug in which some of the limbs were found.

11.15 This Life
Cheap Thrills
Milly is losing patience with Egg.

12.05am The New Statesman
The Party's Over
12.40 Spitting Image
1.10 The Chief
2.05 The Equalizer
High Performance
A female construction worker witnesses a murder.
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Living Style
9.10 Ready, Steady, Cook
9.50 The Heat is On
10.20 Rolonda
11.10 Brookside Omnibus
1.10pm Tempestt
I Have a Crush on My Delivery Man
2.00 Cheap Chic
Practical style and lifestyle show.
2.30 I Dream of Jeannie
Djinn Djinn, the Pied Piper

3.00 FILM: The Reckless Moment
James Mason, Joan Bennett, Geraldine Brooks, Henry O'Neill, Shepperd Strudwick, David Blair
Seen as a subtle critique of American morals and class-culture, this is a tense and tantalizing murder mystery, focusing on the lengths to which a mother will go to save her child. *1949*

5.05 Hart to Hart
Harts and Palms
The Harts become entangled in a murder plot when Jennifer fears a business acquaintance of Jonathan's is being poisoned.

6.00 FILM: For the Love of Aaron
Meredith Baxter, Joanna Gleason
Moving story about an award-winning author who is schizophrenic but battles to hold on to her sanity for the sake of her son, Aaron. As she tries to finish her latest book, her ex-husband announces that he has plans to fight for sole custody of the boy. *1994*

8.00 Animal Rescue
8.30 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which ex-mayor Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

10.50-12midnight The Sex Zone
Katrina Buchanan hosts the entertaining show examining the sexual attitudes and practices of the British public.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor in the House
8.30 On the Buses
9.00 The Gentle Touch
10.00 E! Mysteries and Scandals
10.30 E! Gossip
11.00 E! Celebrity Profile
12noon Dempsey & Makepeace Special
2.00pm The Gentle Touch

3.00 Forever Green
Tom asks Jack if he can go fishing, omitting to tell him that it is a night-time expedition to the river. Jack agrees, unaware what he has let himself in for.

4.00 The Saint
The Persistent Patriots
The Saint plunges into a web of blackmail, jealousy and murder when he saves the life of a British colony's prime minister.

5.00 Classic Coronation Street – The Omnibus
Emily is horrified to find that she and Arnold are not legally married and insists that their relationship is at an end. Bert is made redundant and tries to cope with life on the dole, and Gail's mother arrives for Christmas, with the arrival of the baby imminent. Meanwhile, Martin gets a nasty shock from Karen when he returns from a trip to Birmingham.

7.30 On the Buses
Hot Water
Jack and the inspector attempt to fix a water heater.

8.00 A Bit of a Do
The Dentist's Dinner Dance
It's the annual dentist's dinner dance, and Rita Simcock is not looking forward to the evening ahead.

9.00 Red Fox – Part II
One man battles to save his colleague in the Parisian summer heat. With John Hurt, Jane Birkin and Brian Cox.

10.00-11.00pm Stones in the Park

GRANADA MEN & MOTORS

11.00pm Hell for Leather
Fast-paced biking magazine show, hosted by ex-world champion Graeme Crosby.
11.30 Pro-Superbike
With Chris Carter.
12midnight Biker's Night Off
Zany quiz show for bikers.
12.30am Through the Gears
Presented by Merrick Beesley.
1.00 E! Extreme Close-Up
Profiles ex-Beatle Ringo Starr.
1.30 E! Gossip
Entertainment news.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Brand Spanking New Doug 10.00 Recess 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.25pm Gargoyles 12.50 Mighty Ducks 1.10 Woof 1.35 Flash Forward 2.00 Double Dinosaurs

3.00 The Wonder Years Double Bill
Kevin Arnold looks back with affection to the halcyon days of the late Sixties when he was growing up in suburbia. **Text**

4.00 Home Improvement Double Bill
Much Ado About Nana/ Ex Marks the Spot
Jill's reluctance to share her feelings causes friction. **Text**

5.00 Honey, I Shrunk the Kids: The TV Show
Comedy series based on the hit movie. **Text**

5.45 Smart Guy
Lab Rats
TJ and Mo decide to study the human animal. **Text**

6.10 Teen Angel
Jeremiah was a Bullfrog **Text**

6.35 Boy Meets World
New Friends and Old **Text**

7.00 FILM: A Goofy Movie
PREMIERE Head for high speed hilarity and diverting detours as veteran funnyman Goofy stars in the first feature film of his 63-year career. He's driven to distraction as he and his son Max take to the road for a fishing trip and Max would rather be at home with his girlfriend. *1997*

8.30 Classic Toons
Animated fun.

9.00-10.00pm Dr Quinn: Medicine Woman
Things My Father
Never Taught Me
Dr Mike recommends a friend for a job. **Text**

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Ideal Home Cooks 10.30 Japaneasy 11.00 Vin Ordinaire 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Simply Antony 1.00 Can't Stand the Heat 1.30 New Chefs on the Block 2.00 From the Ground Up 2.30 Food Network Daily 3.00 Ideal Home Cooks 3.30 Coxon's Kitchen College 4.00 French Lunch
Escargot
4.30-5.00pm Red Hot 'n' Smokin'
Tips for a barbecue with style.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm The Country Diary of an Edwardian Lady
October
A dramatisation of Edith Holden's bestselling book.

5.30 Our House

6.00 The Master of Ballantrae
Lavish adaptation of Robert Louis Stevenson's swashbuckling tale. With Richard Thomas and Michael York.

7.00 The Irish RM
Great Uncle McCarthy
Yeates moves into his new home and is disturbed by noises that he suspects come from the ghost of a previous owner.

8.00 Till We Meet Again
Mini-series based on Judith Krantz's novel about the lives and loves of three women, spanning a period of 50 years. Stars Bruce Boxleitner, Barry Bostwick, Mia Sara and Courteney Cox.

10.00 The Last Place on Earth
Foregone Conclusion
The final assault on the Pole.
11.00 Echoes: Part III
12midnight Ruth Rendell Mysteries
1.00am Tales of the Unexpected
1.30-2.00am Tales of the Unexpected

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Peridot Birthstone Collection at 8.00pm.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

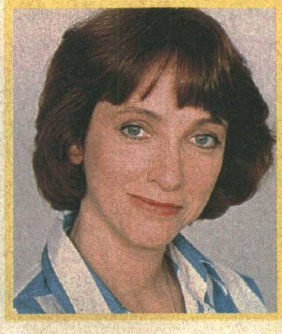
FILM

Secret Obsession
HVC 8.00pm
Set against a backdrop of the struggle for independence in Fifties North Africa, this film tells the story of a troubled young boy growing up fatherless in a traditional village. He falls in love with the wife of a local landowner and then finds out that her husband is his own father.

GENERAL

Spice Girls: A-Z of Girl Power
MTV 3.00pm
The fab five (as was) get a chance to introduce their own personal selection of top female performers in this two-hour special shot in Milan. Sporty, Baby, Posh, Ginger (who?) and Scary introduce videos by the likes of Alanis Morissette and Des'ree in their own inimitable way.

ADVERTISEMENT



BROOKSIDE OMNIBUS 11.10AM
living
Here's your chance to catch up on the week's events down at Brookside Close. Alison Gregory (played by *Emmerdale*'s Alyson Spiro) arrives in the Close, there are problems for Rod, and Sue and Terry look forward to a new place to live.

Sunday 26 July

EUROSPORT

MORNING

6.00 AM
7.30am All Sports
8.00 Fishing
9.00 CART
9.30 Formula 3000
10.30 Cycling
Another chance to see action from yesterday's stage of the Tour de France.
11.15 Cycling – LIVE
Coverage of the 14th stage of the Tour de France from Valréas to Grenoble.

3.00 PM

4.00 PM
4.30pm Tennis
Action from the final of the ATP Tournament in Stuttgart.

5.00 PM

6.00 PM
6.00 CART – LIVE
Action from the 12th leg of the FedEx Championship Series in Brooklyn, Michigan.

7.00 PM

8.00 PM

9.00 PM
9.30 Cycling
Highlights of today's action from the Tour de France.

10.00 PM

11.00 PM
11.30-12.30am Synchronized Swimming
Coverage of the team, solo and duet performances in the European Synchro Cup from Prague.

NIGHT TIME

12.00

SKY SPORTS 1

6.00am Sports Unlimited
7.00 Gillette World Sport Special 7.30 Samsung Esprit 8.00 Aerobics Oz Style 8.30 Drag Racing
9.00 International Rugby Union: New Zealand v South Africa
11.00 Super League on the Road: Warrington v Castleford
1.00pm Euro Tour Golf: TNT Dutch Open – LIVE
Coverage of day four's play from Hilversum Golf Club in the Netherlands. Some of the leading names in golf compete for the title.

4.00 Samsung Esprit
A glossy look at sportsmen and women performing in their fields of expertise.
4.30 International Rugby Union: New Zealand v South Africa
Coverage of the international match between two of the world's top rugby nations.

6.30 Super League on the Road: Wigan v St Helens – LIVE
Coverage of the latest *Super League on the Road* clash, between Wigan and St Helens from Swansea. Wigan are the bookies' favourites to capture the JJB Sports Premiership crown. This match offers them the chance to impress an entirely new audience. Presented by Mike Stephenson and Eddie Hemmings.

9.00 Fishing: Angling Masters
Fishing action with the reel experts.

10.00 Darts: Off the Oche
A look ahead to the forthcoming World Matchplay Darts tournament.

11.00 Samsung Esprit
A definitive guide to alternative sports.
11.30 Drag Racing
Fast track action.
12midnight-3.00am World Wrestling Federation: In Your House – LIVE
Action from the World Wrestling Federation.

SKY SPORTS 2

6.00am Futbol Mundial
6.30 Inside the PGA Tour
7.00 Aerobics Oz Style
7.30 Powerboat and Jetsport World
8.00 Rebel Sports
8.30 Futbol Mundial
9.00 Soccer Extra
12noon Darts: Off the Oche
1.00pm Motor Racing: Indy Charlotte 500
Repeat from Saturday

3.00 Fastrax
A blend of news, action, profiles and lifestyle.
3.30 Wild Spirits
Extreme sports events from around the world.

4.00 Lacrosse
Action from Homeward Field in Baltimore, Maryland, the venue for the semi-final of this year's Lacrosse World Championships, the sport's most prestigious event.

6.00 Tennis: Fed Cup Semi-Finals – Switzerland v France
Second day action from the semi-final of the Fed Cup between Switzerland and France in Sion, Switzerland. The Fed Cup is the most prestigious women's team event in international tennis.

9.00 Ford Golf USA: US Senior Open – LIVE
Action from the Riviera Country Club in California, venue of this year's US Senior Open.

12midnight-2.00am Euro Tour Golf: TNT Dutch Open
Day four highlights from Hilversum Golf Club in the Netherlands, venue for this year's TNT Dutch Open.

SKY SPORTS 3

12noon Beach Volleyball
12.30pm Drag Racing
Coverage from the fast lane with the latest stage of the drag racing series.
1.00 International Rugby Union: New Zealand v South Africa
Action from Wellington, where New Zealand take on world champions South Africa. *Repeat from Saturday*

3.00 Gillette World Sport Special
3.30 Darts: Off the Oche
A look ahead to the forthcoming World Matchplay Darts tournament.
4.30 Beach Volleyball
Another chance to see beach volleyball from around the world.
5.00 Golf: European Skills Challenge
Coverage of the European Golf Skills Challenge from the Wentworth course. Some of the finest golfers in the world, including Seve Ballesteros, Bernhard Langer, Colin Montgomerie and Lee Westwood, compete for prize money of $250,000.
7.00 Darts: Off the Oche
A preview of this year's World Matchplay Darts tournament from Blackpool.
8.00 Cricket: England v South Africa
Highlights from day four of the fourth Test, staged at Trent Bridge. Surrey's Graham Thorpe is determined to cement his reputation as one of the world's most prolific batsmen.

10.00-12midnight Lacrosse
Action from the semi-final of this year's Lacrosse World Championships, held at the Homeward Field in Baltimore, Maryland.

TROUBLE

12noon Ready or Not
Monkey See, Monkey Do
12.30 On the Make
Makeover show.
12.45 It's in the Jeans
Karting
1.00 Saved by the Bell: The College Years
American sitcom reuniting the Bayside gang.
2.00 USA High
2.30 Fresh Prince of Bel Air
American sitcom starring Will Smith.

3.30 Echo Point
Teenage soap.

4.00 Heartbreak High
Hard-hitting drama series about the students and teachers at a Sydney inner-city high school.

5.00 No Naked Flames
Teen magazine show.
5.30 California Dreams
American sitcom about a young rock 'n' roll band.
6.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face. Starring Jeremy Edwards.
7.00 USA High
7.30-8.00pm Sweat

BRAVO

8.00pm Real Stories of the Highway Patrol
Real-life drama with US police officers.
8.30 Rab C Nesbitt
Savage rhetoric.
9.00 Get Real...
Skinheads USA
Documentary series.

10.00 Twisted
One-Way Ticket
10.30 Red Shoe Diaries
Double Dare
Starring David Duchovny.
11.00 FILM: Eleven Days, Eleven Nights
Jessica Moore
Erotic drama in which a man who is about to be married falls under the spell of a beautiful writer. *1987*
1.00am Beverly Hills Bordello
1.30 FILM: Stagefright
David Brandon 1986
3.30 FILM: 976-Evil
Stephen Geoffreys 1988
5.30-6.00am Twisted

SCI-FI

7.30am Knightmare
8.00 The Bionic Woman
9.00 The Six Million Dollar Man 10.00 SF Scene
10.30 Planet Mirth
11.00 Deepwater Black
11.30 Deepwater Black
12noon FILM: The Mole People *1956*
1.35pm The Making of 'Godzilla'
2.00 Misfits of Science

3.00 Probe
Black Cats Don't Walk under Ladders, Do They?
Austin must stop a killer who is using viruses to attack gene patterns.

4.00 Future Cop
The Girl on the Ledge
Drama series about a policeman and his partner, a programmed prototype of the cop of tomorrow.
5.00 FILM: 20 Million Miles to Earth
William Hopper
A spacecraft carrying the first human expedition to Venus crash-lands on its return to Earth, and the cannister holding specimens of Venusian life is lost. *1957*
6.40 The Making of 'Godzilla'
7.00 Mysteries, Magic and Miracles
Patrick Macnee travels the world in search of baffling stories and events.
7.30 SF Scene
8.00 Quantum Leap
Heart of a Champion
Sam Beckett lands as tag team wrestler Terry Sammis, whose partner must be persuaded to quit.
9.00 Deepwater Black
Legacy
9.30 Deepwater Black
Reflections
10.00 FILM: Max Headroom – The Movie
Sci-fi drama about a TV news team in a dystopian future society dominated by electronic media. *1985*
11.10 Tales of the Unexpected
Skin
11.40 The Making of 'Lost in Space'
12midnight The Hunger
12.30am The Twilight Zone
1.00 Dark Shadows
2.00 Friday the 13th
Vanity Mirror
3.00 Tales of the Unexpected
Have a Nice Death
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Fishing
Eurosport 8.00am
Ever wanted to pull a marlin out of some azure blue waters off a paradise island? Well, watch some of the world's best anglers attempt such a feat from the recent Marlin World Cup, off the coast of Mauritius. Over 25 teams took part over five days, from countries as diverse as Scotland and Papua New Guinea. The Italians were defending champions and had two teams in the competition, which took place about five miles offshore, just outside a coral barrier reef where giant blue and black marlin are usually found. Fantastic action.

TELEVISION X

12midnight
The Ten Minute Free View
12.10am Eastern Nights
12.20 Fantasy Night Calls
1.00
The Five Minute Free View
1.05 Programme continues
1.10 FILM: Adult Feature
2.20 FILM: Perplexed
A psychiatrist gets his patients on the couch for a steamy session.
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am New Model File
12.35 FILM: Rocki's Hardbodies
1.55 Ice Castings
Beautiful girls get really raunchy. These girls will send a shiver down your spine.
2.10 Dripping Wet Video
2.40-4.00am FILM: Blonde Forces
Poor Vince never gets to sleep at night with Savannah as a neighbour.

HVC

CABLE EXCLUSIVE

8.00pm FILM: Secret Obsession
The story of a troubled young boy growing up fatherless in a traditional village in Africa.
9.25 Short Cuts – Once in Time
9.55 Girls on the Road
Two girls realise their dreams.
11.25-12midnight Electric Blue Show

Sunday 26 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Whittle
Audience participation quiz with Tim Vine.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart asks the questions.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. With Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike It Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, ably assisted by his two helpers, puts more madcap contestants through tormenting games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name that Tune
Jools and his band play the music.
11.40 Prize Time
12midnight Roll with It!
12.30am Cats Eyes
1.30 Harts of the West
2.30 Bagdad Cafe
3.00
FILM: Across Five Aprils
Civil war drama. *1990*
4.30 Cliff Hanger
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 What's in the Box/Dial-a-Vet 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 Living Room 9.00 Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why Files 12.30pm Fashion Show 1.00 Lie Detector 1.30 Agony Omnibus 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30
What's in the Box
3.45 BodyHeat
Exercise programme.
4.00 Judge Judy
The feared American judge presides over another case.
4.30 Judge Judy

5.00 Agony
Advice is at hand for troubled souls.
5.30 Lie Detector
Unmasking deception using modern methods.
6.00
The Fashion Show
The latest trends.
6.30 Dial-a-Doc
6.45
What's in the Box
7.00 Odds on Sport
Explores the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judgy Judy
Another real-life case.
9.00
The Fashion Show
The latest trends.
9.28 Big City Tips
9.30 Serial Killers
Explores psychosis.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.30 The Sex Show
More late night chat with Helen Gibson.
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of exclusive local news, travel, weather, sport, and features on the hour, every hour, plus the following features: 9.30am Gillette World Sport 10.30 Catwalk 11.30 Cybernet 12.30pm Real Gardening 1.30 Movies, Games & Videos 2.30 The Catwalk Show
Some of the most beautiful models strut their stuff.
3.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door with this home shopping service.
4.30
The A to Z of Food
Alphabetical culinary guide.

5.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door with this home shopping service.
6.30
The Album Show
Classic tracks from legendary.

7.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door with this home shopping service.
8.30 Movies, Games & Videos
The latest entertainment news and reviews.

9.30
The Catwalk Show
Some of the world's most beautiful models strut their stuff.

10.30 PDQ – The One-Stop-Shop
Innovative goods are delivered straight to your door with this home shopping service.
11.30
The Album Show
More classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

7.00am Kickstart
The only way to start the day.
9.00 The Grind
9.30 The Grind
10.00 Hit List UK
12noon MTV News Weekend Edition
12.30pm Daria
Animated series.
1.00 Select MTV
Make MTV your personal video jukebox.

3.00 Spice Girls: A-Z of Girlpower
NEW The girls introduce their personal selection of top female performers who have 'girl power'.

5.00 European Top 20
The definitive European chart countdown.

7.00 MTV News Weekend Edition

7.30 Special

8.00 Spice Girls: A-Z of Girlpower
The girls introduce their personal selection of top female performers who have 'girl power'.

10.00
The Lick R&B Chart
A roundup of the biggest R&B hits hosted by Trevor Nelson.

11.00 MTV'S Top Ten

12midnight MTV Live
12.30am MTV Ultrasound: Godzilla Rocks
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Wild Ireland
12.30pm Wet and Wild
1.00 On the Loose in Wildest Africa
1.30 Out to Lunch with Brian Turner
2.00 Origins with Burt Wolf
Milan
2.30 The Great Escape
Chotanagpur

3.00 Dominika's Planet
Italy
Dominika learns to cook in Tuscany and checks out a wife-swapping club.
4.00 An Aerial Tour of Britain
Northumberland Coast and the Cleveland Way
Travels along England's picturesque coast.
5.00 Transasia
Burma
A trip along the Ledo Road through Burma, all the way to the capital Rangoon.
6.00 Out to Lunch with Brian Turner
Essex
6.30 The Great Escape
Chotanagpur
7.00 Going Places
Ecuador
Visit the smallest of the Andean countries, which is also the friendliest and easiest to travel in.
8.00 Wet and Wild
Surfing, Bird Watching and Catamaran Sailing
8.30 Wild Ireland
Malin to Malinbeg, Donegal
9.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis romp full speed through another edition of the entertainment show.
10.00 The Flavours of France
Alsace
Visits the border region.
10.30 On Tour
Denmark
11.00 The Wonderful World of Tom
Rome
11.30-12midnight On the Loose in Wildest Africa
Huab Lodge, Namibia

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 The Fast Food Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 The Good Housekeeping Show 10.30 The Zest Beauty Show 11.00 Cook's Garden 11.30 Rosemary Conley's Cookbook 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 World on a Plate 2.00 The E! True Hollywood Story

3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
Get Real... He'll Never Marry You
Guests on today's show are wannabe brides.
5.00-6.00pm Livetime
Magazine programme covering health, beauty, fashion, food and more.

NATIONAL GEOGRAPHIC CHANNEL

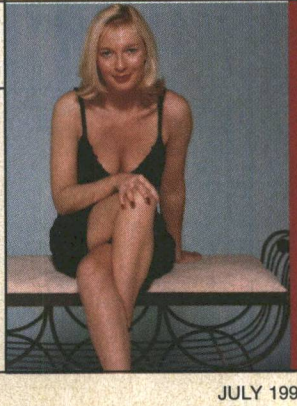
7.00
The Invisible World
This documenrtary offers an absorbing look at realms beyond human sight.
8.00 Behind the Lens: Taking Pictures
Goes on the other side of the cameras to see what takes places behind the scenes of wildlife films.
9.00 Behind the Lens: Wildfilm
Watch as the cameras are turned on the rare breed of dedicated professionals who record the secrets of nature – and discover the secrets of film-making.
10.30 Out of the Stone Age
Looks at the Hagahai of Papua New Guinea.
11.00 The Great Indian Railway
Continues to tell the amazing facts behind one of the most fascinating structures in the world.
12midnight-1.00am Under the Ice
An exploration of the beauty of the underwater Antarctic.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Visit the people, places and history surrounding 'The Great Indian Railway': National Geographic Channel 11.00pm

VH1

7.00am Pop-Up 8.00 Simply Red 9.00 McCartney 10.00 Sunday Brunch 12noon Divas Live 2.00pm Carpenters 3.00 Mills 'n' Clapton 4.30 The Seventies 5.30 VH1 to 1: The Artist 6.00 Sinatra 7.00 Madonna 8.00 Talk Music 9.00 Album Chart 10.00 Fleetwood Mac 11.00 Celine Dion 12midnight Midnight Special 12.30am VH1 to 1: Bee Gees 1.00 VH1 to 1: INXS 1.30 Inxs 2.00 Mavericks 3.00 Chris Eubank 4.00 Genesis 5.00 Costello 6.00-7.00am The Sixties



Helen Gibson hosts another half-hour of steamy chat from her pink bed in 'The Sex Show': L!VE TV 10.30pm, 2.00am

Sunday 26 July

MORNING

DISCOVERY HOME & LEISURE

9.00am Grassroots 9.30 Screaming Reels 10.00 Charlie West Fishing 10.30 Hometime 11.00 Hometime 11.30 Gimme Shelter 12noon New Yankee Workshop 12.30pm The Great House Game 1.00 Under the Hammer 1.30 Antiques Challenge 2.00 Rex Hunt's Fishing World 2.30 Two's Country 3.00 Furniture to Go 3.30-4.00pm The Diceman

DISCOVERY

4.00pm Flightpath
Northern Wings
A look at the Canadian Maritime Air Group's Aurora, originally designed for submarine surveillance.
5.00 First Flights
First around the World
Early long-haul flights.
5.30 Flightline
Includes a look at Aerospace novelties.
6.00 Lonely Planet
Zimbabwe, Botswana and Namibia
Andrew Daddo explores the African continent, starting at Victoria Falls.
7.00 Survivor
Desert
Stories of endurance.
7.30 Great Escapes
Volcano of Death
An eruption in 1976.
8.00
Discovery Showcase: Grand Canyons and Great Parks
The Grand Canyon, Yosemite and Yellowstone are parks visited by millions each year. But how many understand their mysterious origins? This programme explores these natural wonders.
10.00
Discovery Showcase: Grand Canyons and Great Parks
Death Valley
A visit to the barren desert.
11.00
Discover Magazine
Fatal Flaw
Magazine searching out the bizarre and unusual scientific stories.
12midnight Justice Files
Behind Bars
Who should be incarcerated, and what rights should prison inmates have?
1.00am-2.00am
Lonely Planet
Zimbabwe, Botswana and Namibia

SKY SOAP

11.00am Emmerdale
11.30 Emmerdale
12noon Emmerdale
12.30pm Emmerdale
1.00 Emmerdale
Jack wants to take Karen away for the weekend.
1.30 Families
2.00 Families
2.30 Families
3.00 Families
3.30-4.00pm Families
Daniel asks Chelsea for a second chance.

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Thomas the Tank Engine 6.45 Magic Roundabout 7.00 Blinky Bill 7.30 Real Story of... 8.00 Scooby-Doo 8.30 Tom and Jerry Kids 8.45 Droopy and Dripple 9.00 Dexter's Lab 10.00 Cow and Chicken 10.30 I Am Weasel 11.00 Johnny Bravo 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy Show 1.00 Road Runner 1.30 Sylvester and Tweety 2.00 Jetsons 2.30 Addams Family

3.00 Godzilla
Animated chaos with the giant green monster and sidekick Godzooky.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly antics.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Fun with the superhero with the ego problem.
5.30
Cow and Chicken
Animated fun.
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly.
7.00 The New Scooby-Doo Movies
More chaotic sleuth antics with the cowardly canine and his chums.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Fangface

THE HISTORY CHANNEL

4.00pm Sea Power: The Great Ships – The Galleons
5.00 The Great Ships – The Dreadnoughts
A 20th century arms race.
6.00 The Great Ships – The Gunboats of Vietnam
A look at the river patrol force in Vietnam.
7.00-8.00pm Great Ships – The Ships of the Line
A look at the stout, Elizabethan warships.

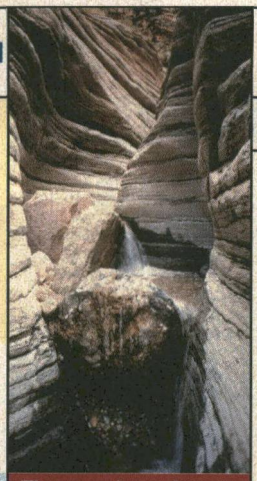
NICKELODEON

7.00am Grimmy 7.30 Mighty Max 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the young Clarissa.
3.30 Renford Rejects
Teen comedy.
4.00 Hey Arnold!
More adventures with the coiffured kid.
4.30 Rugrats
Fun with the imaginative, tousle-haired nippers.
5.00 Sister Sister
Tia, Tamera and their parents all try to cohabit.
5.30 Kenan & Kel
The adventures of two teenage friends.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
Comedy with the identical twins and their parents.
7.30 Diff'rent Strokes
8.00 Wings
Sophisticated comedy set in a small airport.
8.30 Cosby
US version of *One Foot in the Grave*. With Bill Cosby.
9.00 Due South
Comedy with the moralistic Canadian mountie Constable Benton Fraser. Stars Paul Gross and David Marciano.
10.00 Frasier
Niles is distraught when he receives divorce papers.
10.30 Cheers
Sam is locked out of his apartment for the evening.
11.00 Duckman
Animated series.
11.30
This is David Harper
Tony Slattery stars as an investigative journalist.
12midnight Kids in the Hall
Comedy sketches.
12.30am
It's Garry Shandling's Show
Eighties comedy set in a bachelor flat.
1.00 Frasier
Acclaimed comedy starring Kelsey Grammer, David Hyde Pierce, Jane Leeves and John Mahoney.
1.30 Cheers
Classic sitcom charting the skirt-chasing adventures of Boston barman Sam Malone. Stars Ted Danson.
2.00 Due South
Comedy drama featuring the Canadian mountie in the Chicago police force. Stars Paul Gross.
3.00 Sister, Sister
Comedy with the identical twins who were separated at birth, and their parents.
3.30-4.00am Cosby
US version of *One Foot in the Grave* with Bill Cosby.



The premiere of 'Grand Canyons and Great Parks' examines America's great natural wonders: Discovery 8.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Gilbert and Sullivan: The Yeoman of the Guard
The best of British operetta with the London Symphony Orchestra. Tonight's piece, starring Joel Grey was first performed in 1888, shortly before the composers' notorious break-up.
9.00 The Wednesday Concert: Mahler's Symphony No.3
One of the world's leading Mahlerians, maestro Bernard Haitink, conducts the Berlin Philharmonic Orchestra in Mahler's third symphony. The piece was written in 1895, when the composer was 35-years-old.
11.00 Sunday Jazz
Buddy Rich
The great drummer in concert at the Montreal Jazz Festival.

12midnight-1.00am Midnight Jazz: Preservation Hall Jazz Band
A performance of traditional jazz standards.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 6.30 UK Direct 7.00 News 8.00 News 9.00 News 10.00 News 10.30 Science 11.00 Dateline London 12noon News with Peter Allen 4.00pm Newsround 24 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Book Review 8.00 News 8.30 The Diary 9.00 News UK 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 The Diary 3.00 News 3.15 World News 3.30 Face in the Crowd 4.00 News 4.30 Chronicles 5.00 News 5.30-6.00am Book Review

CNN INTERNATIONAL

News throughout the day, plus: 5.00am World News 5.30 Global View 6.30 World Business 7.30 Sport 8.30 World Beat 9.30 The Art Club 10.30 Sport 11.30 Earth Matters 12.30pm Science 1.00 World Report 2.30 Inside Europe 3.30 Sport 4.30 This Week in the NBA 5.00 Late Edition 6.30 Business Unusual 7.00 Newstand 8.30 Pinnacle Europe 9.30 Best of Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight The World Today 12.30am World Beat 4.30-5.00am Pinnacle Europe

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business Sunday 10.00 Adam Boulton 11.30 The Book Show 12.30pm Week in Review 1.30 Global Village 2.30 Showbiz Weekly 3.30 Reuters Reports 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Reuters Reports 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Week in Review 12.30am CBS News 1.30 ABC World News Tonight 2.30 Business Week 3.30 Reuters Reports 4.30 CBS News 5.30-6.00am ABC World News

INTERNATIONAL

3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Tele-Akademie 6.45 Kunst 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Classic Cuts 8.50 Liederabend 9.35 Die Bäsle Briefe 10.25 Bayreuth 11.40 Siegfried-Idyll 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Musik für Sie 2.15 Brigitte Horney 3.00 Terranet C@fé 3.30 Die Kreuzzüge 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.08 3Sat-Wetter 6.10 Weit Weg 7.00 Tagesschau 7.15 Liebe in der Alten Welt 8.10 Schätze der Welt 8.25 Blue Note 9.20 Porträt des Regisseurs 9.30 Blue Note 10.30 Der Kommissar 11.30-1.05am Shalako

TV5 5.00am Journal 5.15 Grand Tourisme 5.30 Horizons 6.00 Concours Musical 7.00 Minutes 7.05 Journal 7.30 Le Journal 8.00 Bus 8.30 Jardins des Bêtes 9.00 Minutes 9.05 Jardins 9.30 Grand Tourisme 9.45 Journal des Festivals 10.00 Minutes 10.05 Mouvements 10.30 Grand Tourisme 10.45 Autour 11.33 Journal 11.55 Le Journal 12noon Thalassa 1.00pm Outremers 2.00pm Les Jumelles 3.00 Journal 3.15 Le Vent 5.10 Minutes 5.15 Correspondances 5.30 Journal 6.00 Y a Pas Match 6.30 Journal 7.00 L'Auberge 8.30 La Vie d'Artiste 9.00 Journal 9.30 Tour de France 9.45 Bons Baisers 10.45 Tourisme 11.15 Résumé du Tour de France 11.25 Le Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.30 Mehfil 10.00 Dhur Ki Bani 10.30 Islam in Focus 11.00 Aashirvaad 11.30 Holy Quran 12noon Naya Andaz 12.30pm News 1.00 Business 1.30 FILM 4.00 BPL Oye 5.00 Daal Mein Kala 5.30 Parstar 6.30 Aur Aap 7.00 Balcony 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Golmaal 12.30am Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Parstar 6.00 Court Martial 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Gheri Chaal 6.30 Guj 7.00 Jaagran 7.30 Shabads/Holy Quran 8.00 News 8.30 Alaap 9.00 Shri Krishna 10.00 Zee Health Show 10.30 The A List 11.00 Jhatpat Khana 11.30 India Business Report 12noon FILM: Baharon Ki Manzil 3.00pm Love Stories 4.00 Zee & U 5.00 Amar Bail 6.00 Zee Top Ten 7.00 Amaanat 7.30 Fairdeal Antakshari 8.00 News 8.30 FILM: Parampara 11.30-12midnight Shapath

RACING CHANNEL

The Racing Channel does not transmit on Sundays.

EURONEWS

News on the hour and half-hour, plus sport and financial news.

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 9.00 Life is for Living 9.30 On Holy Ground 10.00 Revelation 10.30-11.00am This is Your Day – Benny Hinn

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon America This Week 3.00pm Europe This Week 5.00-6.00am Statement from the House

NIGHT TIME

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"Welcome to Direct Cash from Cofidis, a flexible and affordable facility which provides a personal 'cash reserve' for you to draw on as and when you need some extra money. Call us free on 0800 038 0123."

Jennifer Connors, Customer Services Manager, Cofidis

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How Direct Cash works (APR 19.5%)

Amount used	Nothing	£200	£400	£600	£800	£1,000
Cash reserve still available	£1,000	£800	£600	£400	£200	£0
Min. Monthly repayment	Nothing	£50	£50	£50	£50	£50
Total repayment	Nothing	£208	£429	£667	£922	£1,198

The *simple* solution with no fees or charges

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9806CG1

Monday 27 July

SKY MOVIES SCREEN 1

6.00am Star!
Julie Andrews, Richard Crenna 1968, rating Sky PG, 162 mins
9.00 Father of the Bride Part II
Steve Martin, Diane Keaton Text *1995, rating Sky PG, 102 mins*
11.00 Emma
Gwyneth Paltrow, Jeremy Northam Text *1996, rating Sky U, 116 mins*
1.00pm Dangerous Curves
Tate Donovan 1988, rating Sky PG, 89 mins

3.00
Father of the Bride Part II
Steve Martin, Diane Keaton, Martin Short, Kimberly Davies, George Newbern, Kieran Culkin
Romantic comedy which sees the return of George Banks, the happily-married man who this time has to deal with two pregnancies in his family – which sends him into a big panic. Text *1995, rating Sky PG, 102 mins*

5.00 The Borrowers
Eddie Albert, Judith Anderson, Barnard Hughes, Tammy Grimes
Whimsical family drama about a young boy who discovers a group of tiny people living underneath the floor of his old house. *1974, rating Sky U, 77 mins*

6.30 Emma
Gwyneth Paltrow, Jeremy Northam, Toni Collette
Adaptation of the classic Jane Austen novel about a privileged young woman's attempts at match-making. Emma is pretty and clever, but naïve about affairs of the heart. All she wants is to help other people to live as happily as she does, so when she meets Harriet, a plain girl, Emma takes her under her wing. Text *1996, rating Sky U, 116 mins*

8.30 Movie Show

9.00 Tin Cup
Kevin Costner, Rene Russo, Don Johnson, Cheech Marin, Linda Hart
Golfing drama about an old professional who tries to get back into the big time. When a new student who is dating a PGA star walks into the training centre where he now works, he wants to impress her – and what better way than by beating Simms and winning the US Open? Text *1996, rating Sky 15, 129 mins*

11.20
Welcome to the Dollhouse
Heather Matarazzo
Comedy about a school girl struggling through puberty. *1995, rating Sky 18, 84 mins*

12.55am Kansas City
1996, rating Sky 15, 111 mins
2.50 Phantom of the Opera
1989, rating Sky 18, 89 mins
4.25-5.45am The Borrowers
1974, rating Sky U, 77 mins

SKY MOVIES SCREEN 2

6.00am Hollywood Cavalcade
1939, rating Sky U, 93 mins
8.00 The Foxes of Harrow
1947, rating Sky PG, 113 mins
10.00 Jingle All the Way
Arnold Schwarzenegger, Sinbad 1996, rating Sky PG, 88 mins
12noon Hart to Hart: Two Harts in 3/4 Time
Stephanie Powers, Robert Wagner 1996, rating Sky PG, 92 mins
2.00pm The Foxes of Harrow
Maureen O'Hara, Rex Harrison, Richard Haydn, Victor McLaglen
Period drama about a man who deserts his wife and goes in search of a more prosperous life in 1820s New Orleans. *1947, rating Sky PG, 113 mins*

4.00 Hollywood Cavalcade
Alice Faye, Don Ameche, J Edward Bromberg, Alan Curtis
Drama, set during the early days of Hollywood, about an ambitious prop boy who signs a struggling young actress after pretending to be a film director. Together the pair begin a rapid rise to fame, reinventing the movie business in the process. *1939, rating Sky U, 93 mins*

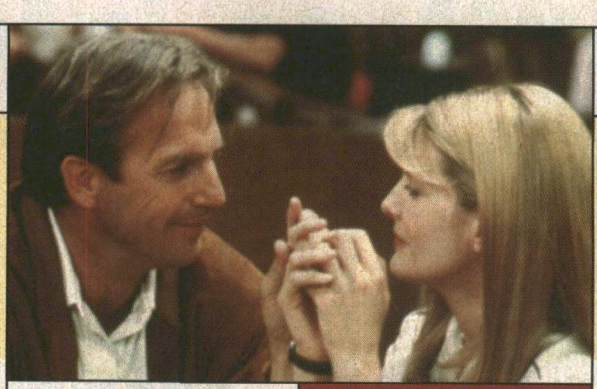
6.00 Jingle All the Way
Arnold Schwarzenegger, Sinbad
Festive comedy about every parent's worst nightmare – the hunt for the most popular toy of the year. Howard doesn't have a lot of time for his son, but he tries to make amends at Christmas – all he has to do is get his hands on a Turbo Man. *1996, rating Sky PG, 88 mins*

7.30 Special Feature

8.00 Stolen Women
Janine Turner, Jean Louisa Kelly
PREMIERE Drama about two women kidnapped by Indians and the affair that results between one girl, Anna, and an Indian chief. It takes the US Cavalry a year to find them, by which time Anna realises that the only way to save the man she now loves is to return to her ex-husband. *1996, rating Sky PG, 88 mins*

10.00 Eye for an Eye
Sally Field, Ed Harris, Olivia Burnette, Kiefer Sutherland, Joe Mantegna, Beverly D'Angelo
Thriller in which a woman whose daughter was murdered takes the law into her own hands to get even with the killer. Text *1996, rating Sky 18, 97 mins*

11.45 Naked Souls
Brian Krause, Pamela Anderson Lee, Dean Stockwell
1995, rating Sky 18, 87 mins
1.20am The Face
1996, rating Sky 15, 90 mins
2.55 Sharon's Secret
Thriller. Last Play *1995, rating Sky 15, 86 mins*
4.30-6.15am Hart to Hart: Two Harts in 3/4 Time
1996, rating Sky PG, 92 mins



Kevin Costner and Rene Russo in the fairway farce 'Tin Cup': Sky Movies Screen 1 9.00pm

SKY MOVIES GOLD

4.00pm
She Wore a Yellow Ribbon
John Wayne, Joanne Dru, Ben Johnson, Victor McLaglen, Mildred Natwick, Arthur Shields, Francis Ford
Western about an officer on the brink of retirement who refuses to give up even when an Indian attack – for which he is ill-prepared – seems imminent. *1949, rating Sky U, 99 mins*

6.00 Places in the Heart
Sally Field, John Malkovich, Danny Glover, Lindsay Crouse, Ed Harris, Amy Madigan
Moving drama about one woman left on her own to bring up a family and manage her farm. She is joined by an itinerant worker and a blind lodger who not only help out but also increase her responsibility. *1984, rating Sky PG, 107 mins*

8.00 A Soldier's Story
Howard Rollins, Adolph Caesar, Denzel Washington, Robert Townsend, Patti LaBelle, Trey Wilson, Wings Hauser, Larry Riley
Drama about the investigation into the murder of a black American officer during World War II. Based on a hit stage play by Charles Fueller. *1984, rating Sky 15, 97 mins*

10.00 RoboCop
Peter Weller, Nancy Allen, Kurtwood Smith, Ronny Cox
Sci-fi hit about a police officer whose memory is wiped and whose body is transformed into a cyborg cop. Unleashed onto the streets to battle crime, he begins to regain his humanity. *1987, rating Sky 18, 98 mins*

11.45 The Krays
Gary Kemp, Martin Kemp
The story of notorious gangsters Reggie and Ronnie Kray, who terrorised London in the Sixties. *1989, rating Sky 18, 115 mins*

1.45am
Sometimes a Great Notion
1971, rating Sky 15, 110 mins
3.40-5.15am Sirocco
1951, rating Sky PG, 94 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm My Favorite Year
Peter O'Toole, Mark Linn-Baker
Poignant satire about a movie idol who is invited to appear on a live TV show. His fondness for women and alcohol makes the programme executives nervous, so they hire a chaperone. The underling has his hands full keeping the star on the straight and narrow, but a friendship develops. *1982, 92 mins*

11.00 Knights of the Round Table
Robert Taylor, Ava Gardner, Mel Ferrer, Stanley Baker
Medieval tales of love and war. The gallant Sir Lancelot rides into battle beside King Arthur while harbouring a secret love for Arthur's queen. *1953, 111 mins*

1.00am Greed
Gibson Gowland, Jean Hersholt
Silent Drama. *1924, 140 mins*
3.15-5.00am My Favorite Year
Peter O'Toole, Mark Linn-Baker
Comic satire. *1982, 92 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text **10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Too Young to Die: Women with Eating Disorders
Jenny continues her discussion with women suffering from eating disorders.

4.00
The Oprah Winfrey Show
More from the talk show which enjoys world-wide popularity.

5.00 Star Trek: Voyager
Investigations
Neelix hears a rumour that a crew member has expressed displeasure with Starfleet and requested leave. Text

6.00 The Nanny
Lamb Chop's on the Menu

6.30
Married... With Children
Field of Screams
Al holds a protest. Text

7.00 The Simpsons
Lisa the Vegetarian
The Simpsons take a trip to Storytown Village, a run-down, cheesy-looking amusement park.

7.30 Real TV

8.00 Star Trek: Voyager
Hunters
Seven of Nine and Tuvok are taken captive by an alien ship. Starring Kate Mulgrew and Robert Picardo.

9.00 Sliders
Further adventures for Quinn and friends as they slide through parallel dimensions in the fourth series of the popular science fiction show.

10.00 Chicago Hope
Liver, Hold The Mushrooms
A father must make a painful choice when his wife and two children all require emergency liver transplants.

11.00 Star Trek: Voyager
Investigations
Neelix hears a rumour that a crew member has expressed displeasure with Starfleet and requested leave. Text

12midnight Nash Bridges
25 Hours of Christmas
Carlos Leon, the father of Madonna's baby, Lourdes, guest stars as Freddie, who runs the garage from which Nash's classic Hemi Cuda car is stolen.

1.00-8.00am Long Play
Music through the night.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide cop who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
Sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 6.30am, 9.00am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

With This Body
A corpse in a car poses a problem.

3.25 The Bill
Lockdown
A child molester is found murdered in his prison cell.

3.55 Dangerfield
Tricks
A routine police examination of a suicide leads Dangerfield to a dangerous conclusion.

4.55 EastEnders
Another vintage episode of the popular soap.

5.30 Home to Roost
Dating Henry
Romance is in the air and Henry is resplendent in silk shirt, tight trousers and suede shoes.

6.00 All Creatures Great and Small
Hair of the Dog
James has to perform an emergency operation. Stars Christopher Timothy.

7.00 2Point4 Children
Thank Your Lucky Stars
Rona is having trouble getting to the church on time.

7.40 Dad's Army
Sons of the Sea
The fearless men of the Walmington-on-Sea Home Guard take to the water when they acquire a platoon boat.

8.20 Canned Carrott
Stand-up comedy and sketches.

9.00 Casualty
Do You Believe in Fairies?
A young boy discovers he has perfect pitch, and a vicar confronts a drunk driver who has killed a child.

10.05 Taggart
Knife Edge
The discovery of a severed female leg sparks off a murder investigation for Taggart and Livingstone.

11.10 Sports Anorak of the Year
Irreverent sports quiz hosted by Rory McGrath.

11.45 The Bill
With This Body

12.15am The Bill
Lockdown

12.45 Spitting Image
1.15 Chelmsford 123
1.45 The Equalizer
Beyond Control
Top-secret information disappears and is sought by the KGB.

2.35-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda

Audience participation talk show.

2.55 Living it Up!
Lifestyle magazine, featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

7.00 Rescue 911
Featuring the stories of real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.

9.00
FILM: Woman with a Past
Pamela Reed, Dwight Schulz, Richard Lineback, Carrie Snodgress, Paul LeMat
Fact-based drama about a wife and mother whose sudden arrest by the police baffles her distraught family. Confronting his wife in prison, her confused husband learns of her years on the run from the law. *1992*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Jason King 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 A Fine Romance 1.30 The Army Game 2.00 Within These Walls

3.00 Jason King
Every Picture Tells a Story
The debonair Jason King must find time to put his love life on hold and solve yet another dastardly crime.

4.00 Hawaii Five-O
Forty Feet High and it Kills
The island becomes the target of a false tidal wave being forecast by a Chinese agent to cover the kidnapping of a scientist.

5.00 Hart to Hart
Always, Elizabeth
Detective drama about the adventures of Jonathan and Jennifer Hart. With Robert Wagner and Stephanie Powers.

6.00 Emmerdale
Soap opera serial, set in the heart of the Yorkshire Dales.

6.30 Classic Coronation Street
Gail is rushed to hospital.

7.00 Surgical Spirit
The Phone Call
Sheila is expecting an urgent call.

7.30 The Fenn Street Gang
Rough Justice

8.00 Dempsey & Makepeace
Burning Part – I
Dempsey adopts the disguise of a small-time criminal and finds himself up against his arch-enemy.

9.00 Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Performance Power
Sarah Donohue brings action from around the globe.

11.30 Car File
Motoring magazine.

12midnight Hell for Leather
Fast-paced biking magazine.

12.30am Motor Week
All the latest motoring news.

1.00 E! In Focus
The most exciting trends, people and places in entertainment.

2.00-6.00am The Box
Music through the night.

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 of Winnie the Pooh

3.00 Timon and Pumbaa
Follow the adventures of the characters from *The Lion King*.

3.30 Aladdin – The Series
The continuing adventures of the young hero. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text

4.30 Recess
Animated fun. Text

4.45 Pepper Ann Text

5.00 Smart Guy
Brother, Brother
When Marcus falls in love with twins, he creates his own twin so that he can date both girls! Text

5.30 Brotherly Love Text

6.00 Teen Angel
Marty Buys the Farm Text

6.30 Boy Meets World
The Grass is Always Greener
Cory and Topanga decode to break off their relationship. Text

7.00
FILM: The Goodbye Bird
Christopher Pettiet, Cindy Pickett
A bad bird is the unwitting cause of chaos in the life of Francis Phillips. He is a rebellious 15 year old who, by his continued truancy and bad behaviour, is jeopardising his single mother's custody of him. *1993* Text

8.30 The Wonder Years
Sixties nostalga. Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Streakin
Wayne cannot cope with his overload of work commitments.

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 The Restaurant Show 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Ross in Thailand 1.00 Food for Thought 1.30 Japaneasy 2.00 The Green Gourmet 2.30 Food Network Daily 3.00 High Days and Other Days 3.30 Coxon's Kitchen College 4.00 Simply Antony 4.30-5.00pm Graham Kerr's Kitchen

White Sauces

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced puzzle gameshow.

6.00 Byker Grove
Duncan returns to the Grove and Patsy's babysitting goes horribly wrong.

6.30 Pull the Other One
Gameshow hosted by Paul Coia.

7.00 Rising Damp
Moonlight and Roses
Philip is relieved to learn that Ruth has found a new love.

7.30 Desmond's
Coughs and Sneezes

8.00 Birds of a Feather
Confidence
Dorien joins the Open University.

8.30 A Kind of Living
Sitcom about a chauvinistic teacher and his suffering wife.

9.00 The Ruth Rendell Mysteries: A Guilty Thing Surprised
Reg begins to close in on the killer and uncovers a trail of forbidden love and blackmail.

10.00 Big Sky
Adventure series featuring the pilots of an aviation company. Jimbo becomes terrified of dying after another pilot is killed.

11.00 Boon
12midnight Pull the Other One
12.30am-1.00am Comedy Company

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

FILM

RoboCop
Sky Movies Gold 10.00pm
Before controversial director Paul Verhoeven made sci-fi spectaculars *Total Recall* and *Starship Troopers*, he made this far superior pic. Peter Weller stars as the half-man, half-robot policeman who represents the very strong arm of the law. Nancy Allen co-stars as his beat partner.

GENERAL

Wheeltappers & Shunters Social Club
Granada Plus 10.30pm
Quiet all round the room ... *please*! It's time for cloth-capped Colin Crompton to chair another visit to TV's answer to a working men's club. Top turns such as The Krankies (!) converge, to be insulted by compere Bernard Manning and hope for their big break.

ADVERTISEMENT

THE T SPOT 4.00PM

Trouble

Today marks the launch of Trouble's live 30 minute magazine show for the summer holidays. Tune in every day for silly games, band performances, Celebrity Chase with Lucie and lots more!

Monday 27 July

EUROSPORT

7.30am
Synchronized Swimming
Action from the European Synchro Cup in Prague, Czech Republic.
8.00 Cycling
Highlights of yesterday's stage of the Tour de France.
10.00 Cycling – LIVE
Action from the 15th stage of the Tour de France – the 189km between Grenoble and Les Deux Alpes. This year's Tour started in Dublin for the first time, before moving on to the picturesque French villages of Lorient and Pau and finishing in Paris on the Champs Elysées.
4.30pm Tennis
Action from the ATP Tournament in Washington. The Legg Mason Tennis Classic was held between 20-26 July in Washington. It makes up part of the summer American hardcourt circuit and prepares players for the US Open.
6.00 Motorcycling
Offroad sports magazine.
7.00 Extreme Sports
Sports magazine for the young and reckless.
8.00 Truck Racing
Action from the 1998 Europa Truck Trial in Mohelnice, in the Czech Republic.
9.00 Cycling
Highlights from the Tour de France so far.
11.00 Boxing
Exciting punch-by-punch coverage of another bout.
12midnight-12.30am Motorcycling
Offroad sports magazine.

SKY SPORTS 1

7.00am Euro Tour Golf: TNT Dutch Open
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Super League: Wigan v St Helens
12noon Aerobics Oz Style
12.30pm Rebel Sports
1.00 V-Max
1.30 Australian Rules Football
The latest action from Down Under, where football is played the Australian way.
3.30 Super League: Wigan v St Helens
Eddie Hemmings and Mike Stephenson present highlights from the JJB Sports Super League clash between Wigan and St Helens.
5.30 Survival of the Fittest
Action from tough athletic competitions.
6.00 Sky Sports Centre
Sports news service.
6.30 Tales from the Premiership: London Lights
7.00 Football Special: Dutch Master – Tribute to Dennis Bergkamp
A look at Arsenal's Dutch superstar.
8.00 Cricket: England v South Africa
Highlights from day five of the fourth Test staged at Trent Bridge. England captain Alec Stewart is determined to mastermind victory over the South Africans in his first series since being appointed as Mike Atherton's successor after the Caribbean Tour.
10.00 Sky Sports Centre
10.15 Tales from the Premiership: London Lights
10.45 Football Special: Dutch Master – Tribute to Dennis Bergkamp
The Dutch star in profile.
11.45 Sky Sports Centre
12midnight International Bowls: Australia v Northern Ireland
2.00am Football Special: Dutch Master – Tribute to Dennis Bergkamp
3.00 Tales from the Premiership: London Lights
3.30-3.45am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Darts: Off the Oche
9.00 Ford Golf USA: US Senior Open
12noon Gillette World Sport Special
12.30pm This Week in Baseball
1.00 Darts: World Matchplay – LIVE
First day action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. World number one Phil Taylor defends the title he captured 12 months ago. Commentary courtesy of Sid Waddell.
5.00 Beach Volleyball
From the sands of Rio, Buenos Aires, Tenerife and Marseille.
5.30 V-Max
The world of speed.
6.00 This Week in Baseball
6.30 High 5
The programme that puts the new snakeboard through its paces.
7.00 Survival of the Fittest
Examining both physical and mental strength.
7.30 Darts: World Matchplay – LIVE
Continued day one action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. Former world champion Eric Bristow is determined to prove he is still a major force in the game. Commentary from Sid Waddell.
11.30 V-Max
An insight into the world of speed on land, water and in the air.
12midnight Survival of the Fittest
12.30am Sky Sports Centre
12.45 This Week in Baseball
1.15 Tales from the Premiership: London Lights
1.45-2.00am Sky Sports Centre

SKY SPORTS 3

12noon Darts: Off the Oche
A look ahead to the forthcoming World Matchplay Darts tournament, featuring the best darts players in the world, who meet at the Winter Gardens in Blackpool.
1.00pm Tennis: Fed Cup Semi-Finals – Switzerland v France
Action from the semi-final of the Fed Cup, between Switzerland and France in Sion, Switzerland. The Fed Cup is the most prestigious women's team event in international tennis. *Repeat from Sunday*
4.00 Golf: European Skills Challenge
Action from the European Golf Skills Challenge event staged at the famous Wentworth course. Some of the finest golfers in the world, including Seve Ballesteros, Bernhard Langer, Colin Montgomerie and Lee Westwood, are competing.
6.00 The Winning Post: Yarmouth and Windsor – LIVE
Horse racing action as coverage from Yarmouth and Windsor takes you towards the winning post. Presented by Jeff Stelling.
8.00 International Bowls: Australia v Northern Ireland
Coverage from the green, where Australia and Northern Ireland contest the third Test of the singles competition in Merrylands, New South Wales.
10.00 Sky Sports Classics: 1995 Superbikes Brands Hatch Race
A vintage motorcycling race recalled.
11.00-11.30pm Sportraits: Edberg and Hagler
A look at the lives and careers of tennis ace Stefan Edberg and boxing superstar 'Marvellous' Marvin Hagler.

TROUBLE

12noon Fresh Prince of Bel Air
US sitcom with Will Smith.
12.30pm Heartbreak High
Hard hitting drama series about the teachers and students at a Sydney inner-city high-school.
1.30 Echo Point
2.00 Hollyoaks
2.30 Sweat
Australian athletics drama.
3.00 Ready or Not *Flunky*
Canadian teen drama.
3.30 Fresh Prince of Bel Air
US sitcom with Will Smith.
4.00 The T Spot
NEW SERIES
4.30 Saved by the Bell: The College Years *Marry Me*
5.00 Hollyoaks
Chester-based soap about a group of teenagers and the battles they face.
5.30 Concert of Hope
7.00 Saved by the Bell: The College Years
7.30-8.00pm Sweat

BRAVO

8.00pm The A-Team *Incident at Crystal Lake*
Colonel Decker and his troops are getting too close for comfort, so the team decides to lie low.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
10.30 Red Shoe Diaries *Talk to Me, Baby*
Erotic stories.
11.00 FILM: Angel Heart
Mickey Rourke, Robert De Niro, Lisa Bonet
Atmospheric, gothic-tinged detective story. *1987*
1.00am Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Eleven Days, Eleven Nights *1987*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 SF Scene 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man
3.00 Quantum Leap *Thou Shalt Not*
Sam must prevent the break-up of a family which cannot come to terms with the death of a child.
4.00 Deepwater Black *Legacy*
4.30 Deepwater Black *Reflections*
5.00 Amazing Stories *Alamo Jobe*
5.30 Mysteries, Magic and Miracles
In search of baffling stories and events.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century *Shgoratchx!*
Wilma is put in charge of the Zeerdonians, who wreak havoc on *Searcher.*
8.00 Quantum Leap *Nuclear Family*
Sam leaps into the body of a 19-year-old during the height of the Cuban Missile Crisis.
9.00 PSI Factor – Chronicles of the Paranormal
Another double bill of strange and suspenseful tales.
10.00 FILM: The Lawnmower Man
Pierce Brosnan, Jeff Fahey, Jenny Wright, Mark Bringleson, Geoffrey Lewis, Dean Norris
Sci-fi thriller about a researcher who uses his dim-witted gardener for ill-advised experiments in inducing mental development. *1992*
12midnight Sightings
1.00am The Tomorrow People: One Law
1.30 SF Scene
2.00 Friday the 13th *Year of the Monkey*
3.00 Tales of the Unexpected *The Reconciliation*
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

World Matchplay Darts – LIVE
Sky Sports 2 1.00pm, 7.30pm
The champagne days of darts may be over, but the sport still has a tremendous following in this country and you just have to watch the excited crowds at Blackpool's Winter Gardens to understand that the sport is still king of the pubs and clubs. The top 32 pros in the world will be competing, including last year's winner Phil 'The Power' Taylor, Alan 'The Iceman' Warriner and Surrey newsagent Peter Manley. You see, despite all the imported glamour, darts is still a sport of ordinary men throwing with extraordinary accuracy.

TELEVISION X

12midnight The Ten Minute Free View
12.10am Single Sex
12.20 Rachel's Sagas
12.45 FILM: The ... Wife
Adult feature.
1.00 The Five Minute Free View
1.05 FILM: continues
2.00 The ...-O-Gram Girl
2.25 FILM: Angels
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Gay Night: Erotic Feature
12.10am Gay Night
12.20 Gay Night: Hazy Days of Summer
Gay feature.
1.15 Gay Night
1.30 Gay Night: Tool Kit
Erotic programme.
2.25 Gay Night
2.40 Gay Night: Erotic Feature
3.35-4.00am Gay Night: Love Muscle

HVC

CABLE EXCLUSIVE

8.00pm FILM: A Robot Called Golddigger *John Rhys-Davies*
Comedy adventure.
9.25 FILM: Squanderers *Chad McQueen*
Action adventure.
11.05-12midnight Bodacious Beauties
Erotic feature.

Monday 27 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword quiz with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the fast-moving quiz.
7.45 Prize Time
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike It Lucky
Michael Barrymore hosts the gameshow with the chance to win big prizes.
9.45 Prize Time
10.00 3-2-1
Lilac Pimpernel
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided to win a big prize.
11.00 Prize Time
11.15
Through the Keyhole
With David Frost and Loyd Grossman.
11.45 Prize Time
12midnight
Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie Detector 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge 2.30 Revelations/Fate & Fortune
3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Much-needed advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest update on the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
The people's court.
9.00 Documentary
9.28 Big City Tips
Financial advice.
9.30 Serial Killers
Exploring the psychotic mind.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another sensual offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, weather, travel, sport and features on the hour, every hour, plus the following features: 10.30am The Catwalk Show 11.30 The A to Z of Food 12.30pm Gillette World Sport 1.30 Real Gardening 2.30 The Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Innovative goods delivered straight to your door.
4.30 Cybernet
The latest from the information superhighway.
5.30 PDQ – The One-Stop-Shop
Innovative goods delivered straight to your door.
6.30
The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative goods delivered straight to your door.
8.30
The Catwalk Show
The latest designs from the top fashion houses.
9.30
Gillette World Sport
Sporting action from across the globe.
10.30 PDQ – The One-Stop-Shop
Innovative goods delivered straight to your door.
11.30
The Album Show
Classic tracks from legendary artists.
12midnight-8.00am
News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
Music, hits and surprises. Including *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm US Top 10
The latest chart from across the pond.
3.00 Non-Stop Hits
A roller coaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 MTV Scrapbook: Hanson
NEW Includes performance footage and an overview of the band's rise to stardom.
7.00 Hit List UK
The UK chart hosted by Cat Deeley.
8.00 Hot
News, videos and gossip with Richard Blackwood.
9.00 Up for It
Another live helping of merriment with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Superrock
The best rock and metal with Julia Valet.
1.00-6.00am
Night Videos
Music throughout the night.

TRAVEL

CABLE EXCLUSIVE

12noon Travel Trails
12.30pm Tread the Med
1.00 Pathfinders
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Las Vegas
2.30 The Wonderful World of Tom
Hong Kong
3.00 Destinations
Leeward Islands
Holiday magazine show visiting some of the most beautiful destinations on earth.
4.00 Reel World
Vietnam
The country that is now a popular holiday destination.
4.30 Worldwide Guide
West Canada
5.00 Pathfinders
Costa Rica
Exploring the rain forests.
5.30
A Fork in the Road
San Francisco
6.00 Out to Lunch with Brian Turner
Newmarket and Ely
6.30 On Tour
Las Vegas
A look at the gambling city.
7.00 Travel Trails
North Wales
A visit to a slate quarry in Portmeirion.
7.30 Tread the Med
Benidorm
8.00 Go Greece
Attika – Familiar and Little-Known Greece
8.30 The Flavours of France
Lyon – Part II
9.00
Of Tales and Travels
Madagascar
A look at the Indian Ocean island that is the fourth largest in the world.
10.00 The Wonderful World of Tom
Hong Kong
10.30
The Food Lovers' Guide to Australia
11.00-12midnight Destinations
Leeward Islands
Including the Virgin Islands, Guadeloupe, Anguilla and Antigua.

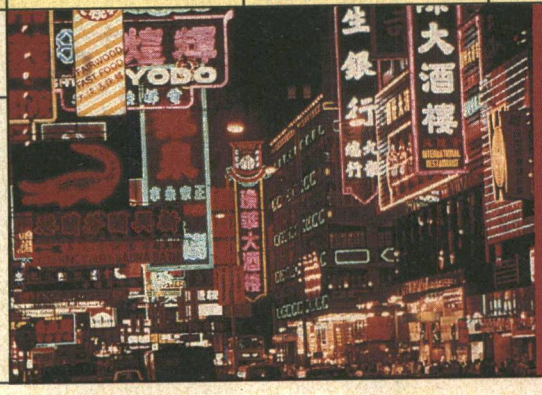
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Gossip 7.00 The Good Housekeeping Show 7.30 Ready to Wear 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Gossip 12noon The View 1.00pm The Good Housekeeping Show 1.30 Ready to Wear 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
My Husband Conned Me
Sally meets women whose husbands have tricked them.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm
Wolverines and Oil
7.30 Storm Voyage – The Adventure of the Aileach
Men trace their ancestors.
8.00 Predators: Eternal Enemies – Lions and Hyenas
Fierce chases are part of this ancient war between African lions and hyenas.
9.00
The Last Tonnara
The story of a group of fishermen.
9.30 Mystery of the Neanderthals
10.00 Egypt: Quest for Eternity
A look at the major archaeological projects that are preserving the legacy of the pharaohs.
11.00 Kruger Park: The Vision Lives On
Celebrating the 100-year anniversary of the stunning Kruger National Park in South Africa.
12midnight-1.00am
Mountains of Fire
Maurice and Katia Krafft capture alarming and fascinating close-up views of the world's active volcanoes.

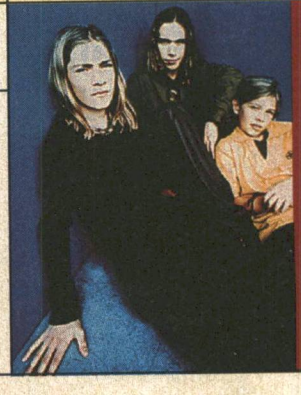
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Find out what Hong Kong has to offer the visitor in 'The Wonderful World of Tom': Travel 10.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: The Bee Gees 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes 8.00 The VH1 Album Chart Show 9.00 Talk Music 10.00 Greatest Hits of... Spandau Ballet 11.00 Soul Vibration 12midnight The Nightfly 1.00am Around and Around 2.00-7.00am VH1 Late Shift



MTV shines the spotlight on young sibling popsters Hanson in a half-hour special that makes use of interviews and performance footage to chart the band's rise to stardom. 'MTV Scrapbook': Hanson: MTV 6.00pm

Monday 27 July

DISCOVERY HOME & LEISURE

MORNING

6.00 AM
9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 The Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM

4.00 PM
4.00pm The Diceman
Travels from Wales and into Chester.
4.30 Wheel Nuts
Kenny test-drives the new MuZ bike.

5.00 PM
5.00 First Flights
Water Birds – Floatplanes and Flying Boats
A look at luxurious planes.
5.30 Jurassica
Valleys of the Uglies

6.00 PM
6.00 Wildlife SOS
The injuries suffered by a badger leave it fighting for its life.
6.30 Deadly Season
Animals struggle during the driest season ever in Kruger National Park.

7.00 PM
7.30 Arthur C Clarke's Mysterious Universe
Doom of the Dinosaurs

8.00 PM
8.00 Adventures of the Quest
Beyond the Glass
The team embark on a tense mission to identify new inhabitants.

9.00 PM
9.00
Killer Weather: Nature's Greatest Hits
Looks at the risk comets, hurricanes and killer waves pose.

10.00 PM
10.00 Warriors
The Classic Story of the SAS
Shows how the feared regiment has evolved since World War II.

11.00 PM
11.00 Flightpath
Hurricane Hunters
Experience the storm season first hand with a dedicated team of pilots and weather officers.

12.00
12midnight First Flights
Water Birds – Floatplanes and Flying Boats
12.30am Wheel Nuts
1.00-2.00am Adrenalin Rush Hour! Extreme Diving
A look at the most amazing underwater expeditions of modern times.

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
Something happens to the Spirit of Glendarroch.
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 Real Story of... 7.00 Thomas the Tank Engine 7.15 Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Tom and Jerry 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 Bugs and Daffy 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 The Addams Family

3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 Mask
Green-faced mayhem.
4.00 Beetlejuice
More spooky goings-on.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Fun with the egotistical superhero.
5.30 Cow and Chicken
Animated fun.
6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric fun.
7.00 Scooby-Doo – Where are You?
More phoney phantoms are unmasked.
7.30 Godzilla
The monster returns.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life stupidly.
8.30-9.00pm Hong Kong Phooey
More tales of the janitor.

THE HISTORY CHANNEL

4.00pm Battleline: Battle of the Atlantic 4.30 World War I: America the Neutral 5.00 Civil War Journal: Sherman and the March to Sea 6.00 Ancient Mysteries: Secrets of the Pueblo 7.00 Unsolved Mysteries of World War II: The Phantom Invasion 7.30-8.00pm Unsolved Mysteries of World War II: Decision at Dunkirk

NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

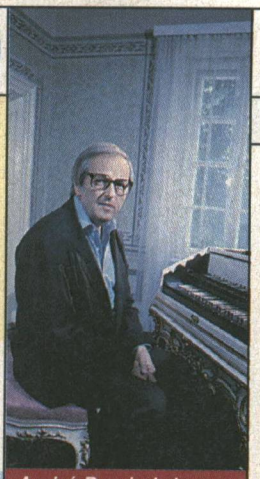
3.00 Stickin' Around

3.30 Doug
Doodle the day away with the painfully average Doug.

4.00 Hey Arnold!
More adventures with the kid with the coolest quiff.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sister Sister
More domestic strife with Tia and Tamera.
5.30 Kenan & Kel
Fun with the two funky friends.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
More domestic strife.
7.30 Roseanne
Dan's back from California.
8.00 Grace Under Fire
A workplace accident makes Grace reconsider her career.
8.30 Caroline in the City
9.00 Cybill
Stars Cybill Shepherd.
9.30 Ellen
Ellen makes a New Year's resolution to lead a more interesting life.
10.00 Frasier
Frasier tries to produce a Forties-style radio drama.
10.30 Cheers
Woody accidentally gets elected to the city council.
11.00 Duckman
Animation series.
11.30 In Bed with MeDinner
Bob Mills introduces a dissection of TV clips.
12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Eighties comedy series.
1.00 Frasier
Cheers spin-off starring Kelsey Grammar.
1.30 Cheers
Classic US sitcom starring Ted Danson.
2.00 Caroline in the City
Comedy about a cartoonist living in New York. Stars Lea Thompson.
2.30 In Bed with MeDinner
Bob Mills provides more laughs by trawling through archive TV clips.
3.00 Roseanne
Stars Roseanne Barr and John Goodman.
3.30-4.00am Cybill
LA-based comedy about a struggling actress and twice-divorced mother.



André Previn brings his expert musical knowledge to 'Previn on Mozart: Frankfurt': Performance 8.00pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm European Concert
Handel's Water Music No 2
7.30 Great Arias
8.00 Previn on Mozart: Frankfurt
André Previn tours Europe to trace the main events in Mozart's life. Tonight's soloist is Radu Lupu.
9.00 Artsweek Interviews: Gerald Scarfe and Sir Peter Hall
9.30 Ballet: Swan Lake
The Maryinski production of Tchaikovsky's *Swan Lake*, one of ballet's best-loved classics. Starring the naturally gifted Yulia Makhalina in the roles of Odette and Odile.

12midnight-1.00am Midnight Jazz: McCoy Tyner
Looks at the piano maestro, generally considered to be a significant contributor to the development of jazz.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
Toronto, Canada
1.30 Ticket to Paradise
2.00 Travel Tips
3.00 Globetrotter
Thailand and California
3.30-4.00pm Earth Journeys

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 24 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12.00 News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Best of Insight 6.30 Managing 7.30 Sport 8.30 World Cup Weekly 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Pinnacle Europe 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Artclub 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.30 Sport 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 11.30 Sky World News 2.30pm Parliament 3.30 Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Business 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Entertainment Show 4.30 CBS Evening News 5.00 News on the Hour 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin/Journal du Temps 7.05 Journal Télévisé de Radio Canada 7.30 Le Journal du Temps 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Reflets 10.00 Minutes 10.05 La Clef des Champs 10.30 Grand Tourisme 11.00 Paris Lumières 11.33 Journal Télévisé France 3 12noon Spécial Cinéma Africain: Wendemi 2.00pm Course Destination Monde 3.15 Pyramide 3.45 Bus et Compagnie 4.35 Fa Si la Chanter 5.00 Questions Pour un Champion 5.30 Journal du Temps 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal Télévisé Suisse 7.00 La Vie à l'Endroit 8.30 Verso 9.00 Journal Télévisé de France Télévision 9.30 Tour de France 9.45 Concours International d'Improvisation 11.15 Résumé du Tour de France 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning 8.30 Asian AM 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Nashaib 4.30 Aarzoo 5.00 Shang Shaptak 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am Shanti 1.00 FILM 4.00 Shang Shaptak 5.00 Kainaat 6.00 Superhit Ghazals 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am Punjabi FILM: Veera 6.30 Chunni 7.00 Jaagran 7.30 Ru Ba Ru 8.00 News 8.30 Buniyaad 9.00 HINDI FILM: Rani Roopmati 11.30 Kurukshetra 12noon HINDI FILM: Chiraag 3.00pm Adhikar 3.30 Parampara 4.00 Campus 4.30 Ikke Pe Ikka 5.00 Your Zindagi 5.30 Ladkiwake Ladkewale 6.00 Love Stories 6.30 Geet Gaata Chal 7.00 Chutki Baja Ke 7.30 It's My Choice 8.00 News 8.30 Sailaab 9.00-12midnight HINDI FILM: Raju Ban Gaya Gentleman

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Folkestone, Newcastle and Galway with John Hanmer and John Hunt.

EURONEWS

News on the hour and half-hour, plus sport and financial news

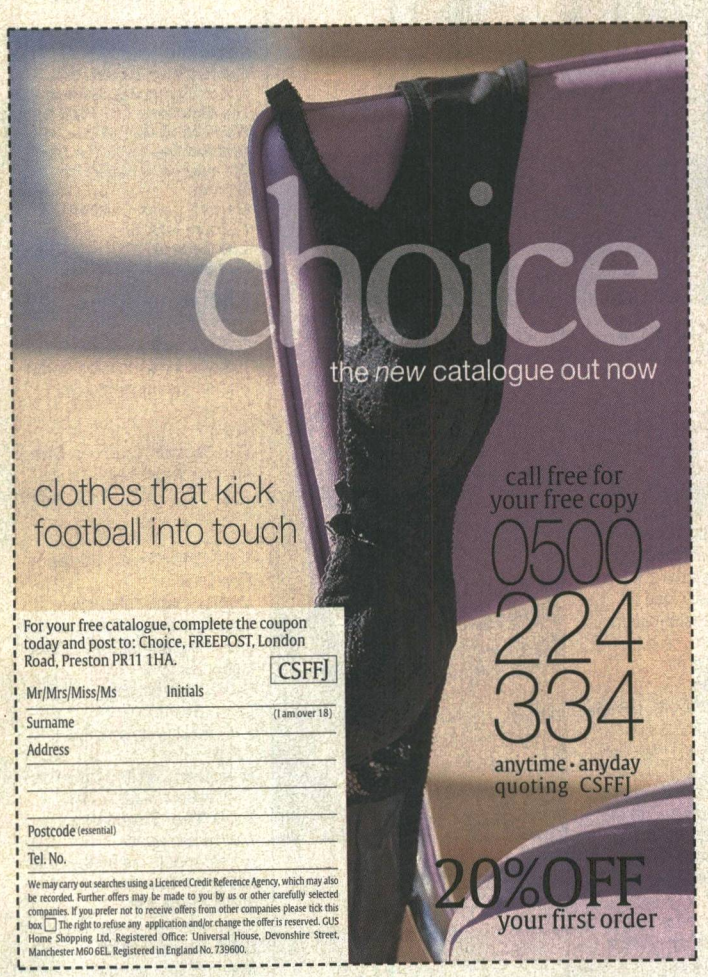
CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believers Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Victory 5.30 Jack Van Impe Presents 6.00 Global Harvest Force/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Money Matters 8.30 Another Day of Victory 9.00 Catch the Fire 9.30 Life in the Word 10.00 Power of Praise/ Israel Vision 10.30-10.45am Lynn Hammond

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 12noon Statement from the House 1.00pm Business Statement 2.00 Europe This Week 2.30 Commons 11.00-12midnight Questions from the House



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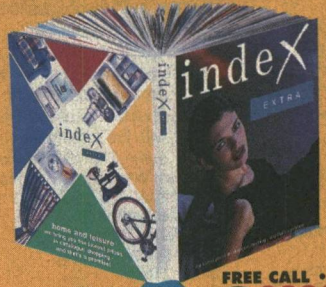

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IX/01/83

Tuesday 28 July

SKY MOVIES SCREEN 1

6.00am Life Liberty and Pursuit on the Planet of Apes *1974, rating Sky PG, 91 mins*
8.00 Five Days One Summer *1982, rating Sky PG, 104 mins*
10.00 James and the Giant Peach Text *1996, rating Sky U, 76 mins*
11.30 Spy Hard Text *1996, rating Sky PG, 78 mins*
1.00pm Life Liberty and Pursuit on the Planet of Apes *1974, rating Sky PG, 91 mins*

3.00 King Ralph
John Goodman, John Hurt, Peter O'Toole, Richard Griffiths
Comedy about an entertainer who finds fame when it is discovered that he is the only living heir to the British throne. After the Royal Family is killed in a freak accident, the loveable slob must learn the airs and graces expected of a monarch. *1991, rating Sky PG, 92 mins*

5.00 James and the Giant Peach
Paul Terry, Joanna Lumley, Miriam Margolyes, Pete Postlethwaite
Family adventure mixing live action with animation. James is forced to live with his two evil aunts, who make his life a misery, until he meets a strange man who changes his life. Text *1996, rating Sky U, 76 mins*

7.00 Spy Hard
Leslie Nielsen, Nicollette Sheridan, Charles Durning, Marcia Gay Harden
Espionage spoof about a secret agent on the trail of a master criminal. Agent Dick Steele sets out to stop the evil General Rancor from succeeding in his attempt to blow up the world using a colossal weapon. Text *1996, rating Sky PG, 78 mins*

9.00 Dying to Be Perfect: The Ellen Hart Peña Story
Crystal Bernard, Esai Morales, Shirley Knight, Casey Sander
PREMIERE Poignant true-life drama about a potential Olympic athlete whose ambition for perfection escalates dangerously out of control. *1996, rating Sky 15, 88 mins*

10.30 National Lampoon's Senior Trip
Matt Frewer, Valerie Mahaffey
Comedy in which a group of kids are asked by the American President for their thoughts on the education system. *1995, rating Sky 15, 87 mins*

12.05am Stolen Hearts
Sandra Bullock, Denis Leary
Romantic comedy. *1995, rating Sky 15, 92 mins*
1.45 Code Name: Wolverine
Antonio Sabato Jr, Traci Lind
1996, rating Sky 15, 87 mins
3.20-5.15am The Grotesque
1995, rating Sky 18, 98 mins

SKY MOVIES SCREEN 2

6.05am Lillian Russell
1940, rating Sky U, 122 mins
8.15 Project: Alf
1996, rating Sky PG, 88 mins
10.00 The Velvet Touch
Rosalind Russell, Claire Trevor
1948, rating Sky PG, 93 mins
12noon The Man Who Captured Eichmann
Robert Duvall, Arliss Howard
1996, rating Sky PG, 92 mins
2.00pm August
Anthony Hopkins, Kate Burton, Leslie Phillips
Drama about an ageing alcoholic who realises that life may well have passed him by after he is visited by a professor and his wife. *1995, rating Sky PG, 89 mins*

4.00 The Velvet Touch
Rosalind Russell, Claire Trevor, Leo Genn, Leon Ames, Frank McHugh, Martha Hyer
Mystery drama about an actress who is driven to commit the perfect murder. *1948, rating Sky PG, 93 mins*

5.50 The Man Who Captured Eichmann
Robert Duvall, Arliss Howard, Jeffrey Tambor, Joel Brooks
The thrilling true story of the manhunt for one of the most notorious war criminals the world has ever known. Secret agent Peter Malkin receives a tip from a blind man as to the whereabouts of Eichmann, and heads for Argentina. *1996, rating Sky PG, 92 mins*

7.30 Behind the Scenes
A special report from the film world.

8.00 Chain Reaction
Keanu Reeves, Morgan Freeman, Rachel Weisz, Fred Ward, Brian Cox
Explosive high-tech thriller about a government conspiracy, in which a student is plunged into an adventure when the formula for his team's invention is stolen and a scientist murdered. Text *1996, rating Sky 12, 102 mins*

9.45 The Movie Show
Hosted by Richard Jobson.

10.15 Copycat
Sigourney Weaver, Holly Hunter, Dermot Mulroney, William McNamara, Harry Connick Jr
Thriller about an obsessed serial killer on the loose in San Francisco. A criminal psychologist who lives the life of a recluse may hold the key, but she is reluctant to assist the police with their manhunt. Text *1995, rating Sky 18, 118 mins*

12.20am When Time Expires
Sci-fi thriller. *1997, 93 mins*
2.00 Generation X
Sci-fi thriller. Last Play *1995, rating Sky 15, 87 mins*
3.30-5.30am The Great White Hope
1970, rating Sky 15, 99 mins

Denis Leary and Sandra Bullock in the comedy 'Stolen Hearts': Sky Movies Screen 1 12.05am

SKY MOVIES GOLD

4.00pm The Conqueror
John Wayne, Susan Hayward, Pedro Armendariz, Agnes Moorehead
Historical epic in which a Mongolian chieftain kidnaps the daughter of a Merkit chieftain and in doing so sparks a war which will eventually lead to victory and his transformation into Genghis Khan. *1955, rating Sky PG, 106 mins*

6.00 The Burbs
Tom Hanks, Bruce Dern, Carrie Fisher, Corey Feldman, Rick Ducummon, Brother Theodore, Henry Gibson
Hilarious comedy about a typical suburban husband who, on his week off from work, becomes obsessed with discovering the secret of his mysterious new neighbours. *1989, rating Sky PG, 97 mins*

8.00 Married to the Mob
Michelle Pfeiffer, Dean Stockwell, Matthew Modine, Alec Baldwin, Mercedes Ruehl
Bright and breezy gangster comedy about mobster's widow Angela DeMarco who discovers, after the gangland execution of her philandering husband, that escaping the Mafia life is not as easy as she hoped. *1988, rating Sky 15, 99 mins*

10.00 The Package
Gene Hackman, Tommy Lee Jones, Joanna Cassidy, Dennis Franz, Pam Grier, John Heard
Espionage thriller about an army sergeant assigned to escort a military prisoner back from Germany to stand trial in the US. *1989, rating Sky 15, 104 mins*

11.55 Masquerade
Rob Lowe, Meg Tilly
Passionate tale of suspense. *1988, rating Sky 18, 88 mins*

1.30am Poltergeist II: The Other Side Text *1986, rating Sky 15, 87 mins*
3.05 Margin for Murder *1981, rating Sky 15, 88 mins*
4.40-6.00am The Reckless Moment *1949, rating Sky PG, 79 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm The Wonderful World of the Brothers Grimm
Laurence Harvey, Claire Bloom, Karl Boehm, Oscar Homolka, Martita Hunt, Jim Backus
Favourite fairy tales from the Brothers Grimm, brought colourfully to life with a variety of famous faces. Widescreen *1962, 124 mins*

11.15 Bridge to the Sun
Carroll Baker, James Shigeta, James Yagi, Tetzuro Tamba
Fact-based drama about an American woman who is married to a Japanese diplomat. *1961, 108 mins*

1.15am Cabin in the Cotton
Bette Davis, Richard Barthelmess, Dorothy Jordan, Henry B Walthall
Melodrama. *1932, 78 mins*
2.45-5.00am The Wonderful World of the Brothers Grimm
Laurence Harvey, Claire Bloom
Widescreen *1962, 124 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text **10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children** Text **12.30pm M*A*S*H** Text **1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Jenny's Second Annual Totally Useless Talents
Today's show includes a man who snorts eggs through his nose.

4.00 The Oprah Winfrey Show
Another real-life issue is put under scrutiny by Oprah Winfrey and her guests.

5.00 Star Trek: Voyager
Deadlock
Voyager, while attempting to evade pursuing Vidiian vessels, enters a plasma cloud. Stars Robert Bicardo. Text

6.00 The Nanny
Close Shave
Fran helps Maggie get a job.

6.30 Married... With Children
The D'Arcy Files Text

7.00 The Simpsons
Mother Simpson
Homer meets his mother after faking his own death. Text

7.30 Real TV
Video footage of real-life events.

8.00 Speed! 888
Features an irate motorist who just doesn't know when to shut up. Text

8.30 Coppers
Scenes of Crime Officers

9.00 When Animals Attack 4
Focuses on real-life encounters with animals, including a hippopotamus grabbing a tour guide on the Zambezi River. Text

10.00 The Extraordinary
Stories from all parts of the world, including celebrities' supernatural experiences. Hosted by Corbin Bernsen of *LA Law* fame.

11.00 Star Trek: Voyager
Deadlock
Voyager, while attempting to evade pursuing Vidiian vessels, enters a plasma cloud. Stars Robert Bicardo. Text

12midnight Nash Bridges
The Counterfeiters
Nash and Joe impersonate a gay couple. Text

1.00am-8.00am Long Play
A VJ-free zone that brings you more of the music you want to see.

SKY box office JUST THE TICKET
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Sky Box Office 1
Channel 51
ONE FINE DAY
Old-fashioned romantic New York comedy in which two mismatched professionals (Michelle Pfeiffer and George Clooney) fall for one another on one fateful day. *1996, rating Sky PG, 104 mins*
PLAYS AT 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide cop who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
THE LOST WORLD
Blockbusting sequel to *Jurassic Park* in which it transpires that a second island full of the marauding dinosaurs exists. Stars Jeff Goldblum. *1997, rating Sky 12, 123 mins*
PLAYS AT 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm, 12midnight, 2.30am

Sky Box Office 4
Channel 54
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.30 Stay Lucky 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill

Deadline
When a teenage girl is abducted, Deakin quickly arrests the kidnapper – but where is the girl hidden?

3.55 Dangerfield
Treasure
The abduction of a young boy leads to a full-scale emergency. Once the kidnapper's motives become clear, Dangerfield is called in to help.

4.55 EastEnders
The latest events among the residents of Albert Square.

5.30 Home to Roost
Small Change
Henry's loose change is missing and Matthew is under suspicion.

6.00 All Creatures Great and Small
If Wishes Were Horses
A local ne'er-do-well vows to turn over a new leaf when his dog contracts distemper.

7.00 2Point4 Children
The Parent Trap
Bill and Ben demonstrate the subtle art of how not to embarrass your daughter.

7.40 Dad's Army
Big Parade
Captain Mainwaring and the air-raid warden dispute the matter of precedence.

8.20 Canned Carrott
Stand-up comedy and sketches.

9.00 The Young Ones
Oil
When Neil and Viv strike oil in the cellar their sudden wealth brings out the worst in Mike.

9.40 This Life
Just Sex
Milly and O'Donnell are becoming increasingly close and Warren's romance turns sour.

10.30 Shooting Stars
Presented by Vic Reeves and Bob Mortimer.

11.10 The Bill
Deadline
When a teenage girl is abducted, Deakin quickly arrests the kidnapper – but where is the girl hidden?

12.10am Down Among the Big Boys 1.50 The Equalizer

Carnal Persuasion
McCall tries to help a tug boat captain framed for possession of heroin.

2.35-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook 2.05 Rolonda

Audience participation talk show.

2.55 Living it Up!
Lifetyle magazine, featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

7.00 Rescue 911
Featuring the stories of dramatic real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.

9.00
FILM: Search for Sarah
Patty Duke, Richard Crenna, Missy Crider, Liza Snyder, Katy Boyer
Fact-based drama about a girl's disappearance. When the youngster fails to return home one evening, her parents, fearing the worst, begin a tireless search for her which becomes a nightmare. *1995*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Gladiators 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 A Fine Romance 1.30 The Army Game 2.00 Within These Walls

3.00 Gladiators
Super-fit members of the public challenge Britain's favourite team of titanic sports stars. Presented by Ulrika Jonsson and John Fashanu.

4.00 Hawaii Five-0
Just Luck I Guess
A salesman witnesses the murder of a prostitute but, afraid of personal embarrassment, refuses to testify.

5.00 Hart to Hart
Meanwhile, Back at the Ranch
When Max is taken hostage, the Harts scramble to save him by participating in an elaborate scheme. Stars Robert Wagner.

6.00 Emmerdale

6.30 Classic Coronation Street
It's New Years Eve in the street and Gail and Brian's baby arrives in the Rovers.

7.00 Surgical Spirit
The Garden Party
Sheila is invited to a garden party at Buckingham Palace.

7.30 The Fenn Street Gang
Who Was That Lady?

8.00 Dempsey & Makepeace
Burning
Dempsey adopts the disguise of a criminal when he finds himself up against his arch-enemy.

9.00 Classic Coronation Street

9.30 Hale & Pace

10.00 The Comedians

10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Babewatch UK
Featuring Jo Guest, Emma Harrison and Kelly Brook.

11.30 Bigger Better Battling Babes
Female wrestling.

12midnight Performance Power
Sarah Donohue looks at unique sporting and leisure activities.

12.30am Sunny Hotspots and Girls 1.00 E! Uncut 1.30 E! Talk Soup 2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the two crazy characters from *The Lion King*.

3.30 Aladdin – The Series
The adventures of the young hero in Agrabah. Text

4.00 101 Dalmatians
Canine capers with Pongo, Perdita and their 15 pups as they avoid Cruella De Vil.

4.30 Recess Text

4.45 Pepper Ann Text

5.00 Smart Guy Text
The Code
TJ gets Mo into trouble by telling the teacher he was smoking, so Marcus teaches TJ the code.

5.30 Brotherly Love Text

6.00 Teen Angel Text
Date with an Angel
Marty finds an effective but complicated way to keep Steve's heart from being broken.

6.30 Boy Meets World Text

7.00 FILM: Slam Dunk Ernest
Jim Varney, Kareem Abdul-Jabbar
The inimitable Ernest is an unlikely basketball star and has no chance of getting into the local team to play an exhibition match against the NBA – until his basketball angel appears with magic shoes. *1994* Text

8.30 The Wonder Years Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, Meet the Barbarians
Diane runs for the school board, to try to stop budget cuts. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Chef on a Shoestring 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm Vin Ordinaire 1.00 Food for Thought 1.30 New Chefs on the Block 2.00 Red Hot 'n' Smokin' 2.30 Food Network 3.00 Ross in Thailand 3.30 Coxon's Kitchen College 4.00 Japaneasy

4.30-5.00pm The Green Gourmet
Tony Tobin shows how to produce vegetarian feasts for all the family.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz played by secondary school students.

5.30 Gridlock
Hosted by Simon Biagi.

6.00 Byker Grove
Marie has to come clean when 'Dale' wins the Dream Teen competition, and Leah's search comes to an end.

6.30 Pull the Other One

7.00 Rising Damp
The Perfect Gentleman

7.30 Desmond's
Kiss of the Spiderman
Sean is organising a dance and books Spider as his DJ.

8.00 Our House
Presented by Suzi Becker.

8.30 Rude Health
Dr Sweet is involved in a clinical drug trial which has not been properly approved.

9.00 Bread and Roses
Drama set in New Zealand, detailing the story of Sonja Davies, a courageous woman who triumphs against overwhelming odds.

10.00 Perfect Scoundrels
Last of the Few
Cassidy and Buchanan are hired by a businessman to find the remains of a World War II plane.

11.00 Boon
12midnight Let the Blood Run Free
12.30am-1.00am Fast Forward

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

FILM

The Package
Sky Movies Gold 10.00pm
Gene Hackman plays an American army sergeant assigned to escort a military prisoner (played by Tommy Lee Jones) back from Germany to stand trial in the US. But once back in the States, the prisoner escapes, setting in motion a bleak conspiracy which only Hackman can avert.

GENERAL

The Great House Game
Discovery Home & Leisure 2.30pm
Eric Knowles hunts for historical secrets in some of Britain's greatest houses and sets a challenge for local teams to restore or reproduce a treasure. Today, we're in Owlpen Manor in the Cotswolds, where there is a huge collection of beadwork and a rare enamel doll.

ADVERTISEMENT

ANGEL HEART 3.00AM

bravo

Set in 1955, New York private eye Harry Angel (Mickey Rourke) is hired by mysterious business man Louis Cypher (Robert De Niro) as they try to locate a certain Johnny Favorite, a big band singer from the pre-war days.

Tuesday 28 July

EUROSPORT

6.00 AM MORNING

7.30am Football
Action from Europe.
9.00 Cycling
Highlights from yesterday's stage of the Tour de France.
11.00 CART
Action from the FedEx Championship Series.
1.00pm Cycling
Action from the Tour de France.
2.00 Cycling – LIVE
Action from the 204km 16th stage between Vizille and Albertville of the Tour de France. Vizille will host the Tour for the first time.

3.00 PM

4.00 PM

4.30 Equestrianism
Coverage of the Pulsar Crown Series in Valkensvaard, Netherlands.
5.30 Truck Racing
Action from the 98 Europa Truck Trial from Mohelnice, Czech Republic.

6.00 PM

6.30
Four Wheels Drive
Action from this season's third round of the Formula 4x4 off road in Iceland.
7.00 Football – LIVE
Coverage of the second leg of the Uefa Cup qualifying round.

8.00 PM

9.00 PM

9.00 Cycling
Highlights of the Tour de France so far. This year's Tour started in Dublin for the first time ever before moving on to the picturesque French villages of Lorient and Pau and finishing in Paris on the famous Champs Elysées.

10.00 PM

11.00 PM

11.00-12.30am CART
Action from the FedEx championship series in Brooklyn, Michigan.

12.00 NIGHT TIME

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 Football Special 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 High 5 10.00 Australian Rules Football
12noon Aerobics Oz Style 12.30pm
Tales from the Premiership: London Lights
1.00 Equestrianism: Spruce Meadows – Shell Cup

3.00 International Bowls: Australia v Northern Ireland
Coverage from the green as Australia and Northern Ireland contest the second Test of the pairs competition from Merrylands, New South Wales.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of exclusive WWF bouts.
6.00
Sky Sports Centre
Sports news service.
6.30 Tales from the Premiership: Managing to Succeed
7.00 Football League Review: 1997-98 Season Review
Sit back and relive action from a memorable year in the three Nationwide Leagues, culminating in the nail-biting end-of-season play-offs.

9.00 Cricket: NatWest Quarter-Final
The best of the action from the quarter-final of the NatWest Trophy. Presented by Mark Nicholas.
10.00
Sky Sports Centre
10.15 Tales from the Premiership: Managing to Succeed
10.45
Golf: The Credit Suisse Banking Seniors Open
11.45
Sky Sports Centre
Sports news service.
12midnight Cricket: NatWest Quarter-Final
1.00am Spruce Meadows: Shell Cup
3.00
Tales from the Premiership: Managing to Succeed
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Tales from the Premiership 8.45 Sky Sports Centre
9.00 Gone Fishing 9.30 Tony Dean Outdoors 10.00 International Bowls: Australia v Northern Ireland 12noon Survival of the Fittest 12.30pm High 5
1.00 Darts: World Matchplay – LIVE
Day two action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. Former world champion Dennis Priestly is determined to prove that he is still the best in the business. Commentary from Sid Waddell.

5.00 Fastrax
A look at the lives of competitors in the fast lane.
5.30 Equestrianism: Spruce Meadows – Shell Cup
Equestrian action from the Canadian Pacific World Cup at Spruce Meadows. This is one of the most demanding of all showjumping competitions and equals the famous derby at Hickstead.
7.30 Darts: World Matchplay – LIVE
Continued second day action from the Winter Gardens in Blackpool, where British darts legend Eric Bristow aims to once again reach the pinnacle of his sport. Commentary from Sid Waddell.

11.30
Sports Unlimited
Everything from snowboarding to squash.
12.30am Sky Sports Centre
All the latest news and views from the world of sport.
12.45 Fastrax
1.15
Tales from the Premiership: Managing to Succeed
1.45-2.00am
Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Live Wire
1.00pm Fish TV: Fishing Tales
1.30 Fish TV: Americana Outdoors
2.00 Sky Sports Classics: 1995 Superbikes Brands Hatch Race
Classic sporting action focuses on superbike action from Brands Hatch in '95.

3.00 Sportraits: Edberg and Hagler
A look at Stefan Edberg and Marvin Hagler.
3.30 Fastrax
Life in the fast lane.
4.00 Golf: European Skills Challenge
Another chance to see coverage of the European Golf Skills Challenge from the Wentworth course. Some of the finest golfers in the world, including Seve Ballesteros, Bernhard Langer and Colin Montgomerie, are competing.
6.00 LPGA Golf: Giant Eagle Classic
An opportunity to see coverage from the Warren, Ohio, where some of the top names, including world number one Annika Sorenstam and world number two Karrie Webb, compete on the circuit in the latest LPGA tournament.
8.00 Major League Baseball
Get ready to strike out on baseball action from across the Atlantic with extended highlights from one of the Major League's games of the week, as well as interviews and match results.

10.00 Superbouts: Duran v Cuevas
Classic action from the memorable 1983 bout between Roberto Duran and Pipino Cuevas.
11.00-11.30pm
The Entertainers: Norwich City and Aston Villa

TROUBLE

12noon
Fresh Prince of Bel Air
American sitcom starring Will Smith.
12.30pm Heartbreak High
Hard-hitting drama about life at a Sydney inner-city high school.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
2.30 Sweat

3.00 Ready or Not
Am I Peverted or What?
Canadian teen drama.
3.30 Fresh Prince of Bel Air
American sitcom.
4.00 The T Spot
Magazine show.
4.30
Saved by the Bell: The College Years
The Bayside gang returns.
5.00 Hollyoaks
Chester-based soap about a group of teenagers.
5.30
USA High
Double Your Pleasure
6.00
California Dreams
6.30 Bangs
6.45 What a Life
7.00 Saved by the Bell: College Years
7.30-8.00pm Sweat

BRAVO

8.00pm The A-Team
Trouble Brewing
Hannibal and the gang help two sisters whose lemonade factory is threatened by a rival.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives
10.30
Red Shoe Diaries
Auto Erotica
Erotic stories.
11.00 FILM: Red Scorpion II
Matt Malcolm, Michael Ironside, John Savage
An elite fighting unit is assigned to take out a terrorist group. *1994*
1.00am Beverly Hills Bordello 1.30 Italian Stripping Housewives 2.00 Real Stories of the Highway Patrol 2.30 Cops 3.00 FILM: Angel Heart *1987*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Jimmy
Sam leaps into the life of Jimmy, a young, mentally disabled man struggling to avoid institutionalisation.
4.00 Space Precinct
The Witness
Sgt Fredo's daughter is having terrifying visions of a serial slasher – which turn out to be real.
5.00 Amazing Stories
The Mission
5.30 Mysteries, Magic and Miracles
In search of baffling stories and events.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
The Hand of the Goral
The crew of the starship *Searcher* are strangely altered.
8.00 Quantum Leap
Shock Theatre
Sam must fight for his life when he inhabits the body of an institutionalised manic depressive.
9.00 PSI Factor – Chronicles of the Paranormal
An apparition threatens to wreck a home and a marriage.
10.00 FILM: Gamera – The Guardian of the Universe
Yonemori Yoshinari, Naoya Kusanagi, Asagi Kusanagi, Mayumi Nagamine
A terrifying battle between a gigantic turtle and a pterodactyl-like creature shines some light on two previously unsolved mysteries. *1997*
12midnight Sightings
1.00am The Tomorrow People: Into the Unknown
1.30 Flash Gordon Conquers the Universe
2.00 Friday the 13th
Epitaph for a Lonely Soul
3.00 Tales of the Unexpected
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Golf: European Skills Challenge
Sky Sports 3 4.00pm

If you're like me – a weekend hacker who can't hit a green to save his life – then this two-hour golf skills showcase could break your heart. Filmed at the Wentworth course earlier this year, some of the finest golfers on this side of the Atlantic, including Seve Ballesteros, Bernhard Langer and Colin Montgomerie, test themselves in a sophisticated version of target golf. There's bunker games and chipping fun and all kinds of magic that they can do with a golf club. Plus there's prize money of $250,000 to keep the players' attention.

TELEVISION X

12midnight
The Ten Minute Free View
12.10am The Russian File
12.20 Adult Feature
12.45 FILM: Taboo 15
1.00
The Five Minute Free View
1.05 FILM: continues
2.00 Adult Feature
2.25
FILM: California or Bust
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am French Teaser
Erotic programme.
12.20 FILM: Adult Feature
Erotic feature.
1.35 Lap it Up
Erotic programme.
1.55 Adult Feature
2.55-4.00am FILM: Nightmare on Porn Street
Shanna McCullough
Erotic horror film.

HVC

CABLE EXCLUSIVE

8.00pm
FILM: South of Reno
Jeffrey Osterhage
Drama.
9.40 Short Cuts: Requiem
Short film.
10.05 FILM: Hollywood Cop
Jim Mitchum, David Goss
Action yarn.
11.45-12midnight
Dream Girls

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
Win great prizes.
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart asks the questions.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. With Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Music Hall
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
Maddie Hayes Gets Married
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River –The Mcgregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

LIVE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation LIVE 7.30 Fashion 8.00 Agony 8.30 BodyHeat 8.45 Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Phone-in programme.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
Exercise show.
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Advice is at hand for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
Catwalk update.
6.30 Dial-a-Doc
6.45 What's in the Box
Phone-in programme.
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
The feared judge presides over another case.
9.00 Dog Night LIVE
More top dog racing from Walthamstow and Wolverhampton.
10.00 Topless Darts
More shapely throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
More late night chat.
11.00 Big City Tips
Financial news in the flesh.
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every, hour, plus the following features:
10.30am Real Gardening Show 11.30 American Chart 12.30pm Inside Hollywood 1.30 Catwalk Show 2.30 Album Show
Classic tracks from legendary artists.

3.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

4.30 Real Gardening Show
Green-fingered tips for the keen gardener.

5.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

6.30 The Album Show
Classic rock tracks from legendary artists.

7.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

8.30 American Chart Show
Stateside chart action.

9.30 The A to Z of Food
A culinary alphabet of delights.

10.30 PDQ – The One-Stop-Shop
More innovative products delivered straight to your door.

11.30 The Album Show
More classic rock tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm Hit List UK
The UK singles chart with Cat Deeley.
3.00 Non-Stop Hits
A roller coaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
6.00 Spice Girls: A-Z of Girlpower
The girls introduce their selection of female stars who have 'girl power'.
6.30 Extra Hot Hits
7.00 US Top 10
Stateside chart toppers.
8.00 Hot
Happening news, videos and gossip with Ed Byrne and Brendon Burns.
9.00 Up for It
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Alternative Nation
The latest and best alternative music.
1.00am-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm Tread the Med
1.00 Wild Ireland
Sligo
1.30 Origins with Burt Wolf
Milan
2.00 On Tour
Tenerife
2.30 Go Portugal
Northern Estremadura
3.00 Reel World
Nepal
A trip to Kathmandu.
3.30 Wet & Wild
Surfing, Bird Watching and Catamaran Sailing
4.00 An Aerial Tour of Britain
The Norfolk Coast Path and Norfolk Broads
A helicopter tour along the Norfolk Coast Path.
5.00 Wild Ireland
Sligo
A journey south along Ireland's West Coast.
5.30 Sports Safaris
Lake Garda, Italy
6.00 Origins with Burt Wolf
Milan
6.30 On Tour
Tenerife
The lowdown on this island.
7.00 The Great Escape
Old Goa and Rafting Down the Chambal
7.30 Tread the Med
Ibiza
8.00 Go Greece
Rhodes and Karpathos – Dodecanese Islands
8.30 The Flavours of France
Ain
9.00 Dominika's Planet
Argentina
Dominika investigates the lifestyle of the Argentinian gauchos.
10.00 Go Portugal
Northern Estremadura
10.30 A River Somewhere
Los Roques – Venezuela
Amazing coral islands.
11.00 Sports Safaris
Lake Garda, Italy
11.30-12midnight Wet and Wild
Surfing, Bird Watching and Catamaran Sailing

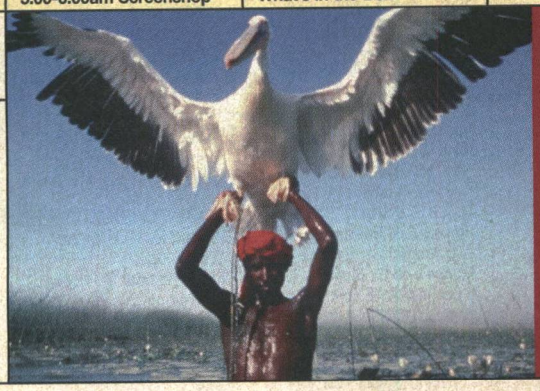
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Entertainment 7.00 The Beautiful Home Show 7.30 The Zest Beauty Show 8.00 The View 9.00 Sally Jessy 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Entertainment 12noon The View 1.00pm The Beautiful Home Show 1.30 The Zest Beauty Show 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
You'd Better Stop Bullying Me
Top-rated American talk show.
5.00-6.00pm Livetime
Offering viewers the chance to talk to the lifestyle experts by calling 0845 3034422.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm The Pelican of Ramzan the Red
Narrated by Helen Mirren.
7.30 Raider of the Lost Ark
On the trail of the Ark.
8.00 Pandas: A Giant Stirs
How man's hunger for land has shattered the panda's lush habitat and pushed it to the brink of extinction.
9.00 Yanomami Homecoming
A Yanomami woman returns to her birthplace.
9.30 Tribal Warriors: The Nuba of Sudan
10.00 Tim Severin's Spice Islands Voyage in Search of Wallace
Sail with a traditional native vessel through the Spice Islands of Indonesia.
11.00 African Wildlife
Gain a close-up look at the fascinating lifestyles of the animals in Africa's Etosha National Park.
12midnight-1.00am Rain Forest
This Emmy Award-winning programme is a breathtaking unveiling of the mystical beauty and splendour of the lush and densely populated rainforests of Costa Rica.

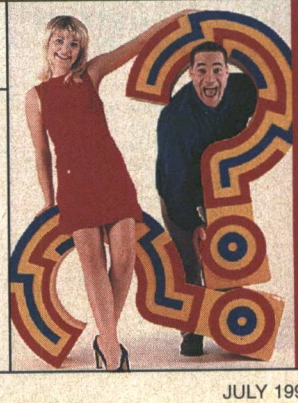
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Life on the Indus River in Pakistan is explored in 'The Pelican of Ramzan the Red': National Geographic Channel 7.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Chris Rea 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 The Clare Grogan Show 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 Behind the Music: Fleetwood Mac 11.00 Jobson's Choice 12midnight The Nightfly 1.00am Spice 2.00-7.00am VH1 Late Shift



Carryl Varley and Kevin Duala offer plenty of chances for contestants to win thousands of pounds worth of prizes in the quickie competition show 'Challenge Prize Time': Challenge TV throughout the evening

Tuesday 28 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure Show 9.30 The Garden Show 10.00 Garden Calendar 10.30 Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Cow and Chicken 12noon Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 The Addams Family

NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix including 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Digital Jam 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.30-5.00am Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12.00noon Sky News Today 2.30pm Parliament Live 3.30 Parliament Live 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Newsmaker 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Journal 7.35 Questions 8.00 Minutes 8.05 Zig Zag 9.00 Minutes 9.05 Plaisir de Lire 9.30 Habitat 10.00 Minutes 10.05 La Clef des Champs 10.30 Grand Tourisme 11.00 Minutes 11.05 Paris Lumières 11.33 Journal 11.55 Journal 12noon Le Vent 1.30pm Les Belges 2.00 Droit de Cité 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre 6.30 Journal 7.00 Temps Présent 8.00 Enjeux Le Point 9.00 Journal 9.30 Tour de France 9.45 Un Siècle d'Écrivain 10.45 Envoyé Spécial 11.15 Tour de France 11.25 Journal 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Badalte Rishte 1.30 FILM 4.00 Jaldi Jaldi 4.30 Music 5.00 Dasht 6.00 Geet Baney Sangeet 6.30 Music Box 7.00 Badalte Rishte 7.30 News 8.00 Khiladi 8.30 FILM 11.30 News 12midnight Badalte Rishte 12.30am Khiladi 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dasht 6.00 Baaje Payal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Neethi Pathi 6.30 Endrum Cinema 7.00 Jaagran 7.30 Zee World 8.00 News 8.30 Buniyaad 9.00 Endrum Cinema 9.30 Health 10.00 Parivartan 11.00 Golden Khana Khazana 11.30 Kurukshetra 12noon FILM: Vardaan 3.00pm Andaz 3.30 Sailaab 4.00 Campus 4.30 Top Ten 5.30 Quiz 6.00 Love Stories 6.30 Pop Busters 7.00 Hum Aapke Hai Woh 7.30 Chalo 8.00 News 8.30 Daraar 9.00 A List 9.30 Ghoomta Aaina 10.00 Tara 11.00-12midnight Sa Re Ga Ma

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing From Beverley with Graham Goode.

EURONEWS

News on the hour and half-hour, plus sport and financial news

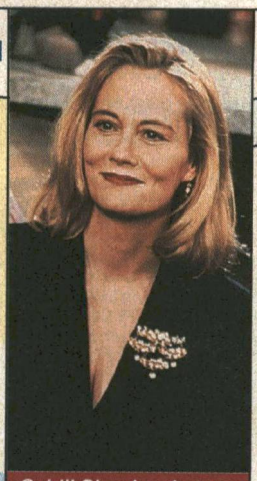
CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Eurospirit 6.00 The High Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 On Holy Ground 9.00 Another Day of Victory 9.30 Life in the Word 10.00 International Intelligence Briefing 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 The Commons Live 11.00-12midnight Questions from the House



Cybill Shepherd stars as the fortysomething actress in 'Cybill': Paramount Comedy Channel 9.00pm, 3.30am

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6.00 AM

9.00am The Joy of Painting 9.25 The Home and Leisure Show 9.30 The Garden Show 10.00 Garden Calendar 10.30 Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Cow and Chicken 12noon Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 The Addams Family

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix including 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

3.00 PM

DISCOVERY

3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 Mask
Based on the hit movie.

3.00 Stickin' Around
3.30 Doug
Doodle the day away with the painfully average Doug Funnie, in this animated tale.

4.00 PM

4.00pm The Diceman
The dice decides Russell Harris's journey.
4.30 Wheel Nuts
A look at TVR's hand-built sports cars being tested.

4.00 Beetlejuice
Ghoulish animation.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.

4.00 Hey Arnold!
Adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the tousle-headed nippers.

5.00 PM

5.00 First Flights
By the Seat of Their Pants
How French aviators challenged the skies.
5.30 Jurassica
Loch Ness Secrets

5.00 Johnny Bravo
Animation from the superhero with a superego.
5.30
Cow and Chicken

5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Teen comedy.

6.00 PM

6.00 Wildlife SOS
Hedgehogs, goslings and owls are tended to.
6.30
The Savage Season
Wild Discovery
A look at the Kalahari Desert in Botswana.

6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
The prehistoric men cause havoc in Bedrock.

6.00 Sabrina
6.30-7.00pm Moesha

7.00 PM

7.30
Arthur C Clarke's Mysterious Universe
Cracking Codes

7.00 Scooby Doo – Where are You?
Another dose of canine crime-busting
7.30 Godzilla
Monster animation.

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Jackie and Roseanne find they are victims of infidelity.

8.00 PM

8.00
Discover Magazine
Fire
Searching out the bizarre and unusual stories from the world of science.

8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm
Hong Kong Phooey

8.00 Grace Under Fire
When Grace attends a dance with Dougie, his mom gets the wrong idea.
8.30
Caroline in the City

9.00 PM

9.00
Hitler's Henchmen
Von Ribbentrop
Examining Ribbentrop's role and the effect he had on Hitler's foreign policy.

9.00 Cybill
Starring Cybill Shepherd.
9.30 Ellen
Ellen befriends a former girlfriend of Joe's who insists on buying her gifts.

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Mozart's Piano Concerto K453
Played by Deszo Ranki and conducted by Jeffrey Tate.
7.30 Inside Hollywood
8.00 Mandy Patinkin with the Boston Pops Orchestra
The acclaimed singer is tonight's star performer.
9.00 Opera: Giovanna d'Arco
The Teatro Comunale di Bologna provides the setting for Verdi's thrilling early opera. It tells the epic story of Joan of Arc, set against the background of France's war against the invading English. Susan Dunn and Renato Bruson star as the warrior-maiden and her father. Riccardo Chailly conducts.

10.00 PM

10.00
Warriors: Navy SEALS – The Silent Option
A look at the remarkable US Navy SEALS – not one has ever surrendered.

10.00 Frasier
When posed an important question, Frasier feels a responsiblity to give Niles an honest answer.
10.30 Cheers

11.00 PM

11.00 Lotus Elise: Project M1:11
The launch of the latest sports car from Lotus – a car that is a result of a unique collaboration.

11.00 Duckman
Animation series about a detective duck.
11.30
Morwenna Banks
Sketch show.

12.00

12midnight First Flights
By the Seat of Their Pants
12.30am Wheel Nuts
Kaye meets the man who puts TVR's hand-built sports cars to test.
1.00-2.00am Warriors
The Classic Story of the SAS

12midnight Nurses
Medical comedy.
12.30am
It's Garry Shandling's Show
Garry deals with life as a single person in the Eighties.
1.00 Frasier
When posed an important question, Frasier feels a responsiblity to give Niles an honest answer.
1.30 Cheers
Classic US comedy set in a Boston bar.
2.00 Caroline in the City
Starring Lea Thompson.
2.30 Morwenna Banks
Sketch show.
3.00 Roseanne
Jackie and Roseanne discover they are both victims of infidelity.
3.30-4.00am Cybill
Starring Cybill Shepherd.

12midnight-1.00am
Midnight Jazz: Toots Thielman
Chill out through the midnight hour with some of the world's coolest jazz sounds.

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm
As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
Jean has a frightening and unexpected encounter.
3.00 Emmerdale
3.30-4.00pm Emmerdale

THE HISTORY CHANNEL

4.00pm Battleline: Sicily
4.30 World War I: Wilson and War
5.00 The Great Days of the Century: Kennedy, American Dream
6.00 Ancient Mysteries: Ancient Rome and It's Mysterious Cities
7.00-8.00pm Biography
Saddam Hussein
A profile of the Iraqi President.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 African Adventures
2.00 Travel Tips
3.00 Globetrotter
Newport, Arkansas and Indonesia
3.30-4.00pm
Around the World

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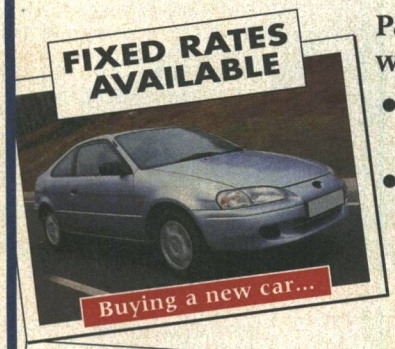

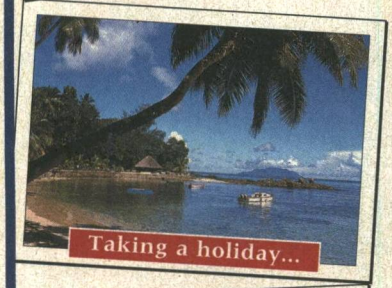

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£30,000	282.15	330.68	403.81	643.87	261.30	
£25,000	235.02	275.38	336.41	536.46	217.65	
£20,000	187.90	220.19	269.01	429.05	174.01	
£17,000	170.72	196.77	237.36	372.42	160.55	11.9%
£15,000	150.62	173.61	208.43	328.59	141.65	
£12,000	120.48	138.87	167.52	262.85	113.40	
£10,000	100.38	115.71	139.59	219.03	94.40	
£8,500	91.17	103.43	123.22	190.17	86.86	12.9%
£7,500	80.43	91.25	108.71	167.79	76.63	
£6,000	64.33	72.98	86.95	134.21	61.28	
£5,000	53.54	60.77	72.42	111.82	51.05	

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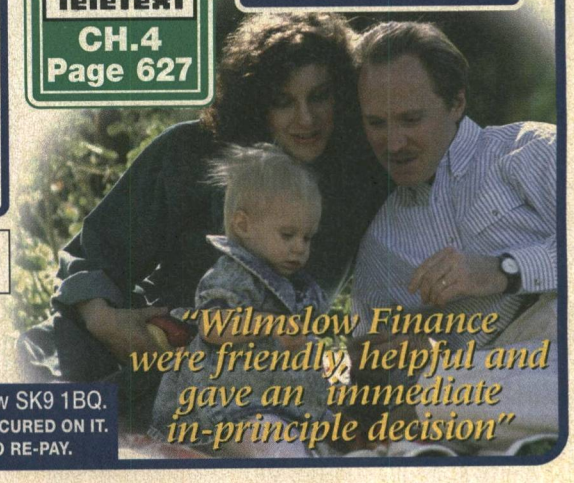

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Wednesday 29 July

SKY MOVIES SCREEN 1

6.00am Magic Sticks
1987, rating Sky PG, 84 mins
7.30 Citizens Band
1977, rating Sky PG, 92 mins
9.30 The Indian in the Cupboard
Text *1995, rating Sky PG, 92 mins*
11.30 Billy Madison
Adam Sandler, Bridgette Wilson
1995, rating Sky PG, 86 mins
1.00pm Magic Sticks
George Kranz, Kelly Curtis
1987, rating Sky PG, 84 mins

3.00 Blue Rodeo
Ann-Margret, Kris Kristofferson, Corbin Allred, Jade Herrera
Bittersweet drama about a mother who blames herself for her son's deafness. Margaret Yearwood feels responsible for the accident which left her teenage son Peter deaf, and she struggles to rebuild their relationship. *1996, rating Sky PG, 87 mins*

5.00 The Indian in the Cupboard
Hal Scardino, Litefoot, Lindsay Crouse, Richard Jenkins, Rishi Bhat, David Keith
Fantasy story about a boy and his adventures with a toy Indian who comes to life. This is soon thrown into turmoil when a friend brings a cowboy to life in the same way. Text *1995, rating Sky PG, 92 mins*

7.00 Billy Madison
Adam Sandler, Bridgette Wilson, Darren McGavin, Bradley Whitford, Josh Mostel
Comedy about a spoiled rich-kid, Billy, who must repeat all 12 grades of school in just six months if he is to inherit the family fortune. Billy must conquer the child inside him and prove his doubting father wrong. *1995, rating Sky PG, 86 mins*

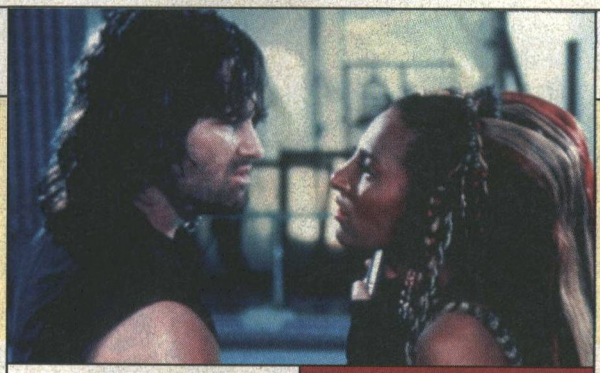
9.00 Getting Away with Murder
Dan Aykroyd, Bonnie Hunt, Brian Kerwin, Jack Lemmon
Comedy about a professor who discovers his neighbour is a Nazi war criminal and feels it only right that the 'Beast of Berkau' be brought to justice. *1996, rating Sky 15, 87 mins*
10.30 Hawk's Vengeance
Gary Daniels, Jayne Heitmeyer, Cass Magda, George Chiang
PREMIERE Martial arts action tale about Hawk Kelly, who sets out to find the killers of his step brother and discovers that they work for a martial arts master. *1996, rating Sky 18, 92 mins*
12.10am Midnight Blue
Annabel Schofield, Damian Chaps
1996, rating Sky 18, 90 mins
1.45 Home Invasion
1997, rating Sky 18, 86 mins
3.20-5.00am When the Cradle Falls
1997, rating Sky 15, 87 mins

SKY MOVIES SCREEN 2

6.00am Arrividerci, Baby
1966, rating Sky U, 96 mins
8.00 The Judge Steps Out
Alexander Knox, Ann Sothern
1949, rating Sky PG, 88 mins
10.00 Christmas Every Day
Bess Armstrong, Robert Hays
1996, rating Sky PG, 89 mins
12noon Nowhere to Hide
Rosanna Arquette, Scott Bakula
1994, rating Sky PG, 88 mins
2.00pm The Judge Steps Out
Alexander Knox, Ann Sothern, George Tobias
Comedy in which a judge ducks out of his duties and seeks refuge as a chef, where he meets the woman of his dreams. *1949, rating Sky PG, 88 mins*

4.00 Arrividerci, Baby
Tony Curtis, Rosanna Schiaffino, Lionel Jeffries, Zsa Zsa Gabor, Mischa Auer, Jacqueline Bisset, Gábor Baraker, Bruno Barnabe, Tony Baron, Eunice Black, John Brandon, Windsor Davies
Comedy about a fearsome man who works his way through several wives, all of whom he kills to inherit their fortunes. *1966, rating Sky U, 96 mins*

6.00 Christmas Every Day
Bess Armstrong, Robert Hays, Erik Von Detten, Yvonne Zima
Seasonal fantasy about a teenager who gets to live Christmas Day over and over again. However, Billy grows bored and tries to return things to normal. *1995, rating Sky PG, 87 mins*
7.30 E! News Week in Review
8.00 Escape from LA
Kurt Russell, Stacy Keach, Steve Buscemi, George Corraface, Peter Fonda, Pam Grier, AJ Langer
Action sequel in which outlaw Snake Plissken is sent into a prison-like Los Angeles in order to retrieve a precious black box which is crucial to maintaining the city's energy supplies. Text *1996, rating Sky 15, 97 mins*
10.00 The Rock
Sean Connery, Nicolas Cage, Ed Harris, David Morse, John C McGinley, Bokeem Woodbine
Action thriller about a war hero who threatens to unleash chemical weapons on San Francisco from the prison island of Alcatraz and the FBI scientist who is charged with stopping him. Text *1996, rating Sky 18, 130 mins*
12.15am Acts of Love
Dennis Hopper, Amy Irving
1995, rating Sky 18, 104 mins
2.05 Crackerjack
Thomas Ian Griffith
1994, rating Sky 18, 97 mins
3.50-5.30am White Angel
Peter Firth, Harriet Robinson
1993, rating Sky 18, 95 mins



Action with Kurt Russell and Pam Grier in 'Escape from LA': Sky Movies Screen 2 8.00pm

SKY MOVIES GOLD

4.00pm Jet Pilot
John Wayne, Jay C Flippen, Janet Leigh, Paul Fix
Romantic adventure in which an air force colonel, Shannon, is assigned to escort defecting Soviet pilot Anna. He falls in love with her, but she is scheming to lure him back to the USSR. However, Shannon has a scheme of his own. *1957, rating Sky U, 108 mins*
6.00 Ghostbusters II
Bill Murray, Dan Aykroyd, Sigourney Weaver, Harold Ramis, Rick Moranis, Ernie Hudson
Extravagant sequel. This time, the team's supernatural foe is an ancient evil warrior named Vigo who is attempting to re-enter the world of the living via Sigourney Weaver's new-born baby. *1989, rating Sky PG, 104 mins*
8.00 Working Girl
Melanie Griffith, Harrison Ford, Sigourney Weaver, Joan Cusack, Alec Baldwin, Philip Bosco
Corporate comedy. When boss Weaver is taken ill, secretary Griffith uses the opportunity to pose as a high-flying executive and implement some of her own business plans. *1988, rating Sky 15, 109 mins*
10.00 Nico
Steven Seagal, Pam Grier, Sharon Stone, Daniel Faraldo, Henry Silva, Ron Dean
A tough Chicago cop is forced to employ his combat skills when he finds himself battling government corruption and a drugs ring. *1988, rating Sky 18, 95 mins*
11.40 Fright Night
William Ragsdale, Chris Sarandon, Roddy McDowall
1985, rating Sky 18, 102 mins
1.30am Poltergeist III
Tom Skerritt, Heather O'Rourke
1988, rating Sky 15, 94 mins
3.10-4.40am Les Patterson Saves the World
Barry Humphries
1988, rating Sky 15, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm Spinout
Elvis Presley, Shelley Fabares, Diane McBain, Deborah Walley, Dodie Marshall, Jack Mullaney
Musical drama about a racing car driver and singer who has to escape the unwanted attentions of different women by marrying them off to other men. These women include a millionairess who has written a how-to-get-men book. *1966, 93 mins*
11.00 San Francisco
Jeanette MacDonald, Clark Gable, Spencer Tracy, Jack Holt, Jessie Ralph, Harold Huber
A lavish romantic melodrama set against the backdrop of the San Francisco earthquake of 1906. *1936, 111 mins*
1.15am The Angry Hills
Robert Mitchum, Stanley Baker
Action drama set in World War II. *1959, 101 mins*
3.15-5.00am Spinout
Elvis Presley, Shelley Fabares
Musical. *1966, rating, 93 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield Text **9.30 The Simpsons** Text **10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children** Text **12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael**

3.00 Jenny Jones
Big Babies
On today's show, a nutritionist counsels parents of overweight toddlers on weight loss and health issues.
4.00 The Oprah Winfrey Show
Join Oprah for a revealing look at life and relationships.

5.00 Star Trek: Voyager
Innocence
Tuvok and Bennet's shuttle crash-lands on a sacred haven for the Drayan, a race which has shunned outside contact. Text
6.00 The Nanny
What the Butler Sung
6.30 Married... With Children
Nooner or Later
Peggy enters a competition. Text
7.00 The Simpsons
The Day the Violence Died
Bart and Lisa help a down-and-out man who claims to have invented cartoon violence.
7.30 Real TV
8.00 Stargate SG-1
Solitudes
A Stargate malfunction leaves O'Neill and Carter stranded in an icy crevasse on an unknown planet.
9.00 The Outer Limits
The Vaccine
A nurse in charge of a small group that survived a deadly virus must decide who will receive the scarce vaccine.
10.00 Caribbean Uncovered
In this week's episode, a woman from Ipswich shows off her party trick of turning her breasts into candle holders.
11.00 Star Trek: Voyager
Innocence
Tuvok and Bennet's shuttle crash-lands on a sacred haven for the Drayan, a race which has shunned outside contact. Text
12midnight Nash Bridges
The Web
When Nash arrests an illegal computer hacker he discovers a woman's life is at risk as the result of a kidnapping plot. Text
1.00am-8.00am Long Play
Music throught the night.

SKY box office JUST THE TICKET

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE LOST WORLD
Blockbusting sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum and Julianne Moore. *1997, rating Sky 12, 123 mins*
PLAYS AT 10.00pm, 12.30am, 3.00am

Sky Box Office 2
Channel 52
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
MEN IN BLACK
PREMIERE Sci-fi spectacular starring starring Will Smith and Tommy Lee Jones. *1997, rating Sky PG, 94 mins*
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide detective who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 29 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 Dangerfield
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 All Creatures Great and Small
2.00 Dallas
2.55 The Bill
Last Waltz

3.25 The Bill
Compensation
Boulton and Woods investigate the kidnapping of a teenage girl.

3.55 Dangerfield
Scars
Paul's instincts as a doctor draw him into a tangled web of deceit and prejudice when a problem arises with a PC who is a loner.

4.55 EastEnders
More everyday drama with the cockney folk of Walford's Albert Square.

5.30 Home to Roost
The Way We Were
It's the wedding anniversary.

6.00 All Creatures Great and Small
Pig in the Middle
The vets all want an evening out – but it gets complicated when they all want the same night off.

7.00 2Point4 Children
Family Plot
Bill creates a power cut to encourage an evening of sparkling conversation.

7.40 Dad's Army
Don't Forget the Diver
The ingenuity of Mainwaring's men is put to the test.

8.20 Canned Carrott
Jasper Carrott with more stand-up comedy and sketches.

9.00 One Foot in the Grave
We Have Put Her Living in the Tomb
Victor and Margaret look after Kylie the tortoise for a week.

9.40 One Foot in the Grave
A special Christmas edition from 1994, in which a trip to the garden centre triggers the usual chaos and disorder.

10.30 FILM: Scarface
Al Pacino, Michelle Pfeiffer, Steven Bauer, F Murray Abraham
Graphically violent drama about a Miami-based mob boss, a Cuban refugee, who works his way up to run his own nationwide drug-trafficking empire. Directed by *Mission: Impossible*'s Brian De Palma

1.35am The Bill
Last Waltz
2.05 The Bill
Compensation
2.30 Paul Merton – The Series
Surreal comedy.
2.55-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Brookside
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
2.05 Rolonda
Audience participation talk show.
2.55 Living it Up!
Lifetyle magazine, featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe.

5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 Jerry Springer
Outrageous American talk show in which Jerry and his guests engage in lively discussion about relationship issues.

7.00 Rescue 911
Featuring the stories of dramatic real-life rescues by American emergency services.

7.30 Mysteries, Magic and Miracles

8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.

9.00 FILM: The Only Way Out
John Ritter, Stephanie Faracy, Henry Winkler, Julianne Phillips, Sam Mancuso, Matthew Walker
Tense tale about a smooth-talking sociopath's reign of terror over an architect and his wife who are going through the process of an amicable divorce. *1993*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest
8.00 The Fenn Street Gang
8.30 Mind Your Language
9.00 Classic Coronation Street
9.30 Emmerdale
10.00 Gladiators 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 A Fine Romance
1.30 The Army Game
2.00 Within These Walls

3.00 Gladiators
Super-fit members of the public challenge Britain's favourite team of titanic sports stars. Presented by Ulrika Jonsson and John Fashanu.

4.00 Hawaii Five-0
Sweet Terror
A foreign agent exposes McGarrett to the possibility of germ warfare and the potential loss of Hawaii's sugar industry.

5.00 Hart to Hart
Harts and Frauds
The Harts face a $2 million wrongful death suite when a fender bender frighteningly accelerates into murder.

6.00 Emmerdale
Yorkshire soap.

6.30 Classic Coronation Street
Gail returns with her new baby, and Ivy and Audrey argue over it.

7.00 Surgical Spirit
Something in the Air
Male chauvinism is rife at the Gillies Hospital.

7.30 The Fenn Street Gang
Kill or Cure

8.00 Dempsey & Makepeace
Jericho Scam
Dempsey is accused of murder and must find a way of clearing his name.

9.00 Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Noddy's Electric Ladyland
Eccentric pop quiz presented by Noddy Holder.

11.30 V.P.L.
Alternative fashion programme.

12midnight Foo Foo's Party Night
Camp cabaret from Manchester.

12.30am Studs
Football fanzine.
12.50 Lord Lust's Lovelies
1.00 E! Gossip
1.30 E! Mysteries and Scandals
Profiles Marilyn Monroe.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop
8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks
10.00 Smart Guy 10.30 Teen Angel
11.00 Boy Meets World
11.30 The Wonder Years
12noon Brotherly Love
12.30pm Dinosaurs 1.00 Jungle Cubs
1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Watch out, Timon and Pumbaa from *The Lion King* are about.

3.30 Aladdin – The Series
More adventures with the young hero. Text

4.00 101 Dalmatians
Canine capers and daring deeds.

4.30 Recess
Animated series from the creators of *Rugrats*. Text

4.45 Pepper Ann Text

5.00 Smart Guy
Don't Do That Thing You Do
Marcus reluctantly allows TJ to join the band. Text

5.30 Brotherly Love
Comedy series. Text

6.00 Teen Angel
Sings Like an Angel
Steve becomes a modern-day Sinatra. Text

6.30 Boy Meets World
A Kiss is More Than Just a Kiss

7.00 FILM: The Return of Jafar
Animated sequel to *Aladdin*. Abis Mal finds the lamp that Iago dumped and accidentally sets the evil Jafar free. When the genie returns from his trip, he finds trouble brewing. *1994* Text

8.10 Ned's Newt
Fun with the hyperactive kid.

8.30 The Wonder Years
Kevin reminisces. Text

9.00 Honey, I Shrunk the Kids: The TV Show
Honey, You Drained My Brain
Wayne tries to enhance Diane's courtroom prowess. Text

9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Feasts of the World 10.30 Eat Your Greens
11.00 Graham Kerr's Kitchen
11.30 Coxon's Kitchen College
12noon Food Network Daily
12.30pm A Year at Ballymaloe
1.00 Food for Thought 1.30 From the Ground Up 2.00 Sophie's Meat Course 2.30 Food Network Daily 3.00 Vin Ordinaire
Food and wine with Ken Andrew.
3.30 Coxon's Kitchen College
4.00 New Chefs on the Block
4.30-5.00pm Red Hot 'n' Smokin'
Cookery show for children.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.

5.30 Gridlock
Simon Biagi hosts the fast-paced puzzle gameshow.

6.00 Byker Grove
Grove Patrol hits the streets, but the members are too busy admiring themselves.

6.30 Pull the Other One
Gameshow with Paul Coia.

7.00 Rising Damp
The Last of the Big Spenders
Alan and Philip are puzzled when trendy furniture appears.

7.30 Desmond's
Two Lads and a Lady

8.00 Switch On
Katie Razzall presents the entertainment magazine show.

8.30 First Sign of Madness
Copper Clive

9.00 Tanamera
John marries in London, but returns to Tanamera. Julie also returns and she and John rediscover their passion for one another.

10.00 The Darling Buds of May
Cast Not Your Pearls Before Swine
Pop Larkin buys two hundred pigs. Starring David Jason.

11.00 Boon 12midnight Life After Birth
12.30am-1.00am Fast Forward

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Escape From LA
Sky Movies Screen 2 8.00pm
Kurt Russell as Snake Plissken is always worth another look. One of his more tongue-in-cheek roles, this drama is set in Los Angeles in the year 2013, when the city has become a prison. Snake has to recover a precious black box, which has gone missing.

GENERAL

E! Mysteries and Scandals
Men & Motors 1.30am
This programme takes yet another look at Marilyn Monroe's life on and off screen, her affairs with two Kennedys and controversial death in 1962. There are interviews with close friends, her film double and a few Hollywood experts in an attempt to shed some light on the mystery.

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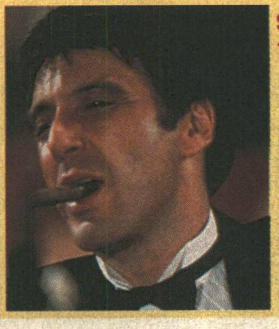


SCARFACE UK GOLD
10.30PM

Brian de Palma's explosive 1983 crime drama starring Al Pacino in the title role, with Michelle Pfeifer and F Murray Abraham. Pacino is Tony Montana, a Cuban emigrant who arrives in the drug riddled streets of Florida determined to rise to the top of the illegal trade.

Wednesday 29 July

EUROSPORT

6.00 AM MORNING

7.30am Cycling
9.30 Tennis
10.00 Tennis – LIVE
Action from the ATP Tournament in Kitzbühel, Austria.
12noon Golf
Coverage of the European Ladies' PGA – Chrysler Open from Frillesas, Sweden.
1.00pm Cycling
2.00 Cycling – LIVE
Action from the 17th stage of the Tour de France, covering the 149km between Albertville and Aix-les-Bains.

3.00 PM

4.00 PM

4.30 Basketball
Coverage of the 13th World Championship from Athens.

5.00 PM

6.00 PM

6.00 Motorsports
Action from the NASCAR Winston Cup series in Pocono, USA.

7.00 PM

7.00 Football – LIVE
Coverage of the qualifying round of the Champions League.

8.00 PM

9.00 PM

9.00 Cycling
Highlights of today's stage of the Tour de France, covering the 149km between Albertville and Aix-les-Bains.

10.00 PM

11.00 PM

11.00 Motorsports
Speedworld magazine.

12.00 NIGHT TIME

12midnight-12.30am Motocross
World Championship magazine.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 WWF – Live Wire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Fastrax 10.00 Equestrian: Shell Cup 12noon Aerobics Oz Style 12.30pm Tales from the Premiership: Managing to Succeed 1.00 Football League Review: 1997-98 Season Review

3.00 Golf: The Credit Suisse Banking Seniors Open
Action from the Bad Ragaz Golf Club in Switzerland.

4.00 Watersports World
The ultimate guide to watersports.

5.00 World Wrestling Federation – Shotgun
Hosted by Kevin Kelly and Michael Cole.

6.00 Sky Sports Centre
6.30 Tales from the Premiership: Going Down, Going Down
Life outside the Premiership.

7.00 Trans World Sport
Covering everything from powerlifting and golf to football and ice hockey.

8.00 Dr Martens Premier League Snooker: Higgins v Davis
Action from the match between Steve Davis and John Higgins from the Diamond Centre.

10.00 Sky Sports Centre
10.15 Tales from the Premiership: Going Down, Going Down
10.45 Trans World Sport
Covering everything from powerlifting and golf to football and ice hockey.
11.45 Sky Sports Centre
12midnight World of Super League with Eddie and Stevo
2.00am Tales from the Premiership: Going Down, Going Down
2.30 Trans World Sport
3.30-3.45am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Tales from the Premiership: Managing to Succeed 8.45 Sky Sports Centre 9.00 The Ultimate Fishing Show 9.30 Fly Fishing 10.00 Major League Baseball 12noon Golf: The Credit Suisse Banking Seniors Open
1.00pm Darts: World Matchplay – LIVE
Day three action from the Winter Gardens in Blackpool where the finest darts players in the world meet to contest the World Matchplay event. Phil Taylor knows he must produce his best form in order to retain his title. The world number one faces tough competition from veteran British hero Eric Bristow. Commentary from Sid Waddell.

5.00 Dr Martens Premier League Snooker: Higgins v Davis
New world champion John Higgins meets legendary former champion Steve Davis at the Diamond Centre in Northamptonshire.

7.00 Full Throttle
Fast track race action from the circuit as some of motorcycling's fastest men join the chase for glory.
7.30 Darts: World Matchplay – LIVE
Continued third day action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. Dennis Priestly is just one of the big name contenders aiming to snatch the title from Phil Taylor. Commentary from Sid Waddell.

11.30 European Tour Weekly
The latest news from golf's prestigious European Tour.
12midnight Full Throttle
12.30am Sky Sports Centre 12.45 European Tour Weekly
1.15 Tales from the Premiership: Going Down, Going Down
1.45-2.00am Sky Sports Centre

SKY SPORTS 3

12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Tony Dean Outdoors
1.30 Fish TV: Gone Fishing
2.00 Superbouts: Duran v Cuevas
Another chance to relive classic action from the memorable 1983 bout between Roberto Duran and Pipino Cuevas.

3.00 The Entertainers: Norwich and Villa
3.30 Major League Baseball
Coverage of the number one sport in the US, with playing advice, interviews with the stars and full coverage from the Major League game of the week.

5.30 European Tour Weekly
Summary of events to hit the European Tour.
6.00 The Winning Post: Epsom and Doncaster – LIVE
Jeff Stelling presents live horse racing action with coverage from Epsom and Doncaster.

8.00 World of Super League with Eddie and Stevo
Eddie Hemmings and Mike Stephenson provide expert analysis of the latest news and views from the JJB Sports Super League.

10.00 Olympic Series: Spirit of Atlanta
A four-part series capturing the most enduring images of the Olympic Games.
11.00-11.30pm The Entertainers: Norwich and Villa
Another chance to see action featuring Norwich City and Aston Villa.

TROUBLE

12noon Fresh Prince of Bel Air
Stars Will Smith.
12.30pm Heartbreak High
1.30 Echo Point
2.00 Hollyoaks
Soap about the lives of a group of young people in Chester.
2.30 Sweat
Drama about a group of young athletes.

3.00 Ready or Not
My Buddy, Buddy
Canadian teen drama.
3.30 Fresh Prince of Bel Air
Starring Will Smith.
4.00 The T Spot
Magazine show.
4.30 Saved by the Bell: The College Years
Teen sitcom.
5.00 Hollyoaks
Soap about the lives of a group of young people in Chester.
5.30 USA High
Teen comedy.
6.00 California Dreams
6.30 Blast
The chart show.
7.00 Saved By the Bell
7.30-8.00pm Sweat

BRAVO

8.00pm The A-Team
Where is the Monster When You Need Him Most?
The team comes face to face with a notorious war criminal.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police officers.
9.30 Cops
10.00 Italian Stripping Housewives
10.30 Red Shoe Diaries
Just Like That
Story of eroticism and love.
11.00 FILM: Vice Squad
Season Hubley
Thriller in which a hooker is forced to go undercover to expose a pimp. *1982*
1.00am Beverly Hills Bordello
1.30 Italian Stripping Housewives
2.00 Real Stories of the Highway Patrol
2.30 Cops
3.00 FILM: Red Scorpion 2
Matt Malcolm 1994
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 Six Million Dollar Man

3.00 Quantum Leap
So Help Me God
Sam enters the body of a lawyer defending a young black woman accused of murdering a rich white man.
4.00 Space Precinct
Flash
Brogan and Haldane investigate a company that is secretly manufacturing an illegal recreational drug.
5.00 Amazing Stories
The Mission
5.30 Mysteries, Magic and Miracles
Patrick Macnee searches for more baffling stories.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
Testimony of a Traitor
Buck is on trial after being blamed for the holocaust that wiped out Earth.
8.00 Quantum Leap
The Leap Back
Sam and Al find themselves in 1999, having both leapt simultaneously.
9.00 PSI Factor – Chronicles of the Paranormal
A security guard uses his psychokinetic ability to force women to obey him.
10.00 FILM: Star Command
Jay Underwood, Chad Everett, Morgan Fairchild
Sci-fi adventure about six young 22nd-century space cadets on their first training mission who encounter an enemy force which threatens Earth. They rise to the challenge of fighting an extraterrestrial foe. *1995*
12midnight Sightings
1.00am Battlestar Galactica
2.00 Friday the 13th
Midnight Riders
3.00 Tales of the Unexpected
The Dead Don't Steal
3.30-4.00am Dark Shadows

CABLE CHOICE

SPORT

Basketball: World Championships Eurosport 4.30pm

The 13th World Basketball Championships from Athens start today, with 16 top nations battling in four groups before going on to a knockout stage which ends with the final next month. Held every four years since 1950, the Americans and their Dream Teams have the favourites tag, with a team including luminaries such as Christian Laettner, Chris Webber and Grant Hill. But the Europeans are closing the skill gap and so don't rule out a challenge from the Yugoslavs, Russians and the home nation.

TELEVISION X

12midnight
The Ten Minute Free View
A free taster of the channel.
12.10am Fantasy Night Calls
1.00 The Five Minute Free View
1.05 FILM: Lip Service
A phone sex girl with no no hang-ups can't get enough love action.
2.10 FILM: Adult Feature
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight
The Ten Minute Free View
A free taster of the channel.
12.10am Fantasy Night Calls
1.00 The Five Minute Free View
1.05 FILM: Lip Service
A phone sex girl with no no hang-ups can't get enough love action.
2.10 FILM: Adult Feature
3.55-4.00am What's on Tomorrow

HVC

CABLE EXCLUSIVE

8.00pm FILM: Hurt Penguins
Michele Muzzi, Daniel Kash
Romantic comedy.
9.40 Short Cuts: A Parting
10.00 Funny Car Summer
A young drag racer seeks to be the best in the world.
11.30-12midnight Hollywood Models
Erotic strip show.

Wednesday 29 July

CABLE CHECK
Some of the channels listed may not be available in your area

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate 10.00 Lie Detector 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations/Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Troubled souls receive much-needed advice.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
The latest update from the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
Another case for the people's judge.
9.00 The Fashion Show
A look at the headlines among the hemlines.
9.28 Big City Tips
9.30 Serial Killers
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
William G Stewart hosts the knowledge quiz.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Manic Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
Down South
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes from clues.
11.45 Prize Time
12midnight Sale of the Century
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features:
10.30am Inside Hollywood
11.30 Cinema, Cinema, Cinema 12.30pm The A to Z of Food 1.30 Cybernet
2.30 The Album Show
Classic tracks.
3.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
4.30 American Chart Show
The latest hits from across the pond.
5.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
8.30 The Catwalk Show
The latest designs from the top fashion houses.
9.30 Cybernet
The latest from the information superhighway.
10.30 PDQ – The One-Stop-Shop
Innovative products delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm European Top 20
The top 20 tracks from across the continent.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 MTV Live
6.30 So 90s
The greatest hits of the decade with comedians Armstrong and Miller.
7.00 The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.
8.00 Hot
News, videos and gossip with Richard Blackwood.
9.00 Up for It
Another spectacular helping of merriment fun with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
11.00 Yo!
The latest rap and hip hop videos.
12midnight Beavis and Butthead
12.30am Banned at Bedtime
Special night time viewing of uncut videos.
1.00-6.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon Reel World
12.30pm Tread the Med
1.00 On the Loose in Wildest Africa
1.30 Out to Lunch with Brian Turner
2.00 On Tour
Egypt
2.30 The Great Escape
Deolali
3.00 Australian Gourmet Tour
Dining in Sydney
3.30 Oceania
Philippines and Indonesia
Travel magazine show.
4.00 Whicker's World
Hutt River
Alan continues his travels around the Outback.
4.30 Floyd on Oz
Queensland
5.00 On the Loose in Wildest Africa
Huab Lodge, Namibia
5.30 Worldwide Guide
Florida
6.00 Out to Lunch with Brian Turner
Suffolk
6.30 On Tour
Egypt
Travel magazine show.
7.00 Reel World
Yemen
7.30 Tread the Med
Mallorca
A visit to Palma on the island of Mallorca.
8.00 Go Greece
Delphi, the Mainland and Thessaloniki
8.30 The Flavours of France
Haute Savoie
9.00 Transasia
Thailand
The 25,000 mile journey along the Trans-Asian highway continues with the team now in Thailand.
10.00 The Great Escape
Deolali
10.30 Floyd on Oz
Queensland
Culinary magazine show.
11.00 Worldwide Guide
Florida
11.30-12midnight Oceania
Philippines and Indonesia

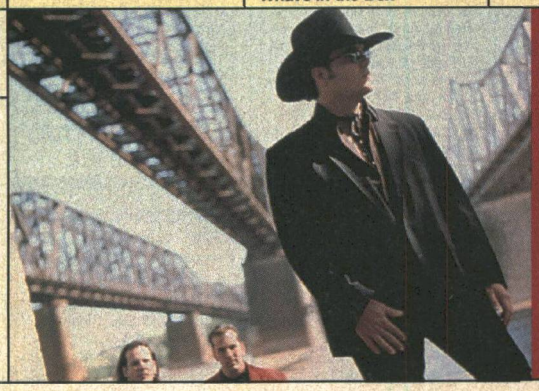
GRANADA BREEZE

6.00am E! Uncut 6.30 E! Model 7.00 The Good Housekeeping Show 7.30 The David Emanuel Fashion Show 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Uncut 11.30 E! Model 12noon The View 1.00pm The Good Housekeeping Show 1.30 David Emanuel Fashion Show 2.00 thirtysomething
3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
High School Sweethearts Surprise Reunions
Sally and her guests engage in lively discussion.
5.00-6.00pm Livetime
Magazine covering all aspects of the worlds of health, beauty, fashion, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Way of the Wodaabe
A celebration of dance and song.
7.30 Lifeboat: Not a Cross Word Spoken
8.00 African Odyssey
The story of Mark and Delia Owens who were forced to leave their adopted home country of Botswana.
9.00 Asteroids: Deadly Impact
A look at the effects of an asteroid colliding with earth using computer animation.
10.00 Treasure Hunt: Splendid Stones
A look at the mysterious allure that gems have held for humans since the beginning of time.
11.00 Elephant
Of all the creatures that walk this earth, elephants are the biggest, the strongest and among the most intelligent.
12midnight-1.00am A Man, a Plan and a Canal: Panama
The Panama Canal was one of the biggest achievements of its era: finished in 1914 after a 30 year effort between two nations, it cost seven

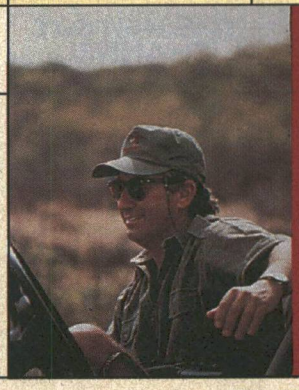
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME



Dance the Night Away: The Mavericks perform a live set of country music in 'The Mavericks Uncut'. VH1 11.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Carol Decker 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Hits 10.00 The VH1 Classic Chart 11.00 The Mavericks Uncut 12midnight The Nightfly 1.00am Soul Vibration 2.00-7.00am VH1 Late Shift



In 'On the Loose in Wildest Africa', dauntless traveller Wayne Crawford journeys into the scorching Namibian desert at the height of the summer to search for the rare desert elephant: Travel 5.00pm

Wednesday 29 July

MORNING

DISCOVERY HOME & LEISURE

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Grassroots 10.30 In the Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 Great House Game 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

CARTOON NETWORK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: The Mask 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 The Addams Family

NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

DISCOVERY

4.00pm The Diceman
The dice have sent Russell Harris to Ireland.
4.30 Wheel Nuts
Kenny look at Scottish car manufacturers.
5.00 First Flights
Flying Aces, War in the Sky
5.30 Jurassica
Killer Raptors
With Bob Bakker.
6.00 Wildlife SOS
Helpers at the centre deal with the fire's aftermath.
6.30 Ice Age Survivors
How descendants of Ice Age mammals still persist in unspoilt regions.
7.30 Arthur C Clarke's Mysterious Universe
Zombies
8.00 Survivors: Indianapolis – Ship of Doom
A look at how the US warship *Indianapolis* was sunk by the Japanese.
9.00 Survivors: Great Escapes
Trapped in Death Valley
9.30 Survivors: Survivor
Snow
10.00 Wonders of Weather
Deadly Forces
10.30 Wonders of Weather
Extremes of Nature
11.00 The Professionals
The Rock Queen
Catherine Destivelle attempts an ascent of the Old Man of Hoy.
12midnight First Flights
Flying Aces, War in the Sky
12.30am Wheel Nuts
Kenny looks at the Scottish car manufacturing business.
1.00-2.00am Navy SEALs – The Silent Option
Warriors
A look at the elite group.

CARTOON NETWORK

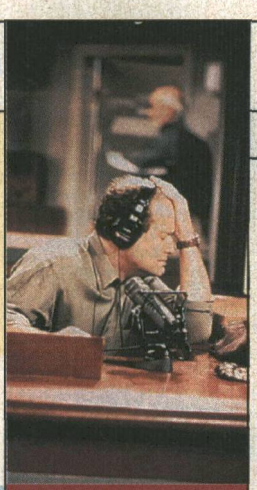
3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly fun.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Animation with the superhero with a superego.
5.30 Cow and Chicken
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly.
7.00 Scooby-Doo – Where are You?
Further sleuth antics with the chaotic canine.
7.30 Godzilla
Cartoon monster mayhem.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Hong Kong Phooey

NICKELODEON

3.00 Stickin' Around
3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Hey Arnold!
More exciting adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Toddler-inspired chaos.
5.00 Sister Sister
Domestic disharmony with Tia, Tamera and their respective parents.
5.30 Kenan & Kel
Funky teen adventures.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Hit the Road Jack
Dan prepares to leave.
8.00 Grace Under Fire
Grace vs Wade
Single-mother sitcom.
8.30 Caroline in the City
Stars Lea Thompson.
9.00 Cybill
Sophisticated comedy with Cybill Shepherd.
9.30 Ellen
Makin' Whoopie
Ellen gets drunk.
10.00 Frasier
Roz's Turn
Roz applies for a radio job.
10.30 Cheers
Rebecca Gains, Rebecca Loses – Part 1
11.00 Duckman
Animation series.
11.30 Barry Welsh is Coming
Barry hosts a talk show which goes very badly.
12midnight Nurses
Medical comedy.
12.30am It's Garry Shandling's Show
Eighties comedy set in a bachelor flat.
1.00 Frasier
Roz's Turn
Comedy starring Kelsey Grammer, David Hyde Pierce, Jane Leeves, Peri Gilpin and John Mahoney.
1.30 Cheers
Rebecca Gains, Rebecca Loses – Part 1
Classic sitcom featuring the Boston barman Sam Malone. With Ted Danson.
2.00 Caroline in the City
Comedy about a cartoonist starring Lea Thompson.
2.30 Barry Welsh is Coming
Barry unsuccessfully attempts to host a talk show.
3.00 Roseanne
Hit the Road Jack
3.30-4.00am Cybill



Kelsey Grammer stars as the radio psychiatrist 'Frasier': Paramount Comedy Channel 10.00pm, 1.00am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm The Wednesday Concert: Wagner at Home
Chamber music from Bayreuth with contralto Natalie Stutzmar.
8.30 Artsweek Interviews: Gerald Scarfe and Sir Peter Hall
9.00 World Music: Brenda Fassie
Brenda Fassie is South Africa's most popular female singer. This film not only explores her work, but also her continually shifting identity in a state whose larger identity is itself rapidly changing.
10.30 Opera: La Cambiale Di Matrimonio
Rossini's comic story of Sir Tobias Mill who tries to arrange a marriage for his daughter. Starring David Kuebler.
12midnight-1.00am Midnight Blues: James Cotton
One of the kings of the harmonica and guitar plays a selection of favourites.

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 BBC Newsday 24 5.00 BBC Newsday 24 6.00 BBC Newsday 24 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 BBC World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 World Report 12.30pm Your Health 1.30 Business Asia 2.30 Newsroom 3.30 World Sport 4.30 Style 5.00 Larry King Live 6.45 American Edition 7.30 World Business Today 8.30 Q&A 9.00 World News Europe 9.30 Insight 10.00 World Business Today 10.30 Sport 11.00 World View 12.30am Moneyline 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.00 News on the Hour 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Reuters Reports 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International TV5 5.15 Gourmandises 5.30 Télématin et Le Journal 7.00 TV5 Minutes 7.05 Journal Télévisé de Radio Canada 7.30 Le Journal du Temps 7.35 Questions pour un Champion 8.00 Minutes 8.05 Zig Zag C@fé 9.00 TV5 Minutes 9.05 Courants d'Art 9.30 Obsidienne 10.00 TV5 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal Télévisé France 3 11.55 Le Journal du Temps 12noon Débat de Société: Ecran Témoin 2.00pm Diva 3.00 Journal TV5 3.15 Pyramide 3.45 Bus et Compagnie 4.30 TV5 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal TV5 et Le Journal du Temps 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal Télévisé Suisse 7.00 Savoir Plus 8.00 Faits Divers 9.00 Journal Télévisé de France Télévision en Direct 9.30 Résumé du Tour de France 9.45 L'Auberge de la Jamaïque 11.15 Résumé du Tour de France 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Cine Express 12.30pm Irvail Oru Pagul 1.00 Subah 1.30 FILM 4.00 Turning Point 4.30 Take 2 5.00 Dooriyan 6.00 Community Focus 6.30 Aur Aap 7.00 Subah 7.30 News 8.00 Shanti 8.30 FILM 11.30 News 12midnight Shanti 12.30am Aur Aap 1.00 FILM 4.00 Hello Bombay 4.30 Subah 5.00 Music Challenge 5.30 Vinod Khanna Starsearch 6.00 Turning Point 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am FILM: Utsarga 6.30 Kajager Bao 7.00 Jaagran 7.30 Ghoomta Aina 8.00 News 8.30 Buniyaad 9.00 Manabi 9.30 Out & About 10.00 Tara 11.00 The Low Cal Show 11.30 Kurukshetra 12noon FILM: Maa Baap 3.00 Hum Aapke Hain Woh 3.30 Daraar 4.00 Campus 4.30 Liberty 5.00 Chalo Cinema 5.30 Mr Mintoo 6.00 Love Stories 6.30 Banegi Apni Baat 7.00 Yehi Hai Zindagi 7.30 Baat Ban Jaye 8.00 News 8.30 Dastaan 9.00 Sahab Bahadur 10.00 Ikke Pe Ikka 10.30 Amaanat 11.00-12midnight Purush Kshetra

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Galway and Sedgefield with Graham Goode.

EURONEWS

News on the hour and half-hour, plus sport and financial news.

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Ray McCauley 5.30 7 a Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Another Day of Victory 9.00 Let the Fire Burn/Revival Now 9.30 Life in the Word 10.00 Today with Marilyn/Iverna Tompkins 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions from the House 9.30 The Commons Live 2.00 Europe 2.30 The Commons Live 11.00-12midnight Questions from the House

NIGHT TIME

SKY SOAP

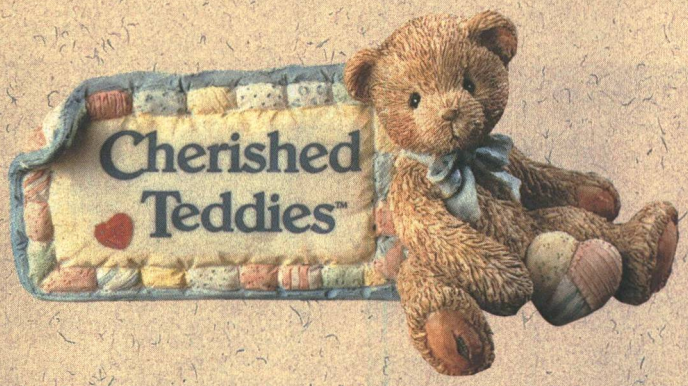
11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
Joe Sugden returns for the family funeral.
3.30-4.00pm Emmerdale

THE HISTORY CHANNEL

4.00pm Battleline: Guadalcanal
4.30 World War I: Revolution in Red
5.00 No Price Too High: Alton Was a Poet
6.00 Ancient Mysteries: The Curse of the Hope Diamond
A look at the most famous gemstone in the world.
7.00-8.00pm Biography
George Washington

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
1.30 Walker's World
2.00 Travel Tips
Madrid and Costa Del Sol
3.00 Globetrotter
Munich, Hawaii and Wyoming
3.30-4.00pm Way of Life
The Soviet Mind



SEND NO MONEY NOW!

"Monthly Friends to Cherish"

Figurine Collection by Priscilla Hillman

Collect these irresistible bears from the award-winning Cherished Teddies collection ... one to brighten up each month of the year.

The level of detail is astonishing! Just look at "Seth" carrying his books and an apple for the teacher ... "Alan" has his umbrella up, ready for a Spring shower ... and "Denise" is all dressed up for Christmas. Each bear is individually and lovingly hand-painted, and comes to you with a personal Certificate of Adoption.

As a subscriber to the *Monthly Friends to Cherish* collection, you will receive your figurines at the rate of about one per month ... twelve loveable teddies in all, at the guaranteed issue price of just £13.00 each (plus p&p). The specially designed wooden display shelf will be sent to you **ABSOLUTELY FREE** as you complete your collection.

So don't delay ... return **your** Subscription Order Form *today*, and reserve a special place in your home for your *Monthly Friends to Cherish*.

365-Day Satisfaction Guarantee

At Hamilton, your complete satisfaction is guaranteed! If for any reason you are not entirely happy, you may return any of the bears at any time within 365 days of receipt for a prompt replacement or full refund.
This guarantee is in addition to your statutory rights.

Figurines are an average height of 2 ½ inches tall

Monthly Friends to Cherish
It is with great love and devotion that you have accepted the duties as the Adopted Guardian of
"ALAN"
The April Bear brings a message to every day, even when it's cloudy and grey.
During every month of the year,
I agree to provide my Cherished Teddy with tender care and affection.
"Showers Of Friendship"
Adoption Registration #
Date of Adoption

"I'm Alan, the first Cherished Teddy in your monthly collection - will you be my friend?"

The Hamilton Collection

Please allow 28 days for delivery.
Offer applies UK only and is subject to availability.
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Your "Monthly Friends to Cherish" Subscription Order Form

To: The Hamilton Collection, PO Box 817, Stoke-on-Trent, Staffordshire ST4 4SN

PLEASE RESPOND WITHIN 14 DAYS

Yes, I would like to reserve the *Monthly Friends to Cherish* collection. I will recieve one figurine at the appproximate rate of one per month complete with certificate of adoption. I understand **I NEED SEND NO MONEY NOW.** Please bill me for £13.00, plus £1.75 postage and packing, when my first Cherished Teddy™ figurine is ready for despatch.

Each subsequent figurine is payable after delivery at the same price of £13.00, plus p&p. I also understand that the display will be included FREE as part of my collection.
This subscription places me under no obligation. I am free to cancel at any time.

Name _____
(Mr/Mrs/Miss/Ms) (PLEASE PRINT)

Address _____

_____ Postcode _____

Signature _____ P100671

From time to time The Hamilton Collection may allow carefully screened companies to contact you. If you do not wish to receive such offers, please notify us in writing.

Thursday 30 July

SKY MOVIES SCREEN 1

6.00am A Summer's Tale
French drama. **Last Play** *1996, rating Sky U, 109 mins*
7.50 Cannon Ball Fever
1989, rating Sky PG, 92 mins
9.30 The Dollmaker
1983, rating Sky PG, 138 mins
11.55 The Baby-Sitters Club
1995, rating Sky U, 90 mins
1.30pm Cannon Ball Fever
Melody Anderson, John Candy
1989, rating Sky PG, 92 mins

3.05
Little Shop of Horrors
Rick Moranis, Ellen Greene, Steve Martin, Vincent Gardenia, Bill Murray, Christopher Guest
Comedy musical in which a hapless nerd discovers a giant talking plant which feeds on blood. Bullied and intimidated by the aggressive greenery, he must eventually slay it. *1986, rating Sky PG, 90 mins*

5.00
The Baby-Sitters Club
Ellen Burstyn, Brooke Adams, Bruce Davison, Peter Horton, Schuyler Fisk, Austin O'Brien
Coming-of-age drama for all the family. Seven adolescent girls find that their friendships are tested when they spend an eventful summer baby-sitting to earn some extra money. *1995, rating Sky U, 90 mins*

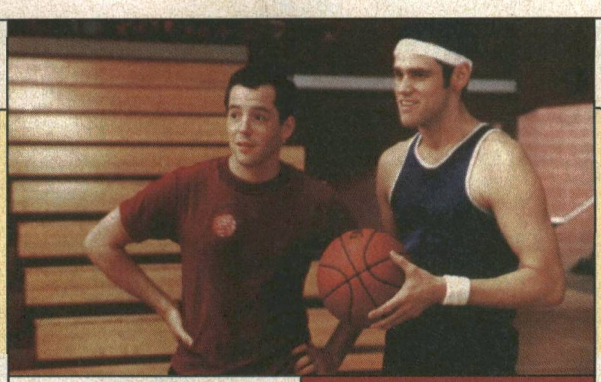
7.00 Now and Then
Demi Moore, Melanie Griffith, Rosie O'Donnell, Rita Wilson
Drama in which four women meet up and reminisce about the days when they were carefree 12 year olds. Although their lives have taken different directions, their initial misgivings give way when they realise that they are friends for life. **Text** *1997, rating Sky PG, 98 mins*

9.00 Dracula: Dead and Loving it
Leslie Nielsen, Peter MacNicol, Amy Yasbeck, Lysette Anthony
Mel Brooks' comic retelling of the horror story, in which the Count is clumsy and accident-prone in his pursuit of an English rose in Victorian London. *1995, rating Sky PG, 86 mins*
10.30 The Cable Guy
Jim Carrey, Matthew Broderick, Leslie Mann, George Segal
Dark comedy in which a single man finds that his life is invaded by an effusive and increasingly sinister cable installer. **Text** *1996, rating Sky 12, 92 mins*
12.10am Blonde Heaven
Julie Strain, Raelyn Saalman
Vampire drama. *1994, 78 mins*
1.35 Dead Cold
Lysette Anthony, Chris Mulkey
Thriller. **Last Play** *1995, rating Sky 18, 88 mins*
3.10-4.50am Cross My Heart
1987, rating Sky 18, 87 mins

SKY MOVIES SCREEN 2

6.00am Old Man
1997, rating Sky PG, 92 mins
8.00 French Line
1954, rating Sky U, 102 mins
10.00 Skateboard Kid 2
Dee Wallace Stone, Bruce Davison
1995, rating Sky U, 88 mins
12noon In the Line of Duty: Smoke Jumpers
Adam Baldwin, Lindsay Frost
1996, rating Sky PG, 88 mins
2.00pm French Line
Jane Russell, Gilbert Roland, Arthur Hunnicutt, Craig Stevens, Mary McCarty, Steve Geray
Musical in which a buxom Texan woman gets into all kinds of amorous adventures while in Paris. *1954, rating Sky U, 102 mins*

4.00 Old Man
Jeanne Tripplehorn, Arliss Howard, Jerry Leggio
Period drama in which a group of prisoners are asked to help with a savage flood along the banks of the Mississippi River in 1927. The temptation to escape is too much for one inmate, but another stays to rescue a pregnant woman. *1997, rating Sky PG, 92 mins*
6.00 Skateboard Kid 2
Dee Wallace Stone, Bruce Davison, Andrew Stevens, Trenton Knight, Brooke Stanley
Children's adventure in which a 12-year-old boy's dreams of taking to the skies are answered by a skateboard which is imbued with magical powers. *1995, rating Sky U, 88 mins*
7.40 US Top Ten
Popular American movies.
8.00 Some Mother's Son
Helen Mirren, Fionnula Flanagan, John Lynch, David O'Hara, Aiden Gillen
PREMIERE Northern Ireland drama based on the true story of hunger striker Bobby Sands, who was jailed for terrorist offences, and two mothers whose lives are unavoidably affected by his stance. *1996, rating Sky 15, 107 mins*
10.00 Get Shorty
John Travolta, Gene Hackman, Rene Russo, Danny DeVito
All-star comedy. A Miami loan shark heads for LA to collect a gambling debt from a producer, and becomes enthusiastic about the film business. **Text** *1995, rating Sky 15, 101 mins*
11.45 Siren's Kiss
Bobby Johnston, Dixie Beck
Erotic drama for adults only. *1995, rating Sky 18, 91 mins*
1.20am Original Gangstas
Fred Williamson, Pam Grier
Action movie with Blaxploitation stars. *1996, rating Sky 18, 99 mins*
3.05-5.00am Hotel Sorrento
Caroline Goodall, Caroline Gillmer
Relationship drama. *1996, rating Sky 15, 108 mins*



Matthew Broderick and Jim Carrey star in 'The Cable Guy': Sky Movies Screen 1 10.30pm

SKY MOVIES GOLD

4.00pm Hatari!
John Wayne, Red Buttons, Elsa Martinelli, Hardy Kruger, Bruce Cabot, Gerard Blain
Howard Hawks' light-hearted adventure set in Africa, where the title is Swahili for danger! An animal hunter encounters all kinds of obstacles in his quest to procure wildlife specimens for interested zoos. *1962, rating Sky U, 151 mins*
6.30 Star Trek IV: The Voyage Home
William Shatner, Leonard Nimoy, DeForest Kelley, James Doohan, George Takei, Catherine Hicks
Light-hearted science fiction adventure in which Captain Kirk and the crew of the *USS Enterprise* must travel back in time to the Eighties to save a pair of whales which hold a key to the future of human life. *1986, rating Sky PG, 114 mins*
8.30 Crazy People
Dudley Moore, Daryl Hannah, Paul Reiser, Mercedes Ruehl
Comedy. Advertising executive Emory Leeson decides to tell the brutal truth in his company's advertisements, and is placed in a mental institution. But when they are mistakenly printed, they cause a sensation. *1990, rating Sky 15, 91 mins*
10.10 Death Hunt
Charles Bronson, Lee Marvin, Angie Dickinson
Action thriller. A Canadian mountie searches for a man who is falsely accused of murder. *1981, rating Sky 18, 93 mins*
11.50 Stone Cold
Brian Bosworth
Action thriller in which a gang of bikers practice extortion. *1991, rating Sky 18, 88 mins*
1.25am Taps
George C Scott, Tom Cruise, Timothy Hutton, Sean Penn
Siege drama. *1981, rating Sky 12, 121 mins*
3.35-5.20am Scared Stiff
Dean Martin, Jerry Lewis
Comedy set on a Caribbean island. *1952, rating Sky U, 103 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm The Last Elephant
John Lithgow, Isabella Rossellini, James Earl Jones, Tony Todd
African adventure. A hard-living former-novelist from New York sets out to trace a wildlife photographer who has disappeared in the Kenyan bush. Soon he is embroiled in the dangerous world of elephant poachers who are illegally dealing in ivory. *1990, 94 mins*
11.00 Butterfield 8
Elizabeth Taylor, Laurence Harvey, Eddie Fisher
Melodrama about a prostitute's affair with a married man.
Widescreen *1960, 104 mins*
1.00am King's Row
Ann Sheridan, Robert Cummings, Ronald Reagan, Betty Field, Claude Rains, Charles Coburn
Melodrama set in the American Midwest. *1942, 127 mins*
3.15-5.00am The Last Elephant
John Lithgow, Isabella Rossellini
African adventure. *1990, 94 mins*

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons Text 10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon Married... With Children 12.30pm M*A*S*H 1.00 Geraldo 2.00 Sally Jessy Raphael

3.00 Jenny Jones
I Have the Hots for You Bad People
tell their friends they want more than just a platonic friendship in today's discussion show with Jenny Jones.

4.00
The Oprah Winfrey Show
Another chat-filled edition of this top-rated talk show, hosted by the diva of daytime television, Oprah Winfrey.

5.00 Star Trek: Voyager
The Thaw
Voyager activates an automated message from members of the Kohl settlement in artificial hibernation. **Text**

6.00 The Nanny
A Kiss is Just a Kiss
With guest Billy Ray Cyrus. **Text**
6.30
Married... With Children
Ride Scare **Text**
7.00 The Simpsons
Homerpalooza
Homer takes Bart and Lisa to a music festival. **Text**
7.30 Real TV
Actual real-life events.
8.00 America's Dumbest Criminals
A thief gets into a police car rather than his getaway vehicle.
8.30 Seinfeld
The Millennium
9.00 Friends
Pilot
The very first *Friends* episode.
9.30 Friends
The One with the Sonogram
With guest Elliott Gould.
10.00 ER
Hit and Run
Dr Carter contacts the wrong parents to inform them that their son is dead, and Ross remains attracted to Hathaway.
11.00 Star Trek: Voyager
The Thaw
Voyager activates an automated message from members of the Kohl settlement in artificial hibernation. **Text**
12midnight Nash Bridges
Inside Out
Joe goes undercover in prison to gain valuable information about a Mexican gang leader. Starring Don Johnson. **Text**
1.00-6.00am Long Play
A VJ-free zone featuring every type of music.

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE LOST WORLD
Blockbusting sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum and Julianne Moore. *1997, rating Sky 12, 123 mins*
PLAYS AT 10.00pm, 12.30am, 3.00am

Sky Box Office 2
Channel 52
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
MEN IN BLACK
Sci-fi comedy spectacular starring starring Will Smith and Tommy Lee Jones. *1997, rating Sky PG, 94 mins*
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide detective who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 30 July

UK GOLD

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 Dangerfield 10.30 The Sullivans 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 All Creatures Great and Small 2.00 Dallas 2.55 The Bill
The Wee Small Hours

3.25 The Bill
Photocall
In the aftermath of a riot, Garfield wonders if he went too far.
3.55 Dangerfield
Trial
Paul finds it hard to be impartial when he is a prosecution witness at a murder trial.
4.55 EastEnders
More drama with the familiar faces from Albert Square.
5.30 Home to Roost
Plastic Dreamworld
Wayward Matthew tells his father Henry that he wants to open his own bank account.
6.00 All Creatures Great and Small
Be Prepared
A dog comes round from an operation and wanders off – upsetting the vets's plans.
7.00 2Point4 Children
Fortuosity
An alien force is at work, and the house is besieged.
7.40 Dad's Army
Boots, Boots, Boots
The men are instructed in the three Fs.
8.20 Canned Carrott
Jasper Carrott with more stand-up comedy and sketches, including *The Detectives*.
9.00 Bugs
Fugitive
Ros finds a lost computer disk which turns her world upside down, and there is a traitor in the secret services.
10.05 Bottom
Burglary
Richie and Eddie catch a burglar.
10.45 The Comic Strip Presents...
Beat Generation
In the summer of 1960, a weekend hipster wants to be part of the underground scene.
11.25 The Bill
The Wee Small Hours
11.55 The Bill
Photocall
12.25am Live at Jongleurs
12.55 The Equalizer
Memories of Manon – Part I
Control's goddaughter is given an ultimatum by the mob.
1.40 The Equalizer
Memories of Manon – Part II
2.30-7.00am Shopping at Night

LIVING

6.00am Tiny Living 9.00 Rolonda 9.50 Jerry Springer 10.40 The Young and the Restless 11.35 Brookside 12.05pm Jimmy's 12.35 Animal Rescue 1.00 Rescue 911 1.30 Ready, Steady, Cook
Culinary race against the clock.
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly a star of *The Cosby Show*.
5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.
7.00 Rescue 911
William Shatner hosts the series.
7.30 Mysteries, Magic and Miracles
Patrick Macnee travels the world in search of baffling stories.
8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.
9.00 FILM: All Lies End in Murder
Kim Delaney
Thriller about the wife of a successful policeman who begins to suspect that her husband may be involved in corruption and even murder. *1997*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Gladiators 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 A Fine Romance 1.30 The Army Game 2.00 Within These Walls

3.00 Gladiators
Super-fit members of the public challenge Britain's favourite team of titanic sports stars. Presented by Ulrika Jonsson and John Fashanu.
4.00 Hawaii Five-0
The Guarnerius Caper
The theft of a priceless violin belonging to a touring Russian musician threatens to explode into an international incident.
5.00 Hart to Hart
On a Bed of Harts
With the purchase of their honeymoon bed, Jonathan and Jennifer become entangled in an art smuggling scheme.
6.00 Emmerdale
More rural soap drama.
6.30 Classic Coronation Street
Ivy is shocked when Gail asks Elsie to be the baby's godmother.
7.00 Surgical Spirit
The Holiday Job
Comedy with Nichola McAuliffe.
7.30 The Fenn Street Gang
When Did You Last See Your Father?
8.00 Dempsey & Makepeace
The Prize Fighter
The crime-fighting duo are on the trail of an illegal prize-fighting organisation.
9.00 Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm Motor Week
Presented by Chris Goffey, Howard Stableford, Mike Rutherford and Ginny Buckley.
11.30 4 Wheels Good
Magazine programme.
12midnight Rally World
Eric Michell presents a roundup of the best rallying action from locations around the globe.
12.30am Car File
1.00 The E! True Hollywood Story
Featuring the second part of an interview with OJ Simpson.
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin – The Series 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Double Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 The Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in the Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the crazy characters from *The Lion King*.
3.30 Aladdin – The Series
The young hero and the people of Agrabah fight evil. Text
4.00 101 Dalmatians
Canine cartoon capers.
4.30 Recess
Six friends help each other. Text
4.45 Pepper Ann
The girl just wants to be cool. Text
5.00 Smart Guy
Lab Rats
TJ and Mo decide to study TJ's family for a biology project. Text
5.30 Brotherly Love
Comedy series. Text
6.00 Teen Angel
Honest Abe and Popular Steve
Marty continues his mission to make Steve popular. Text
6.30 Boy Meets World
Stormy Weather Text
7.00 FILM: Garbage Picking
Tony Danza, Ray Wise, Jessica Tuck, Art LaFleur
Comedy. They call him the 'garbage-picking, field goal kicking, Philadelphia phenomenon' – the hottest rookie in the NFL. But he's also Barney Gorman, a sanitation worker. *1997*
8.30 The Wonder Years Text
9.00 Honey, I Shrunk the Kids: The TV Show
Honey, He's Not Abominable, He's Just Misunderstood
Amy twists her ankle. Text
9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Dilly Dines Out 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network 12.30pm Frances Bissell's Westcountry Kitchen 1.00 Food for Thought 1.30 Ideal Home Cooks 2.00 Chef on a Shoestring 2.30 Food Network Daily 3.00 A Year at Ballymaloe 3.30 Coxon's Kitchen College 4.00 From the Ground Up
Backyards and Patios
4.30-5.00pm Sophie's Meat Course

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 Byker Grove
Gary and Noddy plan a night out without the Grove Patrol.
6.30 Pull the Other One
Celebrity teams attempt to spin stories about themselves.
7.00 Rising Damp
Things That Go Bump in the Night
Rigsby plays on Alan's fear of the unknown.
7.30 Desmond's
Shirley's Sermon
8.00 The Upper Hand
Charlie is asked out on a date by Laura's psychology professor.
8.30 Motorway
A drink-driver is involved in a horrific crash.
9.00 St Elsewhere
Down's Syndrome
Hospital drama series. Dr Cavanero tries to tell a couple that their child will be born with Down's syndrome.
10.00 Auf Wiedersehen, Pet
For Better or Worse
Ally's business dealings are not going too well, and Hazel proves quite a handful for Barry.
11.00 Boon 12midnight Doctor Down Under 12.30am-1.00am Fast Forward

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Some Mother's Son
Sky Movies Screen 2 8.00pm
A chance for Helen Mirren to show off her rich acting ability. Her son has been jailed for terrorist-related offences and is on hunger strike. She joins another hunger striker's mother in an uneasy alliance to cope with the ordeals of watching a son die in front her own eyes.

GENERAL

The Comic Strip Presents ...
UK Gold 10.45pm
Beat Generation reveals what it was really like to be a weekend hipster with maverick poets, angry young men and arty types all mixing together to act weird and talk dirty in the summer of 1960. Another classic from the vaults of French, Saunders, Mayall, Planer and Co.

ADVERTISEMENT

FAMILY FORTUNES 5.45PM
Challenge tv

What crackpot answers will today's families come up with? You can play along with television's top game show, as voted for in the Challenge TV 1998 Game Show Awards earlier this year. Les Dennis is the host.

Thursday 30 July

EUROSPORT

6.00 AM MORNING

7.30am Golf
8.30 Cycling
10.00 Tennis – LIVE
Action from the ATP Tournament in Austria.
12noon Motorsports
Motoring magazine.
1.00pm Cycling
Highlights from yesterday's stage of the Tour de France.
2.00 Cycling – LIVE
Action from the 218km-long 18th stage of the Tour de France between Aix-les-Bains and Neûchatel. Located on the Northern bank of the lake bearing the same name, Neûchatel will host the Tour for the first time and is thoroughly attached to its cultural traditions – it is said that this is where the French language is the purest.

3.00 PM

4.30 Basketball
Action from the preliminary round of the World Championship in Athens, where the USA take on Lithuania at the Peace and Friendship Stadium.

4.00 PM

5.00 PM

6.00 PM

6.00 Basketball
Action from the World Championship in Athens, where Russia meet Yugoslavia at the Olympic Sports Hall.

7.00 PM

7.00 Athletics
Coverage from the seventh IAAF World Junior Championships in Annecy, France.

8.00 PM

8.00 Boxing
Coverage of another exciting bout.

9.00 PM

9.00 Cycling
Highlights of the Tour de France.

10.00 PM

11.00 PM

11.00 Motorsports
Motoring magazine.

12.00 NIGHT TIME

12midnight-12.30am Four Wheels Drive
Formula 4x4 off road action from Akranes in Iceland.

SKY SPORTS 1

7.00am Sky Sports Centre 7.15 WWF – Shotgun 8.15 Sky Sports Centre 8.30 Racing News 9.00 Euro Tour Golf: Volvo Scandinavian Masters – LIVE 12noon Aerobics Oz Style 12.30pm Tales from the Premiership: Going Down, Going Down 1.00 Full Throttle 1.30 V-Max 2.00 Euro Tour Golf: Volvo Scandinavian Masters – LIVE
Continued coverage of the first day's play from Stockholm, Sweden, venue of the Volvo Scandinavian Masters, in which some of Europe's best golfers battle for the crown.

5.00 World Wrestling Federation – Superstars
Kevin Kelly hosts riveting, action-packed WWF entertainment.

6.00 Sky Sports Centre 6.30 Tales from the Premiership: In the Shadow of United
A look at Manchester City.
7.00 Futbol Mundial
A global look at football.
7.30 World Wrestling Federation – In Your House
Highlights from the World Wrestling Federation as awesome competitors enter the ring and battle for dominance. In a sport which boasts characters such as the Undertaker, Legion of Doom, Vader, Flash Funk and Nation of Domination, nothing can be taken for granted.

10.00 Sky Sports Centre 10.15 Tales from the Premiership: In the Shadow of United 10.45 Formula Three
Motor racing.
11.15 Futbol Mundial
A global look at football.
11.45 Sky Sports Centre
Sports news service.
12midnight Tight Lines 1.00am Irish Showjumping 1.30 Rebel Sports 2.00 Tales from the Premiership: In the Shadow of United 2.30 Petrolheads 3.30-3.45am Sky Sports Centre

SKY SPORTS 2

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Tales from the Premiership 8.45 Sky Sports Centre 9.00 Fish TV: Americana Outdoors 9.30 Fish TV: Fishing Tales 10.00 World of Super League with Eddie and Stevo 12noon Watersports World 1.00pm Darts: World Matchplay – LIVE
Day four action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. All the leading contenders are battling for a place in the last four. Commentary from Sid Waddell.

5.00 Rebel Sports
Adrenaline-pumping sports.
5.30 Irish Showjumping
Action from the Irish Showjumping Grand Prix.

6.00 Inside the PGA Tour
Life behind the scenes with the American Tour.
6.30 Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of your angling queries.
7.30 Darts: World Matchplay – LIVE
Continued fourth day action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. With the end of the tournament in sight, can Phil Taylor hold on to the title he won 12 months ago in the face of such intense opposition? Commentary from Sid Waddell.

11.30 Petrolheads
The ultimate racing show that informs and educates as well as entertains.
12.30am Sky Sports Centre
All the latest news and views from the world of sport.
12.45 Futbol Mundial 1.15 Tales from the Premiership: In the Shadow of United 1.45-2.00am Sky Sports Centre

SKY SPORTS 3

11.00am Cricket: Under 19s – England v Pakistan – LIVE
Ball-by-ball action from Harrogate in Yorkshire, where England take on Pakistan in an Under 19s fixture.
2.30pm The Entertainers: Norwich and Villa
Aston Villa and Norwich City are always entertaining teams to watch.

3.00 Cricket: Under 19s – England v Pakistan – LIVE
Continued action from Harrogate in Yorkshire, where England take on Pakistan in an Under 19s fixture. The young England side are keen to impress the selectors and prove they are Test match stars of the future.

6.30 Formula Three
Action from the Formula Three circuit.
7.00 Euro Tour Golf: Volvo Scandinavian Masters
Coverage of the second day's play from Stockholm, Sweden, venue of the Volvo Scandinavian Masters. Some of the best golfers on the European Tour battle for a share of the prize money.

10.00-11.30pm Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies are joined by a football legend, who looks back at some of the key matches in his career.

TROUBLE

12noon Fresh Prince of Bel Air
American sitcom starring Will Smith.
12.30pm Heartbreak High
Hard-hitting drama about life at a Sydney inner-city high school.
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
2.30 Sweat

3.00 Ready or Not
The Last Hurrah
Canadian teen drama.
3.30 Fresh Prince of Bel Air
American sitcom.
4.00 The T Spot
Magazine show.
4.30 Saved by the Bell: The College Years
The Bayside gang returns.
5.00 Hollyoaks
Chester-based soap about a group of teenagers.
5.30 USA High
For Whom the Bell Tolls
Teenage comedy.

6.00 California Dreams 6.30 Bangs 6.45 What a Life 7.00 Saved by the Bell: College Years 7.30-8.00pm Hang Time

BRAVO

8.00pm The A-Team
Blood, Sweat and Cheers
The team comes to the aid of an outstanding racing driver who has been threatened by the Mafia.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with US police.
9.30 Cops
Police documentary series.
10.00 Italian Stripping Housewives 10.30 Red Shoe Diaries
Emily's Dance
Erotic stories.
11.00 FILM: Bill and Ted's Excellent Adventure
Keanu Reeves, Alex Winter, George Carlin
Offbeat comic adventure with two students. *1989*
1.00am Beverly Hills Bordello 1.30 Italian Stripping Housewives 2.00 Real Stories of the Highway Patrol 2.30 Cops 3.00 FILM: TNT Jackson *1974*
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg TV 8.00 G-Force 8.30 Galaxy Rangers 9.00 Buck Rogers in the 25th Century 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
Catch a Falling Star
Sam leaps back to the year 1979 as an understudy to the role of Don Quixote.
4.00 Space Precinct
Friends
Jane is taken hostage when a sting operation involving the cops of the 88th Precinct goes awry.
5.00 Amazing Stories
Fine Tuning
5.30 Mysteries, Magic and Miracles
In search of baffling stories and events.
6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
7.00 Buck Rogers in the 25th Century
The Dorian Secrets
Buck rescues a beautiful stowaway facing a death sentence.
8.00 Quantum Leap
Play Ball
Sam has to ease a Minor League baseball player into the big time – and prevent his early death.
9.00 PSI Factor – Chronicles of the Paranormal
The OSIR investigates cases of human spontaneous combustion.
10.00 FILM: Sleeping Dogs
C Thomas Howell, Scott McNeill, Heather Hanson, Ciara Hunter, Christopher Clarke, Stephen Fisher, Sean Fuller, Paul Jarrett
Futuristic action adventure about a cat burglar who tries to pull off his biggest and riskiest scam yet. *1997*
12midnight Sightings 1.00am The Bionic Woman *Sister Jaime*
2.00 Friday the 13th *Repetition*
3.00 Tales of the Unexpected *Mr Knowall*
3.30-4.00am Dark Shadows
Gothic soap.

CABLE CHOICE

SPORT

Scandinavian Masters – LIVE
Sky Sports 1 9.00am
First day golfing action from Stockholm, Sweden. A home victory is always on the cards here and actually happened last year when Joakim Haeggman delighted the local fans. In fact, Sweden are beginning to dominate, especially in Europe. There will be some lesser-known Swedes in the field, but expect men like Patrik Sjoland to challenge Jesper Parnevik and Per-Ulrik Johannson for the title of the best player in their country. It's the kind of competition that England just doesn't have right now, so watch those Swedes go!

TELEVISION X

12midnight The Ten Minute Free View 12.10am Simon Says 12.20 Diva 12.45 FILM: Adult Feature 1.00 The Five Minute Free View 1.05 FILM: continues 2.00 Rachel's Sagas 2.25 FILM: Paging Betty
Erotic tale of a Fifties film star.
3.55-4.00am What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day 12.10am Fräulein Debutantes
Erotic programme.
12.25 Babewatch the Series
Erotic mini-series.
12.50 Girls About Town 1.05 FILM: The Seduction of Julia Ann
Julia Ann, Vixxen, Arianne
Erotic drama.
2.20 Dripping Wet Video 2.50-4.00am Adult Feature

HVC

CABLE EXCLUSIVE

8.00pm FILM: Snapshot
Chantal Contouri
Thriller.
9.40 Short Cuts – Three Piece Suite 10.00 Shadow Theatre
Documentary about horror.
10.25 976 Evil 2
Patrick O'Bryan
Horror yarn.
11.55-12midnight Secrets I

Thursday 30 July

CABLE CHECK
Some of the channels listed may not be available in your area

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Shopping 7.00 Dial-a-Doc/ Nation 7.30 Fashion 8.00 Agony 8.30 BodyHeat/Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations/Fate & Fortune 10.00 Lie 10.30 BodyHeat/What's in the Box 11.00 Judge Judy 11.30 Dial-a-Vet/Dial-a-Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge 2.30 Revelations 2.45 Fate & Fortune

3.00 Dial-a-Doc
Check out any symptoms with a qualified doctor.
3.15 Dial-a-Vet
3.30 What's in the Box
3.45 BodyHeat
4.00 Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Much-needed advice for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00 The Fashion Show
The latest from the catwalk.
6.30 Dial-a-Doc
6.45 What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28 Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception.
8.28 Big City Tips
8.30 Judge Judy
More tough rulings from the people's judge.
9.00 Dog Night L!VE
Action from the tracks in Walthamstow and Wolverhampton.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
11.01 Topless Darts
More sharp and shapely dart throwing.
11.02 Exotica Erotica
Another saucy offering.
12midnight Janeycam
12.30am Private Dancer
1.00 Exotica Erotica
2.00 The Sex Show
2.30 Exotica Erotica
3.30 Serial Killers 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHALLENGE TV

5.00pm Cross Wits
Cryptic crossword conundrums presented by Tom O'Conner.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.00 Prize Time
7.15 Fifteen to One
General knowledge quiz with William G Stewart.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 3-2-1
It's All Greek to Me
Ted Rogers hosts the quiz and entertainment show in which Dusty Bin must be avoided.
11.00 Prize Time
11.15 Through the Keyhole
Celebrities try to identify famous homes.
11.45 Prize Time
12midnight Sale of the Century
Hosted by Keith Chegwin.
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
4.00 Blade Warriors
5.00-6.00am Screenshop

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am American Chart Show
11.30 The Catwalk Show
12.30pm Cybernet
1.30 Inside Hollywood
2.30 The Album Show
Classic tracks from great artists.
3.30 PDQ – The One-Stop-Shop
Innovative products are delivered straight to your door.
4.30 Cinema, Cinema, Cinema
The latest film news.
5.30 PDQ – The One-Stop-Shop
Innovative products are delivered straight to your door.
6.30 The Album Show
Classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative products are delivered straight to your door.
8.30 The A to Z of Food
Another look at the culinary alphabet.
9.30 Cinema, Cinema, Cinema
The latest film news.
10.30 PDQ – The One-Stop-Shop
Innovative products are delivered straight to your door.
11.30 The Album Show
Classic tracks from legendary artists.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music and the *Big Picture.*
12noon Non-Stop Hits
A rollercoaster of hits.
2.00pm So 90s
The greatest hits of the decade with Armstrong and Miller.
3.00 Non-Stop Hits
A rollercoaster of hits.
4.00 Select MTV
Make MTV your personal video jukebox. Presented by Donna Air.
6.00 Will Smith's Greatest TV Moments
The star of *Independence Day* and *Men in Black* picks his funniest appearances.
6.30 Daria
7.00 European Top 20
The biggest hits from across the continent.
8.00 Hot
News, videos and gossip with Sara Cox.
9.00 Up for It
Another helping of merriment with Eddy Temple-Morris.
10.00 Amour
Cat Deeley presents a passionate hour of the hottest soul music.
11.00 The Lick R&B Chart
The hottest R&B videos in the UK presented by Trevor Nelson.
12midnight Beavis and Butt-head
12.30am Banned at Bedtime
Special night time viewing of all the sexiest and uncut videos.
1.00-6.00am Night Videos

TRAVEL

CABLE EXCLUSIVE

12noon The Great Escape
12.30pm Tread the Med
Tarragona
1.00 Ridge Riders
1.30 The Rich Tradition
Slovakia – Czechoslovakia
2.00 On Tour
Italy
2.30 Reel World
Mongolia
3.00 The People and Places of Africa
A visit to Tanzania.
3.30 Whicker's World
Anguilla – I Do My Duty
When I Feel Like it
4.00 Destinations
Vanuatu
A visit to the archipelago of Vanuatu, which contains 200 islands extending over 500 miles.
5.00 Ridge Riders
Chalk Downs of Southern England – Part II
5.30 Cities of the World
Istanbul
6.00 The Rich Tradition
Slovakia – Czechoslovakia
6.30 On Tour
Italy
A visit off the beaten track.
7.00 The Great Escape
Coorg and North Goa
Watersports
7.30 Tread the Med
Tarragona
8.00 Go Greece
Thessaloniki – Metropolis of the North
8.30 The Flavours of France
Ain
9.00 Destinations
Vanuatu
A visit to the archipelago of Vanuatu, which contains 200 islands extending over 500 miles.
10.00 Reel World
Mongolia
A visit to the steppes.
10.30 The Food Lovers' Guide to Australia
11.00 Cities of the World
Istanbul
11.30-12midnight Whicker's World
Anguilla – I Do My Duty
When I Feel Like it

GRANADA BREEZE

6.00am E! Uncut 6.30 E! Mysteries and Scandals 7.00 Cook's Garden 7.30 Rosemary Conley's Cookbook 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Fashion Emergency 11.30 E! Mysteries and Scandals 12noon The View 1.00pm Cook's Garden 1.30 Rosemary Conley's Cookbook 2.00 thirtysomething

3.00 Livetime
Magazine programme covering all aspects of the worlds of health, beauty, fashion, food, gardening and the home.
4.00 Sally Jessy Raphael
Drop That No Good Loser!
American talk show in which Sally and her guests engage in discussion.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm Mind in the Waters
Dolphin behaviour.
7.30 Throttleman
With speedboat racer Steve Curtis.
8.00 Wilds of Magagasar
A visit to the island which lies off the coast of Africa and boasts a wonderful array of vegetation.
9.00 Kidnapped by UFOs?
While under hypnosis, alleged UFO abductees tell their stories with sincerity and emotion.
10.00 Return to Everest
Sir Edmund Hillary visits the people who spend their lives in the shadows of the mountain he conquered.
11.00 Nature's Nightmares: Possum – A New Zealand Nightmare
11.30 Give Sharks a Chance
12midnight The Mountain Sculptors
The invention of terraced rice paddies in south China.
12.30am-1.00am Mystery of the Neanderthals
A look at a mysterious early chapter in human evolution.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

'The Mountain Sculptors' examines the ingenious terraced rice paddies in the mountains of south China: National Geographic Channel 12midnight

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 10.00 VH1 Upbeat 12noon Ten of the Best: Eighties One Hit Wonders 1.00pm Mills 'n' Tunes 2.00 Greatest Hits of Eighties 3.00 Toyah & Chase 5.00 Pop-Up Videos 6.00 Hit for Six 7.00 Mills 'n' Tunes Eighties Special 8.00 Eighties Number Ones 10.00 Ten of the Best: Eighties One Hit Wonders 11.00 Talk Music 12midnight The Nightfly 1.00am Greatest Hits of... Phil Collins and Sade 2.00-7.00am VH1 Late Shift

The sassy Sara Cox presides over another hip helping of news, videos and gossip in 'Hot': MTV 8.00pm

Thursday 30 July

MORNING

DISCOVERY HOME & LEISURE

6.00 AM
9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 The Garden Show 10.00 Garden Calendar 10.30 New Yankee Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 The Furniture Guys 3.00 Go Fishing 3.30-4.00pm This Old House

DISCOVERY

3.00 PM
4.00pm The Diceman
The Diceman's random journey comes to an end.
4.30 Wheel Nuts
Kaye looks at Scotland's two-wheel design classic.

4.00 PM
5.00 First Flights
Flying Entrepreneurs
With Neil Armstrong.
5.30 Jurassica
Secrets of the Brontosaurus

5.00 PM
6.00 Wildlife SOS
Rescuers try to save a Canada goose and some baby foxes.
6.30 Jurassic Reef
Looks at the creatures found unchanged for aeons.

6.00 PM
7.30 Arthur C Clarke's Mysterious Universe
Into Thin Air
8.00 Hunt for the Serial Arsonist
Science Frontiers
Examining the techniques used for tracking the fireraiser.

7.00 PM
9.00 Super Structures
This Old Pyramid
Experts try to reconstruct a pyramid using solely traditional methods.

8.00 PM
10.00 Medical Detectives
Planted Evidence
10.30 Medical Detectives
Southside Strangler

9.00 PM
11.00 Forensic Detectives
Mind Hunters
Forensic experts reveal how they have solved mysterious crimes.

10.00 PM
12.00
12midnight First Flights
Flying Entrepreneurs
12.30am Wheel Nuts
1.00 Wonders of Weather
Deadly Forces
1.30-2.00am Wonders of Weather
Extremes of Nature

11.00 PM

NIGHT TIME

SKY SOAP

11.00am
Take the High Road
Archie tries to enlist the power of the press.
11.30 Emmerdale
12noon Emmerdale
12.30pm As the World Turns
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 The Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Road Runner 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 The Addams Family
3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 Mask
Green-fingered mayhem.
4.00 Beetlejuice
Ghostly animation.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Fun with the egotistical superhero.
5.30 Cow and Chicken
Fun with the odd couple.
6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric fun.
7.00 Scooby-Doo – Where are You?
Scooby and the gang investigate more ghouls.
7.30 Godzilla
The monster returns.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Anzio
4.30 World War I: Behind the German Lines
5.00 Weapons at War: Airland Battle
Traces the evolution of the teamwork between ground and air forces.
6.00 Ancient Mysteries: Samurai!
7.00-8.00pm Biography
Fabergé

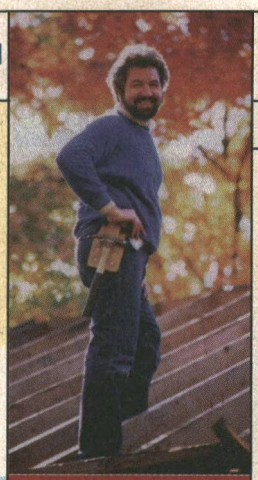
NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone
3.00 Stickin' Around
3.30 Doug
Doodle the day away with the average Doug.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Fun with the two friends.
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
The War game
Roseanne has the blues.
8.00 Grace Under Fire
The Good Mother
Single-mother sitcom.
8.30 Caroline in the City
9.00 Cybill
Cybill Shepherd stars in this sophisticated comedy.
9.30 Ellen
Ellen Unplugged
US sitcom.
10.00 Frasier
The Unnatural
Frasier learns baseball.
10.30 Cheers
Rebecca Gains, Rebecca Loses – Part II
11.00 Duckman
Award-winning adult animation series.
11.30 Festival of Fun
Comedy sketch show.

12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Eighties comedy series about bachelorhood.
1.00 Frasier
Comedy about the complicated life of a phone-in psychiatrist with a radio show.
1.30 Cheers
Classic US sitcom starring Ted Danson.
2.00 Caroline in the City
Comedy starring Lea Thompson as the New York cartoonist with a complicated private life.
2.30 Festival of Fun
Comedy sketches.
3.00 Roseanne
US sitcom starring Roseanne Barr and John Goodman.
3.30-4.00am Cybill



Handy hints on home improvement in 'Home Again with Bob Vila': Discovery Home & Leisure 12.30pm

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Vienna Philarmonic Orchestra: Mozart's Jupiter Symphony
7.45 Great Arias
8.00 Virtuoso: Vladimir Ashkenazy
Profiles one of the greatest musicians of our age, combining documentary with performance.
9.15 Classic Century: Evita
9.30 Dance: So Schnell
Created in 1990 to mark the inauguration of the Montpellier Opera House, *So Schnell* is Dominique Bagouet's reminiscences of his childhood, set to Bach's *Cantata BWV 26.*
11.00 Blues Extra: James Cotton
One of the kings of the harmonica and guitar plays a selection of favourites.

12midnight-1.00am Jazz Greats: Branford Marsalis
One of the world's leading saxophonists hosts a guided tour through the major figures of the tenor sax.

SKY TRAVEL

11.00am
The American Trail
11.30 Globetrotter
12noon Exotic Islands
12.30pm Getaway
1.00 Discover Your World
India
1.30 The Great Escape
2.00 Travel Tips
3.00 Globetrotter
3.30-4.00pm Walker's World
Egypt: Across the Sinai

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 24 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00pm USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Science and Technology 1.15 Asian Edition 1.30 Business Asia 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.30 Sport 11.00 View 12.30am Moneyline 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 3.30 Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Business 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.00 News on the Hour 3.30 Global Village 4.00 News on the Hour 4.30 CBS Evening News 5.00 News on the Hour 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin/Journal du Temps 7.00 Minutes/Journal du Temps 7.05 Journal Télévisé de Radio Canada 7.30 Le Journal du Temps 7.35 Questions Pour un Champion 8.00 Minutes 8.05 Zig Zag Café 9.00 Minutes 9.05 Forts en Tête 10.00 Minutes 10.05 La Clef des Champs 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal Télévisé France 3 11.55 Le Journal du Temps 12noon La Vie à l'Endroit 1.30pm Verso 2.00 Savoir Plus 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si La Chanter 5.00 Questions Pour un Champion 5.30 Journal/Le Journal du Temps 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal Télévisé Suisse 7.00 Spécial Cinéma Africain: Nyamanton 9.00 Journal Télévisé de France Télévision 9.30 Résumé du Tour de France 9.45 Francofolies de Montréal 10.45 Envoyé Spécial 11.15 Résumé du Tour de France 11.25 Le journal du temps 11.30-12midnight Soir 3

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Khiladi 1.00 Badalte Rishte 1.30 FILM 4.00 Ghatan 4.30 Lahu Ke Phool 5.00 Nasal 6.00 Mumkin 6.30 Dard 7.00 Badalte Rishte 7.30 News 8.00 Dekh Bhai Dekh 8.30 FILM 11.30 News 12.00 Badalte Rishte 12.30am Dekh Bhai Dekh 1.00 FILM 4.00 Show Theme 4.30 Lahu Ke Phool 5.00 Classical Music 6.00 Sunhere Pal 6.30 News 6.45 Business Plus 7.00-7.30am First Edition

ZEE TV

4.00am GUJARATI FILM: Khemro Lodan 6.30 Narsaiyo 7.00 Jaagran 7.30 Pakistan Business Update 8.00 News 8.30 Buniyaad 9.00 Antar Na Ekant 9.30 Filmi Baatein 10.00 Amar Bail 11.00 Pot Luck 11.30 Kurukshetra 12noon HINDI FILM: Indira 3.00pm Chashme Badoor 3.30 Dastaan 4.00 Campus 4.30 Vikram Aur Betaal 5.00 Aur Ek Minute 5.30 Farideal Antakshari 6.00 Love Stories 6.30 Lollywood 7.00 Dam Dama Dam 7.30 Cinemagic 8.00 News 8.30 Andaz 9.00 Hasratein 10.00 Shotgun Show 10.30 Thursday Suspense 11.30-12midnight Horror Show

RACING CHANNEL

11.00am Racing Review
12.30pm Live at Lunchtime
2.00-6.00pm Live Racing
From Doncaster, Galway and Newton Abbot with Mark Johnson and Robin Gray.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.45-11.00am CMTV

PARLIAMENTARY CHANNEL

CABLE EXCLUSIVE

5.30 This Week in the Lords 1.00pm Questions from the House 2.00 Europe This Week 2.30 Commons Live 11.00-12midnight Questions from the House

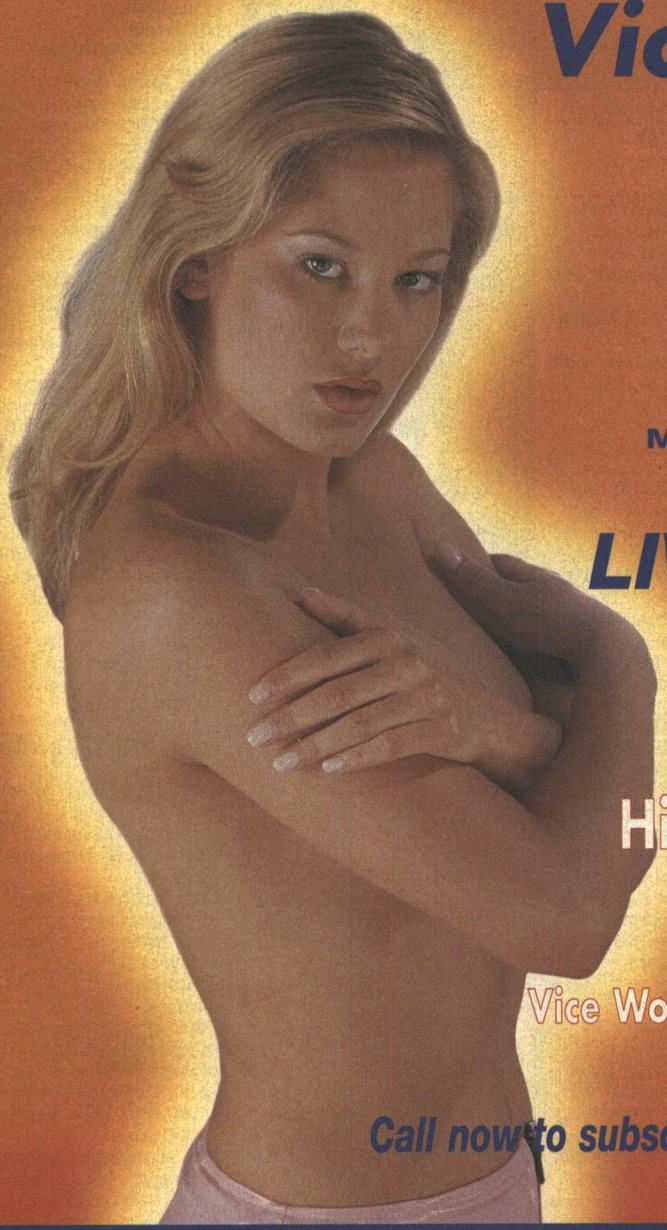
BRITAIN'S HOTTEST CHANNEL

Watch Baby Vice - The Really Sexy One

Vice World

TELEVISION X

The Fantasy Channel
Midnight - 4.00am



LIVE EXTRAVAGANZA
Caesar's Rude Arena

NEW FILMS
Highway, Night Shift, Call Girls

SENSUOUS SHOWS
Vice World, Strip O Gram Girls, Fantasy Night Calls

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Friday 31 July

SKY MOVIES SCREEN 1

6.00am Farewell to the Planet of the Apes
1974, rating Sky PG, 90 mins
7.40 David Copperfield
1970, rating Sky U, 113 mins
9.40 A Walton Easter
1996, rating Sky U, 86 mins
11.20 A Little Princess
Eleanor Bron, Liesel Matthews
1995, rating Sky U, 93 mins
1.00pm David Copperfield
1970, rating Sky U, 113 mins

3.00 A Walton Easter
Richard Thomas, Ralph Waite
Drama which sees the return of television's favourite family. The Waltons have been reunited for the 40th anniversary of John and Olivia. John-Boy and his pregnant wife Janet are visiting from New York, but the first of many surprises comes when Elizabeth returns home – for good. *1996, rating Sky U, 86 mins*

5.00 Eight Men Out
John Cusack, Charlie Sheen, DB Sweeney, David Straithairn
Drama about the Chicago Black Sox scandal of 1919, in which the World Series favourites Chicago White Sox threw the championship in return for a handsome pay-off from the book-makers. However, the plan backfired, shocking the nation. *1988, rating Sky 15, 115 mins*

7.00 A Little Princess
Eleanor Bron, Liesel Matthews
Family drama about a young girl who is sent to boarding school when her father joins the British in World War I. Sara finds herself under the regime of headmistress Miss Minchin, who tries to bring the girl down a peg or two. Sara is in for another shock when she hears that her father has been killed. *1995, rating Sky U, 93 mins*

9.00 Mr Wrong
Ellen DeGeneres, Bill Pullman, Joan Cusack, Dean Stockwell, Joan Plowright
PREMIERE Satirical comedy about a single woman who thinks she has finally found Mr Right. However, by the time she realises her mistake, she finds she can't get rid of him. *1996, rating Sky 12, 93 mins*

10.45 Movie Show
Hosted by Richard Jobson.

11.15 Elke
Shauna O'Brien, Griffin Drew
Adult drama about a back-packer who is taken in by a conventional family with erotic results. *1995, rating Sky 18, 98 mins*

1.00am When Saturday Comes
Sean Bean, Emily Lloyd
Text Last Play *1995, rating Sky 15, 94 mins*
2.40 Going Berserk
1983, rating Sky 15, 81 mins
4.10-6.00am Drop Squad
1994, rating Sky 15, 84 mins

SKY MOVIES SCREEN 2

6.00am The Swan Princess
Voice of John Cleese
1994, rating Sky U, 85 mins
8.00 Three Smart Girls
1936, rating Sky U, 80 mins
10.00 Out There
Bill Campbell, Rod Steiger
1995, rating Sky PG, 94 mins
12noon Kid Cop
Alexandra Paul, Edward Albert
1996, rating Sky U, 89 mins
2.00pm Three Smart Girls
Deanna Durbin, Alice Brady, Binnie Barnes, Ray Milland
Charming comedy musical about a youngster who, with the help of her two sisters, makes an attempt to reunite her estranged parents *1936, rating Sky U, 80 mins*

4.00 The Swan Princess
Voices of Jack Palance, John Cleese, Steven Wright
Animated adventure about a princess who is turned into a swan. Princess Odette has fallen in love with Prince Derek, but an exiled magician who wants Odette for himself conjurs a spell which transforms the princess into a swan. *1994, rating Sky U, 85 mins*

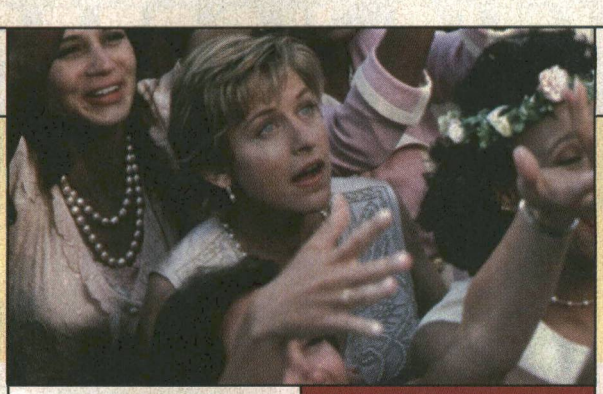
6.00 Kid Cop
Alexandra Paul, Edward Albert, Cindy Pickett, Tim Thomerson, Jeremy Lelliott
Action movie about a ten-year-old whose obsession with detective work plunges him into a dangerous adventure. *1996, rating Sky U, 89 mins*

7.30 UK Top Ten
The most popular ten films currently on release in Britain.

8.00 Dead Man Walking
Susan Sarandon, Sean Penn
Fact-based drama about a nun who sets out to help a killer on Death Row. She is moved by the plight of the angry young man who is awaiting execution for murders and shows no remorse. The two become unlikely allies in a world with which they can no longer identify. **Text** *1995, rating Sky 15, 117 mins*

10.00 Preview: Ransom
10.05 Ransom
Mel Gibson, Rene Russo, Gary Sinise, Delroy Lindo, Lili Taylor
Nail-biting thriller about a rich executive who is plunged into a waking nightmare when his son is abducted and held for ransom by a desperate criminal gang. Unimpressed by the FBI's efforts to find him, Tom decides to take matters into his own hands – much to the horror of his wife. *1996, rating Sky 18, 117 mins*

12.10am Strange Days
Ralph Fiennes, Angela Bassett
Text *1995, rating Sky 18, 139 mins*
2.35 Rough Magic
1995, rating Sky 12, 100 mins
4.20-6.00am Out There
1995, rating Sky PG, 94 mins



Ellen DeGeneres stars in the premiere of the comedy 'Mr Wrong': Sky Movies Screen 1 9.00pm

SKY MOVIES GOLD

4.00pm Donovan's Reef
John Wayne, Jack Warden, Lee Marvin, Elizabeth Allen, Dorothy Lamour, Cesar Romero, Mike Mazurki
Raucous action comedy about a pair of war veterans who join forces to help a young woman to find her missing father. *1963, rating Sky PG, 104 mins*

6.00 Pee-wee's Big Adventure
Paul Reubens, Elizabeth Daily, Diane Salinger, Mark Holton, Tony Bill, Cassandra Peterson, James Brolin, Morgan Fairchild, Jan Hooks
Madcap comedy about Pee-wee Herman, a child-like adult who embarks on a bizarre quest to find his stolen bicycle. *1985, rating Sky PG, 88 mins*

8.00 Wall Street
Michael Douglas, Charlie Sheen, Daryl Hannah, Terence Stamp, Hal Holbrook
Oliver Stone's scorching drama about a young dealer who, seduced by money and power, hooks up with a high-powered company trader and is forced to compromise his morals and 'sell his soul' for success. *1987, rating Sky 15, 120 mins*

10.00 Predator
Arnold Schwarzenegger, Carl Weathers, Elpidia Carrillo, Bill Duke, Jesse Ventura
Arnold Schwarzenegger and a platoon of tough mercenaries become the quarry of a terrifying alien beast in the jungles of South America in this action tale. *1987, rating Sky 18, 102 mins*

11.55 Heartburn
Meryl Streep, Jack Nicholson
Domestic drama. *1986, rating Sky 15, 105 mins*

1.45am The Sand Pebbles
Steve McQueen, Richard Crenna
War drama. *1966, rating Sky 15, 172 mins*

4.40-5.55am Three Blind Mice
Loretta Young, David Niven
1938, rating Sky U, 72 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT

9.00pm
WCW Nitro on TNT
Two hours of the latest WCW wrestling action from the USA.

11.00 The Maltese Falcon
Humphrey Bogart, Mary Astor, Peter Lorre, Sydney Greenstreet, Barton MacLane
Classic mystery about a cynical private eye who becomes involved in the dangerous quest for a priceless 16th-century statuette. *1941, 96 mins*

12.45am Brotherly Love
Peter O'Toole, Susannah York
1969, 108 mins

2.45-5.00am The 25th Hour
Anthony Quinn, Virna Lisi
1967, 114 mins

SKY ONE

8.00am Tattooed Teenage Alien Fighters from Beverly Hills 8.30 Street Sharks 9.00 Garfield 9.30 The Simpsons 10.00 Games World 10.15 Games World 10.30 Just Kidding 11.00 The New Adventures of Superman 12noon
Married... With Children Text
12.30pm M*A*S*H
1.00 Geraldo
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Jenny's Hot Celebrity Lookalikes
Celebrity lookalikes including Monica from *Friends* and *ER*'s Dr Mark Greene feature on today's show.

4.00
The Oprah Winfrey Show
More from the talk show which enjoys world-wide popularity.

5.00 Star Trek: Voyager
Symbiogenesis
While attempting to transport back to *Voyager*, a bizarre occurrence causes Neelix and Tuvok to arrive aboard as one. **Text**

6.00 The Nanny
Strange Bed Fellows
Fran worries about her future.

6.30
Married... With Children
Legend of Iron Head Haynes **Text**

7.00 The Simpsons
Summer of 4ft 2
While on summer vacation, Lisa sheds her nerdy image in an effort to make new friends. **Text**

7.30 Real TV

8.00
Highlander: The Series
Saving Grace
MacLeod's old friend Grace is in danger from former lover and immortal Carlo Sendaro.

9.00 Walker, Texas Ranger
Devil's Turf
When students start dying from accidents related to a new drug craze, Walker tries to uncover the source of the drugs.

10.00 Cops
Las Vegas
Officers question a man who stabbed someone during an atempted robbery.

10.30 Cops

11.00 Star Trek: Voyager
Symbiogenesis
While attempting to transport back to *Voyager*, a bizarre occurrence causes Neelix and Tuvok to arrive aboard as one. **Text**

12midnight Nash Bridges
Knockout
Nash pursues a couple of sex offenders, finds out that his sister is dating his ex-girlfriend and is even more shocked to find that the new woman in his life is married.

1.00-7.00am Long Play

SKY box office
JUST THE TICKET
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
THE LOST WORLD
Blockbusting sequel to *Jurassic Park* in which it transpires that a second island full of dinosaurs exists. Starring Jeff Goldblum and Julianne Moore. *1997, rating Sky 12, 123 mins*
PLAYS AT 10.00pm, 12.30am, 3.00am

Sky Box Office 2
Channel 52
DANTE'S PEAK
Pierce Brosnan stars in this special effects-filled disaster movie as a volcanologist who believes a long-dormant volcano next to which a town is built is about to erupt. *1997, rating Sky 12, 104 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
MEN IN BLACK
Sci-fi comedy spectacular starring starring Will Smith and Tommy Lee Jones. *1997, rating Sky PG, 94 mins*
PLAYS AT 7.00am, 9.00am, 11.00am, 1.00pm, 3.00pm, 5.00pm, 7.00pm, 9.00pm, 11.00pm, 1.00am, 3.00am, 5.00am

Sky Box Office 4
Channel 54
MURDER AT 1600
Wesley Snipes is back in business as a Washington homicide detective who thinks he's seen it all – until his latest case gives him the biggest shock of his life. *1997, rating Sky 15, 102 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

UK GOLD

7.00am Crossroads
7.30 Neighbours 7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 Dangerfield
10.30 The Sullivans
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00
All Creatures Great and Small
2.00 Dallas
2.55 The Bill
Love Me, Love My Dog

3.25 The Bill
Heart of Gold
Boulton and Lines uncover some dodgy dealings.
3.55 Dangerfield
Eden
Al Dangerfield's battle for independence continues as she decides to rent an isolated country cottage with a friend.
4.55 EastEnders
The unlucky Walford residents plough on with their troubled lives.
5.30 Home to Roost
Open House
Sitcom about a divorcee.
6.00 All Creatures Great and Small
A Dying Breed
To Tristan's dismay, he becomes regarded by Darrowby clients as the best vet in the business.
7.00 2Point4 Children
Curiosity Killed the Cat
Bill witnesses some unusual goings on at Rona's house through a telescope.
7.40 Dad's Army
Save My Boy!
8.20 Canned Carrott
Jasper Carrott serves up some more stand-up comedy and sketches, featuring his customary philosophical monologues.
9.00 Whatever Happened to the Likely Lads?
Storm in a Tea Chest
Terry helps Bob move his most treasured possessions.
9.40 Minder
The Son Also Rises
Terry is employed to look after the son of a crooked property tycoon.
10.45 Rising Damp
Clunk Click
Rigsby takes Miss Jones out for a spin in his new sports car.
11.20 The Bill
Love Me, Love My Dog
McCann learns some hard truths.
11.50 The Bill
Heart of Gold
12.20am FILM:
The Incredible Shrinking Man
Grant Williams, Randy Stuart
Classic Fifties sci-fi about a man who won't stop shrinking. *1957*
1.45 The Jack Dee Show
2.15 Canned Carrott
2.45-7.00am Shopping at Night

LIVING

6.00am Tiny Living
9.00 Rolonda
9.50 Jerry Springer
10.40 The Young and the Restless
11.35 Mysteries, Magic and Miracles
12.05pm Jimmy's
12.35 Animal Rescue
1.00 Rescue 911
1.30 Ready, Steady, Cook
2.05 Rolonda
2.55 Living it Up!
Lifestyle magazine featuring celebrity guests, fashion advice and a team challenge.

3.55 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
4.45 Tempestt
Entertaining talk show with Tempestt Bledsoe, formerly a star of *The Cosby Show*.
5.35 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.
7.00 Rescue 911
William Shatner hosts.
7.30 Mysteries, Magic and Miracles
Patrick Macnee travels the world in search of baffling stories.
8.00 Side Effects
The personal triumphs and tragedies of the staff at an inner-city walk-in health clinic. Stars Albert Schultz, Nadia Capone and Joseph Ziegler.
9.00
FILM: Dying to Love You
Tim Matheson, Tracy Pollan
Tense thriller about a lonely, divorced man who places an ad in a lonely hearts column. The man initially thinks he has struck gold when the young woman who responds appears to offer everything he needs. But he gradually realises that she is not quite what she seems. *1993*
11.00-12midnight
Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS

6.00am The Box 7.00 On the Buses 7.30 Nearest and Dearest 8.00 The Fenn Street Gang 8.30 Mind Your Language 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Gladiators
11.00 Hawaii Five-0
12noon Classic Coronation Street
12.30pm Emmerdale
1.00 A Fine Romance
1.30 The Army Game
2.00 Within These Walls

3.00 Gladiators
Super-fit members of the public challenge Britain's favourite team of titanic sports stars. Presented by Ulrika Jonsson and former footballer John Fashanu.
4.00 Hawaii Five-0
Force of Waves
A boat explosion kills a wealthy businessman and seriously injures McGarrett. With Jack Lord and James MacArthur.
5.00 Hart to Hart
With This Hart I Thee Wed
The Harts witness a murder when the spiritual mentor and bridegroom of Jennifer's beloved aunt meets his untimely demise.
6.00 Emmerdale
Soap set in the heart of the Yorkshire Dales.
6.30
Classic Coronation Street
Mike's 'bad-penny' Dad turns up.
7.00 Surgical Spirit
Only a Roach
Giles' love life comes under the microscope.
7.30 The Fenn Street Gang
A Fair Swap
8.00
Dempsey & Makepeace
Extreme Prejudice
Dempsey and Makepeace join forces with a maverick MI5 man to crack a gang of arms dealers.
9.00
Classic Coronation Street
9.30 Hale & Pace
10.00 The Comedians
10.30-11.00pm
Wheeltappers & Shunters Social Club

GRANADA MEN & MOTORS

11.00pm
Foo Foo's Party Night
A night of outrageous cabaret.
11.30 Studs
Football fanzine.
11.50 Lord Lust's Lovelies
12midnight Bikini Open
12.30am
Bigger Better Battling Babes
A clan of foxy fighters claw, kick and squeeze their way to the coveted world title.
1.00 E! In Focus
Miss Universe
2.00-6.00am The Box

DISNEY CHANNEL

6.00am Bonkers 6.25 Quack Pack 6.50 Tale Spin 7.15 Aladdin 7.40 Goof Troop 8.00 Timon and Pumbaa 8.30 101 Dalmatians 9.00 Art Attack 9.35 Mighty Ducks 10.00 Smart Guy 10.30 Teen Angel 11.00 Boy Meets World 11.30 Wonder Years 12noon Brotherly Love 12.30pm Dinosaurs 1.00 Jungle Cubs 1.30 Amazing Animals 2.00 Winnie the Pooh 2.15 Bear in Big Blue House 2.45 Winnie the Pooh

3.00 Timon and Pumbaa
Fun with the two characters from *The Lion King*. Text
3.30 Aladdin – The Series
The continuing adventures of the young hero. Text
4.00 101 Dalmatians
Canine capers.
4.30 Recess
Animated series. Text
4.45 Pepper Ann
Adolescent life lessons. Text
5.00 Smart Guy
More classroom comedy. Text
5.30 Brotherly Love
Joey Lawrence and his real-life brothers star as the Roman Brothers in this comedy. Text
6.00 Teen Angel
Wrestling With an Angel
Marty helps Steve get onto the wrestling team.
6.30 Boy Meets World
I Was A Teenage Spy Text
7.00 FILM: Tom and Huck
Jonathan Taylor Thomas
Our heroes Tom and Huck (based on the Mark Twain characters) are always looking for adventure. When they steal a pirate's treasure map in order to save an innocent man from being convicted of a crime, there's bound to be trouble. *1996*
8.30 The Wonder Years
Road Trip Text
9.00 Honey, I Shrunk the Kids: The TV Show
Honey, I'm in the Mood for Love
Wayne manages to make an aphrodisiac from chocolate. Text
9.45-10.00pm Tex Avery

THE BOX

Interactive music channel which allows the viewer to select videos of their choice 24 hours a day, seven days a week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

CARLTON FOOD NETWORK

CABLE EXCLUSIVE

9.00am Food Network Daily 9.30 Food for Thought 10.00 Japaneasy 10.30 Eat Your Greens 11.00 Graham Kerr's Kitchen 11.30 Coxon's Kitchen College 12noon Food Network Daily 12.30pm High Days and Other Days 1.00 Food for Thought 1.30 Anton Mosimann 2.00 Alive and Cooking 2.30 Food Network Daily 3.00 Frances Bissell's Westcountry Kitchen 3.30 Coxon's Kitchen College 4.00 Ideal Home Cooks 4.30-5.00pm Planet Nosh
The cookery show for kids.

CARLTON SELECT

CABLE EXCLUSIVE

5.00pm Blockbusters
Bob Holness hosts the general knowledge quiz.
5.30 Gridlock
Simon Biagi hosts the fast-paced puzzle gameshow.
6.00 Byker Grove
The Turnbull children go on holiday, and Amanda makes a tough decision.
6.30 Pull the Other One
Hosted by Paul Coia.
7.00 Rising Damp
That's My Boy
Rigsby returns to find two unexpected arrivals.
7.30 Desmond's
A Matter of Life and Death
8.00 Blue Heelers
Spiderman
The search for a missing girl becomes a murder inquiry when her body is discovered in a dam. Stars Lisa McCune.
9.00 Gone to the Dogs
First of a six-part comedy drama series. When his wife leaves him, dreamer Jim Morley moves in with his son and the Tartan Terror, his son's greyhound.
10.00 Safe and Sound
Spare Parts
10.30 Us and Them
Michael Bolton's Night with Russell
Russel takes Donna on a date.
11.00 Boon 12.30am Fast Forward
1.00-2.00am The Free Frenchman

QVC

QVC The Shopping Channel is at your service 24 hours a day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Mr Wrong
Sky Movies Screen 1 9.00pm
Ellen DeGeneres stars in this comedy about a lonely producer who meets the man of her dreams (played by Bill Pullman). But when Mr Right relaxes his facade, he turns into a stalker rather than a suitor and Ellen has to rid herself of this obnoxious admirer.

GENERAL

Ten of the Best: Ronan Keating
VH1 10.00pm
Boyzone heart-throb Ronan could be a TV presenter, judging by his smooth performance here, choosing his top ten videos. Among the many secrets he reveals is the name of the band member who does a karaoke turn whenever he hears *True Colours* by Cyndi Lauper.

ADVERTISEMENT

TINY LIVING 6.00AM

Join *living*'s big, cuddly friend, tiny, for two hours of programming for pre-school children. There's advice and tips in the Mum's Club, songs and games with Sophie, Dog and Arabella (left), plus loads of other fun as well.

Friday 31 July

EUROSPORT

6.00 AM MORNING

7.30am Cycling
10.00 Tennis – LIVE
12noon Motorsports
Coverage of the Rally Charlemagne in Belgium, and the MGF Cup.
1.00pm Cycling
Highlights of yesterday's stage in the Tour de France.
2.00 Cycling – LIVE
Coverage of the 19th stage of the Tour de France, covering the 238km from La Chaux-de-Fonds to Autun.

3.00 PM

4.00 PM

4.30 Basketball
Coverage of the preliminary round of the World Championships, featuring the USA and South Korea at the Olympic Sports Hall in Athens.

5.00 PM

6.00 PM

6.00 Tennis – LIVE
Action from the quarter finals of the ATP Tournament in Umag, Croatia.

7.00 PM

8.00 PM

8.00 Athletics
Coverage of the IAAF World Junior Championships in Annecy, France.

9.00 PM

9.00 Cycling
Highlights from the 19th stage of the Tour de France, from La Chaux-de-Fonds to Autun.

10.00 PM

11.00 PM

11.00 Extreme Sports
Action from the X-Games Trials featuring bicycle stunts, in-line skating and skateboarding.

12.00 NIGHT TIME

12midnight-12.30am Extreme Sports
Skating coverage from the ASA Pro Tour in Boston.

SKY SPORTS 1

7.00am Sky Sports Centre
7.15 WWF – Superstars
8.15 Sky Sports Centre
8.30 Racing News 9.00 Volvo Scandinavian Masters – LIVE 12noon Aerobics Oz Style 12.30pm Tales from the Premiership: In the Shadow of United 1.00 Futbol Mundial 1.30 Irish Showjumping 2.00 Euro Tour Golf: Volvo Scandinavian Masters – LIVE
Continued coverage of day two from the European Tour Club in Stockholm, where this year's Volvo Scandinavian Masters takes place. Joakim Haeggman returns to defend the title he won 12 months ago.

5.00
Trans World Sport
In-depth news and information reporting on everything from the normal to the bizarre in sport.

6.00
Sky Sports Centre
The latest sporting news.
6.30 Tales from the Premiership: Glory, Glory Man United

7.00 Gillette World Sport Special
Hosted by David Jensen.
7.30
Super League – LIVE
Action from the JJB Sports Super League as two more sides go head to head and fight for crucial league points. Coverage is presented by Eddie Hemmings and Mike Stephenson.

10.00
Sky Sports Centre
10.15 Tales from the Premiership: Glory, Glory Man United
10.45 Gillette World Sport Special
Events and action from the sport world.
11.15 Wild Spirits
11.45
Sky Sports Centre
12midnight
Motor Racing: Belgium
1.00am WWF – Raw
3.00 Tales from the Premiership: Glory, Glory Man United 3.30 International Rugby Union: New Zealand v Australia – LIVE 5.30-6.00am Gillette World Sport Special

SKY SPORTS 2

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Tales from the Premiership: In the Shadow of United 8.45 Sky Sports Centre 9.00 Tight Lines 10.00 Sports Unlimited 11.00 Petrolheads 12noon Formula Three 12.30pm Dr Martens Premier League Snooker: Higgins v Davis 2.30 Equestrianism: Spruce Meadows – Shell Cup
Action from the Canadian Pacific World Cup at Spruce Meadows.

4.30 Gillette World Sport Special
David Jensen rounds up the current developments in world sport.

5.00 Futbol Mundial
Reviewing all the action from the world game.
5.30 Wild Spirits
Presented by Jason Roberts.

6.00 Inside the Senior PGA Tour
6.30 Petrolheads
The racing show that informs and educates the country's racing clubs.

7.30 Darts: World Matchplay Semi-Final – LIVE
Action from the Winter Gardens in Blackpool, where the finest darts players in the world meet to contest the World Matchplay event. Phil Taylor knows he must produce his best form in order to retain his title. The world number one faces tough competition from veteran British hero Eric Bristow. Commentary from Sid Waddell.

11.30
Watersports World
A guide to the best action on the water.
12.30am Sky Sports Centre 12.45 Senior PGA Tour 1.15 Tales from the Premiership: Glory, Glory Man United 1.45 Sky Sports Centre 2.00 Euro Tour Golf: Volvo Scandinavian Masters 4.00 Motor Racing: Belgium 5.00-6.00am Sports Unlimited

SKY SPORTS 3

12noon Trans World Sport
1.00pm Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of your angling queries.
2.00 Bobby Charlton's Football Scrapbook
Bobby Charlton and Dickie Davies are joined by a football legend who looks back at some of the key matches in his career.

3.30 Petrolheads
The ultimate racing show that informs and educates as well as entertains the country's racing clubs.

4.30 Formula Three
Action from the fast lane with the latest stage of the championship.

5.00 Motor Racing: Belgium
Another chance to catch up with the motor racing GTR International staged in Belgium.

6.00 The Winning Post: Salisbury and Newmarket – LIVE
Jeff Stelling presents horse racing action, with coverage from Salisbury at 6.55pm, 7.25 and 7.55, and from Newmarket at 6.40, 7.10, 7.40 and 8.10pm.

8.00 Euro Tour Golf: Volvo Scandinavian Masters
Second day highlights from the European Tour Club in Stockholm, where this year's Volvo Scandinavian Masters takes place. Joakim Haeggman returns to defend the title he won 12 months ago.

10.00-12midnight World Wrestling Federation – Raw
Jim Ross and Michael Cole present coverage from the World Wrestling Federation circuit as competitors battle it out on the canvas.

TROUBLE

12noon Fresh Prince of Bel Air
Will Smith has troubles with his well-to-do neighbours.
12.30pm Heartbreak High
1.30 Echo Point
Teenage soap.
2.00 Hollyoaks
Soap based around a group of teens in Chester.
2.30 Hang Time
US teen drama set in Paris.

3.00 Ready or Not
Tongue-Tied
Canadian teen drama.
3.30 Fresh Prince of Bel Air
Starring Will Smith.

4.00 The T Spot
Magazine show.
4.30
Saved by the Bell: The College Years
Teen sitcom.

5.00 Hollyoaks
Soap about the lives of a group of young people in Chester.
5.30 USA High
Teen comedy.

6.00
California Dreams
6.30 Blast
7.00 Saved By the Bell: The College Years 7.30-8.00pm Hang Time

BRAVO

8.00pm The A-Team
Lease with an Option to Die
The A-Team returns to BA's hometown, where his mother's apartment block is being terrorized by punks.
9.00 Real Stories of the Highway Patrol
Real-life drama on the roads with police officers.
9.30 Cops
Police documentary.
10.00 Italian Stripping Housewives
10.30
Red Shoe Diaries
Accidents Happen
Starring David Duchovny.
11.00 FILM: Deadly Weapons
Zsa Zsa, Harry Reems
Ultra low budget softcore sex film about a woman who suffocates her husband's killers. *1974*
1.00am
Beverly Hills Bordello
1.30 FILM: Stuck on You
Sex comedy. *1982*
3.30 Twisted
4.00 Beverly Hills Bordello
4.30 Italian Stripping Housewives
5.00-6.00am The A-Team

SCI-FI

7.30am Bloomberg Television 8.00 G-Force 8.30 Galaxy Rangers 9.00 Battlestar Galactica 10.00 Captain Power 10.30 Jupiter Moon 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Swamp Thing 2.00 The Six Million Dollar Man

3.00 Quantum Leap
A Portrait for Troian
Sam enters the world of the supernatural when he becomes a university ghostbuster.

4.00 Space Precinct
Smelter Skelter
Brogan and Haldane investigate the laundering of metals through an asteroid mining operation.

5.00 Amazing Stories
Mr Magic
An elderly magician regains his glory with a pack of cards.
5.30 SF Scene

6.00 Sightings
Tim White introduces extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

7.00
Battlestar Galactica
Battlestar Galactica
A 12-colony space mission is sabotaged and the home planets are destroyed.

8.00 Quantum Leap
Hurricane
Sam enters the body of Sheriff Archie Necaise and must prevent his girlfriend from Hurricane Camille.

9.00 PSI Factor – Chronicles of the Paranormal
The OSIR race to discover why someone dies every night on an island at sunset.

10.00 FILM: Dead Fire
Matt Frewer, Monika Schnarre, C Thomas Howell, Colin Cunningham
Futuristic thriller set in 2064 about a space station which orbits Earth, regenerating the poisoned atmosphere and containing the surviving members of humanity. *1997*
12midnight Sightings
1.00am
The Six Million Dollar Man
2.00 Friday the 13th
3.00
Tales of the Unexpected
3.30-4.00am Dark Shadows
Gothic soap about a family with a resident vampire.

CABLE CHOICE

SPORT

Equestrianism
Sky Sports 2 2.30pm
The Shell Cup from Canada is the most demanding of all show jumping competitions and ranks alongside Hickstead and Hamburg. This gruelling test for riders has almost twice as many obstacles as conventional courses.

Tennis – LIVE
Eurosport 6.00pm
The quarter-finals of the International Championship from Umag in Croatia take place today, with plenty of clay court specialists lining up for one of their last pay days of the season. Spain's Felix Mantilla won the title last year.

TELEVISION X

12midnight
The Ten Minute Free View
A free taster of the channel.
12.10am Suburban Tales
12.20
The ...-O-Gram Girl
12.45 FILM: Adult Feature
1.00
The Five Minute Free View
1.05 FILM: continues
2.00 Jane's World
2.25 FILM: Gone Wild
3.55-4.00am
What's on Tomorrow

ADULT CHANNEL

12midnight Dish of the Day
12.10am Ice Castings
12.25 Girls About Town
12.40 French Teaser
12.50 FILM: One Track Mind
When a guy finds out his girlfriend has been sleeping around, he turns to his best friend for advice.
2.00 Lay by Lovers
2.45-4.00am Facade
An ancient mask gives incredible sexual powers to those who wear it.

HVC

CABLE EXCLUSIVE

8.00pm
FILM: Eyes Beyond Seeing
Thriller about a young drifter who claims to be Jesus.
9.45 Short Cuts: Madness of Method
10.00-12midnight
FILM: Anthony's Desire
Erotic drama involving an entanglement of passion and obsession.

Friday 31 July

CABLE CHECK
Some of the channels listed may not be available in your area

CHALLENGE TV

5.00pm Cross Wits
Tom O'Connor poses the clues.
5.30 Prize Time
5.45 Family Fortunes
The big money gameshow hosted by Les Dennis.
6.15 Prize Time
6.30
Sale of the Century
Keith Chegwin hosts the general knowledge quiz.
7.00 Prize Time
7.15 Winner Takes All
Bobby Davro hosts the betting gameshow.
7.45 Prize Time
7.55 The Crystal Maze
Intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. With Richard O'Brien.
9.00 Prize Time
Win great prizes.
9.15 Strike It Lucky
Michael Barrymore hosts the madcap gameshow.
9.45 Prize Time
10.00 Endurance UK
Paul Ross, ably assisted by his two helpers, puts more madcap contestants through torturous games.
10.50 Prize Time
Win great prizes.
11.10 Jools Holland's Name That Tune
Jools and his band play the music.
11.40 Prize Time
12midnight Roll with It!
12.30am Moonlighting
1.30 The Big Valley
2.30 Big Brother Jake
3.00 Snowy River – The McGregor Saga
A New Life
4.00 Blade Warriors
5.00-6.00am Screenshop

L!VE TV

CABLE EXCLUSIVE

6.00am Revelations/BodyHeat 6.30 Home Shopping 7.00 Dial-a-Doc/Nation L!VE 7.30 Fashion 8.00 Agony 8.30 BodyHeat/ Dial-a-Vet 9.00 What's in the Box/Dial-a-Doc 9.30 Revelations 9.45 Fate & Fortune 10.00 Lie Detector 10.30 BodyHeat/Box 11.00 Judge Judy 11.30 Dial-a-Vet/Doc 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Fashion 2.00 Judge Judy 2.30 Revelations 2.45 Fate & Fortune
3.00 Dial-a-Doc
3.15 Dial-a-Vet
3.30
What's in the Box
3.45 BodyHeat
Exercise show.
4.00
Living Room Legends
Talent-spotting show.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Advice is at hand for troubled souls.
5.30 Lie Detector
Unmasking deception the modern way.
6.00
The Fashion Show
The latest catwalk update.
6.30 Dial-a-Doc
6.45
What's in the Box
7.00 Odds on Sport
Exploring the British passion for gambling.
7.28
Tiffani's Big City Tips
7.30 Agony
8.00 Lie Detector
Unmasking deception using modern methods.
8.28 Big City Tips
8.30 Judge Judy
Another real-life case.
9.00 Dog Night L!VE
Top dog racing action from Walthamstow and Wolverhampton.
10.00 Topless Darts
More sharp and shapely dart throwing.
10.02 Odds on Sport
10.28 Big City Tips
10.30 The Sex Show
11.00 Big City Tips
Saucy financial news.
11.01 Topless Darts
More shapely throwing.
11.02 Exotica Erotica
11.30 Exotica Erotica
12midnight Janeycam
12.30am Private Dancer 1.00 Exotica Erotica 2.00 The Sex Show 2.30 Exotica Erotica 3.30 Serial Killers 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am What's in the Box

CHANNEL ONE

CABLE EXCLUSIVE

30 minutes of local news, travel, weather, sport and features on the hour, every hour, plus the following features: 10.30am The Catwalk Show 11.30 Real Gardening Show 12.30pm Movies, Games & Videos 1.30 Cinema, Cinema, Cinema 2.30 Album Show
Classic tracks from legendary artists.
3.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
4.30
The Catwalk Show
Some of the world's most beautiful models strut their stuff in the latest trends.
5.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
6.30 The Album Show
More classic tracks from legendary artists.
7.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
8.30
Real Gardening Show
Green-fingered advice for the keen gardener.
9.30
The Catwalk Show
Some of the world's most beautiful models strut their stuff in the latest trends.
10.30 PDQ – The One-Stop-Shop
Innovative and unusual gifts delivered straight to your door.
11.30
The Album Show
More classic tracks.
12midnight-8.00am Local News on the hour, Album Show at half past every hour.

MTV

6.00am Kickstart
Kick into the day with the liveliest mix of music videos.
9.00 MTV Mix
New music, hits and surprises. Includes *Big Picture.*
12noon Non-Stop Hits
A roller coaster of hits.
2.00pm Dancefloor Chart
The coolest club cuts with June Sarpong.
3.00 All-Time Top 10 Special Effects Videos
The greatest surreal videos ever.
4.00 Select MTV
Make MTV your personal video jukebox. If we've got it, we'll play it. Presented by Donna Air.
5.30 MTV News Weekend Edition
6.00 Dancefloor Chart
The latest club tracks with June Sarpong.
7.00 Partyzone
The latest club music and news with Simone Angel.
9.00 Up for it
Another spectacular helping of mirth, merriment and madcap fun with Eddy Temple-Morris, live from the MTV studios.
10.00 Hot
Happening news, videos and gossip with Justin Lee Collins.
11.00 Amour
Luscious Cat Deeley presents a passionate hour of the hottest soul music to get you in the mood for love.
12midnight Singled Out
12.30am Loveline
Love advice from Adam Carolla and Dr Drew Pinsky.
1.00 Club Mix
3.00 Partyzone
5.00-7.00am Night Videos
Music through the night.

TRAVEL

CABLE EXCLUSIVE

12noon
Travel Live Stop the Week
1.00pm Pathfinders
Costa Rica
1.30 Origins with Burt Wolf
Eleuthera, The Bahamas
2.00 On Tour
Cape Verde Islands
2.30 Wild Ireland
Sligo
3.00
Of Tales and Travels
Madagascar
Travels to the fourth largest island in the world, lying in the Indian Ocean.
4.00
The Great Escape
Ladakh
4.30 Australian Gourmet Tour
Dining with Wine
5.00 Pathfinders
Costa Rica
Explores the lush rain forests of Costa Rica.
5.30 Travel Trails
Mid Wales
6.00 Origins with Burt Wolf
Eleuthera, The Bahamas
Visits the 'Family Islands'.
6.30 On Tour
Cape Verde Islands
7.00 Travel Live Stop the Week
Judi Spiers and Gareth Davis romp through another edition of the entertainment show.
8.00 Go Greece
Corfu – An Ionian Island
Visits the Greek island.
8.30 The Flavours of France
Drome
9.00 Going Places
Ireland
Travels around Ireland by bike, exploring the rich and varied geography and history of the country.
10.00 Wild Ireland
Sligo
Dermot Somers continues his Irish journey.
10.30 Floyd on Oz
Australia on a Plate
11.00-12midnight Travel Live Stop the Week
Entertainment show with Judi Spiers and Gareth Davis.

GRANADA BREEZE

6.00am E! Celebrity Profile 7.00 Roddy Llewellyn's Indoor Garden 7.30 Young Chefs 8.00 The View 9.00 Sally Jessy Raphael 10.00 thirtysomething 11.00 E! Celebrity Profile 12noon The View 1.00pm Roddy Llewellyn's Indoor Garden 1.30 The Fast Food Show 2.00 thirtysomething
3.00 Livetime
Women's magazine programme covering health, beauty, fashion, food, gardening and the home.
4.00
Sally Jessy Raphael
She Got Pregnant to Trap Him
Sally and her guests engage in lively discussion.
5.00-6.00pm Livetime
Magazine covering all aspects of health, beauty, fashion, food, gardening and the home.

NATIONAL GEOGRAPHIC CHANNEL

7.00pm
Day of the Elephant
A look at the involvement of elephants in Indian religion.
7.30
Opal Dreamers
8.00 Taking Pictures
Australian documentary-makers navigate the pitfalls of filming across a cultural boundary in Papua New Guinea.
9.00 The Mexicans: Through Their Eyes
A look at the customs, people and cities of Mexico, as varied as the cultures that have shaped it.
10.00 Night Wild: Oil Spillage in Shetland
A focus on the Shetland Island oil disaster of 1993 and re-visit the Shetlands, five years on.
11.00 Night Wild: Islands of the Iguana
Discover Fiji, the only home of the multi-coloured, banded iguana.
12midnight-1.00am Night Wild: Search for the Great Apes
Dian Fossey, the heroine on which *Gorillas in the Mist* was based, probes the worlds of the orang-utan and the mountain gorilla.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Find out how to get the most out of a trip to Ireland in 'Going Places': Travel 9.00pm

VH1

7.00am Power Breakfast 9.00 Pop-Up Video 9.30 VH1 Upbeat 12noon Ten of the Best: Gary Christian 1.00pm Mills 'n' Tunes 2.00 Jukebox 3.00 Toyah & Chase 5.00 Five@Five 5.30 Pop-Up Video 6.00 Hit for Six 7.00 Mills 'n' Tunes 8.00 VH1 Party Hits 10.00 Ten of the Best: Ronan Keating 11.00 Around and Around 12midnight The Friday Rock Show 2.00am-7.00am VH1 Late Shift

Melissa Hilton hosts 'Fate & Fortune', the show that helps with viewers' clairvoyant queries: L!VE TV, 9.45am, 2.45pm

Friday 31 July

DISCOVERY HOME & LEISURE

6.00 AM MORNING

9.00am The Joy of Painting 9.25 The Home and Leisure House 9.30 Gardeners' Diary 10.00 Grassroots 10.30 New Yankee Workshop 11.00 Screaming Reels 11.30 Hometime 12noon Our House 12.30pm Home Again with Bob Vila 1.00 Two's Country Cooking 1.30 Gimme Shelter 2.00 This Old House 2.30 The Furniture Guys 3.00 Go Fishing 3.30-4.00pm This Old House with Steve and Norm

3.00 PM

DISCOVERY

4.00 PM

4.00pm The Diceman
Russell Harris and his camera-shy cameraman continue in a new series of their random journeys.
4.30 Wheel Nuts

5.00 PM

5.00 First Flights
Fighters between the Wars
How Nazi Germany and imperial Japan redefined the arts of aerial warfare.
5.30 Jurassica

6.00 PM

6.00 Wildlife SOS
In this edition, the sad story of an injured fox.
6.30 Alaska's Arctic Wildlife
The spring awakening of wildlife on Alaska's north-west coast.

7.00 PM

7.30 Arthur C Clarke's Mysterious Universe
Meeting Mary

8.00 PM

8.00 Lonely Planet
Australia
Ian Wright's antipodean adventure begins at the huge Country and Western festival in Tamworth.

9.00 PM

9.00 Medical Detectives
Legionnaire's Disease
9.30 Medical Detectives
The Wilson Murder

10.00 PM

10.00 Adrenalin Rush Hour!
Roller Coaster
A hair-raising look at the world's scariest roller coasters.

11.00 PM

11.00 A Century of Warfare
Hitler attacks home shores in the Battle of Britain as the rest of Europe falls under Nazi control.

12.00 NIGHT TIME

12midnight First Flights
Fighters between the Wars
12.30am Wheel Nuts
Superbikes, super seats and safety codes.
1.00 Medical Detectives
Planted Evidence
1.30-2.00am Medical Detectives

SKY SOAP

11.00am Take the High Road
11.30 Emmerdale
12noon Emmerdale
Pat is on the brink of leaving her man.
12.30pm As the World Turns
Tom warns Holden not to lose his temper on the stand.
1.15 Families
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale
3.30-4.00pm Emmerdale

CARTOON NETWORK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 The Real Story of... 7.00 Thomas the Tank Engine 7.15 The Magic Roundabout 7.30 Blinky Bill 8.00 Summer Superchunks: Dexter's Laboratory 12noon The Flintstones 12.30pm Droopy: Master Detective 1.00 Tom and Jerry 1.15 Road Runner 1.30 The Bugs and Daffy Show 1.45 Sylvester and Tweety 2.00 The Jetsons 2.30 Addams Family

3.00 Wacky Races
Motorised mayhem with the drivers in jaunty jalopies.
3.30 The Mask
Green-faced mania.
4.00 Beetlejuice
Ghostly antics.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More adventures for the superhero with the superego.
5.30 Cow and Chicken
6.00 Tom and Jerry
Madcap antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly.
7.00 Scooby Doo – Where are You?
Chaotic crime-solving with the cowardly canine.
7.30 Godzilla
Monster mayhem.
8.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
8.30-9.00pm Hong Kong Phooey

THE HISTORY CHANNEL

4.00pm Battleline: Monte Cassino
4.30 World War 1: Year of Lost Illusions
Modern Marvels: The Panama Canal
Ancient Mysteries: Legends of the Arabian Nights
7.00-8.00pm Biography
Marie Antoinette
A profile of the despised Queen of France.

NICKELODEON

6.00am The Wubbulous World of Dr Seuss/Pick 'n' Mix 7.30 Arthur 8.00 Extreme Ghostbusters 8.30 Jumanji 9.00 Rugrats 10.00 Hey Arnold! 10.30 Doug 11.00 Aaahh!!! Real Monsters 11.30 Rocko's Modern Life 12noon Sister Sister 12.30pm Moesha 1.00 Kenan & Kel 1.30 The Secret World of Alex Mack 2.00 Clarissa Explains it All 2.30 Wishbone

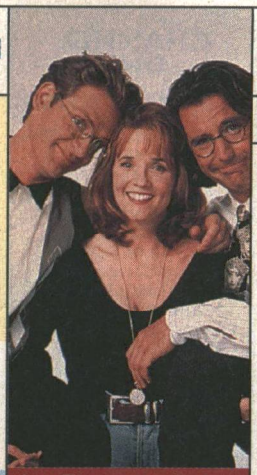
3.00 Stickin' Around

3.30 Doug
Doodle the day away with the painfully average Doug.
4.00 Hey Arnold!
More exciting adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sister Sister
There's twice the comedy and four times the fun with Tia, Tamera and their respective single parents.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Moesha

PARAMOUNT COMEDY CHANNEL

7.00pm Sister Sister
7.30 Roseanne
Landlord's Elite
US sitcom.
8.00 Grace Under Fire
No Money Down
Russells' get-rich-quick scheme goes wrong.
8.30 Caroline in the City
9.00 Cybill
Stars Cybill Shepherd.
9.30 Ellen
Ellen's Deaf Comedy Jam
Ellen wrongly thinks a deaf friend is in love with her.
10.00 Mr Don and Mr George
10.30 Cheers
The Guy Can't Help it
Rebecca falls in love with a plumber.
11.00 Duckman
Award-winning animation series for adults.
11.30 Food Fight
A saucy new food quiz.

12midnight Nurses
Medical comedy drama.
12.30am It's Garry Shandling's Show
Each episode explores Garry Shandling's hectic, often anxiety-ridden but always fun-filled life.
1.00 Frasier
1.30 Cheers
Celebrated US sitcom starring Ted Danson.
2.00 Caroline in the City
2.30 Food Fight
3.00 Roseanne
US sitcom with Roseanne Barr and John Goodman.
3.30-4.00am Cybill
Comedy series set in Los Angeles about a middle-aged actress still looking for her big break while managing her luckless lovelife and teenage daughter.



Lea Thompson is the confused cartoonist in 'Caroline in the City': Paramount Comedy Channel 8.30pm, 2.00am

PERFORMANCE

CABLE EXCLUSIVE

7.00pm Inside Hollywood
7.30 European Concert: Handel's Water Music No 2
8.00 Jazz Greats
Branford Marsalis, one of the world's leading saxophonist, hosts a tour through the major figures of the tenor sax.
9.00 Previn on Mozart: Frankfurt
André Previn continues his tour of Europe to trace the main events in Mozart's life.
10.00 World Music: Brenda Fassie
To some, Fassie is South Africa's answer to Madonna. This film explores her work.
11.15 Boston Pops Orchestra: Mandy Patinkin
A series of celebrity concerts.

12.15am-1.00am Midnight Jazz: Aki Takase
A consummate master of both the piano and the chinese koto, Takase is adept at many areas of jazz.

SKY TRAVEL

11.00am The American Trail
11.30 Globetrotter
Maine, Texas and Singapore
12midnight Exotic Islands
Newfoundland
12.30pm Getaway
1.00 Discover Your World
1.30 Great Houses of Europe
2.00 Travel Tips
Morocco
3.00 Globetrotter
3.30-4.00pm Sky Destinations

NEWS AND INTERNATIONAL

BBC NEWS 24

6.00am News 7.00 News 8.00 News 9.00 News 10.00 News 11.00 News 12noon News 1.00pm News 2.00 News 3.00 News 4.00 Newsday 5.00 Newsday 6.00 Newsday 7.00 News 7.30 Hard Talk 8.00 Europe Direct 9.00 News UK 9.30 Interactive 10.00 News 11.00 News 11.30 USA Direct 12midnight News 1.00am News 2.00 News 2.15 World News 2.30 USA Direct 3.00 News 3.15 World News 3.30 Hard Talk 4.00 News 4.30 Interactive 5.00 News 5.30-6.00am USA Direct

CNN INTERNATIONAL

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 American Edition 11.45 Report 12.30pm Earth 1.15 Asia 1.30 Business 3.30 Sport 4.30 Europe 5.00 Larry King 6.45 America 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.30am Moneyline 1.30 Q&A 2.00 Larry King 3.00 7 Days 3.30 Showbiz 4.15 American Edition 4.30-5.00am World Report

SKY NEWS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 ABC Nightline 11.30 Sky World News 12noon Sky News Today 2.30pm Parliament 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 10.30 Sportsline 11.00 Prime Time 12.30am CBS Evening News 1.30 ABC World News Tonight 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am ABC World News Tonight

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Questions pour un Champion 8.00 TV5 Minutes 8.05 Zig Zag Café 9.00 TV5 Minutes 9.05 Viva 9.45 7 Jours en Afrique 10.00 Minutes 10.05 Téléroman Canadien 10.30 Gourmandises 10.40 Autour du Tour 11.33 Journal 11.55 Le Journal du Temps 12noon L'Auberge de la Jamaïque 1.30pm Pas si Bêtes que Ça 2.00 Temps Présent 3.00 Journal 3.15 Pyramide 3.45 Bus et Compagnie 4.30 Minutes 4.35 Fa Si la Chanter 5.00 Questions pour un Champion 5.30 Journal 6.00 Paris Lumières 6.25 Un Livre, un Jour 6.30 Journal 7.00 Fiesta 9.00 Journal 9.30 Résumé du Tour de France 9.45 Pour la Gloire 11.00 Literatour 11.15-1.00am Résumé du Tour de France

ASIANET

CABLE EXCLUSIVE

7.30am News 8.00 Good Morning Today 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Music Challenge 4.30 Fauji 5.00 Nashaib 5.30 Shaque 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 Edit 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 Fauji 4.30 Swabinaan 5.00 Cultural Heritage 6.00 Music Time 6.30 News 7.00-7.30am Mehfil

ZEE TV

4.00am FILM: Ek Guna Aur Sahi 6.30 Lollywood 7.00 Jaagran 7.30 Aap Ki Adalat Aap Ka Faisla 8.00 News 8.30 Buniyaad 9.00 Bharat Ek Khoj 10.00 Hip Hip Hurray 11.00 Zaike Ka Safar 11.30 Kurukshetra 12noon FILM: Tangewala 3.00pm Hasratein 4.00 Campus 4.30 It's My Choice 5.00 Zee Zone 6.00 Love Stories 6.30 Fun Filmi Style 7.00 Chasme Badoor 7.30 Entertainment Express 8.00 News 8.30 Parampara 9.00-12midnight FILM: Sunny Deol Ziddi

RACING CHANNEL

11.00am Racing Review 12.30pm Live at Lunchtime 2.00-6.00pm Live Racing
From Bangor-on-Dee, Thirsk and Galway with Jonathon Turner and Ian Bartlett.

EURONEWS

News on the hour and half-hour, plus sport and financial news

CHRISTIAN CHANNEL

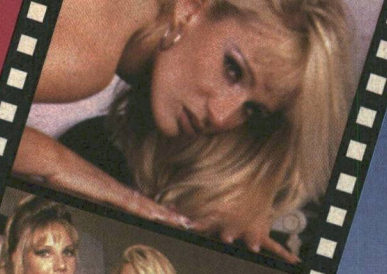
4.00am Thought for the Day 4.05 Winning Ways 5.00 Chronicles of Revival 5.30 Good News 6.00 River of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 KIDZ TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Jack Hayford/ Derek Prince 9.30 Life in the Word 10.00 In Times Like These 10.30 John Avanzini 10.40-11.00am Good Morning Europe

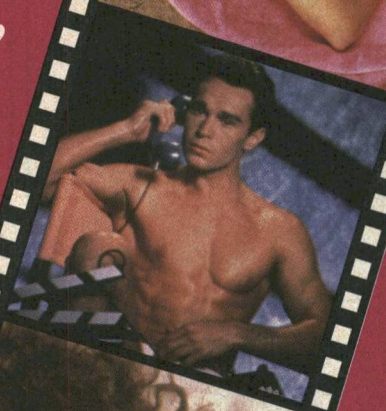
PARLIAMENTARY CHANNEL

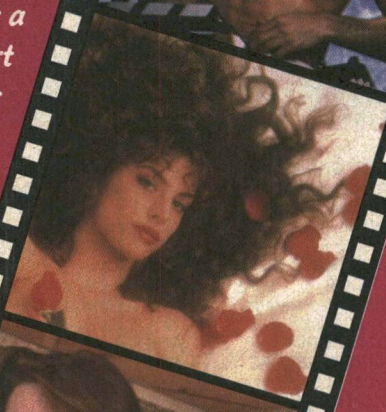
CABLE EXCLUSIVE

5.30am Parliamentary Committees 8.30 Questions 9.30 The Commons Live 3.00pm This Week in the Lords 11.00-12midnight Business Statement

HOT SUMMER NIGHTS







WIN AN XXX-TREME "ADULTS ONLY" HOLIDAY

One lucky viewer will win a fantastic all inclusive holiday for two at a private scenic resort with some of today's top adult stars.

FOR MORE DETAILS tune in at midnight to our 10 minute freeview during July.

the Adult CHANNEL

JUST SOME OF THE HOTTEST ENTERTAINMENT IN JULY:

MONDAYS Gay Night

TUESDAYS French Teaser (Premiere)
Film

WEDNESDAYS Film Premiere
Members Only

THURSDAYS Fraulein Debutantes (Premiere)
Babewatch

FRIDAYS Ice Casting (Premiere)
Girls About Town (Premiere)

SATURDAYS New Model File (Premiere)
Lap It Up (Premiere)

SUNDAYS New Model File (Premiere)
Film Premiere

Call your cable operator NOW!!

PLUS

HVC is FREE with The Adult Channel

HVC 8pm - midnight

featuring...

SHORT FILMS
CULT MOVIES
& MORE EROTIC
ENTERTAINMENT

SPORTS

FRANCE 98

WORLD CUP

SECOND ROUND HIGHLIGHTS
After the first knock-out games, here is the first of two one-hour programmes featuring highlights of the eight matches in which the qualifying teams battled it out for a place in the quarter-finals. Includes reviews and analysis of the matches.
1 8.00PM ESP

SECOND ROUND HIGHLIGHTS
Further analysis and review in the second selection programme giving viewers a chance to relive the best World Cup moments so far and catch up with some of the action even the most avid France 98 followers might have missed.
2 8.00PM ESP

QUARTER-FINAL
Action from Saint-Denis. The first quarter-final brings together the winners of the second rounds in Marseille and Lens.
3 6.00PM ESP

QUARTER-FINAL
Coverage from Nantes as the second quarter-final pitches the winner of the second round in Paris against the team that was successful in Saint-Denis.
3 11.00PM ESP

QUARTER-FINAL
The third quarter-final is in Marseille and brings together the winners of the second round matches in Toulouse and Saint-Etienne.
4 6.00PM ESP

QUARTER-FINAL
Coverage from Lyon. The road to the final continues as the second round winners from Montpellier and Bordeaux are the last teams to battle it out for a place in the semi-finals.
4 11.00PM ESP

SEMI-FINAL PREVIEW
Before the battle for a place in the World Cup final commences, this one-hour special reviews the four quarter-finals with comments and analysis of the qualifying teams' strengths and weaknesses.
6 8.00PM ESP

SEMI-FINAL
The tension rises as the first semi-final gets underway in Marseille, bringing together the winner of the quarter-final in Nantes and its counterpart from the Marseille match.
7 10.00PM ESP

SEMI-FINAL
Coverage from Saint-Denis, where the second semi-final takes place. The last two teams with a chance to go through to the final are the quarter-final winners from Saint-Denis and Lyon.
8 10.00PM ESP

THIRD PLACE MATCH
Coverage from Paris. Before the all-important final tomorrow, the losing teams of the semi-finals battle it out for the third place.
LIVE 11 7.50PM ESP

THE FINAL
The last major sports event of the century reaches its climax with the final in Saint-Denis. Who will follow in Brazil's footsteps and walk away with football's most coveted trophy?
12 10.00PM ESP

WORLD CUP HIGHLIGHTS
After the excitement of the final, this two-hour blockbuster presents the best – and possibly some of the most painful – moments of the last major sports event of the century. Relive the top goals and the most disappointing misses of the 64 matches. Who walked away with the ultimate football trophy? And where did England and Scotland feature in all this?
14 7.00PM ESP

ATHLETICS

MODERN PENTATHLON
World Cup action from Drzonkow, Poland.
3 10.00AM ESP

IAAF GRAND PRIX
Coverage from Linz, Austria.
LIVE 5 6.00PM ESP

DUATHLON
ITU Long Distance World Championships in Zofingen, Switzerland.
6 12NOON ESP

EAA INTERNATIONAL MEETING
LIVE 7 5.00PM ESP

EAA INTERNATIONAL MEETING
LIVE 10 6.30PM ESP

IAAF PERMIT MEETING
LIVE 11 3.00PM ESP

IAAF GRAND PRIX MEETING
LIVE 16 6.30PM ESP

IAAF GRAND PRIX MEETING
19 4.30PM ESP

IAAF WORLD JUNIOR CHAMPIONSHIPS
30 7.00PM ESP

IAAF WORLD JUNIOR CHAMPIONSHIPS
31 8.00PM ESP

AUSTRALIAN RULES FOOTBALL

AUSTRALIAN RULES FOOTBALL
3 3.00AM SK2

AUSTRALIAN RULES FOOTBALL
4 12.30PM SK3

AUSTRALIAN RULES FOOTBALL
5 4.00PM SK2

AUSTRALIAN RULES FOOTBALL
6 2.30PM SK3

AUSTRALIAN RULES FOOTBALL
11 12.30PM SK2

AUSTRALIAN RULES FOOTBALL
12 8.30AM SK1

AUSTRALIAN RULES FOOTBALL
12 5.00PM SK3

AUSTRALIAN RULES FOOTBALL
13 9.30AM SK2

AUSTRALIAN RULES FOOTBALL
13 2.30PM SK1

AUSTRALIAN RULES FOOTBALL
20 1.00PM SK3

AUSTRALIAN RULES FOOTBALL
25 12NOON SK2

AUSTRALIAN RULES FOOTBALL
25 3.00AM SK2

BASEBALL

MAJOR LEAGUE BASEBALL
1 3.30PM SK3

MAJOR LEAGUE BASEBALL
7 8.00PM SK3

MAJOR LEAGUE BASEBALL
8 4.30PM SK3

MAJOR LEAGUE BASEBALL
14 4.00PM SK2

MAJOR LEAGUE BASEBALL
14 10.30PM SK2

MAJOR LEAGUE BASEBALL
16 1.00PM SK2

MAJOR LEAGUE BASEBALL
21 8.00PM SK3

MAJOR LEAGUE BASEBALL
22 3.30PM SK3

MAJOR LEAGUE BASEBALL
28 8.00PM SK3

MAJOR LEAGUE BASEBALL
29 10.00AM SK2

MAJOR LEAGUE BASEBALL
29 3.30PM SK3

BASKETBALL

WORLD CHAMPIONSHIP
29 4.30PM ESP

WORLD CHAMPIONSHIP
USA v Lithuania.
30 4.30PM ESP

WORLD CHAMPIONSHIP
Russia v Yugoslavia.
30 6.00PM ESP

WORLD CHAMPIONSHIP
USA v South Korea
31 4.30PM ESP

BOWLING

WORLD TENPIN BOWLING MASTERS
From the Goresbrook Leisure Centre.
6 12NOON SK3

WORLD TENPIN BOWLING MASTERS
6 5.00PM SK1

WORLD TENPIN BOWLING MASTERS
6 11.00PM SK1

WORLD TENPIN BOWLING MASTERS
Further action from Dagenham, Essex.
7 1.30PM SK1

GOLDEN BOWLING BALL TOUR
Fourth round coverage.
10 10.00PM ESP

WORLD TENPIN BOWLING MASTERS
12 6.00PM SK2

WORLD TENPIN BOWLING MASTERS
13 5.00PM SK1

WORLD TENPIN BOWLING MASTERS
13 10.45PM SK1

WORLD TENPIN BOWLING MASTERS
21 4.00PM SK3

BOWLS

INTERNATIONAL BOWLS: AUSTRALIA V WALES
6 8.00PM SK3

AUSTRALIA V WALES
Singles competition.
6 12.15AM SK1

AUSTRALIA V WALES
7 10.00AM SK2

AUSTRALIA V WALES
7 3.00PM SK1

AUSTRALIA V ENGLAND
9 12.30PM SK1

AUSTRALIA V ENGLAND
12 7.00PM SK3

AUSTRALIA V NORTHERN IRELAND
From Merrylands, New South Wales.
13 8.00PM SK3

AUSTRALIA V NORTHERN IRELAND
13 2.00AM SK1

AUSTRALIA V NORTHERN IRELAND
14 10.00AM SK2

AUSTRALIA V NORTHERN IRELAND
14 3.00PM SK1

AUSTRALIA V NORTHERN IRELAND
20 8.00PM SK3

AUSTRALIA V NORTHERN IRELAND
20 1.30AM SK1

AUSTRALIA V NORTHERN IRELAND
21 10.00AM SK2

AUSTRALIA V NORTHERN IRELAND
21 3.00PM SK1

AUSTRALIA V NORTHERN IRELAND
27 8.00PM SK3

AUSTRALIA V NORTHERN IRELAND
28 10.00AM SK2

AUSTRALIA V NORTHERN IRELAND
28 3.00PM SK1

BOXING

RINGSIDE: BUGNER V 'BONECRUSHER' SMITH
LIVE 4 12NOON SK1

RINGSIDE: CALZAGHE V REID
15 9.30AM SK2

FIGHT NIGHT: CARL THOMPSON V CHRIS EUBANK
Coverage from the WBO cruiserweight championship.
LIVE 18 9.30PM SK1

FIGHT NIGHT
18 2.30AM SK1

FIGHT NIGHT
19 9.00AM SK1

CRICKET

ENGLAND V SOUTH AFRICA
From Old Trafford.
2 8.00PM SK1

ENGLAND V SOUTH AFRICA
Third Test coverage.
3 9.00PM SK3

ENGLAND V SOUTH AFRICA
3 2.15AM SK2

ENGLAND V SOUTH AFRICA
4 8.00PM SK1

ENGLAND V SOUTH AFRICA
5 8.30PM SK1

ENGLAND V SOUTH AFRICA
Day five action from the third Test.
6 8.00PM SK1

NATWEST TROPHY
The pick of the action from the second round.
8 8.30PM SK1

BENSON & HEDGES CUP FINAL PREVIEW
11 6.00AM SK1

BENSON & HEDGES CUP FINAL: ESSEX V LEICESTERSHIRE
LIVE 11 10.30AM SK1

BENSON & HEDGES CUP FINAL
LIVE 11 3.00PM SK1

BENSON & HEDGES CUP FINAL
11 10.45PM SK1

BENSON & HEDGES CUP FINAL
11 3.30AM SK1

BENSON & HEDGES CUP FINAL
12 10.30AM SK1

DIARY

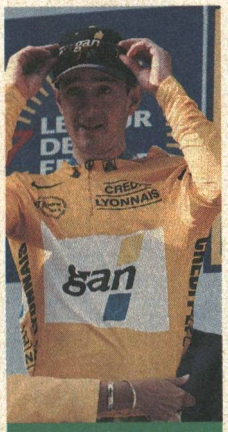
KEY TO CHANNEL CODES

ESP: **Eurosport**
SK1: **Sky Sports 1**
SK2: **Sky Sports 2**
SK3: **Sky Sports 3**
LIVE: **LIVE TV**
GRA PLUS: **Granada Plus**
SELECT: **Carlton Select**

AXA LIFE LEAGUE: WARWICKSHIRE V HAMPSHIRE
Action from Edgbaston.
LIVE 14 5.00PM SK3
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
LIVE 15 11.00AM SK1
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
15 3.00PM SK1
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
15 8.00PM SK1
AXA LIFE LEAGUE
LIVE 18 1.00PM SK1
AXA LIFE LEAGUE
18 10.30PM SK2
AXA LIFE LEAGUE
18 4.30AM SK2
AXA LIFE LEAGUE
19 7.00AM SK1
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
From Southampton.
LIVE 19 11.00AM SK1
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
From the County Ground in Southampton.
LIVE 19 3.00PM SK1
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
19 8.00PM SK3
WOMEN'S ONE DAY INTERNATIONAL: ENGLAND V AUSTRALIA
20 10.00AM SK1
AXA LIFE LEAGUE: LANCASHIRE V WORCESTERSHIRE
From Old Trafford.
LIVE 20 5.00PM SK1
AXA LIFE LEAGUE: LANCASHIRE V WORCESTER
20 12MIDN'T SK1
AXA LIFE LEAGUE: LANCASHIRE V WORCESTER
21 1.00PM SK1
AXA LIFE LEAGUE: WARWICKSHIRE V ESSEX
From Edgbaston.
LIVE 21 5.00PM SK1
CRICKET: AXA LIFE LEAGUE – WARWICKSHIRE V ESSEX
The best of the action from Edgbaston.
21 12MIDN'T SK1
AXA LIFE LEAGUE: WARWICKSHIRE V ESSEX
22 1.00PM SK1
CRICKET: ENGLAND V SOUTH AFRICA
Highlights from day one of the fourth Test staged at Trent Bridge.
23 8.00PM SK3
ENGLAND V SOUTH AFRICA
The best of the second day's play from the fourth Test at Trent Bridge.
24 8.00PM SK3
ENGLAND V SOUTH AFRICA
25 8.00PM SK3
ENGLAND V SOUTH AFRICA
26 8.00PM SK3
ENGLAND V SOUTH AFRICA
Highlights from day five of the fourth Test staged at Trent Bridge.
27 8.00PM SK1
NATWEST QUARTER-FINAL
28 9.00PM SK1
NATWEST QUARTER-FINAL
28 12MIDN'T SK1
UNDER 19: ENGLAND V PAKISTAN
Action from Harrogate.
LIVE 30 11.00AM SK3
UNDER 19: ENGLAND V PAKISTAN
LIVE 30 3.00PM SK3

CYCLING

MOUNTAIN BIKE
Grundig/UCI World Cup in Squaw Valley, USA.
2 4.30PM ESP
MOUNTAIN BIKE
9 2.00PM ESP
MOUNTAIN BIKE
International Downhill Series in France.
9 2.30PM ESP
TOUR DE FRANCE
Prologue in Dublin.
LIVE 11 4.30PM ESP
TOUR DE FRANCE
11 10.00PM ESP
TOUR DE FRANCE
LIVE 12 2.00PM ESP
TOUR DE FRANCE
12 8.30PM ESP
TOUR DE FRANCE
13 9.00PM ESP
TOUR DE FRANCE
Third stage coverage.
LIVE 14 2.00PM ESP
TOUR DE FRANCE
14 9.00PM ESP
MOUNTAIN BIKE
International Downhill Series in France.
15 12.30PM ESP
TOUR DE FRANCE
LIVE 15 2.00PM ESP
TOUR DE FRANCE
15 9.00PM ESP
MOUNTAIN BIKE
Coverage of the Grundig/UCI World Cup in Canmore, Canada.
16 12.30PM ESP
TOUR DE FRANCE
Fifth stage from Cholet – Châteauroux.
LIVE 16 2.00PM ESP
TOUR DE FRANCE
16 9.30PM ESP
TOUR DE FRANCE
LIVE 17 2.00PM ESP
TOUR DE FRANCE
17 8.00PM ESP
TOUR DE FRANCE
LIVE 18 2.00PM ESP
TOUR DE FRANCE
18 8.00PM ESP
TOUR DE FRANCE
LIVE 19 2.15PM ESP
TOUR DE FRANCE
19 10.00PM ESP
TOUR DE FRANCE
LIVE 20 2.00PM ESP
TOUR DE FRANCE
20 9.00PM ESP
TOUR DE FRANCE
LIVE 21 10.00AM ESP
TOUR DE FRANCE
21 9.00PM ESP
TOUR DE FRANCE
LIVE 22 11.00AM ESP
TOUR DE FRANCE
22 9.00PM ESP
TOUR DE FRANCE
23 2.00PM ESP
MOUNTAIN BIKE
Grundig/UCI World Cup in Conyers, USA.
23 4.00PM ESP
TOUR DE FRANCE
LIVE 24 2.00PM ESP
TOUR DE FRANCE
24 9.00PM ESP
TOUR DE FRANCE
LIVE 25 2.00PM ESP
TOUR DE FRANCE
25 9.00PM ESP
TOUR DE FRANCE
Stage 14 from Valréas to Grenoble (185 km).
LIVE 26 11.15AM ESP
TOUR DE FRANCE
26 9.30PM ESP
TOUR DE FRANCE
LIVE 27 10.00AM ESP
TOUR DE FRANCE
27 9.00PM ESP
TOUR DE FRANCE
LIVE 28 2.00PM ESP
TOUR DE FRANCE
28 9.00PM ESP
TOUR DE FRANCE
LIVE 29 2.00PM ESP
TOUR DE FRANCE
29 9.00PM ESP



Britain's Chris Boardman isn't just going along for the ride in the Tour de France: Eurosport from Sunday 12th 2.00pm – LIVE

TOUR DE FRANCE
Stage 18 from Aix-les-Bains-Neûchatel (218 km).
LIVE 30 2.00PM ESP
TOUR DE FRANCE
30 9.00PM ESP
TOUR DE FRANCE
LIVE 31 2.00PM ESP
TOUR DE FRANCE
31 9.00PM ESP

DARTS

WORLD CHAMPIONSHIP
1 10.00PM ESP
GERMAN OPEN
8 7.00PM ESP
WORLD MATCHPLAY
Coverage from the Winter Gardens in Blackpool.
LIVE 27 1.00PM SK2
WORLD MATCHPLAY
LIVE 27 7.30PM SK2
WORLD MATCHPLAY
LIVE 28 1.00PM SK2
WORLD MATCHPLAY
LIVE 28 7.30PM SK2
WORLD MATCHPLAY
LIVE 29 1.00PM SK2
WORLD MATCHPLAY
LIVE 29 7.30PM SK2
WORLD MATCHPLAY
LIVE 30 1.00PM SK2
WORLD MATCHPLAY
More from Blackpool.
LIVE 30 7.30PM SK2
WORLD MATCHPLAY SEMI-FINAL
LIVE 31 7.30PM SK2

EQUESTRIANISM

SMIRNOFF CUP
Action from Spruce Meadows, Canada.
7 4.00PM SK2
SMIRNOFF CUP
7 7.00PM SK2
SMIRNOFF CUP
7 11.30PM SK2
SAMSUNG NATIONS CUP
Coverage from Modena, Italy.
8 2.00PM ESP
SMIRNOFF CUP
Action from Spruce Meadows, Canada.
8 2.30PM SK1
SPRUCE MEADOWS: SMIRNOFF CUP
10 1.30PM SK1
SAMSUNG NATION CUP
From Hickstead.
LIVE 10 2.00PM ESP
SMIRNOFF CUP
12 7.00PM SK2
CANADIAN PACIFIC WORLD CUP
From Spruce Meadows.
14 1.00PM SK2
CANADIAN PACIFIC WORLD CUP
16 1.00PM SK2
IRISH SHOWJUMPING
17 9.30AM SK1
CANADIAN PACIFIC WORLD CUP
From Spruce Meadows.
17 4.00PM SK1
CANADIAN PACIFIC WORLD CUP
17 4.00AM SK2
ATCO SLALOM
21 4.30PM SK2
ATCO SLALOM
21 12.30AM SK2
ATCO SLALOM
22 12NOON SK2
ATCO SLALOM
Coverage from Spruce Meadows.
23 3.30PM SK3
SHELL CUP
Action from Spruce Meadows.
28 1.00PM SK1
PULSAR CROWN SERIES
28 4.30PM ESP
SHELL CUP
Further showjumping action from Spruce Meadows, Canada.
28 5.30PM SK2
SHELL CUP
28 1.00AM SK1
SHELL CUP
29 10.00AM SK1
SHELL CUP
31 2.30PM SK2

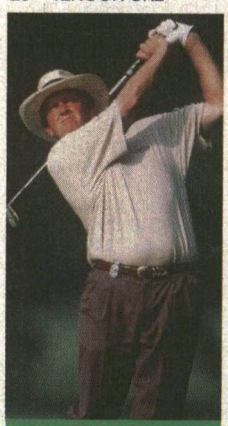
FOOTBALL

UEFA CUP
Coverage of the first leg of the qualifying round.
LIVE 21 5.00PM ESP
CHAMPIONS LEAGUE
Action from first leg of the qualifying round.
LIVE 22 7.00PM ESP
EUROPEAN UNDER-18 CHAMPIONSHIP
Coverage of the final from Paralimni, Cyprus.
25 7.00PM ESP
UEFA CUP
The second leg of the qualifying round.
LIVE 28 7.00PM ESP
CHAMPIONS LEAGUE
Coverage of the second leg of the first qualifying round.
LIVE 29 7.00PM ESP

GOLF

LPGA GOLF: SHOPRITE CLASSIC
1 11.30AM SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
From the Druids Glen Golf Club in Dublin.
LIVE 2 2.00PM SK1
FORD GOLF USA: CANON GREATER HARTFORD OPEN
LIVE 2 6.00PM SK2
FORD GOLF USA: US WOMEN'S OPEN
Coverage from the Blackwolf Run Golf Resort in Kohler, Wisconsin.
LIVE 2 8.00PM SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
2 12MIDN'T SK2
FORD GOLF USA: US WOMEN'S OPEN
3 10.00AM SK2
FORD GOLF USA: US WOMEN'S OPEN
3 12NOON SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
LIVE 3 2.00PM SK1
FORD GOLF USA: CANON GREATER HARTFORD OPEN
3 6.00PM SK2
FORD GOLF USA: US WOMEN'S OPEN
LIVE 3 8.00PM SK2
FORD GOLF USA: US WOMEN'S OPEN
LIVE 3 8.00PM SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
3 12MIDN'T SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
LIVE 4 3.00PM SK3
FORD GOLF USA: CANON GREATER HARTFORD OPEN
Action from the TPC at River Highlands in Cromwell, Connecticut.
4 11.00PM SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
4 12.45AM SK1
FORD GOLF USA: US WOMEN'S OPEN
5 12NOON SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
LIVE 5 3.00PM SK3
WORLD CORPORATE GOLF CHALLENGE
From the Hyatt La Manga Club Resort.
5 7.00PM SK3
FORD GOLF USA: US WOMEN'S OPEN
Coverage from the Blackwolf Run Golf Resort in Kohler, Wisconsin.
LIVE 5 8.00PM SK2
FORD GOLF USA: CANON GREATER HARTFORD OPEN
5 11.00PM SK2
EURO TOUR GOLF: MURPHY'S IRISH OPEN
Day four highlights.
5 1.15AM SK1
EURO TOUR GOLF: MURPHY'S IRISH OPEN
6 9.00AM SK2
GOLF: WORLD CORPORATE GOLF CHALLENGE
6 12NOON SK2
FORD GOLF USA: US WOMEN'S OPEN
6 1.00PM SK2
FORD GOLF USA: CANON GREATER HARTFORD OPEN
6 4.00PM SK2
MASTERCARD CHALLENGE
Golf action from Prince's in Sandwich, Kent.
7 4.30PM SK3
MASTERCARD CHALLENGE
7 8.00PM SK1
MASTERCARD CHALLENGE
7 12.15AM SK1
GOLF: MASTERCARD CHALLENGE
8 11.00AM SK2
MASTERCARD CHALLENGE
8 3.30PM SK1
FORD GOLF USA: QUAD CITY CLASSIC
LIVE 9 6.00PM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
LIVE 9 8.30PM SK2
FORD GOLF USA: QUAD CITY CLASSIC
10 10.00AM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
10 12.30PM SK2
FORD GOLF USA: QUAD CITY CLASSIC
LIVE 10 6.00PM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
LIVE 10 8.30PM SK2
FORD GOLF USA: QUAD CITY CLASSIC
10 1.30AM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
10 4.00AM SK2
FORD GOLF USA: US SENIOR OPEN
LIVE 11 6.30PM SK2
FORD GOLF USA: QUAD CITY CLASSIC
LIVE 11 7.30PM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
11 10.30PM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
Coverage from the TPC of Michigan.
12 12NOON SK3
FORD GOLF USA: QUAD CITY CLASSIC
LIVE 12 8.00PM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
LIVE 12 10.30PM SK2
FORD GOLF USA: QUAD CITY CLASSIC
13 11.30AM SK2
FORD GOLF USA: US SENIOR PLAYERS CHAMPIONSHIP
13 2.00PM SK2
EUROPEAN GOLF SKILLS CHALLENGE
13 8.00PM SK1
EUROPEAN GOLF SKILLS CHALLENGE
13 MIDN'T SK1
LPGA GOLF: JAMIE FARR KROGER CLASSIC
14 6.00PM SK2
EUROPEAN GOLF SKILLS CHALLENGE
14 8.00PM SK1
LPGA GOLF: JAMIE FARR KROGER CLASSIC
14 10.45PM SK1
EUROPEAN GOLF SKILLS CHALLENGE
14 1.00AM SK1
EUROPEAN GOLF SKILLS CHALLENGE
15 9.30AM SK1

LPGA GOLF: JAMIE FARR KROGER CLASSIC
15 11.30AM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
Coverage from the Annandale Golf Club in Madison.
16 9.00PM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
17 9.00PM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
17 4.00AM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
LIVE 18 7.30PM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
LIVE 19 7.30PM SK2
FORD GOLF USA: US SENIOR OPEN
19 10.00PM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
19 12MIDN'T SK1
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
20 10.00AM SK2
FORD GOLF USA: DEPOSIT GUARANTY GOLF CLASSIC
20 3.00PM SK3
LPGA GOLF: JAL BIG APPLE CLASSIC
21 6.30PM SK2
EUROPEAN LPGA: AUSTRIAN LADIES' OPEN
23 11.00AM ESP
EURO TOUR GOLF: TNT DUTCH OPEN
Coverage from Hilversum Golf Club.
LIVE 23 1.00PM SK1
FORD GOLF USA: US SENIOR OPEN
LIVE 23 8.30PM SK2
EURO TOUR GOLF: TNT DUTCH OPEN
23 10.30PM SK2
FORD GOLF USA: US SENIOR OPEN
LIVE 23 12.30AM SK2
FORD GOLF USA: US SENIOR OPEN
24 10.00AM SK2
EURO TOUR GOLF: TNT DUTCH OPEN
LIVE 24 1.00PM SK1
FORD GOLF USA: US SENIOR OPEN
LIVE 24 8.30PM SK2
EURO TOUR GOLF: TNT DUTCH OPEN
24 10.30PM SK2
FORD GOLF USA: US SENIOR OPEN
LIVE 24 12.30AM SK2
EURO TOUR GOLF: TNT DUTCH OPEN
LIVE 25 1.00PM SK1
EUROPEAN SKILLS CHALLENGE
25 5.00PM SK3
FORD GOLF USA: US SENIOR OPEN
LIVE 25 9.00PM SK2
EURO TOUR GOLF: TNT DUTCH OPEN
Third day action.
25 12MIDN'T SK1
EURO TOUR GOLF: TNT DUTCH OPEN
LIVE 26 1.00PM SK1
EUROPEAN SKILLS CHALLENGE
Coverage from the Wentworth course.
26 5.00PM SK3
FORD GOLF USA: US SENIOR OPEN
LIVE 26 9.00PM SK2
EURO TOUR GOLF: TNT DUTCH OPEN
26 12MIDN'T SK2
EURO TOUR GOLF: TNT DUTCH OPEN
Day four highlights.
27 7.00AM SK1
FORD GOLF USA: US SENIOR OPEN
27 9.00AM SK2
EUROPEAN SKILLS CHALLENGE
27 4.00PM SK3
EUROPEAN SKILLS CHALLENGE
28 4.00PM SK3
LPGA GOLF: GIANT EAGLE CLASSIC
28 6.00PM SK3
THE CREDIT SUISSE BANKING SENIORS OPEN
From the Bad Ragaz Golf Club in Switzerland.
28 10.45PM SK1
EUROPEAN LPGA: CHRYSLER OPEN
29 12NOON ESP
GOLF: THE CREDIT SUISSE BANKING SENIORS OPEN
29 12NOON SK2



Colin Montgomerie returns to Druids Glen Golf Club in Dublin to defend his Murphy's Irish Open title: Sky Sports 1 from Thursday 2nd 2.00pm – LIVE

THE CREDIT SUISSE BANKING SENIORS OPEN
29 3.00PM SK1
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
LIVE 30 9.00AM SK1
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
LIVE 30 2.00PM SK1
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
30 7.00PM SK3
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
LIVE 31 9.00AM SK1
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
Coverage of day two in Stockholm.
LIVE 31 2.00PM SK1
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
31 8.00PM SK3
EURO TOUR GOLF: VOLVO SCANDINAVIAN MASTERS
31 2.00AM SK2

HORSE RACING

THE WINNING POST: KEMPTON AND YARMOUTH
LIVE 1 6.30PM SK2
THE WINNING POST: HAYDOCK AND HAMILTON
With Jeff Stelling.
LIVE 3 7.00PM SK3
THE WINNING POST: NOTTINGHAM AND WOLVERHAMPTON
LIVE 4 6.30PM SK3
THE WINNING POST: RIPON AND WINDSOR
LIVE 6 6.30PM SK2
THE WINNING POST: WORCESTER AND KEMPTON
LIVE 8 6.30PM SK2
THE WINNING POST: CHEPSTOW, CHESTER AND HAMILTON
LIVE 10 6.30PM SK3
THE WINNING POST: LINGFIELD, CHESTER AND SALISBURY
LIVE 11 2.00PM SK3
THE WINNING POST: SOUTHWELL AND WARWICK
LIVE 11 6.30PM SK3
THE WINNING POST: HAYDOCK AND STRATFORD
LIVE 12 2.00PM SK2
THE WINNING POST: WINDSOR AND WOLVERHAMPTON
LIVE 13 6.30PM SK2
THE WINNING POST: SANDOWN AND WORCESTER
LIVE 15 6.30PM SK2
THE WINNING POST: NEWMARKET AND PONTEFRACT
LIVE 17 7.00PM SK2
THE WINNING POST: AYR AND REDCAR
LIVE 18 6.00PM SK3
THE WINNING POST: WINDSOR AND BEVERLEY
LIVE 20 6.30PM SK2
THE WINNING POST: SANDOWN AND LEICESTER
LIVE 22 6.30PM SK2
THE WINNING POST: NEWMARKET AND CHEPSTOW
LIVE 24 6.00PM SK2
THE WINNING POST: STRATFORD AND NEWCASTLE: BEESWING LADIES DAY
LIVE 25 2.00PM SK2
THE WINNING POST: LINGFIELD AND REDCAR
LIVE 25 6.00PM SK2
THE WINNING POST: YARMOUTH AND WINDSOR
LIVE 27 6.00PM SK3
THE WINNING POST: EPSOM AND DONCASTER
LIVE 29 6.00PM SK3
THE WINNING POST: SALISBURY AND NEWMARKET
LIVE 31 6.00PM SK3

LACROSSE

WORLD CHAMPIONSHIP: USA V ENGLAND
Action from Homeward Field in Baltimore.
25 4.00PM SK2
WORLD CHAMPIONSHIP: USA V ENGLAND
25 10.00PM SK3
WORLD CHAMPIONSHIP
Semi-final action.
26 4.00PM SK2
WORLD CHAMPIONSHIP
26 10.00PM SK3

MOTOR CYCLING

WORLD CHAMPIONSHIP: BRITISH GRAND PRIX
Coverage from Donington Park.
LIVE 3 1.00PM ESP
BRITISH GRAND PRIX
500cc qualifying practice.
LIVE 3 2.00PM ESP
BRITISH GRAND PRIX
250cc qualifying practice.
LIVE 3 3.15PM ESP
BRITISH GRAND PRIX
Coverage of the 125cc qualifying practice.
LIVE 4 1.00PM ESP
BRITISH GRAND PRIX
Action from the 500cc qualifying practice.
LIVE 4 2.00PM ESP
SUPERBIKES: SOUTH AFRICA
Coverage of races one and two from the Kylami circuit.
LIVE 4 2.00PM SK1
BRITISH GRAND PRIX
Further coverage from Donington.
LIVE 4 3.15PM ESP
SUPERBIKES: SOUTH AFRICA
4 10.30PM SK3
SUPERBIKES: SOUTH AFRICA
4 4.30AM SK1
BRITISH GRAND PRIX
Coverage of the warm-up in Donington.
LIVE 5 10.00AM ESP
SUPERBIKES: SOUTH AFRICA
LIVE 5 10.30AM SK1
BRITISH GRAND PRIX
LIVE 5 11.00AM ESP
BRITISH GRAND PRIX
Action from the side-car event.
LIVE 5 3.00PM ESP
SUPERBIKES: SOUTH AFRICA
Highlights from the championship race on the Kylami circuit.
5 6.00PM SK2
SUPERBIKES: SOUTH AFRICA
6 7.00AM SK1
SUPERBIKE: WORLD CHAMPIONSHIP
Coverage from Kylami, South Africa.
6 5.00PM ESP
BRITISH GRAND PRIX
Action from Donington.
6 7.00PM SK1
SUPERBIKES: USA
Coverage from the Laguna Seca circuit.
LIVE 12 7.00PM SK1
SUPERBIKES: USA
LIVE 12 10.45PM SK1
SUPERBIKES: USA
13 7.00AM SK1
SUPERBIKES: USA
13 12.30PM SK1
SUPERBIKE
World Championship in Laguna Seca, California.
13 3.15PM ESP
WORLD CHAMPIONSHIP: GERMAN GRAND PRIX
From Sachsenring.
LIVE 17 12NOON ESP
GERMAN GRAND PRIX
Coverage of the 500cc qualifying practice.
LIVE 17 1.00PM ESP
GERMAN GRAND PRIX
Action from the 250cc qualifying practice.
17 4.05PM ESP
GERMAN GRAND PRIX
Coverage of the 125cc qualifying practice.
LIVE 18 12NOON ESP
GERMAN GRAND PRIX
Action from the 500cc qualifying practice.
LIVE 18 1.00PM ESP
GERMAN GRAND PRIX
Coverage of the 250cc qualifying practice.
18 4.15PM ESP
GERMAN GRAND PRIX
Coverage of the warm-up in Sachsenring.
LIVE 19 8.00AM ESP
GERMAN GRAND PRIX
LIVE 19 10.00AM ESP
GERMAN GRAND PRIX
19 7.00PM SK1
GERMAN GRAND PRIX
Further coverage from Sachsenring.
20 12.30PM SK1
SPANISH CHAMPIONSHIP
Coverage from Jarama.
24 12NOON ESP

MOTOR RACING

NASCAR LYSOL
1 12.30PM SK1
FORMULA 3
2 12NOON SK3
FORMULA 3
2 3.30PM SK2
FORMULA 3
2 6.30PM SK3
FORMULA 3
2 9.00PM SK3
FORMULA 3
2 11.00PM SK1
FORMULA 3
3 8.15AM SK2
FORMULA 3
3 11.30AM SK1
FORMULA 3
3 12NOON SK3
TOURING CAR
Super Tourenwagen Cup in Norisring, Germany.
4 4.30PM ESP
RALLY
FIA World Rally Championship review.
4 5.30PM ESP
FORMULA 3
5 10.00AM SK1
TOURING CAR
From Norisring, Germany.
5 5.00PM ESP
TOURING CAR
Coverage of BTCC rounds 13 and 14 in Croft.
7 2.00PM ESP
FORMULA 3
9 1.15AM SK2
FORMULA 3
9 6.30PM SK3
FORMULA 3
9 8.30PM SK3
FORMULA 3
9 11.00PM SK1
FORMULA 3
10 12.30PM SK1
FORMULA 3
11 8.15AM SK2
SPORTS CAR
FIA GT Championship action from Dijon, France with the second qualifying practice session.
LIVE 11 2.00PM ESP
FORMULA 3
11 7.30PM SK1
FORMULA 3
12 6.30AM SK2
SPORTS CAR
FIA GT Championship action from Dijon, France.
LIVE 12 12NOON ESP
CART
FedEx Championship Series in Cleveland, Ohio.
LIVE 12 5.30PM ESP
SPORTS CAR
Highlights from Dijon.
12 7.30PM ESP
FOUR WHEELS DRIVE
Formula 4X4 off road coverage from Egilstaoir, Iceland.
14 6.30PM ESP
FORMULA 3
15 6.30PM SK3
FORMULA 3
15 8.30PM SK3
FORMULA 3
16 11.15PM SK1
FORMULA 3
16 12.45AM SK2
FORMULA 3
17 3.00PM SK1
SPORTS CAR
FIA GT Championship in Hungaroring, Budapest.
LIVE 18 9.00AM ESP
TOURING CAR
Super Tourenwagen Cup in Lahr, Germany.
18 6.30PM ESP
SPORTS CAR
FIA GT Championship in Hungaroring, Budapest.
18 7.00PM ESP
INDY DOVER 400
Coverage from New Jersey State at the Dover Downs International Speedway Circuit.
LIVE 19 5.00PM SK3
TOURING CAR
Super Tourenwagen Cup in Lahr, Germany.
19 6.00PM ESP
SPORTS CAR
FIA GT Championship in Hungaroring, Budapest.
19 7.00PM ESP
CART
Action from the FedEx Championship Series in Toronto.
LIVE 19 8.00PM ESP
INDY DOVER 400
19 11.30PM SK2
NASCAR: KENWOOD HOME AND CAR AUDIO
21 10.30PM SK2
NASCAR: KENWOOD HOME AND CAR AUDIO
Coverage from California.
21 1.30AM SK1
NASCAR: KENWOOD HOME AND CAR AUDIO
22 10.00AM SK2
NASCAR: KENWOOD HOME AND CAR AUDIO
22 3.00PM SK1
FORMULA 3
23 6.30PM SK3
FORMULA 3
23 2.00AM SK1
FORMULA 3
24 5.00PM SK3
GTR INTERNATIONAL
Coverage from Germany.
24 5.30PM SK3
FORMULA 3000
FIA International Championship action from Enna-Pergusa, Italy.
24 6.00PM ESP
GTR INTERNATIONAL
24 12MIDN'T SK1
GTR INTERNATIONAL
24 3.15AM SK2
GTR INTERNATIONAL
25 6.00AM SK2
FORMULA 3000
FIA International Championship action from the A1-Ring in Austria.
25 6.00PM ESP
INDY CHARLOTTE 500
LIVE 25 1.00AM SK2
INDY CHARLOTTE 500
26 1.00PM SK2
CART
Coverage of the FedEx Championship Series in Brooklyn, Michigan.
LIVE 26 6.00PM ESP
FOUR WHEELS DRIVE
Formula 4x4 off road from Akranes, Iceland.
28 6.30PM ESP
FORMULA 3
30 6.30PM SK3
FORMULA 3
30 10.45PM SK1
FORMULA 3
31 12NOON SK2
FORMULA 3
31 4.30PM SK3
GTR INTERNATIONAL
Coverage from Belgium.
31 5.00PM SK3
GTR INTERNATIONAL
31 12MIDN'T SK1
GTR INTERNATIONAL
31 4.00AM SK2

POOL

EMBASSY WORLD 8 BALL CHAMPIONSHIPS: TEAM SEMI-FINAL
Coverage from the Stakis Hotel in Blackpool.
1 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: TEAM FINAL
1 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: TEAM FINAL
2 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
6 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
Further action from the Stakis Hotel in Blackpool.
7 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
7 8.30PM SK2

EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
8 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
8 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
9 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
11 12.45AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
Coverage from the Stakis Hotel in Blackpool.
12 2.00PM SK3
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
12 12.45AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
13 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S QUARTER-FINAL
14 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S SEMI-FINAL
14 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S SEMI-FINAL
15 9.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S SEMI-FINAL
15 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S SEMI-FINAL
16 10.00AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: LADIES' FINAL
20 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: LADIES' FINAL
21 9.30AM SK1
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S FINAL
21 8.30PM SK2
EMBASSY WORLD 8 BALL CHAMPIONSHIPS: MEN'S FINAL
22 9.30AM SK1

ROWING

WORLD CUP
Coverage from Lucerne, Switzerland.
14 4.30PM ESP

RUGBY LEAGUE

SUPER LEAGUE
LIVE 3 7.30PM SK1
SUPER LEAGUE
LIVE 5 6.30PM SK1
SUPER LEAGUE
Presented by Eddie Hemmings and Mike Stephenson.
5 10.45PM SK1
SUPER LEAGUE ON THE ROAD: LEEDS V SALFORD
LIVE 10 7.30PM SK1
SUPER LEAGUE: LEEDS V SALFORD
Highlights from Headingley.
10 12.15AM SK1
SUPER LEAGUE: LEEDS V SALFORD
10 4.30AM SK1
SUPER LEAGUE: LEEDS V SALFORD
11 9.00AM SK1
SUPER LEAGUE ON THE ROAD: HALIFAX V SHEFFIELD
Coverage from Northampton.
LIVE 17 7.30PM SK1
SUPER LEAGUE ON THE ROAD: HALIFAX V SHEFFIELD
18 9.00AM SK1
SUPER LEAGUE: HALIFAX V SHEFFIELD
18 1.30PM SK3
SUPER LEAGUE ON THE ROAD: BRADFORD V LONDON
Action from Edinburgh.
LIVE 18 7.00PM SK1

Andy Farrell and his Wigan team-mates face old rivals St Helens in 'Super League on the Road': Sky Sports 1 Sunday 26th 6.30pm – LIVE

SUPER LEAGUE ON THE ROAD: BRADFORD V LONDON
The best of the action.
18 12.30AM SK1
INTERNATIONAL RUGBY LEAGUE: ENGLAND V WALES
LIVE 19 3.00PM SK3
INTERNATIONAL RUGBY LEAGUE: ENGLAND V WALES
Action from Widnes.
19 9.30PM SK1
INTERNATIONAL RUGBY LEAGUE: ENGLAND V WALES
20 3.00PM SK1
SUPER LEAGUE ON THE ROAD: HULL V HUDDERSFIELD
Coverage from Gateshead.
LIVE 24 7.30PM SK1
SUPER LEAGUE ON THE ROAD: HULL V HUDDERSFIELD
LIVE 25 11.00AM SK1
SUPER LEAGUE ON THE ROAD: WARRINGTON V CASTLEFORD
Coverage from Cardiff.
LIVE 25 6.00PM SK1
SUPER LEAGUE ON THE ROAD: WARRINGTON V CASTLEFORD
25 10.00PM SK1
SUPER LEAGUE ON THE ROAD: WARRINGTON V CASTLEFORD
Presented by Eddie Hemmings and Mike Stephenson.
25 4.00AM SK1
SUPER LEAGUE ON THE ROAD: WARRINGTON V CASTLEFORD
26 11.00AM SK1
SUPER LEAGUE ON THE ROAD: WIGAN V ST HELENS
Coverage from Swansea.
LIVE 26 6.30PM SK1
SUPER LEAGUE: WIGAN V ST HELENS
27 10.00AM SK1
SUPER LEAGUE: WIGAN V ST HELENS
27 3.30PM SK1
SUPER LEAGUE
LIVE 31 7.30PM SK1

RUGBY UNION

INTERNATIONAL RUGBY UNION: SOUTH AFRICA V ENGLAND
3 1.00AM SK2
SOUTH AFRICA V ENGLAND
From Cape Town.
LIVE 4 4.00PM SK1
INTERNATIONAL RUGBY UNION: SOUTH AFRICA V ENGLAND
4 8.30PM SK3
INTERNATIONAL RUGBY UNION: SOUTH AFRICA V ENGLAND
Another chance to catch up with highlights of England's latest international encounter.
5 1.00PM SK3
INTERNATIONAL RUGBY UNION: AUSTRALIA V NEW ZEALAND
Coverage of the clash between two of the finest sides in the world. Melbourne stages this latest Bledisloe Cup encounter.
LIVE 11 10.30AM SK3
INTERNATIONAL RUGBY UNION: AUSTRALIA V NEW ZEALAND
Highlights from Melbourne.
11 4.30PM SK3
INTERNATIONAL RUGBY UNION: AUSTRALIA V NEW ZEALAND
11 8.00PM SK1
INTERNATIONAL RUGBY UNION: AUSTRALIA V NEW ZEALAND
Highlights from Melbourne.
11 12.30AM SK2
INTERNATIONAL RUGBY UNION: AUSTRALIA V NEW ZEALAND
Highlights.
12 12.30PM SK1
INTERNATIONAL RUGBY UNION: AUSTRALIA V NEW ZEALAND
13 3.30PM SK2
INTERNATIONAL RUGBY UNION: AUSTRALIA V SOUTH AFRICA
Coverage from Perth.
LIVE 18 10.30AM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
LIVE 24 3.30AM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
Action from Wellington.
25 9.00AM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
25 4.00PM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
25 8.00PM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
Highlights from Wellington.
25 2.00AM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
26 9.00AM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
26 1.00PM SK3
INTERNATIONAL RUGBY UNION: NEW ZEALAND V SOUTH AFRICA
26 4.30PM SK1
INTERNATIONAL RUGBY UNION: NEW ZEALAND V AUSTRALIA
Coverage of the latest Tri-Nations clash between two of the strongest sides in international rugby union. Christchurch stages the match.
31 3.30AM SK1

SNOOKER

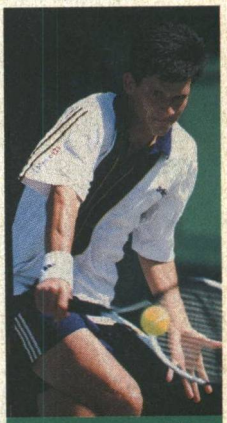
DR MARTENS PREMIER LEAGUE SNOOKER: DOHERTY V DAVIS
From Northamptonshire.
1 11.00PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: DOHERTY V DAVIS
1 4.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: DOHERTY V DAVIS
2 1.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: DOHERTY V DAVIS
Ken Doherty meets former world champion Steve Davis in this latest clash from Rushden and Diamonds Football Club in Northamptonshire.
5 3.30PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: HENDRY V HIGGINS
8 3.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: HENDRY V HIGGINS
Stephen Hendry takes on new world champion and fierce rival John Higgins in this latest clash from Northamptonshire.
8 6.30PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: HENDRY V HIGGINS
8 11.00PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: HENDRY V HIGGINS
9 1.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: HENDRY V HIGGINS
Further coverage from Northamptonshire.
12 4.00PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: O'SULLIVAN V DAVIS
15 4.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: O'SULLIVAN V DAVIS
The highly rated Ronnie O'Sullivan meets Steve Davis at the Diamond Centre in Northamptonshire.
15 11.15PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: O'SULLIVAN V DAVIS
Highlights.
16 1.30PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: O'SULLIVAN V DAVIS
19 5.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: HIGGINS V DOHERTY
22 4.30PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: HIGGINS V DOHERTY
22 8.00PM SK1
DR MARTENS PREMIER LEAGUE SNOOKER: HIGGINS V DOHERTY
23 1.00PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: HIGGINS V DAVIS
Coverage from Northamptonshire.
29 5.00PM SK2
DR MARTENS PREMIER LEAGUE SNOOKER: HIGGINS V DAVIS
31 12.30PM SK2

SWIMMING

SYNCHRONIZED SWIMMING
Coverage of the European Synchro Cup 1998 in Prague.
25 12NOON ESP
SYNCHRONIZED SWIMMING
Action from the European Synchro Cup 1998.
26 11.30PM ESP

TENNIS

ATP SENIOR TOUR OF CHAMPIONS
From Aland, Finland.
6 1.00PM ESP
ATP TOURNAMENT: RADO SWISS OPEN
Coverage from Gstaad, Switzerland.
LIVE 7 12NOON ESP
ATP TOURNAMENT: RADO SWISS OPEN
Third day action from Gstaad.
LIVE 8 10.00AM ESP
ATP TOURNAMENT: RADO SWISS OPEN
Day four coverage.
LIVE 9 10.00AM ESP
ATP TOURNAMENT: RADO SWISS OPEN
Coverage of the quarter-finals in Gstaad.
LIVE 10 10.00AM ESP
ATP TOURNAMENT: RADO SWISS OPEN
Semi-final coverage from Switzerland.
LIVE 11 10.00AM ESP
ATP TOURNAMENT: RADO SWISS OPEN
Further action from Gstaad with coverage of the final
LIVE 12 10.00AM ESP
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
LIVE 17 1.00PM SK2
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
The best of the action from the Davis Cup tennis tournament as Germany meets the highly rated Swedish side in the quarter-final. Both sides are determined to reach the last four of the most prestigious men's team event in world tennis.
17 8.00PM SK3
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
17 2.00AM SK2
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
18 8.30PM SK3
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
18 2.30AM SK2
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
LIVE 19 1.00PM SK2
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
19 10.00PM SK3
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
20 7.00AM SK1
DAVIS CUP QUARTER-FINAL: GERMANY V SWEDEN
20 12.30PM SK2
ATP SENIOR TOUR OF CHAMPIONS
Coverage from Portschach, Austria.
20 4.30PM ESP
ATP TOURNAMENT: MERCEDES CUP
Coverage from Stuttgart, Germany.
22 4.30PM ESP
ATP TOURNAMENT: MERCEDES CUP
Fourth day action from Stuttgart.
23 4.30PM ESP
ATP TOURNAMENT: MERCEDES CUP
Coverage of the quarter-finals in Germany.
24 4.30PM ESP
ATP TOURNAMENT: MERCEDES CUP
Semi-final action.
25 4.30PM ESP
TENNIS
Coverage of the final from Stuttgart.
26 4.30PM ESP
FED CUP SEMI-FINALS: SWITZERLAND V FRANCE
26 6.00PM SK2
FED CUP SEMI-FINALS: SWITZERLAND V FRANCE
Action from Sion, Switzerland. The Fed Cup is the most prestigious women's team event in international tennis.
27 1.00PM SK3



Tim Henman will be looking for victory at the $550,000 ATP Tournament in Gstaad, Switzerland: Eurosport from Wednesday 29th 10.00am – LIVE

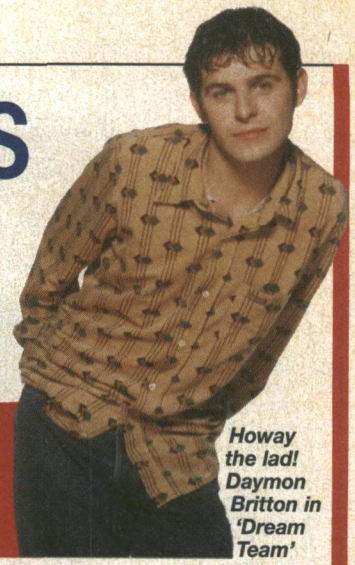
ATP TOURNAMENT: LEGG MASON TENNIS CLASSIC
Coverage of the final in Washington.
27 4.30PM ESP
ATP TOURNAMENT: GENERALI OPEN
Coverage from Kitzbühel, Austria.
LIVE 29 10.00AM ESP
ATP TOURNAMENT: GENERALI OPEN
LIVE 30 10.00AM ESP
ATP TOURNAMENT: GENERALI OPEN
Coverage of the quarter-finals from Kitzbühel.
LIVE 31 10.00AM ESP
ATP TOURNAMENT: INTERNATIONAL CHAMPIONSHIP OF CROATIA
LIVE 31 6.00PM ESP

Viewers' Views

Claire Sturgess – the face behind some of the Sky One voiceovers

Drop us a line! Write to:
The Editor, Cable Guide,
172 Tottenham Court Road, London W1P 0JJ.
Email: viewers@cablegde.demon.co.uk
There's a £5 prize for the best letter!

Inquiries about your Cable TV service should be directed to your local Cable TV company, while queries concerning future programmes should be sent to the relevant channel (addresses page 37). Letters appearing in 'Viewers' Views' may be edited for length.



Howay the lad! Daymon Britton in 'Dream Team'

Great service
OVER the last few months, Sky One has broadcast a documentary called *Rescue Paramedics*. We would both like to comment on how good the series was, showing the day-to-day routines and events of the paramedics' service. We got to know the Greater Manchester and London crews. Tuesday nights are not the same now the series has ended. Are there any plans for a second series?

Lisa McCormick and Jenni Cooke, Liverpool

● *Sky replies: 'We are hoping to commission a second series of* Rescue Paramedics *and are currently looking for good locations and good characters to feature.'*

Scots missed
WHEN there is an English football fixture list, Sky's *Sports Saturday* starts at 12noon. When the Scottish title is being decided [9 May], it starts at 3.30pm (half an hour after the games begin). BRITISH Sky Broadcasting?

Danny McCulloch, London

Worthy of comment
I JUST want to say how much I enjoy Sky One presenter Claire Sturgess's funny comments before and after programmes, particularly those regarding *Star Trek*. They really tickle me! Finally, congratulations to *Cable Guide* for its superb layout and informative articles.

A Jennings, Derby

Voice of discontent
WHY do I have to put up with voiceovers every time I watch a film on Sky? I already know what's on! I pay for the film channels to watch all the films and enjoy the music and end credits. Not to listen to some idiot dribbling over what's coming next. So why do it? I don't pay for it and I don't want it.

L Mason, Chatham

● *Sky replies: 'We are sorry if some viewers find the voiceover at the end of the films intrusive, but we feel it is important to make sure our audiences are informed about their viewing choices. This is especially the case if something else, which may be of interest to them, is about to start on another channel, particularly since some closing credits can run on for several minutes. It is something we are currently reviewing and we will bear these comments in mind.'*

Turner prized
I HAVE been Tina Turner's biggest fan since the age of four and have been collecting her memorabilia for over 14 years. I would just like to thank VH1 for all the programmes and bits and pieces that have been shown in the past. Even with new acts and new types of music around, you still portray Tina as being 'simply the best!' Keep up the great work.

Olivia Hartman, Leeds

No more repeats!
I WOULD like to say how brilliant the Paramount Comedy Channel is. However, I am a really big fan of *Ellen* and am quite angry that Paramount continues to show repeats of *Ellen* all the time. I would like to see the fourth and fifth season on Paramount.

Louise Kelly Cumbernauld

● *The fourth season of* Ellen *is currently being shown on Paramount.*

Awards a winner!
I ENJOYED the *Cable Guide* awards ceremony on LIVE TV [13 May]. It's good to see all the people involved in the channels together. I am a big music fan, so I was pleased that VH1 won an award. I also watch the Travel channel quite a lot, which is very enjoyable, and love the overseas cricket coverage on Sky Sports, such as England's recent West Indies tour.

John Campion, Croydon

Streets ahead
I WOULD just like to say how much I am enjoying the vintage episodes of top soap *Coronation Street*. It gives people a chance to relive the pioneering days of the show. I'm also impressed by VH1's new look, mixing old and new music to give us sheer entertainment.

Paul Redman, Stoke-on-Trent

Brandon leader
I WOULD like to thank Sky for showing the new series of *Beverly Hills, 90210* on Sky One. The two-hour special [Sunday 17 May] was a good episode and it was at a good time to view. I really enjoyed watching it. I'm quite a big fan, in fact I'm the biggest! I admire Jason Priestley (who plays Brandon) as he's a very talented actor. Finally, I read *Cable Guide* every month and think it's great.

Jamil Ahad, Milton Keynes

Perfect Daymon
AS A Geordie girl to the core, I can only say – and I'm sure fellow Geordies will agree – that there's nothing worse than a non-Geordie playing one. That's why Daymon Britton, who played Geordie charmer Sean Hocknell in Sky One's brilliant series *Dream Team*, was such a breath of fresh air. I think he's a total babe and I watched the series (all 64 episodes) just for him – the drama and the excitement was just an added bonus. I was gutted when the series ended. I couldn't stand the thought of not being able to see Daymon every week ... So imagine my surprise when he walked past me in Newcastle's city centre just the other day! I was so busy leaping up and down screaming 'That was Daymon Britton!' that I let him get away. Never mind! I just want to thank Sky One for beaming Daymon and all the other *Dream Team* lads into my home every week – a new series ASAP please!

Kati Reeve, Newcastle

● *Congratulations! You win our £5 prize. And a new series of* Dream Team *is scheduled to start in the autumn.*

One's the one to watch
I WOULD like to congratulate Sky One on its high quality programming, in particular the latest episodes of *The X-Files* and *Star Trek: Deep Space Nine*, and am looking forward to the new episodes of *ER* and *Millennium*.

C Alexandra, Bristol

What a waste of money
I WAS flabbergasted that Paul Gascoigne was signed up to talk on Sky TV's World Cup programmes, and at great expense – what a complete waste of money! He is completely idiotic. What were Sky thinking of? I have avoided their World Cup coverage.

Jack A Ellson, Worthing

The beautiful 'South'
I HAVE been watching the series *South Park* since it started on Sky One [Saturdays, 10.00pm] and would just like to say that this programme is a brilliant piece of television.

Ben McKimm, Oldham

Just the Jobson
I WOULD like to say that Richard Jobson is one of the best film reviewers around today, and that I watch *The Movie Show* [Sky Movies and Sky One] all the time. The main reason for this is that he isn't afraid to say a film is rubbish. I myself am a film geek and look up to Mr Jobson as the king of film geeks! Well done Richard.

Peter Hallett, St Helens, Merseyside

PHOTOS: BSKYB AND MANY THANKS TO XFM

NEXT MONTH IN CABLE GUIDE!

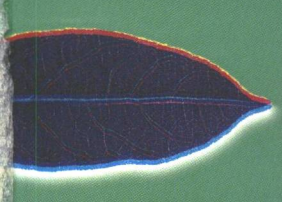
The world's top football stars line up for the new FA Carling Premiership season on Sky Sports and Cameron Diaz shows why *She's the One* on Sky Movies

C F N

DISHY ROSS CAUGHT WITH SPICE GIRL

C F N

'ROSS IN THAILAND' MONDAYS 12.30pm, TUESDAYS AND SATURDAYS 3pm



Ross Burden's new series unveils the secrets of Thai cooking: sugar, spice and all things nice. With a huge range of cooking styles and 8 hours of programmes every day, there's something to suit all tastes on Carlton Food Network, Europe's only dedicated food channel. Watch Carlton Food Network, the A to Z of cooking, 9am to 5pm every day. Call your local cable operator for more details.

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36 Months	With RPP**	£32.97	£41.21	£80.01	£197.03	£310.47
	Without RPP**	£27.67	£34.59	£67.47	£166.53	£263.03
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